



# STANFORD MEDIA RELATIONS

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**The 2001 Stanford Men's Outdoor Track & Field Best Times & Marks**  
#NCAA Qualifier; \*NCAA Provisional Qualifier; +Pac-10 Qualifier; ^school record; %Freshman record  
(as of April 29, 2001)

<b>100 Meters (10.16 NCAA qualifying; 10.34 NCAA provisional; 10.74 Pac-10 qualifying)</b>		<b>Time/Mark</b>
1. Stanley Wilson	Stanford Opener (3/24)	+10.59
2. Evan Kelty	Cal State Meet (4/28)	11.00
3. Caleb Bowman	Stanford Opener (3/24)	11.01
4. Justin Williams	Stanford Invitational (3/31)	11.02
5. Leigh Torrence	Stanford Opener (3/24)	11.10
<b>200 Meters (20.50 NCAA qualifying; 20.85 NCAA provisional; 21.44 Pac-10 qualifying)</b>		
1. Stanley Wilson	Stanford Invitational (4/1)	+21.40
2. Justin Williams	Mt. Sac Relays (4/22)	21.84w
3. Evan Kelty	Cal State Meet (4/28)	21.99
4. Brian Allen	Stanford Invitational (4/1)	22.52
5. Caleb Bowman	Stanford Opener (3/24)	22.54
<b>400 Meters (45.40 NCAA qualifying; 46.20 NCAA provisional; 47.84 Pac-10 qualifying)</b>		
1. Evan Kelty	Stanford Invitational (4/1)	48.72
2. Nick Sebes	Stanford Three-Way (3/3)	48.81
3. Jason Goff	Mt. Sac Multi's (4/19)	49.05
4. Che Banjoko	Brutus Hamilton Relays (4/14)	50.40
5. Busayo Ojumu	Pomona-Pitzer Meet (4/20)	51.01
<b>800 Meters (1:47.50 NCAA qualifying; 1:49.00 NCAA provisional; 1:51.44 Pac-10 qualifying)</b>		
1. Michael Stember	Stanford Opener (3/24)	+1:49.73
2. Jonathan Stevens	Brutus Hamilton Relays (4/14)	+1:50.10
3. Gabe Jennings	Notre Dame Indoor Invitational (3/3)	+1:50.54
4. Mark Hassell	Brutus Hamilton Relays (4/14)	+1:50.38
5. Ryan Carroll	Stanford Invitational (4/1)	+1:50.79
<b>1,500 Meters (3:41.50 NCAA qualifying; 3:45.00 NCAA provisional; 3:50.14 Pac-10 qualifying)</b>		
1. Michael Stember	Stanford Invitational (4/1)	*+3:41.80
2. Donald Sage	Mt. Sac Relays (4/21)	*+3:43.93
3. Seth Hejny	Mt. Sac Relays (4/21)	*+3:44.79
4. Jonathan Stevens	Stanford Invitational (4/1)	+3:47.34
5. Grant Robison	Brutus Hamilton Relays (4/14)	+3:48.24
<b>Mile (3:59.20 NCAA qualifying; 4:03.00 NCAA provisional; 4:08.18 Pac-10 Qualifying)</b>		
1. Gabe Jennings	NCAA Indoor's (3/10)	+3:58.54
2. Donald Sage	Razorback Indoor Invitational (1/27)	+4:01.34
3. Jonathon Riley	Iowa State Indoor Classic (2/10)	+4:01.89
<b>3,000 Meter Steeplechase (8:43.00 NCAA qualifying; 8:54.00 NCAA provisional; 9:09.14 Pac-10 qualifying)</b>		
1. Jesse Thomas	Brutus Hamilton Relays (4/14)	+9:04.02
2. Steve Loughlin	Pomona-Pitzer Meet (4/20)	9:36.67

**5,000 Meters (13:46.00 NCAA qualifying; 14:07.00 NCAA provisional; 14:35.14 Pac-10 qualifying)**

1. Seth Hejny	Stanford Invitational (3/31)	*+13:46.81
2. Jonathon Riley	NCAA Indoor's (3/10)	+13:51.68
3. Louis Luchini	Iowa State Indoor Classic (2/10)	+13:53.87
4. Grant Robison	Penn Relays (4/26)	*+13:57.01
5. Donald Sage	Mt. Sac Relays (4/20)	*+14:04.94
6. Jesse Thomas	Mt. Sac Relays (4/20)	+14:11.26
7. Daniel Parris	Mt. Sac Relays (4/20)	+14:29.05
8. Isaac Hawkins	Stanford Invitational (3/31)	+14:14.33
9. Andrew Hill	Brutus Hamilton Relays (4/14)	+14:28.55
10. Joe Urbanski	Stanford Invitational (3/31)	+14:29.24
11. Chris Emme	Razorback Indoor Invitational (1/27)	+14:31.37
12. Adam Tenforde	Mt. Sac Relays (4/20)	+14:34.13
13. Thomas Murley	Iowa State Indoor Classic (2/10)	+14:34.65

**10,000 Meters (29:00.00 NCAA qualifying; 29:45.00 NCAA provisional; No standard Pac-10 qualifying)**

1. Jonathon Riley	Stanford Invitational (3/31)	##+28.33.71
2. Joe Urbanski	Mt. Sac Relays (4/20)	30:12.18

**110 Meter Hurdles (13.72 NCAA qualifying; 13.90 NCAA provisional; 14.74 Pac-10 qualifying)**

1. Michael Harte	Cal State Meet (4/28)	+14.49
2. Justin Williams	Stanford Invitational (3/31)	+14.53
3. Brandon Royster	Stanford Opener (3/24)	15.04
4. Jason Goff	Stanford Invitational (3/31)	15.08

**400 Meter Hurdles (50.10 NCAA qualifying; 51.20 NCAA provisional; 53.64 Pac-10 qualifying)****400 Meter Relay (39.20 NCAA qualifying; 40.00 NCAA provisional; No standard Pac-10 qualifying)**

1. Stanford	Stanford Opener (3/24)	40.82
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**1,600 Meter Relay (3:04.00 NCAA qualifying; 3:07.00 NCAA provisional; No standard Pac-10 qualifying)**

1. Stanford	Stanford Invitational (4/1)	3:14.34
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**Discus (196-10/60.00m NCAA qualifying; 183-9/56.00m NCAA provisional; 168-11/51.50m Pac-10 qualifying)**

1. Omer Inan	Pomona-Pitzer Meet (4/20)	*+190-10 (58.16m)
2. Nick Welihozkiy	Penn Relays (4/27)	168-8 (50.80m)
3. Will Svitek	Stanford Three-Way (3/3)	137-7 (41.94m)
4. Charbel Semaan	Stanford Invitational (4/3)	133-9 (40.78m)
5. Jason Goff	Brutus Hamilton Relays (4/14)	126-0 (38.40m)

**Hammer (223-1/68.00m NCAA qualifying; 200-1/61.00m NCAA provisional; 190-3/58.00m Pac-10 qualifying)**

1. Nick Welihozkiy	Stanford Invitational (3/31)	*+201-4 (61.36m)
2. Charbel Semaan	Brutus Hamilton Relays (4/14)	152-0 (46.32m)

**High Jump (7-4 1/2/2.25m NCAA qualifying; 7-1 3/4/2.18m NCAA provisional; 6-8 3/4/2.05m Pac-10 qualifying)**

1. Michael Ponikvar	Cal State Meet (4/28)	*+7-3 1/2 (2.22m)
2. Todd Beyerlein	Cal State Meet (4/28)	6-7 1/2 (2.02m)
3. Jason Goff	Mt. Sac Multi's (4/19)	5-11 1/2 (1.82m)

**Javelin (236-3/72.00m NCAA qualifying; 220-9/67.30m NCAA provisional; 196-10/60.00m Pac-10 qualifying)**

1. Chad Wassink	Mt. Sac Relays (4/22)	*+^234-0 (71.32m)
2. Jason Goff	Stanford Invitational (4/1)	192-11 (58.80m)

**Long Jump (26-1/7.95m NCAA qualifying; 25-1 1/4/7.65m NCAA provisional; 23-11.5/7.30m Pac-10 qualifying)**

1. Milton Little	Brutus Hamilton Relays (4/14)	*+25-4 3/4 (7.74m)
2. O.J. Atogwe	Stanford Invitational (3/31)	22-9 1/4 (6.94m)
3. Brandon Royster	Stanford Invitational (3/31)	22-7 (6.88m)
4. Jason Goff	Mt. Sac Multi's (4/19)	22-1 (6.73m)
5. Warrick McDowell	Stanford Invitational (3/31)	21-7 1/4 (6.58m)

**PoleVault (18-2 1/2/5.55m NCAA qualifying; 17-4 1/2/5.30m; 16-4 3/4/5.00m Pac-10 qualifying)**

1. Tyler Gray	Stanford Three-Way (3/3)	15-7 (4.75m)
2. Jason Goff	Mt. Sac Multi's (4/20)	14-5 1/4 (4.40m)

**Shot Put (63-0/19.20m NCAA qualifying; 58-4 3/4/17.80m NCAA provisional; 55-9 1/4/17.00m Pac-10 qualifying)**

1. Chris Sprague	Stanford Opener (3/24)	53-4 1/2 (16.27m)
2. Omer Inan	Stanford Opener (3/24)	52-8 3/4 (16.07m)
3. Nick Welihozkiy	Stanford Opener (3/24)	48-6 3/4 (14.80m)
4. Will Svitek	Stanford Three-Way (3/3)	47-10 (14.58m)
5. George Curtis	Brutus Hamilton Relays (4/14)	46-10 3/4 (14.2m)

**Triple Jump (53-5 3/4/16.30m NCAA qualifying; 51-6 1/4/15.70m NCAA provisional; 47-7/14.50m Pac-10 qualifying)**

- |                     |                        |                    |
|---------------------|------------------------|--------------------|
| 1. Warrick McDowell | Stanford Opener (3/24) | +48-2 1/2 (14.69m) |
| 2. Milton Little    | Stanford Opener (3/24) | 45-8 (13.92m)      |
| 3. O.J. Atogwe      | Stanford Opener (3/24) | 45-7 3/4 (13.91m)  |

**Decathlon (7,500 NCAA qualifying; 7,150 points NCAA provisional; 6,800 points Pac-10 qualifying)**

- |               |                               |                |
|---------------|-------------------------------|----------------|
| 1. Jason Goff | Mt. Sac Multi's (4/19 - 4/20) | *+7,216 points |
|---------------|-------------------------------|----------------|

## The 2001 Stanford Track & Field Outdoor Season

### **Brian Allen**

#### **100 Meters**

11.11 - Stanford Opener (3/24)  
11.20 - Stanford Invitational (3/31)  
11.22 - Stanford Three-Way (3/3)

#### **200 meters**

22.52 - Stanford Invitational (4/1)  
22.76 - Stanford Opener (3/24)

### **O.J. Atogwe**

#### **Long Jump**

22-9 1/4 (6.94m) - Stanford Invitational (3/31)  
22-7 1/4 (6.89m) - Stanford Three-Way (3/3)  
20-8 (6.30m) - Stanford Opener (3/24)

#### **Triple Jump**

45-7 3/4 (13.91m) - Stanford Opener (3/24)  
43-8 (13.31m) - Stanford Invitational (4/1)

### **Che Banjoko**

#### **400 Meters**

50.40 - Brutus Hamilton Relays (4/14)

#### **800 Meters**

1:57.47 - Stanford Invitational (4/1)  
1:57.98 - Stanford Three-Way (3/3)  
1:59.48 - Stanford Opener (3/24)

### **Todd Beyerlein**

#### **High Jump**

6-7 1/2 (2.02m) - Cal State Meet (4/28)  
6-6 3/4 (2.00m) - Stanford Opener (3/24)  
6-6 (1.98m) - Stanford Invitational (4/1)  
6-4 3/4 (1.95m) - Brutus Hamilton Relays (4/14)

### **Caleb Bowman**

#### **100 Meters**

11.01 - Stanford Opener (3/24)  
11.13 - Stanford Invitational (3/31)

#### **200 Meters**

22.54 - Stanford Opener (3/24)

### **Ryan Carroll**

#### **800 Meters**

1:50.79 - Stanford Invitational (4/1)  
1:51.05 - Mt. Sac Relays (4/21)

#### **1,500 Meters**

3:55.63 - Brutus Hamilton Relays (4/14)

### **George Curts**

#### **Shot Put**

46-10 3/4 (14.29m) - Brutus Hamilton Relays (4/14)

### **Jamey Gifford**

#### **1,500 Meters**

3:59.36 - Brutus Hamilton Relays (4/14)  
4:07.67 - Stanford Three-Way (3/3)

#### **5,000 Meters**

15:17.13 - Stanford Invitational (3/31)

### **Jason Goff**

#### **100 Meters**

11.35 - Mt. Sac Multi's (4/19)

#### **400 Meters**

49.05 - Mt. Sac Multi's (4/19)  
49.43 - Stanford Three-Way (3/3)

#### **1,500 meters**

4:24.35 - Mt. Sac Multi's (4/20)

#### **110 Meter Hurdles**

15.08 - Stanford Invitational (3/31)  
15.31 - Mt. Sac Multi's (4/20)

#### **Discus**

126-0 (38.40m) - Brutus Hamilton Relays (4/14)  
122-8 (37.40m) - Mt. Sac Multi's (4/20)

#### **High Jump**

5-11 1/2 (1.82m) - Mt. Sac Multi's (4/19)

#### **Javelin**

192-11 (58.80m) - Stanford Invitational (4/1)  
188-6 (57.45m) - Mt. Sac Multi's (4/20)

#### **Long Jump**

22-1 (6.73m) - Mt. Sac Multi's (4/19)

#### **Pole Vault**

14-5 1/4 (4.40m) - Mt. Sac Multi's (4/20)  
14-1 1/4 (4.30m) - Brutus Hamilton Relays (4/14)

#### **Shot Put**

40-6 3/4 (12.36m) - Mt. Sac Multi's (4/19)

### **Tyler Gray**

#### **Pole Vault**

15-7 (4.75m) - Stanford Three-Way (3/3)  
15-1 1/2 (4/61m) - Cal State Meet (4/28)  
14-1 1/4 (4.30m) - Brutus Hamilton Relays (4/14)

### **Michael Harte**

#### **100 Meters**

11.17 - Stanford Invitational (3/31)  
11.54 - Brutus Hamilton Relays (4/14)  
11.58 - Mt. Sac Multi's (4/20)

#### **110 Meter Hurdles**

14.49 - Cal State Meet (4/28)  
14.61 - Cal State Meet (4/29)  
14.73 - Mt. Sac Relays (4/22)  
14.75 - Stanford Invitational (3/31)  
14.77 - Pomona-Pitzer Meet (4/20)  
14.78 - Brutus Hamilton Relays (4/14)

### **Mark Hassell**

#### **800 Meters**

1:51.62 - Stanford Invitational (4/1)  
1:53.46 - Mt. Sac Relays (4/21)

### **Isaac Hawkins**

#### **5,000 Meters**

14:14.33 - Stanford Invitational (3/31)

### **Curt Herberts**

#### **5,000 Meters**

15:07.21 - Stanford Invitational (3/31)

## The 2001 Stanford Track & Field Outdoor Season

### **Seth Hejny**

#### **1,500 Meters**

3:44.79 - Mt. Sac Relays (4/21)

#### **5,000 Meters**

13:46.81 - Stanford Invitational (3/31)

### **Andrew Hill**

#### **5,000 Meters**

14:28.55 - Brutus Hamilton Relays (4/14)

14:50.97 - Stanford Invitational (3/31)

### **Omer Inan**

#### **Discus**

190-10 (58.16m) - Pomona-Pitzer Meet (4/20)

188-9 (57.54m) - Stanford Opener (3/24)

184-10 (56.34m) - Penn Relays (4/27)

183-8 (55.98m) - Brutus Hamilton Relays (4/14)

183-2 (55.84m) - Mt. Sac Relays (4/21)

178-7 (54.44m) - Stanford Invitational (4/1)

168-11 (51.48m) - Stanford Three-Way (3/3)

#### **Shot Put**

52-8 3/4 (16.07m) - Stanford Opener (3/24)

51-10 (15.80m) - Brutus Hamilton Relays (4/14)

50-11 (15.52m) - Stanford Invitational (3/31)

49-11 (15.21m) - Stanford Three-Way (3/3)

### **David Kale**

#### **800 Meters**

1:58.70 - Stanford Opener (3/24)

1:59.18 - Stanford Invitational (4/1)

### **Evan Kelty**

#### **100 Meters**

11.00 - Cal State Meet (4/28)

11.13 - Pomona-Pitzer Meet (4/20)

#### **200 Meters**

21.99 - Cal State Meet (4/28)

22.17w - Mt. Sac Relays (4/22)

22.37 - Stanford Invitational (4/1)

#### **400 Meters**

48.72 - Stanford Invitational (4/1)

49.01 - Brutus Hamilton Relays (4/14)

49.15 - Mt. Sac Relays (4/21)

### **Sean Knapp**

#### **5,000 Meters**

15:01.06 - Brutus Hamilton Relays (4/14)

### **Milton Little**

#### **Long Jump**

25-4 3/4 (7.74m) - Brutus Hamilton Relays (4/14)

25-0 (7.62m) - Cal State Meet (4/28)

23-8 3/4 (7.23m) - Mt. Sac Relays (4/20)

23-1 1/4 (7.04m) - Stanford Invitational (3/31)

22-9 (6.93m) - Stanford Opener (3/24)

22-2 1/2 (6.77m) - Stanford Three-Way (3/3)

#### **Triple Jump**

45-8 (13.92m) - Stanford Opener (3/24)

45-2 1/2 (13.78m) - Stanford Invitational (4/1)

43-3 (13.18m) - Brutus Hamilton Relays (4/14)

### **Steve Loughlin**

#### **1,500 Meters**

3:51.82 - Stanford Invitational (4/1)

3:53.98 - Stanford Opener (3/24)

3:58.48 - Brutus Hamilton Relays (4/14)

4:01.35 - Cal State Meet (4/28)

#### **3,000 Meter Steeplechase**

9:36.67 - Pomona-Pitzer Meet (4/20)

### **Warrick McDowell**

#### **Long Jump**

21-7 1/4 (6.58m) - Stanford Invitational (3/31)

#### **Triple Jump**

48-2 1/2 (14.69m) - Stanford Opener (3/24)

48-1 3/4 (14.67m) - Cal State Meet (4/29)

48-0 1/2 (14.64m) - Pomona-Pitzer Meet (4/20)

48-0 (14.63m) - Stanford Three-Way (3/3)

47-10 (14.58m) - Brutus Hamilton Relays (4/14)

46-0 (14.02m) - Stanford Invitational (4/1)

### **Busayo Ojumu**

#### **400 Meters**

51.01 - Mt. Sac Multi's (4/20)

#### **800 Meters**

1:52.83 - Cal State Meet (4/28)

1:52.97 - Stanford Opener (3/24)

1:54.43 - Stanford Invitational (4/1)

1:55.06 - Mt. Sac Relays (4/21)

1:56.66 - Brutus Hamilton Relays (4/14)

### **Daniel Parris**

#### **5,000 Meters**

14:11.10 - Stanford Invitational (3/31)

14:29.05 - Mt. Sac Relays (4/20)

### **Michael Ponikvar**

#### **High Jump**

7-3 1/2 (2.22m) - Cal State Meet (4/28)

7-3 (2.21m) - Brutus Hamilton Relays (4/14)

7-0 1/2 (2.15m) - Mt. Sac Relays (4/20)

### **Jonathon Riley**

#### **10,000 Meters**

28:33.71 - Stanford Invitational (3/31)

## The 2001 Stanford Outdoor Track & Field Season

### Grant Robison

#### 1,500 Meters

3:48.24 - Brutus Hamilton Relays (4/14)

#### 5,000 Meters

13:57.01 - Penn Relays (4/26)

### Brandon Royster

#### 110 Meter Hurdles

15.04 - Stanford Opener (3/24)

15.09 - Stanford Invitational (3/31)

#### Long Jump

22-7 (6.88m) - Stanford Invitational (3/31)

22-5 3/4 (6.85m) - Stanford Three-Way (3/3)

### Donald Sage

#### 1,500 Meters

3:43.93 - Mt. Sac Relays (4/21)

#### 5,000 Meters

14:04.94 - Mt. Sac Relays (4/20)

### Tor Sandven

#### 5,000 Meters

15:25.66 - Stanford Invitational (3/31)

### Nick Sebes

#### 400 Meters

48.81 - Stanford Three-Way (3/3)

### Charbel Semaan

#### Discus

133-9 (40.78m) - Stanford Invitational (4/1)

132-9 (40.46m) - Stanford Opener (3/24)

121-7 (37.06m) - Brutus Hamilton Relays (4/14)

#### Hammer

123-7 (37.66m) - Stanford Opener (3/24)

116-10 (35.62m) - Stanford Invitational (3/31)

114-7 (34.92m) - Brutus Hamilton Relays (4/14)

### Josh Sohn

#### 1,500 Meters

4:16.1 - Stanford Opener (3/24)

#### 5,000 Meters

15:03.64 - Stanford Invitational (3/31)

### Chris Sprague

#### Shot Put

53-4 1/2 (16.27m) - Stanford Opener (3/31)

52-9 1/2 (16.09m) - Stanford Invitational (3/24)

51-10 (15.80m) - Stanford Three-Way (3/3)

51-1 1/2 (15.58m) - Brutus Hamilton Relays (4/14)

49-9 1/4 (15.17m) - Pomona-Pitzer Meet (4/20)

### Michael Stember

#### 800 Meters

1:49.73 - Stanford Opener (3/24)

1:51.35 - Stanford Invitational (4/1)

#### 1,500 Meters

3:41.80 - Stanford Invitational (4/1)

### Jonathan Stevens

#### 800 Meters

1:50.10 - Brutus Hamilton Relays (4/14)

#### 1,500 Meters

3:47.34 - Stanford Invitational (4/1)

3:53.57 - Mt. Sac Relays (4/21)

### David Stillman

#### 1,500 Meters

4:01.87 - Brutus Hamilton Relays (4/14)

4:03.57 - Stanford Opener (3/24)

#### 5,000 Meters

14:47.38 - Stanford Invitational (3/31)

### Nate Stoll

#### 1,500 Meters

4:05.58 - Stanford Opener (3/24)

#### 5,000 Meters

15:10.33 - Stanford Invitational (3/31)

### Will Svitek

#### Discus

137-7 (41.94m) - Stanford Three-Way (3/3)

135-4 (41.26m) - Stanford Opener (3/24)

131-7 (40-12m) - Brutus Hamilton Relays (4/14)

121-9 (37.10m) - Stanford Invitational (4/1)

#### Shot Put

47-10 (14.58m) - Stanford Three-Way (3/3)

47-7 (14.50m) - Stanford Invitational (3/31)

46-0 3/4 (14.04m) - Stanford Opener (3/24)

44-3 1/4 (13.49m) - Brutus Hamilton Relays (4/14)

### Adam Tenforde

#### 5,000 Meters

14:34.13 - Mt. Sac Relays (4/20)

### Jesse Thomas

#### 3,000 Meter Steeplechase

9:04.02 - Brutus Hamilton Relays (4/14)

5,000 Meters

**14:11.26 - Mt. Sac Relays (4/20)**

### Leigh Torrence

#### 100 Meters

11.22 - Stanford Three-Way (3/3)

11.25 - Stanford Invitational (3/31)

#### 200 Meters

22.90 - Stanford Opener (3/24)

23.21 - Stanford Invitational (4/1)

### Joe Urbanski

#### 5,000 Meters

14:29.24 - Stanford Invitational (3/31)

#### 10,000 Meters

30:12.18 - Mt. Sac Relays (4/20)

## The 2001 Stanford Outdoor Track & Field Season

### **Ross Venook**

#### **5,000 Meters**

16:12.43 - Stanford Invitational (3/31)

### **Chad Wassink**

#### **Javelin**

234-0 (71.32m) - Mt. Sac Relays (4/22)

220-11 (67.34m) - Stanford Opener (3/24)

215-11 (65.82m) - Brutus Hamilton Relays (4/14)

215-5 (65.66m) - Stanford Invitational (4/1)

182-1 (55.50m) - Penn Relays (4/28)

### **Nick Welihozkiy**

#### **Discus**

168-8 (50.80m) - Penn Relays (4/27)

167-1 (50.94m) - Pomona-Pitzer Meet (4/20)

164-7 (50-18m) - Stanford Invitational (4/1)

163-2 (49.74m) - Brutus Hamilton Relays (4/14)

157-3 (47.92m) - Stanford Opener (3/24)

152-7 (46.50m) - Mt. Sac Relays (4/21)

143-4 (43.68m) - Stanford Three-Way (3/3)

#### **Hammer**

201-4 (61.36m) - Stanford Invitational (3/31)

201-3 (61.34m) - Stanford Three-Way (3/3)

200-1 (60.98m) - Stanford Opener (3/24)

195-6 (59.60m) - Pomona-Pitzer Meet (4/20)

194-10 (67.34m) - Penn Relays (4/28)

194-3 (59.22m) - Brutus Hamilton Relays (4/14)

193-6 (58.97m) - Mt. Sac Relays (4/22)

#### **Shot Put**

48-6 3/4 (14.80m) - Stanford Opener (3/24)

### **Phillip West**

#### **1,500 Meters**

3:56.44 - Cal State Meet (4/28)

3:58.84 - Brutus Hamilton Relays (4/14)

### **Justin Williams**

#### **100 Meters**

11.02 - Stanford Invitational (3/31)

11.06 - Pomona-Pitzer Meet (4/20)

11.20 - Brutus Hamilton Relays (4/14)

#### **200 Meters**

21.84w - Mt. Sac Relays (4/22)

22.09 - Stanford Opener (3/24)

#### **110 Meter Hurdles**

14.53 - Stanford Invitational (3/31)

14.56 - Brutus Hamilton Relays (4/14)

14.58 - Pomona-Pitzer Meet (4/20)

14.59 - Stanford Invitational (4/1)

14.68 - Mt. Sac Relays (4/22)

14.74 - Stanford Three-Way (3/3)

14.79 - Stanford Opener (3/24)

### **Stanley Wilson**

#### **100 Meters**

10.59 - Stanford Opener (3/24)

10.64 - Stanford Invitational (3/31)

10.78 - Stanford Three-Way (3/3)

10.78 - Stanford Invitational (4/1)

#### **200 Meters**

21.40 - Stanford Invitational (4/1)

21.73 - Stanford Opener (3/24)

#### **400 Meter Relay**

40.82 - Stanford Opener (3/24)

41.23 - Stanford Invitational (4/1)

41.32 - Stanford Opener (3/24)

41.48 - Stanford Three-Way Meet (3/3)

41.89 - Brutus Hamilton Relays (4/14)

#### **1,600 Meter Relay**

3:14.34 - Stanford Invitational (4/1)

3:14.52 - Stanford Opener (3/24)

3:18.26 - Stanford Three-Way (3/3)

3:19.37 - Brutus Hamilton Relays (4/14)