

Amy Bokker

Camp Director



Coach Bokker came to Stanford University this year. Prior to being Stanford's head coach, she was at George Mason University for 11 years and was the winningest coach in the program's history. During her tenure there, Bokker's squads maintained their status

as one of the nation's elite programs with six top-20 national finishes, including a final national ranking of No. 16 this past season. At least two players were named All-CAA selections every year during her tenure and the Patriots were well-represented with several IWLCA Academic Honor Roll and Verizon Academic All-American selections.

These tremendous accomplishments can be attributed to her extensive knowledge of the women's game and her ability to relate to today's student-athlete. A native of Phoenixville, PA., she earned All-American honors in lacrosse as a player at William & Mary.

Other College Coaches

Brigid Strain-Yale

Kendall McBrearty- Yale

Nicole Moore-Temple

Meg Dentler-JMU

Katie Linnertz-Boston University

Make Checks Payable to:
Change Your Level Lacrosse, Inc.

Mail to:

Jaime Sellers
Stanford University
641 East Campus Drive
Stanford, CA 94305

Name _____

Address _____

City _____

State/Zip _____

Home Phone _____

Cell Phone _____

e-mail _____ (required)

Birthdate _____

H.S. Graduation Year _____

School _____

Years of Experience _____

Position _____

Club Team _____

Check the following:

() Overnight \$ 500

() Commuter \$ 425

() Shuttle Service from Airport \$ 30

() Shuttle service TO Airport \$ 30

Circle One:

Shirt Size S M L XL

Deposit _____

641 East Campus Drive
Stanford, CA 94305
Phone: 650-725-0018
Fax: 650-725-4471
Email: sellers@stanford.edu

Stanford Lacrosse Winter Camp



December 27th-30th

Grades 9 - 12

Our Goal

Our goal at Stanford Lacrosse Camp is to enhance your daughter's knowledge of the women's game in a fun and positive environment. We will emphasize the importance of fundamental skills while teaching them techniques and strategies necessary to compete in game situations. Our mission is to make sure each camper is on their way to reaching their full potential as a lacrosse player while enjoying the whole camp experience.

What to Expect

Stanford Lacrosse Camp will help your daughter gain experience in the following categories:

- Basic and advanced stickwork
- Shooting and trick shots
- Attacking techniques
- Defensive footwork and positioning
- Team offensive and defensive strategy

Equipment

Campers are expected to provide their own stick, mouthguard, goggles, and cleats/running shoes. Goalkeepers must provide their own equipment.

Dates and Fees

December 27th-30th

Fee: \$500 overnight

\$425 commuter

Check In 12:00pm Dec. 27th

Check Out 12:00pm Dec. 30th

Non-refundable registration fee: \$250

Players will be divided among different fields according to skill level. The camp will offer a curriculum designed for girls who have solid individual stick skills and are ready to apply those skills to game situations. The camp is open to new players and players looking to make the transition from junior varsity to varsity as well as players looking to make the transition into college.

Medical Attention

For players who register by mail:

A medical release form will be forwarded via email for completion along with a confirmation letter and directions to camp.

For campers who register online:

All medical information is filled out online at the time of registration. Nothing will be sent via mail.

** A certified trainer will also be available on site to administer attention to minor injuries.*

Goalie Instruction

Meg Dentler and Kendall McBrearty will be offering specialized attention to the goalkeeper position. Goalies of all levels will be given training involving development of their individual technique as well as instruction in game like situations. In addition to focusing on individual instruction, each goalie will participate in shooting drills as well as drills designed to include the goalies as an integral part of a team defense.

Location

Camp will be held on the Stanford soccer and lacrosse fields alongside El Camino Avenue. All fields are grass.

Coaching Staff

The coaching staff will be led by the current Stanford University lacrosse assistant coaches, Brooke McKenzie and Jaime Sellers. McKenzie was previously an assistant under Head Coach Bokker at George Mason. A 2006 graduate of James Madison University, she was a four-year starter and earned Second Team All-CAA and VaSID All-State honors during her senior season. McKenzie is also a member of the Canadian World Cup Team. Sellers completed her collegiate career in 2008 as a team captain, earning All-CAA first-team, VaSID first team, and IWLCAs All-South 2nd Team honors. McKenzie and Sellers will be assisted in coaching at Stanford Lacrosse Camp by current and former members of the Stanford Lacrosse team, as well as other college coaches.