



Stanford Family Adventures

CUBA

Family Seminar

**SPECIALLY DESIGNED FOR
FAMILIES WITH YOUNG ADULTS**

December 26, 2015, to
January 2, 2016

a program of the stanford
alumni association



Since Cuba's doors have opened slightly, it has become the latest "must visit" country. It is indeed a remarkable destination with friendly people, a fascinating history, and a vibrant culture redolently reflected in the food, music and art that make up daily life there. On this our first Family Seminar program, parents have the opportunity to travel with their grown children, taking in the sights and exploring together. Join other families as we meet and talk with local people, learning firsthand about their way of life, their challenges and successes, their hopes and dreams about the changes ahead, and their desire to learn about us. It's an extraordinary opportunity to discover a nearby neighbor that now, after half a century, is accessible once again. Join us!

Brett

BRETT S. THOMPSON, '83, DIRECTOR, STANFORD TRAVEL/STUDY



Highlights

EXPLORE frozen-in-time Havana, taking in the architecture and other sights and sounds of Cuba's colorful capital.

DELIGHT in the youth of Cuba as we join a kids' baseball game and watch children perfect their circus skills.

CONNECT with other Stanford families, enjoying exclusive educational opportunities with our faculty leader and local artists and speakers.

COVER: CAPITOLIO BUILDING, HAVANA





Faculty Leader

LARRY DIAMOND, '73, MA '78, PHD '80, is a senior fellow at the Hoover Institution and at the Freeman Spogli Institute for International Studies, where he directs the Center for Democracy, Development, and the Rule of Law (CDDRL). At CDDRL, he is also one of the principal investigators in the programs on Arab Reform and Democracy and on Liberation Technology. He is also founding co-editor of the *Journal of Democracy* and a senior consultant to the International Forum for Democratic Studies of the National Endowment for Democracy. His latest book, *The Spirit of Democracy: The Struggle to Build Free Societies Throughout the World* (Times Books, 2008), explores the sources of global democratic progress and stress and the prospects for future democratic expansion.

"Larry was totally involved with the group. I have taken five trips with Stanford and Larry has been the best faculty leader so far."

PETER K. SELDIN, MBA '80, ULTIMATE TANZANIA, 2013

- Peter E. Haas Faculty Co-Director of the Haas Center for Public Service and also professor by courtesy of political science and sociology
- Senior consultant to the International Forum for Democratic Studies of the National Endowment for Democracy
- Named "Teacher of the Year" by the Associated Students of Stanford, 2007
- Recipient of the Dinkelspiel Award for Distinctive Contributions to Undergraduate Education

S T A N F O R D T R A V E L / S T U D Y

Reservation Form Cuba Family Seminar



HOST NAME BIRTHDATE STANFORD CLASS

GUEST BIRTHDATE STANFORD CLASS

GUEST BIRTHDATE STANFORD CLASS

GUEST BIRTHDATE STANFORD CLASS

ADDRESS CITY / STATE / ZIP

EMAIL PHONE CELL / WORK / HOME

Here is my deposit of \$ _____ (\$1,000 per person)
for _____ space(s).

Enclosed is my check
(payable to Stanford Alumni Association) OR

Charge my deposit to my:
 Visa MasterCard American Express

CREDIT CARD #

EXPIRATION DATE

CARDHOLDER SIGNATURE DATE

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at alumni.stanford.edu/trip?cubafamily2015. Submit your reservation only once to avoid multiple charges to your account.



Itinerary

PLEASE NOTE: This program falls under the general license requirements for educational travel as laid out by the U.S. Office of Foreign Assets Control on January 16, 2015. In addition, the itinerary here does not include a full list of the Cubans with whom we'll be meeting and engaging. Many of the special events and speakers will be confirmed closer to departure. Our intent with this program is to provide families with an insightful introduction to Havana, including a number of private events organized especially for our group, discussions with locals and more traditional sightseeing activities accompanied by Cuban experts.

SATURDAY, DECEMBER 26 **DEPART HOME / MIAMI, FLORIDA, U.S.**

Arrive in Miami and check in to our airport hotel. Enjoy a welcome dinner with fellow Stanford families this evening.
MIAMI AIRPORT HOTEL (D)

SUNDAY, DECEMBER 27 **MIAMI / HAVANA, CUBA**

Fly from Miami to Havana this morning. Upon arrival in Havana, we stop at the Plaza de la Revolución en route to the

Hotel Nacional for a welcome drink and al fresco lunch. This iconic hotel opened in 1930, when Cuba was a prime travel destination for Americans. After lunch, enjoy a brief stop at the University of Havana before checking in to our hotel. HOTEL PARQUE CENTRAL (L,D)

MONDAY, DECEMBER 28 **HAVANA**

This morning visit the Presidential Palace, now known as the home of the Revolutionary Museum and location of the Granma Memorial, which preserves the vessel that brought Fidel Castro, Che Guevara and other revolutionaries from Mexico to Cuba in 1956. Drive to the Plaza San Francisco to watch a performance of the only Cuban theater company made up of children, La Colmenita, or the Small Beehive. Meet with the actors and director and watch a short performance; then some members of the company will join our group for lunch at a restaurant on Plaza Vieja, a stunningly beautiful old square surrounded by mansions. This afternoon explore Cuba's capital on foot and enjoy a private viewing of a newly created model of Old Havana. We stop last at the Parque Copelia

to enjoy some delicious ice cream at its ice cream parlor, designed in 1966. Return to our hotel to participate in a round-table discussion with a Cuban economist who is a professor at the Center for the Study of the Cuban Economy at the University of Havana. Dinner is at a local restaurant this evening.
HOTEL PARQUE CENTRAL (B,L,D)

TUESDAY, DECEMBER 29 **HAVANA**

View the brief film, *La Maestra*, which tells the personal stories of the young women literacy workers who traveled to the mountains and valleys across the island to teach in the early 1960s, and enjoy a conversation with one of the women featured in the documentary. Continue on to the Museo Nacional de Bellas Artes, where we tour the Cuban Collection, a vast trove of both traditional and contemporary Cuban paintings and sculptures. Enjoy lunch at a local restaurant, where we watch a private performance of the dance and musical group, Havana Compass. After lunch, participate in a workshop with several Cuban musicians and learn more about Cuban music and rhythms. HOTEL PARQUE CENTRAL (B,L,D)



WEDNESDAY,
DECEMBER 30

HAVANA

This morning, visit Vivero Alamar, an urban garden in Havana. The effects of the Special Period of the late 1980s to the mid-1990s and consequent food shortages had serious repercussions in the city of Havana, and community gardens such as this were one outcome. While here, we learn about what the farm is growing and how it's organized. Continue on to enjoy a traditional pig roast lunch and baseball game with local children. Following lunch, visit the Callejon de Hamel, site of a huge multidimensional Afro-Cuban mural, and learn more about the Santeria religion from a Santeria practitioner.

HOTEL PARQUE CENTRAL (B,L)

THURSDAY, DECEMBER 31

HAVANA

This morning visit a community project called Angeles del Futuro, which trains children and adolescents in circus arts. Close by is the studio of artist Jose Fuster, who has turned his neighborhood into one enormous piece of mosaic art. Fuster's vast array of artwork ranges from ceramics evoking the nation's African roots, as represented in the Santeria religion, to whimsical paintings drawn from ordinary life in Cuba. Drive through his neighborhood known as Jaimanitas before arriving at his studio where our group teams up with residents of the community to work together on a neighborhood project. This afternoon take part in a salsa class on the rooftop of the Plaza Hotel, and later this evening enjoy a gala New Year's Eve dinner.

HOTEL PARQUE CENTRAL (B,L,D)

FRIDAY, JANUARY 1

VALLE DE VIÑALES

Depart for a full-day excursion to the west part of Cuba, a region of jungle-covered peaks, limestone cliffs and verdant valleys. Stop en route at the

Orchid Farm in Soroa, which is maintained by the University of Pinar del Rio and whose hilly grounds contain more than 800 species of plants. Continue by a smaller road to the Valle de Viñales, where we learn more about the process of growing tobacco, and then visit one of Cuba's new private organic farms. After a lunch prepared especially for us, tour the farm and meet the family who operates it. Take in the valley's distinctive landscape, with its steep-sided limestone mountains called *mogotes* rising dramatically from fertile flat-floored valleys where farmers cultivate the red soil for tobacco, fruits and vegetables. Return to our hotel in the late afternoon in time to freshen up before our farewell reception and dinner.

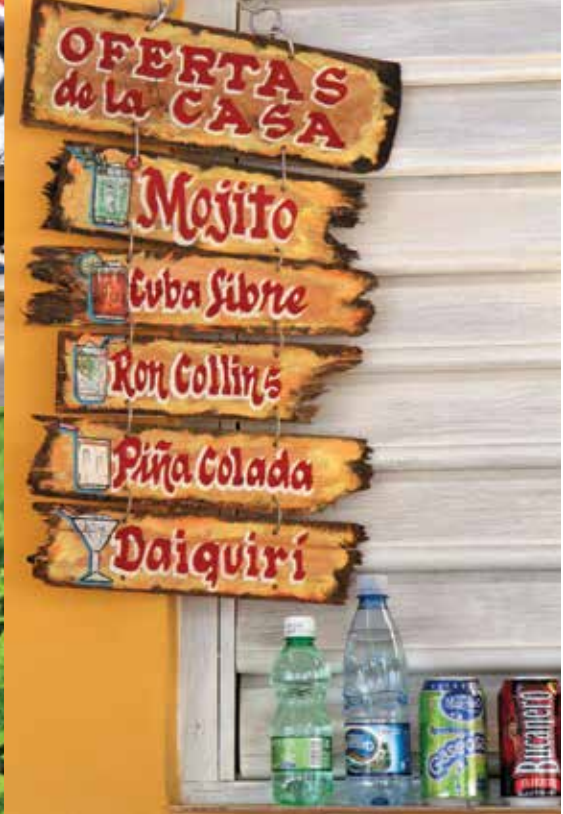
HOTEL PARQUE CENTRAL (B,L,D)

SATURDAY, JANUARY 2

HAVANA / MIAMI, FLORIDA, U.S. / HOME

Transfer to the airport for our flight back to the U.S. Upon arrival in Miami, go through immigration and customs and then connect to flights home. (B)





Trip Information

DATES :

December 26, 2015, to January 2, 2016 (8 days)

SIZE

Limited to 45 participants



COST *

\$6,595 per person, double occupancy

\$7,595 per person, single occupancy

*Association nonmembers add \$300 per person

INCLUDED

6 nights of deluxe hotel accommodations in Cuba;
 1 night of airport hotel accommodations in Miami ■ 7 breakfasts, 6 lunches and 6 dinners
 ■ Welcome and farewell receptions ■ Gratuities to guides and drivers for all group activities ■ All tours and excursions as described in the itinerary ■ Transfers and baggage handling on program arrival and departure days ■ Cuban visa fees ■ Minimal medical, accident and evacuation insurance ■ Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information
 ■ Services of our professional tour manager to assist you throughout the program

NOT INCLUDED

U.S. domestic airfare ■ Passport fees ■ Immunization costs ■ Meals and beverages other than those specified as included ■ Cuban departure tax of 25 CUC (approximately US \$30) ■ Independent and private transfers ■ Trip-cancellation/interruption and baggage insurance ■ Excess-baggage charges ■ Personal items such as internet access,

telephone and fax calls, laundry and gratuities for nongroup services

ABOUT FAMILY SEMINARS

Family Seminars are designed specifically for families (parents and grandparents) traveling with adult children who have graduated from high school. These programs offer a unique balance of touring, family time, educational opportunities and access to Stanford faculty. Subject matter and visits are geared toward adults, and unlike Stanford Family Adventures, which feature a Young Explorer Program for children ages 6 and older, Family Seminars invite young adults to participate in the lectures and other educational enrichment alongside their parents and grandparents. Families have the opportunity to explore together, and young adults can enjoy the camaraderie of traveling with their peers. As with all of our family programs, there will be plenty of fun activities and opportunities for the entire family to interact with local students and families.

WHAT TO EXPECT

Cuba has undergone many changes in the last few years and general conditions have improved. That said, Cuba's tourism industry is still developing and patience with local service standards will greatly improve one's enjoyment of the trip. Because of Cuba's inconsistent infrastructure, we consider this program to be moderately strenuous. We expect that participants will be a self-selecting group whose interest in the places we visit and the people we meet far outweighs the need for creature comforts. In many ways, the challenges of this program are part of the learning experience.



Terms & Conditions

Deposit & Final Payment

A \$1,000-per-person deposit is required to hold space for this program. Complete and return the attached reservation form or place your deposit online. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Cancellations & Refunds

Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. A brochure offering such insurance will be provided to U.S. residents with their welcome materials. The product offered in this brochure includes

special benefits if you purchase your policy within a specified window: 14 to 21 days of the date listed on the welcome letter, depending on your destination and state of residence.

Eligibility

We encourage membership in the Alumni Association as the program cost for nonmembers is \$300 more than the members' price. Families and trip companions may travel on one membership. For more information or to purchase a membership, visit alumni.stanford/goto/membership or call (650) 725-0692.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes

in air or other services, sickness, weather, strike, war, quarantine, *force majeure* or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in March 2015 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

California Seller of Travel Program Registration #2048 523-50



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Association

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"It was incredible to learn about Cuba through fascinating lectures, to hear from residents about their lives, and to experience the sights, sounds, smells and tastes of the country firsthand."

MEGAN PILLSBURY, CUBA FAMILY ADVENTURE, 2013

S T A N F O R D T R A V E L / S T U D Y

