



# STANFORD MEDIA RELATIONS

Arrillaga Family Sports Center • Stanford, California 94305-6150  
Telephone (650) 723-4418 • FAX (650) 725-2957 • www.gostanford.com

## The 2005 Stanford Women's Outdoor Track & Field Best Times & Marks

#NCAA qualifier; =NCAA provisional qualifier; +NCAA regional qualifier; ^School record; %Freshman record  
(as of May 15, 2005)

<b>100 Meters (11.78 NCAA regional qualifying)</b>		<b>Time/Mark</b>
1. Janice Davis	Pac-10 Championship (5/14/05)	+11.50
2. Ashley Purnell	Pac-10 Championship (5/14/05)	+11.68
3. Jakki Bailey	Cardinal Invitational (5/1/05)	11.89
4. Undine Becker	Stanford Spring Opener (3/6/05)	12.13
5. Erica McLain	Texas Relays (4/8/05)	12.13
<b>200 Meters (23.96 NCAA regional qualifying)</b>		
1. Ashley Purnell	Pac-10 Championship (5/14/05)	+23.43
2. Janice Davis	Stanford Invitational (3/26/05)	+23.62
3. Christine Moschella	The Big Meet (4/23/05)	24.05
4. Nathonme Johnson	The Big Meet (4/23/05)	24.54
5. Undine Becker	Stanford Spring Opener (3/6/05)	25.04
<b>400 Meters (54.61 NCAA regional qualifying)</b>		
1. Nathonme Johnson	Pac-10 Championship (5/14/05)	+53.45
2. Christine Moschella	The Big Meet (4/23/05)	+53.76
3. Ashley Freeman	Mt. SAC Relays (4/15/05)	55.46
4. Ashley Purnell	Cardinal Invitational (5/1/05)	55.64
5. Chiny Offor	Stanford Invitational (3/25/05)	56.75
<b>800 Meters (2:09.80 NCAA regional qualifying)</b>		
1. Ashley Freeman	Pac-10 Championship (5/15/05)	+2:05.71
1. Chiny Offor	Stanford Invitational (3/26/05)	+2:08.67
3. Arianna Lambie	Brutus Hamilton Invitational (4/9/05)	+2:09.13
4. Laura Mottaz	Pac-10 Championship (5/14/05)	2:10.21
5. Claire Cormier	Cardinal Invitational (5/1/05)	2:10.73
<b>1,500 Meters (4:27.80 NCAA regional qualifying)</b>		
1. Sara Bei	Pac-10 Championship (5/15/05)	+4:16.14
2. Arianna Lambie	The Big Meet (4/23/05)	+4:17.13
3. Katy Trotter	Stanford Invitational (3/26/05)	+4:22.03
4. Amanda Trotter	Stanford Spring Opener (3/6/05)	+4:26.71
5. Teresa McWalters	Stanford Spring Opener (3/6/05)	+4:27.25
6. Lindsay Allen	Stanford Spring Opener (3/6/05)	+4:27.69
7. Jeane Goff	Stanford Spring Opener (3/6/05)	+4:27.74
<b>Mile (4:49.60 NCAA regional qualifying)</b>		
1. Arianna Lambie	MPSF Indoor Championship (2/26/05)	+4:39.01
2. Katy Trotter	New York Armory Indoor Invitational (2/5/05)	+4:42.11
3. Lauren Centrowitz	New York Armory Indoor Invitational (2/5/05)	+4:46.42
4. Jeane Goff	Washington Indoor Invitational (1/29/05)	+4:49.44

<b>3,000 Meter Steeplechase (10:52.10 NCAA regional qualifying)</b>		<b>Time/Mark</b>
1. Katy Trotter	The Big Meet (4/23/05)	+10:18.15
2. Lindsay Allen	Stanford Invitational (3/26/05)	+10:26.71
3. Jeane Goff	Pac-10 Championship (5/14/05)	+10:29.53
4. Amanda Trotter	Pac-10 Championship (5/14/05)	+10:36.73
<b>5,000 Meters (16:52.00 NCAA regional qualifying)</b>		
1. Sara Bei	Mt. SAC Relays (4/15/05)	+15:41.57
2. Alicia Craig	The Big Meet (4/23/05)	+16:29.66
3. Teresa McWalters	Stanford Invitational (3/26/05)	+16:33.41
4. Anita Siraki	Mt. SAC Relays (4/15/05)	+16:37.73
5. Katie Harrington	Stanford Invitational (3/25/05)	+16:45.12
6. Lindsay Flacks	Cardinal Invitational (5/1/050)	+16:48.08
<b>10,000 Meters (34:10.00 NCAA qualifying; 35:15.00 NCAA provisional qualifying)</b>		
1. Anita Siraki	Stanford Invitational (3/25/05)	#+=33:37.04
2. Alicia Craig	Pac-10 Championship (5/14/05)	#+=34:02.79
3. Julie Allen	Stanford Invitational (3/25/05)	=+34:36.97
4. Lindsay Flacks	Pac-10 Championship (5/14/05)	35:30.82
5. Lindsay Harrington	Pac-10 Championship (5/14/05)	37:02.58
<b>100 Meter Hurdles (13.95 NCAA regional qualifying)</b>		
1. Undine Becker	Stanford Invitational (3/25/05)	14.04
2. Deborah Akinniyi	The Big Meet (4/23/05)	14.30
3. Sally Mills	California Multi-Events (3/23/05)	15.20
4. Ahimsa Hodari	California Heptathlon Championship (4/13/05)	15.46
5. Summer Jackson	California Multi-Events (3/23/05)	16.04
<b>400 Meter Hurdles (60.82 NCAA regional qualifying)</b>		
1. Undine Becker	Pac-10 Championship (5/15/05)	+58.59
2. Mykella Mulloy	Brutus Hamilton Invitational (4/9/05)	71.82
<b>400 Meter Relay (45.80 NCAA qualifying)</b>		
1. Stanford	Texas Relays (4/9/05)	+44.28
Nashonme Johnson, Janice Davis, Christine Moschella, Ashley Purnell		
<b>1,600 Meter Relay (3:42.00 NCAA regional qualifying)</b>		
1. Stanford	Texas Relays (4/8/05)	+3:36.27
Chinny Ofor, Nashonme Johnson, Ashley Freeman, Christine Moschella		
<b>Discus (155-2/47.30m NCAA regional qualifying)</b>		
1. Sara Jacobsen	Cardinal Invitational (5/1/05)	152-1 (46.37m)
2. Sally Mills	The Big Meet (4/23/05)	152-0 (46.32m)
3. Lindsay Brisbin	Cardinal Invitational (5/1/05)	148-1 (45.15m)
4. Melissa Yunghans	Pac-10 Championship (5/15/05)	146-5 (44.62m)
5. Stephanie Benight	Pomona-Pitzer Invitational (4/15/05)	144-1 (43.91m)
<b>Hammer (177-8/54.15m NCAA regional qualifying)</b>		
1. Sarah Hopping	The Big Meet (4/23/05)	+^196-4 (59.84m)
2. Katy Elsbury	Cardinal Invitational (5/1/05)	+186-8 (56.91m)
3. Lindsay Brisbin	The Big Meet (4/23/05)	158-5 (48.229m)
4. Melissa Yunghans	Stanford Invitational (3/25/05)	135-0 (41.15m)
5. Sara Jacobsen	Stanford Invitational (3/25/05)	133-2 (40.60m)

**High Jump (5-8 3/4/1.75m NCAA regional qualifying)**

1. Lindsey Gannaway	Stanford Invitational (3/26/05)	+5-10 (1.78m)
2. Maura Burk	Stanford Invitational (3/26/05)	5-7 3/4 (1.72m)
3. Ahimsa Hodari	California Heptathlon Championship (4/13/05)	5-1 1/4 (1.56m)
4. Sally Mills	California Multi-Events (3/23/05)	4-11 3/4 (1.52m)
5. Summer Jackson	California Multi-Events (34/23/05)	4-6 (1.37m)

**Javelin (141-7/43.15m NCAA regional qualifying)**

1. Erin Merriman	Stanford Spring Opener (3/6/05)	+158-3 (48.23m)
2. Danielle Maier	Pac-10 Championship (5/14/05)	+%150-2 (45.78m)
3. Sally Mills	The Big Meet (4/23/05)	129-7 (39.51m)
4. Ahimsa Hodari	The Big Meet (4/23/05)	119-4 (36.38m)

**Long Jump (19-6 1/4/5.95m NCAA regional qualifying)**

1. Erica McLain	Pac-10 Championship (5/14/05)	+%21-2 1/2 (6.46m)
2. Undine Becker	Pac-10 Championship (5/14/05)	+19-9 3/4 (5.97m)
3. Summer Jackson	Stanford Spring Opener (3/6/05)	18-2 1/2 (5.55m)
4. Ahimsa Hodari	Cardinal Invitational (5/1/05)	17-11 3/4 (5.48m)
5. Sally Mills	California Multi-Events (3/24/05)	14-4 (4.37m)

**Pole Vault (12-5/1/2/3.80m NCAA regional qualifying)**

1. Susanna McFarlane	Sacramento State Open (5/6/05)	+12-7 1/2 (3.85m)
1. Samantha Shepard	Rafer Johnson Invitational (4/9/05)	+12-5 1/2 (3.80m)

**Shot Put (46-11/14.30m NCAA regional qualifying)**

1. Melissa Yunghans	Cardinal Invitational (5/1/05)	+52-4 3/4 (15.97m)
2. Sally Mills	Stanford Spring Opener (3/6/05)	41-7 1/4 (12.68m)
3. Ahimsa Hodari	California Heptathlon Championship (4/13/05)	39-4 1/2 (12.00m)
4. Summer Jackson	Stanford Spring Opener (3/6/05)	26-1 (7.95m)

**Triple Jump (40-2 3/4/12.26m NCAA regional qualifying)**

2. Erica McLain	Pac-10 Championship (5/15/05)	+^%45-2 1/2 (13.78m)
3. Deborah Akinniyi	Pac-10 Championship (5/15/05)	41-4 1/4 (12.60m)

**Heptathlon (5,500 points NCAA qualifying; 5,000 points NCAA provisional)**

1. Ahimsa Hodari	California Decathlon Champ. (4/13/05 - 4/14/05)	4,625 points
2. Sally Mills	California Multi-Events (3/23/05 - 3/24/05)	4,310 points
3. Summer Jackson	California Multi-Events (3/23/05 - 3/24/05)	3,890 points

## The 2005 Stanford Track & Field Outdoor Season

### **Deborah Akinniyi**

#### **100 Meter Hurdles**

14.30 - The Big Meet (4/23/05)  
14.40 - Stanford Invitational (3/25/05)  
14.40 - Cardinal Invitational (5/1/05)  
14.55 - Pac-10 Championship (5/14/05)  
14.84 - Stanford Spring Opener (3/6/05)  
14.87 - Texas Relays (4/8/05)

#### **Triple Jump**

41-4 1/4 (12.60m) - Pac-10 Championship (5/15/05)  
41-3 (12.57m) - The Big Meet (4/23/05)  
40-2 3/4 (12.26m) - Stanford Spring Opener (3/6/05)  
39-3 3/4 (11.98m) - Cardinal Invitational (5/1/05)  
39-1 (11.91m) - Stanford Invitational (3/26/05)  
38-11 1/2 (11.87m) - Texas Relays (4/8/05)

### **Julie Allen**

#### **1,500 Meters**

4:34.06 - Stanford Spring Opener (3/6/05)  
4:34.51 - The Big Meet (4/23/05)

#### **5,000 Meters**

17:06.86 - Mt. SAC Relays (4/15/05)  
17:15.75 - Cardinal Invitational (5/1/05)

#### **10,000 Meters**

34:36.97 - Stanford Invitational (3/26/05)

### **Lindsay Allen**

#### **1,500 Meters**

4:27.69 - Stanford Spring Opener (3/6/05)  
4:34.52 - Brutus Hamilton Invitational (4/9/05)

#### **3,000 Meter Steeplechase**

10:26.71 - Stanford Invitational (3/26/05)  
10:31.99 - Pac-10 Championship (5/14/05)  
10:32.56 - The Big Meet (4/23/05)

### **Jakki Bailey**

#### **100 Meters**

11.89 - Cardinal Invitational (5/1/05)  
11.99 - Pac-10 Championship (5/14/05)  
12.07 - Sacramento State Open (5/6/05)  
12.85 - The Big Meet (4/23/05)

### **Undine Becker**

#### **100 Meters**

12.13 - Stanford Spring Opener (3/6/05)

#### **200 Meters**

25.04 - Stanford Spring Opener (3/6/05)

#### **100 Meter Hurdles**

14.04 - Stanford Invitational (3/25/05)  
14.14 - Stanford Invitational (3/26/05)

#### **400 Meter Hurdles**

58.59 - Pac-10 Championship (5/15/05)  
59.65 - Pac-10 Championship (5/14/05)  
59.67 - Cardinal Invitational (5/1/05)  
61.88 - The Big Meet (4/23/05)  
63.50 - Texas Relays (4/7/05)

#### **Long Jump**

19-9 3/4 (5.97m) - Pac-10 Championship (5/14/05)  
19-7 (5.97m) - Cardinal Invitational (5/1/05)  
18-5 3/4 (5.63m) - The Big Meet (4/23/05)

### **Sara Bei**

#### **1,500 Meters**

4:16.14 - Pac-10 Championship (5/15/05)  
4:21.66 - Stanford Invitational (3/26/05)  
4:24.47 - The Big Meet (4/23/05)  
4:27.13 - Pac-10 Championship (5/14/05)

#### **5,000 Meters**

15:41.57 - Mt. SAC Relays (4/15/05)  
16:47.57 - Pac-10 Championship (5/15/05)  
dnf - The Big Meet (4/23/05)

### **Stephanie Benight**

#### **Discus**

144-1 (43.91m) - Pomona-Pitzer Invitational (4/15/05)  
142-11 (43.57m) - The Big Meet (4/23/05)  
140-8 (42.89m) - Stanford Invitational (3/25/05)  
138-5 (42.20m) - Cardinal Invitational (5/1/05)  
136-0 (41.46m) - Sacramento State Open (5/6/05)  
134-6 (41.01m) - Brutus Hamilton Invitational (4/8/05)  
131-7 (40.10m) - Stanford Spring Opener (3/6/05)

### **Lindsay Brisbin**

#### **Discus**

151-5 (46.15m) - Pomona-Pitzer Invitational (4/15/05)  
148-1 (45.15m) - Cardinal Invitational (5/1/05)  
146-11 (44.79m) - The Big Meet (4/23/05)  
141-6 (43.13m) - Pomona-Pitzer Invitational (4/15/05)  
140-2 (42.72m) - Sacramento State Open (5/6/05)  
135-10 (41.40m) - Stanford Spring Opener (3/6/05)  
111-3 (33.91m) - Brutus Hamilton Invitational (4/8/05)

#### **Hammer**

158-5 (48.29m) - The Big Meet (4/23/05)  
157-8 (48.05m) - Sacramento State Open (5/6/05)  
154-1 (46.96m) - Stanford Spring Opener (3/6/05)  
154-0 (46.93m) - Brutus Hamilton Invitational (4/8/05)  
152-6 (46.48m) - Stanford Invitational (3/25/05)  
151-6 (46.18m) - Cardinal Invitational (5/1/05)

## The 2005 Stanford Track & Field Outdoor Season

### **Maura Burk**

#### **High Jump**

5-7 3/4 (1.72m) - Stanford Invitational (3/26/05)  
5-7 1/4 (1.71m) - Rafer Johnson Invitational (4/9/05)  
5-7 (1.70m) - The Big Meet (4/23/05)  
5-5 3/4 (1.67m) - Stanford Spring Opener (3/6/05)  
5-5 (1.65m) - Cardinal Invitational (5/1/05)  
5-5 (1.65m) - Sacramento State Open (5/6/05)

### **Claire Cormier**

#### **800 Meters**

2:10.73 - Cardinal Invitational (5/1/05)  
2:11.53 - The Big Meet (4/23/05)  
2:11.83 - Pomona-Pitzer Invitational (4/15/05)  
2:13.25 - Stanford Spring Opener (3/6/05)  
2:14.54 - Stanford Invitational (3/26/05)  
dnf - Sacramento State Open (5/6/05)

### **Alicia Craig**

#### **5,000 Meters**

16:29.66 - The Big Meet (4/23/05)  
16:58.88 - Pac-10 Championship (5/15/05)

#### **10,000 Meters**

34:02.79 - Pac-10 Championship (5/14/05)

### **Janice Davis**

#### **100 Meters**

11.50 - Pac-10 Championship (5/14/05)  
11.53 - Stanford Invitational (3/26/05)  
11.59 - Stanford Invitational (3/26/05)  
11.61 - Pac-10 Championship (5/15/05)  
11.93 - The Big Meet (4/23/05)

#### **200 Meters**

23.62 - Stanford Invitational (3/26/05)  
23.76 - Pac-10 Championship (5/15/05)  
23.77 - Pac-10 Championship (5/14/05)  
24.08 - The Big Meet (4/23/05)

### **Katy Elsbury**

#### **Hammer**

186-8 (56.91m) - Cardinal Invitational (5/1/05)  
183-7 (55.95m) - Rafer Johnson Invitational (4/7/05)  
180-2 (54.93m) - The Big Meet (4/23/05)  
178-10 (54.51m) - Stanford Spring Opener (3/6/05)  
176-8 (53.86m) - Sacramento State Open (5/6/05)  
175-1 (53.37m) - Mt. SAC Relays (4/16/05)  
174-10 (53.28m) - Brutus Hamilton Invitational (4/8/05)  
153-2 (46.70m) - Pomona-Pitzer Invitational (4/15/05)

### **Lindsay Flacks**

#### **1,500 Meters**

4:45.21 - The Big Meet (4/23/05)

#### **5,000 Meters**

16:48.08 - Cardinal Invitational (5/1/05)  
dnf - Mt. SAC Relays (4/15/05)

#### **10,000 Meters**

35:30.82 - Pac-10 Championship (5/14/05)

### **Ashley Freeman**

#### **400 Meters**

55.46 - Mt. SAC Relays (4/15/05)  
55.90 - Stanford Invitational (3/25/05)

#### **800 Meters**

2:05.71 - Pac-10 Championship (5/15/05)  
2:06.64 - The Big Meet (4/23/05)  
2:08.67 - Stanford Invitational (3/26/05)  
2:08.70 - Pac-10 Championship (5/14/05)

### **Lindsey Gannaway**

#### **High Jump**

5-10 (1.78m) - Stanford Invitational (3/26/05)  
5-7 (1.70m) - Texas Relays (4/8/05)  
5-7 (1.70m) - The big Meet (4/23/05)  
5-7 (1.70m) - Cardinal Invitational (5/1/05)  
5-7 (1.70m) - Sacramento State Open (5/6/05)  
5-7 (1.70m) - Pac-10 Championship (5/14/05)  
5-5 3/4 (1.67m) - Stanford Spring Opener (3/6/05)

### **Jeane Goff**

#### **1,500 Meters**

4:27.74 - Stanford Spring Opener (3/6/05)  
4:31.70 - Stanford Invitational (3/26/05)

#### **3,000 Meter Steeplechase**

10:29.53 - Pac-10 Championship (5/14/05)  
10:32.90 - The Big Meet (4/23/05)

### **Katie Harrington**

#### **1,500 Meters**

4:37.00 - Cardinal Invitational (5/1/05)  
4:38.75 - Brutus Hamilton Invitational (4/9/05)

#### **5,000 Meters**

16:45.12 - Stanford Invitational (3/25/05)  
17:19.57 - The Big Meet (4/23/05)

#### **10,000 Meters**

37:02.58 - Pac-10 Championship (5/14/05)

## The 2005 Stanford Outdoor Track & Field Season

### Ahimsa Hodari

#### Heptathlon

4,625 points - Cal. Decathlon Champ. (4/13/05 - 4/14/05)

4,552 points - California Multi-Events (3/23/05 - 3/24/05)

#### 200 Meters

26.67wa - California Heptathlon Championship (4/13/05)

26.93 - California Multi-Events (3/23/05)

27.14 - Cardinal Invitational (5/1/05)

27.16 - Stanford Spring Opener (3/6/05)

#### 800 Meters

2:33.51 - California Heptathlon Championship (4/14/05)

2:33.93 - California Multi-Events (3/24/05)

#### 100 Meter Hurdles

15.19 - Cardinal Invitational (5/1/05)

15.46 - California Heptathlon Championship (4/13/05)

15.53 - California Multi-Events (3/23/05)

15.55 - The Big Meet (4/23/05)

15.92 - Johnny Mathis Invitational (4/2/05)

#### High Jump

5-1 1/4 (1.56m) - California Heptathlon Champ. (4/13/05)

4-11 3/4 (1.52m) - California Multi-Events (3/23/05)

4-9 (1.45m) - Stanford Spring Opener (3/6/05)

#### Javelin

112-10 (34.40m) - California Multi-Events (3/24/05)

104-11 (31.97m) - California Heptathlon Champ. (4/14/05)

98-8 (30.09m) - Johnny Mathis Invitational (4/2/05)

#### Long Jump

17-11 3/4 (5.48m) - Cardinal Invitational (5/1/05)

17-0 1/2 (5.19m) - The Big Meet (4/23/05)

16-10 1/4wa (5.14m) - Johnny Mathis Invitational (4/2/05)

16-9 1/4 (5.11m) - California Multi-Events (3/24/05)

16-9 1/4 (5.11m) - California Heptathlon Champ. (4/14/05)

#### Shot Put

39-4 1/2 (12.00m) - California Heptathlon Champ. (4/13/05)

38-7 1/2 (11.77m) - Stanford Spring Opener (3/6/05)

37-6 1/2 (11.44m) - California Multi-Events (3/23/05)

### Sarah Hopping

#### Hammer

196-4 (59.84m) - The Big Meet (4/23/05)

196-2 (59.80m) - Pac-10 Championship (5/15/05)

189-0 (57.60m) - Mt. SAC Relays (4/16/05)

187-9 (57.23m) - Pomona-Pitzer Invitational (4/15/05)

187-6 (57.14m) - Cardinal Invitational (5/1/05)

186-11 (56.98m) - Stanford Spring Opener (3/6/05)

186-10 (59.96m) - Sacramento State Open (5/6/05)

185-7 (56.57m) - Stanford Invitational (3/26/05)

184-5 (56.21m) - Texas Relays (4/7/05)

### Summer Jackson

#### Heptathlon

3,890 points - California Multi-Events (3/23/05 - 3/24/05)

#### 200 Meters

27.10 - Stanford Spring Opener (3/6/05)

27.40 - California Multi-Events (3/23/05)

#### 800 Meters

2:31.10 - California Multi-Events (3/24/05)

#### 100 Meter Hurdles

16.04 - California Multi-Events (3/23/05)

#### High Jump

4-6 (1.37m) - California Multi-Events (3/23/05)

#### Javelin

62-2 1/4 (18.95m) - California Multi-Events (3/24/05)

#### Long Jump

18-2 1/2 (5.55m) - Stanford Spring Opener (3/6/05)

17-10 1/4 (5.44m) - California Multi-Events (3/24/05)

#### Shot Put

26-1 (7.95m) - Stanford Spring Opener (3/6/05)

25-9 1/4 (7.85m) - California Multi-Events (3/23/05)

### Sara Jacobsen

#### Discus

152-1 (46.37m) - Cardinal Invitational (5/1/05)

147-2 (44.85m) - The Big Meet (4/23/05)

140-3 (42.76m) - Sacramento State Open (5/6/05)

136-2 (41.50m) - Pomona-Pitzer Invitational (4/15/05)

132-6 (40.40m) - Brutus Hamilton Invitational (4/8/05)

### Nashonme Johnson

#### 200 Meters

24.54 - The Big Meet (4/23/05)

24.57 - Stanford Invitational (3/25/06)

#### 400 Meters

53.45 - Pac-10 Championship (5/14/05)

53.70 - Pac-10 Championship (5/15/05)

53.95 - Stanford Invitational (3/26/05)

54.19 - The Big Meet (4/23/05)

### Arianna Lambie

#### 800 Meters

2:09.13 - Brutus Hamilton Invitational (4/9/05)

#### 1,500 Meters

4:17.13 - The Big Meet (4/23/05)

4:19.53 - Pac-10 Championship (5/15/05)

4:31.81 - Pac-10 Championship (5/14/05)

### Danielle Maier

#### Javelin

150-2 (45.78m) - Pac-10 Championship (5/14/05)

145-9 (44.42m) - Pomona-Pitzer Invitational (4/15/05)

145-4 (44.31m) - The Big Meet (4/23/05)

142-8 (43.50m) - Cardinal Invitational (5/1/05)

## The 2005 Stanford Outdoor Track & Field Season

### **Sarah McFarlane**

#### **Pole Vault**

12-7 1/2 (3.85m) - Sacramento State Open (5/6/05)  
12-5 1/2 (3.80m) - Johnny Mathis Invitational (4/2/05)  
12-5 1/2 (3.80m) - Rafer Johnson Invitational (4/9/05)  
12-5 1/2 (3.80m) - The Big Meet (4/23/05)  
12-5 1/2 (3.80m) - Cardinal Invitational (5/1/05)  
11-5 3/4 (3.50m) - Stanford Spring Opener (3/6/05)  
11-5 3/4 (3.50m) - Stanford Invitational (3/25/05)

### **Erica McLain**

#### **100 Meters**

12.13 - Texas Relays (4/8/05)

#### **Long Jump**

21-2 1/2 (6.46m) - Pac-10 Championship (5/14/05)  
20-2 1/4 (6.15m) - The Big Meet (4/23/05)  
20-0 1/4 (6.10m) - Stanford Invitational (3/26/05)

#### **Triple Jump**

45-2 1/2 (13.78m) - Pac-10 Championship (5/15/05)  
44-4wa (13.51m) - Texas Relays (4/9/05)  
43-9 1/4 (13.34m) - Penn Relays (4/29/05)  
42-9 (13.03m) - The Big Meet (4/23/05)

### **Teresa McWalters**

#### **1,500 Meters**

4:27.25 - Stanford Spring Opener (3/6/05)  
4:34.45 - The Big Meet (4/23/05)

#### **5,000 Meters**

16:33.41 - Stanford Invitational (3/26/05)  
16:53.69 - Mt. SAC Relays (4/15/05)  
17:00.93 - Cardinal Invitational (5/1/05)  
dnf - The Big Meet (4/23/05)

### **Erin Merriman**

#### **Javelin**

158-3 (48.23m) - Stanford Spring Opener (3/6/05)  
150-9 (45.94m) - Stanford Invitational (3/25/05)

### **Sally Mills**

#### **Heptathlon**

4,310 points - California Multi-Events (3/23/05 - 3/24/05)

#### **200 Meters**

26.64 - Stanford Spring Opener (3/6/05)  
26.81 - California Multi-Events (3/23/05)

#### **800 Meters**

2:53.51 - California Multi-Events (3/24/05)

#### **100 Meter Hurdles**

15.53 - California Multi-Events (3/23/05)

#### **Discus**

152-0 (48.47m) - The Big Meet (4/23/05)  
143-7 (43.77m) - Cardinal Invitational (5/1/05)  
137-3 (41.84m) - Sacramento State Open (5/6/05)  
130-2 (39.68m) - Pomona-Pitzer Invitational (4/15/05)  
129-10 (39.57m) - Brutus Hamilton Invitational (4/8/05)

#### **High Jump**

4-11 3/4 (1.52m) - California Multi-Events (3/23/05)  
4-9 (1.45m) - Stanford Spring Opener (3/6/05)

#### **Javelin**

129-7 (39.51m) - The Big Meet (4/23/05)  
127-1 (38.74m) - California Multi-Events (3/24/05)  
118-0 (35.98m) - Pomona-Pitzer Invitational (4/15/05)

#### **Long Jump**

14-4 (4.37m) - California Multi-Events (3/24/05)

#### **Shot Put**

41-7 1/4 (12.68m) - Stanford Spring Opener (3/6/05)  
41-0 1/2 (12.51m) - The Big Meet (4/23/05)  
39-1 1/4 (11.92m) - California Multi-Events (3/23/05)

### **Christine Moschella**

#### **200 Meters**

24.05 - The Big Meet (4/23/05)  
24.49 - Stanford Invitational (3/25/05)

#### **400 Meters**

53.76 - The Big Meet (4/23/05)  
53.88 - Pac-10 Championship (5/14/05)  
54.28 - Pac-10 Championship (5/15/05)

### **Laura Mottaz**

#### **800 Meters**

2:10.21 - Pac-10 Championship (5/14/05)  
2:10.86 - Pac-10 Championship (5/15/05)  
2:11.31 - The Big Meet (4/23/05)  
2:12.27 - Stanford Invitational (3/26/05)  
2:12.48 - Sacramento State Open (5/6/05)

### **Mykella Mulloy**

#### **400 Meter Hurdles**

71.82 - Brutus Hamilton Invitational (4/9/05)

### **Chinny Offor**

#### **400 Meters**

56.75 - Stanford Invitational (3/25/05)

#### **800 Meters**

2:08.67 - Stanford Invitational (3/26/05)  
2:09.37 - The Big Meet (4/23/05)  
2:10.55 - Pac-10 Championship (5/14/05)

## The 2005 Stanford Outdoor Track & Field Season

### Ashley Purnell

#### 100 Meters

11.68 - Pac-10 Championship (5/14/05)  
11.77 - Stanford Invitational (3/26/05)  
11.77 - Pac-10 Championship (5/15/05)  
11.82 - Stanford Invitational (3/26/05)  
12.19 - The Big Meet (4/23/05)

#### 200 Meters

23.43 - Pac-10 Championship (5/14/05)  
23.72 - Stanford Invitational (3/26/05)  
23.90 - Pac-10 Championship (5/15/05)  
24.13 - The Big Meet (4/23/05)

#### 400 Meters

55.64 - Cardinal Invitational (5/1/05)

### Samantha Shepard

#### Pole Vault

12-5 1/2 (3.80m) - Rafer Johnson Invitational (4/9/05)  
11-11 3/4 (3.65m) - Stanford Invitational (3/25/05)  
11-11 3/4 (3.65m) - Johnny Mathis Invitational (4/2/05)  
11-11 3/4 (3.65m) - The Big Meet (4/23/05)  
11-11 3/4 (3.65m) - Cardinal Invitational (5/1/05)  
11-5 3/4 (3.50m) - Pomona-Pitzer Invitational (4/15/05)  
nh - Stanford Spring Opener (3/6/05)

### Anita Siraki

#### 5,000 Meters

16:37.73 - Mt. SAC Relays (4/15/05)

#### 10,000 Meters

33:37.04 - Stanford Invitational (3/25/05)

### Celia Smalls

#### 1,500 Meters

4:47.56 - Stanford Spring Opener (3/6/05)  
4:43.18 - Brutus Hamilton Invitational (4/9/05)

#### 5,000 Meters

18:11.34 - The Big Meet (4/23/05)

### Cherise Thompson

#### 400 Meters

61.63 - Stanford Spring Opener (3/6/05)

#### 800 Meters

2:22.81 - Brutus Hamilton Invitational (4/9/05)  
2:28.01 - The Big Meet (4/23/05)  
2:29.54 - Stanford Invitational (3/25/05)

### Amanda Trotter

#### 800 Meters

2:15.21 - Brutus Hamilton Invitational (4/9/05)

#### 1,500 Meters

4:26.71 - Stanford Spring Opener (3/6/05)  
4:28.47 - Brutus Hamilton Invitational (4/9/05)

#### 3,000 Meter Steeplechase

10:36.73 - Pac-10 Championship (5/14/05)  
10:40.39 - The Big Meet (4/23/05)

#### 5,000 Meters

17:10.36 - Pac-10 Championship (5/15/05)

### Katy Trotter

#### 1,500 Meters

4:22.03 - Stanford Invitational (3/26/05)  
dnf - Brutus Hamilton Invitational (4/9/05)

#### 3,000 Meter Steeplechase

10:18.15 - The Big Meet (4/23/05)  
10:24.71 - Pac-10 Championship (5/14/05)

#### 5,000 Meters

17:05.50 - Pac-10 Championship (5/17/05)

### Melissa Yunghans

#### Discus

146-5 (44.62m) - Pac-10 Championship (5/15/05)  
144-5 (44.02m) - Mt. SAC Relays (4/16/05)  
143-5 (43.72m) - The Big Meet (4/23/05)  
140-9 (42.91m) - Pomona-Pitzer Invitational (4/15/05)  
132-6 (40.40m) - Sacramento State Open (5/6/05)  
130-6 (39.79m) - Rafer Johnson Invitational (4/9/05)  
115-8 (35.26m) - Stanford Spring Opener (3/6/05)

#### Shot Put

52-4 3/4 (15.97m) - Cardinal Invitational (5/1/05)  
50-4 3/4 (15.36m) - The Big Meet (4/23/05)  
49-7 (15.11m) - Sacramento State Open (5/6/05)  
48-11 (14.91m) - Mt. SAC Relays (4/17/05)  
48-4 1/2 (14.74m) - Rafer Johnson Invitational (4/9/05)  
45-10 (13.97m) - Pac-10 Championship (5/14/05)  
45-1 1/2 (13.75m) - Pomona-Pitzer Invitational (4/15/05)  
42-6 (12.95m) - Stanford Invitational (3/26/05)  
41-6 1/2 (12.66m) - Stanford Spring Opener (3/6/05)

#### 400 Meter Relay

44.28 - Texas Relays (4/9/05)  
Nashonme Johnson, Janice Davis, Christine Moschella, Ashley Purnell  
44.49 - Pac-10 Championship (5/15/05)  
Jakki Bailey, Janice Davis, Nashonme Johnson, Ashley Purnell  
44.57 - The Big Meet (4/23/05)  
Jakki Bailey, Janice Davis, Christine Moschella, Ashley Purnell  
44.65 - Texas Relays (4/8/05)  
Nashonme Johnson, Janice Davis, Christine Moschella, Ashley Purnell

#### 1,600 Meter Relay

3:36.27 - Texas Relays (4/8/05)  
Chinny Offor, Nahonme Johnson, Ashley Freeman, Christine Moschella  
3:36.84 - Stanford Invitational (3/26/05)  
Chinny Offor, Christine Moschella, Ashley Freeman, Nashonme Johnson  
3:40.10 - Pac-10 Championship (5/15/05)  
Christine Moschella, Janice Davis, Nashonme Johnson, Ashley Purnell  
3:41.08 - The Big Meet (4/23/05)  
Chinny Offor, Ashley Freeman, Laura Mottaz, Christine Moschella  
dnf - Stanford Spring Opener (3/6/05)



## The 2005 Stanford Outdoor Track & Field Season

### Pacific-10 Championship (5/14 - 5/15/05)

#### UCLA's Drake Stadium (1st place, 173 points)

1. Undine Becker, 400 meter hurdles, 58.59
1. Sara Bei, 5,000 meters, 16:47.57
1. Alicia Craig, 10,000 meters, 34:02.79
1. Erica McLain, long jump, 21-2 1/2 (6.46m)
1. Erica McLain, triple jump, 45-2 1/2 (13.78m)
2. Sara Bei, 1,500 meters, 4:16.14
2. Alicia Craig, 5,000 meters, 16:58.88
2. Ashley Freeman, 800 meters, 2:05.71
2. Katy Trotter, 3,000 meter steeplechase, 10:24.71
2. 400 meter relay (Jakkie Bailey, Janice Davis, Nashonme Johnson, Ashley Purnell), 44.49
3. Lindsay Flacks, 10,000 meters, 35:30.82
3. Jeane Goff, 3,000 meter steeplechase, 10:29.53
3. Sarah Hopping, hammer, 196-2 (59.80m)
3. Nashonme Johnson, 400 meters, 53.70
4. Deborah Akinniyi, 400 meter hurdles, 41-4 1/4 (12.60m)
4. Lisa Gannaway, high jump, 5-7 (1.70m)
4. Arianna Lambie, 1,500 meters, 4:19.53
4. 1,600 meter relay (Christine Moschella, Janice Davis, Nashonme Johnson, Ashley Purnell), 3:40.10
5. Lindsay Allen, 3,000 meter steeplechase, 10:31.99
5. Janice Davis, 100 meters, 11.61
5. Janice Davis, 200 meters, 23.76
5. Katie Harrington, 10,000 meters, 37:02.58
5. Christine Moschella, 400 meters, 54.28
5. Katy Trotter, 5,000 meters, 17:05.50
6. Danielle Maier, javelin, 150-2 (45.78m)
6. Ashley Purnell, 200 meters, 23.90
6. Amanda Trotter, 3,000 meter steeplechase, 10:36.73
7. Undine Becker, long jump, 19-9 3/4 (5.97m)
7. Ashley Purnell, 100 meters, 11.77
7. Amanda Trotter, 5,000 meters, 17:10.36
9. Laura Mottaz, 800 meters, 2:10.86
10. Melissa Yunghans, shot put, 45-10 (13.97m)

**The 2005 Stanford Outdoor Track & Field Season**



**The 2005 Stanford Outdoor Track & Field Season**



**The 2005 Stanford Outdoor Track & Field Season**



