



Stanford
HEALTH CARE
STANFORD MEDICINE



COURSE CATALOG

FALL 2015

Center for Education and Professional Development

Stanford Health Care's CEPD offers continuing education courses for nurses, leadership and computer courses for all employees, and American Heart Association (AHA) life support training courses for all health care professionals.

SHC and LPCH eligible employees are able to use Education Funds, aka Transfer of Funds (TOF) via our online registration if you login and check out as a 'Returning Customer.'

From the Desk of the Center for Education & Professional Development

At the Center for Education & Professional Development we take pride in contributing to the professional growth of all health care providers. Our goal is to advance your knowledge and skills so that you can deliver the very best patient care. We also hope to promote a healthy work environment by providing you with updated best practices and necessary tools for success in both your career and personal life. One of the ways of achieving an optimal work-life balance is by practicing self-care, and we hope to offer more resources on this in the upcoming year.

Our primary method for course building comes from your direct feedback. This year, we collected feedback from the 2015 Stanford Nursing Learning Needs Assessment and we are proud to report receiving a record breaking 1009 responses from our nurses. This valuable information allowed us to design a curriculum-based catalog specific to your learning needs. I am certain that this catalog will meet your expectations as it contains some of our “back by popular demand” courses while also offering continuing education & certification courses that are new to CEPD. Equally

exciting, this year we increased our American Heart Association trained instructors so that we could double our life support courses offered in our Stanford Life Support Training Center.

Thank you all for warmly welcoming all of our new team members at CEPD. On behalf of the CEPD team, we look forward to seeing you at the Palo Alto Tech Center, receiving more valuable feedback, and forming interdisciplinary partnerships with you so we can develop educational courses together. It takes a team to build and offer high quality courses and we wouldn't be successful without your support.

Sincerely,

Carole & Susan

Carole Kulik, DNP, RN, ACNP

Director of Patient Care Services, Practice and Education

Susan Eller, MSN, RN, CHSE

Nurse Manager - Center for Education & Professional Development (CEPD)

CEPD CANCELLATION POLICY

Cancellation by CEPD:

- If a course is cancelled by CEPD, the enrollee will be notified 2 weeks prior to the course and a full refund will be given.

Cancellation by the enrollee:

- Must be done online by the enrollee
- Two weeks or more prior to the day of the course - Full Refund, less the cost of course materials received
- Less than 2 weeks prior to the day of the course - Refund, less a \$35 processing fee and cost of course materials received
- Less than 48 hours prior to the start time of the course - No Refund

TECHNICAL ASSISTANCE

If you experience any technical or registration issues, please let us know by emailing helpdesk3-3333@stanfordhealthcare.org or call 650-723-3333 (3-3333 internally).

*COURSE MATERIAL FEES:


- TNCC course material \$132.00
- ACLS course material \$70.00**
- ACLS Initial course material \$85.00**
- BLS course materials \$20.00**
- BLS online key \$22.00
- ACLS online key \$120.00

****UNOPENED course material may be returned for a refund**

TO REACH THE MAIN DESK OF CEPD

Due to high call volume, voicemail messages will be answered within 2 business days if you leave a message on 650-723-6366. For a faster response, please email cecenter@stanfordhealthcare.org. Emails are frequently checked throughout the business day.

THE CENTER FOR EDUCATION AND PROFESSIONAL DEVELOPMENT (CEPD) IS GREEN!

Look for the  symbol in the course description for classes with an online syllabus.

Registered participants will receive an email notification with viewing instructions prior to the course. Course content will be available on the website for 3 months after the date of the course.

QUESTIONS, COMMENTS, OR RECOMMENDATIONS

E-mail us at cecenter@stanfordhealthcare.org

COURSES

Sept. 3	Essentials in ECG Rhythms	4
Sept. 10	Quality Indicators for the Health Care Practice Environment®	4
Sept. 16	Critical Care Registered Nurse (CCRN) Certification Review – Day 1	4
Sept. 17 & 18	Trauma Nursing Core Course (TNCC)	5
Sept. 22	Adult Critical Care Series: Pulmonary Dysfunction	5
Sept. 23	CCRN Certification Review – Day 2	4
Sept. 30	CCRN Certification Review – Day 3	4
<hr/>		
Oct. 1	Skilled Communication for Nurses	6
Oct. 2	Nurse Mentorship Workshop	6
Oct. 13	Having Hard Conversations	6
Oct. 15 & 16	ANCC Nurse Executive (NE) / Nurse Executive-Advanced (NEA) Review – Two Day Workshop – REGISTRATION through ANCC	12
Oct. 28	NEW! Demystifying Psychiatric Problems	7
<hr/>		
Nov. 3 & 4	12 Lead ECG Interpretation Using 3D Modeling – 2 day course	7
Nov. 5	Essentials of Caring for Blood & Marrow Transplant (BMT) Recipients	7
Nov. 6	Understanding Benner & Reviewing Exemplars	8
Nov. 6	Anatomy of an Exemplar	8
Nov. 10	Progressive Care Certified Nurse (PCCN) Review - Day 1	8
Nov. 11	Progressive Care Certified Nurse (PCCN) Review - Day 2	8
Nov. 12	NEW! Gerontological Nursing Certification Review – Day 1	9
Nov. 13	NEW! Gerontological Nursing Certification Review – Day 2	9
Nov. 17	Powerful Presentation Skills	9
Nov. 18	Understanding Medicare and the New Health Care Landscape	10
Nov. 19 & 20	ANCC Psychiatric Mental Health Nursing Review – Two Day Workshop- REGISTRATION through ANCC	12
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Dec. 2	Nurse Mentorship Workshop	6
Dec. 10	Skilled Communication for Nurses	6
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Life Support Classes		14-17

****CEPD no longer offers Board of Behavioral Sciences (BBS) Continuing Education Credits****

Special Offerings for Professional Colleagues

Critical Care Certificate Program	pg 11
Computer Classes	pg 10
Home Studies	pg 13
Nursing Grand Rounds	pg 19
Wellness Day	pg 9
APP Conference	pg 5
ANCC Workshops	pg 12

SAVE THE DATE: WINTER 2016

Jan. 12
Adult Critical Care Series:
 Neurological Dysfunction

Apr. 19
NEW COURSE!
Geriatric Care Series Session IV:
 Advanced Concepts

VIEW THE CATALOG FROM ANYWHERE...

WE'RE ONLINE!

All of the programs found in our printed catalog can be found online at our website:

www.cecenter.stanfordhospital.com

FOLLOW THESE SIMPLE STEPS FOR ONLINE REGISTRATION

- View our current catalog at www.cecenter.stanfordhospital.com
- Click the CEPD online registration link
- For first time Login
 - SHC/LPCH employees should login as Returning Customer even if this is your first time
 - All others should choose New Customer to create or locate your profile

- Search for the courses you would like to attend
- Add courses to your shopping cart
- Confirm your method of payment, which completes your registration*
- A confirmation email reply will be generated after registration is complete

*SHC and LPCH eligible employees are able to use Education Funds, aka Transfer of Funds (TOF) via our online registration if you login as a 'Returning Customer.'

Essentials in ECG Rhythms

DATE: THURSDAY, SEPTEMBER 3, 2015
TIME: 8:00 AM – 3:30 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 5.75 CE HOURS
 ANCC 5.75 CONTACT HOURS

GREAT COURSE FOR NEW GRAD NURSES OR HEALTHCARE PROFESSIONALS SEEKING INITIAL ACLS CERTIFICATION

This course is designed for the RN currently working in a monitored unit. Upon completion, the student will have a working knowledge of the heart and the conduction system. The nurse will recognize rhythms seen on monitored units, calculate heart rate, place electrodes for monitoring, and identify appropriate drug interventions.

PROGRAM OBJECTIVES

- Identify components and function of the conduction system
- Correlate cardiac functions and structures
- Identify electrode placement for three and five lead systems
- Articulate the salient characteristics that distinguish essential arrhythmias
- Identify sinus, atrial, ventricular and heart block rhythms
- Discuss appropriate pharmacologic and mechanical interventions

FACULTY

JOAN MERSCH, MS, RN, NE-BC, has over 40 years of experience as a nurse educator in the area of cardiovascular medicine. She was the Patient Care Manager for Stanford Hospital & Clinic's Coronary Care Unit/Cardiac Surveillance Unit for 35 years. She has authored chapters in textbooks, such as, *Critical Care Nursing and Advances in Cardiovascular Nursing*. One of her publications includes *Review: Improving Your Skills in 12-Lead ECG Interpretation Progress in Cardiovascular Nursing*. Joan currently teaches for the University of San Francisco, School of Nursing & Healthcare Professions, mentoring and developing nurses of the future.

Quality Indicators for the Health Care Practice Environment®

DATE: THURSDAY, SEPTEMBER 10, 2015
TIME: 8:00 AM – 4:00 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: BRN 6.75 CE HOURS
 ANCC 6.75 CONTACT HOURS

HIGH-QUALITY CARE MEANS GETTING THE BEST RESULTS; MEDICAL PROVIDERS DO THE RIGHT THING, AT THE RIGHT TIME, IN THE RIGHT WAY, FOR THE RIGHT PERSON. RETRIEVED FROM: [HTTP://WWW.CALHOSPITALCOMPARE.ORG](http://www.calhospitalcompare.org)



In order to translate data into practice, develop health prevention strategies, and implement necessary changes to improve the practice environment, quality indicators are collected and measured. High-quality indicators are based on standards of care and provide opportunities for organizations to effectively monitor, evaluate, and be benchmarked against other hospitals. This one-day comprehensive course will provide indispensable knowledge and empower health care professionals to ensure high-quality patient-centered care is delivered within your organization. At the end of the day, you will have gained an enhanced appreciation of quality assessment and management, quality programs, and quality indicators.

PROGRAM OBJECTIVES

- Describe elements of quality assessment in health care
- Discuss quality programs that influence delivery of nursing care
- Compare initiatives such as the National Database for Nursing Quality Indicators (NDNQI) and Collaborative Alliance for Nursing Outcomes (CALNOC)
- Identify core measure initiatives within the Center for Medicare and Medicaid Services (CMS)
- Discuss how quality organizations promote safety and quality in health care
- Explain Hospital Value-Based Purchasing Program
- Discuss Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) Survey

FACULTY

VIRGINIA "GINNY" WILSON, MSN, RN, PHD(C), NEA-BC, NE-BC, has been in practice for 40 years as a RN with experiences at multiple levels of nursing leadership in healthcare organizations and leadership roles including: educator, consultant, and care provider with a focus in emergency nursing. She is an experienced national speaker for nursing leadership programs and a featured speaker for ANCC for the past ten years. She has co-authored several texts and been published in peer reviewed journals. Her research interests include leadership development and continuity of nursing leadership in healthcare organizations.

Critical Care Registered Nurse (CCRN) Review

DATES: DAY 1: WED., SEPTEMBER 16, 2015
 DAY 2: WED., SEPTEMBER 23, 2015
 DAY 3: WED., SEPTEMBER 30, 2015
TIME: 8:00 AM – 3:30 PM
FEE: \$159.00/DAY (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS/DAY
 ANCC 6.25 CONTACT HOURS/DAY

IF YOU ARE LOOKING FOR A DYNAMIC UPDATE OF ALL BODY SYSTEMS, THIS COURSE IS FOR YOU!

PLEASE NOTE: MUST REGISTER FOR EACH DAY INDIVIDUALLY.

Attending all 3 courses will provide you with a strong foundation to prepare for and pass the CCRN exam. The content reflects the latest *CCRN Blueprint*. The classes are held on three separate days to make it easier to master the volume of information presented. You may attend one, two, or three sessions; attending all three classes is recommended.

Day One covers the cardiovascular system and emphasizes hemodynamics and cardiac knowledge needed for the CCRN exam.

Day Two focuses on the pulmonary system; acute endocrine disorders and immune-mediated coagulopathies

Day Three covers acute neuroscience (expanded in the 2010 *CCRN Blueprint*), GI, kidney, sepsis and multisystem integration.

The course focus is on disease recognition, assessment pointers, interpretation of critical diagnostic values, and priority interventions. The AACN clinical synergy model, test questions, and test-taking strategies are integrated throughout the three sessions. Coursework is current, evidence-based, and highly interactive, with high-quality computer graphics and a detailed outline to minimize the need for note taking.

FACULTY FROM STANFORD HEALTH CARE

MARY E. LOUGH, PHD, RN, CNS, CCRN, CNRN, CCNS, is a critical care clinical nurse specialist in the Medical/Surgical Trauma ICU at Stanford Health Care, an assistant clinical professor at Stanford University, and a clinical professor in the Department of Physiological Nursing, UCSF. She is co-editor of the best-selling texts *Critical Care Nursing: Diagnosis and Management 7 ed* (2014), *Priorities in Critical Care Nursing 7 ed* (2015) and *Hemodynamic Monitoring: Evolving Technologies and Clinical Practice* (2015).

Trauma Nursing Core Course (TNCC)

DATES: THURSDAY, SEPTEMBER 17, 2015 & FRIDAY, SEPTEMBER 18, 2015

FUTURE 2016 DATES:

JANUARY 14 & 15, 2016

APRIL 27 & 28, 2016

JULY 27 & 28, 2016

OCTOBER 13 & 14, 2016

TIME: DAY 1: 7:45 AM - 5:45 PM

DAY 2: 7:45 AM - 4:45 PM

FEE: \$350.00 (INCLUDES BOTH DAYS AND LUNCH FOR BOTH DAYS)

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

CREDITS: CA BRN AND ANCC: PROVIDED BY NATIONAL EMERGENCY NURSES ASSOCIATION (ENA)

PLEASE NOTE: IN ORDER TO BE ELIGIBLE TO TEST FOR THE TNCC PROVIDER CARD VERIFICATION, YOU MUST BE A LICENSED REGISTERED NURSE.

THE EMERGENCY NURSES ASSOCIATION IS APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSES, PROVIDER NUMBER CEP 2322 FOR 21.18 CONTACT HOURS.

THE EMERGENCY NURSES ASSOCIATION IS ACCREDITED AS A PROVIDER OF CONTINUING NURSING EDUCATION BY THE AMERICAN NURSES CREDENTIALING CENTER'S COMMISSION ON ACCREDITATION.

14.74 CLINICAL CONTACT HOURS

14.99 TRAUMA CONTACT HOURS

0.50 PEDIATRIC CONTACT HOURS

The Emergency Nurses Association's TRAUMA NURSING CORE COURSE 7TH EDITION is a two day course that is designed to provide core level trauma knowledge and psychomotor skills associated with the delivery of professional nursing care to the trauma patient.

Content is presented through online modules, lectures and skills stations. Upon successful completion of the course (including written and skills exams) each participant will be provided a verification card. The verification is valid for a period of four years.

MANDATORY ONLINE PRE-SESSION

- Special Populations: Bariatric Trauma Patient
- Special Populations: Interpersonal Violence Patient
- Special Populations: Older Adult Trauma Patient
- Special Populations: Pregnant Trauma Patient
- Biomechanics, Kinematics and Mechanisms of Injury

TOPICS

- Trauma Nursing Core Course and Trauma Nursing
- Initial Assessment
- Airway & Ventilation
- Shock
- Brain & Cranial & Maxillofacial Trauma
- Ocular Trauma
- Thoracic & Neck Trauma
- Abdominal & Pelvic Trauma
- Spinal Cord and Vertebral Column Trauma
- Musculoskeletal Trauma
- Surface & Burn Trauma
- Special Populations: Pediatric
- Pain
- Disaster Management
- Psychosocial Aspects of Trauma
- Transition of Care for the Trauma Patient & Post-Resuscitation Care

SKILLS STATIONS

- Trauma Nursing Process
- Airway & Ventilation
- Trauma Interventions

FACULTY FROM STANFORD HEALTH CARE

DENISE GRECI ROBINSON, MS, RN, Trauma Nurse Coordinator

JO ANN SCHUMAKER-WATT, BSN, RN, CCRN, Trauma Nurse Coordinator

ADDITIONAL TNCC CERTIFIED INSTRUCTORS FROM STANFORD HEALTH CARE

COURSE DIRECTOR FROM STANFORD HEALTH CARE

MICHELLE (SHELLY) WOODFALL, MS, RN, CEN, CCRN

Adult Critical Care Series: Pulmonary Dysfunction

DATE: TUESDAY, SEPTEMBER 22, 2015
TIME: 8:30 AM – 4:00 PM

(PLEASE NOTE START TIME IS 8:30AM FOR THIS COURSE)

FEE: \$159.00 (LUNCH INCLUDED)

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

CREDITS: CA BRN TBD CE HOURS
ANCC TBD CONTACT HOURS



This course addresses the complex pathophysiology behind adult respiratory distress syndrome and its treatment. New modes of ventilator therapy and treatment strategies are outlined for the critical care nurse, which includes sedation guidelines and strategies to prevent ventilator associated pneumonia. Pulmonary hypertension and neuromuscular disease are also included in the course content.

See page 11 for a description of the complete Adult Critical Care Series.

COURSE COORDINATORS FROM STANFORD HEALTH CARE

JULIE A. SHINN, MA, RN, CNS, CCRN, FAHA, FAAN, Cardiovascular Clinical Nurse Specialist



The Center for Advanced Practice is pleased to announce:

Topics in Acute and Ambulatory Care for Advanced Practice Providers

Friday, September 11, 2015: Topics in Acute Care
Saturday, September 12, 2015 Topics in Ambulatory Care


Program Overview

The Center for Advanced Practice is proud to offer its third annual conference designed to review evidenced-based teaching style to explore diagnostic evaluation tools, updated guidelines and treatment strategies that are relevant to advanced practice providers.

Participants may enroll for one day or both days of the program.
For more information email: advancedpractice@stanfordhealthcare.org

Skilled Communication for Nurses

DATES: THURSDAY, OCTOBER 1, 2015 OR THURSDAY, DECEMBER 10, 2015
TIME: 8:00 AM – 3:15 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6 CE HOURS

 This course teaches powerful new communication tools developed specifically for nurses in the workplace. Participants will learn new communication models to identify breakdowns in communication and apply tools to quickly “CLEAR” misunderstandings, stress, and concerns in the patient care environment. These new models of communication have been designed and implemented in close collaboration with nurses in both inpatient and outpatient settings. The tools and practices are designed to improve self-care, decrease burnout, and encourage powerful interrelationships through effective communication. Communication methods will primarily focus on the peer to peer relationship and the skills transfer into all areas of work and home life. The skills learned in this class have been used to generate healthy relationships between teams, groups, units, and outside health care organizations.

PROGRAM OBJECTIVES

- Identify breakdowns in communication with a common language
- Describe ways to ‘CLEAR’ yourself and your peers
- Develop competence with new communication tools
- Appraise communication tools to decrease burnout
- Apply learned tools to quickly create applicable solutions
- Explain effective communication methods during challenging discussions
- Participants will leave the course highly trained to communicate quickly and effectively


FACULTY FROM STANFORD HEALTH CARE

NINA DAVIS, MA, Program Manager, has over twenty years’ experience as a communications expert, multi-cultural trainer, and organizational change consultant. Her expertise in communication has been developed in health care, education, Hi-Tech, and International Business. She trains, and coaches clinical professionals in a variety of settings, and teaches the skill of transforming communication breakdowns into positive nursing/patient outcomes. Her research interests focus on resilience in nursing teams and positive work environments which create a safe space for meaningful change.

Nurse Mentorship Workshop

DATE: FRIDAY, OCTOBER 2, 2015 OR WEDNESDAY, DECEMBER 2, 2015
TIME: 8:00 AM – 1:00 PM
FEE: \$10.00 CE CERTIFICATE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 4 CE HOURS ANCC 4 CONTACT HOURS

EXCLUSIVE TO STANFORD NURSES

 Thinking of becoming a Nurse Mentor or Mentee? Would you like to grow professionally or support another nurse to grow professionally? The Mentor Training Workshop will help you understand the role and responsibilities of the mentor, mentee, manager /supervisor/director and program coordinator. It will introduce you to an easy to follow step-by-step process to take you through the 2-year SHC Nurse Mentorship Program. The course will provide understanding of the mentoring relationship and offer tools necessary to help prepare you for the program.

PROGRAM OBJECTIVES

- To identify the differences between the roles of a preceptor and of a mentor
- To describe the Learner Centered Mentoring Model
- To identify the essentials steps in the mentoring process
- To describe the SMART way to set goals
- To identify essentials of professional development
- To identify principles of relationship etiquette

FACULTY FROM STANFORD HEALTH CARE


SONYA FENG, MSN, RN, Nursing Professional Development Specialist

GRISSEL HERNÁNDEZ, MPH, BSN, RN, HNB-BC, Nursing Professional Development Specialist

GINGER SELL, MS, RN, CNS, PNPD, Nursing Professional Development Specialist

Having Hard Conversations

DATE: TUESDAY, OCTOBER 13, 2015
TIME: 8:00 AM – 3:30 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS ANCC 6.25 CONTACT HOURS

 We often come up against situations where difficult topics must be addressed in our professional work with colleagues, health-care teams, patients and families. What do we know about the best strategies for those moments? What questions should we be asking ourselves before we speak, and what environments are best for when we do speak? Based on research around conflict and interpersonal communications, this interactive session will provide participants with action plans and scripting tools for having those necessary hard conversations.

The agenda will include individual case studies and interactive experiential activities. By the end of day, participants will leave with plans, scripts, and tips for having more humane, growth-producing hard conversations.

PROGRAM OBJECTIVES

- Identify individual and organization tensions about expressing concerns
- Discuss thought-provoking questions one needs to ask before having a hard conversation
- Identify goals for conversations and work through an action plan format
- Discuss and receive feedback as you prepare scripts for conversations
- Learn the best ‘what, where & when’ choices for productive discussions

FACULTY

JENNIFER ABRAMS, MA, is a communications consultant who trains, coaches and supports educators, administrators, hospital employees, nurses and managers in schools, hospitals and companies worldwide. She is currently working across sectors, including the health care field, in the areas of supervision and evaluation, having hard conversations, cross-generational collaboration skills and leadership development.

NEW!

Demystifying Psychiatric Problems: Providing Compassionate and Effective Care to People with Mental Illness

DATE: WEDNESDAY, OCTOBER 28, 2015
TIME: 8:00 AM – 4:30 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: BRN 7.5 CE HOURS
 ANCC 7.5 CONTACT HOURS



The course is designed to prepare nurses in all clinical settings to provide safe and effective care for people with psychiatric illnesses. Psychiatric symptoms and behaviors present challenges for every nurse in every setting. During this course, you will actively participate in case scenarios which will provide an enriching learning experience. After attending this course, you can expect to have more confidence in preventing and helping people in crisis.

SKILLS YOU CAN EXPECT TO GAIN DURING THIS COURSE

- Communication & crisis intervention
- Connecting signs and symptoms to mental illness
- Behavior management and behavioral charting
- Suicide & violence prevention
- Psychiatric medications
- Managing distress & resistance to care

PROGRAM OBJECTIVES

- Distinguish between balancing factors that are keys to the successful management of behavioral crises.
- Demonstrate therapeutic approaches to support patients with challenging behaviors related to confusion, dementia, psychosis, agitation, depression, and mania.
- Identify warning signs for suicide.
- Describe best practices for the prevention and safe management of aggressive behavior that can occur in the hospital.
- Describe the safe administration of psychiatric medications for mood and psychotic disorders.
- Explain situations in which distress tolerance skills may be helpful to a patient.

FACULTY FROM STANFORD HEALTH CARE

ALI ABOLFAZLI, MSN, RN, PMHNP-BC, Psychiatric Nurse Practitioner, Psychiatric Consult Services Liaison Team

NEDA KHARRAZI, PSY D, Clinical Psychologist, Inpatient Psychiatry

COURSE COORDINATOR FROM STANFORD HEALTH CARE

ANNE M. KLEVAY, MSN, RN, PMHCNS-BC, Clinical Nurse Specialist, Inpatient Psychiatry

2 DAY COURSE!

12-Lead ECG Interpretation Using 3D Modeling

DATES: TUESDAY & WEDNESDAY, NOVEMBER 3 & 4, 2015
TIME: 8:00 AM – 3:30 PM
FEE: \$300.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 12.5 CE HOURS

YOUR 2-DAY ATTENDANCE IS REQUIRED FOR MAXIMUM CONTENT UNDERSTANDING AND TO RECEIVE BRN CREDIT. PER BRN, PARTIAL CREDIT CANNOT BE AWARDED FOR ONE DAY.

Studying for your CCRN certification? This course will help pass the cardiology portion

Accurate interpretation of the 12-lead ECG is a useful clinical skill that many nurses find challenging to master. Mastery requires not only skill at reading basic ECG rhythms, but also the ability to visualize the electrical and myocardial systems of the heart in three-dimensions. In this unique two-day class, participants will construct a model of the heart from everyday craft materials, and construct tools that will be used to identify alterations in cardiac axis. The class also discusses ECG changes seen with acute coronary syndromes, bundle branch blocks, hemi-blocks, and ectopy versus aberrancy. Case study examples and 12-lead ECG practice are used throughout the two-day course. The focus of this course is on understanding the 12-lead ECG through 3D modeling, rather relying on memorization.

PREREQUISITE TO THIS CLASS: ABILITY TO ACCURATELY INTERPRET BASIC ECG RHYTHM.

PROGRAM OBJECTIVES

- Describe cardiac anatomy
- Design your own 3-dimensional model of a heart from basic craft materials (used throughout the course)
- Describe normal 12 lead ECG and lead polarity
- Compare acute coronary syndromes, endocarditis, myocarditis and pericarditis
- Identify Wolff-Parkinson-White (WPW) and Right versus Left Bundle Branch Blocks
- Compare axis determination, normal axis, LAD and RAD
- Construct your own Hexaxial Reference Wheel (used throughout day)
- Identify Wide Complex Tachycardias: VT versus SVT
- Enjoy 12 lead ECG practice with axis determination

FACULTY FROM STANFORD HEALTH CARE

MARY E. LOUGH, PHD, RN, CNS, CCRN, CNRN, CCNS, is a critical care clinical nurse specialist in the Medical/Surgical Trauma ICU at Stanford Health Care, an assistant clinical professor at Stanford University, and a clinical professor in the Department of Physiological Nursing UCSF. She is co-editor of the best-selling texts *Critical Care Nursing: Diagnosis and Management 7 ed* (2014), *Priorities in Critical Care Nursing 7 ed* (2015) and *Hemodynamic Monitoring: Evolving Technologies and Clinical Practice* (2015).

Essentials of Caring for Blood & Marrow Transplant (BMT) Recipients from Transplant through Recovery

DATE: THURSDAY, NOVEMBER 5, 2015
TIME: 8:00 AM – 3:45 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 6.75 CE HOURS
 ANCC 6.75 CONTACT HOURS



This course is designed for the nurse who would like to enhance their knowledge and skills in caring for the BMT recipient during transplant. This course will review evidence based care across the trajectory of the BMT recipient. Concepts covered will include preparing the patient and family before and after transplant, the clinical use of hematopoietic stem cells, types of transplants, medications, outcomes and long term effects. Interactive learning will be provided through case studies

PROGRAM OBJECTIVES

- Explain the rational for an autologous and allogeneic BMT
- State 3 pre-transplant eligibility criteria
- State 3 acute complications of BMT
- Describe outcomes for both autologous and allogeneic BMT
- List 3 signs and symptoms of acute graft versus host disease
- State 3 medications used to treat graft versus host disease and list their side effects
- Describe chronic graft versus host disease
- List 3 common infections and their treatments
- Describe 3 rules to lessen the risk of infection and/or bleeding in the blood and marrow transplant recipient
- Describe 2 long term complications

FACULTY & COORDINATORS FROM STANFORD HEALTH CARE

THERESA M LATCHFORD, MS, RN, CNS, BMTCN®, AOCN® Oncology Clinical Nurse Specialist, Blood and Marrow Transplant Program

D. KATHRYN TIERNEY, PHD, RN, BMTCN® Oncology Clinical Nurse Specialist, Blood and Marrow Transplant Program


OCTOBER

NOVEMBER

Understanding Benner's Domains of Practice & Reviewing Exemplars

DATE: FRIDAY, NOVEMBER 6, 2015
TIME: 8:00 AM – 12:00 PM
FEE: \$10.00 CE CERTIFICATE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 3.75 CE HOURS

EXCLUSIVE TO STANFORD & STANFORD CHILDREN'S HOSPITAL NURSES

 Become well-versed in Benner's Seven Major Domains of Practice, including Therapeutic Relationships, Patient Teaching, and Therapeutic Intervention. Learn about Stages of Skills Acquisition by reviewing levels of competencies that distinguish a competent, proficient, and expert nurse. Hear more about Benner's From Novice to Expert, a model that describes the development and acquisition of knowledge and skills as a nurse progresses through various stages of experience. This class will also clarify your understanding of exemplars, which are detailed accounts or stories of powerful experiences—ones that may stand out because the situation may have changed a nurse's practice or their perception. Examples of nursing exemplars will be read, reviewed, and discussed in the context of the Benner model.

PROGRAM OBJECTIVES

- Describe Benner's various levels of skills acquisition for health care professionals
- Compare the expectations for nursing practice as outlined in the California Nursing Practice Act
- Identify Benner's Domains of Practice in an exemplar
- Explain the application of Benner's model to the professional growth and development of nurses
- Choose the appropriate forms required for promotion
- Apply Benner's domains of practice and model in your nursing practice

FACULTY FROM STANFORD HEALTH CARE

GINGER SELL MS, RN, CNS, PNDP Nursing Professional Development Specialist

Anatomy of an Exemplar

DATE: FRIDAY, NOVEMBER 6, 2015
TIME: 1:00 PM – 4:00 PM
FEE: \$10.00 CE CERTIFICATE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 2.75 CE HOURS

EXCLUSIVE TO STANFORD & STANFORD CHILDREN'S HOSPITAL NURSES



Nurses have a number of memorable stories about a situation and experiences that influenced their perception or transformed their nursing practice. The storyline may revolve around a compassionate and caring nurse whose therapeutic intervention improved patient outcomes or saved a life. This course will help you understand how to transform your domains of expert practice into a well written exemplar. Come to class with a few ideas of your most memorable nursing moments. Along with your peers, we'll work together to storyboard your ideas. Express your creative talent; for some of you, this may be the beginning of a new hobby.

PROGRAM OBJECTIVES

- Deliberately create a friendly supportive atmosphere to be able to write about your work
- Identify the depth and value of your work
- Construct and revise exemplars
- Identify situations that make for a great exemplar
- Compose an exemplar in class, or at minimum, an outline of one so you can begin the same steps for writing your next stories
- Identify the Benner principles in your exemplars

FACULTY & COURSE COORDINATOR FROM STANFORD HEALTH CARE

GINGER SELL MS, RN, CNS, PNDP Nursing Professional Development Specialist

Progressive Care Certified Nurse (PCCN) Certification Review

DATE: DAY 1:
TUESDAY, NOVEMBER 10, 2015
DAY 2:
WEDNESDAY, NOVEMBER 11, 2015
TIME: 8:00 AM – 4:15 PM
FEE: \$159/DAY (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN 7 CE HOURS/DAY
ANCC 7 CONTACT HOURS/DAY

YOUR 2 DAY ATTENDANCE IS HIGHLY ENCOURAGED FOR MAXIMUM CONTENT UNDERSTANDING. HOWEVER, YOU MAY REGISTER FOR THE DAY(S) YOU ARE AVAILABLE TO ATTEND

PLEASE NOTE: YOU MUST REGISTER INDIVIDUALLY FOR EACH DAY

This two day intense progressive care review course is intended for nurses who are planning to take the AACN-PCCN certification exam or who would like a clinical practice review. The lectures and time allotment are based on the 2013 PCCN exam blueprint and will cover all body systems, physiology, pathophysiology, assessment strategies and treatment options for medical and surgical progressive care patients. This course will benefit nurses who are seeking a clinical review with best practice updates, and for those who have studied and need a comprehensive review prior to taking the PCCN certification exam. This course is recommended for nurses with at least one year of progressive care experience.

PROGRAM OBJECTIVES:

- Identify common progressive care needs of patients with single and multi-system organ abnormalities.
- Identify assessment strategies and treatment options for common acute care problems.
- Describe pathophysiology and pharmacological management for single and multi-system dysfunction.
- Explain the AACN synergy model of caring.
- Discuss the blueprint for the PCCN certification exam.

FACULTY

CAROL RAUEN, MS, RN-BC, CCRN, PCCN, CEN, has over 30 years of experience in acute & critical care and emergency nursing. She is currently an independent Clinical Nurse Specialist and Education Consultant. Prior to this, she was at Georgetown University Medical Center and School of Nursing for 12 years. She works clinically in the burn trauma ICU at Sentara Norfolk General in Southern Virginia. Carol serves on the editorial boards of both *Critical Care Nurse* and *Advanced Critical Care*. She has presented at the AACN National Teaching Institute for the last 20 years and presented the PCCN review course each year. She also is the presenter for the AACN-PCCN webinar and the column editor for the Certification Prep Column for *Critical Care Nurse*. Carol received her CCRN certification in 1985 and has maintained certification since that time. She held a CCNS certification from 2003-2015, CEN in 2011, PCCN in 2006 and her Gerontological Nursing Certification in 2013.

NEW 2 DAY COURSE!

Gerontological Nursing Certification Review

DATE: DAY 1:
THURSDAY, NOVEMBER 12, 2015
DAY 2:
FRIDAY, NOVEMBER 13, 2015
TIME: 8:00 AM – 4:15 PM
FEE: \$159/DAY (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD,
PALO ALTO, CA 94303
CREDITS: CA BRN 7 CE HOURS/DAY
ANCC 7 CONTACT HOURS/DAY

YOUR 2-DAY ATTENDANCE IS HIGHLY ENCOURAGED FOR MAXIMUM CONTENT UNDERSTANDING. HOWEVER, YOU MAY REGISTER FOR THE DAYS YOU ARE AVAILABLE TO ATTEND

PLEASE NOTE: YOU MUST REGISTER INDIVIDUALLY FOR EACH DAY

THIS 2-DAY CERTIFICATION REVIEW COURSE HAS BEEN GRACIOUSLY SPONSORED BY STANFORD HEALTH CARE AGING ADULT SERVICES AND PATIENT CARE SERVICES

This two day intense review course is intended for nurses who are planning to take the ANCC Gerontological Nursing Certification Exam or are looking for clinical practice review. The lectures and time allotment are based on the exam content outline and will cover all body systems, physiology, pathophysiology, pharmacology, assessment strategies and treatment options that are unique for nursing care of older adults. This course will benefit those who have community, primary, long-term and acute care experience in the care of our growing aging population. In addition to reviewing the knowledge needed to successfully pass the Gerontological Nursing Certification Exam, this course will also provide an update on best practice in the care of older adults. The teaching strategies utilized are interactive, engaging, and promote clinical application. This course is recommended for nurses with at least one year of practice with caring for patients over the age of sixty-five.

PROGRAM OBJECTIVES

- Discuss the demographics of the aging population and the impacts on the health care system.
- Explain the physiological changes of the degenerative process and the effects on each body system.
- Compare the physical assessment changes that are unique to the aging process.
- Differentiate the nursing care needs of the younger and older adult as they relate to pathologies, care planning, pharmacology, patient education, pharmacology, and discharge planning.
- Integrate the legal, regulatory, and ethical care issues as they relate to nursing care of older adults.
- Identify the gerontological nursing roles and goals in the community; long-term care, primary care, acute care, and palliative care environments.
- Discuss the evidence based practice guidelines for holistic care of older adults and the resources available to patients, families and care providers.

FACULTY

CAROL RAUEN, MS, RN-BC, CCRN, PCCN, CEN, has over 30 years of experience in acute & critical care and emergency nursing. She is currently an independent Clinical Nurse Specialist and Education Consultant. Prior to this, she was at Georgetown University Medical Center and School of Nursing for 12 years. She works clinically in the burn trauma ICU at Sentara Norfolk General in Southern Virginia. Carol serves on the editorial boards of both *Critical Care Nurse* and *Advanced Critical Care*. She has presented at the AACN National Teaching Institute for the last 20 years and presented the PCCN review course each year. She also is the presenter for the AACN-PCCN webinar and the column editor for the Certification Prep Column for *Critical Care Nurse*. Carol received her CCRN certification in 1985 and has maintained certification since that time. She held a CCNS certification from 2003-2015, CEN in 2011, PCCN in 2006 and her Gerontological Nursing Certification in 2013.

Powerful Presentation Skills

DATE: TUESDAY, NOVEMBER 17, 2015
TIME: 8:00 AM – 3:30 PM
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD,
PALO ALTO, CA 94303
CREDITS: CA BRN 6.25 CE HOURS
ANCC 6.25 CONTACT HOURS



This program is designed for all health-care professionals interested in becoming more comfortable and confident in front of an audience. Whether presenting to a committee, at a council meeting, or in a more formal educational setting, you will learn essential skills to perfect your presentations. In our fast-paced work environments with new information coming at us at lightning speed, we need tools for designing efficient learning experiences that makes the new information “stick.”

PROGRAM OBJECTIVES

- Identify what motivates an adult learner
- Learn a process for both big picture and segment by segment planning of your presentation to ensure the content ‘sticks’
- Discover what one can do to enhance one’s credibility with an audience
- Describe the difference between facilitating and presenting and learn strategies to be effective in both tasks
- Explain tips on how to handle participants who take over or disengage
- Learn effective non-verbal techniques so you are heard more effectively

FACULTY

JENNIFER ABRAMS, MA, is a communications consultant who trains, coaches and supports educators, administrators, hospital employees, nurses and managers in schools, hospitals and companies worldwide. She is currently working across sectors, including the health care field, in the areas of supervision and evaluation, having hard conversations, cross-generational collaboration skills and leadership development.



KEEP
CALM
and
PRACTICE
SELF-CARE

WELLNESS DAY!

Friday, December 4, 2015 (8:00am–12:00pm)

HealthySteps Activities, Healthy Snacks & Healthy Surprises!

BLS online/skills check
Half-hour Qigong Sessions
Complimentary Massages
Self-Care Sampler from HealthySteps
CLEAR Communication

**LOCATION: CENTER FOR EDUCATION AND PROFESSIONAL DEVELOPMENT
1850 EMBARCADERO ROAD, PALO ALTO, CA 94303**

Understanding Medicare and the Healthcare Landscape: Implications for Nurses and Health Care Professionals

DATE: WEDNESDAY, NOVEMBER 18, 2015
TIME: 9:00 AM – 3:30 PM
(NOTE: 9AM START TIME)
FEE: \$159.00 (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD,
PALO ALTO, CA 94303
CREDITS: BRN TBD CE HOURS

HOW CAN YOU STAY INFORMED ABOUT HEALTHCARE CHANGES AND ESPECIALLY THOSE OF MEDICARE A, B, C, D, OR CHOICE OF MEDIGAP PLAN?

DID YOU EVER THINK THAT YOU WOULD NEED A HEALTHCARE ADVOCATE TO UNDERSTAND THE PIECES OF THE HEALTHCARE PUZZLE?

In dealing with the concerns regarding the high costs of health care, insurance payments, deductibles, or specific health plan “pre-authorizations,” it has never been so important to stay informed, to apply for services that can be covered, and to ask the right questions! Having the knowledge and resources to better communicate with physician/providers, pharmacists, and health providers in the community could be a plan for success.

This program will promote health care provider awareness on Medicare insurance plans and other available health plans. With the rapid growth of an older adult population, nurses will be the key providers in the point of care for patients. The financial burdens of illness and quality care often depend on insurance coverage and long-term needs. Nurses can be the support for referrals for patients and family members, and learn how to advocate for better self-care as well.

PROGRAM OBJECTIVES

- Identify, discuss, simplify, and clarify healthcare changes, including Medicare and Medi-Cal plans
- Compare case studies and discussion to understand Medicare and healthcare choices
- Identify how nurses and providers can work with the healthcare system to support their patients
- Formulate and support clarification on being able to ask the right questions
- Awareness of the resources/links available for Medicare and healthcare choices.

FACULTY FROM HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM

CONNIE CORRALES, Director
MARCELO ESPIRITU, Product Analyst
MARTA AVELAR, Program Specialist
STEPHANIE THOMPSON, Coordinator

FACULTY AND COURSE COORDINATOR

MARY LOU DE NATALE, EDD, RN, CNL, Professor, University of San Francisco School of Nursing and Health Professions; Former Health Insurance Counseling and Advocacy Program (HICAP) counselor and Senior Care Commissioner for Santa Clara County.



Computer Courses

Microsoft Office 2010

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

Power Point: Level 1

DATE: WEDNESDAY, OCTOBER 21, 2015
TIME: 9:00 AM-4:30 PM
FEE: \$250.00 (INCLUDES LUNCH AND TEXTBOOK)

Explore the PowerPoint 2010 interface. Create a presentation. Format text on slides. Add graphical objects on slides. Add charts and tables to a presentation. Prepare to deliver a presentation.

Excel: Level 2

DATE: THURSDAY, NOVEMBER 5, 2015
TIME: 9:00AM – 4:30PM
FEE: \$250.00 (INCLUDES LUNCH AND TEXTBOOK)

Calculate with formulas. Organize data using sorts and filters. Create and modify charts. Analyze data using PivotTables and PivotCharts. Insert graphic objects. Customize workbooks and the Excel environment.

Excel: Level 1

DATE: THURSDAY, OCTOBER 22, 2015
TIME: 9:00AM – 4:30PM
FEE: \$250.00 (INCLUDES LUNCH AND TEXTBOOK)

Explore the Excel 2010 interface. Create a basic worksheet. Perform basic calculations. Modify and format a worksheet. Modify a worksheet's page setup. Manage multiple worksheets in workbooks.

NEW!

Microsoft Office Outlook 2010 & Office Windows 7: Level 1

DATE: TUESDAY, NOVEMBER 17, 2015
TIME: 9:00 AM – 4:30 PM
FEE: \$250.00 (INCLUDES LUNCH AND 2 TEXTBOOK)

Morning: Explore the Outlook 2010 interface. Compose, send, and respond to email messages. Manage contacts and contact information. Schedule appointments and meetings.
Afternoon: Explore the new Windows 7 interface. Navigate using Windows. Manage your files and folders. Customize the Windows environment.

ADULT CRITICAL CARE SERIES

Put Your Career in Gear with the Stanford Critical Care Certificate Program!

ADULT CRITICAL CARE CERTIFICATE PROGRAM

The Stanford Center for Education & Professional Development is proud to offer a Certificate of Completion in Adult Critical Care Nursing. The certificate shows that the student has undertaken a comprehensive range of classes related to care of the adult critical care patient. It is intended to support the nurses' professional commitment to professional advancement in this field. This certificate offers advanced study in both cardiovascular and critical care nursing. You can list the completed courses on your resume or curriculum vitae.

The Adult Critical Care series, presented by renowned physicians and nurses from Stanford Health Care, provides a unique opportunity for healthcare providers to receive a broad range of advanced critical care theory and the most up-to-date patient care practices.

The requirement for the certificate of completion is attending the six classes in the adult critical care series listed below. You may take up to two years to complete the certificate program. Submit copies of your CE certificates to the Center for Education & Professional Development and a Stanford Critical Care Certificate of Completion will be mailed to you.

TARGET AUDIENCE: NURSES AT ALL LEVELS OF PRACTICE

- Neurologic Dysfunction
- Trauma Critical Care Nurse Essentials
- Cardiothoracic Surgical Interventions
- Cardiac Dysfunction
- Metabolic Dysfunction
- Pulmonary Dysfunction

TIME: VARIES. SEE COURSE DESCRIPTIONS.
FEE: \$159.00/ COURSE (LUNCH INCLUDED)
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
CREDITS: CA BRN TBD CE HOURS/COURSE
ANCC TBD CONTACT HOURS/COURSE

COURSE COORDINATORS FROM STANFORD HEALTH CARE

MARY E. LOUGH, PhD, RN, CNS, CCRN, CNRN, CCNS,
Critical Care Clinical Nurse Specialist, Medical/Surgical Trauma ICU
JULIE A. SHINN, MA, RN, CNS, CCRN, FAHA, FAAN,
Cardiovascular Clinical Nurse Specialist

COURSE DESCRIPTIONS

Pulmonary Dysfunction

Date: Tuesday, September 22, 2015

This course addresses the complex pathophysiology behind adult respiratory distress syndrome and its treatment. New modes of ventilator therapy and treatment strategies are outlined for the critical care nurse, which includes sedation guidelines and strategies to prevent ventilator associated pneumonia. Pulmonary hypertension and neuromuscular disease are also included in the course content.

Neurologic Dysfunction

Date: Tuesday, January 12, 2016

This course addresses neuroanatomy, physiology and pathophysiology, neurologic assessment as well as nursing management of intracranial pressure monitoring, stroke, intracerebral bleeds, neurosurgery and neuro-interventional catheter procedures. Content is integrated using clinical case studies.

Cardiothoracic Surgical Interventions

Date: Winter 2016

Course content focuses on the surgical interventions used in the treatment of cardiothoracic disease. Participants will get a glimpse of some of the new procedures that are found in the larger medical centers such transcatheter aortic valve replacement, valvular reconstruction and emergency treatment of aortic dissection as well as an overview of the basics. All participants will leave with an excellent understanding of the physiological effects of cardiopulmonary bypass and the risks and complications of some of the common surgical interventions.

Trauma Critical Care Nurse Essentials

Date: Winter 2016

This course is intended for nurses with critical care experience who want to expand their clinical horizons to include care of trauma patients in the ICU. Content includes primary and secondary trauma assessment skills, mechanism of injury, triage and life-sustaining interventions for traumatic brain injury, orthopedic injuries, abdominal trauma and other trauma related conditions.

Cardiac Dysfunction

Date: Summer 2016

Course content addresses care of the cardiac patient across the continuum. Acute cardiac disease such as myocardial infarction is discussed as are the long term consequences of dysrhythmias, heart failure and cardiogenic shock. Current pharmacologic management, interventional techniques as well as the role for implanted left ventricular assist devices will be detailed.

Metabolic Dysfunction

Date: Summer 2016

Course content will cover the interconnected endothelial and hormonal pathways that exist in endocrine disorders, shock states, infectious disease and acute abdominal organ dysfunction. Case studies are used to explore the impact on specific organ systems and discuss related treatment options.

**The following workshops are produced by the
American Nurses Credentialing Center's Credentialing Knowledge Center**

Nurse Executive/ Nurse Executive-Advanced Review Seminar

October 15 & 16, 2015

8:00 am- 4:30 pm

**Location: Center for Education and Professional Development
1850 Embarcadero Road, Palo Alto, CA 94303**

The *ANCC Nurse Executive/Nurse Executive-Advanced Certification Review Workshop* provides continuing education contact hours, valuable study tips, and information to be utilized in preparing for certification exams.

Contact Hours

A maximum of 14 contact hours (60 minute contact hour) may be earned by learners who successfully complete this continuing nursing education activity.

The American Nurses Association Center for Continuing Education and Professional Development is accredited as a provider by the American Nurses Credentialing Center's Commission on Accreditation. ANCC Provider Number 0023.

ANA's Center for Continuing Education and Professional Development is approved by the California Board of Registered Nursing, Provider Number CEP6178 for a maximum of 16.8 contact hours (50 minute contact hour).

The ANA Center for Continuing Education and Professional Development includes ANCC's Credentialing Knowledge Center.

For More Information and/or to Register for this Seminar

Go to the ANCC website:

<http://www.cvent.com/d/mrqsf>

Psychiatric Mental Health Nursing Review Workshop

November 19 & 20, 2015

8:00 am - 4:30 pm

**Location: Center for Education and Professional Development
1850 Embarcadero Road, Palo Alto, CA 94303**

For More Information and/or to Register for this Workshop

Go to the ANCC website:

<http://www.nursecredentialing.org/ReviewSeminarsStudyGroups>



Home Study Courses

Learn at your own pace in a convenient time and place. Certificates are mailed promptly after your home study post-test is returned. To view study course descriptions and to order, view our webpage www.cecenter.stanfordhospital.com and email your requests to cecenter@stanfordhealthcare.org.

CQ Style: The Intelligent Art of Working with People from Other Cultures

CREDITS: CA BRN 7 CE HOURS
FEE: \$75.00

How many times a day in your personal or professional life do you interact with someone from another culture? Would you like to increase your awareness and ability to communicate in these circumstances with greater ease? Developing your "CQ" can help. CQ or Cultural Intelligence is the capacity to understand and work effectively with people from diverse cultural backgrounds. The good news is cultivating Cultural Intelligence is a skill that can be learned. This program will help you identify your own cultural style and determine that of others in six key areas: management, strategy, planning, personal communication and reasoning. It includes practical tips for optimizing communication with non-native English speaking persons.

Includes the text: *Cultural Intelligence: A Guide to Working with People from Other Cultures* by Dr. Brooks Peterson

Sleep Debt. . . One of America's Largest Health Problems

CREDITS: CA BRN 6 CE HOURS
FEE: \$65.00

The cost of accruing sleep debt is steep, contributing to serious injury and chronic illness. Recent research confirms that when people get enough sleep, they reduce stress and enjoy greater health. This course covers a sleep related topics and provides valuable information to optimize personal and patient sleep hygiene and health.

Includes the text: *Sleep for Success! Everything You Must Know About Sleep But Are Too Tired To Ask* by Dr. James B. Maas, Rebecca Robbins, with forward by William C. Dement.

Menopause: A Mind-Body Revolution (Newly Revised 3-Part Series)

SEE EACH SECTION FOR PRICING AND CONTACT HOUR INFORMATION. SPECIAL PRICING FOR INVESTING IN THE FULL SERIES: \$225 FOR 26 CA BRN CE HOURS

In her newly revised version of the #1 New York Times bestseller, physician and author Christiane Northrup, reiterates the "change" is not simply a collection of physical symptoms to be "fixed." The choices a woman makes at this time have the power to secure vibrant health and well-being for the rest of her life. This comprehensive series covers the spectrum of health issues relevant to over 42 million American women currently in their middle years.

Includes the text: *The Wisdom of Menopause (Revised Edition): Creating Physical and Emotional Health During the Change* by Christiane Northrup, M.D.

Part One

CREDITS: CA BRN 9 CE HOURS
FEE: \$95.00

CONTENT COVERED INCLUDES

- Interaction between emotions, hormones and health
- Physical and emotional 'wake-up calls' women experience
- Common symptoms experienced in perimenopause
- Decision-making process for hormone therapy and health factors to consider
- Healthful menopausal foods

Part Two

CREDITS: CA BRN 8 CE HOURS
FEE: \$85.00

CONTENT COVERED INCLUDES

- Midlife weight control
- Symptoms of hormonal imbalance in midlife and treatment options
- Myths and realities of sex and sexuality at midlife
- Strategies for better sleep
- Depression at midlife and how to combat its debilitating effects

Part Three

CREDITS: CA BRN 9 CE HOURS
FEE: \$95.00

CONTENT COVERED INCLUDES

- Ways to prevent and treat skin damage
- Risk factors and common approaches for treating osteoporosis
- Breast health
- Reducing cardiovascular disease

Leadership: An Inside Job

CREDITS: CA BRN 7 CE HOURS
FEE: \$75.00

According to best-selling author and leadership expert John C. Maxwell, leadership is not an exclusive club for those who were "born with it". Leadership is developed not discovered. This program will help you identify and develop your leadership skills. Students will learn 10 leadership principles that can transform a manager into a leader.

THESE INCLUDE

- Creating Positive Influence
- Setting The Right Priorities
- Modeling Integrity
- Creating Positive Change
- Problem Solving
- Having The Right Positive Attitude
- Developing People
- Charting The Vision
- Practicing Self-Discipline
- Developing Staff

Includes the text: *Developing the Leader Within You* by John C. Maxwell

Life Support Training Center • American Heart Association (AHA) Courses

Basic Life Support for Healthcare Providers (BLS-HCP) Initial Certification Course

PREREQUISITES: NO PREREQUISITES
FEES: \$105.00, INCLUDES 2010 STUDENT MANUAL
CREDITS: NONE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
DATE/TIME: INITIAL CERTIFICATION 8:00 AM-1:00PM
SEPTEMBER 16
OCTOBER 2
NOVEMBER 5
DECEMBER 7
REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to healthcare providers.

COURSE CONTENT

- Circulation: circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
- Airway: opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
- Breathing: ventilation with barrier device and use of the bag-mask

An AHA BLS–HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

Basic Life Support for Healthcare Providers (BLS-HCP) Renewal/Update Course

PREREQUISITES: VALID BLS–HCP CARD.
FEES: \$105.00, INCLUDES 2010 STUDENT MANUAL
CREDITS: NONE
LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303
DATE/TIME: RENEWAL/UPDATE 8:00 AM-NOON
SEPTEMBER 15, 24, 29
OCTOBER 6, 13, 21, 27
NOVEMBER 3, 10, 20
DECEMBER 1, 10, 15
REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) Course combines lecture, video, and skills practice/testing sessions to teach basic life support techniques to healthcare providers.

COURSE CONTENT

- Circulation: circulation techniques using chest compressions for one and two rescuers for adult and infant. Defibrillation with the automatic external defibrillator (AED)
- Airway: opening airway techniques and techniques to relieve conscious and unconscious choking in adult, child, and infant
- Breathing: ventilation with barrier device and use of the bag-mask

An AHA BLS–HCP course completion card will be issued upon successful completion of skills demonstration and written examination.

BLS–HCP Online/Skills Check

PREREQUISITES: COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS
FEES: \$100.00 INCLUDES ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 1-2 HOURS TO COMPLETE ONLINE PORTION).
CREDITS: NONE
TIMES OF SKILLS CHECKS:
CEPD: 9:00 AM, 10:00 AM, 11:00 AM
SHC ATRIUM: 8:00 AM, 9:00 AM, 10:00 AM
LOCATION & DATES:

CEPD 1850 EMBARCADERO ROAD PALO ALTO, CA 94303	SHC ATRIUM 300 PASTEUR DRIVE STANFORD, CA 94305
SEPTEMBER 11, 25 OCTOBER 9 NOVEMBER 6, 13, 24 DECEMBER 4	SEPTEMBER 28 OCTOBER 30 NOVEMBER 30 DECEMBER 14

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you from the AHA within 48 hours

The American Heart Association's (AHA) BLS–HCP Online Part 1 Course is accessible 24 hours a day as a flexible alternative to classroom training. Through case-based scenarios, interactive activities, and videos, this course teaches the concepts of both single-rescuer and team life support.

The online part 1 must be paired with a skills check, which includes hands-on practice and testing (Parts 2 and 3) with an AHA BLS instructor. Part 1 must be completed before the skills practice and testing. The skills check sessions are approximately 1 hour and will be held at the Life Support Training Center unless otherwise noted.

An AHA BLS–HCP course completion card will be issued upon successful completion of all three parts.

*BLS Course fee includes the 2010 AHA Student Manual. ACLS Renewal/Update Course fee includes the 2010 AHA Student Manual and ECC handbook. ACLS Initial Course fee includes the 2010 AHA Student Manual, ECC handbook, and ECG/Pharmacology workbook.

Fee for all ACLS and BLS Online/Skills Checks includes online access code.

Lunch is not included in BLS courses or any skills check.

Continental breakfast and lunch included with ACLS Initial Day 1 and Renewal courses. If you require a special diet please bring your own food.

All AHA cards are valid for 2 years.

NOTE: LATECOMERS WILL NOT BE ADMITTED (Vital course information will be missed)

Life Support Training Center • American Heart Association (AHA) Courses

Advanced Cardiac Life Support (ACLS) Initial Certification Course

PREREQUISITES: VALID BLS–HCP CARD
EKG RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

FEE: \$350.00 INCLUDES ACLS MANUAL, CPR/ECC HANDBOOK, AND ECG/PHARMACOLOGY WORKBOOK

CREDITS: 12 CA BRN CE HOURS– MUST ATTEND AND COMPLETE BOTH DAYS

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

DATE/TIME: DAY 1: SEPTEMBER 9, 2015, 8 AM – 5 PM (LUNCH INCLUDED)
DAY 2: SEPTEMBER 10, 2015, 8 AM – 1 PM (LUNCH NOT INCLUDED)

DATE/TIME: DAY 1: OCTOBER 22, 2015, 8 AM – 5 PM (LUNCH INCLUDED)
DAY 2: OCTOBER 23, 2015, 8 AM – 1 PM (LUNCH NOT INCLUDED)

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

This American Heart Association (AHA) course is an intensive two-day session designed for healthcare providers who direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

Day 1: BLS and ACLS survey, Science overview, Stroke, ACS, respiratory/airway management, pharmacology, ECG review, and skills practice stations

Day 2: Putting it All Together learning stations, megacode testing, and written test

COURSE CONTENT

- Basic Life Support (BLS) survey
- High-quality cardiopulmonary resuscitation (CPR)
- ACLS survey and algorithms
- Effective resuscitation team dynamics
- Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of Day 2 upon successful completion of skills demonstration and written examination.

Advanced Cardiac Life Support (ACLS) Renewal/Update Course

PREREQUISITES: VALID BLS AND ACLS CARDS
EKG RHYTHM INTERPRETATION SKILLS
ACLS PHARMACOLOGY

FEES: \$260.00 INCLUDES ACLS MANUAL AND CPR/ECC HANDBOOK

CREDITS: 6 CA BRN CE HOURS

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

DATE/TIME: 9:00 AM – 5:00 PM (LUNCH INCLUDED)
SEPTEMBER 2, 30
OCTOBER 7, 28
NOVEMBER 4, 11, 18
DECEMBER 2, 16

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

NOTE: BLS NOT INCLUDED IN THIS COURSE—SEE BELOW FOR BLS RENEWAL OPTIONS

This American Heart Association renewal/update course is designed for healthcare providers who have already taken ACLS and direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through lecture, video, and active participation in simulated cases, participants will enhance their skills in the diagnosis and treatment of cardiopulmonary arrest, acute arrhythmia, stroke, and acute coronary syndromes (ACS).

COURSE CONTENT

- Basic Life Support (BLS) survey
- High quality cardiopulmonary resuscitation (CPR)
- ACLS survey and algorithms
- Effective resuscitation team dynamics
- Immediate post-cardiac care

An AHA ACLS course completion card will be issued at the end of the course upon successful completion of skills demonstration and written examination.

TO RENEW YOUR BLS*

OPTION 1

Renew BLS before the ACLS Renewal/Update course (8AM-9AM) or with the ACLS Skills Check: Go to the Stanford Center for Education website www.cecenter.stanfordhospital.com and register for the BLS skills check on the same date as your ACLS course. This BLS skills check time is reserved only for those taking the ACLS course. An access code will be e-mailed to you from the AHA within 48 hours once you register. Fee \$22.00 for access code, skills check is free if taken same day as ACLS.

OPTION 2

Renew BLS on your own time: Go to the Stanford Center for Education website www.cecenter.stanfordhospital.com and register for the BLS skills check date of your choice. An access code will be e-mailed to you from the AHA within 48 hours once you register. Fee of \$100.00 includes access code and skills check.

OPTION 3

Renew BLS in the classroom: Sign up for a four-hour BLS course at the Center for Education and Professional Development. Register online at www.cecenter.stanfordhospital.com. Fee \$105.00; includes the 2010 student manual.

If you would like more information about these courses, please call 650-725-9938 or visit our website www.cecenter.stanfordhospital.com.

AHA Disclaimer:

“The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.”

*DUE TO AHA GUIDELINE CHANGES, BASIC LIFE SUPPORT (BLS) IS NO LONGER OFFERED DURING THE ACLS COURSE.

Life Support Training Center • American Heart Association (AHA) Courses

Advanced Cardiac Life Support (ACLS) HeartCode® Online plus Skills Check

PREREQUISITES: COMPUTER ACCESS AND A CURRENT EMAIL ADDRESS

FEES: \$250.00 INCLUDES AHA HEARTCODE ONLINE ACCESS CODE AND SKILLS CHECK (ALLOW 8-10 HOURS TO COMPLETE THE ONLINE PORTION OF THIS COURSE PRIOR TO ATTENDING A SKILLS CHECK)

CREDITS: CE/CME/CEH HOURS AVAILABLE THROUGH AHA WEBSITE

LOCATION: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303

SKILLS CHECK DATE/TIME:
9:00 AM AND 10:30 AM
SEPTEMBER 22
OCTOBER 14, 29
NOVEMBER 19
DECEMBER 8, 17

REGISTER: ONLINE AT WWW.CECENTER.STANFORDHOSPITAL.COM

Register for a skills check date and the online access code will be e-mailed to you from the AHA within 48 hours.

NOTE: BLS NOT INCLUDED IN THIS COURSE—SEE PAGE 15 FOR BLS RENEWAL OPTIONS

The American Heart Association HeartCode is a web-based, self-paced instructional program that uses eSimulation technology to allow students to assess and treat patients in virtual healthcare settings. Students apply their knowledge to real-time decision making and skills development; debriefings and coaching are provided immediately after each simulation to facilitate learning.

The online portion of the course must be paired with a skills check, which includes hands-on practice and testing with an AHA ACLS instructor. The online portion must be completed prior to the skills practice and testing with a manikin. Skills sessions will take approximately 1-2 hours and will be held at the Life Support Training Center.

ONLINE COURSE CONTENT

- Key changes reflecting the 2010 AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care
- Ten adult patient cases presented through eSimulation technology:
 - One BLS case
 - Seven cases representing cardiovascular, respiratory, and stroke emergencies
 - Two megacodes
- Recognition and early management of respiratory and cardiac arrest
- Recognition and early management of periarrest conditions such as symptomatic bradycardia
- Airway management
- Related pharmacology
- Management of acute coronary syndromes and stroke
- Effective communication as a member and leader of a resuscitation team

An AHA ACLS course completion card will be issued upon successful completion of the online cognitive portion and skills sessions.

STANFORD LIFE SUPPORT TRAINING CENTER FALL 2015 COURSE DATES

	*ACLS Renewal 9AM-5PM (BLS skills check offered before class from 8AM-9AM)	*ACLS Initial 2 Day Class Day 1 8AM-5PM Day 2 8AM-1PM	**ACLS ONLINE and Skills Check (BLS Skills Check available after ACLS Skills Check) Session 1: 9AM-10:30AM Session 2: 10:30AM-12PM	*CPR- Basic Life Support for Healthcare Providers BLS Renewal 8AM-12PM	*BLS Initial Class 8AM-1PM	**BLS ONLINE and Skills Check 1 Hour Sessions CEPD 9AM-12PM ATRIUM 8AM-11AM
September	2, 30	9, 10	22	15, 24, 29	16	11, 25, 28-atrium
October	7, 28	22, 23	14, 29	6, 13, 21, 27	2	9 30-atrium
November	4, 11, 18		19	3, 10, 20	5	6, 13, 24 30-atrium
December	2, 16		8, 17	1, 10, 15	7	4 14-atrium

* CLASSROOM BASED COURSE ** ONLINE LESSONS BLENDED WITH HANDS ON SKILLS SESSION

LOCATION FOR ALL CLASSES: 1850 EMBARCADERO ROAD, PALO ALTO, CA 94303. ALL COURSE DATES ARE SUBJECT TO CHANGE.

IF YOU WOULD LIKE MORE INFORMATION ABOUT THESE COURSES, PLEASE CALL 650-725-9938 OR VISIT OUR WEBSITE WWW.CECENTER.STANFORDHOSPITAL.COM.

Life Support Training Center – Frequently Asked Questions

QUESTION	ANSWER
What is the cost of a BLS Course?	\$105 includes course, includes 2010 BLS manual
What is the cost of a BLS Skills Check?	\$100 includes American Heart Association access code for part 1 online, and a one hour long skills check with an AHA instructor.
What is the cost of the ACLS Course?	Renewal/Update: \$260 includes course and 2010 ACLS student manual & ECC handbook Initial: \$350 includes course and 2010 ACLS student manual, ECC handbook, and ECG/Pharmacology workbook
What is the cost of an ACLS Skills Check?	\$250 includes American Heart Association online access code for part 1 and a one hour skills check with an AHA instructor
Do you offer CEs for ACLS and BLS Courses?	ACLS initial (2 days) – 12 CA BRN CE hours (must attend both days) ACLS renewal – 6 CA BRN CE hours ACLS online/skills check – CE/CME/CEH hours issued through AHA website BLS – No CE hours
How do I get a CE Certificate upon completion of the class?	CE Certificates will be available for printing after midnight following the ACLS class and will be active for 3 years after the class date. 1. Go to www.cecenter.stanfordhospital.com , click the link 'CEPD Online Registration' 2. Select SHC/LPCH Employee or Returning Customer 3. Log In following the instructions 4. Click "My Courses" tab at top of page and select course you want to print CEs 5. Select button to print CEs
How do I register for a BLS or ACLS course?	Go to www.cecenter.stanfordhospital.com to view dates and to register.
How do I register for a BLS or ACLS Skills Check?	Go to www.cecenter.stanfordhospital.com to view dates and register. Once you have registered the online access code will be emailed to you from the AHA within 48 hours.
I've registered for a Skills Check and haven't received my online access code – what do I do?	If you haven't received your American Heart Association access code within 48 hours of registration please contact us at 650-723-6366.
What time do the BLS initial and renewal courses start?	7:45 am Registration; 8:00 am start Note: Once class has started latecomers will not be permitted (vital course information will be missed)
What time do the ACLS renewal courses start?	8:45 am Registration; 9:00 am start Note: Once class has started latecomers will not be permitted (vital course information will be missed)
What time does the ACLS initial course start?	Both days: 7:45am Registration; 8:00AM Start Note: Once course has started latecomers will not be permitted (vital course information will be missed)
Where are the Life Support Training Center courses held?	Courses are held at the SHC's Center for Education: 1850 Embarcadero Rd, Palo Alto, CA 94303 <i>(Note: Check your confirmation email or our website, occasionally BLS Skills checks are held in the SHC Atrium)</i>
How can I tell if a course is full?	Check the website www.cecenter.stanfordhospital.com , it is updated daily.
Do you offer BLS during ACLS renewal/update courses?	No. For your convenience BLS skills checks are available <i>before</i> every ACLS renewal/update courses. To attend you must register for BLS skills check same date as ACLS course – access key will be mailed to you.
What if I have never taken ACLS?	We offer the ACLS initial course. Prerequisites are a knowledge of EKG interpretation skills and cardiac pharmacology. These are not taught during the course.
How do I get a basic knowledge of ECG interpretation and cardiac pharmacology?	When you register for the ACLS initial course a student manual, pocket guide, and ACLS ECG and pharmacology workbook will be mailed to you. Use these as your study guides. If you feel you need additional knowledge, visit the American Heart Association website www.onlineaha.org for computer based learning. The Stanford Center for Education and Professional Development offers these courses at various times throughout the year, check website for dates: www.cecenter.stanfordhospital.com
Do you offer PALS or NRPS?	No, contact Lucile Packard Children's Hospital at 650-497-8933 for more information
Do you offer ATLS?	No, contact Stanford Hospital and Clinics Trauma Department at 650-723-7570 for more information
Who can I call for further information regarding BLS and ACLS Classes and Skills Checks at Stanford?	LSTC at Center for Education and Professional Development at 650-725-9938

All are invited

NURSING GRAND ROUNDS

New 2015 dates!

4th Tuesday of each month

(excluding November & December)

Time: 3:30 – 4:30 pm
(Registration & refreshments start at 3 pm)

Fee: Complimentary admission

Location: Stanford Children's Hospital Auditorium

Credits: CA BRN 1 CE hour
(\$10.00 CE certificate–optional)

Nursing Grand Rounds provides a forum for nurses to share clinical expertise and experiences, nursing best practices and other topics of interest that help improve patient outcomes and enhance the patient experience.

PROGRAM OBJECTIVES

- Communicate new and emerging healthcare initiatives, such as hospital-specific, clinical, and strategic imperatives.
- Explore and disseminate how new healthcare issues, policies, and innovations are utilized through evidence-based delivery systems.
- Showcase nursing excellence through the presentation of clinical case studies.
- Translate the concepts of Stanford's Professional Practice Model and Magnet ideals to the daily practice of nursing.
- Encourage professional development, energize the nursing workforce and promote clinical excellence.

All nurses and healthcare professionals are cordially invited to participate with your colleagues and help advance the professional practice of nursing through knowledge and experience sharing. If you have an interesting topic and/or a presenter which you feel might be appropriate for Nursing Grand Rounds, please submit your suggestion via email: NursingGrandRounds@stanfordhealthcare.org.



Stanford
HEALTH CARE
STANFORD MEDICINE



THE STANFORD EMPLOYEE REFERRAL PROGRAM

BEST *of the* **BUNCH**

Employee Referral Program

Best of the Bunch, SHC Employee Referral Program, is looking for great candidates to fill open positions throughout our health system. If you know someone you think is the 'Best of the Bunch,' refer them today. To view rules, search for positions, or to refer a friend, please visit <http://www.stanfordreferrals.com>. To directly apply for a job, please visit: <http://www.stanfordhealthcarecareers.com>

Educational Assistance

SHC offers many resources and programs to boost your professional growth. We offer education funds, tuition assistance, and scholarship programs to help you pursue personal passions and professional growth. In addition, Stanford's Center for Education & Professional Development offers Continuing Education (CEPD) courses for nurses, leadership and computer courses for all employees, and American Heart Association (AHA) life support training courses for health care professionals.

Benefited employees that qualify for education assistance can easily transfer their education funds (and not have to pay out of pocket) if you sign up to attend our courses (and register online as a 'Returning Customer') at Stanford CEPD registration site. To view courses or register online, please visit www.cecenter.stanfordhospital.com.

Plan, Save, Retire

Understand your retirement and savings benefits or schedule time with a retirement planning consultant. For more information, please contact Transamerica at 1-800-755-5801 or go to: <https://www.trsetire.com/webportal/shclpch/index.html>



Stanford HEALTH CARE

STANFORD MEDICINE

Center for Education and Professional Development
300 Pasteur Drive, MC 5534
Stanford, CA 94305-5534

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THANK YOU TO THOSE WHO SUPPORTED STANFORD
UNIVERSITY SCHOOL OF NURSING OVER THE YEARS, AND
WHO NOW SUPPORT NURSING CONTINUING EDUCATION.

CENTER FOR EDUCATION & PROFESSIONAL DEVELOPMENT TEAM

Susan Eller, MSN, RN, CHSE, Nurse Manager

Susan Hock-Hanson, MSN(c), RN,
Assistant Nurse Manager

Tatyana Alfaro, Administrative Assistant

Nina Davis, MA, Project Manager

Sonya Feng, MSN, RN,
Nursing Professional Development Specialist

Teresa Garcia, Training Services Coordinator

Paige Huchro, MBA, MA, RN, Education Specialist

Dorothy Jackson, Training Services Coordinator

Liza Lazaro, Volunteer

Marisa Munar, Training Service Coordinator

COFFEE AND TEA ARE PROVIDED THROUGHOUT THE DAY.

LUNCH IS INCLUDED IN MOST OF OUR COURSES.

**IF YOU REQUIRE A SPECIAL DIET, PLEASE BRING YOUR OWN FOOD.
A REFRIGERATOR & MICROWAVE WILL BE AVAILABLE FOR YOUR
CONVENIENCE IN OUR LOBBY AREA.**

**TO RESERVE THE MOTHER'S ROOM AT OUR LOCATION, PLEASE CALL
THE FACILITIES SERVICES RESPONSE CENTER (FSRC) TO RESERVE
AND GUARANTEE CONFIRMATION IN ADVANCE. PHONE FSRC @
650-498-4400 (8-4400 INTERNALLY).**

**PLEASE NOTE: ONSITE PARKING IS LIMITED AND VALET SERVICES
ARE AVAILABLE, HOWEVER, ALTERNATE TRANSPORTATION IS
RECOMMENDED. TO VIEW ALTERNATE MODES OF TRANSPORTA-
TION TO THE PALO ALTO TECH CENTER (PATC), PLEASE VISIT OUR
WEBSITE WWW.CECENTER.STANFORDHOSPITAL.COM AND CLICK
THE HYPERLINK ALTERNATE TRANSPORTATION TO PATC.**

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Unless otherwise indicated in the course description, our classes are approved by the following providers:

Stanford Health Care is provider approved by the California Board of Registered Nursing (BRN). BRN Provider Number CEP12165.

Stanford Health Care is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Neither SHC nor ANCC endorse any commercial products.