

STANFORD



ARANTXA
KING
2008 BEIJING OLYMPIAN



DANIEL
SCHAERER
NCAA QUALIFIER



LAUREN
CENTROWITZ
FIVE-TIME ALL-AMERICAN



GARRETT
HEATH
NATIONAL CHAMPION
EIGHT-TIME ALL-AMERICAN

2009 TRACK AND FIELD GUIDE



STANFORD ATHLETICS

A Tradition of Excellence

- 116** NCAA Postgraduate Scholarship award winners, including 10 in 2007-08.
- 109** National Championships won by Stanford teams since 1926.
- 95** Stanford student-athletes who earned All-America status in 2007-08.
- 78** NCAA Championships won by Stanford teams since 1980.
- 49** Stanford-affiliated athletes and coaches who represented the United States and seven other countries in the Summer Olympics held in Beijing, including 12 current student-athletes.
- 32** Consecutive years Stanford teams have won at least one national championship.
- 31** Stanford teams that advanced to postseason play in 2007-08.
- 19** Different Stanford teams that have won at least one national championship.
- 18** Stanford teams that finished ranked in the Top 10 in their respective sports in 2007-08.
- 14** Consecutive U.S. Sports Academy Directors' Cups.
- 14** Stanford student-athletes who earned Academic All-America recognition in 2007-08.
- 9** Stanford student-athletes who earned conference athlete of the year honors in 2007-08.
- 8** Regular season conference championships won by Stanford teams in 2007-08.
- 6** Pacific-10 Conference Scholar Athletes of the Year Awards in 2007-08.
- 5** Stanford teams that earned perfect scores of 1,000 in the NCAA's Academic Progress Report Rate in 2007-08.
- 3** National Freshmen of the Year in 2007-08.
- 3** National Coach of the Year honors in 2007-08.
- 2** National Players of the Year in 2007-08.
- 2** National Championships won by Stanford teams in 2007-08 (women's cross country, synchronized swimming).
- 1** Walter Byers Award Winner in 2007-08.





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2009 STANFORD TRACK AND FIELD SCHEDULE

Indoor Season

Jan. 17	at UW Indoor Preview	Seattle, WA	All Day
Jan. 24	at New Mexico Cherry and Silver Classic	Albuquerque, N.M.	All Day
Jan. 30-31	at UW Invitational	Seattle, WA	All Day
Feb. 7	at New Mexico Lobo Classic	Albuquerque, N.M.	All Day
Feb. 14	at Husky Classic	Seattle, WA	All Day
Feb. 27-28	MPSF Championships	Seattle, WA	All Day
Mar. 7	at UW Last Chance Qualifier	Seattle, WA	All Day
Mar. 13-14	NCAA Indoor Championships	College Station, TX	All Day

Outdoor Season

Mar. 7	Davis Quad Meet	Berkeley, CA	All Day
Mar. 25-26	UC Davis Multi Meet	Davis, CA	All Day
Mar. 27-28	Stanford Invitational	Stanford, CA	All Day
Apr. 1-4	Texas Relays	Austin, TX	All Day
Apr. 9-11	Rafer Johnson/JJK Invitational	Westwood, CA	All Day
Apr. 18	Big Meet	Stanford, CA	All Day
Apr. 23-25	Drake Relays	Des Moines, IA	All Day
May 2	Payton Jordan Cardinal Invitational	Stanford, CA	All Day
May 9-10	Pac-10 Multi-Event Championships	Eugene, OR	All Day
May 16-17	Pac-10 Championships	Eugene, OR	All Day
May 29-30	NCAA West Regional Championships	Eugene, OR	All Day
Jun. 10-13	NCAA Outdoor Championships	Fayetteville, AR	All Day
Jun. 24-28	USATF Championships	Eugene, OR	All Day



**ALEX
GITS**
ALL-AMERICAN

**JAYNIE
GOODBODY**
NCAA QUALIFIER

**MYLES
BRADLEY**
SCHOOL RECORD HOLDER
NCAA QUALIFIER

**ANDREW
DARGIE**
ALL-AMERICAN

2009 Stanford Track and Field Quick Facts

General Information

2009 Stanford Track and Field Quick Facts

Location: Stanford, CA 94305-6150

Track Facility: Cobb track and Angell Field

Enrollment: 13,198 (6,584 undergraduates)

Founded: 1891

Nickname: Cardinal

Colors: Cardinal and White

Athletic Director: Bob Bowlsby

President: John Hennessy

Sport Administrator: Darin Nelson

Coaching Staff

Franklin P. Johnson Director of Track & Field: Edrick Floreal, 11th Season (Arkansas, 1990)

Head Cross Country Coach: Jason Dunn, 1st Season (William and Mary, 1996)

Assistant Coach: Kris Mack, 6th Season (Cal Poly, 2000)

Assistant Coach: David Vidal, 3rd Season (Stanford, 2006)

Assistant Coach: Kyle White, 1st Season (Arkansas, 1986)

Assistant Coach: Andrew Ninow, 1st Season (UCLA, 2007)

Volunteer Assistant Coach: Erica McLain, 1st Season (Stanford, 2008)

Director of Operations: Mary Jo Alexander, 3rd Season (UC Davis, 2004)

Track and Field Office Phone: (650) 723-2736

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Athletes Website: www.GoStanford.com

Media Information

Interview requests for players and coaches must be coordinated with the Stanford Athletic Media Relations office. Interview requests should be submitted at least 24 hours in advance. Visit www.gostanford.com for news releases, player profiles and updated statistics.

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S STANFORD TRACK & FIELD AND CROSS COUNTRY

HOME OF CHAMPIONS

436 All-America Honors

152 All Americans

87 Individual NCAA Titles

58 Individual NCAA Champions

104 Pac-10 Individual Titles

72 Pac-10 Individual Champions

54 MPSF Individual Titles

40 MPSF Individual Champions

81 Olympians

38 World Record Holders

20 Olympic Medalists

9 Olympic Gold Medalists

36 Conference Team Titles

13 NCAA Team Titles



Michael Robertson

2003 Championship Team



Julia Stamps



1997 NCAA Cross Country Champions



Terry Allbritton



Lauren Fleshman

2005 Championship Team



1968 Championship Team



Erica McLain



Arianna Lambie and Sara Bei



Brad Hauser



PattySue Plumer



Jonathon Riley



Ben Eastman



Jillian Camerena



S STANFORD TRACK AND FIELD AT THE OLYMPICS

1908 London Games

Sam Bellah Pole Vault (6th)
John Miller 400 Meters
800 Meters

1912 Stockholm Games

Sam Bellah Pole Vault (7th)
George Horine High Jump (Bronze)

1920 Antwerp Games

Herc Bihlman Shot Put
Reg Caughey Shot Put
Flint Hanner Javelin
Morris Kirksey 100 Meters (Gold)
4x100-Meter Relay (Gold)
Feg Murray 110-Meter Hurdles (Bronze)
John Norton 400-Meter Hurdles (Silver)
Dink Templeton Long Jump (4th)

1924 Paris Games

Gen Hartranft Shot Put (Silver)
Discus (6th)
Bill Richardson 800 Meters (5th)

1928 Amsterdam Games

Bob King High Jump (Gold)
Eric Krenz Shot Put (4th)
Harlow Rothert Shot Put
Bud Spencer 4x400-Meter Relay (Gold)



Jillian Camarena



Erica McLain (second from the right)



Erica McLain



Michael Robertson

Arantxa King



Toby Stevenson



Ryan Hall



Ian Dobson (right)

**1932 Los Angeles Games**

Hec Dyer	4x100-Meter Relay (Gold)
Ben Eastman	400 Meters (Silver)
Nellie Gray	Shot Put (5th)
Henry Laborde	Discus (Silver)
Bill Miller	Pole Vault (Gold)
Harlow Rothert	Shot Put (Silver)

1936 Berlin Games

Gordon Dunn	Discus (Silver)
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1948 London Games

Bob Mathias	Decathlon (Gold)
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1952 Helsinki Games

Bud Held	Javelin (9th)
Bob Mathias	Decathlon (Gold)
Ian Reed	Discus

1960 Rome Games

Ernie Cunliffe	800 Meters
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1964 Tokyo Games

Dave Weil	Discus (Bronze)
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1968 Mexico City Games

Peter Boyce	High Jump
Larry Questad	200 Meters (5th)

1972 Munich Games

Chuck Francis	100 Meters
	4x100-Meter Relay

1976 Montreal Games

Don Kardong	Marathon (4th)
Duncan McDonald	5,000 Meters

1980 Moscow Games

Mary Osborne	Javelin (U.S. Boycott)
Tony Sandoval	Marathon (U.S. Boycott)

1984 Los Angeles Games

Carol Cady	Shot Put (7th)
Robert Weir (Coach)	Discus

1988 Seoul Games

Jeff Atkinson	1,500 Meters (10th)
Carol Cady	Discus (11th)
Nancy Ditz	Marathon
Gus Envola	100 Meters
Regina Jacobs	1,500 Meters
Brian Marshall	High Jump
Patti Sue Plummer	3,000 Meters (12th)

1992 Barcelona Games

Pam Dukes	Shot Put
Jackie Edwards	Long Jump
Gus Envola	100 Meters
Chryste Gaines	4x100-Meter Relay
Regina Jacobs	1,500 Meters
Patti Sue Plummer	1,500 Meters (10th)
Steve Schadler	1,500 Meters
Dave Strang	1,500 Meters (Great Britain)

1996 Atlanta Games

Jackie Edwards	Long Jump
Chryste Gaines	4x100-Meter Relay (Gold)
Regina Jacobs	1,500 Meters
Shaun Pickering	Shot Put
Dave Popejoy	Hammer Throw
Dave Strang	800 Meters (Great Britain)
Robert Weir (Coach)	Discus

2000 Sydney Games

Jackie Edwards	Long Jump
Chryste Gaines	4x100-Meter Relay (Bronze)
	100 Meters
Brad Hauser	5,000 Meters
Regina Jacobs	1,500 Meters
Gabe Jennings	1,500 Meters
Michael Stember	1,500 Meters
Robert Weir (Coach)	Discus

2004 Athens Games

Jackie Edwards	Long Jump
Malindi Elmore	1,500 Meters (Canada)
Jonathon Riley	5,000 Meters
Grant Robison	1,500 Meters
Toby Stevenson	Pole Vault (Silver)

2008 Beijing Games

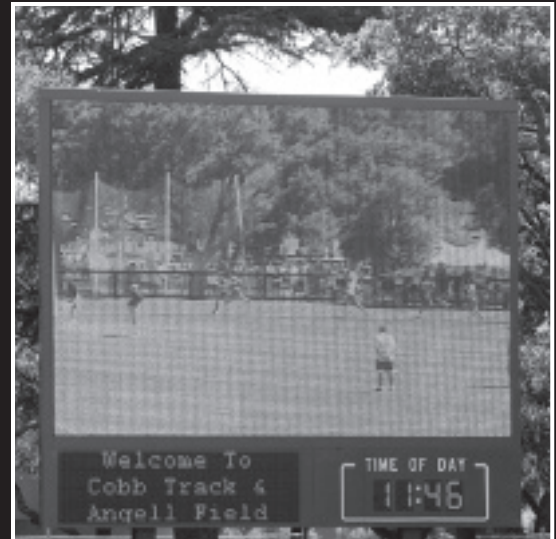
Leila Ben-Youseff	Pole Vault (Tunisia)
Jillian Camarena	Shot Put
Ian Dobson	5,000 Meters
Jackie Edwards	Long Jump (Bahamas)
Ryan Hall	Marathon (10th)
Arantxa King	Long Jump (Bermuda)
Erica McLain	Triple Jump
Michael Robertson	Discus

S COBB TRACK AND ANGELL FIELD

A new era of Stanford Track and Field took center stage when the Cardinal competed at its new venue, Cobb Track and Angell Field, in 1996. The new state-of-the-art facility is built on the site of what was for many years the home of Stanford Track and Field, Angell Field. The facility was made possible thanks to lead gifts from Stanford athletic legends, Charles (Chuck) Cobb and Otis Chandler.

Cobb Track & Angell Field features a nine-lane, all-weather track named in honor of Chuck Cobb and his family. In addition, all field event competition venues are contained within the track, including multi-direction runways for the pole vault, long and triple jumps, all throwing cages and areas, and an interior water jump to contest the steeplechase.

The funds made available by Otis Chandler enabled Stanford Track and Field to name the jumping and throwing venue in the Chandler family name. The area is now known as the Otis Chandler Infield. Thanks to the generous donation by the Pitch Johnson family, permanent lighting and a state of the art scoreboard were installed at Cobb Track and Angell Field in 2002. During the summer of 2003, Chuck Cobb provided an additional gift for the renovation of Cobb Track and Angell Field. Included in the renovation are two new long jump runways and landing pits, a new pole vault runway, and new discus and shot put rings. The entire track was also resurfaced.





Numerous records have been set at Cobb Track and Angell Field over the last six years. In 2001, Stacy Dragila set two world records in the women's pole vault, Meb Keflezighi set an American record in the men's 10,000 meters and Kenya's Abraham Chebii set a U.S. All-Comers record in the men's 10,000 meters. In 2002, Deena Drossin ran an American record in the women's 10,000 meters at Cobb Track and Angell Field and in 2003 Ethiopia's Werknesh Kidane set a U.S. All-Comers record in the women's 10,000 meters. In 2008, Drossin's American record in the 10,000 meters was broken by Shalagne Flannagan at Cobb Track and Angell Field. The list of stadium records at Cobb Track and Angell Field is second to none. In addition, Cobb Track and Angell Field was the site of the 2002 and 2003 U.S. National and Junior National Championships that featured track and field stars Marion Jones, Maurice Greene, Gail Devers, Allen Johnson and Adam Nelson. At the 2004 Cardinal Invitational, 15 Olympic A-standards were achieved, including a track record by the great Sonia O'Sullivan of Ireland. Stanford's Cobb Track and Angell Field has become the epicenter of track and field in the United States.

Through the dedicated efforts of many people, including Chuck Cobb, Otis Chandler and Pitch Johnson, Stanford's dream for a state-of-the-art track and field facility has become a reality. The list of distinguished donors and fundraisers include longtime Stanford head track and field coach Payton Jordan, John Arrillaga, Ben Anixter, the Bordonni family, Mr. & Mrs. Allan Cheney, Catherine Clark, Bud Deacon, Burt DeGroot, Stanley and Mary Doten, Ben Eastman, Robert Fess, Mrs. Milo S. Gates, Kurt Hauser, Van Johns, Raymond Malott, Robert Miller, William Miller, Mr. & Mrs. Harlow Rothert, and Mark Thomas, Jr. Their efforts and the hard work of many other people have made Cobb Track and Angell Field one of the finest venues in the country.

Stanford Stadium

Cobb Track & Angell Field replaced the long time home of Stanford track and field, Stanford Stadium. Nestled in a eucalyptus grove on the University campus, Stanford Stadium was the site of many top international and national track meets, including the 1960 U.S. Olympic Trials and the USA vs. USSR dual meet in 1962, which drew over 150,000 fans during the two-day event. In 1978, a tartan track was installed, providing Stanford with one of the finest outdoor running surfaces in the nation. Called "the best of all worlds for every event" by former head track coach Payton Jordan, the track design featured heavier texture on the inside lanes for distance running and harder, faster granules on the outside lanes for sprints.

Angell Field

Angell Field was originally dedicated on March 13, 1933, and named in honor of Dr. Frank Angell, who headed the Faculty Athletic Committee for 20 years starting in 1892. A graduate of the University of Vermont, Angell served on the faculty of Cornell University, came to Stanford in 1892, retired at age 65 in 1922, and died at age 82 in 1939. After retiring, he timed track meets, including Ben Eastman's world record in the 400-yard dash at Stanford on March 26, 1932. Ray Lyman Wilbur, Stanford's third president, once wrote, "He (Frank Angell) had a keen appreciation of excellence and of competition, but at the same time was interested in those who struggled for third or fourth place. This led him to accept responsibility for leadership in athletics in the early days of Stanford."



S PAYTON JORDAN (1917-2009)

On February 5, 2009, former Stanford track and field coach, Payton Jordan (1917-2009) passed away in his Laguna Hills, Calif., home. Jordan coached the team from 1957-79, producing seven Olympians, six-world record holders, six national champions and leading Stanford to an NCAA runner-up finish. He was the mastermind behind the 1962 USA vs. USSR dual meet that drew 155,000 spectators over two days to Stanford Stadium during the height of the Cold War.

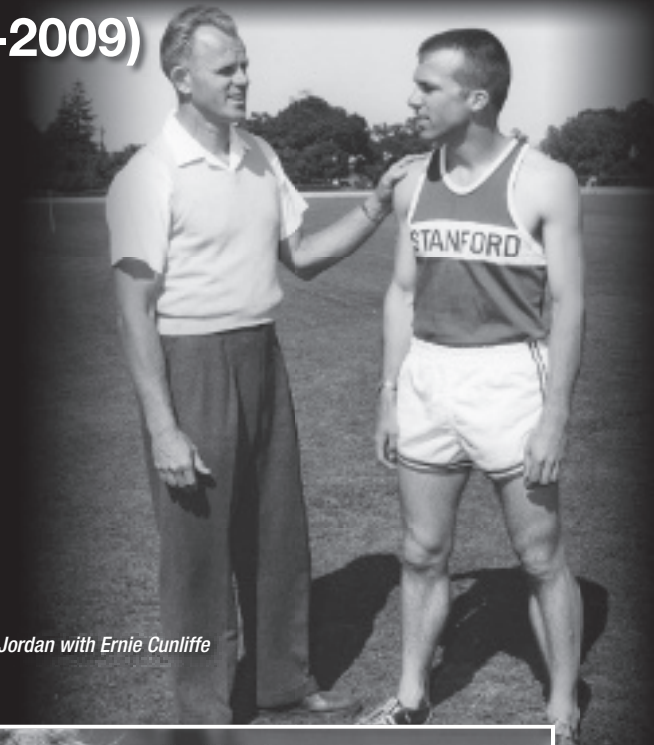
"Most people talk about Payton in reference to track, but for those who had the opportunity to spend time with him, there was so much more to this great man. He was an outstanding leader, a father to all of his athletes and a wonderful human being. Payton had the exceptional ability to inspire people to expand their wings and fly to new heights." said Franklin P. Johnson Director of Track and Field Edrick Floreal.

Jordan's supreme achievement may have been his delicate handling of the 1968 U.S. Olympic team in Mexico City considered by many to be the greatest of all-time. That Olympic team earned a record 24 medals, 12 gold, and featured Bob Beamon's extraordinary long jump, Dick Fosbury's revolutionary high jump, and world marks in the sprints by Jim Hines and Lee Evans.

Before the Games, Jordan's tolerance and open-mindedness helped deflect a threatened boycott from the team's African-American athletes and kept the team from falling apart. And during the Games, he dealt with the fallout of the Tommie Smith-John Carlos black-gloved civil rights protest that drew the ire of Olympic officials and politicians and forced the athletes out of the Games.

Jordan and sprint coach Stan Wright were informed of Smith's and Carlos's plans, but allowed them to make their own decisions. They even supplied the runners with black socks and handkerchiefs.

"I always tell my kids, everybody's born for a special purpose in life," Floreal said. "That there is a special person to handle every difficult moment in life. I think Payton Jordan was bred for that time.



Payton Jordan with Ernie Cunliffe

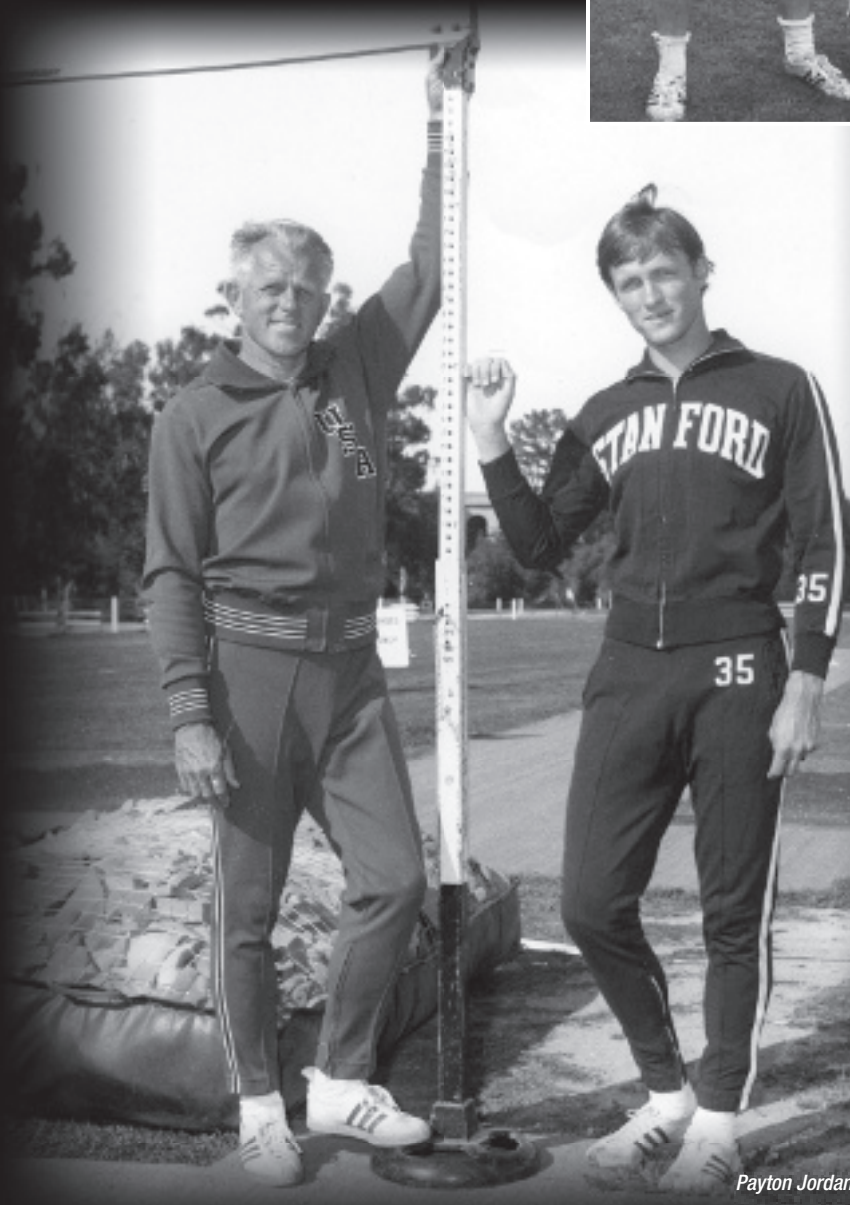
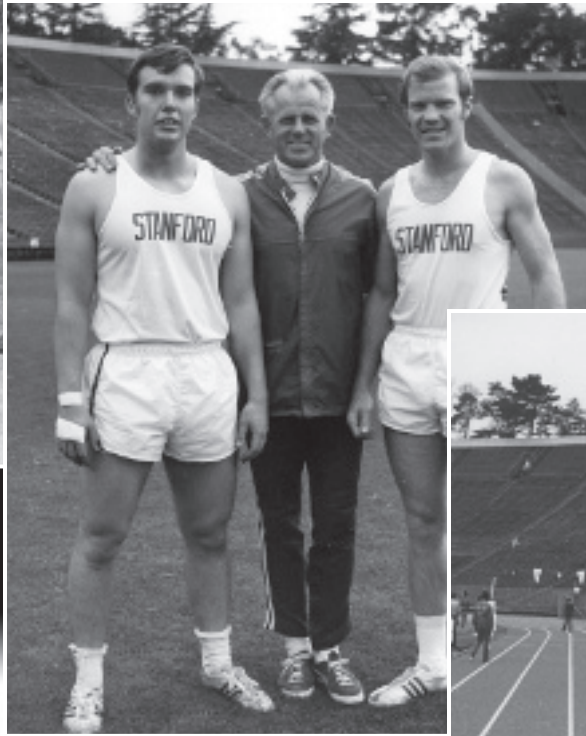


Payton Jordan with Shot-putter Terry Albritton



Payton Jordan wins the 100-yard dash in the Martin Luther King Games in 1980.





Payton Jordan and Peter Boyce

S **STANFORD UNIVERSITY**

THE NATION'S PREMIER UNIVERSITY

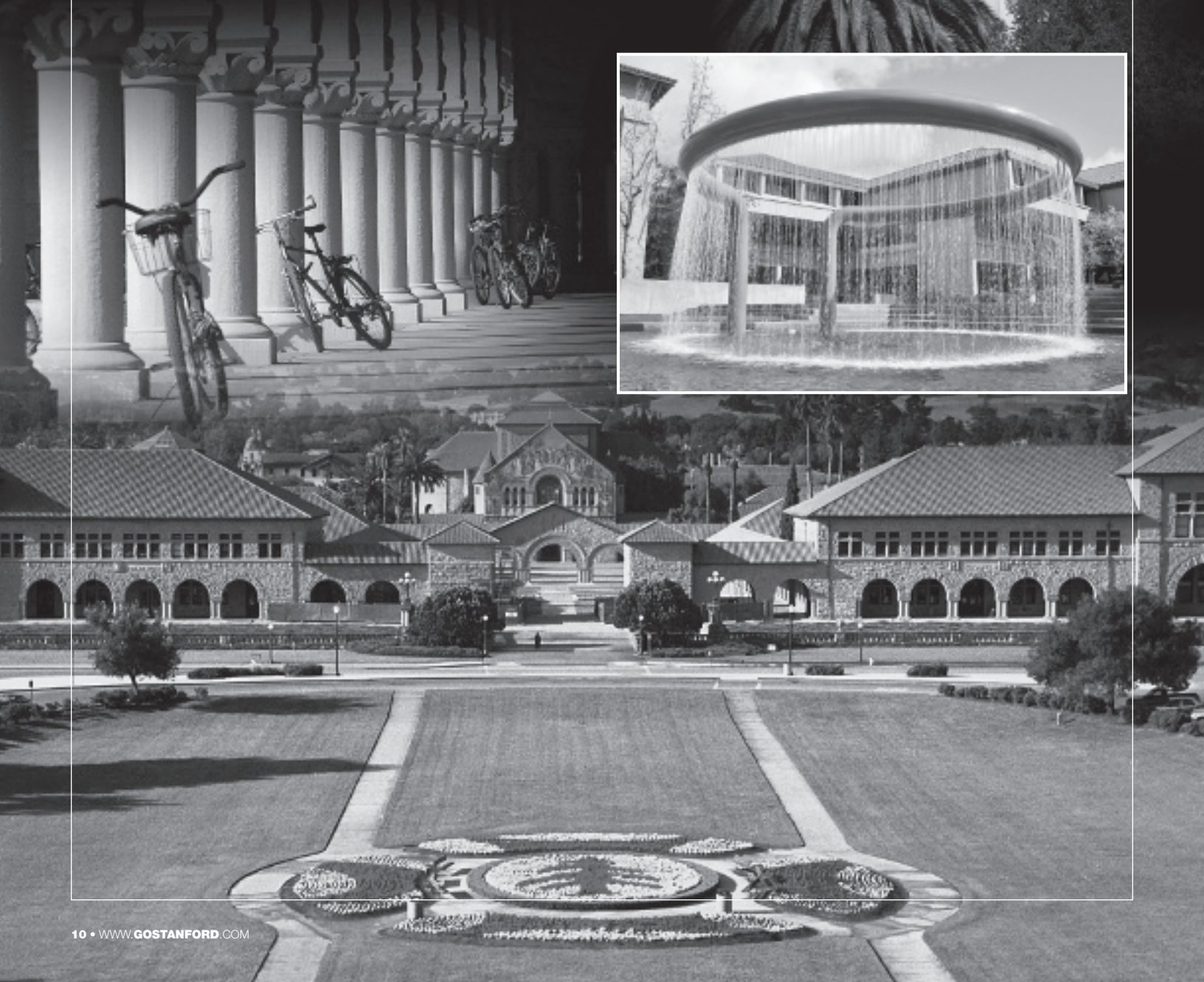
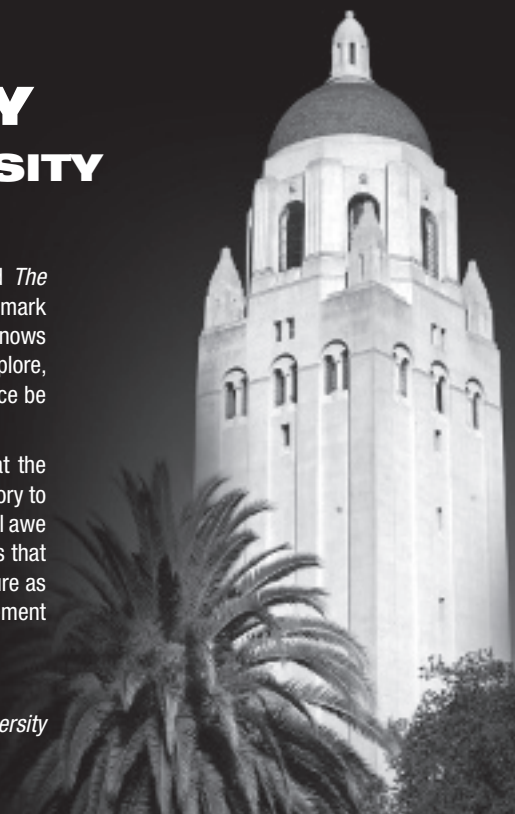
The world all at once: Limitless possibilities are at the heart of Stanford University.

Global positioning systems and gene splicing, *One Flew Over the Cuckoo's Nest* and *The Grapes of Wrath*, the football huddle and the T-formation, Yahoo! and Google—all bear the mark of a Stanford individual. At Stanford, you will find the entire universe of what humankind knows and is endeavoring to know. From your first days on campus, this universe will be yours to explore, yours to discover. Stanford will ask that intellectual curiosity be your compass, that excellence be your true north.

Along the way, you will have the guidance of extraordinary faculty mentors who are at the forefront of advancing the world's understanding of subjects ranging from geophysics to history to bioscience to musical composition. You will also have the friendship of fellow students who will awe and inspire you as much for their humanity as for their talents. As you pursue the questions that interest you most, your mentors and friends will give you the freedom to risk temporary failure as you push yourself both intellectually and personally—along with the freedom and encouragement to pursue what you love.

Your reward will be the exhilaration of discovery—the exhilaration of true excellence.

— *Courtesy of Stanford University*



ACADEMIC EXCELLENCE

Stanford track and field athletes are challenged to excel both in the classroom and on the track. In the latest Academic Progress Rate (APR) scores, which measure eligibility, retention and graduation over a four-year period, all 35 teams at Stanford exceeded the NCAA's standards. Five Cardinal teams earned a perfect 1,000 with several others earning near perfect scores.

The men's track and field team was named the USTFCCCA All-Academic Team of the Year for the 2008 indoor season. In addition eight athletes were named Academic All-Americans and 18 athletes were named Academic All-Pac-10. In all, four current Cardinal male athletes have received Academic All-America honors: Garrett Heath, Justin Marpole Bird, Hari Mix and Chris Mocko.

The women's team was honored with a total of nine Academic All-Americans in 2008, while also receiving 20 Academic All-Pac-10 honors. In all, five current Cardinal female athletes have received Academic All-America honors: Alicia Follmar, Jaynie Goodbody, Griffin Matthew, Kate Niehaus and Lauren Stewart. Each has also competed at the NCAA national level in cross country or track.





Griffin Mathew

The Stanford women's track and field team was back at the elite level last season, finishing as the Pac-10 runner-up as well as posting a pair of top-10 finishes at the NCAA indoor and outdoor championships. In 2009, Stanford will look to regain the Pac-10 title as well as compete for a national title.

Sprints/Hurdles

A talented group of sprinters return for Stanford led by Griffin Mathew. Mathew qualified for the NCAA Outdoor Championships in the 100 meters last season and should be a threat at both 100 and 200 meters this season. Returning after earning an All-America honor last year indoors is Idara Otu. Otu ran the 400-meter leg of the distance medley relay team that finished third at the NCAA Indoor Championships. Also returning in the short sprints are Brittni Dixon-Smith and Shataya Hendricks. Ashley Menzies returns after a solid season at 400 meters. Joining the deep group will be freshmen Josephine Kvist, Jordan Merback and Joy O'Hare.

"Griffin Mathew played double-duty last year in the sprints and the jumps and will again this year," said Edrick Floreal, the Franklin P. Johnson Director of Track and Field. "Adding a healthy Shataya Hendricks should make us a lot more competitive this year."

Jumps

The jumpers will have to overcome the loss of three-time NCAA Champion Erica McLain, the best jumper in Stanford history. However, the group will still be one of the most talented units of the team led by 2008 Olympian Arantxa King. The Cardinal return two long jumpers who qualified for the NCAA Championships in King (indoors) and Griffin Mathew (outdoors). King competed in the long jump for Bermuda in the 2008 Olympic Games in Beijing. Also returning in the long jump will be Brittni Dixon-Smith and Lauren Stewart who will look to make an impact. In the high jump, veterans Kara Bennett and Tessa Flippin return after competing at the Pac-10 level last season. Pole vaulter Caitlin Hewitt returns and will be joined by freshmen Natasha Barthel and Katerina Stefanidi. Stefanidi is the former world youth record holder and should provide an immediate impact.

"Our women's jumpers should be stronger than ever," said Floreal. "We added some very talented freshman. Erica McLain will be hard to replace, but we feel we can make up for it with returners such as Griffin Mathew, Arantxa King and Brittni Dixon-Smith."

Throws

The relatively small group of women's throwers should nonetheless be strong with the return of Jaynie Goodbody and Michaela Wallerstedt. Goodbody is coming off a season where she qualified for the NCAA Outdoor Championships in the hammer, while

Wallerstedt qualified in the shot put. Also returning is Liz Minoofar, who competed in the javelin at the Pac-10 Championships. Joining the group will be freshman Molly Kinsella, who looks to make an impact in the shot put and discus.

"Jaynie Goodbody and Michaela Wallerstedt both competing at the NCAA's last year bring experience as upperclassmen at the highest level," said Floreal. "Both should be contenders at the Pac-10 and NCAA level."

Multi-Events

The multi-event group looks to be a strength for the Cardinal as they return all three athletes from last season. Lauren Stewart broke her own school record in the pentathlon (3,924 points) and finished fourth in the Pac-10 as well as advancing to the NCAA's in the heptathlon. Whitney Liehr set the Stanford freshman record in the heptathlon with 5,186 points. Kara Bennett also returns to give Stanford an extremely deep group.

"With Whitney Liehr and Lauren Stewart, we should have a balanced team," said Floreal. "Both were competitive at the Pac-10 level and should be at the NCAA level as well."

Distances

Once again the distance runners will be the backbone of the Stanford program. The deep and talented group lost a trio of All-Americans, but returns a crew that can compete with any in the country. Five-time All-American Lauren Centrowitz and two-time All-American Alicia Follmar return to anchor the middle-distance squad. Both Centrowitz and Follmar earned a pair of All-America honors at last year's NCAA Indoor Championships and were NCAA qualifiers outdoors at 1,500 meters. Returning for her sophomore season is Alex Gits. The distance specialist is coming off a 2008 season that saw her finish third at the NCAA Outdoor Championships in the 10,000 meters. Also returning with significant postseason experience at the longer distances are Stephanie Marcy, Kate Niehaus and Madeleine O'Meara. The 800-meter group returns experienced veterans Claire Cormier-Thielke and Kaylin Pennington as well as talented freshman Maria Lattanzi. A large group of freshmen should pay immediate dividends in the distances for the Cardinal. The group that includes Emilie Amaro, Erica Castello, Laurynne Chetelat, Claire Collison, Georgia Griffin, Emma Miller-Bedell, Sarah McCurdy, Victoria Pennings and Kristin Reese.

"We lost a lot of key people such as Arianna Lambie and Teresa McWalters, but with Laurynne Chetelat and arguably the best freshmen class in the school history, the program we should make a quick return to the top," said Floreal.



Brittni Dixon-Smith



The Stanford men's track and field teams look for another season amongst the nation's elite. The Cardinal won the national outdoor title in 2000 and have been at the forefront of collegiate track and field ever since. This season the Cardinal should once again be at the top of the Pac-10 and NCAA's. The 2008-09 team will have balance with strength in several event groups.

Sprints/Hurdles

NCAA qualifier and school record holder in the 60- (7.78) and 110-meter hurdles (13.78), Myles Bradley returns for his senior season. Bradley looks to make an impact at the national level both indoors and outdoors as he searches for his first career All-America honor. Andrew Dargie returns after an impressive freshman season that saw him earn an All-America honor indoors as a member of the distance medley relay and qualify for the NCAA Outdoor Championships in the 400 meters. Former All-American Zach Chandy also returns and should be a top contributor at 400 meters. Juniors, Daniel Belch and Tyrone McGraw return after competing in the 100 meters and the 4x100-meter relay at the Pac-10 Championships last season. Durell Coleman is back after competing in the 400-meter hurdles at the Pac-10 Championships. J.J. Jackson also returns in the hurdles after competing at the MPSF Championships in the 60-meter hurdles. Also returning are Spencer Castro and Ryan Fiscaro, who competed in the 200 meters. Newcomers, Amaechi Morton and Jonah Tang will also look to add an immediate impact. Morton was the 2008 runner-up in the 400-meter hurdles at the USATF Junior Nationals as well as a member of the champion 4x400-meter relay.

"Having Tyrone McGraw for a full year fully focusing on track should be exciting," said Floreal. "Wopamo Osaisai will be hard to replace, but guys like Ryan Fiscaro and Daniel Belch will have to step up. I am also looking forward to coach Kyle White getting to develop these guys."

Jumps

Myles Bradley leads a strong group of returning jumpers. Bradley is best known for his hurdling, but also doubles in the long jump. Oluwadare Kolawole is the top returner in the high jump and will be joined by Durell Coleman in the event. In the pole vault, Casey Roche returns after a strong freshman season where he was a regional qualifier in the event. Multi-event specialist Corey Dysick will join Roche in the pole vault.

"Myles Bradley will be playing multiple duty in the hurdles and the jumps," said Floreal. "This is an area that we are looking to bolster with key recruits."

Throws

After redshirting last season, Daniel Schaerer returns to the discus where he was a NCAA qualifier in 2007. The Swiss under-23 record holder in the event will be a contender for his first All-America honor. Versatile thrower Kyle Davis-Hammerquist returns after competing in the hammer throw at the Pac-10 Championships last season.



Kyle Davis-Hammerquist



Jacob Riley

Carter Wells also returns, and has the ability to make an impact in the hammer and discus. Redshirt freshman Cody Cox and newcomer Geoffrey Tabor will also look to make an impact on The Farm. Tabor is the 2008 junior national champion in the discus and advanced to compete in the junior World Championships in Bydgoszcz, Poland.

"Daniel Schaerer - who redshirted last year - is a possible NCAA Championships threat, along with Kyle Davis-Hammerquist, Carter Wells and a core of young guys who are still developing," said Floreal. "Also, freshman phenom Geoff Tabor should have a productive year at the Pac-10 level."

Multi-Events

After a solid freshman season, Corey Dysick returns to compete in the multi-events. Dysick finished 11th in the decathlon at the Pac-10 Championships last season and will look to improve on that in 2009.

"The group of athletes although small will have a huge impact on our team performance at the conference," said Floreal.

Distances

Once again the deep and talented distance crew should be the strength of the 2009 Stanford squad. Coming off a third place finish at the NCAA Cross Country Championships, the Cardinal will again be strong at all distances. Eight-time All-American Garrett Heath returns for his final outdoor season, where he should be a top national contender at 1,500 meters. Also returning are former All-Americans Hakon DeVries, Jacob Evans and Hari Mix. Top contributors from cross country, Brendan Gregg, Elliott Heath and Jacob Riley each return as well after tasting some success at the Pac-10 level early in their careers last season. Also returning are steeplechasers Chris Mocko and J.T. Sullivan, who each advanced to the NCAA West Regional last season. Also returning for Stanford are regional finalist at 1,500 meters, Justin Marpole-Bird and 800-meter specialist Just Reed. Highlighting the group of talented newcomers is freshman Chris Derrick, who earned an All-America honor for his seventh place finish at the NCAA Cross Country Championships in the fall. Joining Derrick is the heralded group that includes Dylan Ferris, Kevin Havel, Benjamin Johnson, Riley Sullivan and Miles Unterreiner.

"Chris Derrick's phenomenal cross country season bodes well for what he can do in track," said Floreal. "Hakon DeVries, Garrett Heath and other multiple-time All-Americans are a key to our team success at the NCAA's."



EDRICK FLOREAL

Franklin P. Johnson Director of Track & Field

Arkansas (1990)
4th year



Edrick Floreal, who has spearheaded a resurgence of the Stanford Track & Field program, was named Franklin P. Johnson Director of Track & Field during the fall of 2005. This year will mark his 11th season overall with the Cardinal.

"I want to maintain the philosophies of the great track and field coaches at Stanford where the student-athletes are the center of the team and feel very comfortable," said Floreal. "I truly believe in Payton Jordan's philosophy of the coach-athlete relationship and having a family atmosphere among the team."

Since his arrival at Stanford in 1998, the Cardinal men and women have enjoyed tremendous success at the conference and NCAA championship level. A 3-time MPSF coach of the year and the 2006 West Regional Outdoor Coach of the Year, Floreal has developed the Stanford sprinters, hurdlers and jumpers into Pac-10 and NCAA championship title contenders. Under his watch, 37 Stanford athletes have earned 94 All-America honors.

The 2008 season marked the third year as the Franklin P. Johnson Director of Track & Field for Floreal. The season was highlighted by Erica McLain capturing the indoor and outdoor NCAA titles in the triple jump. Both Stanford's men (seventh) and women (fifth) placed in the top-10 at the NCAA indoor meet, while the women also finished 10th at the NCAA Outdoor Championships. Indoors, 11 athletes earned a total of 16 All-America honors under Floreal's guidance. Arianna Lambie (3,000 meters, DMR), Lauren Centrowitz (mile, DMR), Alicia Follmar (mile, DMR), McLain (long jump, triple jump) and Garrett Heath (mile, DMR) were all multiple All-Americans.

Outdoors, Floreal coached a total of six All-Americans in seven events. McLain was a two-time All-American, in the long jump and triple jump, while Lindsay Allen (3,000-meter steeplechase), Alex Gits (10,000 meters), Danielle Maier (javelin), Teresa McWalters (5,000 meters) and Heath (1,500 meters) also earned All-America honors.

Floreal's athletes were just as successful in the classroom where 35 athletes were named MPSF All-Academic during the indoor season and 38 were named Academic All-Pac-10 during the outdoor season. In addition, 17 athletes were named Academic All-Americans with the Stanford men's team earning the distinction of Academic Team of the Year for the indoor season.

After the season and under Floreal's guidance, McLain went on to qualify for the U.S. Olympic Team after placing third at the Olympic Trials in the triple jump, while, Arantxa King was named to the Bermuda Olympic Team in the long jump. Floreal traveled to Beijing to coach both athletes as well as Stanford volunteer assistant, Grace Upshaw. This brought his total of Olympic athletes to six.

In his second season as Director of Track & Field, Floreal led the men's and women's teams to fourth- and sixth-place finishes, respectively, at the 2007 NCAA Indoor Championships. Floreal coached McLain to an NCAA championship in the triple jump, while Lambie earned NCAA All-American honors in the 3,000 and 5,000 meters, Russell Brown finished second in the mile, Garrett Heath finished fourth in the mile and Josh Hustedt finished fourth in the heptathlon. Floreal also led Brown, Zach Chandy, Michael Garcia and Heath to the NCAA distance medley relay championships.

The women's team posted a runner-up finish at the 2007 Pac-10 Championships. Lambie captured the 1,500- and 5,000-meter titles, while McLain defended her triple jump title and earned her fifth career Pac-10 championship with an American collegiate record of 46-5 ¼. McWalters (10,000 meters) and Brown (1,500 meters) captured individual titles as well, and Michael Robertson and Ashley Freeman took second, respectively, in the discus and 800-meter events.

At the NCAA West Regional, both the men's and women's teams achieved good results heading into the NCAA's. Lambie captured the 1,500-meter title with a time of 4:14.05 and McLain won the triple jump with a leap of 44-8. Collectively, Floreal had

20 Cardinal student-athletes qualify for the 2007 NCAA Championships.

At the 2007 NCAA Outdoor Championships, the Cardinal men and women each placed 10th overall. McLain earned a pair of All-American honors with a runner-up finish in the triple jump and a third-place effort in the long jump. Robertson took second in the discus and Brown and Lambie both finished third in the 1,500, respectively. Overall, five Cardinal student-athletes received nine All-American awards. Floreal was later named to the 2007 Pan-American Games staff for Team USA in Brazil.

During the 2006 track and field season, the women's squad captured runner-up honors at the NCAA Indoor Track & Field Championship; Stanford's highest finish ever at the event. Seven athletes tallied 10 All-American performances, including Chauntae Bayne-Hackett's third-place finish in the 200 meters and eighth-place finish in the 60 meters, setting school records in both events. McLain also earned All-American honors in the long and triple jump. Floreal was named MPSF Coach of the Year for the third-straight year after capturing the women's indoor conference title.

At the 2006 Pac-10 Championships McLain repeated as the long jump and triple jump champion. Bayne-Hackett also captured the 400-meter title in a school-record 52.35. At the 2006 West Regional, Nashonme Johnson captured the regional title in the 400 meters, leading the Cardinal to a first-place tie with USC. Floreal was named West Regional Outdoor Coach of the Year and went on to coach 11 athletes who were named All-Americans at the NCAA Championships.



In 2005, Stanford's crew of sprinters, hurdlers and jumpers were simply sensation in a season that led to the Pac-10 Conference and NCAA West Regional coach of the year honors for Floreal. McLain became the first woman in Pac-10 history to capture both the triple jump and long jump at the conference meet, which she would go on to accomplish three times. McLain's triple jump of 45-2 1/2 was the American junior record and she later finished second at the NCAA West Regional and third at the NCAA Championships. McLain shattered her American junior record by winning the United States Outdoor Championship with an effort of 45-11 3/4, thus earning a berth on Team USA, which competed at the World Championships in Finland.

In 2005, Stanford captured its first Pac-10 title in women's track & field (in a school record 173 points over UCLA's 70). The Cardinal got wins from Undine Becker in the 400-meter hurdles and McLain in the triple jump and long jump, a second-place finish by the 400-meter relay team, and a third-place effort by Johnson in the 400 meter. Stanford's women's team then won the NCAA West Regional title led by wins by Dav in the 100 meters, as well as a victory in the 1,600-meter relay.

The Cardinal 1,600-meter relay team broke the school record with a time of 3:29.2 at the NCAA Championship in Sacramento in 2005. Stanford placed fifth as a team, its highest finish since 1992 when the Cardinal placed fourth.

Indoors at the 2005 NCAA Championship, McLain gained two All-American honors with a second-place finish in the triple jump and eighth place in the long jump. Indoor school records were broken by Wopamo Osaisai in the 60 meters, Nick Sebes in the 400 meters, Janice Davis in the 60 and 200 meters, Ashley Purnell in the 400 meter and the 1,600-meter relay team of Christina Moschella, Janice Davis, Ashley Freeman and Ashley Purnell. Osaisai later broke the long-standing school record in the 100 meters (10.39) at the Junior Pan Am Championships in 2005.

In his first season as head coach of the women's squad Floreal was named the 2004 MPSF Track and Field Coach of the Year after guiding the Cardinal to its second consecutive MPSF Indoor Track and Field Championship. At the 2004 NCAA Indoor Championships, Floreal coached Stanford to a seventh-place finish. Outdoor he led Stanford to a runner-up finish at the 2004 Pac-10 Championships with 15 points. In addition, the Cardinal women finished sixth at the 2004 NCAA Outdoor Championships.

Several school records in the sprints and relays were set in 2004. The women 4x100-meter relay and the 1,600-meter relay set school records for the second consecutive year, while the men broke a 26-year-old school record in the 4x100-meter relay. The women's 4x100-meter relay earned All-American honors at the NCAA Championships for the first time in school history with an eighth-place finish in the final. The men's 4x100-meter relay ran a time of 39.71 to qualify for the NCAA Championships. In the women's 400 meters, Johnson set a school record and Keisl Gaines set a freshman school record.

The 2003 track and field season was also filled with success for Stanford sprinter Tracy Lawyer. The women's 1,600-meter relay won the Pac-10 Championship, set a then-school record, and qualified for the NCAA Championships. Johnson broke the freshman record in the 200 and 400 meters, and became the first Stanford sprinter since 1992 to compete at the NCAA Championship. In indoor competition, Jakki Bailey set a then-school record in the 60 meters while Ashley Purnell set the then-school record in the 200 meters. The women's indoor 1,600-meter relay team won the 2003 crown at the MPSF Championships. The men's 1,600-meter relay team captured top honors at the 2003 NCAA West Regional Championship. Lindsey Johnson (100-meter hurdles, 60 meter hurdles), Milton Little (60 meters), and Justin Williams (60-meter hurdles) each established new school records.

Floreal's vast technical knowledge in the sprints, hurdles and jumps, and his experience as a world-class athlete have benefited several athletes to outstanding individual accomplishments in a wide variety of events.

In 1999, Floreal coached Tracy Lawyer to the 1999 NCAA title in the heptathlon and her third consecutive Pac-10 title. Floreal coached Michael Ponikvar to three Pac-10 Conference high jump titles in 1999, 2001, and 2002. In 2003, Floreal coached Grace Upshaw to the U.S. National Title in the women's long jump and No. 5 world ranking. Upshaw finished second at the 2004 U.S. Olympic Trials to earn a spot on the U.S. Olympic team. In 2008, Floreal again led Upshaw to the Olympics where she placed eighth at the Beijing Games. Floreal also coached Stanford alumnus Jackie Edwards to her fourth Olympics in the long jump. In 2004, Floreal helped guide 2000 Stanford graduate Toby Stevenson to a silver medal at the Athens Olympics.



Floreal served as assistant coach for Team USA at the 2002 IAAF World Junior Track and Field Championships in Kingston, Jamaica, which featured the world record-setting men's 4x100-meter relay team, the first team to run under 39 seconds. Prior to his arrival at Stanford, Floreal produced 13 All-Americans in three seasons at Kentucky. He also enjoyed successful coaching stints at Georgia Tech and Nebraska.

Floreal graduated from Arkansas in 1990. While a student-athlete for the Razorbacks, he captured five NCAA triple jump titles and four NCAA team championships. He also competed for Canada at the 1988 and 1992 Summer Olympic Games.

Floreal is married to LaVonna Martin-Floreal, the 1992 Olympic silver medalist in the 100-meter hurdles. The couple has two children, Edrick Jr. and Mikaielle. The Floreals reside in Palo Alto.



Edrick Floreal's Coaching Accomplishments at Stanford

National Team Finishes (W)

2008 – 6th (outdoor), 5th (indoor)
 2007 – 10th (outdoor), 6th (indoor)
 2006 – 2nd (indoor)
 2005 - 5th (outdoor); 8th (indoor)
 2004 - 6th (outdoor); 7th (indoor)
 2003 - 9th (outdoor); 6th (indoor)
 2002- 7th (outdoor); 5th (indoor)
 2001 - 8th (outdoor)

National Team Finishes (M)

2008 – 7th (indoor)
 2007 – 4th (indoor)

NCAA West Regional Team Finishes (W)

2008 – 4th
 2007 – 4th
 2006 – T1st
 2005 - 1st
 2004 - 3rd
 2003 - 2nd

NCAA West Regional Finishes (M)

2008 – T9th
 2007 – 7th

Pacific-10 Team Finishes (W)

2008 – 2nd
 2007 – 2nd
 2006 - 2nd
 2005 - 1st
 2004 - 2nd
 2003 - 2nd
 2002 - 3rd
 2001 - 3rd
 2000 - 3rd

Pacific-10 Team Finishes (M)

2008 – 5th

Mountain Pacific Sports Federation (W)

2008 – 2nd
 2007 – 2nd
 2006 - 1st
 2005 - 1st
 2004 - 1st
 2003 - 1st

Mountain Pacific Sports Federation (M)

2008 – 3rd
 2007 – 4th

National & International Competition

2008

Arantxa King, Olympic Games (Bermuda), Long Jump
 Erica McLain, Olympic Games (USA), Triple Jump
 Erica McLain, U.S. Olympic Trials, Triple Jump, (Bronze Medal)

2007

Erica McLain, USA National Championships, Triple Jump (Bronze Medal)
 Richard Sherman, USA Jr. National Championships, Triple Jump (6th place)

2006

Erica McLain, 2006 NACAC U-23 championships (Silver Medal), triple jump
 Janice Davis, USA National Championships, 200m (6th place)

2005

Wopamo Osaisai, Junior Pan Am Championship, 100m
 Wopamo Osaisai, United States Junior National Championship, 100m (2nd place); 200m (5th place)
 Deborah Akinniyi, United States Junior National Championship, triple jump
 Erica McLain, World Track & Field Championship, triple jump
 Erica McLain, United States Senior National Championship, triple jump (1st place)

2004

Feranmi Okanlami, United States Junior National Championship, triple jump

2003

Milton Little, United States National Championship, long jump
 Solomon Welch, Junior Pan Am Games, triple jump
 Solomon Welch, United States Junior National Championship, triple jump (1st place)

2002

Lillian Bush, United States Junior National Championship, heptathlon
 Gerren Crochet, United States Junior National Championship, 400m hurdles
 Solomon Welch, United States Junior National Championship, triple jump
 Undine Becker, United States Junior National Championship, 100m hurdles
 Undine Becker, United States Junior National Championship, long jump
 Keisha Gaines, United States Junior National Championship, 400m
 Ahimsa Hodari, United States Junior National Championship, heptathlon
 Christine Moschella, United States Junior National Championship, 400m

2001

Lillian Bush, United States Junior National Championship, heptathlon
 Lindsey Johnson, United States Junior National Championship, 100m hurdles

1999

Warrick McDowell, United States Junior National Championship, triple jump
 Tracye Lawyer, USA Track & Field Championship, heptathlon
 Robyn Woolfolk, United States Junior National Championship, 100m hurdles

NCAA Champions

2008

Erica McLain (triple jump)
 Erica McLain (indoor triple jump)

2007

Erica McLain (indoor triple jump)
 Garrett Heath (indoor DMR)
 Zach Chandy (indoor DMR)
 Michael Garcia (indoor DMR)
 Russell Brown (indoor DMR)

NCAA All-Americans

2008

Andrew Dargie, DMR (i)
 Hakon DeVries, DMR (i)
 Jacob Evans, DMR (i)
 Garrett Heath, mile (i), DMR (i), 1500m
 Graeme Hoste, pole vault (i)
 Josh Hustedt, heptathlon (i)
 Lindsay Allen, 3000m steeplechase
 Lauren Centrowitz, 3000m (i), DMR (i)
 Alex Gits, 10,000m
 Alicia Follmar, mile (i), DMR (i)
 Arianna Lambie, 3000m (i), DMR (i)
 Danielle Maier, javelin
 Erica McLain, long jump (i), triple jump (i), long jump, triple jump
 Idara Otu, DMR (i)
 Teresa McWalters, 5000m

2007

Russell Brown, mile (i), DMR (i), 1500m
 Zach Chandy, DMR (i)
 Michael Garcia, DMR (i)
 Garrett Heath, mile (i), DMR (i), 1500m
 Graeme Hoste, pole vault (i), pole vault
 Josh Hustedt, heptathlon (i)
 Michael Robertson, discus
 Lauren Centrowitz, 1500m
 Arianna Lambie, 3000m (i), 5000m (i), 1500m
 Erica McLain, triple jump (i), triple jump, long jump
 Teresa McWalters, 5000m

2006

Russell Brown, mile (i), 1500m
 Joaquin Chapa, DMR
 Michael Garcia, DMR
 Jacob Gomez, 3000m (i)
 Brett Gotcher, 10,000m
 Garrett Heath, DMR
 Jonathan Pierce, 3000m steeplechase

2000

Evan Kelty (indoor DMR)
 Jayna Smith (indoor DMR)

1999

Tracey Lawyer, heptathlon

Rolf Steier, 1500m
 Chauntae Bayne-Hackett, 60m (i), 200m (i)
 Janice Davis, 100m, 200m (i)
 Ashley Freeman, DMR, 800m
 Keisha Gaines, DMR
 Arianna Lambie, 3000m (i), mile (i), DMR
 Erica McLain, triple jump (i), triple jump, long jump, long jump (i)
 Teresa McWalters, 3000m (i)
 Amanda Trotter, 3000m (i), DMR
 Katy Trotter, 3000m, 5000m

2005

Erica McLain, long jump (i), triple jump, triple jump (i)
 Christine Moschella, (indoor DMR)
 Chinny Offor (indoor DMR)
 Nick Sebes (indoor DMR)
 1600m relay (Christine Moschella, Janice Davis, Ashley Freeman, Nashonme Johnson)

2004

Janice Davis (400m relay)
 Ashley Freeman (indoor DMR)
 Nashonme Johnson (400m relay)
 Christine Moschella (400m relay)
 Chinny Offor (indoor DMR)
 Ashley Purnell (400m relay)

2003

Nick Sebes (indoor DMR)
 Christine Moschella (indoor DMR)

2002

Curtis Goehring (indoor DMR)
 Christine Moschella (indoor DMR)

2000

Evan Kelty (indoor DMR)
 Jayna Smith (indoor DMR)

1999

Tracey Lawyer, heptathlon



NCAA West Regional Champions

2008 Garrett Heath, 1500m Erica McLain, long jump, triple jump	2005 Janice Davis (100m) 1600m relay team (Chinny Ofor, Ashley Freeman, Nathonme Johnson, Janice Davis)
2007 Arianna Lambie, 1500m Erica McLain, triple jump Teresa McWalters, 5000m	2003 1600m relay (Milton Little, Gerren Crochet, Curtis Goehring, Nick Sebes)
2006 Erica McLain, triple jump Nathonme Johnson, 400m	

Pacific-10 Conference Champions

2008 Garrett Heath, 1500m Wopamo Osaisai, 100m Erica McLain, long jump, triple jump Alex Gits, 10,000m	2006 Chauntae Bayne-Hackett, 400m Arianna Lambie, 1500m Erica McLain, long jump, triple jump 1600m relay (Nathonme Johnson, Ashley Freeman, Janice Davis, Chauntae Bayne-Hackett)
2007 Russell Brown, 1500m Arianna Lambie, 1500m Erica McLain, triple jump Teresa McWalters, 10,000m	2005 Undine Becker, 400m hurdles Erica McLain, long jump, triple jump
	2002 Milton Little, long jump
	1999 Tracye Lawyer, heptathlon

MPSF Indoor Champions

2008 Garrett Heath, mile Graeme Hoste, pole vault Josh Hustedt, heptathlon DMR (Hakon DeVries, Andrew Dargie, Jacob Evans, Garrett Heath) Alex Gits, 5000m Arianna Lambie, 3000m Erica McLain, triple jump Lauren Stewart, pentathlon DMR (Lauren Centrowitz, Idara Otu, Alicia Follmar, Arianna Lambie)	2005 Janice Davis, 60m, 200m Nathonme Johnson, 400m Erica McLain, long jump, triple jump 1600m relay (Chinny Ofor, Christine Moschella, Nathonme Johnson, Ashley Freeman)
2007 Arianna Lambie, 5000m Sarah (Griffin) Matthew, long jump Erica McLain, triple jump	2004 Ashley Freeman, 400m 1600m relay (Chinny Ofor, Nathonme Johnson, Keisha Gaines, Ashley Freeman)
2006 Russell Brown, mile Jacob Gomez, 3000m DMR (Russell Brown, Garrett Heath, Michael Garcia, Joaquin Chapa) Chauntae Bayne-Hackett, 60m Janice Davis, 200m Arianna Lambie, mile, 3000m Erica McLain, long jump, triple jump 1600m relay (Keisha Gaines, Nathonme Johnson, Chauntae Bayne-Hackett, Janice Davis) DMR (Amanda Trotter, Ashley Freeman, Arianna Lambie, Katy Trotter)	2003 1600m relay (Nathonme Johnson, Ashley Purnell, Chauntae Bayne, Christine Moschella)

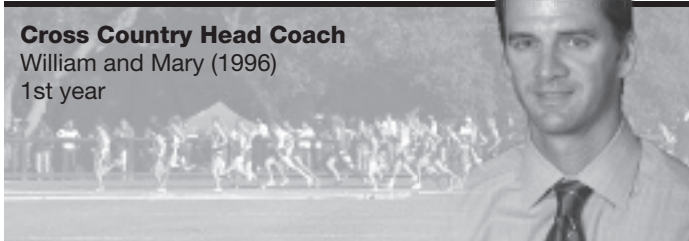
School Records

2008 Myles Bradley, 60m hurdles (i), 7.78 Myles Bradley, 110m hurdles, 13.78 Graeme Hoste, pole vault (i), 18-4 ¾ (5.61m) Danielle Maier, javelin, 174-0 (53.04m) Erica McLain, triple jump (i), 46-7 ¼ (14.20) Lauren Stewart, pentathlon (i), 3,924 points	2004 400m relay (T.J. Rushing, Nick Sebes, Curtis Goehring, Stanley Wilson), 39.71 Nathonme Johnson, 400m, 52.40 400m relay (Janice Davis, Nathonme Johnson, Christine Moschella, Ashley Purnell), 44.18 1600m relay (Chinny Ofor, Christine Moschella, Janice Davis, Nathonme Johnson) 3:33.09 1600m relay indoors (Chinny Ofor, Nathonme Johnson, Keisha Gaines, Ashley Freeman) 3:40.19
2007 Michael Robertson, Discus, 205-09 (62.71m) Lindsay Allen, 3000m Steeplechase, 10:01.53 Erica McLain, triple jump, 46-05 ¼ (14.15m)	2003 Milton Little, 60m (i), 6.88 Justin Williams, 60m hurdles (i), 8.03 1600m relay indoors, 3:10.40 Jakki Bailey, 60m (i), 7.35 Lindsey Johnson, 100m hurdles, 13.48 Ashley Purnell, 200m (i), 23.88 400m relay (Undine Becker, Chauntae Bayne, Christine Moschella, Nathonme Johnson) 45.22 1600m relay (Chinny Ofor, Christine Moschella, Lindsey Johnson, Nathonme Johnson), 3:34.82 1600m relay indoors (Nathonme Johnson, Ashley Purnell, Chauntae Bayne, Christine Moschella), 3:43.37 1600m relay indoors (Gerren Crochet, Milton Little, TJ Rushing, Nick Sebes), 3:10.40
2006 Chauntae Bayne-Hackett, 100m, 1.15; 200m, 22.78; 400m, 52.35; 60m (i), 7.21; 200m (i), 22.77 4x1500m relay (Amanda Trotter, Lauren Centrowitz, Katy Trotter, Arianna Lambie), 17:18.83 DMR (Katy Trotter, Janice Davis, Ashley Freeman, Arianna Lambie), 10:58.72 Sarah Hopping, hammer, 219-8 (66.96m) Danielle Maier, javelin, 165-1 (50.31m) Wopamo Osisai, 60m (i), 6.83 Myles Bradley, 60m hurdles (i), 8.03 Josh Hustedt, heptathlon (i), 5,359 points Anna McFarlane, pole vault (i), 13-1 (3.99m) Lauren Stewart, pentathlon (i), 3,788 points	2002 1600m relay indoors (Milton Little, Evan Kilty, Nick Sebes, Curtis Goehring), 3:10.97 Lindsey Johnson, 60m hurdles (i), 8.42
2005 Wopamo Osaisai, 60m (i), 6.83; 100m, 10.39 (also frosh record); 200m, 21.04 (frosh record) Nick Sebes, 400m (i), 46.88 Janice Davis, 60m (i), 7.31; 200m (i), 23.70 Erica McLain, triple jump, 45-11 ¾ (14.01m); triple jump (i), 45-7 ¼ (13.90m) Ashley Purnell, 400m (i), 53.57 1600m relay (Christine Moschella, Janice Davis, Ashley Freeman, Nathonme Johnson), 3:29.39 1600m relay indoors (Christine Moschella, Janice Davis, Ashley Freeman, Ashley Purnell), 3:34.92	2001 1600m relay indoors, 3:14.96 Jayna Smith, 400m, 53.27
	2000 Michael Harte, 60m hurdles (i), 8.23 Leroy Sims, 60m (i), 6.40 Wilsa Charles, 60m (i), 7.71 Jayna Smith, 400m (i), 53.76
	1999 Tracye Lawyer, heptathlon, 5,855 points



JASON DUNN

Cross Country Head Coach
William and Mary (1996)
1st year



After a successful eight-year stint at the University of Virginia where he led the Cavaliers to national prominence, Jason Dunn began his first year at Stanford with an outstanding cross country season in the fall.

Dunn led the men's team to a third-place trophy at the 2008 NCAA Championships. He coached freshman Chris Derrick to a seventh overall finish and an All-America honor. In addition, middle-distance star Garrett Heath earned his first cross country All-America honor after his 33rd place finish at the NCAA Championships. Other highlights of the men's season included a race win at the NCAA Pre-nationals and being ranked as high as No. 2 in the nation by the USTFCCA.

On the women's side, Dunn led the young Cardinal to an eighth place finish at the NCAA Championships. At the NCAA West Regional four runners earned all-region honors, led by freshman Laurynne Chetelat who also earned All-Pac-10 honors. At the NCAA's Stanford ran closely together and had a split of just 14 seconds between their No. 1-5 runners to claim eighth place.

Dunn will now begin his first track season on the farm as he will coach the distance runners. Stanford Franklin P. Johnson Director of Track and Field, Edrick Floreal, is thrilled to have Dunn aboard.

"Jason is a young, committed, and accomplished men's and women's coach who embodies the academic and athletic excellence we hold here at Stanford," Floreal said. "We are confident that Jason is the perfect match for Stanford and we are very excited about this new chapter in the program."

Dunn looks forward to his opportunity at Stanford. "I am truly honored by the opportunity to work with such talented student-athletes at one of the finest academic institutions in the world," he said. "I am also looking forward to building upon, and adding to, the rich tradition of Stanford cross country."

At Virginia, Dunn coached teams to the NCAA Championships on eight occasions (four men, four women). He also led the 2005 and 2007 men's squads to ACC titles and in 2005 saw both the men's and women's teams advance to the NCAA Championships, marking the first time in school history both qualified for the championships in the same season. For his efforts, Dunn was honored as the 2005 and 2007 ACC Men's Cross Country Coach of the Year.

Dunn coached the 2007 Virginia men won their second conference title in three seasons and guided first-year Emil Heineking to become just the second Cavalier to be named the ACC Freshman of the Year. Andy Biladeau, also coached by Dunn, garnered Virginia's first-ever selection as the league's top rookie in 2005. The men also returned to the NCAA Championships for the third consecutive year, finishing in an impressive 12th place; the highest finish for Virginia since 1984. Heineking became the first male to earn cross country All-America honors under Dunn, while Emily Harrison earned her second All-America certificate by virtue of her sixth-place individual finish at the national meet. Harrison and Kara Scanlin also earned the distinction in 2005 with their 20th and 25th place finishes, respectively.

In 2004, Dunn led both the men's and women's teams to national ranking as both teams sent individual entries to the NCAA Championships. In 2003, Dunn helped coach the men's team to the national meet for the first time in 20 years. He also saw Jennifer Owen collect a sixth-place finish at nationals in 2001, the highest for a Cavalier since 1982. The 2001 women's squad finished ninth overall, its best finish since the program

won a pair of NCAA championships in 1981 and 1982.

In all, Dunn brought 28 All-ACC honors to 17 cross-country runners in the past eight seasons. This tally was highlighted when seven Cavaliers earned conference honors in 2005, with the men's team winning the league championship for the first time since 1984. Dunn led 23 runners to 40 all-region honors and, five to All-America status.

On the track, Dunn coached 41 All-ACC performances among 20 athletes. He led eight Cavaliers to nine individual ACC Championships and coached six All-Americans. Virginia distance runners recorded 18 NCAA qualifying times during Dunn's tenure, and three school records fell under his guidance.

The 2006-07 year was capped off with Dunn mentoring Stephanie Garcia to the USA junior national steeplechase title in just her first year of competing in the event. Garcia also qualified for the NCAA's in the steeplechase and was joined in that same event by teammate Jan Foerster. Foerster won the ACC title in the 5,000 meters and earned runner-up honors in the steeplechase before smashing the school record in the event at the NCAA Championships, en route to earning All-America honors with his sixth-place finish. Dunn also had four athletes qualify for NCAA's in the 10,000 meters: Andrew Dumm for the men and Emily Harrison, Kara Scanlin and Katie Read for the women. Read earned All-America honors with her 10th-place finish.

Dunn's 2005 men's indoor distance medley team shattered the school record and qualified for the NCAA indoor championships. His 2007 DMR team then bettered the Virginia record by over a second and earned All-America honors with a seventh place finish at the NCAA Indoor Championships.

Between those years, his 2006 men's squad dominated the ACC Outdoor Championships in the distance events, earning 78 points in five events from 800 to 10,000 meters. Led by Andrew Dumm and Ryan Foster's first-place finishes in the 5,000 and 10,000 meters, respectively, the men's distance runners strung together one of the most prolific scoring outputs in conference history. These strong finishes helped Dunn earn the honor of NCAA East Region Men's Assistant Coach of the Year for distance events.

The 2005 indoor ACC title in the 800 meters belonged to McGavock Dunbar, who added it to the outdoor conference title that he won in 2003. Dunn has also guided Will Christian (2004) and Foerster (2007) to the 5,000-meter ACC titles. Additionally, Dana Coons (2001) and Jane Maxwell (2003) each won conference titles in the 10,000 meters. Dawn Cleary also won an ACC championship in the steeplechase in 2003, before earning All-America honors with her sixth-place finish at NCAA's in the same event.

Dunn's athletes and teams have also excelled in the classroom as both the men's and women's cross country squads have been named All-Academic teams each of the past five years. In 2004, the cross country team earned the highest team cumulative GPA for a men's team at Virginia. Additionally, Dunn's athletes have achieved All-Academic status as individuals in cross country and track and field on 22 occasions.

Before coming to Virginia, Dunn served as an assistant coach for Arizona State's men's and women's cross country and track and field teams. While at ASU, Dunn was part of a staff that built the distance program from the ground up. During his tenure, the cross country teams went from having never qualified for the NCAA Championships to finishing 14th and 12th, respectively, in 1999. Additionally, athletes Dunn tutored in his years with the Sun Devils earned three All-American certificates in cross country, and seven more on the track.

Prior to his stint in Tempe, Dunn served as an assistant cross country coach at William and Mary, his alma mater, for the 1996 season. He shared duties in an interim position for a team that ranked in the top 20 nationally and won a Colonial Athletic Conference title.

Dunn served as team captain and belonged to two NCAA-qualifying cross country teams for the Tribe. He also earned all-conference honors in cross country and on the track, where he was the 1996 CAA champion in the steeplechase. Dunn also received All-East honors in the steeplechase and went on to qualify provisionally for the NCAA Championships and the Olympic Trials. Dunn received his B.A. in government from William and Mary in 1996 and a master's in curriculum and instruction with a physical education emphasis from Arizona State in 1999.



KRIS MACK

Assistant Coach
Cal Poly (2000)
6th year



Kris Mack returns to The Farm for his sixth season as the Assistant Coach for the Cardinal men's and women's multi-event athletes and pole vault. Mack joined the Stanford staff in January of 2004 after working as a Physical Therapy Technician at BioMotion Physical Therapy in Thousand Oaks, CA. Coach Mack has been influential in helping Stanford qualify a record number of student-athletes for the NCAA Track and Field Championships.

"Coach Mack is one of the best young minds in the pole vault and multi-events today. The athletes he works with are rewriting the record books every year," said Edrick Floreal, Franklin P. Johnson Director of Track and Field.

Last season Mack led a trio of athletes to All-America honors with Graeme Hoste (pole vault), Josh Hustedt (heptathlon) and Dani Maier (javelin). Hoste completed a season where he set the indoor school record in the pole vault (18-4 3/4), won a MPSF title and finished fourth at the indoor nationals. Hustedt finished as the national runner-up and the MPSF champion in the heptathlon, as well as climbing to No. 3 on the all-time Stanford decathlon list (7,465 points). On the female side, Mack coached Maier to a new school record in the javelin by throwing 174-0. She was also the Pac-10 runner-up and finished ninth at the NCAA Outdoor Championships. In addition, Mack led Lauren Stewart to an MPSF title and a new school record of 3,924 points in the pentathlon. He also led Whitney Liehr to a new Stanford freshman record of 5,186 points in the heptathlon.

During the 2007 season, Mack guided Graeme Hoste to a top-ten finish in the pole vault at the NCAA Indoor Championships, earning the first All-American honors of his collegiate career. Hoste continued to improve under Mack's guidance as he garnered his second All-American honor of the season after earning a fourth-place finish in the pole vault at the NCAA Outdoor Championships. Mack also coached Josh Hustedt to a Stanford-record heptathlon score of 5,837 at the NCAA Indoor Championships, earning the first All-American honor of his career. Hustedt continued to improve in the decathlon as well, scoring a collegiate career best 7,286 points at the Cal Multis (No. 5 all-time at Stanford), where he qualified to compete at the NCAA Outdoor Championships. He also set the Stanford indoor 60-meter hurdle record of 8.03 along the way. On the women's side, Mack coached freshman Kara Bennett to a 12th-place finish in the heptathlon at the Pac-10 Championships.

In 2006, Mack coached Graeme Hoste to a No. 3 collegiate ranking and No. 15 USA National Ranking, with appearances at the Indoor and Outdoor NCAA Championships and the USA National Championships. Hoste's vault of 18-1 (5.51m) ranks second all-time in the Stanford record books. Under Mack's guidance, then-freshman Donell Hill qualified for the NCAA Regionals, qualified for the Pac-10 finals and finished fourth at the USATF Junior National Championships. Hill vaulted 16-7 (5.06m), taking over the No. 2 all-time freshman spot. Mack also coached decathlete Josh Hustedt to a 1,200-

point personal best increase in the decathlon (7070 points, NCAA Provisional Mark and seventh all-time at Stanford). Hustedt was instrumental in scoring points at the Pac-10 Championships with a fourth-place finish in the decathlon and a seventh-place finish in the long jump. Hustedt made huge improvements in many events. Besides the decathlon, Hustedt also qualified for the NCAA West Regional Long Jump Final with a personal-best jump of 24-8 (7.48m). He also improved his pole vault mark from 13-0 to 15-5 (4.70m). During the indoor season, Mack also guided Hustedt to a new indoor school record in the Men's Heptathlon (5,359 points). On the women's side, Mack coached Anna McFarlane to a new indoor school record (13-1, 3.99m) in the women's pole vault. For the second straight year she qualified outdoors for the NCAA Regionals with a vault of 12-11 3/4 (3.96m).

In 2005, Mack coached Hoste and Benjamin Dickens in the pole vault. Hoste vaulted 16-6 3/4 (5.05m), which qualified him for the NCAA West Regional, while Dickens vaulted 16-1 (4.90m) in five different meets. Both were impressive during their first year of collegiate competition, and were able to crack the Top 10 all-time in the Stanford record book. The Cardinal women vaulters also enjoyed productive seasons. McFarlane and Samantha Shepard both competed at the NCAA West Regional. McFarlane vaulted 12-11 3/4 (3.96m) her freshman season, good for fourth on the school's all-time list. Mack also coached decathlete Nick Taylor to a 1,000-point personal best increase in the decathlon (6,832 points) and a fifth-place finish at the Pac-10 Championships in 2005. Taylor also set the indoor school record in the heptathlon (5,104 points).

In 2004, Mack coached senior Jason Goff to a 13-foot personal best increase in the javelin (218-8, 66.67m) and a berth in the NCAA Outdoor Championships in Austin, Texas. Mack also guided Samantha Shepard and Leila Ben-Youssef to NCAA Regional appearances in the women's pole vault. He helped Sally Mills score a personal-best and indoor school record 3,417 points in the women's pentathlon.

Mack has enjoyed success coaching athletes from the prep to the elite levels. In 2003, Mack served as an Assistant Coach at Bloomington North High School in Bloomington, Ind. In just one year at Bloomington North, Mack led four athletes (two throwers/two vaulters) to the Indiana state track and field championship meet. Mack helped guide Bloomington North to the 2003 Sectional and Regional track and field championship titles.

As a Graduate Assistant Coach at Indiana University from 2000-02, Mack helped coach Dino Efthimiou to a fifth-place finish in the pole vault at the NCAA Indoor Championships, earning the senior Hoosier his first All-America award. At Indiana, Mack also coached then freshman Emily Tharpe to an indoor and outdoor school record in the pole vault.

During the 2000 U.S. Olympic Trials, Mack was an Assistant Coach for Sky Jumpers Vertical Sports Club and coached Paula Serrano to a tenth-place finish in the women's pole vault. While working at Sky Jumpers (1996-2000), Mack assisted with the development of many elite high school pole vaulters, including Chelsea Johnson, Shayla Balentine, Monica Pacas and Kasey Lundgren.

As a standout student-athlete at Cal Poly-San Luis Obispo, Mack had a personal best of 17-4 (5.28m) in the pole vault and was a member of the track and field team that qualified five pole vaulters at the 1998 and '99 NCAA Outdoor Championships. Mack graduated Magna Cum Laude from Cal Poly in 2000 with a B.S. in Kinesiology and Biochemistry. In 2002, Mack earned his M.S. in Biomechanics from Indiana University. At Indiana, Mack studied under Jesus Dapena, the Sports Biomechanics high jump specialist for USA Track and Field.

Mack and his wife Paula, the 1999 NCAA Champion in the women's pole vault, have two sons, Travis Calahan and Caleb Laim. They reside in Mountain View, Calif.



DAVID VIDAL

Assistant Coach
Stanford (2006)
3rd year



Former Stanford standout David Vidal enters his third season on The Farm as an assistant coach to the men's and women's cross country and track teams. A 2006 graduate, Vidal ranks among the best steeplechasers in Stanford history.

"David Vidal has been a key ingredient in the success of both of our men's and women's cross country programs," said Franklin P. Johnson Director of Track and Field, Edrick Floreal. "He will continue to play an important role under new head cross country coach Jason Dunn."

Since being hired, Vidal has been the assistant for 37 All-Americans and seven Pac-10 champions.

"David's experience as a student-athlete at Stanford as well as his enthusiasm for the sport make him an invaluable member of our coaching staff," said Dunn. "Our athletes and myself are very fortunate to have him on board."

This season, he assisted the men's cross country team to third place at the NCAA Championships and the women to an eighth-place finish. Both squads were young with many athletes that Vidal recruited. Freshman Chris Derrick finished seventh overall to capture his first All-America honor, while Garrett Heath earned his first All-America honor in cross country after finishing 33rd.

Last track season, Vidal assisted a group of distance runners that combined to earn 10 All-America honors. During the indoor season both the men's and women's distance medley teams placed in the top four at the NCAA Championships. In addition Arianna Lambie (3,000 meters), Lauren Centrowitz (3,000 meters), Alicia Follmar (mile) and Heath (mile) earned All-America status in individual events. During the outdoor season Heath again was named All-American after finishing sixth in the 1,500 meters. On the women's side, Lindsay Allen (3,000-meter steeplechase), Alex Gits (10,000 meters) and Teresa McWalters (5,000 meters) all were honored as All-Americans. In the summer following the collegiate season, Heath went to become a semifinalist at the 2008 U.S. Olympic Trials, while Lambie finished fifth in the 5,000 meters.

In his second season as an assistant coach, the women's cross country squad captured its third straight NCAA cross country title, and fifth in program history. The women swept every postseason race, including winning its 12th consecutive Pac-10 title, and ninth consecutive West Regional.

In Vidal's first track season, Stanford won the 2007 NCAA Indoor Championship in the distance medley relay. Russell Brown and Heath doubled back from the DMR, finishing second and fourth in the mile while Lambie finished in the top three in both the 3,000 and 5,000 meters. Lambie's time in the 5,000 was an indoor school record. In the 2007 outdoor season, Vidal assisted in three Pac-10 championships with Brown and Lambie in the 1,500 meters and McWalters in the 10,000 meters. Lambie led a 1-2-3 sweep in the Pac-10 1,500 meters with Follmar and Centrowitz second and third. At 2007 NCAA Outdoor Championships, Brown and Lambie both placed third in the 1,500 meters to contribute to a total of six All-America performances. Lambie went on to finish fifth in the 5,000 meters at the U.S. Outdoor Championships while Brown and Heath both made the final in the 1,500 meters. That summer, Vidal traveled to Europe with Brown and Heath where the two ran personal bests in the 800 meters and under 3:40.00 in the 1,500 meters, establishing themselves as elite middle distance runners.

During his first season as assistant coach, the Cardinal women won their second consecutive NCAA title, in addition to capturing the 2006 Pac-10 and West Regional titles. The men's team turned in runner-up finishes at the 2006 Pac-10 and West Regional Championship and finished the season on the podium with a fourth-place finish at the NCAA Cross Country Championship.

As assistant coach, Vidal recruited nationally heralded classes on both the men's and women's sides in each of his first two years on staff. Along with recruiting, Vidal is responsible for any issue that pertains to the Stanford cross country team and the middle distance and distance runners in track. Besides working closely with the athletes, he works year-round to improve the Stanford cross country and track and field programs in every way necessary.

Vidal came to Stanford as a student-athlete in 2001 and ran five years for the Cardinal. Known as a positive leader and consistent competitor, Vidal helped Stanford to a pair of Pac-10 cross country championships, two NCAA West Regional titles and top finishes at the NCAA Cross Country Championships. He was also the 2005 cross country team co-captain.

In track, Vidal was the 2005 Big Meet champion in the 3,000-meter steeplechase before earning runner-up honors in the event at the Pac-10 Championships. He also finished ninth in the steeplechase at

the 2005 U.S. Outdoor Track & Field Championships. Vidal's steeplechase time of 8:43.07 at the 2005 Pac 10 Championship ranks him fifth all-time at Stanford.

A native of Kalispell, Mont., Vidal still holds the high school 1,600-meter state record. He graduated from Stanford in 2006 with a degree in human biology. He was a three-time Pac-10 All-Academic track and field selection and a three-time Pac-10 All-Academic cross country selection during his time on The Farm.



KYLE WHITE

Assistant Coach
Arkansas (1986)
1st year



Kyle White is entering his first year as an assistant coach with Stanford. He will work with the sprinters, short hurdlers, and high jumpers. White comes to Stanford from the University of Arkansas where he spent the last two years as an assistant coach under legendary Razorbacks head coach, John McDonnell.

Last season White coached J-Mee Samuels to third place finishes in both the 60 and 200 meters at the NCAA Indoor Championships. Samuels finished the season ranked in the top-four in both events in Arkansas history. Under White's guidance Arkansas' 4x100-meter relay also qualified for the NCAA Championships in both 2007 and 2008.

White has worked with six athletes that competed in the 2007 IAAF World Championships held in Osaka, Japan. They include Americans Tyson Gay, Wallace Spearmon, Derrick Williams and Samuels, Canadian Jared Connaughton and Jamaican 2-time Olympic Gold-Medalist Veronica Campbell.

Gay won the gold medal in the 100 meters, 200 meters and as a member of the 4x100-meter relay while Campbell won the 100 meters on the women's side.

White, a native of Arlington, Texas, has 15 years of Division I coaching experience and spent eight seasons as an assistant under head coach John Sauerhage at Texas-Arlington. During his time coaching the Mavericks' sprinters, hurdlers, jumpers and relays, White's athletes earned 106 individual Southland Conference titles. He was also a member of eight men's and women's Southland Conference team championships.

Prior to his arrival in Arlington, White spent time as an assistant coach at Bucknell (1996-98), where he coached 14 Patriot League champions and was a member of four Patriot League team championships, and at East Tennessee State (1994-96), where he coached two Southern Conference champions and was a member of two Southern Conference team championships, under legendary head coach Dave Walker.

White competed on the collegiate level for the University of Arkansas (1986-89) and earned three All-Southwest Conference accolades. During his tenure with the Arkansas track and field program, the squad won two NCAA titles and five SWC championships.



ANDREW NINOW

Assistant Coach
Arkansas (1986)
1st year



Andrew Ninow begins his first season coaching throws for Stanford. Last season Ninow was an assistant coach with the University of San Francisco.

Edrick Floreal, the Franklin P. Johnson Director of Track & Field is pleased to have Ninow aboard. "Andrew is one of the nation's top up and coming throws coaches and we are very excited to have him on board," said Floreal, "he is extremely knowledgeable, passionate, and committed to creating a powerhouse throws contingent at Stanford."

At USEF, Ninow coached the female javelin school record holder and conference champion. His male throwers scored a total of 32 points at the conference championships.

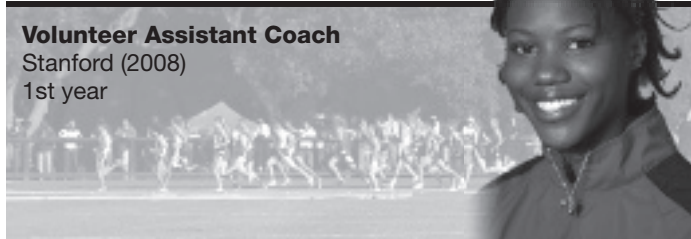
A native of Sacramento, Ninow graduated from UCLA where he majored in Biochemistry and trained under coach Art Venegas. After graduating, Ninow stayed at UCLA as an assistant throws and weight coach before accepting the throws coaching position at the University of San Francisco. He currently resides in Pleasanton with his wife Kristen.

Ninow was a two-time Pac-10 and West Regional competitor for UCLA. His best finish was eighth place at the 2007 NCAA West Regional in the hammer throw. He has a personal best toss of 207-4 in that event.



ERICA McLAIN

Volunteer Assistant Coach
Stanford (2008)
1st year



Erica McLain enters her first year as a volunteer assistant coach for Stanford. She completed her athletic career at Stanford in the spring of 2008 where she was a three-time national champion in the triple jump for the Cardinal.

"Erica is a tremendous addition to our staff," said Franklin P. Johnson Director of Track and Field Edrick Floreal. "She is one of our own and will be a great source of inspiration for our young men and women."

This will be the first coaching job for McLain who trained under Floreal for her entire Stanford career. She will also continue to be coached by Floreal as she pursues a professional career.

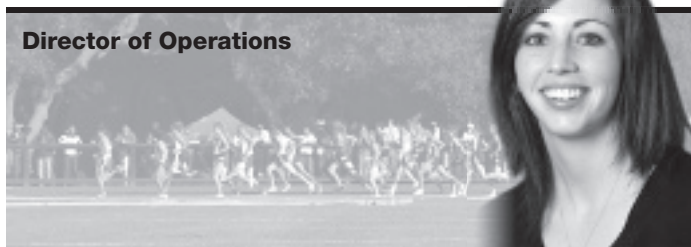
McLain is one of the most decorated athletes in Stanford track and field history. She is a 14-time All-American, having earned four honors in the indoor triple jump, four in the outdoor triple jump, three in the indoor long jump and three in the outdoor long jump. She is also the first athlete ever to win the long and triple jump at the Pac-10 championships two years in a row.

McLain is also the Stanford indoor (46-7 ¼) and outdoor (46-5 ¼) record holder in the triple jump, and second in the indoor (21-4) and outdoor long jump (21-6 ¼).

In the summer of 2008, McLain competed in the U.S. Olympic trials where she finished third in the triple jump to advance to the Olympic Games in Beijing. McLain also qualified for the 2005 World Championships in Helsinki, Finland, when she was just a freshman at Stanford, making her the youngest member of Team USA.

MARY JO ALEXANDER

Director of Operations



Mary Jo Alexander is currently in her third season with the Stanford track and field and cross country programs.

Alexander began as the Operations Manager in 2006 and has since been promoted to Director of Operations. Her day-to-day responsibilities include but are not limited to: budget management, cross country and track and field meet director, and team travel coordinator.

Alexander is the person responsible for putting on the successful Stanford Invitationals in both cross country and track and field, as well as the Payton Jordan Cardinal Invitational and postseason meets.

As a student-athlete at the University of California, Davis, Alexander was an All-American track and field athlete in the 4x100-meter relay. She was also a standout student in the classroom. She graduated from UC Davis in 2004 with bachelor's degrees in Exercise Science and Psychology, respectively, and recently received her Masters degree in Sport Management at the University of San Francisco.

JULIE GUZMAN

Trainer



Julie Guzman is in her first season at Stanford as a Graduate Assistant Athletic Trainer. She works primarily with the cross country and track and field teams and helped the men's and women's cross country teams to third and eighth places finishes, respectfully, at the NCAA Cross Country Championships in the fall of 2008.

Guzman is currently working on her Master's Degree in kinesiology from San Jose State University. She graduated from Eastern Michigan University in 2008 with a Bachelor's degree in athletic training. At Eastern Michigan she worked as an athletic trainer for the Eagles football, softball, swimming, crew and wrestling teams.

Guzman served in the United States Marine Corps from 1998-2002. She is a native of Concord, Calif.

DOUG CONSIGLIO

Massage Therapist



Doug Consiglio has worked in sports re-hap for ten years primarily at the Sports Medicine Institute in Palo Alto. He has a degree in biology from the University of Arkansas and Masters in Education from Auburn University. He is in his fifth year working with Stanford Track and Field.

As an athlete, Consiglio competed in the 1988 Olympics in the 1,500 meters and had the second fastest time in the work in the indoor mile in 1986.

NINA HOLLEY

Trainer



Nina is entering her second year working with the Stanford track and field program as an athletic trainer. In her first season she helped Stanford to top-10 national finishes in women's indoor and outdoor and men's indoor track and field.

She received a Bachelor's Degree in Human Sciences with an emphasis in Sports Medicine/Athletic Training from Florida State University in 2004. In 2006, she graduated from the Sports Medicine Graduate program at the University of Virginia. The abstract for her Master's thesis was submitted in 2007 to the National Athletic Trainers' Association (NATA) Research & Education Foundation and was an award finalist and published in the Journal of Athletic Training.

Holley has previous experience working in collegiate athletics as an undergraduate athletic training student at Florida State. She also gained experience while working as a staff athletic trainer at Fordham University and at Bethune-Cookman University.



2009 WOMEN'S TRACK AND FIELD ROSTER



2009 Women's Track and Field Roster

Name	Event	Year	Hometown (High School)
Emilie Amaro	Distances	FR	Cooper City, FL (Cypress Bay)
Natasha Barthel	Pole Vault	RS FR	Santa Cruz, CA (Saint Francis HS)
Kara Bennett	High-Jump/Multi-Events	JR	Issaquah, WA (Liberty)
Erica Castello	Middle Distances	FR	Nipomo, CA (Nipomo)
Lauren Centrowitz	Distances	SR	Arnold, MD (Broadneck)
Lauryne Chetelat	Distances	FR	Davis, CA (Davis Senior)
Claire Collison	Distances	FR	La Crescenta, CA (Crescenta Valley)
Claire Cormier-Thielke	Middle Distances	SR	Houston, TX (Lamar)
Brittni Dixon-Smith	Long Jump/Sprints	SO	Woodbridge, VA (Woodbridge Senior High)
Madeline Duhon	Distances	SO	Wassenaar, The Netherlands
Tessa Flippin	High Jump	SR	Minneapolis, MN (Minnehaha Academy)
Alicia Follmar	Middle Distances	JR	Saratoga, CA (Saratoga)
Alexandra Gits	Distances	SO	Edina, MN (Edina HS)
Jaynie Goodbody	Multi-Events	JR	Wendell, ID (Wendell)
Georgia Griffin	Distances	FR	Norwich, VT (Hanover)
Shataya Hendricks	Sprints	SO	Ft. Lauderdale, FL (St. Thomas Aquinas)
Caitlin Hewitt	Pole Vault/Long Jump	JR	Greenburg, PA (Greater Latrobe)
Arantxa King	Jumps/Hurdles	SO	Medford, MA (Medford HS)
Molly Kinsella	Throws	FR	Hinsdale, IL (Hinsdale Central)
Josephine Kvist	Sprints/Hurdles	FR	Basking Ridge, NJ (Ridge HS)
Maria Lattanzi	Middle-Distances	FR	Palo Alto, CA (Palo Alto)
Whitney Liehr	Multi-Events/Triple Jump	SO	Palos Verdes Estates, CA (Palos Verdes HS)
Stephanie Marcy	Distances	SO	Sequim, WA (Sequim HS)
Griffin Matthew	Long Jump	JR	Niwot, CO (Niwot)
Sarah McCurdy	Distances	FR	Brightwaters, NY (Bay Shore)
Ashley Menzies	Sprints	SO	Los Angeles, CA (Beverly Hills HS)
Jordan Merback	Hurdles	FR	Casper, WY (Kelly Walsh)
Emma Miller-Bedell	Distances	FR	Orangeburg, NY (Tappan Zee)
Liz Minoofar	Javelin	SO	Leawood, KS (Blue Valley HS)
Sabrina Nettey	Jumps/Sprints	SO	Surrey BC, Canada (Johnston Heights Secondary)
Kate Niehaus	Distances	JR	Columbia, SC (Spring Valley)
Joy O'Hare	Sprints	FR	Colorado Springs, CO (Cheyenne Mountain)
Madeleine O'Meara	Distances	SR	Mercer Island, WA (Mercer Island)
Idara Otu	Sprints/Hurdles	JR	Brooklyn, NY (Middle College)
Victoria Pennings	Distances	SR	Warwick, NY (Warwick)
Kaylin Pennington	Middle Distances	JR	Benicia, CA (Benicia)
Kristin Reese	Distances	FR	Holmes, NY (Carmel HS)
Anne St. Geme	Distances	SO	Newport Beach, CA (Corona Del Mar)
Katerina Stefanidi	Pole Vault	FR	Pallini, Greece (First Pallini)
Lauren Stewart	Multi-Events/Jumps	SR	Brentwood, TN (Brentwood)
Michaela Wallerstedt	Throws	JR	Omaha, NE (Burke)



LAUREN CENTROWITZ

American Record Holder
Five-Time
All-American

Senior
Distances
Arnold, MD
Broadneck



Collegiate Career Bests:

800 Meters – 2:08.95
1,500 Meters – 4:16.13
Mile – 4:37.07i
3,000 Meters – 9:10.99i



2005, '06, '07
Team Champion



Five-Time
All-American

Stanford: A five-time All-America and member of the American record-holding 4x1500 meter relay team from the 2006 Penn Relays ... helped the Cardinal women's cross country team capture the 2005, 2006, and 2007 NCAA titles ... returns for her fifth year and will provide leadership and energy to a talented women's distance squad.

2008 Season (Junior): Qualified for the NCAA Outdoor Championships in the 1,500 meters where she placed eighth in her opening-round heat ... finished fifth at the NCAA West Regionals in the 1,500 meters to earn her trip to the NCAA's ... placed second in the 1,500 meters and third in the 5,000 meters at the Pac-10 Championships ... ran a collegiate-best time of 4:16.13 in the 1,500 meters at the Payton Jordan Cardinal Invitational ... earned two All-America honors at the NCAA Indoor Championships after finishing fourth in the 3,000 meters and as a member of the distance medley relay team that finished third ... finished third in the 3,000 meters and fifth in the mile at the MPSF Championships.

2007 Season (Sophomore): Earned All-American honors with a career-best 4:19.34 and ninth-place finish in the 1,500 meters at the NCAA Championships ... placed third in the 1,500 meters at the NCAA West Regional to qualify for the NCAA Championships ... took second in the 1,500 meters with a time of 4:19.76 at the Pac-10 Championships ... redshirted the indoor season.

2006 Season (Freshman/Sophomore): A member of the 4x1,500 meter relay team that broke the American record, shattered the school record and ran the second-fastest time in collegiate history ... ran a then season-best 4:22.89 to finish second in the 1,500 meters at the Mt. SAC Relays ... also logged a season-best 2:12.63 in the 800 meters at the Stanford Invitational ... indoors, runner-up in the mile at the MPSF Championships with a season-best time of 4:46.00.

2005 Season (Freshman): Competed in the finals of the 1,500 meters at the 2005 U.S. Junior Outdoor Championship ... indoors, finished fourth in the mile at the MPSF Championships ... ran a season-best 4:46.42 in the mile at the New York Army Invitational ... redshirted the outdoor season.

International Competition: Competed in the 1,500 meters at the 2005 Pan Am Junior Championships in Windsor, Ontario, Canada.

High School: A 2004 graduate of Broadneck High School ... finished third in the mile at the Nike Indoor Championships during her senior season ... 2004 Penn Relays runner-up in the mile ... gained All-America honors in the 1,500 meters at the 2003 U.S. Junior National Championships ... won eight state high

school titles in the 800 meters, mile and two-mile ... two-time Maryland cross country champion.

Cardinal Catalogue: Political science major and history minor ... parents are Matt and Beverly Centrowitz ... father was the American record-holder in the 5,000 meters and now coaches at American University ... selected as a 2007 and 2008 Pac-10 All-Academic honorable mention ... named to the 2005 Pac-10 All-America team ... Academic All-MPSF in 2008.



ALICIA FOLLMAR

Two-Time All-American

Senior
Middle Distances
Saratoga, CA
Saratoga



Collegiate Career Bests:

- 800 Meters – 2:07.69
- 1,500 Meters – 4:17.24
- Mile – 4:40.23i
- 3,000 Meters – 9:14.98i



2005, '06, '07
Team Champion



Two-Time
All-American

Stanford: Earned her first two All-America honors during the 2008 indoor season ... an experienced member of the national championship cross country teams at Stanford ... a middle-distance specialist who should compete on the national scene during her final year on The Farm.

2008 Season (Junior): Advanced to the 2008 NCAA Outdoor Championships in the 1,500 meters where she placed sixth in her semifinal heat ... placed fourth at the NCAA West Regional in the 1,500 meters with a career-best time of 4:17.24 ... placed third in the 1,500 meters and seventh in the 800 meters at the Pac-10 Championships ... earned a pair of All-America honors at the 2008 NCAA Indoor Championships with her 10th place finish in the mile and as a member of the third-place distance medley relay team ... finished fourth at the MPSF Championships in the 800 meters with an indoor collegiate best time of 2:08.59.

2007 Season (Sophomore): Posted an 11th-place finish in the 1,500 meters at the NCAA Championships, after recording a career-best time of 4:17.90 in the prelims ... finished 12th in the 1,500 meters at the NCAA West Regional, qualifying for the NCAA Championships ... placed third in the 1,500 meters at the Pac-10 Championships ... Finished third in the mile at the MPSF Indoor Championships ... ran an indoor personal-best 4:46.00 mile at the UW Invitational.

2006 Season (Freshman): Finished seventh in the 800 meters at the Pac-10 Championships, also competing at the NCAA West Regional ... ran a season-best 2:07.69 in the 800 meters at the Mt. SAC Relays ... posted a season-best 4:24.49 in the 1,500 meters at the Stanford Invitational ... indoors, recorded a season-best 2:12.22 in the 800 meters at the Washington Invitational ... ran a season-best 4:46.92 in the mile to finish third at the MPSF Championship.

High School: A two-time California state champion in the 1600 meters ... a four-time Central Coast Section champion, winning the 1,600 and 800 meters during her senior year ... won 10 De Anza Division titles in track and field in the 800, 1,600, 3,200 and 4x400 meters ... the 2004 California state Division III champion in cross country ... the CCS cross country champion ... the Stanford Invitational cross country champion ... a three-time De Anza Division cross country champion.

Cardinal Catalogue: Human biology major ... parents are Ken and Debbie Follmar ... Named to the 2006 USTFCCCA All-Academic Track and Field Team ... selected as a 2006 and 2008 Pac-10 cross country All-Academic honorable mention ... named a 2007 and 2008 Pac-10 track and field All-Academic Honorable Mention ... 2008 MPSF All-Academic for indoor track.



ALEXANDRA GITS

All-American

Sophomore
Distances
Edina, MN
Edina

Collegiate Career Bests:

3,000 Meters – 9:36.71i
5,000 Meters – 16:29.14i
10,000 Meters – 33:19.12



2007 Team
Champion



All-American



2008 Champion
10,000 Meters

Stanford: Burst onto the scene during her freshman season at Stanford where she earned an All-American honor in the 10,000 meters ... a member of the 2007 NCAA Champion cross country team ... looks to continue an impressive young career at Stanford with an emphasis on long distances.

2008 Season (Freshman): Earned an All-American honor at the 2008 NCAA Outdoor Championships with her third-place finish in the 10,000 meters ... Pac-10 champion in the 10,000 meters ... ran a collegiate best time of 33:19.12 in the 10,000 meters at the Payton Jordan Cardinal Invitational, the third-fastest time ever by a Stanford freshman ... MPSF champion in the 5,000 meters ... also finished seventh in the 3,000 meters at the MPSF Championships.

High School: The 2006 Minnesota state cross country champion ... 2007 Minnesota state track and field 3,200-meter state champion ... finished fourth at the 2006 Foot Locker Cross Country Midwest Regional ... finished sixth at the 2006 Foot Locker National Cross Country Championships ... owns the Edina High School record in the 1,600 meters, the 3,200 meters, and the 5,000 in cross country ... the 2007 USA Track and Field junior national runner-up in the 5,000 meters along with a fourth-place finish in the 3,000 meters ... ran the nation's fourth-fastest 5,000 meter time (16:50.47) as a junior in 2007.

Cardinal catalogue: Undeclared major ... parents are Charlie and Kim Gits ... has two brothers, Hunter and Colton ... Pac-10 All-Academic honorable mention for cross country in 2008.



ARANTXA KING

2008 Olympian

Sophomore
Jumps
Medford, MA
Medford

**Collegiate Career Bests:**

100 Meters – 12.10

200 Meters – 24.74

Long Jump – 21-0 $\frac{3}{4}$ (6.42m)i

Triple Jump – 42-0 (12.80m)i



2008 Beijing Olympian
Long Jump



2008 NCAA Qualifier
Indoor Long Jump

2008 Season (Freshman): Placed sixth at the NCAA West Regional in the long jump with a season-best jump of 20-3 ... finished fourth in the long jump and ninth in the triple jump at the Pac-10 Championships ... qualified for the NCAA Indoor Championships in the long jump where she finished 10th ... placed third at the MPSF Championships in the long jump with a career-best of 21-0 $\frac{3}{4}$... also placed fifth in the triple jump at the MPSF Championships.

International Competition: A 2008 Olympian for Bermuda where she competed in the prelims of the long jump ... 2005 IAAF World Youth champion ... Carita (Caribbean) Games medalist in 2004-2006 ... CAC Games medalist in 2004 and 2006 ... finished 10th at the 2006 World Juniors IAAF ... 2005 Pan American junior champion and 2007 medalist ... finished eighth at the 2007 Pan American Games ... competed at the 2006 Commonwealth Games.

High School: New England Gatorade Track and Field Athlete of the Year from 2005-2007 ... 2005 Bermuda Athlete of the Year ... captured the 2005 World Youth long jump championship ... four-time Massachusetts long jump champion ... ranked first nationally for the long jump and sixth nationally for the triple jump in 2005 ... Bermuda national junior and senior record-holder for the long jump and triple jump ... owns the Massachusetts and New England high school long jump records ... 2005 and 2006 outdoor high school national champion in the long jump and the 2006 outdoor champion in the triple jump.

Cardinal Catalogue: Undeclared major ... parents are Adrian King and Branwen Smith-King.



IDARA OTU

All-American

Senior
Sprints/Hurdles
Brooklyn, NY
Middle College



Collegiate Career Bests:

60-Meter Hurdles – 8.99
200 Meters – 24.92
400 Meters – 55.07i
400-Meter Hurdles – 1:02.57



All-American

Stanford: Earned her first All-America honor as a member of the distance medley relay team at the NCAA Indoor Championships ... returns for her senior year where she will be a key contributor in the sprints and hurdles.

2008 Season (Junior): Finished 15th at the Pac-10 Championships in the 400 meters ... ran a season best in the 400-meter hurdles at the Big Meet to finish fourth ... season best-time of 55.40 in the 400 meters came at the Payton Jordan Cardinal Invitational ... earned her first career All-America honor running the 400-meter leg of the distance medley relay for a Stanford team that took third at the NCAA Indoor Championships ... finished seventh at the MPSF Championships in the 400 meters.

2007 Season (Sophomore): Took 10th with a season-best 1:02.59 in the 400-meter hurdles at the Pac-10 Championships ... ran a season-best 57.17 400 meters at the Triton Invite ... finished 12th with a season-best 57.54 in the 400 meters at the MPSF Indoor Championships ... ran an indoor career-best 9.45 60-meter hurdles at the Hampton Inn Classic.

2006 Season (Freshman): Ran a season-best 55.29 in the 400 meters at the Stanford Invitational ... Stanford's top 400-meter hurdler, posting a season-best 1:02.57 at the Texas Relays ... a member of the 1,600-meter relay team, that ran 3:39.30 at the Big Meet ... indoors, ran a season-best 55.79 in the 400 meters at the MPSF Championship.

High School: A 2005 graduate of Middle College High School.

Cardinal Catalogue: Management science and engineering and science, technology and society double major with a concentration in chemistry ... selected as Pac-10 All-Academic honorable mention in 2007 and 2008 ... Academic All-MPSF in 2008 ... parents are Dr. Victoria Edem and Effiong Otu.



EMILIE AMARO

Freshman
Distances
Cooper City, FL
Cypress Bay



High School: A high school cross country All-American and two-time Foot Locker finalist ... finished 13th and 25th at the Foot Locker National Cross Country Championships ... a four-time Florida state runner-up in cross country ... ran times of 4:54.40 in the 1,600 meters and 10:28.58 in the two mile in 2008.



Cardinal Catalogue: Considering biomedical engineering as a major ... parents are Nick and Lisa ... brother, Nico, plays football at Harvard.

KARA BENNETT

Junior
High Jump/Multi Events
Issaquah, WA
Liberty



Collegiate Career Bests:

100 Meter Hurdles – 15.57
800 Meters – 2:32.09
High Jump – 5-7 ¾ (1.72m)
Javelin Throw – 141-8 (43.18m)
Heptathlon – 4,799 points
Pentathlon – 3,344(i) points

2008 Season (Sophomore): Posted a career high in the heptathlon at the Pac-10 Multi-Event Championships with a score of 4,799 points ... placed 10th in the high jump at the Pac-10 Championships with a leap of 5-7 ... finished second at the Big Meet in the javelin with a career-best toss of 141-8 ... posted a career best in the pentathlon at the MPSF Championships to finish seventh.

2007 Season (Freshman): Finished 12th in the heptathlon with a career-best 4,416 points at the Pac-10 Championships ... leaped 5-7 (1.70m) to finish 12th in the high jump at the Pac-10 Championships ... posted a career-best 33-05 ¼ (10.19m) in the shot put at the Cal Multis ... placed 10th in the high jump at the MPSF Indoor Championships.

High School: A 2006 graduate of Liberty High School in Renton, Wash. ... captured the 2005 Washington state high school triple jump championship ... also claimed the high jump title at the 2004 Washington State Championships ... currently holds the high jump record for the Oregon-Washington Meet of Champions (5-7).

Cardinal Catalogue: Engineering major with a minor in energy resources ... parents are Walter and Audra Bennett ... father, Walter, was a quarterback for Washington State University from 1972-1977 ... second team Pac-10 All-Academic in 2008 ... Academic All-MPSF in 2008.



NATASHA BARTHEL

RS Freshman
Pole Vault
Santa Cruz, CA
Saint Francis



2008 Season: Redshirted.

High School: A 2007 graduate of Saint Francis High School ... a two-time third-place finisher in the pole vault at the California State Championships ... finished second in the Central Coast Section ... 2007 CIF State Scholar Athlete ... 2007 CCS Scholar Athlete ... ranked eighth in the nation in 2007 with a vault of 13-0 (3.97m).

Cardinal Catalogue: Undeclared major ... father is Karl Barthel, stepmother is Jacqueline Barthel, and mother is Lisa Burns ... is a classically trained vocalist and a three-time All-State Choir qualifier ... holds a third degree black belt in Shorinji Ryu Karate Do ... sang the national anthem at the 2007 California State meet.



ERICA CASTELLO

Freshman
Middle Distances
Nipomo, CA
Nipomo



High School: The 2008 Southern Section Division III CIF champion at 800 meters ... Nipomo High School team MVP in 2008 ... school record holder in the 100, 200, 400 and 800 meters ... also a member of school-record holding 4x100 and 4x400 meter relay teams ... also a four-year letterwinner in soccer where she was two-time all-league and holds the Nipomo records for goals in a season and career goals ... earned one letter in swimming.

Cardinal Catalogue: Major is undeclared, but considering economics ... parents are Dr. Paul and Kathy Castello ... aunt, Christa Curtin-Savala, ran cross country and track for Stanford.

LAURYNNE CHETELAT

Freshman
Distances
Davis, CA
Davis Senior



High School: The 2007 Division I California cross country champion ... also finished second at the 2007 Foot Locker West Region Championships and 16th at the Foot Locker Cross Country Championships ... ran a personal-best time of 9:52.51 in the 3,200 meters in 2008, the third-best high school time ever.

International Competition: Competed in the World Junior Cross Country Championships in Scotland where she was the third American ... made the World Junior team in the 3,000 meters after winning the United States Junior Trials ... finished sixth at Junior Worlds, the highest American finish in the event, while running 9:15.11, which was the fifth-fastest prep mark ever.

Cardinal Catalogue: Interested in pursuing human biology major ... parents are Roger and Catherine.



CLAIRE COLLISON

Freshman
Distances
La Crescenta, CA
Crescenta Valley



High School: Finished second at the Division I California State Cross Country Meet in 2007 ... also, second at the CIF Southern Section, Pacific League champion, and team MVP ... led La Crescenta to two top-five state finishes in 2006 and 2007 ... personal best for the 1,600 meters is 4:50, and 10:32 for the 3,200 meters.

Cardinal Catalogue: Undeclared major, but interested in studying biology ... parents are Frank and Sheila Collison.

CLAIRE CORMIER-THIELKE

Senior
Middle Distances
Houston, TX
Lamar



Collegiate Career Bests:

400 Meters – 56.74

800 Meters – 2:10.03

2008 Season (Junior): Competed in the 400 and the 800 meters at that The Big Meet, where she finished fourth and seventh, respectively ... posted a career-best indoor time of 2:12.37 in the 800 meters at the UW Invitational ... placed 11th in the 800 meters at the MPSF Championships.

2007 Season (Sophomore): Posted a sixth-place finish in the 800 meters at the Pac-10 Championships ... ran a career-best 2:10.03 in the 800 meters at the Payton Jordan Cardinal Invitational.

2006 Season: Redshirted.

2005 Season (Freshman): Recorded a season-best 2:10.73 in the 800 meters at the Cardinal Invitational.

High School: A 2004 graduate of Lamar High School ... the 2000 Texas state 5A champion in the 800 meters ... a four-time district champion in the 800 and 1,600 meters ... a three-time District-17 5A cross country champion ... competed at the US Junior Nationals ... finished 12th in the 800 meters at the U.S. Open.

Cardinal Catalogue: Pursuing a masters in civil and environmental engineering after already earning her degree in the subject ... selected as a Pac-10 All-Academic first team member in 2007 and 2008 ... Academic All-MPSF in 2008 ... parents are Rufus and Yvonne Cormier ... father was an All-American running back at Southern Methodist University.



BRITTNI DIXON-SMITH

Sophomore
Long Jump/Sprints
Woodbridge, VA
Woodbridge Senior



Collegiate Career Bests:

100 Meters – 12.44

200 Meters – 25.08i

400 Meters – 55.86

Long Jump – 20-1 3/4 (6.14m)i

2008 Season (Freshman): Placed 12th in the long jump at the Pac-10 Championships ... posted a collegiate-best long jump of 19-5 1/4 at the Payton Jordan Cardinal Invitational ... posted a career-best indoor long jump at the MPSF Championships with a leap of 20-1 3/4 ... also finished 14th in the 200 meters at the MPSF Championships.



High School: All-Mets honorable mention and All-State in the 200 meters and long jump in 2006-07 ... Scholar Athlete of the Year in 2006-07 ... captured the state long jump title in 2005-06 ... long jump region record holder ... Woodbridge Senior High School record holder as a member of the 4x100 and 4x200 relay teams ... first-team All-District and All-Region from 2004-2007.

Cardinal Catalogue: International relations/economics major ... parents are Donald Smith and Lillian Dixon.

MADELINE DUHON

Sophomore
Distances
Wassenaar, The Netherlands
The American School of the Hague



Collegiate Career Bests:

800 Meters – 2:12.76i

1,500 Meters – 4:28.77

2008 Season (Freshman): Scored for Stanford at the Pac-10 Championships she placed seventh in the 1,500 meters ... ran a collegiate-best time of 4:28.77 in the 1,500 meters at the Big Meet to finish third ... season best in the 800 meters came at the Stanford Invitational with a time of 2:14.67 ... placed 10th at the MPSF Championships in the 800 meters with an indoor-best time of 2:12.76.

High School: 17-time International School Sports Tournament (ISST) champion in the 400, 800, 1,500, 4x100 and 4x400 meters ... ISST record holder in 400, 800, 1500, and 4x400 meters ... member of 2006 19-and-under Dutch national club championship team ... holds two indoor, four outdoor, and three relay club records ... competed in national circuit races in the Netherlands and Belgium ... ranked third in the 800 meters and fifth in 1,500 meters in the Netherlands under-19 age group ... personal bests include a 2:09.42 in the 800 meters, 4:37.49 in the 1500 meters, and 57.62 in the 400 meters.

Cardinal Catalogue: Undeclared major ... parents are Chris and Jamie Duhon ... born in Houston, Texas ... 2008 MPSF All-Academic for indoor track ... second-team Pac-10 All-Academic for cross country in 2008.

TESSA FLIPPIN

Senior
High Jump
Minneapolis, MN
Minnehaha Academy



Collegiate Career Bests:

High Jump – 5-8 (1.73m)

2008 Season (Junior): Placed 14th in the high jump at the Pac-10 Championships ... finished second in the high jump at the Big Meet with a season-best leap of 5-7.

2007 Season (Sophomore): Leaped a career-best 5-7 (1.70m) in the high jump at the Payton Jordan Cardinal Invitational.

2006 Season (Freshman): Recorded a season-best high jump of 5-5 (1.65m) at the Payton Jordan Cardinal Invitational ... indoors, leaped a season-best 5-5 1/4 (1.66m) in the high jump at the MPSF Championship.

High School: A 2005 graduate of Minnehaha Academy ... the Minnesota state high jump champion in 2004 ... competed in the high jump with a personal best of 5-9 (1.76m) ... an all-state athlete in basketball, soccer and track.

Cardinal Catalogue: Science, technology and society major ... parents are Tollie Flippin and Karen Johnson ... interns in Stanford's athletic media relations department ... Pac-10 All-Academic in 2008.

Madeline Duhon



Tessa Flippin



JAYNIE GOODBODY

Junior
Throws
Wendell, ID
Wendell



Collegiate Career Bests:

Hammer – 199-4 (60.75m)
Javelin – 140-0 (42.67m)
Weight Throw – 55-5 ¾ (16.91m)i



2008 NCAA Qualifier
Hammer Throw

2008 Season (Sophomore): Qualified for the NCAA Outdoor Championships in the hammer throw where she finished ninth in her opening-round heat ... finished fifth at the NCAA West Regionals to qualify for nationals ... placed seventh in the hammer throw at the Pac-10 Championships ... recorded a season-best hammer throw of 199-4 at the Payton Jordan Cardinal Invitational ... finished 10th in the weight throw at the MPSF Championships.

2007 Season (Freshman): Threw the hammer a season-best 180-1 (54.88m) at the Payton Jordan Cardinal Invitational ... posted a season-best javelin throw of 140-0 (42.67m) at the Big Meet ... took 13th in the hammer throw and 14th in the javelin at the Pac-10 Championships ... posted an indoor season-best 37-10 (11.53m) weight throw at the Hampton Inn Classic.

2006 Season: Did not compete.

High School: A 2005 graduate of Wendell High School ... a 2005 Junior Olympic All-American in the heptathlon ... in 2004 and 2005, finished third in the heptathlon at the Junior Olympic National Championship ... placed second in the pentathlon at the National Scholastic Indoor Championships ... the 2A Idaho state high school champion in the 100 meters (four times), 200 meters (three times), and high jump (two times) ... holds five individual and two relay school records.

Cardinal Catalogue: Psychology major with a minor in political science ... selected as a 2007 NCAA Academic All-American ... 2007 and 2008 Pac-10 All-Academic Honorable Mention ... parents are Steve and Jennifer Goodbody ... father, Steve, was a four-year starter in football at the University of San Diego and is the head coach at Salinas (Calif.) High School.

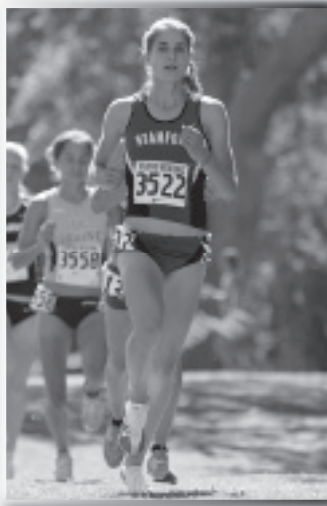


GEORGIA GRIFFIN

Freshman
Distances
Norwich, VT
Hanover



High School: Ran times of 4:55.18 in the 1,600 meters and 10:28.89 in the 3,200 meters during the 2008 season ... during the 2007 track season, ran 4:57.08 in the 1,600 meters and ran 10:33.87 in the two-mile ... the Gatorade New Hampshire State Cross Country Runner of the Year ... won the New Hampshire state cross country championship for the third year in a row, while leading her team to its fourth straight title ... also led her team to a fourth-place national finish at the 2007 Nike Team Nationals with a sixth-place individual finish.



Cardinal Catalogue: Undeclared major at Stanford with an interest in earth sciences and international relations ... parents are Rod Griffin and Kay McCabe.

SHATAYA HENDRICKS

Sophomore
Sprints
Ft. Lauderdale, FL
Saint Thomas Aquinas



Collegiate Career Bests:

60 Meters – 7.55i
200 Meters – 24.48i

2008 Season (Freshman): Recorded season-best times of 7.55 seconds in the 60 meters and 24.48 in the 200 meters at the Husky Invitational.

International Competition: Competed for the Junior World Team at the 2007 Pan American Games.

High School: 2006 and 2007 state 100-meter champion ... 2007 Florida Gatorade Track and Field Athlete of the Year ... 2006 state 200-meter champion ... named an All-American in 2006 and 2007 ... holds the Bob Hayes Invitational 100-meter record (11.30).

Cardinal Catalogue: Biological sciences major ... parents are Craig and Deidra Hendricks.

CAITLIN HEWITT

Junior
Pole Vault
Greensburg, PA
reater Latrobe



Collegiate Career Bests: Pole Vault – 12-11 ½ (3.95m)

2008 Season (Sophomore): Placed 12th in the pole vault at the Pac-10 Championships ... recorded a personal best in the pole vault with a mark of 12-7 ¾ at the Mt. SAC Relays ... finished 11th at the MPSF Championships with an indoor personal best of 12-7 ¼.

2007 Season (Freshman): Finished 12th in the high jump at the Pac-10 Championships ... vaulted a career-best 12-1 ½ (3.70m) at the Triton Invite ... recorded an indoor career-best vault of 12-6 (3.81m) at the UW Invitational ... long-jumped an indoor career-best 17-5 ¼ (5.31m) at the Hampton Inn Classic.

High School: A 2006 graduate of Greater Latrobe High School in Latrobe, Pa. ... captured the 2005 Pennsylvania State pole vault championship ... also claimed the 2005 Western Pennsylvania Interscholastic Athletic League pole vault and long-jump titles ... a four-year cross country competitor, helped her squad to the 2005 state team championship ... named all-state by the Pennsylvania Track and Field Coaches Association (PTFCA) and Pennsylvania Interscholastic Athletic Association in 2005 ... also a 2005 NSSF All-American.

Cardinal Catalogue: Civil and environmental engineering major ... parents are Timothy and Loreen Hewitt ... second team Pac-10 All-Academic in 2008 ... Academic All-MPSF in 2008.



MOLLY KINSELLA

Freshman
Throws
Hinsdale, Ill.
Hinsdale Central



High School: Conference champion in the shot put in both 2007 and 2008 ... sectional champion in the shot put and discus in 2008 ... holds both the indoor and outdoor school records in the shot put for Hinsdale Central ... led Hinsdale to four straight conference titles and two sectional titles ... also competed in basketball for the Hinsdale Central team that was ranked No. 9 nationally by Sports Illustrated ... two-time all-conference and one-time all-area in basketball.

Cardinal Catalogue: Major is undeclared, but interested in English and creative writing ... parents are John Kinsella and Kathy Kalber ... John was a former world record holder in swimmer who competed in two Olympic Games, bringing home one gold medal (800 free relay in 1972) and one silver (1,500 meters in 1968) ... he was also a Sullivan Award winner in 1970, given to the nation's top amateur athlete and is in the International Hall of Fame.

JOSEPHINE KVIIST

Freshman
Sprints/Hurdles
Basking Ridge, NJ
Ridge HS



High School: An All-American in the pentathlon after finishing second at the National Junior Scholastic Indoor Championships in 2006 and 2008 ... 2008 New Jersey state long jump champion in 2008 and third in 2006 ... three top-five finishes at the state meet in the 400 hurdles, including fourth in 2008, third in 2006 and fifth in 2005 ... high school record holder outdoors in the 200, 400 and 800 meters, the 100 hurdles and 400-meter hurdles and the long jump ... indoors, holds high school records in the 200, 400 and 800 meters, the 55-meter hurdles, the long jump and the pentathlon ... 2008 Skyline Conference Scholar Athlete.

Cardinal Catalogue: Major is undeclared, but interested in management science and engineering ... born and raised in Sweden ... parents Jan and Annika Kvist.



MARIA LATTANZI

Freshman
Middle-Distances
Palo Alto, CA
Palo Alto



High School: The Palo Alto native and middle-distance specialist ran the fastest 800-meter times in the state in 2006 ... a two-time California State runner-up in the 800 meters (2006, 2008) and a three-time Central Coast Section champion ... ran 2:09.65 to capture the CCS title ... also won the CCS 400-meter title as a freshman ... holds Palo Alto High records in the 400 meters and the 800 meters.

Cardinal Catalogue: Major is undeclared ... parents are John Lattanzi and Kate Kanaske.

WHITNEY LIEHR

Sophomore
Heptathlon/Triple Jump
Palos Verdes Estates, CA
Palos Verdes



Collegiate Career Bests:

60-Meter Hurdles – 8.60i
200 Meters – 25.80
100-Meter Hurdles – 14.11
High Jump – 5-6 ½ (1.69m)
Long Jump – 19-6 ½ (5.96m)
Triple Jump – 39-10 (12.14m)i
Heptathlon – 5,186 points
Pentathlon – 3,743(i) points

2008 Season (Freshman): Finished fifth in the heptathlon at the Pac-10 Multi-Event Championships with a Stanford freshman record score of 5,186 points ... collegiate best of 19-6 ½ in the long jump came at the Cal Poly Invitational ... finished third at the MPSF Championships in the pentathlon with a career-best score of 3,743 points.

High School: Claimed the 2007 CIF Southern Section Division III triple jump championship for the second straight year ... finished as the 2006 USATF Junior Olympic Heptathlon Runner-up.

Cardinal Catalogue: Undeclared major ... parents are Tom and Elisa Liehr.

STEPHANIE MARCY

Sophomore
Distance
Sequim, WA
Sequim



Collegiate Career Bests:

1,500 Meters – 4:37.85
Mile – 4:57.49i
5,000 Meters – 17:30.41i

2008 Season (Freshman): Placed 16th in the 5,000 meters and 20th in the 1,500 meters at the Pac-10 Championships ... placed 11th in the 5,000 meters at the MPSF Championships with a season-best time of 17:30.41 ... indoor season best in the mile of 4:57.49 came at the Husky Invitational.

High School: Captured the 2007 state 2A 1,600 meter title ... state runner-up in the two mile in 2007 ... won the 2006 cross country state 2A championship ... state cross country runner-up in 2005 ... claimed the 2006 Nike Border Clash title ... recorded personal bests of 4:54 in the mile and 17:41 in the 5000 meters.

Cardinal Catalogue: Undeclared major ... parents are Stuart and Ione Marcy ... honorable mention Pac-10 All-Academic for cross country in 2008.



GRIFFIN MATTHEW

Junior
Jumps/Sprints
Niwot, CO
Niwot



Collegiate Career Bests:

60 Meters – 7.45i
100 Meters – 11.55
200 Meters – 24.58
Long Jump – 20-6 ½ (6.26m)i



2008 NCAA Qualifier 100 meters & long jump

2008 Season (Sophomore): One of two members of the Stanford team to qualify for the NCAA Outdoor Championships in two events (100 meters, long jump) ... recorded collegiate bests to place fifth in both the long jump (20-5) and the 100 meters (11.55) at the NCAA West Regional to advance to the NCAA's in both events ... placed seventh in the 100 meters and eighth in the long jump at the Pac-10 Championships ... placed eighth in the long jump at the MPSF Championships with a season-best of 19-11 ... recorded a season best in the 60 meters at the Husky Invitational with a time of 7.45 seconds.

2007 Season (Freshman): Placed 11th in the long jump with a jump of 18-5 ¼ (5.62m) at the Pac-10 Championships ... finished 11th in the 100-meter dash at the Pac-10 Championships ... took 15th in the long jump at the NCAA Indoor Championships ... captured the long-jump title at the MPSF Indoor Championships with an indoor career-best jump of 20-6 ½ (6.26m) ... ran a career-best 7.53 in the 60-meter dash to place sixth at the MPSF Indoor Championships.

High School: A two-time high school All-American ... 2005 Nike Indoor national champion in the 60 meters and long jump ... Posted the seventh-best mark all-time for the high school girl's long jump with 21-2 (6.45m) ... a member of 2006 U.S. Junior World track and field team ... in 2003, helped set the state record in the 4x100 and was the state runner-up in the long jump, 100 meters and 200 meters ... in 2004, set the state record in the long jump and was the runner-up in the 100 meters and 200 meters ... in 2005, set the state record in the long jump and captured the state championship in the 100 meters, 200 meters and 4x100 meter relay ... in 2006, captured the state championship in the 100 meters and 200 meters and was the state runner-up in the long jump ... holds Colorado state records in the long jump and 4x100 meter relay.

Cardinal Catalogue: American studies major and Spanish minor ... parents are Thomas and Dayna Matthew ... considering careers as a lawyer, diplomat, journalist or politician ... Pac-10 All-Academic honorable mention in 2008 ... Academic All-MPSF in 2008.



SARAH MCCURDY

Freshman
Distances
Brightwaters, NY
Bay Shore



High School: A middle-distance specialist who has a personal best of 4:35.57 in the 1,500 meters and 2:06.96 in the 800 meters ... ran a time of 2:07.75 for 800 meters at the 2008 U.S. Junior Nationals to qualify for the 2008 Junior World Championships ... competed in the World Junior Championships in Poland in the 800 meters.

Cardinal Catalogue: Undeclared major, but considering environmental science ... parents are Brian and Beth ... sister, Mary Liz competed in cross country and track for Stanford ... brother, Patrick played lacrosse at Holy Cross.

ASHLEY MENZIES

Sophomore
Sprints
Los Angeles, CA
Beverly Hills



Collegiate Career Bests:

200 Meters – 26.05i
400 Meters – 56.56

2008 Season (Freshman): Placed 17th at the Pac-10 Championships in the 400 meters ... season best of 56.56 in the 400 meters came at the Payton Jordan Cardinal Invitational ... placed fifth in the 400 meters at the Big Meet.

High School: Took first in the Mt. SAC seeded 400-meter race ... captured the 200- and 400-meter titles in the Ocean League meet three consecutive years ... finished third at the California State Championships in the 400 meters ... placed third in the 400 meters at the Arcadia Invitational ... competed in the Junior Olympic 4x400 and 4x800 relays.

Cardinal Catalogue: Undeclared major ... parents are Sidney and Belinda Menzies.



JORDAN MERBACK

Freshman
Hurdles
Casper, Wyo.
Kelly Walsh



High School: A 10-time high school state champion in Wyoming ... state titles in the 100-meter hurdles (three), the triple jump (two), the 300-meter hurdles, indoor triple jump (two) and the 55-meter hurdles (two) ... owns her high school records in the triple jump, 100-meter hurdles and 300-meter hurdles ... led Kelly Walsh to runner-up finishes at the state meet in 2007 and 2008 and a fourth-place finish in 2006 ... also played ice hockey.

Cardinal Catalogue: Major is undeclared, but interested in sociology and communications ... contemplating a profession as a journalist ... parents are Michael and Janet.

EMMA MILLER-BEDELL

Freshman
Distances
Orangeburg, NY
Tappan Zee



High School: During the 2008 indoor season, ran a time of 2:51.90 for 1,000 meters to rank third nationally ... ranked as the third-fastest half-miler in the country in 2007 ... also ran the seventh-fastest 1,000 meters during the 2007 indoor season with her time of 2:53.60 ... ran a personal-best time of 2:08.84 in the 800 meters.

Cardinal Catalogue: Undeclared major ... parents are Benjamin Bedell and Karin Miller ... brother, Quinn, pole vaulted at Stanford.

LIZ MINOOFAR

Sophomore
Javelin
Lakewood, KS
Blue Valley



Collegiate Career Bests:
Javelin – 128-2 (39.07m)

2008 Season (Freshman): Placed 18th at the Pac-10 Championships in the javelin ... placed third in the javelin and fourth in the discus at the Big Meet.

High School: 2006 state javelin champion ... named a Kansas City Star All-Metro athlete and a Johnson County All-Star member.

Cardinal Catalogue: Undeclared major ... parents are Amir and Maureen Minoofar.

KATE NIEHAUS

Junior
Distances
Columbia, SC
Spring Valley



Collegiate Career Bests:

1,500 Meters – 4:39.08
3,000 Meters – 9:41.83i
5,000 Meters – 16:47.96
10,000 Meters – 36:46.81



2006, '07 Team Champion

2008 Season (Sophomore): Achieved the regional standard in the 5,000 meters at the Stanford Invitational with a time of 16:47.96 ... placed third in the 3,000 meters and fourth in the 1,500 meters at the Big Meet ... placed eighth in the 5,000 meters and 12th in the 3,000 meters at the MPSF Championships.

2007 Season (Freshman): Finished eighth with a career-best 36:46.81 in the 10,000 meters at the Pac-10 Championships ... also ran a 17:26.09 to take 14th in the 5,000 meters at the Pac-10 Championships ... ran an indoor career-best 9:41.83 3,000 meters at the Husky Classic ... finished fourth with a time of 16:56.73 in the 5,000 meters at the MPSF Indoor Championships.

High School: A 2006 graduate of Spring Valley High School in Columbia, S.C. ... four-time All-American in indoor and outdoor track ... 14-time South Carolina champion ... state record-holder in the 1,600 and 3,200 meters ...

2005 Nike Indoor Nationals two-mile champion ... 2005 and 2006 South Carolina Gatorade Athlete of the Year ... 2005 and 2006 Wendy's South Carolina Heisman winner ... four-time Foot Locker Nationals cross country finalist ... cross country state record-holder.

Cardinal Catalogue: Engineering major ... parents are Greg and Elizabeth Niehaus ... first Team Pac-10 All-Academic in cross country in 2008 ... 2007 Pac-10 All-Academic Second Team in cross country ... 2008 Pac-10 All-Academic first team for track and field and MPSF All-Academic for indoor track and field.



SABRINA NETTEY

Sophomore
Jumps/Sprints
Surrey, BC, Canada



Collegiate Career Bests:

Long Jump – 20-5 (6.22m)
Triple Jump – 41-5 (12.62m)

2008 Season: Qualified for the NCAA West Regional in the triple jump... finished fourth in the triple jump at the Pac-10 Championships with a career best leap of 41-5...also competed in the long jump at the Pac-10 Championships... finished fourth in the long jump at the Big Meet with a leap of 19-5 1/2...indoors, finished third in the triple jump at the MPSF Championships...placed sixth in the long jump at the MPSF Championships with a career best of 20-5.

High School: Graduate of Johnston Heights Secondary ... Canadian Youth long jump record holder ... 2007 Canadian Youth champion in the 100 meters and 200 meters... BC High School Most Inspirational Athlete in 2007 ... 2007 BC High School 100 meter, 200 meter, and long jump champion ... 2004 BC High School 100 meter, long jump, and triple jump champion.

JOY O'HARE

Freshman
Sprints
Colorado Spring, Colo.
Cheyenne Mountain



High School: Regional champion in the 100, 200, 400 and 4x100 meters in both 2007 and 2008 ... second at the Colorado state meet in the 100 and 200 meters in 2007 ... in 2008, finished second in the 400 meters and third in the 100 and 200 meters at the state meet ... member of the state champion 4x100 meter relay team in 2007 ... Cheyenne Mountain record holder at 100, 200 and 400 meters as well as being a member of the 4x100 and distance medley relay teams that hold school records ... also a four-year letterwinner in cross country and has competed in mountain biking on the national stage.

Cardinal Catalogue: Major is undeclared, but considering psychology ... parents are Scott and Bea.

MADDIE O'MEARA

Senior
Distances
Mercer Island, WA
Mercer Island



Collegiate Career Bests:

1,500 Meters – 4:37
3,000 Meters – 9:51
3,000-Meter Steeplechase – 10:41.87
5,000 Meters – 17:19.72

2008 Season (Junior): Placed 13th in the 5,000 meters and 25th in the 3,000 meters at the MPSF Championships ... did not compete outdoors.

2007 Season (Sophomore): Posted a 17th-place finish in the 3,000-meter steeplechase at the NCAA West Regional ... finished 10th with a career-best 10:41.87 in the 3,000-meter steeplechase at the Pac-10 Championships ... finished 12th with a career-best 17:19.72 in the 5,000 meters at the Pac-10 ... ran an indoor career-best 5:06.90 mile at the Husky Classic.

2006 Season (Freshman): Posted a season-best 4:41.79 in the 1,500 meters at the Payton Jordan Cardinal Invitational ... ran a season-best 18:37.87 in the 5,000 meters at the Stanford Invitational.

High School: School-record holder in the javelin ... runner-up at the Washington state meet in the 1,600 meters in 2003, also finished third in 2004 ... also played soccer ... a three-year letterwinner who was a first-team all-league midfielder during her junior and senior seasons.

Cardinal Catalogue: Human biology major ... named to the 2007 USTFCCCA All-Academic Track and Field Team ... selected to the 2007 Pacific-10 All-Academic Team ... second team Pac-10 All-Academic in cross country in 2008 ... Academic All-MPSF in 2008 ... parents are Matt O'Meara and Lisa Belden, both Stanford graduates.

VICTORIA PENNINGS

Freshman
Distances
Warwick, NY
Warwick



High School: OCIAA cross country champion during her senior year ... led team with a 14th-place finish at the Nike Team Nationals in cross country ... 2007-08 Warwick Valley High School Female Athlete of the Year ... three-time state champion in the 4x800 meters in track ... 2008 state runner-up in the 1,500 meters in a career best time of 4:33 ... three-time national champion as a member of the 4x800 meters, the DMR indoors, and the DMR outdoors ... Penn Relays American-record holder in the 1,200-meter leg (3:32) of the distance medley relay.

Cardinal Catalogue: Major is undeclared ... parents are Steve and Jill Pennings.



KAYLIN PENNINGTON

Senior
Middle Distances
Benicia, CA
Benicia



Collegiate Career Bests:

800 Meters – 2:09.57i
1,500 Meters – 4:51.47

2008 Season (Junior): Season-best in the 800 meters came at the Brutus Hamilton Invitational with a time of 2:15.53 ... competed in the Cal Poly Invitational in the 1,500 meters with a time of 4:51.47 ... did not compete indoors.

2007 Season (Sophomore): Ran to a seventh-place finish in the 800 meters at the Pac-10 Championships ... posted a career-best 2:09.91 800 meters at the Stanford Invite ... finished 10th in the 800 meters at the MPSF Indoor Championships.

2006 Season (Freshman): A 2005 graduate of Benicia High School ... recorded a season-best 2:11.43 in the 800 meters at the Mt. SAC Relays ... indoors, ran a season-best 2:09.57 in the 800 meters to finish eighth at the MPSF Championship.

High School: Finished first in the 800 meters at the 2005 Golden West Invitational ... holds school records in the mile and 800 meters ... finished 10th at the 2004 USATF Cross Country Junior Olympics, earning All-America honors.

Cardinal Catalogue: Undeclared major ... 2007 Pac-10 All-Academic Honorable Mention ... parents are Terrance and Gretchen Pennington.

KRISTIN REESE

Freshman
Distances
Holmes, NY
Carmel HS



High School: 2008 New York indoor state champion in the 1,000 meters ... 13-time All-State in cross country and track ... five-time All-American in indoor and outdoor track ... ran times of 4:35.90 in the 1,500 meters and 4:52.65 indoors, in the mile during the 2008 season ... her time of 2:52.06 in the indoor 1,000 meters during 2008, ranked fourth nationally for high schoolers ... holds a total of nine school records at Carmel High School with six individually from 600 to 3,200 meters and three relays.

Cardinal Catalogue: Major is undeclared ... Parents are James and Christine ... has two brothers, Kevin, who ran cross country and track for the University of New Haven, and Daniel, who plays rugby for Marist College ... was her high school valedictorian.

ANNE ST. GEME

Sophomore
Distances
Newport Beach, CA
Corona del Mar



2008 Season (Sophomore): Did not compete.

2007 Season: Redshirted

High School: A 2006 graduate of Corona Del Mar High School in Newport Beach, Calif. ... captured the CIF Southern Section Division III and California Division III cross country championships her senior year ... anchored the championship distance medley relay team (second fastest high school team all-time in the U.S.) and was runner-up in the mile at the 2006 Nike Outdoor Championships with a No. 10 all-time high school time of 4:41 ... finished second in the 3,200 meters at the 2006 California State Championships ... 2005 state 1,600-meter champion ... in 2005, anchored the national champion distance medley relay team at the Nike Outdoor Championships, as well as the runner-up 1,600 meter relay team ... recorded personal bests of 2:10.01 in the 800, 4:39 in the 1,600, and 10:15 in the 3,200 meters.

Cardinal Catalogue: American studies major ... daughter of Edmond and Ceci Hopp St. Geme ... mother was an All-American and NCAA champion in track and cross country at Stanford, inducted into the Hall of Fame in 2002 ... father was a free safety on the Stanford football team ... grandfather, four uncles and cousin also played football at Stanford.

KATERINA STEFANIDI

Freshman
Pole Vault
Pallini, Greece
First Pallini



High School: Former national record holder in the pole vault with a mark of 14-4 (4.37 meters) ... also former world youth record holder in the pole vault ... two-time Greek high school national champion ... World Youth Championships gold medalist in the pole vault in 2005 and silver medalist in 2004 ... bronze medalist in the World Junior Championships in 2008 ... also has competed in the European junior and senior championships for Greece.

Cardinal Catalogue: Major is undeclared, but interested in management science and engineering ... father, George, was a former triple jumper for Greece ... mother, Zoi, competed in the 400 meters for Greece.



LAUREN STEWART

Senior
Multi Events/Jumps
Brentwood, TN
Brentwood



Collegiate Career Bests:

100-Meter Hurdles – 14.00
200 Meters – 25.02
800 Meters – 2:23.75
High Jump – 5-10 (1.78m)
Long Jump – 19-6 ¼ (5.95m)
Triple Jump – 42-1 ½ (12.84m)
Heptathlon – 5,440 points
Pentathlon – 3,924 points(i)



2008 NCAA Qualifier heptathlon

2008 Season (Junior): Set a career best in the heptathlon with a score of 5,440 points to place fourth at the Pac-10 Multi-Event Championships ... mark of 120-4 in the javelin at the Pac-10 multis was a career best ... recorded a career-best in the 800 meters with a time of 2:23.75 at the Mt. SAC Relays multi-event competition ... MPSF Champion in the pentathlon with a score of 3,924, which broke her own school record ... recorded a career-best of 8.72 in the 60-meter hurdles at the MPSF Championships.

2007 Season (Sophomore): Ran a career-best 14.00 100-meter hurdles at UCLA ... leaped a career-best 5-10 (1.78m) in the high jump at the Triton Invite ... put the shot a career-best 37-10 (11.53m) at the Payton Jordan Cardinal Invitational ... finished fifth in the pentathlon at the MPSF Indoor Championships ... accumulated a season-best 3,780 points in the pentathlon at the UW Invitational ... posted an indoor career-best high jump of 5-8 (1.73m) at the Hampton Inn Classic ... ran an indoor career-best 2:25.89 in the 800 meters at the UW Invitational.

2006 Season (Freshman): A 2005 graduate of Brentwood High School ... advanced to the NCAA Outdoor Championships in the triple jump ... posted a season-best 42-1 ½ (12.84m) in the triple jump at the NCAA West Regional ... set a freshman record in the heptathlon with 5,141 points at the Pac-10 Championship ... the indoor school record-holder in the pentathlon ... ran a season-best 25.02 in the 200 meters at the Texas Relays ... Stanford's top 100-meter hurdler, posting a season-best 14:36 at the Big Meet ... the Cardinal's top high jumper, recording a season-high of 5-8 ¾ (1.75m) and a season-best javelin throw of 116-4 (35.47m) at the Payton Jordan Cardinal Invitational.

High School: The Junior Pan-Am gold medalist in the heptathlon in 2005 (5,333 points) ... a two-time All-American in track and field ... 2005 Nike Indoor pentathlon champion ... three-time Tennessee state champion in the triple jump and high jump ... A two-time state champion in the long jump and pentathlon ... the Tennessee state record holder in the high jump (6-0, 1.83m) and pentathlon (3,802 points) ... the Great Southwest high jump and triple jump champion in 2005 ... the two-time Tennessee Gatorade Track & Field Athlete of the Year (2004 and 2005).

Cardinal Catalogue: Human biology major ... named to the 2007 USTFCCCA All-Academic Track and Field Team ... selected to the 2007 Pac-10 All-Academic Team ... Pac-10 All-Academic honorable mention in 2008 ... Academic All-MPSF in 2008 ... parents are Tom and Cathy Stewart.

MICHAELA WALLERSTEDT

Senior
Throws
Omaha, NE
Burke



Collegiate Career Bests:

Discus – 162-9 (49.61m)
Shot Put – 51-10 (15.80m)



2008 NCAA Qualifier shot put

2008 Season (Junior): Qualified for the NCAA Outdoor Championships in the shot put ... placed fifth at the NCAA West Regional with a career-best of 51-10 to earn a spot at the NCAA's ... placed eighth in the discus and ninth in the shot put at the Pac-10 Championships ... placed seventh in the shot put at the MPSF Championships ... season best indoors in the shot put came at the Husky Invitational with a mark of 47-11 ¼.

2007 Season (Sophomore): Finished ninth in the shot put at the NCAA West Regional with a season-best mark of 48-4 ¾ (14.75m) ... placed 20th in the discus ... earned a ninth place finish in the discus with a season best mark of 161-11 (49.35m) and finished 13th in the shot put at the Pac-10 Championships ... finished 10th in the shot put at the MPSF Indoor Championships ... put the shot a career-best 46-11 ½ (14.31m) at the UW Invitational.

2006 Season (Freshman): Threw the discus for a season-best 139-10 (42.63m) at the Mt. SAC Relays ... recorded a season-best shot put of 48-5 ½ (14.77m) at the Payton Jordan Cardinal Invitational ... indoors, posted a season-best of 47-11 (14.60m) in the shot put at the Washington Invitational.

High School: A 2005 graduate of Burke High School ... the All-Class Nebraska



state champion in the shot put in 2004 and 2005 ... the All-Class discus champion in 2004 ... Finished 11th at the 2003 World Youth Championships ... also competed in the 2004 World Junior Championships ... the Nike Indoor champion in the shot put in 2004 ... the Adidas Outdoor champion in the shot put and silver medalist in the discus in 2004 ... the Nike Indoor and Adidas Outdoor silver medalist in the shot put in 2005.

Cardinal Catalogue: Human biology major ... parents are Tracy and Chuck Wallerstedt ... Pac-10 All-Academic honorable mention in 2008.



2009 MEN'S TRACK AND FIELD ROSTER



2009 Men's Track and Field Roster

Name	Event	Year	Hometown (High School)
Daniel Belch	Sprints	JR	San Diego, CA (Torrey Pines)
Myles Bradley	Jumps/Hurdles	SR	Norwich, CT (Norwich Free Academy)
Spencer Castro	Middle Distances	SO	Groveland, CA (Sonora HS)
Zach Chandy	Sprints	JR	Laguna Beach, CA (Sage Hill)
Durell Coleman	Sprints/High Jumps	JR	Rockwall, TX (Rockwall)
Cody Cox	Throws	RS FR	Atlanta, GA (The Lovett School)
Andrew Dargie	Sprints	SO	Calgary, AB, Canada (Sir Winston Churchill)
Kyle Davis-Hammerquist	Throws	SR	Berkeley, CA (The Webb School)
Chris Derrick	Distances	FR	Naperville, IL (Neuqua Valley)
Hakon DeVries	Distances	SR	Hopewell Junction, NY (John Jay)
Corey Dysick	Decathlon	SO	Phoenix, AZ (Brophy College Prep)
Jacob Evans	Middle Distances	SR	Watsonville, CA (Aptos)
Dylan Ferris	Middle Distances	FR	Kernersville, NC (East Forsythe)
Ryan Fiscaro	Sprints	SO	Omaha, NE (Creighton Prep)
Brendan Gregg	Distances	SO	Davis, CA (Davis Senior)
Chris Hadley	Sprints/Hurdles	JR	Birmingham, AL (Vestavia Hills)
Kevin Havel	Distances	FR	Arlington Heights, IL (John Hersey)
Elliot Heath	Distances	SO	Winona, MN (Winona Senior)
Garrett Heath	Distances	SR	Winona, MN (Winona Senior)
J.J Jackson	Hurdles	JR	Olympia, WA (Sumner)
Benjamin Johnson	Distances	FR	Albuquerque, NM (Albuquerque Academy)
Oluwadare Kolawole	High Jump	SO	Reston, VA (Potomac School)
Justin Marpole-Bird	Distances	JR	Vancouver, B.C., Canada (St. George's)
Tyrone McGraw	Sprints	JR	San Francisco, CA (Riordan HS)
Jonathan McMaster	Sprints	FR	Baltimore, MD (Gilman School)
Hari Mix	Distances	SR	Charlottesville, VA (Albemarle)
Chris Mocko	Distances	SR	McLean, VA (Thomas Jefferson)
Amaechi Morton	Sprints/Hurdles	FR	Atlanta, GA (Riverwood)
Justin Reed	Middle Distances	JR	Los Angeles, CA (Loyola)
Jake Riley	Distances	SO	Bellingham, WA (Sehome High)
Casey Roche	Pole Vault	SO	Los Altos, CA (St. Francis HS)
Daniel Schaerer	Throws	SR	San Diego, CA (The Bishops School)
J.T. Sullivan	Distances	SO	Rancho Santa Margarita, CA (Trabuco Hills)
Riley Sullivan	Distances	FR	Rancho Santa Margarita, CA (Trabuco Hills)
Geoffrey Tabor	Throws	FR	Ardmore, OK (Ardmore)
Jonah Tang	Sprints	FR	Singapore (Raffles Junior College)
Miles Unterreiner	Distances	FR	Gig Harbor, WA (Gig Harbor)
Carter Wells	Throws	JR	Dallas, TX (J.J. Pearce)



ZACH CHANDY

National Champion All-American

Junior
Sprints
Laguna Beach, CA
Sage Hill



Collegiate Career Bests:

200 Meters – 21.59i
400 Meters – 47.97i
800 Meters – 1:56.04i



2007 National Champion Distance Medley Relay All-American

At Stanford: A former national champion as a member of the Stanford distance medley relay team ... should be a top contributor at 400 meters this season.

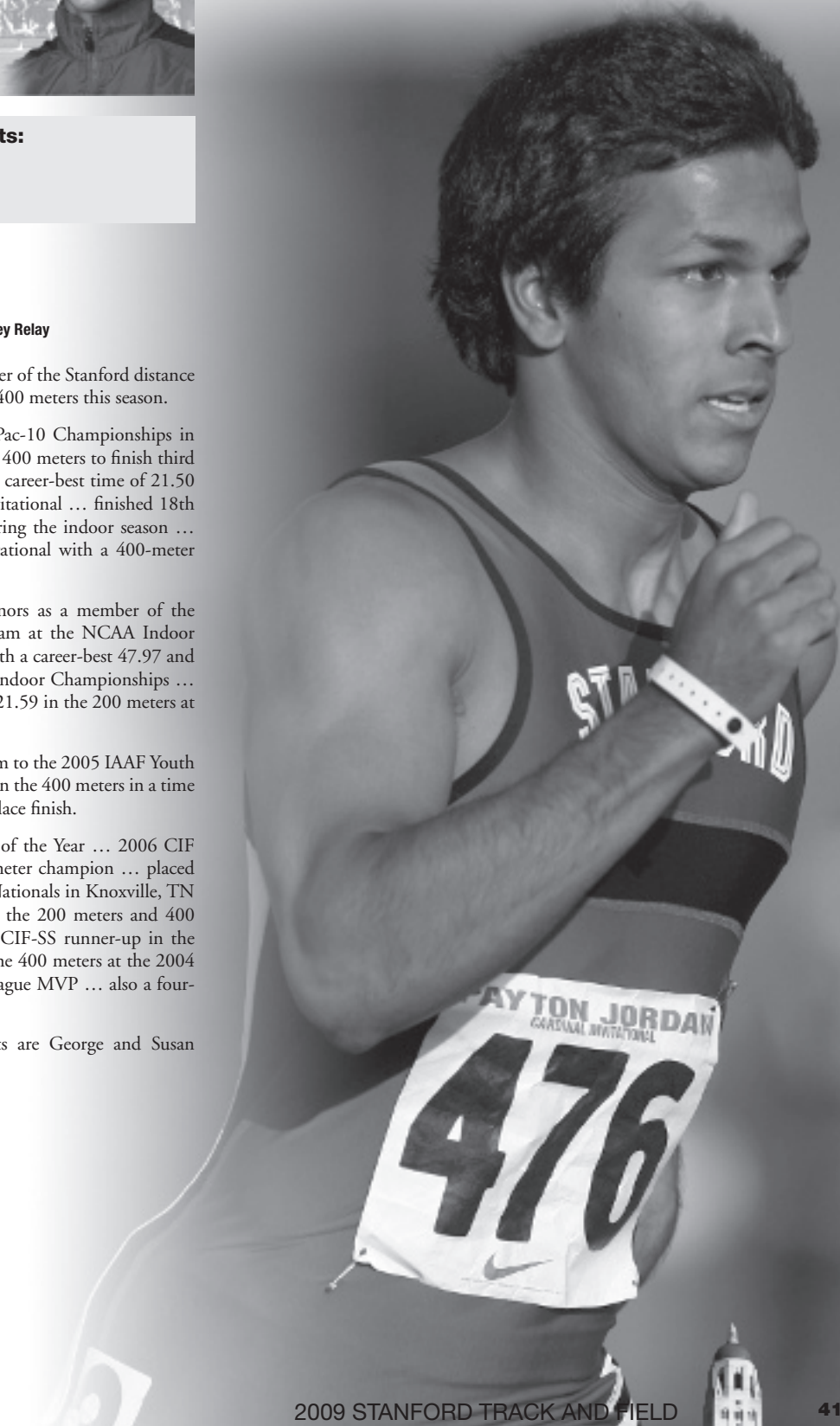
2008 Season (Sophomore): Finished 14th at the Pac-10 Championships in the 400 meters ... ran a career best time 48.11 in the 400 meters to finish third and help Stanford beat Cal in the Big Meet ... ran a career-best time of 21.50 in the 200 meters at the Payton Jordan Cardinal Invitational ... finished 18th at the MPSF Championships in the 400 meters during the indoor season ... recorded season best time indoors at the UW Invitational with a 400-meter time of 48.54.

2007 Season (Freshman): Earned All-America honors as a member of the national indoor champion distance medley relay team at the NCAA Indoor Championships ... placed third in the 400 meters with a career-best 47.97 and placed seventh in the 200-meter dash at the MPSF Indoor Championships ... ran indoor career-bests of 7.03 in the 60 meters and 21.59 in the 200 meters at the Hampton Inn Classic.

International Competition: Captained the USA team to the 2005 IAAF Youth World Championships in Morocco ... placed fourth in the 400 meters in a time of 47.29 ... also led his medley relay team to a first-place finish.

High School: 2006 Academy League Male Athlete of the Year ... 2006 CIF Southern Section Division IV 200-meter and 400-meter champion ... placed third in the 400 meters at the 2005 USATF Junior Nationals in Knoxville, TN ... also the 2005 CIF-SS Division IV champion in the 200 meters and 400 meters, as well as a state finalist in both events ... CIF-SS runner-up in the 200 and 400 meters in 2004 ... finished second in the 400 meters at the 2004 USATF Junior Olympics ... three-time Academy League MVP ... also a four-year letterman in cross country.

Cardinal Catalogue: Undeclared major ... parents are George and Susan Chandy.



ANDREW DARGIE

All-American

Sophomore
Sprints
Calgary, Alberta, Canada
Sir Winston Churchill



Collegiate Career Bests:

200 Meters – 21.31
400 Meters – 46.53



All-American

At Stanford: Coming off a successful freshman season where he earned an All-American honor indoors and qualified for the NCAA Outdoor Championships in the 400 meters ... should be a national competitor at 400 meters this season for Stanford.

2008 Season (Freshman): Qualified for the NCAA Outdoor Championships in the 400 meters, but did not advance out of the prelims ... finished seventh at the Pac-10 Championships in the 400 meters ... Big Meet Champion in the 200 and 400 meters where he ran collegiate best times of 21.31 and 46.53 ... earned his first All-American honor by running the 400-meter leg (46.42 split) of the distance medley relay team that finished fourth at the NCAA Indoor Championships with a time of 9:34.03 ... finished fourth at the MPSF Championships in the 400 meters to help the Cardinal to a third-place finish ... ran an indoor season best in the 400 meters at the UW Last Chance Meet with a time of 46.95 ...

International Competition: Competed at the 2007 Pan American Games, the 2007 World University Games in Bangkok, Thailand, the 2007 Penn Relays, and at the 2006 IAAF World Juniors meet.

High School: A finalist at the 2006 IAAF World Junior Championships in Beijing, China, in the 400 and 4x100 meters ... earned a third place finish in the DMR at the USA vs. The World competition ... anchored the 4x400 meter relay for Canada at the Penn Relays ... high school provincial record-holder (grade 11).

Cardinal Catalogue: Undeclared major ... parents are Robin and Janet Dargie.



CHRIS DERRICK

All-American

Freshman
Distances
Naperville, IL
Neuqua Valley



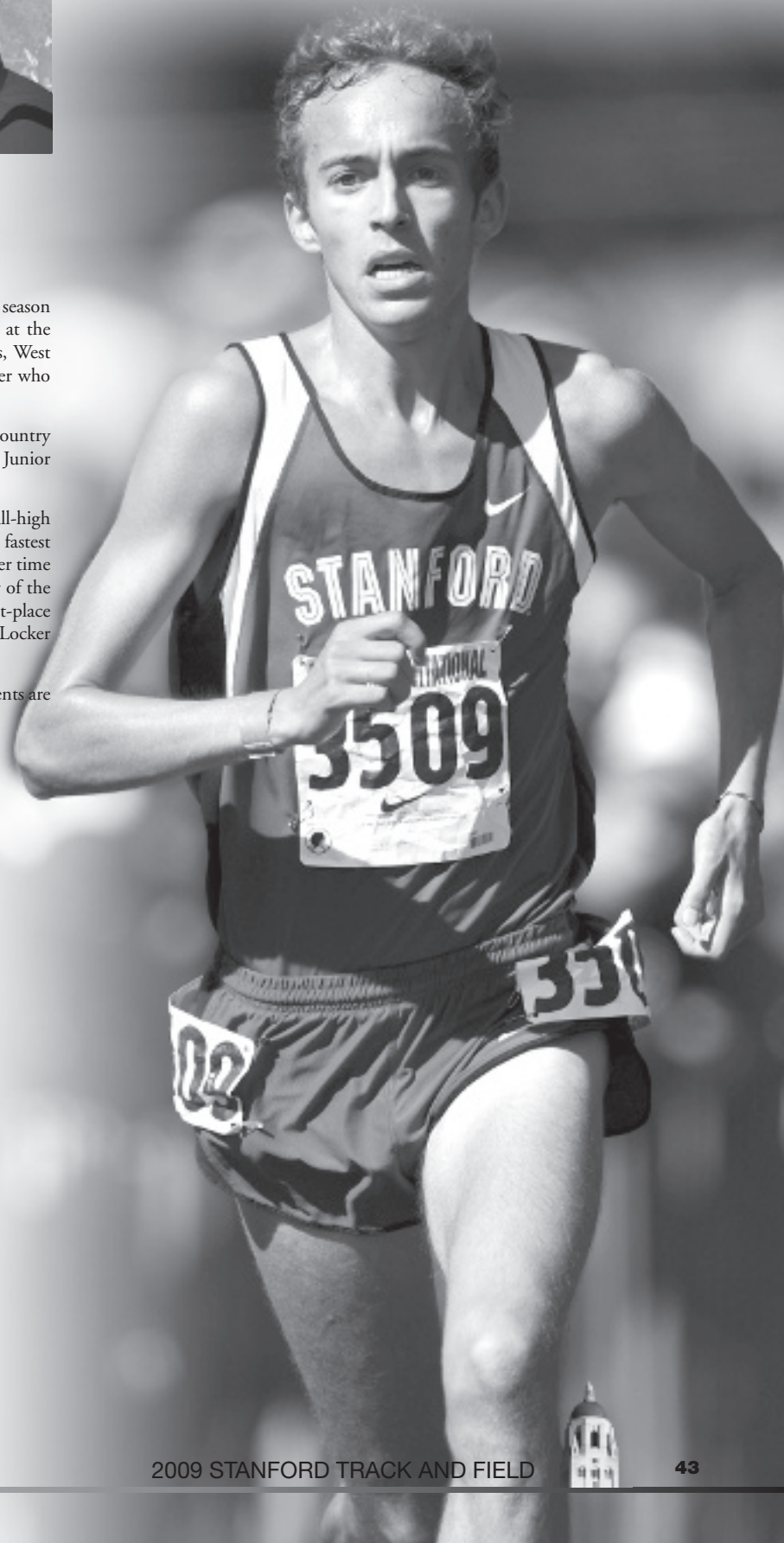
All-American

At Stanford: Burst onto the collegiate scene with a strong cross country season that resulted in his first All-America honor after a seventh-place finish at the NCAA Championships ... was the top Stanford finisher at the Pac-10's, West Regional and NCAA's in cross country ... a talented long distance runner who should contribute immediately in track.

National Competition: Qualified for the 2009 Junior World Cross Country Championships in Amman, Jordan ... placed second in the 2009 USA Junior Cross Country Championships with an 8,000-meter time of 23:39.

High School: Ran 13:55.96 for 5,000 meters, the fastest time ever in an all-high school race ... as a junior ran 8:54.64 in the 3,200 meters - one of the fastest times ever by a high school junior ... as a senior improved his 3,200-meter time to 8:48.90 ... the 2007 Gatorade National Boys Cross Country Runner of the Year ... led Neuqua Valley to a national team championship with his first-place finish at the 2007 Nike Team Nationals ... finished second at the Foot Locker Cross Country Championships.

Cardinal Catalogue: Undeclared major with an interest in law ... parents are Richard and Janet.



HAKON DeVRIES

Two-Time All-American

Senior
Distances
Hopewell Junction, NY
John Jay



Collegiate Career Bests:

800 Meters – 1:53.96
1,500 Meters – 3:43.18
Mile – 4:03.91i
3,000 Meters – 8:03.25i
5,000 Meters – 14:04.00



Two-Time All-American

Stanford: A versatile athlete who has been a postseason contributor at several distances on the track as well as in cross country ... helped the Cardinal men to a third-place finish at the 2008 NCAA Cross Country Championships ... a two-time All-American for Stanford on the track that should be a threat to repeat those feats in 2009.

2008 Season (Junior): Finished fifth at the 2008 Pac-10 Championships in the 1,500 meters with a career-best time of 3:43.18 ... ran a career best 800-meter time of 1:53.96 at Cal Poly ... earned his second All-America honor after running the 1,200-meter leg (2:55.81 split) of the distance medley relay at the NCAA Indoor Championships ... finished second at the MPSF indoor championships in the mile ... ran a NCAA provisional time of 4:03.91 in the mile at the Husky Invite ... ran a career best 8:03.25 in the 3,000 meters at the UW Invitational.

2007 Season (Sophomore): Recorded a season-best 8:03.76 in the 3,000 meters at the UW Invitational.

2006 Season (Freshman): Competed in the 5,000 meters at the NCAA Outdoor Championships, earning All-America honors with a 19th-place finish ... finished fifth in the 5,000 meters at the West Regional to automatically qualify for the NCAA Championships ... clocked a season-best 14:04.0 in the 5,000 meters at the Stanford Invitational ... ran a season-best indoor time of 14:08.08 in the 5,000 meters to finish eighth at the MPSF Championships.

2005 Season: Redshirted.

International Competition: Competed for the United States at the 2005 World Junior Cross Country Championship in France, finishing 50th over the 8,000-meter course.

High School: A 2004 graduate of John Jay High School ... two-time New York state high school two-mile champion ... 2003 indoor state champion in the 1,600 meters ... a member of the state championship 4 x 800 meter relay team in 2004 ... 2004 Gatorade New York State Runner of the Year ... FootLocker National Championship finalist as a junior ... high school All-American in the two-mile ... New York cross country individual champion in 2002 ... 2002 New York State Cross Country Runner of the Year.

Cardinal Catalogue: Human biology major ... parents are Ken and Christine DeVries ... 2005 Pac-10 All-Academic cross country selection ... also a 2006 Pac-10 All-Academic honorable mention choice in track and field.



JACOB EVANS

All-American

Senior
Middle Distances
Watsonville, CA
Aptos



Collegiate Career Bests:

800 Meters – 1:51.30

1,500 Meters – 3:44.81

Mile – 4:03.35



All-American

At Stanford: A middle-distance specialist who earned his first All-America honor as a member of the distance medley relay team ... should be a postseason contributor in his final season on The Farm.

2008 Season (Junior): Earned his first All-America honor after running the 800-meter leg (1:51.45 split) of the distance medley relay team that finished fourth at the NCAA Indoor Championships ... finished sixth in the mile and eighth in the 800 meters at the MPSF Championships ... ran a career best 3:44.81 for 1,500 meters at the Payton Jordan Cardinal Invitational ... NCAA West Regional qualifier in the 1,500 meters.

2007 Season (Sophomore): Finished 18th in the 1,500-meter prelims at the Pac-10 Championships ... posted a collegiate career best 3:49.26 in the 1,500 meters ... ran a career-best 1:52.07 800 meters at the Stanford Invitational ... recorded a career best 4:10.36 indoor mile at the Husky Classic.

2006 Season (Freshman): Ran a season-best 3:51.78 in the 1,500 meters at the Pac-10 Championship ... recorded a season-best 1:53.52 in the 800 meters at the Stanford Invitational ... a member of the 1,600-meter relay team that posted a season-best 3:18.03 at California ... posted a season-best indoor time of 1:53.80 in the 800 meters at the MPSF Championship ... a member of the distance medley relay team that ran a season-best 9:48.39 at the Washington Invitational.

2005 Season: Redshirted.

High School: A two-time Central Coast Section (CCS) high school champion in the 800 and 1,600 meters for Aptos (Calif.) High School ... a four-time Santa Cruz Coast Athletic League champion in the 800 meters.

Cardinal Catalogue: Human biology major ... 2007 and 2008 Pac-10 All-Academic honorable mention in track and field ... 2008 All-MPSF All-Academic ... Pac-10 All-Academic honorable mention for the 2008 cross country season ... parents are Jim Petralia and Jennifer Evans-Lee.



GARRETT HEATH

National Champion
Eight-Time
All-American

Senior
 Middle Distances
 Winona, MN (Winona Senior)



Collegiate Career Bests:

800 Meters – 1:49.70
 1,500 Meters – 3:39.96
 Mile – 3:58.71i
 3,000 Meters – 8:01.96i
 5,000 Meters – 13:56.40



2007 National Champion
 Distance Medley Relay
 Eight-Time All-American



2008 Champion
 1,500 Meters

At Stanford: An experienced postseason competitor for the Cardinal who can compete at all distances ... added his first cross country All-America honor in 2008 ... a semifinalist at the 2008 U.S. Olympic Trials in the 1,500 meters.

2008 Season (Junior): The Pac-10 and West Regional champion in the 1,500 meters ... earned an All-America honor outdoors in the 1,500 meters after placing sixth at the NCAA Outdoor Championships ... earned two All-America honors at the NCAA Indoor Championships after finishing fourth in the mile and as a member of the distance medley relay team that finished fourth ... moved into third place on the Stanford all-time list after running 3:58.71 for the indoor mile ... 2008 MPSF champion in the mile.

2007 Season (Sophomore): Claimed the fourth All-America honor of his career after running a 3:40.14 1,500 meters to place seventh at the NCAA Championships ... finished third at the NCAA West Regional with a 1,500-meter time of 3:46.15 ... posted a third place finish at the Pac-10 Championships in the 1500 meters ... earned the third All-America honor of his career as a member of the national champion distance medley relay team at the NCAA Indoor Championships ... captured the second All-America honor of his career after finishing fourth in the mile at the NCAA Indoor Championships.

2006 Season (Freshman): Finished ninth in the 5,000 meters at the NCAA West Regional ... recorded a season-best 14:09.33 in the 5,000 meters at the Mt. SAC Relays ... indoors, earned his first All-American honor as a member of the distance medley relay team that finished eighth at the 2006 NCAA Indoor Championships ... anchored the distance medley relay team that captured the MPSF title ... logged a season-best 4:03.32 in the mile at the Arkansas Tyson Invitational.

2005 Season: Redshirted the outdoor season ... indoors, finished sixth in the 3,000 meters at the MPSF Championships.

High School: 2003 and 2004 Minnesota state mile and two-mile champion for Winona Senior High (Minn.) ... top-10 finisher at the FootLocker National Championships as a junior and senior ... two-time Minnesota state cross country champion as a junior and senior ... also a two-time Minnesota state champion in Nordic skiing.

Cardinal Catalogue: Management science and engineering major ... parents are Bob and Linda Heath ... 2006, 2007 and 2008 USTFCCA All-Academic

Track and Field Team member ... also selected to the 2007 and 2008 Pac-10 All-Academic first team and the 2006 Pac-10 All-Academic second team ... named to the 2006 and 2008 Pac-10 Cross Country All-Academic first team ... named 2008 MPSF All-Academic for indoor track and field.



HARI MIX

All-American

Senior
Distances
Charlottesville, VA
Albermarle

**Collegiate Career Bests:**

3,000 Meters – 7:58.91i
5,000 Meters – 13:56.28
10,000 Meters – 28:50.87



All-American

At Stanford: An experienced postseason performer for Stanford in cross country and track ... has excelled in the long distances for the Cardinal and should be a threat on the national level in his final season.

2008 Season (Junior): Finished fourth in the 3,000 meters and eighth in the 5,000 meters at the MPSF Championships ... posted a career best time of 7:58.91 for 3,000 meters at the UW Invitational ... ran a NCAA provisional qualifying time of 28:50.87 in the 10,000 meters at the Stanford Invitational ...

2007 Season (Sophomore): Finished 11th in the 5,000 meters at the NCAA Championships, with a career-best 14:00.1 in the prelims ... posted a fourth-place finish in the 5,000 meters at the NCAA West Regional, qualifying for the NCAA Championships ... ran a season-best 29:25.47 in the 10,000 meters, good for seventh place at the Pac-10 Championships ... did not compete during indoor season.

2006 Season (Freshman): Placed fifth in the Pac-10 in the 10,000 meters ... advanced to the NCAA Outdoor Championships in the 10,000 meters ... placed fifth in the 10,000 meters at the Pac-10 Championships ... recorded a season-best 14:03.49 in the 5,000 meters at the Payton Jordan Invitational ... posted a season-best 28:58.90 in the 10,000 meters ... indoors, ran a season-best 8:11.34 in the 3,000 meters at the Arkansas Tyson Invitational ... posted a season-best 14:04.44 in the 5,000 meters to finish sixth at the MPSF Championship.

2005 Season: Redshirted.

High School: The 2004 Virginia state high school indoor champion in the 3,200 meters ... named a Nike Indoor All-American in the two-mile ... the Virginia Cross Country Runner of the Year during his senior season.

Cardinal Catalogue: Earned his degree in geological and environmental sciences and is now pursuing a PhD in environmental earth system sciences ... parents are Tom and Madhuri Mix ... 2007 USTFCCCA Academic All-American ... 2005, 2006 and 2007 first team Pac-10 All-Academic cross country selection and second team in 2008 ... also a 2008 Pac-10 All-Academic second team selection and a 2006 Pac-10 All-Academic honorable mention selection in track and field ... 2008 All-Academic MPSF selection in indoor track and field.



DANIEL BELCH

Junior
Sprints
San Diego, CA
Torrey Pines



Collegiate Career Bests:

60 Meters – 6.97i
100 Meters – 10.63
200 Meters – 22.02

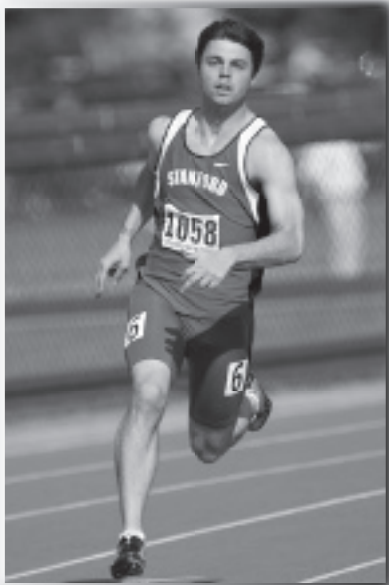
2008 Season (Sophomore): Finished 15th at the Pac-10 Championships in the 100 meters ... member of the Stanford 4x100-meter relay team that finished third at the Pac-10 Championships ... ran a career best time of 22.02 for 200 meters at the Davis quad meet ... competed in the prelims of the MPSF Championships where he finished 23rd in the 100 meters and 18th in the 200 meters.

2007 Season (Freshman): Finished 17th in the 100-meter prelims and 15th in the 200-meter prelims at the Pac-10 Championships ... ran a career-best 10.79 in the 100 meters and career-best 22.30 in the 200 meters at the Big Meet ... finished ninth in the 60-meter prelims at MPSF Indoor Championships with a career-best 6.97 to move into ninth all-time at Stanford ... also ran a career-best 22.43 in the 200-meter finals.

High School: Four-time Palomar League Champion ... helped lead his Torrey Pines squad to two Palomar League team titles ... 2005 first team All-City as a member of the 4x100-meter relay team ... holds school records in the 100 meters (10.72), 200 meters (21.76), 4x100 meters (42.34) and 4x200 meters (1:28.29) ... captain of the 2006 *San Diego Union-Tribune* All-Academic Team ... 2005 San Diego Union-Tribune All-Academic First Team.

Cardinal Catalogue:

Economics major ... parents are Joe and Gayle Belch ... brother, Derek, kicked for the Stanford football team from 2003-07 ... grandfather, Ray Ceresino, played hockey for the Toronto Maple Leafs ... uncle, Gordy Ceresino, was a linebacker for the Cardinal and the San Francisco 49ers and is a member of the Stanford Hall of Fame ... honorable mention Pac-10 All-Academic in 2007.



MYLES BRADLEY

Senior
Hurdles/Jumps
Norwich, CT
Norwich Free Academy



Collegiate Career Bests:

60 Meters – 6.93i
60-Meter Hurdles – 7.71
100 Meters – 10.96
110 Meter Hurdles – 13.78
Long Jump – 24-3 ¼ (7.41m)



2008 NCAA Qualifier
Indoor 60-Meter Hurdles



School Record Holder
60-Meter Hurdles

2008 Season (Junior): Established a school record in the 110-meter hurdles of 13.78 seconds ... advanced to the semifinals of the NCAA Championships in the 110-meter hurdles ... finished third at the NCAA West Regional and fourth at the Pac-10 Championships in the 110-meter hurdles ... indoors, smashed the school record in the 60-meter hurdles with a time of 7.78 seconds ... qualified for the NCAA Indoor Championships in the 60-meter hurdles where he placed 12th in the prelims.

2007 Season (Sophomore): Ran a career-best 10.96 in 100 meters and posted a career-best 14.09 in 110-meter hurdles at the Big Meet.

2006 Season (Freshman): The top Cardinal 110-meter hurdler with a season-best 14.36 at the Stanford Invitational to establish a freshman school record ... indoors, finished fourth in the 60 meter hurdles at the MPSF Championships ... ran a season-best 8.03 in the 60-meter hurdles to tie the school record at the Washington Invitational.

High School: A 2005 graduate of Norwich Free Academy in Norwich, Conn. ... recorded career-bests of 13.9 in the 110-meter hurdles, 49-4 ½ (15.05) in the triple jump, and 24-2 ¼ (7.37) in the long jump.

Cardinal Catalogue: Economics major ... 2007 Pac-10 All-Academic honorable mention ... parents are Susan Bynum and James Bradley ... honorable mention Pac-10 All-Academic in 2007.



SPENCER CASTRO

Sophomore
Middle Distance
Groveland, CA
Sonora



Collegiate Career Bests:

400 Meters – 49.40i
800 Meters – 1:55.94

2008 Season (Freshman): Finished 26th at the MPSF Championships in the 400 meters ... ran a collegiate best time of 49.40 seconds in the 400 meters at the UW Invitational ... outdoors, ran season bests in the 200 meters (22.86) and the 400 meters (50.69) at the Davis quad meet.

High School: Captured the 2006 Sac-Joaquin section titles in the 800 meters, 1,600 meters, and the 4x400 meter relay ... helped his team to second-place in the Division III section meet ... named the Gold Rush Elite Invite Athlete of the Meet.

Cardinal Catalogue: Undeclared major, interested in pre-med ... parents are Charles and Colleen Castro.



CODY COX

RS Freshman
Throws
Atlanta, GA
The Lovett School



2008 Season: Redshirted

High School: 2006 and 2007 shot put regional champion ... 2007 state runner-up in the shot put ... placed third in the shot put at the state meet in 2006 ... placed seventh in the hammer at the 2007 Nike Outdoor Nationals ... named the Atlanta Journal Constitution Male Student-Athlete of the Year.

Cardinal Catalogue: Undeclared major ... parents are Jim and Lori Cox.

DURELL COLEMAN

Junior
Sprints/High Jump
Rockwall, TX
Rockwall



Collegiate Career Bests:

200 Meters – 22.37
400 Meters – 48.32
High Jump – 6-7 ½ (2.02m)i

2008 Season (Sophomore): Finished 16th at the Pac-10 Championships in the 400-meter hurdles ... ran a career-best time of 48.32 in the 400 meters at the Payton Jordan Cardinal Invitational ... indoors, finished 15th in the 400 meters and 21st in the 200 meters at the MPSF Championships.

2007 Season (Freshman): Finished 12th in the 400-meter dash at the Pac-10 Championships ... ran a career-best 22.69 in the 200 meters at the Stanford Invitational ... posted a collegiate career-best 48.35 in the 400 meters at the Big Meet, and was the high scorer of the meet as well ... notched a collegiate career-best mark of 6-7 (2.01m) in the high jump at the quad meet ... a provisional qualifier for the NCAA Championships as a member of the distance medley relay team ... placed fourth in the high jump with a career-best indoor mark of 6-7 ½ (2.02m) at the MPSF Indoor Championships ... finished ninth in the 400 meters at the MPSF Indoor Championships with a career best 49.03.

High School: Four-time TAAF state high jump champion ... finished fourth in the high jump at the Texas District 12-5A State Track and Field Championships, recording the second-highest jump in school history at 6-9 ... named the 2002 and 2005 TAAF Regional Athlete of the Year ... holds the school record in the 400 meters (47.9) and a member of the school-record mile relay ... also a three-year letterwinner in basketball ... honorable mention Pac-10 All-Academic in 2007.

Cardinal Catalogue: Mechanical engineering major ... parents are David and Annette Coleman ... honorable mention Pac-10 All-Academic in 2007.



KYLE DAVIS-HAMMERQUIST

Senior
Throws
Berkeley, CA
The Webb School



Collegiate Career Bests:

Shot Put – 47-3 ½ (14.41)
Discus – 163-8 (49.88)
Hammer – 197-11 (60.32m)
Weight Throw – 61-4i (18.69m)i

2008 Season (Junior): Finished 12th at the Pac-10 Championships in the hammer throw ... threw a career-best in the hammer with a mark of 197-11 at the Stanford Invitational to qualify for the NCAA West Regionals ... finished fifth at the MPSF Championships in the weight throw with a career-best of 61-4.

2007 Season (Sophomore): Placed 22nd in the hammer throw at the NCAA West Regional ... earned a 10th-place finish in the hammer throw at the Pac-10 Championships ... threw a career-best 191-3 (58.30m) at the Triton Invite.

2006 Season (Freshman): Recorded a season-best throw of 153-6 (46.78m) in the discus at California ... threw the hammer a season-best 172-0 (52.44m) at the Stanford Spring Opener.

2005 Season: Redshirted.

High School: A 2004 graduate of The Webb School ... a 2003 and 2004 California State Championships finalist in the discus ... finished eighth in the discus at the 2003 World Youth Championship ... threw a career best 196-5 (59.86m) in the discus as a senior.

Cardinal Catalogue: Psychology major ... parents are Mike Hammerquist and Olive Davis.



COREY DYSICK

Sophomore
Decathlon/Pole Vault
Phoenix, AZ
Brophy College Prep



Collegiate Career Bests:

Heptathlon – 4,848i points
Decathlon – 6,345 points
Pole Vault – 15-5 (4.70m)i
Javelin – 175-3 (53.43)

2008 Season (Freshman): Finished 11th in the decathlon at the Pac-10 Championships ... scored a season-best 6,345 points in the decathlon at the Cal Multis ... finished seventh at the MPSF Championships in the heptathlon with a season best total of 4,848 points.

High School: Captured the 2007 Arizona decathlon title ... finished third in the state in the pole vault in 2007.

Cardinal Catalogue: Undeclared major ... parents are Terry Cusick and Deborah Dykema.

DYLAN FERRIS

Freshman
Middle Distances
Kernersville, NC
East Forsyth



High School: A middle-distance specialist with international experience, he was among the nation's best in both the 800 meters (1:49.27) and the 1,600 meters (4:06.58) ... he is the 2006, 2007, and 2008 North Carolina state 800-meter champion and the 2007 and 2008 North Carolina state champion in the 1,600 meters ... ran 1:49.48 for 800 meters in 2008, the fifth-fastest time in the nation.

International Competition: Represented the United States and qualified for the final at the 2007 World Youth Championships in Ostrava, Czech Republic.

Cardinal Catalogue: Interested in majoring in engineering at Stanford ... parents are Dennis and Robyn Ferris.



RYAN FISICARO

Sophomore
Sprints
Omaha, NE
Creighton Prep



Collegiate Career Bests:

60 Meters – 6.82i
200 Meters – 22.10

S

School Record Holder 60-Meters

2008 Season (Sophomore): Ran a career-best time of 22.73 in the 200 meters at the Blue and Orange Classic.

2007 Season (Freshman): Ran a career-best 11.09 in the 100 meters at the Cal Collegiate Challenge ... Recorded a career-best 22.66 in the 200 meters at the Triton Invite ... Posted indoor career bests in the 60 meters (7.13) and 200 meters (23.29) at the Hampton Inn Classic.

High School: A 2006 graduate of Creighton Preparatory in Omaha, Neb. ... captured the 2004 Class A and All-Class gold medal in the 100 meters and 4x100 meter relay at the Nebraska State Championships ... 2004 district champion in the 100 and 200 meters ... earned Academic All-Metro honors in 2005 ... also an accomplished football player, helping his team to the Class A state championship in 2004.

Cardinal Catalogue: Biology major, contemplating a profession as a neurosurgeon ... parents are Rodney and Terilynn Ruh.

BRENDAN GREGG

Sophomore
Distances
Davis, CA
Davis Senior



Collegiate Career Bests:

5,000 Meters – 14:11.29i
10,000 Meters – 31:02.21

2008 Season (Freshman): Finished 11th in the 5,000 meters and 12th in the 10,000 meters at the Pac-10 Championships ... ran a 5,000-meter season best time of 14:26.20 at the Payton Jordan Cardinal Invitational.

High School: The 2006 Stanford Cross Country Invitational champion ... won the 3,000 meters at the 2007 Stanford Track and Field Invitational ... led his team to a third-place finish at the 2007 Division I California state cross country championships ... ran a personal best 9:02.34 two-mile for a third-place finish at the 2007 Arcadia Invitational ... medalist at the California State Meet in cross country and track.

Cardinal Catalogue: Undeclared major ... parents are Bill and Carolee Gregg ... honorable mention Pac-10 All-Academic selection in cross country in 2008.

CHRIS HADLEY

Junior
Sprints/Hurdles
Birmingham, AL
Vestavia Hills



Collegiate Career Bests:

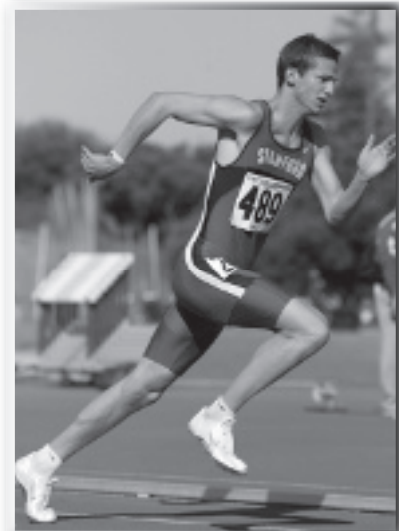
400 Meters – 49.89i
400 Meter Hurdles – 56.49

2008 Season (Sophomore): Ran a career-best time of 50.10 in the 400 meters at the Stanford Invitational ... finished 29th in the 400 meters at the MPSF Championships.

2007 Season (Freshman): Ran a career-best 52.15 in the 400 meters at the Stanford Invite ... recorded a career-best 57.76 in the 400-meter hurdles at the Cal Collegiate Challenge ... ran an indoor career-best 51.83 in the 400 meters at the Hampton Inn Classic.

High School: A member of the 2006 4x400 relay State champions for Vestavia Hills ... finished eighth in the state in the open 400 meters in 2006.

Cardinal Catalogue: Undeclared major ... parents are Mark and Lori Hadley and Karen and Dave Stickler ... grandfather, Jack Hadley, was a sprinter at the University of California ... father, Mark, was a distance runner at Stanford.



KEVIN HAVEL

Freshman
Distances
Arlington Heights, IL
John Hersey



High School: A distance specialist who was among the top-10 junior two-milers in the nation in 2007 ... ran 4:14.38 in the 1,600 meters and 8:59.20 in the 3,200 during the 2008 season ... in the 2007 cross country season, he finished seventh at the Foot Locker National Cross Country Championships to establish himself as a high school cross country All-American.

Cardinal Catalogue: Major is undeclared ... interested in biology and considering a profession as a patent lawyer ... parents are Joe and Shirley Havel.



ELLIOTT HEATH

Sophomore
Distances
Winona, MN
Winona Senior



Collegiate Career Bests:

1,500 Meters – 3:49.33
3,000 Meters – 7:53.64i
5,000 Meters – 13:59.12

2008 Season (Freshman): Ran a career best time of 13:59.12 in the 5,000 meters at the Payton Jordan Cardinal Invitational ... finished 11th at the NCAA West Regional and 19th at the Pac-10 Championships in the 5,000 meters.

International Competition: Finished second in the 5,000 meters at the Pan American Junior Games in Sao Paulo, Brazil.

High School: The 2007 U.S. junior Cross Country Champion ... the 2005 Minnesota state cross country champion for Winona Senior ... the 2006 and 2007 Minnesota state champion in the 3,200 meters ... holds the AA State Meet record in the 3,200 meters ... a 2006 FootLocker national cross country finalist ... finished third in the two mile at the 2007 Nike Outdoor Nationals with a personal best of 8:46.12 ... the fastest two-miler ever from the state of Minnesota ... the 11th fastest two-mile by a high school athlete since 1999 ... the 2007 U.S. junior 5,000-meter champion.

Cardinal Catalogue: Undeclared major ... parents Bob and Linda Heath ... has one brother, Garrett, who runs cross country and track at Stanford ... honorable mention Pac-10 All-Academic selection in cross country in 2008.



BENJAMIN JOHNSON

Freshman
Distances
Albuquerque, NM (Albuquerque
Academy)



High School: In 2008 ran 9:07.41 for the 3,000-meter steeplechase, the second-fastest high school time in the nation ... a high school cross country All-American who was the top junior at the 2006 Foot Locker National Cross Country Championships with his sixth-place finish ... led his team to a third-place national finish with a third-place individual finish at the 2007 Nike Team Nationals ... the 2007 New Mexico state cross country champion and the 2007 Gatorade New Mexico State Boys Cross Country Runner of the Year.

Cardinal Catalogue: Major is undeclared, but interested in engineering ... parents are William and Pamela Johnson.

J.J. JACKSON

Junior
Hurdles
Sumner, WA (Sumner)



Collegiate Career Bests:

60-Meter Hurdles – 7.97
110-Meter Hurdles – 14.38
400-Meter Hurdles – 54.99

2008 Season (Sophomore): Finished 14th at the MPSF Championships in the 60-meter hurdles ... finished second in the 400-meter hurdles and fifth in the 110-meter hurdles at the Big Meet versus California.

2007 Season (Freshman): Finished 14th in the 400-meter hurdles and 18th in the 110-meter hurdles at the Pac-10 Championships ... ran a career-best 14.50 in the 110-meter hurdles at the Cal Collegiate Challenge ... ran a career-best 55.32 400-meter hurdles at the Big Meet.

High School: Won three letters in track and field and three in football ... captained the track and field squad as a senior ... named the 2006 SPSL Male Outstanding Athlete for track and field ... 2005 and 2006 Team MVP ... five-time South Puget Sound League event champion ... five-time state qualifier ... took second place at the Washington state championships in the 300 meter intermediate hurdles in 2006 ... placed third in the 110-meter high hurdles in 2005 and 2006.

Cardinal Catalogue: Energy resources engineering major ... considering a career in renewable energy ... parents are Frank and Christy Jackson ... honorable mention Pac-10 All-Academic in 2007.

OLUWADARE KOLAWOLE

Sophomore
High Jump
Reston, VA (Potomac School)



Collegiate Career Bests:

High Jump – 6-4 ¾ (1.91m)

2008 Season (Sophomore): Season-best high jump of 6-2 ¾ came at the Big Meet versus California to place fourth.

2007 Season (Freshman): Recorded an indoor career-best high jump of 6-3 ¼ (1.91m) at the Hampton Inn Classic.

2006 Season: Did not compete.

High School: Earned letters in football, track and soccer ... captained the track squad as a junior and senior ... an all-state honoree in 2005 ... a two-time All-MAC honoree.

Cardinal Catalogue: Computer science major ... 2007 Pac-10 All-Academic honorable mention ... parents are Dr. Joshua and Veda Kolawole ... honorable mention Pac-10 All-Academic selection in 2007.



JUSTIN MARPOLE-BIRD

Junior
Distances
Vancouver, B.C., Canada
St. George's



Collegiate Career Bests:

800 Meters – 1:55.38
1,500 Meters – 3:45.82
Mile – 4:02.43i
3,000 Meter – 8:05.30i

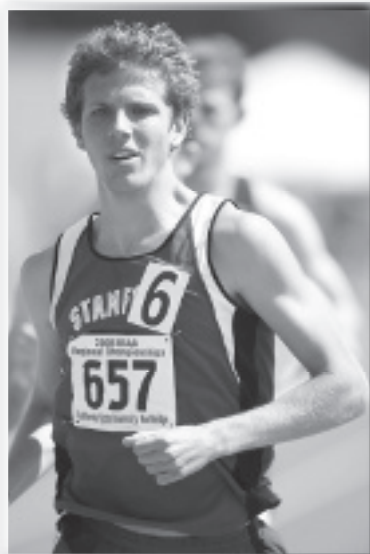
2008 Season (Sophomore): Made the final that NCAA West Regional Championships in the 1,500 meters where he finished seventh with a career best time of 3:45.82 ... placed 14th in the 1,500 meters and 18th in the 800 meters at the Pac-10 Championships ... finished 14th at the MPSF Championships in the indoor mile.

2007 Season (Freshman): Took 14th with a time of 3:52.08 in the 1,500 meter prelims at the Pac-10 Championships ... ran a 1:55.05 in the 800 meters at the Stanford Invite ... ran an indoor career-best 4:14.06 mile at the Husky Classic ... recorded an indoor career-best indoor 8:30.73 in the 3,000 meters at the UW Invitational.

International Competition: Competed in the 1,500 meters as a member of the 2006 Canadian junior team at the World Junior Track & Field Championships in Beijing, China.

High School: Captured the 1,500 and 3,000 meter titles at the 2006 British Columbia High School Championships ... runner-up in the 1,500 meters at both the British Columbia Junior Championships and the Canadian Junior Championships ... runner-up in the 1,500 meters at the 2005 British Columbia High School Championships ... 2004 and 2005 British Columbia High School Cross Country champion ... finished eighth in the 1,500 meters at the World Youth Final ... holds the Canadian Youth record in the 1,500 meters at 3:47.4, but also set a personal record of 3:45.9 in the 1,500 meters at the World Junior Championships in China.

Cardinal Catalogue: International relations major ... parents are John Bird and Monica Marpole ... 2008 Pac-10 All-Academic honorable mention for outdoor track and MPSF All-Academic for indoor track ... honorable mention Pac-10 All-Academic selection in cross country in 2008.



TYRONE McGRAW

Junior
Sprints
San Francisco, CA
Riordan



Collegiate Career Bests:

60 Meters – 6.92
100 Meters – 10.69
200 Meters – 21.98

2008 Season (Freshman): Finished 11th in the 100 meters and 17th in the 200 meters at the Pac-10 Championships ... member of the Stanford 4x100-meter relay team that finished third at the Pac-10 Championships.

High School: Qualified for the U.S. Junior Olympics in 2005 in the 4x100 ... Central Coast Section 200-meter champion (21.85) and runner-up in the 100 meters (10.79) as a junior ... at the 2005 CIF State meet, he ran a 48.3 split in the 4x400 relay ... during the summer of 2004, he placed third in the 200 meters Intermediate Boys Division at the U.S. Olympic Trials and was fourth in the 100 meters at the USA Junior Olympics ... class valedictorian ... named Scholar-Athlete of the Bay Area by the San Francisco Olympic Club following his senior year ... starred at Riordan High School in San Francisco ... in 10 games as a senior, he rushed for 1,519 yards while setting a school record ... named first-team All-West Catholic Athletic League as well as the league's Running Back of the Year ... selected second-team All-WCAL as a junior.

Cardinal Catalogue: American studies major ... member of the Stanford football team in 2006-07 ... member of the National Honor Society and California Scholarship Federation ... Northern California National Football Foundation and College Hall of Fame Scholar-Athlete ... worked at the University of California Medical Center in San Francisco for several summers as a work-study intern in the Pediatric Intensive Care Unit and for a General Surgery Physician ... honorable mention Pac-10 All-Academic selection in 2007.

JONATHON McMASTER

Freshman
Sprints
Hanover, MD
Gilma School



High School: Led Gilma to three consecutive league championships in track and field (2005-07) ... three-time all-conference in the sprints (2005-07) ... all-metro in 2007 ... member of the indoor league and championship record holding 4x400 team at Gilma ... captained the outdoor team during his junior and senior seasons and the indoor team during his senior year ... also played football and was all-conference during his junior season ... helped Gilma to a No. 12 national ranking in football in 2005.

Cardinal Catalogue: Major is undeclared, but considering political science with a minor in modern languages (Arabic/Spanish) ... parents are Owen and Ingrid McMaster.



CHRIS MOCKO

Senior
Distances
McLean, VA
Thomas Jefferson



Collegiate Career Bests:
3,000 Meter Steeplechase – 8:59.85
3,000 Meter – 8:15.65i
5,000 Meter – 14:27.46i

2008 Season (Junior): A West Regional qualifier in the 3,000-meter steeplechase ... finished 14th in the steeplechase at the Pac-10 Championships ... ran a career-best time of 9:03.27 in the steeple at the Payton Jordan Cardinal Invitational ... finished 10th in the 3,000 meters and the 12th in the 5,000 meters at the MPSF Championships.

2007 Season (Sophomore): Placed 26th in the 3,000-meter steeplechase at the NCAA West Regional ... finished 12th in the 3,000-meter steeplechase at the Pac-10 Championships ... ran a career-best 8:59.85 in the 3,000-meter steeplechase at the Payton Jordan Cardinal Invitational ... ran an indoor career-best 8:25.08 3,000 meters at the UW Invitational ... clocked a career-best 15:01.56 in the 5,000 meters at the Husky Classic.

2006 Season (Freshman): Ran a season-best 9:32.97 in the 3,000-meter steeplechase at California ... posted a season-best 15:08.98 in the 5,000 meters at the Stanford Invitational.

2005 Season: Redshirted.

High School: A 2004 graduate of Thomas Jefferson High School in McLean, VA ... a six-time all-state performer ... led his squad to a team championship at the 2002 Virginia High School Cross Country State Championship ... a member of Thomas Jefferson's distance medley relay team that earned outdoor All-American honors in 2004 ... also a member of the 4 x mile relay team that earned indoor All-American honors during the 2002-2003 season.

Cardinal Catalogue: Management science and engineering major ... 2007 USTFCCCA All-Academic Track and Field Team ... 2007 and 2008 Pac-10 All-Academic second team in cross country ... second-team Pac-10 All-Academic and MPSF All-Academic selection in 2008 ... parents are Paul and Madeline Mocko.



AMAECHI MORTON

Freshman
Sprints/Hurdles
Atlanta, GA
Riverwood



High School: Two-time state champion in the 300-meter hurdles and a two time runner-up in the 400 meters ... three-time Fulton County champion in the 400 meters and two-time champion in the 300-meter hurdles ... holds his high school record in the 400 meters, the 400-meter hurdles and as a member of the 4x400-meter relay ... 2008 runner-up in the 400-meter hurdles at the USATF Junior Nationals ... member of the champion 4x400-meter relay at the USATF Junior Nationals ... helped team to a fourth place finish at the Georgia AAA State Championships in 2006 and 2007.

Cardinal Catalogue: Major is undeclared, but considering Spanish with a minor in urban studies ... parents are Marvin Lee Morton and Nkem Sabena Obiekwe.

JUSTIN REED

Junior
Middle Distances/Sprints
Los Angeles, CA
Loyola



Collegiate Career Bests:
400 Meters – 50.01i
800 Meters – 1:53.20

2008 Season (Sophomore): Ran a career-best indoors in the 800 meters at the UW Invitational when he clocked a time of 1:53.56 ... season-best outdoors in the 800 meters came at Brutus Hamilton Invitational with a time of 1:58.47.

2007 Season (Freshman): Placed 17th in the 800-meter prelims with a time of 1:54.26 at the Pac-10 Championships ... placed 14th in the 800 meters at the MPSF Indoor Championships ... ran an indoor career-best 50.01 in the 400 meters at the Hampton Inn Classic ... posted an indoor career-best 1:53.79 in the 800 meters at the UW Invitational.

High School: A 2006 graduate of Loyola High School in Los Angeles, CA ... finished third in the 800 meters at the 2006 California State Championship ... in 2005, helped his distance medley relay team to the Mt. SAC Invitational championship and a national best time ... finished third in the 800 meters at the 2004 CIF Southern Section Division II Championships ... helped his squad to the CIF Southern Section Division II team title in 2004 ... recorded high school personal bests of 1:52.4 in the 800 meters and 47.9 in the 4x400 meter relay.

Cardinal Catalogue: African and African-American studies major ... parents are Michael and Miko Reed ... father, Michael, was a starting running back for the University of Northern Iowa ... uncle Curt Flood won six Gold Gloves for the St. Louis Cardinals and held the record for the most consecutive major league games without an error ... uncle, David Reed, was the Missouri high school state champion in the 100-yard dash ... 2008 second-team Pac-10 All-Academic and MPSF All-Academic.



JACOB RILEY

Sophomore
Distances
Bellingham, WA
Sehome



Collegiate Career Bests:

3,000 Meters – 8:26.24i
5,000 Meters – 14:01.92i
10,000 Meters – 30:37.26

2008 Season (Freshman): Finished eighth at the Pac-10 Championships in the 10,000 meters with a collegiate-best time of 30:37.26 ... also finished 13th at Pac-10's in the 5,000 meters ... ran a season-best time of 14:27.34 in the 5,000 meters at the Payton Jordan Cardinal Invitational ... finished 13th in the 5,000 meters and 26th in the 3,000 meters at the MPSF Championships during the indoor season.

High School: Finished third at the Washington State 3A Cross Country State Championships in 2005 ... captured the individual title at the 2006 2A Cross Country State Championships ... won team title at the 2005 Washington State Cross Country Championships ... earned All-American honors with his 14th place finish at the 2006 Foot Locker National Championships ... finished fourth in the 1,600 and second in the 3,200 at the 2007 Washington State Track and Field Championships ... member of the 2007 Washington State Track and Field Championships team ... school-record holder in the 3,200 with his time of 9:00.50.

Cardinal Catalogue: Undeclared major ... parents are Ralph Riley and Kathi Peacock ... honorable mention Pac-10 All-Academic in 2008 for cross country.



CASEY ROCHE

Sophomore
Pole Vault
Los Altos, CA
Saint Francis



Collegiate Career Bests:

Pole Vault – 17-1 (5.2m)

2008 Season (Freshman): Regional qualifier in the pole vault after obtaining a mark of 16-6 $\frac{3}{4}$ at the Davis quad meet ... finished 19th at the NCAA West Regional ... posted a collegiate best indoors at the Husky Invitational with a mark of 16-7 $\frac{3}{4}$.

High School: One of the top high school pole vaulters in the U.S. with a personal best of 17-5 (5.31m) ... won the Junior Olympic National Championships three times, breaking the meet record twice ... 2007 Stanford Invitational winner/meet-record holder; also won the Arcadia Invitational and Mt. SAC Championships ... garnered medals at Nike Indoor Nationals, Simplot Games, National Scholastic Championships, Golden West, twice at CIF Championships, and Nike Outdoor Nationals ... 2006 CCS champion ... three-time WCAL champion ... also, an accomplished long jumper with a personal best of 22-8 (6.91m) ... Member of the National Honor Society.

Cardinal Catalogue: Undeclared major ... parents are Debra Deutsch and E. Casey Roche ... mother was a champion hurdler at Rutgers University; father was a longtime Stanford volunteer pole vault coach ... uncle, Mike Roche, was an Olympic distance runner, and grandfather, Gene Roche, ran hurdles and triple jumped for UCLA.

RILEY SULLIVAN

Freshman
Distances
Santa Margarita, CA
Trabuco Hills



High School: Ran a time of 8:56.09 for 3,200 meters at the Arcadia Invitational ... ran 4:12.72 for 1,600 meters to win the Orange County Championships ... finished 20th at the 2007 Foot Locker National Championships in cross country ... finished second at the 2007 Division I California State Cross Country Meet and was a member of the 2006 Trabuco Hills state championship team.

Cardinal Catalogue: Undeclared major ... parents are John and Lisa Sullivan ... older brother, J.T., runs for Stanford.



J.T. SULLIVAN

Sophomore
Middle Distance/Distance
Rancho Santa Margarita, CA
Trabuco Hills



Collegiate Career Bests:

Mile – 4:05.65
3,000 Meters – 8:16.80i
3,000-Meter Steeplechase – 9:01.40

2008 Season (Freshman): 2008 NCAA West Regional qualifier in the 3,000-meter steeplechase where he finished 13th with a career-best time of 9:01.40 ... finished 10th at the 2008 Pac-10 Championships in the steeple ... indoors, finished 15th at the MPSF Championships ... ran a season best in the 3,000 meters with a time of 8:16.80 at the UW Invitational.

High School: Earned All-America honors in outdoor track after leading his team to the California state cross country championship and to an all-time California team-time record ... second-place at the state meet in cross country ... finished second in the two-mile at the 2007 Arcadia Invitational with a personal best of 9:01.32 ... the California state leader in 3,200 meters during the 2007 track season ... two-time all-state in both cross country and track ... personal bests of 4:12.53 in the 1,600 meters, and 8:58.68 in the 3,200 meters.

Cardinal Catalogue:
Undeclared major ... parents are John and Lisa Sullivan ... younger brother, Riley, is a freshman on the track team.



DANIEL SCHAEERER

Senior
Throws
San Diego, CA
The Bishop's School



Collegiate Career Bests:

Discus – 196-06 (59.89m)



2008 Season: Redshirted.

2007 Season (Junior): Placed 17th in the discus prelims at the NCAA Championships ... finished ninth in the discus at the NCAA West Regional to qualify for the NCAA Championships ... earned a 10th-place finish in the discus at the Pac-10 Championships ... threw the discus a career-best 196-6 (59.89m) at the Mt. SAC Relays.

2006 Season (Sophomore): Threw the discus for a season-best 185-3 (56.46m) at the Stanford Invitational ... placed 10th at the West Regionals with a 55.21 meter throw ... placed fifth at the Pac-10 Championships with a 56.20-meter throw.

2005 Season (Freshman): Recorded an NCAA qualifying throw of 176-0 (53.65m) in the discus at the Rafer Johnson Invitational ... finished eighth in the discus at the Pac-10 Championships with a throw of 173-0 (52.74m).

High School: A 2004 graduate of The Bishop's School ... the 2004 California state high school meet champion in the discus ... set a California state-meet record and personal best in the discus in 2004 with a throw of 206-5 (62.92m) ... had the fifth-farthest discus throw in the nation as a senior in 2004.

Cardinal Catalogue: Human biology major ... 2007 USTFCCCA All-Academic Track and Field Team ... 2007 Pac-10 All-Academic first team selection ... parents are Jake and Lisa Schaeerer.



GEOFFREY TABOR

Freshman
Throws
Ardmore, OK
Ardmore



High School: The 2008 junior national champion in the discus ... four-time Oklahoma 5A state champ in both the shot put and the discus ... Oklahoma 5A state record holder in the discus ... led Ardmore to back to back state championships in 2006 and 2007 ... four-year team captain fro track and field ... competed in the 2008 World Junior Championships in Bydgoszcz, Poland.

Cardinal Catalogue: Undeclared major ... parents are Phil and Susie Tabor ... father played on a national championship team in football at Oklahoma (1975) and then four years with the New York Giants of the NFL ... uncle Paul Tabor also played football at Oklahoma and in the NFL for the Chicago Bears ... one brother, Phil Jr., played football and track at Wheaton College.

JONAH TANG

Freshman
Sprints
Singapore
Raffles Junior College



High School: Singapore national junior champion in the 100 meters in 2005 and the 200 meters in 2004 and 2005...Southeast Asian schools champion in the 200 meters in 2005...two-time Singapore schools champion in both the 100 and 200 meters...national schools record holder in the 200 meters (21.78)... member of the national junior record setting 4x100 meter relay...high school record holder in the 100 and 200 meters as well as a member of the 4x100 and 4x400 meter relays...competed for Singapore at the 2004 Commonwealth Youth Games in Bendigo, Australia, and the 2004 Asian Junior Games in Ipoh, Malaysia.

Cardinal Catalogue: Major is undeclared ... parents are Ben and Liana Tang.

MILES UNTERREINER

Freshman
Distances
Gig Harbor, WA
Gig Harbor



High School: A 2007 Foot Locker national finalist...the Gatorade Washington State Boys Cross Country Runner of the Year...2007 Washington state champion and the winner of the Washington vs. Oregon Border Clash in cross country... finished fifth at the Foot Locker West Regional to qualify for the Foot Locker National Championships...2008 Washington 4A State champion in the 1,600 and 3,200 meters...2008 Gatorade Washington State Boys Track Athlete of the Year...in 2007 won the prestigious Golden West Invitational and has a mile best of 4:13.20...personal best for 3,200 meters is 9:02.68.

Cardinal Catalogue: Major is undeclared ... parents are John and Alison ... mother, Alison competed in the first U.S. Olympic women's marathon trials in 1984.

CARTER WELLS

Junior
Throws
Richardson, TX
J.J. Pearce



Collegiate Career Bests:
Discus Throw – 160-2 (48.82m)
Hammer Throw – 186-4 (56.79m)
Weight Throw – 56-7 (17.25m)

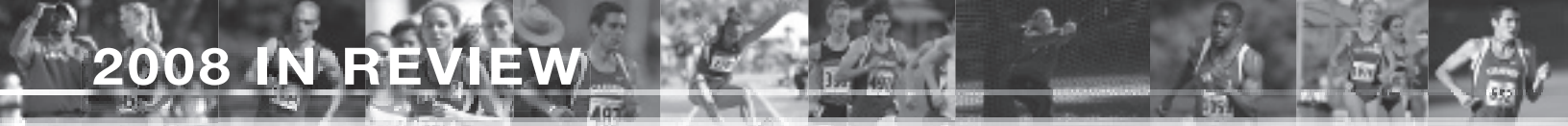
2008 Season (Sophomore): Posted a career best in the hammer throw at the Stanford Invitational with a toss of 186-4 to narrowly miss the regional standard ... season best in the discus came at the Cal Poly Invitational with a throw of 160-2.

2007 Season (Freshman): Finished seventh in the discus with a career-best throw of 139-9 (42.61m) at the Payton Jordan Cardinal Invitational ... threw the discus 132-5 (40.37m) at the Stanford Invite.

High School: A 2006 graduate of J.J. Pearce High School in Richardson, Texas ... finished third in the region as a senior ... also finished fifth in region in 2005 ... 2005 District Champion.

Cardinal Catalogue: Chemical engineering major ... parents are Philip and Sheri Wells ... uncle played for the Dallas Cowboys from 1976-80.





Stanford's All-Americans (Left to Right) Hakon DeVries, Zach Chandy, Jacob Evans, Lauren Centrowitz, Idara Otu, Alicia Follmar, Alex Gits, Hari Mix, Garrett Heath, Chris Derrick, Andrew Dargie

MPSF Indoor Championships

The Cardinal posted a pair of top-three finishes with the women placing second and the men third at their indoor conference championships. The women finished with 141 points led by four individual champions and the winning distance medley relay. Arianna Lambie paced the Cardinal by taking the 3,000-meter title as well as anchoring the DMR. She was joined by Lauren Centrowitz, Idara Otu and Alicia Follmar in the relay that took the MPSF title for the fifth time in six years. Also with individual titles were Alex Gits in the 5,000 meters, Erica McLain in the triple jump and Lauren Stewart in the pentathlon.

The men finished with 83 points, while totaling three individual event winners as well as the champion DMR. Garrett Heath won the mile as well as anchoring the DMR. Joining Heath in the relay were Hakon DeVries, Andrew Dargie and Jacob Evans. Also capturing MPSF titles were Graeme Hoste in the pole vault and Josh Hustedt in the heptathlon.



Andrew Dargie, Wapamo Osaisai and Zach Chandy at the Big Meet.

NCAA Indoor Championships

Stanford recorded a pair of top-10 finishes as the women placed fifth with 32 points, while the men were seventh with 23 points. The women were led by Erica McLain, who captured her second consecutive indoor title in the triple jump. McLain also earned a second All-America honor of the meet when she placed fourth in the long jump. Arianna Lambie and Lauren Centrowitz earned a pair of All-America honors after finishing third and fourth, respectively, in the 3,000 meters as well as leading Stanford to a third place effort in the distance medley relay. The duo was joined by Idara Otu and Alicia Follmar in the relay. Follmar also had a 10th place finish in the mile, as did Arantxa King in the long jump.

The men were led by Garrett Heath, who finished fourth in the mile as well as anchoring the Stanford distance medley relay team to a fourth place finish. Hakon DeVries, Andrew Dargie and Jacob Evans joined Heath on the relay to also earn All-America honors. In the heptathlon, Josh Hustedt finished second, while Graeme Hoste placed fourth in the pole vault to also earn All-America status. School record holder Myles Bradley also competed in the 60-meter hurdles.

The Big Meet

For the second consecutive season Stanford swept the Big Meet over California, this time doing it in Berkeley. The men won the 114th running of the Big Meet by a score of 96-67, while the women won the 29th running of the Big Meet by a score of 87-76. The men won a total of 12 events with Andrew Dargie and Tunji Munabi winning a pair of events each. Dargie captured the 200 and 400 meters, while Munabi won the long jump and triple jump.

The women won nine events on their way to defeating Cal. Erica McLain captured the long jump and triple jump and Lauren Centrowitz took the 1,500 and 3,000 meters to lead the Cardinal. The throwers also played a big role in the meet, sweeping all four events. Melissa Yunghans captured the shot put, Michaela Wallerstedt won the discus, Jaynie Goodbody the hammer and Danielle Maier the javelin.





Lindsay Allen placed second in the 3,000-meter steeplechase at the Pac-10 Championships.

The Pac-10 Championships

The women led the way at the Pac-10 Championships, finishing as the runner-up with 117 points. The men claimed fifth place with 79 points. The strong women's performance was led by Erica McLain, who claimed the Pac-10 title in both the long jump and triple jump. The distance runners and throwers also showed off their depth claiming big points for Stanford. In the distances, Alex Gits captured the Pac-10 in the 10,000 meters, while Lauren Centrowitz doubled to a second place finish in the 1,500 meters and a third place finish in the 5,000. Also with top finishes were Teresa McWalters who was second in the 5,000 meters, Lindsay Allen who was second in the 3,000-meter steeplechase and Alicia Follmar who was third in the 1,500 meters. The throwers were paced by Danielle Maier, who placed second in the javelin and Melissa Yunghans who was third in the shot put.

The men were paced by a pair of individual champions, Garrett Heath in the 1,500 meters and Wopamo Osaisai in the 100 meters. The 4x100-meter relay team of Daniel Belch, Andrew Dargie, Tyrone McGraw and Osaisai fared well to place third. Other top finishes by the Cardinal were Russell Brown, who placed fourth in the 1,500 meters, and Myles Bradley, who was fourth in the 110-meter hurdles.

The NCAA Outdoor Championships

18 Stanford athletes competed in a total of 20 events at the 2008 NCAA Outdoor Championships. The women placed sixth totaling 31 points during the competition. Erica McLain completed her fantastic career on The Farm with the NCAA title in the triple jump, her first outdoors and third overall. She also earned an All-America honor by placing fourth in the long jump to give her a total of 14 for her career. Other All-Americans for the women were Alex Gits (third in the 10,000 meters), Lindsay Allen (fourth in the 3,000-meter steeplechase), Teresa McWalters (fourth in the 5,000 meters) and Danielle Maier (10th in the javelin). Garrett Heath represented the men by placing sixth in the 1,500 meters to give Stanford a total of seven All-America honors earned at the meet.



Erica McLain

NCAA Cross Country Championships

The young men's cross country team won its NCAA Pre-National race and was ranked as high as No. 2 in the nation in 2008. Competing for a national title all season, they eventually finished third at the NCAA's with 227 points. The Cardinal was led by freshman Chris Derrick, who finished seventh overall to earn the first All-America honor of his young career. Garrett Heath also completed a strong season with a 33rd place finish to earn his first cross country All-America honor to go with the seven he has earned on the track.

The women used a good pack to place eighth overall with 299 points. They were paced by Alicia Follmar who finished in 57th place and freshman Laurynne Chetelat who placed 68th.



Myles Bradley



Melissa Yunghans

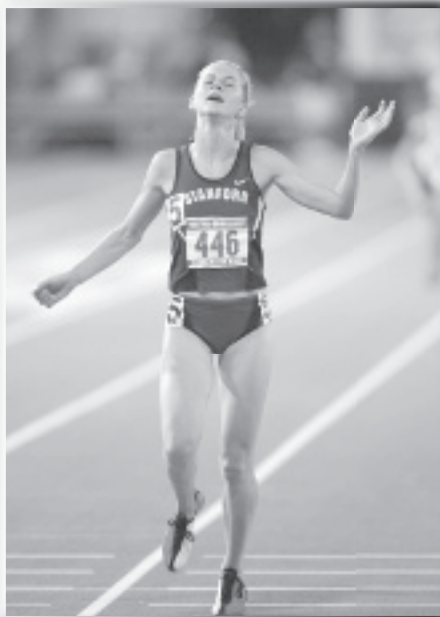


Graeme Hoste





*Jonathon Riley
2004 U.S. Olympian*



*Lauren Fleshman
Five-Time NCAA Champion*



*Grant Robison
2004 U.S. Olympian*

Stanford *Rich in Track and Field* University *and Cross Country Success*

Since 1916 for men and 1977 for women, Stanford has enjoyed tremendous success on the national and international levels.

Tradition and success are often used to describe Stanford track and field. Since 1916 for men and 1977 for women, Stanford has enjoyed tremendous success on the national and international levels. Cardinal student-athletes have competed for numerous United States National and Junior National teams, and have been prominent competitors at the Olympic Games and the IAAF World Championships.

On the collegiate track and field level, championship titles and top performances remain a constant at Stanford University. In eight of the last ten years, the Stanford men's track and field team has finished in the top-10 at the NCAA Championships, including a first place team title in 2000 and runner-up finishes from 1998-99. At the conference level, Stanford has finished third or better at five of the past nine Pac-10 Championship meets, including consecutive team titles in 2001 and 2002. In 2005, the Cardinal women registered their first Pac-10 title with an impressive performance. The Cardinal produced a school record 173 points and 14 Top 3 finishes. Since 2000, the Stanford women have had eight consecutive top-three finishes at the Pac-10 Track and Field Championships, including runner-up finishes in 2003, 2004 and 2008.

2008 was a banner year for Stanford track and field with eight current and former athletes qualifying for the Olympic Games in Beijing. A pair of Stanford jumpers, Erica McLain and Arantxa King

represented the 2008 Stanford team at 2008 Games. McLain who was a three-time NCAA Champion for Stanford competed in the triple jump in Beijing, while King competed in the long jump for her native Bermuda. In addition Stanford alums, Jillian Camarena (shot put), Ian Dobson (5,000 meters), Ryan Hall (marathon) and Michael Robertson (discus) each competed for Team USA, while Leila Ben-Yousef, (pole vault) competed for Tunisia and Jackie Edwards competed for Jamaica (long jump) in Beijing.

At the 2008 U.S. Olympic Trials, a total of 21 current and former Cardinal athletes competed. This included six members of the 2008 team and 15 alums. In addition to the five that qualified for Beijing, several others performed well. Lauren Fleshman and Arianna Lambie finished fourth and fifth, respectively in the 5,000 meters to just miss advancing to Beijing. Also, Gabe Jennings advanced to the final of the 1,500 meters. At the 2007 Olympic Marathon Trials, former Stanford great Ryan Hall captured the marathon title as he broke the trials record with his time of 2:09.02.

During the 2007 United States Track & Field Championships, Michael Robertson captured the gold medal in the discus. Erica McLain (third in the triple jump), Arianna Lambie (fifth in the 5,000 meters), Russell Brown (seventh in the 1,500 meters), Garrett Heath (ninth in the 1,500 meters), and Richard Sherman (sixth in the triple jump Junior Division) also represented Stanford at the meet.

Several current and former Stanford athletes have garnered impressive individual track and field accolades as well. Numerous athletes from Stanford competed at the 2004 U.S. Olympic Trials, including Sara Bei (5,000 meters – 11th), Jillian Camarena (Shot put – third) Alicia Craig (10,000 meters – fifth), Lauren Fleshman (5,000 meters), Chryste Gaines (100 meters), Sally Hauser (1,500 meters – seventh), Tracey Lawyer (Heptathlon – eighth), Summer Pierson (Discus – ninth), Erica Wheeler (Javelin – fourth), Ashley Wysong (800 meters), Ian Dobson (3,000 meters steeplechase), Seth Hejny, (5,000 meters – 13th), Greg Jimmerson (10,000 meters – 12th), Milton Little (Long jump), Louis Luchini (5,000 meters – 12th), Jason Lunn (1,500 meters – fifth), Jonathon Riley (5,000 meters – second), Grant Robison (1,500



meters), Donald Sage (1,500 meters – seventh), Michael Stember (1,500 meters – 11th), Toby Stevenson (Pole vault – second), and Adam Tenforde (10,000 meters – ninth).

At the 2004 Olympic Games in Athens, Greece, Stanford graduate Toby Stevenson ('00) won the silver medal in the pole vault with a clearance of 19-4 ¼ (5.90m). Earlier in the year, Stevenson jumped a world leading 19-8 ¼ (6.00m) in the pole vault becoming the 11th man in history to clear that height. Also in Athens, Grant Robison ('04) was a semifinalist in the 1,500 meters, Jonathon Riley ('02) competed in the 5,000 meters, and Malindi Elmore ('03) represented Canada in the 1,500 meters.

Stanford's Cobb Track and Angell Field proved to be a beautiful setting for the 2002 and 2003 USA Outdoor Track & Field Championships and the USA Junior National Championships. More than 20 current and former Stanford student-athletes competed at the 2003 U.S. National Championships. Many of the top performances were turned-in by Stanford athletes, including Jason Lunn (1,500 meters – first), Jonathon Riley (5,000 meters – fourth), Grant Robison (1,500 meters - third), Michael Stember (1,500 meters – fourth), Toby Stevenson (Pole vault – fourth), Lauren Fleshman (5,000 meters – fourth), Alicia Craig (5,000 meters – fifth), Louis Luchini (5,000 meters – fifth), Ian Dobson (10,000 meters – sixth), and Jill Camarena (Shot put – seventh). At the 2003 U.S. Junior National Championships, Stanford freshmen Solomon Welch and Brett Gotcher captured the triple jump and 10,000-meter titles, respectively.

At the 2003 IAAF World Track and Field Championships in Paris, France, Stanford graduate Jason Lunn was a semifinalist in the men's 1,500 meters. Lauren Fleshman competed in the women's 5,000 meters, setting a school record in her semifinal heat.

Stanford runners had a strong presence at the 2003 Pan-American Games, highlighted by Toby Stevenson winning the gold medal in the pole vault and Brett Gotcher capturing the gold in the Junior 10,000 meters. Grant Robison won bronze in the 1,500 meters behind former Cardinal runner Michael Stember, who took the silver. Malindi Elmore finished fourth in the 1,500 meters, and was followed by former Stanford runner and former assistant Ashley Couper, who placed sixth. Seth Hejny finished ninth in the 5,000 meters. Freshmen Solomon Welch and Peter Meindl competed in the triple jump and 5,000 meters at the Junior Pan-Am Games.

Stanford's Olympic tradition was perhaps best exemplified at the 2000 U.S. Olympic Trials, when Cardinal runners Gabe Jennings, Brad Hauser and Michael Stember earned berths on the Olympic Team that competed at the 2000 Sydney Games. Jennings captured first in the 1,500 meters at the trials in Sacramento with a time of 3:35.90. For Jennings, being a member of the U.S. Olympic team and going to the Olympics was a dream come true. "I remember dreaming as a young kid, thinking of where I'd be in four years," said Jennings. "All young kids do that. Here I am now, I can't explain it. It's one thing to dream it, quite another to make your dreams come true."

Hauser, a 2000 Stanford graduate, competed in both the 5,000 and 10,000 meters, earning his first Olympic berth with a runner-up finish and school-record time of 13:27.31 in the 5,000. Hauser, a five-time NCAA champion and 12-time All-American, also competed in the 10,000 meters at the 1999 World Championships. Stember, a 2001 Stanford graduate, placed third in the 1,500 meters to gain a berth on the U.S. Olympic team. He established a new school record of 3:35.11 while representing the United States at the IAAF Golden League Meet in Monte Carlo, Monaco, in August of 2000.

Over the years, the Stanford men's program has produced some of the nation's finest track and field athletes, including Terry Albritton, Jeff Atkinson, Ernie Cunliffe, Ian Dobson, Ben Eastman, Ian Dobson, Brad and Brent Hauser, Bud Held, Ryan Hall, Omer Inan, Gabriel Jennings, Don Kardong, James Lofton, Louis Luchini, Jason Lunn, Bob Mathias, Harry McCalla, Nathan Nutter, Marc Olesen, Jonathon Riley, Grant Robison, Harlow Rothert, Toby Stevenson, Tony Sandoval, Michael Stember, Gary Stolz, Brook Thomas and Dave Weill.

The Cardinal women's program first gained national prominence during the early 1980s when future Olympians and NCAA champions Regina Jacobs, Alison Wiley, PattiSue Plumer, and Ceci (Hopp) St. Geme starred in the middle distance and distance events. Carol Cady and Pam Dukes dominated the discus and shot put for the Cardinal from 1983-87, as did Mary Osborne in the javelin. In the 1990s, another group of Cardinal athletes returned Stanford to the national spotlight. The long list included Monal Chokshi, Mary Cobb, Chryste Gaines, Jackie Edwards, Sally Glynn, Tracey Lawyer, Sarna Renfro and Julia Stamps. In 2003, Lauren Fleshman became Stanford's first three-time NCAA champion, capturing the 5,000-meter national title from 2001-03.

Stanford Invitational

The 2009 Stanford Track & Field Invitational will be held on March 27 & 28. Thousands of high school, college, and professional runners, jumpers, and throwers will compete at Stanford's Cobb Track and Angell Field during this two-day track and field extravaganza. The list of past champions and meet record holders include a who's who of American Track and Field, including Gail Devers, and Stanford's PattiSue Plumer, Michael Stember, and Brad Hauser. The meet produces hundreds of NCAA regional qualifying standards each year.

Payton Jordan Cardinal Invitational

The Payton Jordan Cardinal Invitational will take place of May 2009 from Cobb Track and Angell Field. This year's edition will take on special significance with the passing of the track and field legend for which the meet is named. The meet is highlighted each year by the incredible distance fields that produce world class marks. In 2008, Shalane Flanagan set a new American Record in the 10,000 meters to highlight the meet.



Malindi Elmore



Ian Dobson



Tracey Lawyer



INDIVIDUAL CHAMPIONS

Men's NCAA Champions

Terry Albritton	Shot Put	67-3 1/2	1977	Champaign, Ill.
Russell Brown	DMR (i)	9:33.64	2007	Fayetteville, Ark.
Ian Dobson	5,000 Meters (i)	13:43.36	2005	Fayetteville, Ark.
Gordon Dunn	Discus	162-7	1934	Los Angeles, Calif.
Zach Chandy	DMR (i)	9:33.64	2007	Fayetteville, Ark.
Ward Edmonds	Pole Vault	13-6 1/4	1928	Chicago, Ill.
	Pole Vault	13-8 3/8	1929	Chicago, Ill.
Michael Garcia	DMR (i)	9:33.64	2007	Fayetteville, Ark.
Ryan Hall	5,000 Meters	13:22.32	2005	Sacramento, Calif.
Flint Hanner	Javelin	191-2 1/4	1921	Chicago, Ill.
Glenn Hartranft	Shot Put	50-0	1921	Chicago, Ill.
Mark Hassell	DMR	9:30.01	2001	Fayetteville, Ark.
Brad Hauser	5,000 Meters (i)	13:58.50	1998	Indianapolis, Ind.
	10,000 Meters	28:31.30	1998	Buffalo, N.Y.
	5,000 Meters (i)	13:52.79	1999	Indianapolis, Ind.
	5,000 Meters	13:48.80	2000	Durham, N.C.
	10,000 Meters	30:38.57	2000	Durham, N.C.
Garrett Heath	DMR (i)	9:33.64	2007	Fayetteville, Ark.
Bud Held	Javelin	209-8	1948	Minneapolis, Minn.
	Javelin	224-8 1/4	1949	Los Angeles, Calif.
	Javelin	216-8 3/8	1950	Minneapolis, Minn.
Clifford Hoffman	Discus	148-4	1921	Chicago, Ill.
Gabe Jennings	Mile (i)	3:59.46	2000	Fayetteville, Ark.
	DMR	9:28.83	2000	Fayetteville, Ark.
	1,500 Meters	3:37.76	2000	Durham, N.C.
	DMR	9:30.01	2001	Fayetteville, Ark.
Clyde Jeffrey	220 Yards	21.1	1939	Los Angeles, Calif.
Evan Kely	DMR	9:28.83	2000	Fayetteville, Ark.
Robert King	High Jump	6-6 3/8	1928	Chicago, Ill.
Sam Klopstock	120 Yard hurdles	14.4	1934	Los Angeles, Calif.
Eric Krenz	Discus	149-2	1928	Chicago, Ill.
Henri Laborde	Discus	163-3 3/4	1933	Chicago, Ill.
James Lofton	Long Jump	26-11 3/4	1978	Eugene, Ore.
Leo Long	Javelin	226-8 3/4	1954	Ann Arbor, Mich.
Ray Malott	440-Yards	46.8	1938	Minneapolis, Minn.
August Meier	120 Yard Hurdles	14.2	1933	Chicago, Ill.
Nathan Nutter	10,000 Meters	29:11.96	1999	Boise, Idaho
Larry Questad	100 Yards	9.7	1963	Albuquerque, N.M.
James Reynolds	Shot Put	50-5 1/4	1936	Chicago, Ill.
Jonathon Riley	DMR	9:28.83	2000	Durham, N.C.
	DMR	9:30.01	2001	Fayetteville, Ark.
	5,000 Meters	13:42.51	2001	Eugene, Ore.
Michael Robertson	Discus	201-0 (61.26m)	2005	Sacramento, Calif.
Grant Robison	1,500 Meters	3:40.39	2003	Sacramento, Calif.
Harlow Rothert	Shot Put	49-10 3/4	1928	Chicago, Ill.
	Shot Put	50-3	1929	Chicago, Ill.
	Shot Put	51-1 3/4	1930	Chicago, Ill.
Donald Sage	1,500 Meters	3:42.65	2002	Baton Rouge, La.
	DMR	9:30.01	2001	Fayetteville, Ark.
Bud Spencer	440 Yards	47.7	1928	Chicago, Ill.
Michael Stember	DMR	9:28.83	2000	Fayetteville, Ark.
Jon Stevens	DMR	9:30.01	2001	Fayetteville, Ark.
Toby Stevenson	Pole Vault	18-2 1/2	1998	Buffalo, N.Y.
Bob Stoecker	Discus	183-7 1/4	1965	Berkeley, Calif.
Dave Weill	Discus	188-1	1962	Eugene, Ore.
	Discus	181-2 1/4	1963	Albuquerque, N.M.
Peter Zagar	Discus	156-3	1937	Berkeley, Calif.
	Discus	162-3 1/4	1939	Los Angeles, Calif.
	Discus	164-0 1/4	1940	Minneapolis, Minn.

Women's NCAA Champions

Lisa Bernhagen	High Jump (i)	6-5 1/2	1987	Oklahoma City, Okla.
Carol Cady	Shot Put	56-0	1983	Houston, Texas
	Discus	198-5	1984	Eugene, Ore.
Monal Chokshi	3,000 Meters	9:20.18	1998	Buffalo, N.Y.
Alicia Craig	10,000 Meters	32:40.03	2003	Sacramento, Calif.
	10,000 Meters	33:58.27	2004	Austin, Texas
Pam Dukes	Shot Put (i)	57-1	1987	Oklahoma City, Okla.
Jackie Edwards	Long Jump (i)	21-7 1/2	1992	Indianapolis, Ind.
	Long Jump	21-8	1992	Austin, Texas

Lauren Fleshman	DMR	11:01.66	2000	Fayetteville, Ark.
	5,000 Meters	15:52.21	2001	Eugene, Ore.
	3,000 Meters (i)	9:07.45	2002	Fayetteville, Ark.
	5,000 Meters	15:53.91	2002	Baton Rouge, La.
	5,000 Meters	15:24.06	2003	Sacramento, Calif.
Chryste Gaines	55m (i)	6.87	1992	Indianapolis, Ind.
	100 Meters	11.05w	1992	Austin, Texas
Sally Glynn	DMR	11:01.66	2000	Fayetteville, Ark.
Ceci Hopp	3,000 Meters	8:57.0	1982	Provo, Utah
Lindsay Hyatt	DMR	11:01.66	2000	Fayetteville, Ark.
Tracye Lawyer	Heptathlon	5,855 pts	1999	Boise, Idaho
Erica McLain	Triple Jump	47-11	2008	Des Moines, Iowa
	Triple Jump (i)	45-7 3/4 (13.91m)	2007	Fayetteville, Ark.
	Triple Jump (i)	46-7 1/4	2008	Fayetteville, Ark.
PattiSue Plumer	2-Mile (i)	9:45.54	1983	Pontiac, Mich.
	5,000 Meters	15:39.38	1984	Eugene, Ore.
Kim Schnurpfeil	10,000 Meters	32:36.51	1982	Provo, Utah
Jayna Smith	DMR	11:01.66	2000	Fayetteville, Ark.
Alison Wiley	3,000 Meters	9:03.51	1983	Houston, Texas

Men's NCAA West Regional Outdoor Champions

Garrett Heath	1,500 Meters	3:42.17	2008	Northridge, Calif.
Louis Luchini	5,000 Meters	13:45.36	2003	Stanford, Calif.
Michael Robertson	Discus	201-0 (61.26m)	2005	Eugene, Ore.
Grant Robison	1,500 Meters	3:45.63	2003	Stanford, Calif.
Nick Welihozkiy	Hammer	212-0 (64.62m)	2003	Stanford, Calif.
Stanford	1,600 Meter Relay	3:07.23	2003	Stanford, Calif.

Milton Little, Gerren Crochet, Curtis Goehring, Nick Sebes

Women's NCAA West Regional Outdoor Champions

Sara Bei	5,000 Meters	16:22.41	2005	Eugene, Ore.
	5,000 Meters	16:12.86	2004	Northridge, Calif.
	5,000 Meters	16:06.48	2003	Stanford, Calif.
Jill Camarena	Shot Put	55-7 3/4 (16.96m)	2004	Northridge, Calif.
Janice Davis	100 Meters	11.61	2005	Eugene, Ore.
Nashonme Johnson	400 Meters	53.65	2006	Provo, Utah
Arianna Lambie	1,500 Meters	4:14.05	2007	Eugene, Ore.
Erica McLain	Long Jump	20-9 1/4	2008	Northridge, Calif.
	Triple Jump	44-8 (13.61m)	2006	Provo, Utah
	Triple Jump	44-8 (13.61m)	2007	Eugene, Ore.
	Triple Jump	43-2 1/2	2008	Northridge, Calif.
Teresa McWalters	5,000 Meters	16:04.92	2007	Eugene, Ore.
	5,000 Meters	16:17.30	2008	Northridge, Calif.
Stanford	1,600 Meter Relay	3:34.73	2005	Eugene, Ore.

Chinny Ofior, Ashley Freeman, Nashonme Johnson, Janice Davis

Men's Pacific-10 Champions (Since 1960)

Terry Albritton	Shot Put	65-6 1/4 (19.97m)	1977	Los Angeles, Calif. (UCLA)
Art Batchelder	Javelin (old implement)	240-11 1/2 (73.46m)	1962	Los Angeles, Calif. (USC)
Russell Brown	1,500 Meters	3:46.89	2007	Stanford, Calif.
Rick Buss	Hammer	211-5 (64.66m)	1980	Seattle, Wash.
Travis Clark	Decathlon	6,982 points	1994	Pullman, Wash.
Bill Crowley	1,500 Meters	3:47.79	1990	Seattle, Wash.
Ian Dobson	3,000m Steeplechase	8:50.83	2003	Los Angeles, Calif. (USC)
Jim Eshelman	Pole Vault	16-0 3/4 (4.90m)	1965	Pullman, Wash.
Brad Hauser	5,000 Meters	13:56.40	2000	Eugene, Ore.
Brent Hauser	10,000 Meters	29:27.90	2000	Eugene, Ore.
Garrett Heath	1,500 Meters	3:42.02	2008	Tempe, Ariz.
Marcus Hickerson	Long Jump	26-0 1/4 (7.93m)	1991	Tempe, Ariz.
Matt Hogsett	440 Yard Hurdles	51.3	1974	Los Angeles, Calif. (USC)
Gabe Jennings	1,500 Meters	3:42.86	2000	Eugene, Ore.
	1,500 Meters	3:43.30	2001	Berkeley, Calif.
	1,500 Meters	3:42.23	2002	Pullman, Wash.
Jimmie Johnson	200 Meters	20.95	1997	Seattle, Wash.
John Kelly	Long Jump	24-1 3/4 (7.36m)	1960	Seattle, Wash.
Milton Little	Long Jump	24-10wa (7.57m)	2002	Pullman, Wash.
James Lofton	Long Jump	26-4 3/4wa (8.05m)	1977	Los Angeles, Calif. (UCLA)
	Long Jump	25-9 1/2 (7.86m)	1978	Corvallis, Ore.
Louis Luchini	5,000 Meters	14:06.67	2003	Los Angeles, Calif. (USC)
	10,000 Meters	29:13.28	2003	Los Angeles, Calif. (USC)
Brian Marshall	High Jump	7-4 1/4 (2.24m)	1986	Los Angeles, Calif. (USC)
	High Jump	7-5 3/4 (2.28m)	1988	Los Angeles, Calif. (UCLA)

Harry McCalla	Three Miles	14:13.3	1962	Los Angeles, Calif. (USC)
Allen Meredith	Triple Jump	52-3 (15.92m)	1970	Los Angeles, Calif. (UCLA)
Bob Miltz	880 Yards	1:50.4	1963	Berkeley, Calif.
Dan Moore	Long Jump	24-8 ¼ (7.52m)	1962	Los Angeles, Calif. (USC)
	Long Jump	24-5 ½ (7.45m)	1963	Berkeley, Calif.
Nathan Nutter	10,000 Meters	29:55.20	1999	Tempe, Ariz.
Wapamo Osaisai	100 Meters	10.47	2008	Tempe, Ariz.
Michael Ponikvar	High Jump	7-0 ½ (2.15m)	1999	Tempe, Ariz.
	High Jump	7-4 ½ (2.25m)	2001	Berkeley, Calif.
Dave Popejoy	Hammer	216-0 (65.84m)	1992	Eugene, Ore.
Bill Pratt	880 Yards	1:50.3	1964	Los Angeles, Calif. (USC)
Michael Questad	100 Yards	21.5	1963	Berkeley, Calif.
Rob Reeder	10,000 Meters	29:48.88	1997	Seattle, Wash.
Jonathon Riley	5,000 Meters	14:18.11	2002	Pullman, Wash.
	10,000 Meters	30:22.64	2002	Pullman, Wash.
Michael Robertson	Discus	192-7 (58.70m)	2005	Los Angeles, Calif.
Grant Robison	1,500 Meters	3:44.42	2003	Los Angeles, Calif. (USC)
Justin Romaniuk	800 Meters	1:49.86	2003	Los Angeles, Calif. (USC)
Tony Sandoval	10,000 Meters	28:55.6	1976	Berkeley, Calif.
Paul Schlicke	Mile	4:02.5	1964	Los Angeles, Calif. (USC)
Michael Stember	800 Meters	1:50.02	2001	Berkeley, Calif.
Toby Stevenson	Pole Vault	18-9 ¼ (5.72m)	2000	Eugene, Ore.
Bob Stoecker	Discus	183-10 ½ (56.05m)	1965	Pullman, Wash.
David Strang	800 Meters	1:49.38	1990	Seattle, Wash.
	800 Meters	1:48.96	1991	Tempe, Ariz.
Jesse Thomas	3,000m Steeplechase	8:51.48	2001	Berkeley, Calif.
Dave Thomson	Hammer	209-8 (63.90m)	1981	Stanford, Calif.
Rick Tipton	120 Yard Hurdles	13.9	1969	Corvallis, Ore.
Bud Walsh	Long Jump	24-6 ½ (7.48m)	1967	Eugene, Ore.
Dave Weill	Discus	179-2 ½ (54.64m)	1961	Stanford, Calif.
	Discus	187-7 (57.19m)	1962	Los Angeles, Calif. (USC)
	Discus	179-8 ½ (54.78m)	1963	Berkeley, Calif.

Women's Pacific-10 Champions

Undine Becker	400 Meter Hurdles	58.59	2005	Los Angeles, Calif.
Chauntae Bayne-Hackett	400 Meters	52.35	2006	Eugene, Ore.
Sara Bei	5,000 Meters	16:35.39	2004	Tucson, Ariz.
	5,000 Meters	16:47.57	2005	Los Angeles, Calif.
Melanie Bloch	1,500 Meters	4:24.2	1990	Seattle, Wash.
Jill Camarena	Shot Put	54-10 ¼ (16.72m)	2002	Pullman, Wash.
	Shot Put	57-10 ¼ (17.63m)	2004	Tucson, Ariz.
Monal Chokshi	3,000 Meters	9:38.16	1995	Tucson, Ariz.
	3,000 Meters	9:23.92	1998	Stanford, Calif.
Alicia Craig	10,000 Meters	33:42.29	2003	Los Angeles, Calif. (USC)
	10,000 Meters	36:04.95	2004	Tucson, Ariz.
	10,000 Meters	34:02.79	2005	Los Angeles, Calif. (UCLA)
Jackie Edwards	Long Jump	21-8 ¼ (6.61m)	1992	Eugene, Ore.
	Triple Jump	41-8 ½ (12.71m)	1991	Tempe, Ariz.
Melissa Feinstein	Pole Vault	12-5 ½ (3.80m)	1998	Stanford, Calif.
Lauren Fleshman	5,000 Meters	16:47.24	2002	Pullman, Wash.
	5,000 Meters	16:37.52	2003	Los Angeles, Calif. (USC)
Chryste Gaines	100 Meters	12.05	1990	Seattle, Wash.
	100 Meters	11.28	1991	Tempe, Ariz.
	100 Meters	10.94wa	1992	Eugene, Ore.
Alex Gits	10,000 Meters	36:50	2008	Tempe, Ariz.
Sally Glynn	1,500 Meters	4:16.98	2001	Berkeley, Calif.
	3,000 Meters	9:22.11	2000	Eugene, Ore.
Carol Gray	10,000 Meters	33:41.8	1988	Los Angeles, Calif. (UCLA)
Arianna Lambie	1,500 Meters	4:15.65	2006	Eugene, Ore.
	1,500 Meters	4:19.12	2007	Stanford, Calif.
Tracye Lawyer	Heptathlon	5,663 points	1997	Seattle, Wash.
	Heptathlon	5,809 points	1998	Stanford, Calif.
	Heptathlon	5,794 points	1999	Tempe, Ariz.
Jen McCormick	Javelin	179-5 (54.68m)	1994	Pullman, Ariz.
Erica McLain	Long Jump	21-2 ½ (6.46m)	2005	Los Angeles, Calif. (UCLA)
	Long Jump	21-5 ¼ (6.53m)	2006	Eugene, Ore.
	Long Jump	21-4	2008	Tempe, Ariz.
	Triple Jump	45-2 ½ (13.78m)	2005	Los Angeles, Calif. (UCLA)
	Triple Jump	44-2 ½ (13.47m)	2006	Eugene, Ore.
	Triple Jump	46-5 ¼ (14.15m)	2007	Stanford, Calif.
	Triple Jump	44-6 ¾	2008	Tempe, Ariz.
Teresa McWalters	10,000 Meters	35:10.62	2007	Stanford, Calif.
	Triple Jump	44-2 ¼ (13.47m)	2006	Eugene, Ore.
Peggy Odita	Heptathlon	5,285 points	1990	Seattle, Wash.

Sarna Renfro	10,000 Meters	34:25.55	1997	Seattle, Wash.
Erin Sullivan	10,000 Meters	35:44.19	2002	Pullman, Wash.
Louise Watson	10,000 Meters	34:44.72	1994	Pullman, Wash.
Erica Wheeler	Javelin (old implement)	192-2 (58.58m)	1988	Los Angeles, Calif. (UCLA)
Stanford	1,600 Meter Relay	3:35.10	2004	Tucson, Ariz.
Stanford	1,600 Meter Relay	3:32.69	2006	Eugene, Ore.
Nashonme Johnson, Ashley Freeman, Janice Davis, Chauntae Bayne-Hackett				

Men's MPSF Indoor Champions

Russell Brown	Mile	4:02.54	2006	Seattle, Wash.
Ian Dobson	5,000 Meters	13:45.54	2005	Seattle, Wash.
Jacob Gomez	3,000 Meters	7:55.26	2006	Seattle, Wash.
Garrett Heath	Mile	4:07.39	2008	Seattle, Wash.
Seth Hejny	Mile	4:05.29	2003	Boise, Idaho
Josh Hustedt	Heptathlon	5,784 points	2008	Seattle, Wash.
Graeme Hoste	Pole Vault	18-4 ¾	2008	Seattle, Wash.
Louis Luchini	3,000 Meters	8:12.21	2003	Boise, Idaho
	5,000 Meters	14:13.13	2003	Boise, Idaho
Daniel Parris	5,000 Meters	15:13.52	2002	Flagstaff, Ariz.
Stanford	DMR	9:38.87	2006	Seattle, Wash.
Russell Brown, Michael Garcia, Joaquin Chapa, Garrett Heath				
Stanford	DMR	9:31.52	2008	Seattle, Wash.
Hakon DeVries, Andrew Dargie, Jacob Evans, Garrett Heath				

Women's MPSF Indoor Champions

Chauntae Bayne-Hackett	60 Meters	7.31	2006	Seattle, Wash.
Sara Bei	3,000 Meters	9:13.86	2005	Seattle, Wash.
Jill Camarena	Shot Put	55-6 ½ (16.93m)	2003	Boise, Idaho
	Shot Put	55-2 ¼ (16.82m)	2002	Flagstaff, Ariz.
Alicia Craig	3,000 Meters	9:26.67	2004	Seattle, Wash.
	5,000 Meters	16:05.24	2003	Boise, Idaho
Janice Davis	60 Meters	7.34	2005	Seattle, Wash.
	200 Meters	23.87	2005	Seattle, Wash.
	200 Meters	23.46	2006	Seattle, Wash.
Malindi Elmore	Mile	4:42.0	2003	Boise, Idaho
Ashley Freeman	400 Meters	54.16	2004	Seattle, Wash.
Alex Gits	5,000 Meters	16:29.14	2008	Seattle, Wash.
Jeanne Goff	3,000 Meters	9:40.40	2003	Boise, Idaho
Nashonme Johnson	400 Meters	54.61	2005	Seattle, Wash.
Arianna Lambie	Mile	4:39.01	2005	Seattle, Wash.
	Mile	4:44.27	2006	Seattle, Wash.
	3,000 Meters	9:09.58	2006	Seattle, Wash.
	3,000 Meters	9:20.91	2008	Seattle, Wash.
	5,000 Meters	15:50.65	2007	Seattle, Wash.
Sarah (Griffin) Matthew	Long Jump	20-6 ½ (6.26m)	2007	Seattle, Wash.
Erica McLain	Long Jump	20-7 (6.27m)	2005	Seattle, Wash.
	Long Jump	20-10 ¾ (6.37m)	2006	Seattle, Wash.
	Triple Jump	45-7 ¼ (13.90m)	2005	Seattle, Wash.
	Triple Jump	43-9 ¾ (13.35m)	2006	Seattle, Wash.
	Triple Jump	44-4 (13.51m)	2007	Seattle, Wash.
	Triple Jump	44-2	2008	Seattle, Wash.
Anita Siraki	5,000 Meters	16:58.74	2004	Seattle, Wash.
Lauren Stewart	Pentathlon	3,924 points	2008	Seattle, Wash.
Stanford	1,600 Meter Relay	3:43.37	2003	Boise, Idaho
Nashonme Johnson, Ashley Purnell, Chauntae Bayne, Christine Moschella				
Stanford	1,600 Meter Relay	3:40.19	2004	Seattle, Wash.
Chinny Offor, Nashonme Johnson, Keisha Gaines, Ashley Freeman				
Stanford	1,600 Meter Relay	3:38.51	2005	Seattle, Wash.
Chinny Offor, Christine Moshella, Nashonme Johnson, Ashley Freeman				
Stanford	1,600 Meter Relay	3:36.80	2006	Seattle, Wash.
Keisha Gaines, Nashonme Johnson, Chauntae Bayne-Hackett, Janice Davis				
Stanford	DMR	11:32.95	2003	Boise, Idaho
Yfa Kretzschmar, Lindsey Johnson, Lauren Fleshman, Alicia Craig				
Stanford	DMR	11:18.42	2004	Seattle, Wash.
Sara Bei, Chinny Offor, Katie Hotchkiss, Alicia Craig				
Stanford	DMR	11:24.54	2005	Seattle, Wash.
Amanda Trotter, Nashonme Johnson, Lindsay Allen, Anita Siraki				
Stanford	DMR	11:11.46	2006	Seattle, Wash.
Amanda Trotter, Ashley Freeman, Arianna Lambie, Katy Trotter				
Stanford	DMR	11:08.56	2008	Seattle, Wash.
Lauren Centrowitz, Idara Otu, Alicia Follmar, Arianna Lambie				



1982 Women's Cross Country Championship Team

NCAA Championships Men - Track & Field (Outdoors)

Year	Place	Points	Site
2005	Seventh	28	Sacramento, Calif.
2003 (tie)	Seventh	30	Sacramento, Calif.
2002	Eighth	26	Baton Rouge, La.
2001	Fourth	36	Eugene, Ore.
2000	NCAA Champions	72	Durham, N.C.
1999	Second	52	Boise, Idaho
1998	Second	51	Buffalo, N.Y.
1977 (tie)	Tenth	16	Champaign, Ill.
1968 (tie)	Tenth	14	Berkeley, Calif.
1963	Second	42	Albuquerque, N.M.
1962	Fifth	24 3/4	Eugene, Ore.
1960 (tie)	Sixth	20	Berkeley, Calif.
1957	Fifth	21	Austin, Texas
1954	Eighth	15	Ann Arbor, Mich.
1953 (tie)	Third	22	Lincoln, Ne
1952 (tie)	Fourth	24	Berkeley, Calif.
1950	Second	28	Minneapolis, Minn.
1949	Third	30	Los Angeles, Calif.
1948	Eighth	17 3/4	Minneapolis, Minn.
1940	Second	28 3/8	Minneapolis, Minn.
1939	Second	44 3/4	Los Angeles, Calif.
1938	Second Place	38	Minneapolis, Minn.
1937	Second	50	Berkeley, Calif.
1936	Fourth	32	Chicago, Ill.
1935 (tie)	Third	20	Berkeley, Calif.
1934	NCAA Champions	63	Los Angeles, Calif.
1933	Fourth	26 3/4	Chicago, Ill.
1930	Fifth	28	Chicago, Ill.
1929	Fifth	28	Chicago, Ill.
1928	NCAA Champions	72	Chicago, Ill.
1925	NCAA Champions	26	Chicago, Ill.
1923	Fourth	13.5	Chicago, Ill.

Men - Track & Field (Indoors)

2008	Seventh	23	Fayetteville, Ark.
2007	Fourth	28	Fayetteville, Ark.
2003 (tie)	Ninth	18	Fayetteville, Ark.
2001	Fifth	28.5	Fayetteville, Ark.
2000	Second	52	Fayetteville, Ark.
1999	Second	42.5	Indianapolis, Ind.
1998	Second	36.5	Indianapolis, Ind.

Men - Cross Country

2008	Third	227	Terre Haute, Ind.
2006	Fourth	195	Terre Haute, Ind.
2005	Sixth	231	Terre Haute, Ind.
2004	Sixth	269	Terre Haute, Ind.
2003	NCAA Champions	24	Waterloo, Ia
2002	NCAA Champions	47	Terre Haute, Ind.
2001	Second	91	Greenville, SC
2000	Fourth	149	Ames, Ia
1999	Fourth	223	Bloomington, Ind.

1998	Second	114	Lawrence, Ks
1997	NCAA Champions	53	Greenville, SC
1996	NCAA Champions	46	Tucson, Ariz.
1995	Fifth Place	209	Ames, Ia
1994	Sixth	208	Fayetteville, Ar
1968	Second	100	Wheaton, Ill.

Women - Track & Field (Outdoors)

2008	Sixth	31	Des Moines, Iowa
2005	Fifth	29	Sacramento, Calif.
2004	Sixth	27	Austin, Texas
2003	Ninth	27	Sacramento, Calif.
2002	Seventh	25	Baton Rouge, La.
2001	Eighth	27	Eugene, Ore.
1998	Ninth	25.5	Buffalo, N.Y.
1992	Fourth	28	Austin, Texas
1988	Eighth	26 1/3	Eugene, Ore.
1986	Sixth	29	Indianapolis, Ind.
1984	Third	71	Eugene, Ore.
1983	Sixth	60	Houston, Texas
1982	Fifth	78	Provo, Utah

Women - Track & Field (Indoors)

2008	Fifth	32	Fayetteville, Ark.
2007	Sixth	24	Fayetteville, Ark.
2006	Second	36	Fayetteville, Ark.
2005	Eighth	24	Fayetteville, Ark.
2004 (tie)	Seventh	30	Fayetteville, Ark.
2003	Sixth	32	Fayetteville, Ark.
2002 (tie)	Fifth	25	Fayetteville, Ark.
1992	Second	26	Indianapolis, Ind.
1983	Third	28	Pontiac, Mich.

Women - Cross Country

Year	Place	Points	Site
2008	Eighth	299	Terre Haute, Ind.
2007	NCAA Champions	144	Terre Haute, Ind.
2006	NCAA Champions	195	Terre Haute, In
2005	NCAA Champions	146	Terre Haute, Ind.
2004	Fifth	269	Terre Haute, Ind.
2003	NCAA Champions	120	Waterloo, Ia
2002	Second	113	Terre Haute, Ind.
2001	Fifth	206	Greenville, SC
2000	Third	198	Ames, Ia
1999	Third	127	Bloomington, Ind.
1998	Third	111	Lawrence, Ks
1997	Second	102	Greenville, SC
1996	NCAA Champions	101	Tucson, Ariz.
1995	Ninth	235	Ames, Ia
1994	Seventh	198	Fayetteville, Ark.
1984	Second	89	University Park, Pa
1983	Second	98	Bethlehem, Pa
1982	Second	91	Bloomington, Ind.
1981	Third	105	Wichita, Ks

NCAA West Regionals

Men - (Outdoors)

2008	Ninth Place (tie)	39	Northridge, Calif.
2007	Seventh	43.5	Eugene, Ore.
2006	Ninth	28	Provo, Utah
2005	Sixth	61	Eugene, Ore.
2004	Sixth	48	Northridge, Calif.
2003	Fourth	69	Stanford, Calif.

Women - (Outdoors)

Year	Place	Points	Site
2008	Fourth	74	Northridge, Calif.
2007	Fourth	60	Eugene, Ore.
2006	First Place (tie)	94	Provo, Utah
2005	First	110.5	Eugene, Ore.
2004	Third	74	Northridge, Calif.
2003	Second	77	Stanford, Calif.

Pac-10 Championships

Men - (Outdoors)

2008	Fifth	79	Tempe, Ariz.
2003 (USC)	Second	130	Los Angeles, Calif.
2002	First	151	Pullman, Wash.
2001	First	142	Berkeley, Calif.
2000	Second	122.5	Eugene, Ore.
1999	Third	105.5	Tempe, Ariz.
1994	Fifth	51.5	Pullman, Wash.
1966	Fourth	32	Stanford, Calif.
1965	Fifth	34	Pullman, Wash.
1964 (USC)	Fourth	37	Los Angeles, Calif.
1963	Second	64	Berkeley, Calif.
1962 (USC)	Third	50	Los Angeles, Calif.
1961	Fourth	28.5	Stanford, Calif.
1960	Fifth	26.5	Seattle, Wash.

Women - (Outdoors)

Year	Place	Points	Site
2008	Second	117	Tempe, Ariz.
2007	Second	134.33	Stanford, Calif.
2006	Second	151.5	Eugene, Ore.
2005 (UCLA)	First	173	Los Angeles, Calif.
2004	Second	153	Tucson, Ariz.
2003 (USC)	Second	140	Los Angeles, Calif.
2002	Third	121	Pullman, Wash.
2001	Third	120.5	Berkeley, Calif.
2000	Third	114	Eugene, Ore.
1999	Fourth	122.5	Tempe, Ariz.
1998	Second	136	Stanford, Calif.
1997	Third	110	Seattle, Wash.
1991	Fourth	54	Tempe, Ariz.

MPSF Championships

Men - (Indoors)

Year	Place	Points	Site
2008	Third	83	Seattle, Wash.
2007	Fourth	79.5	Seattle, Wash.
2006	Second	100	Seattle, Wash.
2005	Second	93.5	Seattle, Wash.
2004	Third	82.5	Seattle, Wash.
2003	Second	99	Boise, Idaho
2002	Fifth	57	Flagstaff, Ariz.

Women - (Indoors)

Year	Place	Points	Site
2008	Second	141	Seattle, Wash.
2007	Second	96	Seattle, Wash.
2006	First	161	Seattle, Wash.
2005	First	180.5	Seattle, Wash.
2004	First	148	Seattle, Wash.
2003	First	171	Boise, Idaho
2002	Sixth	57	Flagstaff, Ariz.



1996 Men's Cross Country Champions

MEN'S ALL-AMERICANS

Albritton, Terry	Shot Put	1977
Allen, Jeff	DMR	1998, '99
Araia, Neftalem	Cross Country	2004, '05, '06, '07
Atkinson, Jeff	1500 Meters	1985, '86
Balkman, Jason	Cross Country	1997
	5000 Meters (I)	1998, '99, '00
	5000 Meters	1999
	10,000 Meters	1999, '00
Batchelder, Art	Javelin	1962
Bogges, Brian	Shot Put	1989
Boyce, Peter	High Jump	1968
Brock, Greg	Cross Country	1968, '69
Russell Brown	Cross Country	2007
	DMR	2005, '07
	Mile (I)	2006, '07
	1500 Meters	2006, '07
Buss, Rick	Hammer	1980
Carrigan, Casey	Pole Vault	1970
Chandy, Zach	DMR	2007
Chapa, Joaquin	DMR	2005, '06
Colby, Tom	Javelin	1968
Connolly, Adam	35-pound Weight	1998, '99
	Hammer	1996, '98, '99
Cortwright, Steve	120Yd Hurdles	1963
Crowley, Bill	800 Meters	1990
Cunliffe, Ernie	880 Yards	1959, '60
Andrew Dargie	DMR	2008
Chris Derrick	Cross Country	2008
Hakon DeVries	DMR	2008
	5,000 Meters	2006
Dobson, Ian	Cross Country	2001, '02, '03
	5000 Meters (I)	2003, '04, '05
	10,000 Meters	2003
	3000 Meters (I)	2004
	3000M Steeplechase	2004
	5000 Meters	2005
Emme, Chris	3000 Meters (I)	2002, '04
Evans, Jacob	DMR	2008
Fadil, Mark	DMR	1996
Fox, Evan	DMR	2003
	Mile (I)	2005
Frische, Eric	440-Yard Relay	1965
Michael Garcia	DMR	2005, '06, '07
Goehring, Curtis	DMR	2002
Gomez, Jacob	3000 Meters (I)	2006
Gotcher, Brett	10,000 Meters	2006
Hall, Ryan	Cross Country	2002, '03, '04
	5000 Meters	2005
Hassell, Mark	DMR	1999, '01, '02
Hauser, Brad	Cross Country	1996, '97, '98
	3000 Meters (I)	1999
	5000 Meters (I)	1998, '99
	5000 Meters	1998, '99, 2000
	10,000 Meters	1997, '98, '00

Hauser, Brent	Cross Country	1996, '97, '98
	3000 Meters (I)	2000
	5000 Meters (I)	1998, '99, '00
	5000 Meters	1997, '98, '99, '00
	10,000 Meters	1998, '99, '00
Heath, Garrett	Cross Country	2008
	DMR	2006, '07, '08
	Mile (I)	2007, '08
	1500 Meters	2007, '08
Heath, Tad	DMR	1996
Hejny, Seth	3000 Meters (I)	2001, '02, '03
	5000 Meters	2001, '02, '03, '04
	DMR	2003
Hertel, Ed	120 Yard Hurdles	1942
Hickerson, Marcus	Long Jump	1991
Hoste, Graeme	Pole Vault (I)	2007, '08
	Pole Vault	2007
Hustedt, Josh	Heptathlon (I)	2007, '08
Inan, Omer	Discus	2001, '02, '03
Jennings, Gabe	DMR	1998, '00, '01
	Mile (I)	2000, '01
	1500 Meters	1998, '00, '01
	3000 Meters (I)	1998, '00
Jimmerson, Greg	Cross Country	1994, '95, '96
	10,000 Meters	1996
Johnson, Jimmie	DMR	1996
Kardong, Don	Cross Country	1970
	Three Miles	1970
Kelty, Evan	DMR	2000
Kelly, John	Triple Jump	1959, '60
Kissin, Roy	10,000 Meters	1978
Lofton, James	Long Jump	1976, '77, '78
Luchini, Louis	Cross Country	2001, '02, '03
	3000 Meters (I)	2003
	5000 Meters (I)	2001, '02, '03
	5000 Meters	2002, '03, '04
	10,000 Meters	2002
	DMR	2003
Lunn, Jason	DMR	1996
	1500 Meters	1997
	Mile (I)	1997
Maas, Jake	Cross Country	1999
	1500 Meters	1999
	DMR	1998
Marshall, Brian	High Jump	1986, '88
Mastalir, Eric	1500 Meters	1990
Mastalir, Mark	1500 Meters	1991
McCalla, Harry	Cross Country	1962
McIntyre, Bob	440-Yard Relay	1965
Mix, Hari	5000 Meters	2007
Murley, Thomas	Cross Country	1999, '00
Norwood, Toby	Hammer	1995
Nutter, Nathan	Cross Country	1995, '96, '97
	10,000 Meters	1997, '98, '99
Olesen, Marc	1500 Meters	1988
Pickering, Shaun	Hammer	1984
Pierce, Jonathan	3000M Steeplechase	2006
Ponikvar, Michael	High Jump (I)	2001
	High Jump	2001, '02
Popejoy, David	35-Pound Weight	1995
	Hammer	1994, '95
Questad, Larry	100 Yards	1963
	200 Yards	1963
	440 Yard Relay	1965
Reeder, Rob	5000 Meters (I)	1997
	10,000 Meters	1997



Donald Sage

Riley, Jonathon	Cross Country	1997, '98, '99, '00
	Mile (I)	1998, '99
	3000 Meters (I)	1999, '00, '01
	5000 Meters (I)	2001
	5000 Meters	2000, '01, '02
	DMR	1999, '00
Robertson, Michael	Discus	2005
Robison, Grant	Cross Country	2001, '02, '03
	3000 Meters (I)	2002, '03
	1500 Meters	2002, '03
	5000 Meters	2001
	DMR	2002, '03
Rodriguez, Rene	400 Meters (I)	1994
Rubin, Dale	440 Yard Relay	1965
Sage, Donald	Cross Country	2001, '02, '03
	1500 Meters	2001, '02, '04
	Mile (I)	2002
	DMR	2001, '02
	3000 Meters (I)	2004
Schneider, Glenn	Discus	1988
Scudamore, Dave	10,000 Meters	1992, '93
Sebes, Nick	DMR	2003, '05
Steier, Rolf	1500 Meters	2006
Stember, Michael	800 Meters	2000, '01
	1500 Meters	1997, '00, '01
	Mile (I)	1999, '00
	DMR	1998, '99, '00
	DMR	2001
Stevens, Jon	Pole Vault (I)	1998, '99, '00
Stevenson, Toby	Pole Vault	1998, '99, '00
Stoecker, Bob	Discus	1965, '66
Stolz, Gary	Cross Country	1992
	5000 Meters (I)	1993
Strand, Justin	Hammer	1996, '97, '98
Strang, David	800 Meters	1990, '91
Swanson, Pete	35-Pound Weight	1995
	Shot Put (I)	1995
Tenforde, Adam	Cross Country	2002, '03
	5000 Meters (I)	2003
	10,000 Meters	2002, '03
Thomas, Brook	Cross Country	1968
Thomas, Jesse	3000M Steeplechase	2002
Thomson, Dave	Hammer	1980
Thorson, Jay	Decathlon	1986
Weill, Dave	Discus	1961, '62, '63
Welihozkiy, Nick	Hammer	2003
	35-lb Weight (I)	2003
White, J.J.	Cross Country	1996
	3000 Meters (I)	1997
Winters, Jerry	Shot Put	1960



Ryan Hall



WOMEN'S ALL-AMERICANS

Allen, Lindsay	3000M Steeplechase	2008
Annis, Caroline	Cross Country	1998
Beatty, Allison	Javelin	1999
Bayne-Hackett, Chauntae	60 Meters (I)	2006
	200 Meters (I)	2006
Sara Bei	Cross Country	2003
	DMR	2004, '05
	3000 Meters (I)	2004
	5000 Meters	2004, '05
Bernhagen, Lisa	High Jump	1986, '87, '88
Bush, Lillian	Heptathlon	2003
Cady, Carol	Discus	1982, '83, '84
	Shot Put	1983, '84
Camarena, Jill	Shot Put (I)	2002, '03, '04
	Shot Put	2002, '03, '04
	Discus	2003
Carlucci, Maurica	1500 Meters	2002
	DMR	2002
Chokshi, Monal	Cross Country	1996
	3000 Meters	1995, '96, '98
	DMR	1995, '96, '98
Centrowitz, Lauren	DMR	2008
	Cross Country	2005, '07
	1500 Meters	2007
	3,000 Meters (I)	2008
Cobb, Mary	Cross Country	1995, '96, '97, '98
	DMR	1996
	3000 Meters	1996
	5000 Meters (I)	1996
	5000 Meters	1997, '99
Couper, Ashley	1500 Meters	2001
Craig, Alicia	Cross Country	2001, '02, '03, '04
	3000 Meters (I)	2003
	5000 Meters (I)	2003, '04, '05
	10,000 Meters	2003, '04
Davis, Janice	4 x 100 Meter Relay	2004
	4 x 400 Meter Relay	2005
	100 Meters	2006
	200 Meters (I)	2006
Dey, Dena	1500 Meters	1996
	DMR	1995, '96
Donoghue, Kathleen	Pole Vault	2001, '02
Dukes, Pam	Shot Put	1985, '86
Dunscombe, Kortney	Cross Country	1994
	5000 Meters (I)	1995, '98
	5000 Meters	1995
	10,000 Meters	1997

Edwards, Jackie	Long Jump (I)	1991, '92
	Long Jump	1991, '92
	Triple Jump (I)	1991, '92
	Triple Jump	1991, '92
Elmore, Malindi	Mile (I)	2002, '03
	Cross Country	2002
	1500 Meters	2003
	DMR	2003
Feinstein, Melissa	Pole Vault (I)	1998
	Pole Vault	1998
Flacks, Lindsay	Cross Country	2005
Fleshman, Lauren	Cross Country	1999, '00, '01, '02
	1500 Meters	2000
	Mile (I)	2001
	3000 Meters (I)	2000, '02, '03
	5000 Meters (I)	2003
	5000 Meters	2001, '02, '03
	DMR	2000, '02
Follmar, Alicia	DMR	2008
	Mile (I)	2008
Freeman, Ashley	DMR	2004, '06
	4 x 400 Meter Relay	2005
	800 Meters	2006
Fry, Jessica	Cross Country	1996
Gaines, Chryste	55 Meters (I)	1991, '92
	100 Meters	1991, '92
	200 Meters (I)	1991, '92
	200 Meters	1991, '92
Gaines, Keisha	DMR	2006
Gaztambide, Denise	Heptathlon	1986
Gits, Alex	10,000 Meters	2008
Glynn, Sally	Cross Country	1997, '98
	1500 Meters	2001
	Mile (I)	1999
	3000 Meters	1998, '99, '00
	5000 Meters	2001
	DMR	1998, '99, '00
Goff, Jeane	DMR	2003
Gray, Carol	10,000 Meters	1988
Harrington, Katie	Cross Country	2007
Holt, Tyra	DMR	1995, '96
Hopp, Ceci	3000 Meters	1982
Hotchkiss, Katie	DMR	2003
Hyatt, Lindsay	800 Meters (I)	2000
	DMR	2000, '02
Jacobs, Regina	Cross Country	1982, '83, '84, '85
	800 Meters	1982
	1500 Meters	1983, '85
Johnson, Nashonme	4 x 100 Meter Relay	2004
	4 x 400 Meter Relay	2005
Lambie, Arianna	Cross Country	2003, '05, '06, '07
	1500 Meters	2005, '07
	Mile (I)	2006
	3000 Meters (I)	2006, '07, '08
	5000 Meters (I)	2007
	DMR	2006, '08
Lawyer, Tracye	Heptathlon	1997, '98, '99
	High Jump (I)	1997
	High Jump	1998
Locke, Ann	10,000 Meters	1982
Lyons, Ellen	Cross Country	1984
Maier, Danielle	Javelin	2008
Malueg, Debbie	Discus	1991
Mason, Michelle	5000 Meters	1982
McLain, Erica	Triple Jump (I)	2005, '06, '07, '08
	Long Jump (I)	2005, '06, '08
	Triple Jump	2005, '06, '07, '08
	Long Jump	2006, '07, '08
McCormick, Jen	Javelin	1993, '94



Katie Harrington

McWalters, Teresa	Cross Country	2006
	5000 Meters	2005, '07, '08
	3000 Meters (I)	2006
Miller, Heather	DMR	1998
Moore, Sara	1500 Meters	1997
	DMR	1998
Moschella, Christine	DMR	2002, '03, '05
	4 x 100 Meter Relay	2004
	4 x 400 Meter Relay	2005
Nickerson, Karen	Discus	1985, '86
Odita, Peggy	Heptathlon	1990
Offor, Chinny	DMR	2004, '05
Osborne, Mary	Javelin	1983
Otu, Idara	DMR	2008
Plumer, PattiSue	3000 Meters	1982, '83, '84
	5000 Meters	1984
Purnell, Ashley	4 x 100 Meter Relay	2004
Purpur, Patty	Discus	1986, '88, '89
	Shot Put	1987, '88, '89
Renfro, Sarna	Cross Country	1994, '97
	3000 Meters	1995
	5000 Meters	1996, '97
	5000 Meters (I)	1998
	DMR	1995
Schnurpfeil, Kim	Cross Country	1981
	10,000 Meters	1982
	DMR	2000
Smith, Jayna	Cross Country	1997, '98, '99
Stamps, Julia	3000 Meters (I)	1998, '99
	3000 Meters	1999
	Cross Country	1999, '00
Trotter, Amanda	3000 Meters (I)	2006
	DMR	2006
Katy Trotter	Cross Country	2003, '04, '05
	DMR	2004, '05
	3000 Meters	2005, '06
	5000 Meters	2006
Turner, Laura	3000M Steeplechase	2002
Watson, Louise	5000 Meters (I)	1994
	10,000 Meters	1994
Wheeler, Erica	Javelin	1987, '88
Wiley, Alison	Cross Country	1982, '83, '84
	3000 Meters	1983, '84
	5000 Meters	1984, '86



Jackie Edwards

Men's Records

Yards	Name	Time	Year
100 yards	Larry Questad	9.3	1963, 1965
220 yards	Larry Questad	20.6	1963
440 yards	Ben Eastman	46.4	1932
880 Yards	Ernie Cunliffe	1:47.3	1960
Mile	Jeff Atkinson	3:55.16	1986
Two Miles	Don Kardong	8:37.8	1971
Three Miles	Don Kardong	13:20.8	1971
Six Miles	Don Kardong	28:00.6	1971
Marathon	Tony Sandoval	2:14.58.0	1976
120 Yard Hurdles	Rick Tipton	13.7	1971
220 Yard Hurdles	Sam Klopstock,	23.2	1934
	Jack Weiershauser	23.2	1937
440 Yard IM Hurdles	Randy White	50.7	1971
440 Yard Relay	Eric Frische, Dale Rubin, Bob McIntyre, Larry Questad	39.7	1965
880 Yard Relay	Marvin Holmes, James Lofton, Gordon Banks, Alan Sheats	1:23.7	1977
Mile Relay	Alan Sheats, Tom Shellworth, Gordon Banks, James Lofton	3:08.5	1977
Two-Mile Relay	Bob Miltz, Bill Pratt, Harlan Andrews, Harry McCalla	7:23.5	1964
Distance Medley Relay	James Cramton (440), Bill Crowley (880), Dave Strang (1320), Marc Olesen (Mile)	9:32.85	1988
4 x Mile Relay	Seth Hejny, Donald Sage, Jonathon Riley, Michael Stember	16:15.70	2001

Meters	Name	Time	Year
100 Meters	Wopamo Osaisai	10.39	2005
200 Meters	Larry Questad	20.74	1963
	James Lofton	20.74	1978
400 Meters	Rene Rodriguez	45.85	1994
800 Meters	Michael Stember	1:46.20	2000
1,500 Meters	Michael Stember	3:35.11	2000
3,000 Meter Steeplechase	Ian Dobson	8:32.09	2004
5,000 Meters	Ian Dobson	13:15.33	2005
10,000 Meters	Ian Dobson	27:59.72	2005
110 Meter Hurdles	John Foster	13.94	1976
400 Meter Hurdles	Randy White	50.4	1971
4 x 100 Meter Relay	T.J. Rushing, Nick Sebes, Curtis Goehring, Stanley Wilson	39.71	2004
4 x 400 Meter Relay	Paul McCarthy, Alan Sheats, Gordon Banks, James Lofton	3:06.6	1978
4 x 800 Meter Relay	Ryan Carroll, Gabe Jennings, Mark Hassell, Michael Stember	7:16.94	2000
4 x 1,500 Meter Relay	Brad Hauser, Michael Stember, Brent Hauser, Jason Lunn	15:08.95	1997

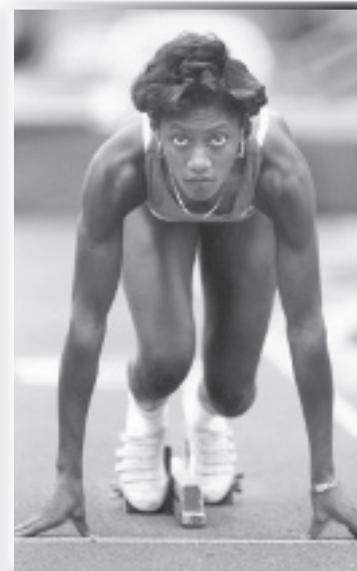
Field Events	Name	Time	Year
Discus	Michael Robertson	210-01 (64.04m)	2007
Hammer	David Popejoy	240-10 (73.40m)	1995
High Jump	Brian Marshall	7-5 ¾ (2.28m)	1988
Javelin (old)	Tom Colby	265-8 (80.98m)	1978
Javelin (new)	Chad Wassink	234-0 (71.32m)	2001
Long Jump	James Lofton	26-11 ¾ (8.22m)	1978
Pole Vault	Toby Stevenson	18-9 ¼ (5.72m)	2000
Shot Put	Terry Albritton	70-7 (21.51m)	1977
Triple Jump	Allen Meredith	52-3 (15.93m)	1970
Decathlon (old)	Bob Mathias	7,887	1952
Decathlon (new)	Jay Thorson	7,529	1986
Pentathlon	Kenny King	3,140	1973



Michael Stember, Gabe Jennings and Jonathon Riley.



James Lofton



Chryste Gaines

Women's Records

Yards	Name	Time	Year
Mile	Ceci Hopp	4:36.50	1982
Two Mile	Kim Schnurfeil	10:01.89	1982
4 x 440 Yard Relay	Pam Donald, Margaret Demorest, Marcia Martin, Regina Jacobs	3:48.15	1983

Meters	Name	Time	Year
100 Meters	Chauntae Bayne-Hackett	11.15a	2006
	Chryste Ggaines	11.16	1992
200 Meters	Chauntae Bayne-Hackett	22.78a	2006
	Chryste Gaines	23.00	1992
400 Meters	Chauntae Bayne-Hackett	52.35	2006
800 Meters	Malindi Elmore	2:04.35	2003
1,500 Meters	Malindi Elmore	4:10.42	2003
3,000 Meters	PattiSue Plumer	8:53.1	1983
3,000 Meter Steeplechase	Lindsay Allen	10:01.53	2007
5,000 Meters	Lauren Fleshman	15:15.48	2003
10,000 Meters	Alicia Craig	32:19.97	2004
100 Meter Hurdles	Lindsey Johnson	13.48	2003
400 Meter Hurdles	Pam Board	58.31	1987
4 x 100 Meter Relay	Janice Davis, Nashonme Johnson, Christine Moschella, Ashley Purnell	44.18	2004
4 x 400 Meter Relay	Christine Moschella, Janice Davis, Ashley Freeman, Nashonme Johnson	3:29.39	2005
Sprint Medley Relay	Pam Donald, Andrea Cheeck, Johnna Hansen, Shelly Poirio	1:52.9	1980
4 x 800 Meter Relay	Laura Mottaz (2:09.8), Arianna Lambie (2:07.8), Chiny Offor (2:08.9), Ashley Freeman (2:05.5)	8:32.02	2005
4 x 1,500 Meter Relay	Amanda Trotter (4:20.3) Lauren Centrowitz (4:18.9), Katy Trotter (4:24.1), Arianna Lambie (4:15.3)	17:18.83	2006
Distance Medley Relay	Katy Trotter, Janice Davis, Ashley Freeman, Arianna Lambie	10:58.72	2006

Field Events	Name	Time	Year
Discus	Carol Cady	207-8 (63.30m)	1983
Hammer	Sarah Hopping	219-8 (66.96m)	2006
High Jump	Lisa Bernhagen	6-2 (1.88m)	1987
Javelin (old implement)	Erica Wheeler	192-2 (58.58m)	1988
Javelin (new implement)	Danielle Maier	174-0 (53.04m)	2008
Long Jump	Jackie Edwards	21-11 ¾ (6.70m)	1991
Pole Vault	Kathleen Donoghue	13-5 ¼ (4.10m)	2002
Shot Put	Jill Camarena	59-6 ¾ (18.15m)	2004
Triple Jump	Erica McLain	46-05 ¼ (14.15m)	2007
Heptathlon	Tracye Lawyer	5,855 points	1999



INDOOR AND FRESHMAN RECORDS

Men's Indoor Records

Yards	Name	Time	Year
60 Yards	Larry Questad	6.2	1963
	Ken Curl	6.2	1973
100 Yards	Rick Tipton	9.6	1971
600 Yards	Brian Connolly	1:11.0	1985
880 Yards	Ernie Cunliffe	1:51.3	1961
1,000 Yards	Ernie Cunliffe	2:07.9	1961
Mile	Michael Stember	3:58.40	2000
Two Mile	Tony Sandoval	8:52.6	1976
60 Yard High Hurdles	Dave Bagshaw	7.0	1973
70-Yard High Hurdles	Dave Bagshaw	8.4	1973
120-Yard High Hurdles	Dave Bagshaw	13.9	1973
880 Yard Relay	Ken Curl, John Kessel, Matt Hogsett, John Anderson	1:27.4	1973
Mile Relay	Matt Hogsett, John Kessel, Dave Bagshaw, John Anderson	3:17.2	1973
Sprint Medley	(110, 110, 220, 440) Ken Curl, John Kessel, John Anderson, Dave Bagshaw	1:32.5	1973

Meters	Name	Time	Year
55 Meters	Leroy Sims	6.40	2000
60 Meters	Ryan Fisticaro	6.82	2009
200 Meters	Jimmie Johnson	21.17	1997
400 Meters	Nick Sebes	46.88	2005
500 Meters	Terry Parks	63.4	1983
800 Meters	Michael Stember	1:47.78	2000
1,500 Meters	Brian Pettingill	3:49.7	1983
3,000 Meters	Jonathon Riley	7:46.84	2002
5,000 Meters	Brad Hauser	13:42.00	1998
55 Meter Hurdles	Jay Thorson	7.38	1986
60 Meter Hurdles	Myles Bradley	7.71	2009
4 x 400 Meter Relay	Stanford	3:10.40	2003
4 x 800 Meter Relay	Christian Skoog, Brian Pettingill, Brian Connolly, Jeff Atkinson	7:33.2	1986
Distance Medley Relay	(1200, 400, 800, 1600) Gabe Jennings, Evan Kelty, Michael Stember, Jonathon Riley	9:28.83	2000

Field Events	Name	Time	Year
High Jump	Brian Marshall	7-3 1/2 (2.22m)	1986
Long Jump	James Lofton	25-7 1/4 (7.80m)	1977
Pole Vault	Graeme Hoste	18-4 3/4 (5.61m)	2008
Shot Put	Terry Albritton	70-6 1/2 (21.50m)	1977
Triple Jump	Phil Cannon	50-2 (15.29m)	1986
35-lb. Weight	Adam Connolly	71-7 1/4 (21.82m)	1999
Heptathlon	Josh Hustedt	5,837 pts	2007

Women's Indoor Records

Yards	Name	Time	Year
Mile	PattiSue Plumer	4:37.0	1983
Two Mile Run	Kim Schnurpfeil	10:01.89	1980
Mile Relay	Marcia Martin, Regina Jacobs, Pam Board, Terri Givens	3:54.0	1983

Meters	Name	Time	Year
50 Meters	Chryste Gaines	6.25	1991
55 Meters	Chryste Gaines	6.87	1991
60 Meters	Chauntae Bayne-Hackett	7.21	2006
200 Meters	Chauntae Bayne-Hackett	22.77	2006
300 Meters	Margaret Demorest	40.7	1982
400 Meters	Ashley Purnell	53.57	2005
800 Meters	Lindsay Hyatt	2:05.95	2000
1,500 Meters	PattiSue Plumer	4:23.5	1983
3,000 Meters	PattiSue Plumer	8:53.1	1983
5,000 Meters	Alicia Craig	15:43.04	2003
55 Meter Hurdles	Jackie Bridgeman	7.38	1994
60 Meter Hurdles	Lindsey Johnson	8.42	2002
4 x 400 Meter Relay	Christine Moschella, Janice Davis, Ashley Freeman, Ashley Purnell	3:34.92	2005
Distance Medley Relay	(1200, 400, 800, 1600) Sally Glynn, Jayna Smith, Lindsay Hyatt, Lauren Fleshman	11:01.56	2000

Field Events	Name	Time	Year
High Jump	Lisa Bernhagen	6-5 1/2 (1.97m)	1987
Long Jump	Jackie Edwards	21-8 3/4 (6.62m)	1992
Pole Vault	Anna MacFarlane	13-1 (3.99m)	2006
Shot Put	Jill Camarena	57-2 3/4 (17.44m)	2004
Triple Jump	Erica McLain	45-7 1/4 (13.90m)	2005
20-lb Weight	Jessica Pluth	61-11 (18.87m)	2003
Pentathlon	Lauren Stewart	3,928 pts	2008

Men's Freshman Outdoor Records

Yards	Name	Time	Year
400 Yards	Jim Ward	47.5	1965
880 Yards	Mark Stillman	1:51.8	1978
Mile	Gabe Jennings	3:59.32	1998
Two Mile	Tom Lobsinger	8:58.0	1978
120 Yard High Hurdles	Dave Bagshaw	14.2	1972
440 Yard Hurdles	Randy White	52.2	1968
440 Yard Relay	Andy Sears, Russ Taplin, Dell Martin, Roger Cox	41.6	1965
Mile Relay	Dell Martin, Russ Taplin, Mike Hughes, Jim Ward	3:17.1	1965

Meters	Name	Time	Year
100 Meters	Wopamo Osaisai	10.39	2005
200 Meters	Wopamo Osaisai	21.04	2005
400 Meters	Rene Rodriguez	46.46	1993
800 Meters	Gabe Jennings	1:46.99	1998
1,500 Meters	Donald Sage	3:39.27	2001
3,000 Meters	Gabe Jennings	7:58.40	1998
3,000 Meter Steeplechase	Jonathan Pierce	9:00.35	2004
5,000 Meters	Brent Hauser	13:39.75	1997
10,000 Meters	Brent Hauser	28:46.35	1997
110 Meter Hurdles	Myles Bradley	14.36	2006
400 Meter Hurdles	Garry Shumway	53.04	1979

Field Events	Name	Time	Year
Discus	Omer Inan	188-3 (57.38m)	2000
Hammer	Adam Connolly	208-0 (63.40m)	1995
High Jump	Brian Marshall	7-3 3/4 (2.23m)	1985
Javelin (old implement)	Fred Mondragon	236-0 (71.93m)	1985
Javelin (new implement)	Bryan Kelley	184-2 (56.15m)	2003
Long Jump	Darrin Nelson	25-7 1/2 (7.81m)	1978
Pole Vault	Toby Stevenson	17-9 (5.41m)	1997
Shot Put	Terry Albritton	61-6 1/2 (18.76m)	1973
Triple Jump	Solomon Welch	50-9 1/2 (15.48m)	2003
Decathlon	Jay Goff	7,007 pts	2000

Women's Freshman Outdoor Records

Yards	Name	Time	Year
Mile	Ceci Hopp	4:36.5	1982
Two Mile	Alison Wiley	10:02.7	1983

Meters	Name	Time	Year
100 Meters	Chryste Gaines	11.44	1989
200 Meters	Nashonme Johnson	23.61	2003
400 Meters	Keisha Gaines	53.83	2004
800 Meters	Regina Jacobs	2:04.38	1982
1,500 Meters	Arianna Lambie	4:13.14	2004
3,000 Meters	Ceci Hopp	8:57.27	1982
3,000 Meter Steeplechase	Katy Trotter	10:07.55	2004
5,000 Meters	Alicia Craig	15:25.75	2003
10,000 Meters	Alicia Craig	32:40.03	2003
100 Meter Hurdles	Robyn Woolfolk	13.86	1999
400 Meter Hurdles	Pam Board	59.64	1984

Field Events	Name	Time	Year
Discus	Patty Purpur	177-7 (54.12m)	1986
Hammer	Jessica Pluth	187-0 (57.00m)	2001
High Jump	Lisa Bernhagen	6-0 (1.83m)	1985
Javelin (old implement)	Mary Osborne	181-3 (55.26m)	1980
Javelin (new implement)	Dani Meier	150-2 (45.78m)	2005
Long Jump	Erica McLain	21-2 1/2 (6.46m)	2005
Pole Vault	Samantha Shepard	13-2 1/4 (4.02m)	2003
Shot Put	Jillian Camarena	53-9 (16.38m)	2001
Triple Jump	Erica McLain	45-11 1/2 (14.01m)	2005
Heptathlon	Whitney Liehr	5,186 pts	2008



Pam Board

MEN'S ALL-TIME OUTDOOR RECORDS

100 Meters

World Record	Year	Time
Usain Bolt (Jamaica)	2008	9.69
American Record	Year	Time
Tyson Gay (USA)	2008	9.77
Collegiate Record	Year	Time
Ato Bolden (UCLA)	1996	9.90
Pac-10 Record	Year	Time
Ato Boldon (UCLA)	1996	9.90
Cobb Track & Angell Field	Year	Time
Maurice Greene (Nike)	2002	9.99
Stanford Record	Year	Time
1. Wopamo Osaisai	2005	10.39
2. Gordon Banks	1977	10.40
3. Larry Questad	1964	10.44
4. Jimmie Johnson	1997	10.46
Stanley Wilson	2004	10.46
6. Marvin Holmes	1977	10.48
7. James Lofton	1978	10.54
7. Darrin Nelson	1979	10.54
9. Leroy Sims	2000	10.61
Milton Little	2003	10.61

200 Meters

World Record	Year	Time
Usain Bolt (Jamaica)	2008	19.30
American Record	Year	Time
Michael Johnson (USA)	1996	19.32
Collegiate Record	Year	Time
Xavier Carter (LSU)	2006	19.63
Pac-10 Record	Year	Time
Ato Boldon (UCLA)	1996	19.80
Cobb Track & Angell Field	Year	Time
Darvis Patton (adidas)	2002	20.15
Stanford Record	Year	Time
1. Larry Questad	1963	20.74
James Lofton	1977	20.74
3. Clyde Jeffrey	1939	20.84
4. Jimmie Johnson	1997	20.95
5. Wopamo Osaisai	2005	21.04
6. Damon Dunn	1996	21.10
7. Gordon Banks	1977	21.24
8. Milton Little	2003	21.31
Andrew Dargie	2008	21.31
10. Darrin Nelson	1980	21.34

400 Meters

World Record	Year	Time
Michael Johnson (USA)	1999	43.18
American Record	Year	Time
Michael Johnson (USA)	1999	43.18
Collegiate Record	Year	Time
Quincy Watts (USC)	1992	44.00
Pac-10 Record	Year	Time
Quincy Watts (USC)	1992	43.50
Cobb Track & Angell Field	Year	Time
Tyree Washington (Nike)	2003	44.33
Stanford Record	Year	Time
1. Rene Rodriguez	1994	45.85
2. Alan Sheats	1977	46.08
3. Jimmie Johnson	1996	46.17
4. Nick Sebes	2004	46.20
5. Andrew Dargie	2008	46.53
6. James Lofton	1977	46.54
Ben Eastman	1932	46.54
8. James Cramton	1991	46.71
9. Evan Kelly	2002	46.86
10. Ray Malott	1937	47.04

800 Meters

World Record	Year	Time
Wilson Kipketer (Den)	1997	1:41.11
American Record	Year	Time
Johnny Gray (SMTC)	1985	1:42.60
Collegiate Record	Year	Time
Joaquim Cruz (Oregon)	1984	1:41.77
Pac-10 Record	Year	Time
Joaquim Cruz (Oregon)	1984	1:41.77
Cobb Track & Angell Field	Year	Time
David Krumpfenacher (USA)	2005	1:45.19

Stanford Record

Year	Time
2000	1:46.20
1960	1:46.60
2001	1:46.83
1990	1:46.90
1986	1:47.92
2003	1:47.96
2007	1:47.96
1979	1:48.30
2001	1:48.42
1990	1:48.20

1,500 Meters

World Record	Year	Time
Hicham El Guerrouj (Morocco)	1998	3:26.00
American Record	Year	Time
Bernard Lagat (Nike)	2005	3:29.30
Collegiate Record	Year	Time
Bernard Lagat (WSU)	1999	3:30.56
Pac-10 Record	Year	Time
Bernard Lagat (WSU)	1998	3:34.48
Cobb Track & Angell Field	Year	Time
Rachid Ramzi (Bahrain)	2005	3:34.74
Stanford Record	Year	Time
1. Michael Stember	2000	3:35.11
2. Gabe Jennings	2000	3:35.21
3. Grant Robison	2003	3:35.75
4. Russell Brown	2007	3:37.56
5. Jonathon Riley	2000	3:38.90
6. Marc Olesen	1988	3:39.26
7. Donald Sage	2001	3:39.27
8. Garrett Heath	2008	3:39.96
9. Andrew Powell	2000	3:40.65
10. Mark Mastalir	1991	3:41.30

Mile

World Record	Year	Time
Hicham El Guerrouj (Morocco)	1999	3:43.13
American Record	Year	Time
Alan Webb (Nike)	2007	3:46.91
Collegiate Record	Year	Time
Todd Harbour (Baylor)	1981	3:50.34
Pac-10 Record	Year	Time
Joaquim Cruz (Oregon)	1984	3:53.00
Cobb Track & Angell Field	Year	Time
William Chirchir (Kenya)	2001	3:52.86
Stanford Record	Year	Time
1. Jeff Atkinson	1986	3:55.16
2. Michael Stember	1998	3:59.11
3. Gabe Jennings	1998	3:59.32
4. Duncan MacDonald	1970	3:59.69
5. Jonathon Riley	2002	3:59.69
6. Brian Mittelstaedt	1973	4:00.1
7. Ernie Cunliffe	1960	4:00.4
8. Harry McCalla	1963	4:01.5
9. Donald Sage	2004	4:01.69
10. Paul Schicke	1964	4:02.3



Jeff Atkinson holds the Stanford record in the mile.

3,000 Meter Steeplechase

World Record	Year	Time
Saif Saaeed Shaheen (Qatar)	2004	7:53.51
American Record	Year	Time
Daniel Lincoln (Nike)	2006	8:08.82
Collegiate Record	Year	Time
Henry Rono (WSU)	1978	8:05.4
Pac-10 Record	Year	Time
Henry Rono (WSU)	1978	8:05.4
Cobb Track & Angell Field	Year	Time
Raymond Yator (Kenya)	2001	8:11.76
Stanford Record	Year	Time
1. Ian Dobson	2004	8:32.09
2. Jesse Thomas	2002	8:35.83
3. David Frank	1984	8:38.19
4. Jonathon Pierce	2006	8:40.72
5. David Vidal	2005	8:43.07
6. Fred Carter	1992	8:45.92
7. Steve Miller	1989	8:48.52
8. Mark Fadil	1996	8:50.82
9. Bill Graham	1982	8:52.6
10. Bill Gail	1979	8:53.6

5,000 Meters

World Record	Year	Time
Kenenisa Bekele (Ethopia)	2004	12:37.35
American Record	Year	Time
Bob Kennedy (Nike)	1996	12:58.21
Collegiate Record	Year	Time
Henry Rono (WSU)	1978	13:08.4
Pac-10 Record	Year	Time
Henry Rono (WSU)	1978	13:08.4
Cobb Track & Angell Field	Year	Time
Marcos Geneti (Ethiopia)	2005	13:08.59
Stanford Record	Year	Time
1. Ian Dobson	2005	13:15.33
2. Ryan Hall	2005	13:16.03
3. Louis Luchini	2004	13:25.19
4. Brad Hauser	2000	13:27.31
5. Jonathon Riley	2002	13:29.15
6. Brent Hauser	1997	13:39.75
7. Grant Robison	2002	13:40.30
8. Gabe Jennings	2000	13:44.60
9. Neftalem Araia	2005	13:44.78
10. Jason Balkman	1999	13:44.87

10,000 Meters

World Record	Year	Time
Kenenisa Bekele (Ethopia)	2005	26:17.53
American Record	Year	Time
Meb Keflezighi (USA)	2001	27:13.98
Collegiate Record	Year	Time
Henry Rono (WSU)	1982	27:22.47
Pac-10 Record	Year	Time
Henry Rono (WSU)	1978	27:22.47
Cobb Track & Angell Field	Year	Time
Abraham Chebii (Puma)	2001	27:04.20
Stanford Record	Year	Time
1. Ian Dobson	2005	27:59.72
2. Brad Hauser	1999	28:08.12
3. Brent Hauser	2000	28:23.37
4. Adam Tenforde	2003	28:23.67
5. Neftalem Araia	2006	28:27.43
6. Jason Balkman	1999	28:32.21
7. Nathan Nutter	1998	28:32.62
8. Jonathon Riley	2001	28:33.71
9. Donald Sage	2002	28:40.12
10. Louis Luchini	2003	28:41.13



MEN'S ALL-TIME OUTDOOR RECORDS

110 Meter Hurdles

World Record	Year	Time
Dayron Robles (Cuba)	2008	12.87
American Record	Year	Time
Dominique Arnold (Nike)	2006	12.90
Collegiate Record	Year	Time
Renaldo Nehemiah (Maryland)	1979	13.00
Pac-10 Record	Year	Time
Greg Foster (UCLA)	1978	13.22
Cobb Track & Angell Field	Year	Time
Allen Johnson (Nike)	2002	13.08
Stanford Record	Year	Time
1. Myles Bradley	2008	13.78
2. John Foster	1976	13.94
3. Bob Mathias	1953	14.04
4. Chuck Cobb	1958	14.10
4. Justin Williams	2003	14.10
6. Rick Tipton	1969	14.14
7. Peter Kolotouros	1989	14.15
8. Michael Harte	1999	14.19
9. Jay Thorson	1986	14.22
10. Josh Hustedt	2007	14.25

400 Meter Hurdles

World Record	Year	Time
Kevin Young (USA)	1992	46.78
American Record	Year	Time
Kevin Young (USA)	1992	46.78
Collegiate Record	Year	Time
Samuel Matete (Auburn)	1991	47.10
Pac-10 Record	Year	Time
Kevin Young (UCLA)	1988	47.72
Cobb Track & Angell Field	Year	Time
James Carter (Nike)	2002	48.12
Stanford Record	Year	Time
1. Randy White	1971	50.4
2. Jeff Allen	1998	50.98
3. Tom Shellworth	1977	51.2
4. Matt Hogsett	1974	51.3
5. Garry Shumway	1981	51.71
6. Shaughn Ryan	1986	51.73
7. Garry Shumway	1980	52.0
8. Tim Collins	1988	52.15
9. Gerren Crochet	2003	52.63
10. Kraig Sanders	1986	52.85

4x100 Meter Relay

World Record	Year	Time
Jamaica	2008	37.10
American Record	Year	Time
National Team	1992	37.40
Collegiate Record	Year	Time
Texas Christian	1998	38.04
Pac-10 Record	Year	Time
USC	1967	38.44 (38.6y)
Cobb Track & Angell Field	Year	Time
HSI	1998	38.78
Stanford Record	Year	Time
1. Stanford	2004	39.71
<i>T.J. Rushing, Nick Sebes, Curtis Goehring, Stanley Wilson</i>		
2. Stanford	1978	39.84
<i>Darrin Nelson, Alan Sheats, Gordon Banks, James Lofton</i>		
3. Stanford	2003	40.15
<i>Milton Little, Gerren Crochet, Nick Sebes, T.J. Rushing</i>		
4. Stanford	2003	40.24
<i>Milton Little, Gerren Crochet, T.J. Rushing, Nick Sebes</i>		
4. Stanford	2008	40.24
<i>Daniel Belch, Andrew Dargie, Tyrone McGraw, Wopamo Osaisai</i>		
6. Stanford	2002	40.26
<i>Curtis Goehring, Nick Sebes, Evan Kelly, Stanley Wilson</i>		
7. Stanford	2003	40.39
<i>Milton Little, Nick Sebes, Curtis Goehring, Stanley Wilson</i>		
8. Stanford	1995	40.51
<i>Anthony Bookman, Branyon Davis, Jamie Webb, Jimmie Johnson</i>		
9. Stanford	2008	40.59
<i>Danny Belch, Mark Mueller, Zach Chandy, Wopamo Osaisai</i>		
10. Stanford	2003	40.61
<i>Curtis Goehring, Milton Little, Nick Sebes, Gerren Crochet</i>		



James Lofton holds the school record in the long jump with a leap of 26-11 3/4 (8.22m).

4x400 Meter Relay

World Record	Year	Time
United States	1998	2:54.20
American Record	Year	Time
United States	1998	2:54.20
Collegiate Record	Year	Time
UCLA	1988	2:59.91
Pac-10 Record	Year	Time
LSU	2005	2:59.59
Cobb Track & Angell Field	Year	Time
Washington	1998	3:06.49
Stanford Record	Year	Time
1. Stanford	1978	3:06.6
<i>Paul McCarthy, Gordon Banks, Alan Sheats, James Lofton</i>		
2. Stanford	2003	3:07.23
<i>Milton Little, Gerren Crochet, Curtis Goehring, Nick Sebes</i>		
3. Stanford	1977	3:07.4
<i>Alan Sheats, Tom Shellworth, Gordon Banks, James Lofton</i>		
4. Stanford	2004	3:07.53
<i>Curtis Goehring, Nick Sebes, Stanley Wilson, T.J. Rushing</i>		
5. Stanford	2003	3:07.77
<i>Milton Little, Gerren Crochet, T.J. Rushing, Nick Sebes</i>		
6. Stanford	2003	3:09.17
<i>Curtis Goehring, Gerren Crochet, Milton Little, Nick Sebes</i>		
7. Stanford	1996	3:09.36
<i>Tad Heath, Jeff Allen, Jauron Pigg, Jimmie Johnson</i>		
7. Stanford	2008	3:09.50
<i>Durrell Coleman, Zach Chandy, Michael Garcia, Andrew Dargie</i>		
8. Stanford	1988	3:09.65
<i>James Cramton, Christian Skoog, Dave Strang, Armstrong</i>		
9. Stanford	2002	3:09.96
<i>Milton Little, Evan Kelly, Curtis Goehring, Nick Sebes</i>		

High Jump

World Record	Year	Mark
Javier Sotomayor (Cuba)	1993	8-0 1/2 (2.45m)
American Record	Year	Mark
Charles Austin (Unatt)	1991	7-10 1/2 (2.40m)
Collegiate Record	Year	Mark
Hollis Conway (SWnLa)	1989	7-10 (2.39m)
Pac-10 Record	Year	Mark
Del Davis (UCLA)	1982	7-7 1/4 (2.32m)
Jesse Williams (USC)	2005	7-7 1/4 (2.32m)
Cobb Track & Angell Field	Year	Mark
Nathan Leeper (Nike)	2002	7-7 1/4 (2.32m)
Stanford Record	Year	Mark
1. Brian Marshall	1988	7-5 3/4 (2.28m)
2. Michael Ponikvar	'99/01/02	7-4 1/2 (2.25m)
3. Peter Boyce	1968	7-3 (2.21m)
3. Travis Clark	1993	7-3 (2.21m)

5. John Hopkins	1989	7-1 1/2 (2.17m)
6. Todd Beyerlein	1998	7-0 1/4 (2.14m)
7. Ed Hanks	1965	6-10 (2.09m)
7. Skip Grodahl	1972	6-10 (2.09m)
7. Chris Patrick	1981	6-10 (2.09m)
10. Ray Bergstrom	2002	6-9 3/4 (2.08m)

Long Jump

World Record	Year	Mark
Mike Powell (USA)	1991	29-4 1/2 (8.95m)
American Record	Year	Mark
Mike Powell (FLAC)	1991	29-4 1/2 (8.95m)
Collegiate Record	Year	Mark
Erick Walder (Arkansas)	1994	28-8 1/4 (8.74m)
Pac-10 Record	Year	Mark
Randy Williams (USC)	1972	27-4 1/2 (8.34m)
Cobb Track & Angell Field	Year	Mark
Savante Stringfellow (Nike)	2002	27-11 1/2 (8.52m)
Stanford Record	Year	Mark
1. James Lofton	1978	26-11 3/4 (8.22m)
2. Marcus Hickerson	1990	26-0 3/4 (7.94m)
3. Milton Little	2003	25-11 (7.90m)
4. Dan Moore	1962	25-9 1/2 (7.86m)
5. Darrin Nelson	1978	25-7 1/2 (7.81m)
6. Gay Bryan	1949	25-4 3/4 (7.74m)
7. Frank Herrmann	1957	25-3 (7.70m)
8. Bud Walsh	1967	25-2 (7.67m)
9. Tom Anderson	1971	25-1 (7.65m)
10. Craig Vaughan	1967	24-11 1/2 (7.61m)

Pole Vault

World Record	Year	Mark
Sergey Bubka (Ukr)	1994	20-1 3/4 (6.14m)
American Record	Year	Mark
Brad Walker (Nike)	2008	19-9 3/4 (6.04m)
Collegiate Record	Year	Mark
Lawrence Johnson (Tenn)	1996	19-7 1/2 (5.98m)
Pac-10 Record	Year	Mark
Brad Walker (Washington)	2003	19-0 1/4 (5.80m)
Tommy Skipper (Oregon)	2007	19-0 1/4 (5.80m)
Cobb Track & Angell Field	Year	Mark
Toby Stevenson	2004	19-2 1/4 (5.85m)
Stanford Record	Year	Mark
1. Toby Stevenson	2000	18-9 1/4 (5.72m)
2. Graeme Hoste	2006	18-1 (5.51m)
3. John Gash	1987	17-8 1/2 (5.40m)
4. Jamie Marek	1993	17-0 3/4 (5.20m)
5. Jim Eshelman	1967	16-11 1/4 (5.17m)
6. Josh Hustedt	2008	16-10 3/4 (5.15m)
7. Chris Buddin	1995	16-9 1/4 (5.11m)
8. Adam Fusco	1998	16-8 3/4 (5.10m)
9. Casey Carrigan	1971	16-7 1/4 (5.06m)
9. Donell Hill	2006	16-7 1/4 (5.06m)



Toby Stevenson holds the Cobb Track and Angell Field record with a pole vault of 19-2 1/4 in 2004.



Solomon Welch recorded a triple jump of 51-9 (15.77m) in 2005.

Shot Put

World Record	Year	Mark
Randy Barnes (USA)	1990	75-10 ¼ (23.12m)
American Record	Year	Mark
Randy Barnes (USA)	1990	75-10 ¼ (23.12m)
Collegiate Record	Year	Mark
John Godina (UCLA)	1995	72-2 ¼ (22.00m)
Pac-10 Record	Year	Mark
John Godina (UCLA)	1995	72-2 ¼ (22.00m)
Cobb Track & Angell Field	Year	Mark
Adam Nelson (Nike)	2002	72-11 (22.22m)
Stanford Record	Year	Mark
1. Terry Albritton	1977	70-7 (21.51m)
2. Garin Veris	1982	64-10 ¾ (19.78m)
3. Pete Swanson	1995	60-7 ¼ (18.46m)
4. Brian Boggess	1989	60-1 (18.31m)
5. Jerry Winters	1960	59-11 ¼ (18.27m)
6. Andy Papatthanassiou	1989	58-8 ½ (17.89m)
7. T.C. Jones	1969	58-5 ½ (17.82m)
8. Michael Macellari	2008	58-1 ¼ (17.71m)
9. Otis Chandler	1950	57-4 3/8 (17.49m)
10. Chris Sprague	2000	57-0 ¼ (17.38m)

Triple Jump

World Record	Year	Mark
Jonathan Edwards (GB)	1995	60-0 ¼ (18.29m)
American Record	Year	Mark
Kenny Harrison (Nike)	1996	59-4 ¼ (18.09m)
Collegiate Record	Year	Mark
James Beckford (Blinn JC)	1995	58-9 ½ (17.92m)
Pac-10 Record	Year	Mark
Joseph Taiwo (WSU)	2003	56-7 ½ (17.26m)
Cobb Track & Angell Field	Year	Mark
Walter Davis (LSU)	2002	57-8 ½ (17.59m)
Stanford Record	Year	Mark
1. Allen Meredith	1970	52-3 (15.93m)
2. Solomon Welch	2005	51-9 (15.77m)
3. Ian Arnold	1968	51-8 ½ (15.76m)
4. Feranmi Okanlami	2006	51-4 ½ (15.66m)
5. Tom Massey	1969	51-1 ½ (15.58m)
6. Jami Webb	1994	51-0 (15.54m)
7. Brian Manning	1994	50-7 (15.42m)
8. Rod Utley	1973	50-4 ½ (15.35m)
9. Phil Cannon	1986	50-0 (15.24m)
9. Henry Green	1989	50-0 (15.24m)
9. Richard Sherman	2007	50-00 (15.24m)

Discus

World Record	Year	Mark
Jurgen Schult (E. Germany)	1986	243-0 (74.08m)
American Record	Year	Mark
Ben Plucknett (SCS)	1981	237-4 (72.34m)
Collegiate Record	Year	Mark
Kamy Keshmiri (Nevada)	1981	232-4 (70.84m)
Pac-10 Record	Year	Mark
Dean Crouser (Oregon)	1983	216-2 (65.88m)
Cobb Track & Angell Field	Year	Mark
Jason Tunks (Canada)	2001	221-1 (67.70m)
Stanford Record	Year	Mark
1. Michael Robertson	2007	210-01 (64.04m)
2. Omer Inan	2002	198-7 (60.53m)
3. Glenn Schneider	1988	196-1 (59.76m)
4. Dave Weill	1963	193-2 (58.88m)
5. Dave Thomson	1981	190-3 (58.00m)
6. Bob Stoecker	1966	189-1 (57.64m)
7. Mark Ganek	1999	187-2 (57.04m)
8. Daniel Schaerer	2006	185-3 (56.46m)
9. Steve Davis	1969	182-6 (55.62m)
10. Pete Swanson	1996	182-1 (55.50m)

Hammer

World Record	Year	Mark
Yuriy Syedikh (SU)	1986	284-7 (86.74m)
American Record	Year	Mark
Lance Deal (NYAC)	1996	270-9 (82.52m)
Collegiate Record	Year	Mark
Balazs Kiss (USC)	1995	268-10 (81.94m)
Pac-10 Record	Year	Mark
Balazs Kiss (USC)	1995	270-10 (82.56m)
Cobb Track & Angell Field	Year	Mark
Lance Deal (Nike)	2002	244-5 (74.50m)
Stanford Record	Year	Mark
1. David Popejoy	1995	240-10 (73.40m)
2. Adam Connolly	1999	237-3 (72.32m)
3. Justin Strand	1997	233-5 (71.16m)
4. Brian Masterson	1985	229-10 (70.06m)
5. Shaun Pickering	1984	225-1 (68.60m)
6. Rick Buss	1980	222-5 (67.80m)
7. Nick Wellhoziky	2003	221-1 (67.38m)
8. Dave Thomson	1981	213-2 (64.98m)
9. Toby Norwood	1995	211-0 (64.32m)
10. Mark Ganek	1999	208-5 (63.54m)



Adam Connolly etched his name in the record books with a hammer throw of 237-3 (72.32m).



Dave Pickett threw the javelin 233-11 (71.30m) in 1988.

Javelin

World Record	Year	Mark
Jan Zelezny (Cze)	1996	323-1 (98.48m)
American Record	Year	Mark
Beaux Greer (Adidas)	2007	299-6 (91.29m)
Collegiate Record	Year	Mark
Patrik Boden (Texas)	1990	292-4 (89.10m)
Pac-10 Record	Year	Mark
Esko Mikkola (Arizona)	1998	268-7 (81.86m)
Cobb Track & Angell Field	Year	Mark
Breaux Greer (adidas)	2002	268-4 (81.78m)
Stanford Record	Year	Mark
1. Chad Wassink	2001	234-0 (71.32m)
2. Dave Pickett	1988	233-11 (71.30m)
3. Jason Goff	2004	218-8 (66.65m)
4. Keith Avila	2006	201-3 (61.34m)
5. James Kostohyryz	1991	198-5 (60.48m)
6. John Roldan	1995	191-7 (58.40m)
7. Bryan Kelley	2005	191-2 (58.26m)
8. Nick Rosen	1988	189-5 (57.74m)
9. Daniel Haddock	2008	185-3 (57.58m)
10. Justin Strand	1997	187-3 (57.08m)

Decathlon

World Record	Year	Points
Roman Sebrle (Czech Rep)	2001	9,026
American Record	Year	Points
Dan O'Brien (Reebok)	1992	8,891
Collegiate Record	Year	Points
Trey Hardee (Texas)	2006	8,465
Pac-10 Record	Year	Points
Mike Ramos (Washington)	1986	8,322
Cobb Track & Angell Field	Year	Points
Tom Pappas (Nike)	2003	8,714
Stanford Record	Year	Points
1. Bob Mathias	1952	7,887
2. Jay Thorson	1986	7,529
3. Josh Hustedt	2008	7,465
4. Jason Goff	2001	7,428
5. Travis Clark	1995	7,287
6. Michael Heise	1982	7,228
7. D.D. Harris	1989	7,084
8. Timi Wusu	2003	7,016
9. Josh Gleason	1996	7,013
10. Nicholas Taylor	2005	6,832



WOMEN'S ALL-TIME OUTDOOR RECORDS



Chauntae Bayne-Hackett holds the Stanford record in the 100 meters, 200 meters and 400 meters.

100 Meters

World Record	Year	Time
Florence Griffith-Joyner (USA)	1988	10.49
American Record	Year	Time
Florence Griffith-Joyner (USA)	1988	10.49
Collegiate Record	Year	Time
Dawn Sowell (LSU)	1989	10.78
Pac-10 Record	Year	Time
Gail Devers (UCLA)	1987	10.97
Cobb Track & Angell Field	Year	Time
Chryste Gaines (Nike)	2002	10.96
Stanford Record	Year	Time
1. Chauntae Bayne-Hackett	2006	11.15a
2. Chryste Gaines	1992	11.16
3. Janice Davis	2006	11.24a
4. Jakki Bailey	2007	11.45a
5. Sarah Griffin Matthew	2008	11.55
6. Nashonme Johnson	2003	11.64
7. Wilsa Charles	2000	11.68
Ashley Purnell	2005	11.68
9. Heather Miller	1997	11.71
10. Jackie Edwards	1992	11.96

200 Meters

World Record	Year	Time
Florence Griffith-Joyner (USA)	1988	21.34
American Record	Year	Time
Florence Griffith-Joyner (USA)	1988	21.34
Collegiate Record	Year	Time
Dawn Sowell (LSU)	1989	22.04
Pac-10 Record	Year	Time
Carol Rodriguez (USC)	2006	22.23
Cobb Track & Angell Field	Year	Time
Marion Jones (Nike)	2002	22.35
Stanford Record	Year	Time
1. Chauntae Bayne-Hackett	2006	22.78a
2. Chryste Gaines	1992	23.00
3. Janice Davis	2006	23.17
4. Ashley Purnell	2005	23.43
5. Nashonme Johnson	2003	23.61
6. Jakki Bailey	2007	23.66
7. Christine Moschella	2004	23.77
8. Heather Miller	1996	23.78
9. Wilsa Charles	1999	23.80
10. Tracye Lawyer	1999	23.81

400 Meters

World Record	Year	Time
Marita Koch (EG)	1985	47.60
American Record	Year	Time
Sanya Richards (Nike)	2006	48.70
Collegiate Record	Year	Time
M. Payne-Wiggins (Florida St.)	1984	49.91
Pac-10 Record	Year	Time
Monique Henderson (UCLA)	2005	49.96
Cobb Track & Angell Field	Year	Time
Jearl Miles Clark (Nike)	2002	50.54
Stanford Record	Year	Time
1. Chauntae Bayne-Hackett	2006	52.35
2. Nashonme Johnson	2004	52.40
3. Janice Davis	2006	52.93
4. Jayna Smith	2001	53.27
5. Christine Moschella	2005	53.37
6. Keisha Gaines	2004	53.83
7. Rhonda Oliver	1993	54.17
8. Ashley Freeman	2004	54.36
9. Chiny Offor	2004	54.43
10. Marcia Martin	1983	54.94

800 Meters

World Record	Year	Time
Jarmila Kratochvilova (Cze)	1983	1:53.28
American Record	Year	Time
Jearl Miles-Clark (Reebok)	1999	1:56.40
Collegiate Record	Year	Time
Claudette Groenendaal (Ore.)	1985	1:58.33
Pac-10 Record	Year	Time
Bridita Langerholc (USC)	2000	1:58.51
Cobb Track & Angell Field	Year	Time
Nicole Teter (Nike)	2002	1:58.83
Stanford Record	Year	Time
1. Malindi Elmore	2003	2:04.35
2. Regina Jacobs	1982	2:04.38
3. Ashley Wysong	2002	2:04.75
4. Ashley Freeman	2005	2:04.82
5. Lindsay Hyatt	2000	2:05.64
6. Marcia Martin	1984	2:05.77
7. Ashley Couper	2001	2:05.82
8. Chiny Offor	2004	2:06.17
9. Maurica Carlucci	2002	2:06.63
10. Sara Moore	1997	2:07.11

1,500 Meters

World Record	Year	Time
Qu Yunxia (Chn)	1993	3:50.46
American Record	Year	Time
Mary Staney (AW)	1983	3:57.12
Collegiate Record	Year	Time
Lindsey Gallo (Michigan)	2005	4:05.75
Pac-10 Record	Year	Time
Leena Nilsson (UCLA)	2003	4:07.69
Cobb Track & Angell Field	Year	Time
Regina Jacobs (Nike)	2003	4:01.63
Stanford Record	Year	Time
1. Malindi Elmore	2003	4:10.42
2. Arianna Lambie	2007	4:12.29
3. Regina Jacobs	1982	4:12.3
4. Sally Glynn	2000	4:12.56
5. Lauren Fleshman	2003	4:14.68
6. Lauren Centrowitz	2008	4:16.13
7. Sara Bei	2005	4:16.14
8. Dena Dey	1996	4:16.30
9. Maurica Carlucci	2002	4:16.51
10. Ceci Hopp	1983	4:17.02



Lauren Fleshman holds the Pac-10 Record in the 5,000.

3,000 Meter Steeplechase

World Record	Year	Time
Galina Samitova (Russia)	2004	9:01.58
American Record	Year	Time
Lisa Galaviz (Nike)	2007	9:28.75
Collegiate Record	Year	Time
Brianna Shook (Toledo)	2004	9:29.32
Pac-10 Record	Year	Time
Lisa Aguilera (ASU)	2003	9:46.43
Cobb Track & Angell Field	Year	Time
Brianna Shook (Toledo)	2003	9:44.71
Stanford Record	Year	Time
1. Lindsay Allen	2007	10:01.53
2. Katy Trotter	2004	10:07.55
3. Laura Turner	2002	10:07.77
4. Jeane Goff	2005	10:17.51
5. Katie Harrington	2007	10:28.28
6. Amanda Trotter	2005	10:36.73
7. Maddie O'Meara	2007	10:41.87

5,000 Meters

World Record	Year	Time
Meseret Defar (Ethiopia)	2007	14:16.63
American Record	Year	Time
Shalane Flanagan (Nike)	2007	14:44.80
Collegiate Record	Year	Time
Cathy Esker (Wisconsin)	1985	15:07.56
Pac-10 Record	Year	Time
Lauren Fleshman (Stanford)	2003	15:12.71
Cobb Track & Angell Field	Year	Time
Sonia O'Sullivan (Melbourne TC)	2004	14:58.43
Stanford Record	Year	Time
1. Lauren Fleshman	2003	15:12.71
2. Sara Bei	2005	15:24.74
3. Alicia Craig	2003	15:25.73
4. PattiSue Plumer	1984	15:29.0
5. Arianna Lambie	2007	15:31.34
5. Alison Wiley	1983	15:41.0
7. Teresa McWalters	2008	15:50.18
8. Sally Glynn	2001	15:58.29
9. Mary Cobb	1997	16:04.20
10. Kim Schnurpfeil	1982	16:07.3



WOMEN'S ALL-TIME OUTDOOR RECORDS



Alicia Craig holds the Pac-10 record in the 10,000 Meters.

10,000 Meters

World Record	Year	Time
Wang Junxia (Chn)	1993	29:31.78
American Record	Year	Time
Shalane Flanagan (Nike)	2008	30:34.49
Collegiate Record	Year	Time
Sally Kipyego (Texas Tech)	2008	31:25.45
Pac-10 Record	Year	Time
Alicia Craig (Stanford)	2004	32:19.97
Cobb Track & Angell Field	Year	Time
Werknesh Kidane (Ethiopia)	2005	30:19.38
Stanford Record	Year	Time
1. Alicia Craig	2004	32:19.97
2. Kim Schnurpfeil	1982	33:06.09
3. Carol Gray	1988	33:13.38
4. Ellen Lyons	1981	33:16.0
5. Alex Gits	2008	33:19.42
6. Anita Siraki	2005	33:37.04
7. Sara Bei	2003	33:58.06
8. Ann Locke	1982	34:07.6
9. Caroline Annis	2002	34:09.40
10. Erin Sullivan	2002	34:10.32

100 Meter Hurdles

World Record	Year	Time
Yordanka Donkova (Bul)	1988	12.21
American Record	Year	Time
Gail Devers (Nike)	2000	12.33
Collegiate Record	Year	Time
Virginia Powell (USC)	2006	12.48
Pac-10 Record	Year	Time
Virginia Powell (USC)	2006	12.48
Cobb Track & Angell Field	Year	Time
Gail Devers (Nike)	2002	12.51
Stanford Record	Year	Time
1. Lindsey Johnson	2003	13.48
2. Bernadette Armand	1997	13.79
2. Deborah Akinniyi	2008	13.79
4. Lillian Bush	2003	13.83
5. Robyn Woolfolk	1999	13.86
5. Tracye Lawyer	1999	13.86
7. Undine Becker	2003	14.00
7. Lauren Stewart	2007	14.00
9. Nora Miller	2007	14.04
10. Whitney Liehr	2008	14.11

400 Meter Hurdles

World Record	Year	Time
Yuliya Pechonkina (2003)	2003	52.34
American Record	Year	Time
Kim Batten (Reebok)	1995	52.61
Collegiate Record	Year	Time
Sheena Johnson (UCLA)	2004	52.95
Pac-10 Record	Year	Time
Janeene Vickers (UCLA)	1991	53.47
Cobb Track & Angell Field	Year	Time
Sandra Glover (Nike)	2003	54.75
Stanford Record	Year	Time
1. Pam Board	1987	58.31
2. Undine Becker	2005	58.59
3. Lindsey Johnson	2003	58.84
4. Danielle Spurlock	2001	59.98
5. Christy Boyd	1994	60.09
6. Margaret Demorest	1982	61.04
7. Jennifer McMillan	1998	61.14
8. Amy Henderson	1996	61.40
9. Tyra Holt	1996	61.69
10. Robyn Woolfolk	2000	61.71

4x100 Meter Relay

World Record	Year	Time
East Germany	1985	41.37
American Record	Year	Time
National Team	1997	41.47
Collegiate Record	Year	Time
LSU	1989	42.50
Pac-10 Record	Year	Time
USC	2006	42.96
Cobb Track & Angell Field	Year	Time
USC	1999	43.35
Stanford Record	Year	Time
1. Stanford	2004	44.18
<i>Janice Davis, Nashonme Johnson, Christine Moschella, Ashley Purnell</i>		
2. Stanford	2005	44.28
<i>Nashonme Johnson, Janice Davis, Christine Moschella, Ashley Purnell</i>		
3. Stanford	2006	44.32
<i>Janice Davis, Chauntae Bayne-Hackett, Jakkii Bailey, Nashonme Johnson</i>		
4. Stanford	2006	44.39
<i>Janice Davis, Nashonme Johnson, Jakkii Bailey, Alana Walker</i>		
5. Stanford	2005	44.49
<i>Jakkii Bailey, Janice Davis, Nashonme Johnson, Ashley Purnell</i>		
6. Stanford	2005	44.57
<i>Jakkii Bailey, Janice Davis, Christine Moschella, Ashley Purnell</i>		
7. Stanford	2007	44.78
<i>Janice Davis, Jakkii Bailey, Nora Miller, Sarah Matthew</i>		
8. Stanford	2005	45.06
<i>Undine Becker, Ashley Purnell, Nashonme Johnson, Jakkii Bailey</i>		
9. Stanford	2003	45.22
<i>Undine Becker, Chauntae Bayne, Christine Moschella, Nashonme Johnson</i>		
10. Stanford	1991	45.32
<i>Jackie Edwards, Rhonda Oliver, Alysia Hubbard, Chryste Gaines</i>		

4x400 Meter Relay

World Record	Year	Time
Soviet Union	1988	3:15.17
American Record	Year	Time
National Team	1988	3:15.51
Collegiate Record	Year	Time
Texas	2004	3:23.75
Pac-10 Record	Year	Time
UCLA	2003	3:27.57
Cobb Track & Angell Field	Year	Time
UCLA	2003	3:31.62
Stanford Record	Year	Time
1. Stanford	2005	3:29.39
<i>Christine Moschella, Janice Davis, Ashley Freeman, Nashonme Johnson</i>		
2. Stanford	2005	3:32.23
<i>Christine Moschella, Ashley Purnell, Nashonme Johnson, Janice Davis</i>		
3. Stanford	2006	3:32.69
<i>Nashonme Johnson, Ashley Freeman, Janice Davis, Chauntae Bayne-Hackett</i>		
4. Stanford	2004	3:33.09
<i>Chinny Ofor, Christine Moschella, Janice Davis, Nashonme Johnson</i>		
5. Stanford	2006	3:33.23
<i>Nashonme Johnson, Janice Davis, Chauntae Bayne-Hackett, Idara Otu</i>		
6. Stanford	2005	3:34.73
<i>Chinny Ofor, Ashley Freeman, Nashonme Johnson, Janice Davis</i>		

7. Stanford	2004	3:33.81
<i>Keisha Gaines, Nashonme Johnson, Janice Davis, Ashley Freeman</i>		
8. Stanford	2003	3:34.82
<i>Chinny Ofor, Christine Moschella, Lindsey Johnson, Nashonme Johnson</i>		
9. Stanford	2003	3:35.10
<i>Chinny Ofor, Chauntae Bayne, Nashonme Johnson, Christine Moschella</i>		
10. Stanford	2003	3:36.22
<i>Chinny Ofor, Christine Moschella, Undine Becker, Nashonme Johnson</i>		

High Jump

World Record	Year	Mark
Stefka Kostadinova (Bul)	1987	6-10 ¼ (2.09m)
American Record	Year	Mark
Louise Ritter (Mazda)	1988	6-7 ¾ (2.03m)
Collegiate Record	Year	Mark
Amy Acuff (UCLA)	1995	6-6 (1.98m)
Pac-10 Record	Year	Mark
Amy Acuff (UCLA)	1995	6-6 (1.98m)
Cobb Track & Angell Field	Year	Mark
Amy Acuff (USA)	2003	6-5 ½ (1.97m)
Stanford Record	Year	Mark
1. Lisa Bernhagen	1987	6-2 (1.88m)
2. Tracye Lawyer	1997,98	6-0 (1.83m)
3. Denise Gaztambide	1984	5-11 ½ (1.82m)
3. Kimberly Stone	2003	5-11 ½ (1.82m)
5. Peggy Oditia	1989	5-10 (1.78m)
5. Julie Tinker	2001	5-10 (1.78m)
5. Lindsey Gannaway	2005	5-10 (1.78m)
5. Lauren Stewart	2007	5-10 (1.78m)
9. Wendy Allen	1989	5-8 ¾ (1.75m)
10. Cheryl Burdick	2000	5-8 ½ (1.74m)

Long Jump

World Record	Year	Mark
Galina Chistyakova (SU)	1988	24-8 ¼ (7.52m)
American Record	Year	Mark
Jackie Joyner-Kersey (Nike)	1994	24-7 (7.49m)
Collegiate Record	Year	Mark
Jackie Joyner (UCLA)	1985	22-1 ¼ (6.99m)
Pac-10 Record	Year	Mark
Rhonda Watkins (UCLA)	2007	22-10 (6.96m)
Cobb Track & Angell Field	Year	Mark
Jackie Edwards (Mizuno)	2001	22-3 (6.78m)
Stanford Record	Year	Mark
1. Jackie Edwards	1991	21-11 ¾ (6.70m)
2. Erica McLain	2008	21-6 ¼ (6.56m)
3. Pam Donald	1981	20-10 (6.35m)
4. Undine Becker	2003	20-5 (6.22m)
4. Sarah Griffin Mathew	2008	20-5 (6.22m)
6. Arantxa King	2008	20-3 (6.17m)
7. Lillian Bush	2003	19-11 ¾ (6.09m)
8. Venessa Henlon	1990	19-11 (6.07m)
8. Alysia Hubbard	1991	19-11 (6.07m)
10. Tracye Lawyer	1997	19-9 ¾ (6.04m)



Lisa Bernhagen holds the Stanford record in the high jump.

WOMEN'S ALL-TIME OUTDOOR RECORDS



Kathleen Donoghue posted a Stanford record of 13-5 1/4 (4.10m) in the pole vault.

Pole Vault

World Record	Year	Mark
Yelena Isinbayeva (Russia)	2008	16-7 1/4 (5.06m)
American Record	Year	Mark
Jenn Stuczynski (USA)	2007	16-0 1/4 (4.88m)
Collegiate Record	Year	Mark
Chelsea Janson (UCLA)	2006	15-1 (4.60m)
Pac-10 Record	Year	Mark
Erica McLain	2007	46-5 1/4 (14.15m)
Cobb Track & Angell Field	Year	Mark
Stacy Dragila (USA)	2001	15-9 1/4 (4.81m)
Stanford Record	Year	Mark
1. Kathleen Donoghue	2002	13-5 1/4 (4.10m)
2. Samantha Shepard	2003	13-2 1/4 (4.02m)
3. Melissa Feinstein	1999	13-0 1/4 (3.97m)
4. Leila Ben-Youssef	2003	12-11 3/4 (3.96m)
4. Anna McFarlane	2005/06	12-11 3/4 (3.96m)
6. Caitlin Hewitt	2008	12-7 1/2 (3.85m)
7. Alicia Warlick	1998	12-1 1/2 (3.70m)
8. Christy Von der Ahe	2002	11-11 3/4 (3.65m)
9. Tyra Holt	1997	11-8 1/4 (3.58m)
10. Ashley Carroll	2002	11-5 3/4 (3.50m)
Kristen Derr	2002	11-5 3/4 (3.50m)
Milessa Muchmore	2004	11-5 3/4 (3.50m)

Shot Put

World Record	Year	Mark
Natalya Lisovskaya (SU)	1987	74-3 (22.63m)
American Record	Year	Mark
Ramona Pagel (Mazda)	1988	66-2 1/2 (20.18m)
Collegiate Record	Year	Mark
Meg Ritchie (Arizona)	1983	62-3 3/4 (18.99m)
Pac-10 Record	Year	Mark
Valeyta Althouse (UCLA)	1995	61-10 1/4 (18.85m)
Cobb Track & Angell Field	Year	Mark
Teri Steer (Nike)	2002	63-0 (19.20m)
Stanford Record	Year	Mark
1. Jillian Camarena	2004	59-6 3/4 (18.15m)
2. Carol Cady	1984	57-1 (17.40m)
3. Melissa Yunghans	2008	53-10 1/4 (16.41m)
4. Patty Purpur	1989	53-0 (16.15m)
5. Michaela Wallerstedt	2008	51-10 (15.80m)
6. Pam Dukes	1985	51-7 1/2 (15.74m)
7. Debbie Malueg	1991	49-0 1/4 (14.94m)
8. Cassie Romuld	2000	47-11 1/4 (14.61m)
9. Katrinka Jackson	1997	47-6 1/4 (14.48m)
10. Erin Delaney	2007	46-9 (14.25m)

Triple Jump

World Record	Year	Mark
Inessa Kravets (Ukr)	1995	50-10 1/4 (15.50m)
American Record	Year	Mark
Tiombre Hurd (Nike)	2004	47-5 (14.45m)
Collegiate Record	Year	Mark
Trecia Smith (Pittsburgh)	1997	46-8 (14.22m)
Pac-10 Record	Year	Mark
Erica McLain (Stanford)	2008	46-7 1/4 (14.20)
Cobb Track & Angell Field	Year	Mark
Yuliana Perez (Unat)	2003	46-8 1/4 (14.23m)
Stanford Record	Year	Mark
1. Erica McLain	2007	46-5 1/4 (14.15m)
2. Jackie Edwards	1992	43-4 1/2 (13.22m)
3. Lauren Stewart	2006	42-1 1/2 (12.84m)
4. Deborah Akkinniyi	2006	41-7 3/4 (12.69m)
5. Sabrina Nettey	2008	41-5 (12.62m)
6. Florence Adu	1994	41-3 (12.57m)
7. Undine Becker	2004	41-0 1/2 (12.51m)
8. Arantxa King	2008	41-0 1/2 (12.51m)
9. Venessa Henlon	1988	40-10 1/4 (12.45m)
10. Julie Tinker	2000	40-7 (12.37m)

Discus

World Record	Year	Mark
Gabriele Reinsch (EG)	1988	252-0 (76.80m)
American Record	Year	Mark
Suzy Powell-Roos (Nike)	2007	222-0 (67.67m)
Collegiate Record	Year	Mark
Meg Ritchie (Arizona)	1981	221-5 (67.48m)
Pac-10 Record	Year	Mark
Aretha Hill (UW)	1998	215-5 (65.62m)
Cobb Track & Angell Field	Year	Mark
Kris Kuehl (Nike)	2002	211-5 (64.44m)
Stanford Record	Year	Mark
1. Carol Cady	1983	207-8 (63.30m)
2. Summer Pierson	2000	190-0 (57.92m)
3. Karen Nickerson	1985	180-5 (55.00m)
4. Patty Purpur	1989	179-9 (54.80m)
5. Molly Meyer	2002	175-3 (53.42m)
6. Jillian Camarena	2003	172-4 (52.52m)
7. Debbie Malueg	1991	171-9 (52.34m)
8. Sue Demars	1996	169-10 (52.78m)
9. Cassie Romuld	1997	167-9 (51.14m)
10. Sami Jo Small	1996	166-11 (50.88m)

Hammer

World Record	Year	Mark
Tatyana Lysenko (Russia)	2006	255-3 (77.80m)
American Record	Year	Mark
Erin Gilreath	2005	242-4 (73.87m)
Collegiate Record	Year	Mark
Jenny Dahlgren (Georgia)	2006	236-3 (72.01m)
Pac-10 Record	Year	Mark
Eva Orban (USC)	2008	230-3 (70.18m)
Cobb Track & Angell Field	Year	Mark
Anna Mahon (Unat)	2002	230-6 (70.27m)
Stanford Record	Year	Mark
1. Sarah Hopping	2006	219-8 (66.96m)
2. Jaynie Goodbody	2008	199-4 (60.75m)
3. Jessica Pluth	2002	196-2 (59.79m)
4. Maureen Onyeagbako	2001	192-11 (58.81m)
5. Carol Cady	1984	188-8 (57.50m)
6. Katy Elsbury	2005	186-8 (56.91m)
7. Donielle Colich	2004	185-8 (56.60m)
8. Melissa Yunghans	2008	184-11 (56.37m)
9. Maggie Isaac	1999	174-0 (53.04m)
10. Gina Heads	1998	170-0 (51.82m)

Javelin (New Imp.)

World Record	Year	Mark
Osleidys Menedez (Cuba)	2005	235-3 (71.70m)
American Record	Year	Mark
Kim Kreiner (USA)	2007	210-7 (64.19m)
Collegiate Record	Year	Mark
Irina Kharun (Indiana)	2003	202-10 (61.82m)
Pac-10 Record	Year	Mark
Rachel Yurkovich (Oregon)	2008	191-1 (58.25m)
Cobb Track & Angell Field	Year	Mark
Serene Ross (Purdue)	2002	197-0 (60.06m)

Stanford Record	Year	Mark
1. Danielle Maier	2008	174-00 (53.04m)
2. Allison Beatty	1999	158-7 (48.35m)
2. Erin Merriman	2005	158-3 (48.23m)
4. Whitney Drumright	2001	144-10 (44.16m)
5. Jennifer Lee	2003	142-4 (43.39m)
6. Kara Bennett	2008	141-8 (43.18m)
7. Joy Goff	2000	140-3 (42.76m)
8. Jaynie Goodbody	2007	140-00 (42.67m)
9. Tracey Lawyer	1999	132-0 (40.23m)
10. Sally Mills	2005	129-7 (39.51m)

Javelin (Old Imp.)

Stanford Record	Year	Mark
1. Erica Wheeler	1988	192-2 (58.58m)
2. Mary Osborne	1980	181-3 (55.24m)
3. Jen McCormick	1994	179-5 (54.68m)
4. Sami Jo Small	1995	175-11 (53.62m)
5. Summer Pierson	1995	175-0 (53.34m)
6. Allison Beatty	1998	150-7 (45.90m)
7. Debbie Templeton	1993	144-3 (43.98m)
8. Whitney Drumright	1998	143-4 (43.68m)
9. Joy Goff	1997	143-1 (43.62m)

Heptathlon

World Record	Year	Points
Jackie Joyner-Kersey (USA)	1988	7,291
American Record	Year	Points
Jackie Joyner-Kersey (USA)	1988	7,291
Collegiate Record	Year	Points
Jackie Joyner-Kersey (UCLA)	1985	6,718
Pac-10 Record	Year	Points
Diana Pickler (WSU)	2007	6,205
Cobb Track & Angell Field	Year	Points
Sheila Burrell (Nike)	2003	6,159
Stanford Record	Year	Points
1. Tracey Lawyer	1999	5,855
2. Lillian Bush	2003	5,519
3. Lauren Stewart	2008	5,440
4. Peggy Odita	1989	5,439
5. Julie Tinker	2001	5,432
6. Denise Gaztambide	1986	5,392
7. Whitney Liehr	2008	5,186
8. Joy Goff	2000	5,133
9. Katrinka Jackson	1997	5,023
10. Ahimsa Hodari	2003	5,021



Lauren Stewart is in the record book for the heptathlon.

1,500 Meters

1. Brian Pettingill	1983	3:49.7
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Mile

1. Michael Stember	2000	3:58.40
2. Gabe Jennings	2001	3:58.54
3. Garrett Heath	2008	3:58.71
4. Jonathon Riley	2000	3:58.72
5. Grant Robison	2003	3:58.95
6. Russell Brown	2007	3:59.29
7. Donald Sage	2002	3:59.49
8. Jason Lunn	1997	4:00.52
9. Evan Fox	2005	4:00.67
10. Lauren Jespersen	2005	4:00.99

3,000 Meters

1. Jonathon Riley	2002	7:46.84
2. Grant Robison	2004	7:51.80
3. Brad Hauser	1999	7:51.95
4. Ian Dobson	2004	7:54.65
5. Donald Sage	2004	7:54.75
6. Jacob Gomez	2006	7:55.26
7. Seth Hejny	2003	7:56.01
8. Neftalem Araia	2006	7:56.11
9. Brent Hauser	1999	7:56.30
10. Chris Emme	2004	7:57.72

5,000 Meters

1. Ian Dobson	2004	13:40.91
2. Brad Hauser	1999	13:42.00
3. Brent Hauser	1999	13:44.12
4. Louis Luchini	2003	13:48.78
5. Jason Balkman	1999	13:50.84
6. Gary Stolz	1993	13:50.85
7. Jonathon Riley	2001	13:51.68
8. Neftalem Araia	2006	13:52.81
9. Adam Tenforde	2003	13:55.39
10. Neil Davis	2003	13:57.18

Two Mile

1. Tony Sandoval	1976	8:52.6
2. Don Kardong	1971	8:57.0

1,600 Meter Relay

1. Stanford	2003	3:10.40
<i>Curtis Goehring, Milton Little, Gerren Crochet</i>		
2. Stanford	2002	3:10.97
<i>Milton Little, Evan Keltly, Nick Sebes, Curtis Goehring</i>		
3. Stanford	2005	3:11.03
<i>Jeff Conkey, Curtis Goehring, Wopamo Osaisai, Nick Sebes</i>		
4. Stanford	2005	3:12.21
<i>Jeff Conkey, Curtis Goehring, Michael Garcia, Nick Sebes</i>		
5. Stanford	2008	3:13.20
<i>Zach Chandy, Andrew Dargie, Durrell Coleman, Spencer Castro</i>		
6. Stanford	2007	3:13.87
<i>Elliot Luscombe, Durrell Coleman, Michael Garcia, Zach Chandy</i>		
7. Stanford	2001	3:14.96
8. Stanford	1994	3:15.11
<i>Jimmie Johnson, Tad Heath, Travis Clark, Rene Rodriguez</i>		
9. Stanford	2007	3:16.34
<i>Elliot Luscombe, Durrell Coleman, Justin Reed, Zach Chandy</i>		
10. Stanford	1999	3:16.64
<i>Paul Martin, Jeff Allen, Ryan Carroll, Mark Hassell</i>		



Don Kardong

Distance Medley Relay

(1,200, 400, 800, 1,600)		
1. Stanford	2000	9:28.83
<i>Gabe Jennings, Evan Keltly, Michael Stember, Jonathon Riley</i>		
2. Stanford	2003	9:29.69
<i>Seth Hejny, Nick Sebes, Evan Fox, Grant Robison</i>		
3. Stanford	2001	9:30.01
<i>Donald Sage, Mark Hassell, Jonathan Stevens, Gabe Jennings</i>		
4. Stanford	2000	9:30.19
<i>Michael Stember, Mark Hassell, Ryan Carroll, Gabe Jennings</i>		
5. Stanford	2008	9:31.52
<i>Hakon Devries, Andrew Dargie, Jacob Evans, Garrett Heath</i>		
6. Stanford	2007	9:33.16
<i>Russell Brown, Zach Chandy, Justin Marpole-Bird, Michael Garcia</i>		
7. Stanford	2005	9:33.49
<i>Russell Brown, Nick Sebes, Michael Garcia, Joaquin Chapa</i>		
8. Stanford	2007	9:33.64
<i>Garrett Heath, Zach Chandy, Michael Garcia, Russell Brown</i>		
9. Stanford	2006	9:34.32
<i>Russell Brown, Michael Garcia, Joaquin Chapa, Garrett Heath</i>		
10. Stanford	2000	9:35.20
<i>Donald Sage, Mark Hassell, Jon Stevens, Gabe Jennings</i>		

High Jump

1. Brian Marshall	1986	7-3 1/2 (2.22m)
2. Michael Ponikvar	1999	7-2 1/2 (2.19m)
3. Todd Beyerlein	1998	7-0 1/4 (2/14m)
4. Travis Clark	1994	6-11 1/2 (2.12m)
5. Peter Boyce	1967	6-10 1/2 (2.10m)
6. Ray Bergstrom	2002	6-9 1/2 (2.07m)
7. Durrell Coleman	2007	6-7 1/2 (2.02m)
Josh Hustedt	2008	6-7 1/2 (2.02m)
9. Oluwadare Kolawole	2007	6-3 1/4 (1.91m)
10. Josh Gleason	1998	6-1 1/4 (1.68m)

Long Jump

1. James Lofton	1977	25-7 1/4 (7.80m)
2. Milton Little	2003	24-10 1/2 (7.58m)
3. Adrian Munabi	2008	24-5 1/2 (7.45m)
4. Marcus Hickerson	1991	24-4 3/4 (7.44m)
5. Bud Walsh	1966	24-4 1/2 (7.43m)
6. Josh Hustedt	2008	23-11 3/4 (7.31m)
7. Jami Webb	1994	23-7 1/4 (7.19m)
8. Solomon Welch	2004	23-5 1/2 (7.15m)
9. Richard Sherman	2007	23-3 1/2 (7.1 0)
10. Myles Bradley	2006	23-0 1/2 (7.02m)

Pole Vault

1. Graeme Hoste	2008	18-4 3/4 (5.61m)
2. Toby Stevenson	2000	18-4 1/2 (5.60m)
3. Jim Eshelman	1967	16-10 1/2 (5.14m)
4. Adam Fusco	1998	16-10 (5.13m)
5. Josh Hustedt	2008	16-8 3/4 (5.10m)
6. Chris Buddin	1996	16-8 (5.08m)
7. Casey Roche	2008	16-7 3/4 (5.06m)
8. Jamie Marek	1994	16-2 3/4 (4.95m)
9. Benjamin Dickens	2008	15-7 1/2 (4.76m)
10. Corey Dysick	2008	15-3 (4.65m)

Shot Put

1. Terry Albritton	1977	70-6 1/2 (21.50m)
2. Pete Swanson	1995	60-7 1/4 (18.46m)
3. Chris Sprague	2000	58-0 1/2 (17.69m)
4. Omer Inan	2004	57-2 1/4 (17.43m)
5. Michael Macellari	2008	56-10 3/4 (17.34m)
6. Michael Robertson	2006	56-5 3/4 (17.21m)
7. Matt Karsevar	1993	54-10 (16.71m)
8. T.C. Jones	1970	54-7 (16.64m)
9. William O'Neill	2004	52-8 1/4 (16.06m)
10. Will Svitek	2003	52-6 3/4 (16.02m)

Triple Jump

1. Solomon Welch	2006	51-10 1/2 (15.81m)
2. Feranmi Okanlami	2006	51-7 1/4 (15.73m)
3. Richard Sherman	2008	50-4 3/4 (15.36m)
4. Phil Cannon	1986	50-2 (15.29m)
5. Adrian Munabi	2008	49-3 3/4 (15.03m)
6. Ryan Fernandez	1999	49-2 1/2 (15.00m)
7. Brian Manning	1994	48-9 1/2 (14.86m)
8. J.P. Holland	1982	48-3 3/4 (14.72m)
9. Warrick McDowell	2001	48-2 1/2 (14.69m)
10. Jami Webb	1995	47-11 (14.61m)



Dave Popejoy

35-lb Weight

1. Adam Connolly	1999	71-7 1/4 (21.82m)
2. Nick Welihozkiy	2003	68-7 1/4 (20.91m)
3. Shaun Pickering	1983	67-0 1/2 (20.43m)
4. Dave Popejoy	1994	66-6 3/4 (20.29m)
5. Pete Swanson	1995	63-1 3/4 (19.48m)
6. Kyle Davis-Hammerquist	2008	61-4 (18.69m)
7. Toby Norwood	1995	60-5 1/4 (18.61m)
8. Michael Robertson	2006	59-5 (18.11m)
9. Justin Strand	1997	56-6 (17.22m)
10. Marc Mazzoni	1997	56-0 1/2 (17.08m)

Heptathlon

1. Josh Hustedt	2007	5,837 points
2. Nicholas Taylor	2005	5,104 points
3. Corey Dysick	2008	4,650 points

60 Yards

1. Larry Questad	1963	6.2
2. Ken Curl	1973	7.2

100 Yards

1. Rick Tipton	1971	9.6
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600 Yards

1. Brian Conolly	1985	1:11.0
2. Jim Ward	1967	1:11.9

880 Yards

1. Ernie Cunliffe	1961	1:51.3
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1000 Yards

1. Ernie Cunliffe	1961	20:07.3
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60 Yard Hurdles

1. Dave Bagshaw	1973	7.00
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70 Yard Hurdles

1. Dave Bagshaw	1973	8.4
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120 Yard Hurdles

1. Rick Tipton	1971	13.9
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880 Yard Relays

1. Stanford	1973	1:27.4
<i>Ken Curl, John Kessel, Matt Hogsett, John Anderson</i>		

Mile Relay

1. Stanford	1973	3:17.2
<i>Matt Hogsett, John Kessel, Dave Bagshaw, John Anderson</i>		

Two Mile Relay

1. Stanford	1986	7:33.2
<i>Christian Skoog, Brian Pettingill, Brian Conolly, Jeff Atkinson</i>		

Sprint Medley Relay

(110, 110, 220, 440)		
1. Stanford	1973	01:32.5
<i>Ken Curl, John Kessel, John Anderson, Dave Bagshaw</i>		

Distance Medley Relay

1. Stanford	1973	9:57
<i>Les McFadden, Kenny Kring, Bruce Wolfe, Brian Mittelstaedt</i>		

WOMEN'S INDOOR RECORDS



PattiSue Plumer

1,500 Meters

1. PattiSue Plumer	1983	4:23.5
2. Ann Wotherspoon	1980	4:52.5

Mile

1. PattiSue Plumer	1983	4:37.0
2. Arianna Lambie	2008	4:38.01
3. Lauren Fleshman	2002	4:38.48
4. Malindi Elmore	2003	4:39.48
5. Lauren Centrowitz	2008	4:40.13
6. Katy Trotter	2006	4:41.11
7. Alicia Follmar	2008	4:41.15
8. Sara Bei	2004	4:42.17
9. Julia Stamps	1999	4:42.95
10. Katie Glynn	1999	4:43.41

3,000 Meters

1. Patti Sue Plumer	1983	8:53.1
2. Arianna Lambie	2007	9:00.60
3. Lauren Fleshman	2003	9:01.48
4. Sara Bei	2004	9:05.02
5. Alicia Craig	2003	9:07.88
6. Teresa McWalters	2006	9:09.19
7. Lauren Centrowitz	2008	9:11.09
8. Alison Wiley	1991	9:11.1
9. Katy Trotter	2006	9:12.36
10. Amanda Trotter	2006	9:13.76

5,000 Meters

1. Arianna Lambie	2007	15:37.97
2. Alicia Craig	2003	15:43.04
3. Lauren Fleshman	2003	15:47.36
4. Anita Siraki	2005	16:07.18
5. Louise Watson	1994	16:11.52
6. Mary Cobb	2001	16:13.57
7. Kortney Dunscombe	1995	16:17.12
8. Sarna Renfro	1998	16:18.27
9. Alexandra Gits	2008	16:29.14
10. Katie Harrington	2008	16:30.79

1,600 Meter Relay

1. Stanford	2005	3:34.92
<i>Christine Moschella, Janice Davis, Ashley Freeman, Ashley Purnell</i>		
2. Stanford	2006	3:36.80
<i>Keisha Gaines, Nashonme Johnson, Chauntae Bayne, Janice Davis</i>		
3. Stanford	2005	3:38.51
<i>Chinny Offor, Christine Moschella, Nashonme Johnson, Ashley Freeman</i>		
4. Stanford	2005	3:38.91
<i>Nashonme Johnson, Ashley Purnell, Ashley Freeman, Christine Moschella</i>		
5. Stanford	2004	3:40.19
<i>Chinny Offor, Nashonme Johnson, Keisha Gaines, Ashley Freeman</i>		
6. Stanford	2004	3:41.62

<i>Nashonme Johnson, Janice Davis, Ashley Freeman, Keisha Gaines</i>		
7. Stanford	2005	3:43.05
<i>Chinny Offor, Ashley Purnell, Laura Mottaz, Janice Davis</i>		
8. Stanford	2003	3:43.37
<i>Nashonme Johnson, Ashley Purnell, Chauntae Bayne, Christine Moschella</i>		
9. Stanford	2008	3:43.63
<i>Shataya Hendricks, Idara Otu, Claire Cormier Thielke, Nora Miller</i>		
10. Stanford	2004	3:44.64
<i>Chinny Offor, Janice Davis, Nashonme Johnson, Ashley Freeman</i>		

Distance Medley Relay

(1,200, 400, 800, 1,600)		
1. Stanford	2000	11:01.56
<i>Sally Glynn, Jayna Smith, Lindsay Hyatt, Lauren Fleshman</i>		
2. Stanford	2008	11:03.87
<i>Lauren Centrowitz, Idara Otu, Alicia Follmar, Arianna Lambie</i>		
3. Stanford	2006	11:05.03
<i>Katy Trotter, Keisha Gaines, Ashley Freeman, Arianna Lambie</i>		
4. Stanford	2003	11:05.16
<i>Christine Moschella, Katie Hotchkiss, Jeane Goff, Malindi Elmore</i>		
5. Stanford	2006	11:06.68
<i>Katy Trotter, Janice Davis, Ashley Freeman, Arianna Lambie</i>		
6. Stanford	2004	11:07.15
<i>Katy Trotter, Chinny Offor, Ashley Freeman, Sarah Bei</i>		
7. Stanford	2005	11:07.81
<i>Arianna Lambie, Christine Moschella, Ashley Freeman, Katy Trotter</i>		
8. Stanford	2004	11:08.67
<i>Katy Trotter, Chinny Offor, Katie Hotchkiss, Sara Bei</i>		
9. Stanford	2005	11:08.81
<i>Katy Trotter, Christine Moschella, Chinny Offor, Sara Bei</i>		
10. Stanford	2002	11:09.13
<i>Lauren Fleshman, Christine Moschella, Maurica Carlucci, Lindsey Hyatt</i>		

High Jump

1. Lisa Bernhagen	1987	6-5 1/2 (1.97m)
2. Tracye Lawyer	1997	6-0 3/4 (1.85m)
3. Kimberly Stone	2001	5-10 3/4 (1.80m)
4. Karen Lysaght	1983	5-8 (1.73m)
4. Lauren Stewart	2007	5-8 (1.73m)
6. Denise Gatzamide	1984	5-8 (1.73m)
7. Peggy Orita	1989	5-8 (1.73m)
8. Tracye Lawyer	1999	5-7 3/4 (1.72m)
9. Lindsay Gannaway	2004	5-7 (1.70m)
10. Kara Bennett	2008	5-6 1/2 (1.69m)

Long Jump

1. Jackie Edwards	1992	21-8 3/4 (6.62m)
2. Erica McLain	2008	21-4 (6.50m)
3. Arantxa King	2008	21-0 3/4 (6.42m)
4. Griffin Matthew	2007	20-6 1/2 (6.26m)
5. Sabrina Nettey	2008	20-5 (6.22m)
6. Brittni Dixon-Smith	2008	20-1 3/4 (6.14m)
7. Undine Becker	2004	19-10 3/4 (6.06m)
8. Julie Tinker	2001	19-9 3/4 (6.04m)
9. Pam Donald	1983	19-8 3/4 (6.01m)
10. Tara Oettinger	1999	19-8 (5.99m)

Pole Vault

1. Anna McFarlane	2006	13-1 (3.99m)
2. Kathleen Donoghue	2002	13-0 1/4 (3.97m)
3. Melissa Feinstein	1998	12-9 (3.89m)
4. Samantha Shepard	2004/05	12-8 3/4 (3.88m)
5. Leila Ben-Youssef	2005	12-8 3/4 (3.88m)
6. Caitlin Hewitt	2008	12-7 1/4 (3.84m)
7. Tyra Holt	1997	12-0 1/2 (3.67m)
8. Anna McFarlane	2008	11-6 1/4 (3.51m)
8. Ashley Carroll	2002	10-11 3/4 (3.35m)
9. Jen Dalton	1995	10-0 (3.05m)

Shot Put

1. Jillian Camarena	2003/04	57-2 3/4 (17.44m)
2. Pam Dukes	1987	57-1 (17.40m)
3. Carol Cady	1983	54-7 (16.64m)
4. Melissa Yungmans	2006	49-11 3/4 (15.23m)
5. Michaela Wallerstedt	2008	47-11 1/4 (14.61m)
6. Katrinka Jackson	1997	47-6 1/4 (14.48m)
7. Gina Heads	1995	46-6 1/4 (14.18m)
8. Katrinka Jackson	1998	45-9 (13.94m)
9. Tracye Lawyer	1997	44-10 3/4 (13.68m)
10. Cassie Romuld	1999	47-5 1/4 (14.46m)

Triple Jump

1. Erica McLain	2008	46-7 1/4 (14.20m)
2. Jackie Edwards	1992	42-6 (12.95m)
3. Arantxa King	2008	42-0 (12.80m)
4. Lauren Stewart	2006	41-3 3/4 (12.59m)
5. Deborah Akinniyi	2006	40-11 1/2 (12.48m)
6. Undine Becker	2004	40-8 1/4 (12.40m)
7. Florence Adu	1995	40-5 1/2 (12.33m)
8. Julie Tinker	2000	40-5 1/2 (12.33m)
9. Sabrina Nettey	2008	40-3 1/4 (12.27m)
10. Whitney Liehr	2008	39-10 (12.14m)

20-lb Weight

1. Jessica Pluth	2003	61-11 (18.87m)
2. Maureen Onyeagbako	2001	61-7 (18.77m)
3. Summer Pierson	2000	57-11 (17.65m)
4. Sarah Hopping	2005	56-8 1/2 (17.28m)
5. Katy Elsbury	2004	55-11 (17.04m)
6. Melissa Yungmans	2008	55-9 3/4 (17.01m)
7. Jaynie Goodbody	2008	55-5 3/4 (16.91m)
8. Jessica Pluth	2002	54-8 (16.66m)
9. Maggie Isaac	1999	54-6 3/4 (16.63m)
10. Sami Jo Small	1996	49-11 (15.21m)

Pentathlon

1. Lauren Stewart	2008	3,924 points
2. Whitney Liehr	2008	3,593 points
3. Sally Mills	2004	3,417 points
4. Kara Bennett	2008	3,336 points

Two Mile Run

1. Kim Schnurpfeil	1980	10:01.89
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Mile Relay

1. Stanford	1983	3:54.0
<i>Marcia Martin, Regina Jacobs, Pam Board, Terri Givens</i>		
2. Stanford	1981	3:59.6
<i>Pam Donald, Lynnae Warren, Shelley Poerio, Marcia Martin</i>		

Distance Medley

(1,200, 440, 880, mile)		
1. Stanford	1994	11:53.13
<i>Melissa Freeburg, Dena Dey, Leila Burr, Christy Boyd</i>		



Kara Bennett

Men's Freshman Records

100 Meters

1. Wopamo Osaisai	2005	10.39
2. Stanley Wilson	2001	10.47
3. Anthony Bookman	1995	10.63
4. Gordon Banks	1977	10.64
Damon Dunn	1996	10.64

200 Meters

1. Wopamo Osaisai	2005	21.04
2. Gordon Banks	1977	21.24
3. Andrew Dargie	2008	21.31
4. Jimmie Johnson	1994	21.33
5. Stanley Wilson	2001	21.40

400 Meters

1. Rene Rodriguez	1993	46.46
2. Andrew Dargie	2008	46.53
3. Curtis Goehring	2002	47.52
4. Terry Parks	1983	47.80
5. Kevin Jones	1980	48.20

800 Meters

1. Gabe Jennings	1998	1:46.99
2. John Schaar	1979	1:48.3
3. Mark Hassell	1998	1:49.07
4. Michael Stember	1997	1:49.33
5. Joaquin Chapa	2004	1:49.83

1,500 Meters

1. Donald Sage	2001	3:39.27
2. Gabe Jennings	1998	3:40.54
3. Andy Powell	2000	3:40.65
4. Marc Olesen	1984	3:41.7
5. Russell Brown	2005	3:41.72

Mile

1. Gabe Jennings	1998	3:59.32
2. Jonathon Riley	1998	4:02.50
3. Michael Stember	1997	4:02.72
4. Lauren Jespersen	2005	4:06.18
5. Tom Lobsinger	1978	4:06.2

3,000 Meters

1. Gabe Jennings	1998	7:58.40
2. Brad Hauser	1997	8:11.68
3. Eric Sappenfield	1971	9:27.6

3,000 Meter Steeple

1. Jonathan Pierce	2004	9:00.35
2. J.T. Sullivan	2008	9:01.40
3. Ian Dobson	2002	9:03.06
4. Jonathon Riley	1998	9:03.59
5. Bill Haldeman	1977	9:06.7

5,000 Meters

1. Brent Hauser	1997	13:39.75
2. Brad Hauser	1998	13:42.49
3. Neftalem Araia	2005	13:44.78
4. Seth Hejny	2001	13:46.81
5. Grant Robison	2001	13:49.82

10,000 Meters

1. Brent Hauser	1997	28:46.35
2. Louis Luchini	2000	28:54.30
3. Brad Hauser	1997	29:02.58
4. Ian Dobson	2002	29:06.41
5. Brett Gotcher	2004	29:11.07

110 Meter Hurdles

1. Myles Bradley	2006	14.36
2. Peter Kolotouros	1988	14.41
3. Michael Harte	1997	14.44
4. Joseph Jackson	2007	14.50
5. Justin Williams	2000	14.52

400 Meter Hurdles

1. Garry Shumway	1979	53.04
2. Jeff Allen	1995	53.31
3. Matt Hogsett	1973	53.0
4. Gerren Crochet	2002	53.28
5. Tim Wusu	2002	54.28

High Jump

1. Brian Marshall	1985	7-3 ½ (2.23m)
2. Michael Ponikvar	1999	7-3 (2.21m)
3. Travis Clark	1992	7-0 ½ (2.15m)
4. Todd Beyerlein	1998	6-11 ¾ (2.13m)
5. Peter Boyce	1966	6-11 (2.11m)

Long Jump

1. Darrin Nelson	1978	25-7 ½ (7.81m)
2. James Lofton	1975	25-3 ¼ (7.70m)
3. Tom Anderson	1970	24-10 ½ (7.58m)
4. Albert Dyson	1970	24-5 (7.44m)
5. Dan Moore	1959	24-2 ½ (7.38m)

Pole Vault

1. Toby Stevenson	1997	17-8 ¾ (5.41m)
2. Donell Hill	2006	16-7 ¼ (5.06m)
3. Grame Hoste	2005	16-6 ¾ (5.05m)
Casey Roche	2008	16-6 ¾ (5.05m)
5. Jamie Marek	1990	16-1 (4.91m)

Shot Put

1. Terry Albritton	1973	61-6 ½ (18.76m)
2. Pete Swanson	1994	58-3 ¼ (17.76m)
3. Andy Papathanassiou	1988	56-9 ¼ (17.30m)
4. Bruce Wilhelm	1964	56-2 (17.12m)
5. Brad Slinkard	1976	56-0 (17.07m)

Triple Jump

1. Solomon Welch	2003	50-9 ½ (15.48m)
2. Brian Manning	1994	50-7 (15.42m)
3. Rod Utley	1970	50-0 (15.24m)
4. Richard Sherman	2007	50-00 (15.24)
5. Feranmi Okanlami	2004	49-11 ¾ (15.23m)

Discus

1. Omer Inan	2000	188-3 (57.38m)
2. Glenn Schneider	1986	185-0 (56.38m)
3. Jeff Buckley	1994	177-3 (54.04m)
4. Dan Schaerer	2005	176-0 (53.65m)
5. Jim Howard	1972	169-7 (51.70m)

Hammer

1. Adam Connolly	1995	208-0 (63.40m)
2. Shaun Pickering	1982	207-9 (62.32m)
3. Nick Welihozkiy	2000	200-4 (61.06m)

Javelin (Old Imp.)

1. Fred Mondragon	1985	236-0 (71.94m)
2. Steve Hopkins	1971	223-3 (68.04m)
3. George Porter	1963	220-9 ½ (67.32m)
4. Rick Brown	1977	213-1 (64.96m)
5. Bud Held	1947	212-10 (64.88m)

Javelin (New Imp.)

1. Bryan Kelley	2003	184-2 (56.15m)
2. Daniel Haddock	2007	182-8 (55.69m)
3. Keith Avila	2004	175-7 (53.53m)
4. Joshua Husstedt	2003	130-9 (39.86m)

Decathlon

1. Jason Goff	2000	7,007 points
2. Michael Heise	1980	6,600 points
3. Josh Gleason	1995	6,483 points
4. Corey Dysick	2008	6,345 points
5. Sean Darcy	1999	6,196 points

Women's Freshman Records

100 Meters

1. Janice Davis	2004	11.44
2. Chryste Gaines	1989	11.54
3. Nashonme Johnson	2003	11.64
4. Sarah Griffin Matthew	2007	11.74
5. Chauntae Bayne	2003	11.81

200 Meters

1. Nashonme Johnson	2003	23.61
2. Janice Davis	2004	23.64
3. Chauntae Bayne	2003	24.15
4. Chryste Gaines	1989	24.24
5. Alana Walker	2006	24.28

400 Meters

1. Keisha Gaines	2004	53.83
2. Ashley Freeman	2004	54.36
3. Nashonme Johnson	2003	54.61
4. Chiny Offor	2003	54.68
5. Janice Davis	2004	54.84

800 Meters

1. Regina Jacobs	1982	2:04.38
2. Lindsay Hyatt	2000	2:05.64
3. Ashley Freeman	2004	2:06.20
4. Alicia Follmar	2006	2:07.69
5. Arianna Lambie	2004	2:08.06

1,500 Meters

1. Arianna Lambie	2004	4:13.14
2. Lauren Fleshman	2000	4:17.76
3. Julia Stamps	1998	4:21.41
4. Ceci Hopp	1982	4:21.9
5. Mary Cobb	1997	4:21.95

3,000 Meters

1. Ceci Hopp	1982	8:57.27
2. Alison Wiley	1983	9:03.51
3. Carol Gray	1987	9:19.04
4. Julia Stamps	1998	9:21.51
5. Cory Schubert	1984	9:21.9

3,000 Meter Steeple

1. Katy Trotter	2004	10:07.55
2. Jeane Goff	2002	10:22.46
3. Lindsay Allen	2005	10:26.71
4. Amanda Trotter	2004	10:53.31

5,000 Meters

1. Alicia Craig	2003	15:25.75
2. Lauren Fleshman	2000	15:50.18
3. Alison Wiley	1983	16:01.03
4. Mary Cobb	1996	16:05.3
5. Erin Sullivan	2000	16:11.14

10,000 Meters

1. Alicia Craig	2003	32:40.03
2. Ellen Lyons	1981	33:16.0
3. Alex Gits	2008	33:19.12
4. Ann Locke	1982	34:07.6
5. Lindsay Flacks	2005	35:30.82

100 Meter Hurdles

1. Robyn Woolfolk	1999	13.86
2. Lindsey Johnson	2001	13.91
3. Nora Miller	2007	14.04
4. Whitney Liehr	2008	14.11
5. Lillian Bush	2001	14.12

400 Meter Hurdles

1. Pam Board	1984	59.64
2. Margaret Demorest	1982	61.04
3. Amy Henderson	1995	61.77
4. Jen McMillan	1997	62.44
5. Fiona Grieg	1998	62.52

High Jump

1. Lisa Bernhagen	1985	6-0 (1.83m)
2. Tracye Lawyer	1996	5-10 3/4 (1.80m)
3. Lauren Stewart	2006	5-8 3/4 (1.75m)
Cheryl Burdick	2000	5-8 3/4 (1.75m)
Kim Stone	2000	5-8 3/4 (1.75m)

Long Jump

1. Erica McLain	2005	21-2 1/2 (6.46m)
2. Arantxa King	2008	20-1 3/4 (6.14m)
3. Pam Donald	1980	20-1 1/2 (6.13m)
4. Jackie Edwards	1989	20-0 (6.11)
5. Sarah Griffin Matthew	2007	19-09 ½ (6.03m)

Pole Vault

1. Samantha Shepard	2003	13-2 1/4 (4.02m)
2. Kathleen Donoghue	2000	13-0 1/4 (3.97m)
3. Anna McFarlane	2005	12-11 1/2 (3.96m)
4. Leila Ben-Youssef	2001	12-10 3/4 (3.93m)
5. Melissa Feinstein	1998	12-9 (3.89m)

Shot Put

1. Jillian Camarena	2001	53-9 (16.38m)
2. Melissa Yungans	2005	52-4 3/4 (15.97m)
3. Patty Purpur	1986	50-9 3/4 (15.49m)
4. Pam Dukes	1983	49-4 1/4 (15.04m)
5. Michaela Wallerstedt	2006	48-5 1/2 (14.77m)

Triple Jump

1. Erica McLain	2005	45-11 3/4 (14.01m)
2. Lauren Stewart	2006	42-1 1/2 (12.84m)
3. Sabrina Nettey	2008	41-5 (12.62m)
4. Deborah Akinniji	2005	41-4 1/4 (12.60m)
5. Arantxa King	2008	41-0 1/2 (12.20m)

Discus

1. Patty Purpur	1986	177-7 (54.12m)
2. Summer Pierson	1997	177-6 (54.10m)
3. Karen Nickerson	1983	174-11 (53.32m)
4. Carol Cady	1981	173-11 (53.0m)
5. Maggie Isaac	1997	159-10 (48.72m)

Hammer

1. Jessica Pluth	2001	187-0 (57.00m)
2. Sarah Hopping	2003	184-1 (56.12m)
3. Katy Elsbury	2003	176-1 (53.68m)
4. Maggie Isaac	1997	163-10 (49.94m)
5. Ashley Pardun	2002	154-5 (47.08m)

Javelin (Old Imp.)

1. Mary Osborne	1980	181-3 (55.26m)
2. Sami Jo Small	1995	175-11 (53.62m)
3. Erica Wheeler	1987	174-5 (53.16m)
4. Allison Beatty	1997	152-0 (46.34m)
5. Whitney Drumright	2005	143-4 (43.68m)

Javelin (New Imp.)

1. Danielle Maier	2005	150-2 (45.78m)
2. Lindsey Brisbin	2002	140-9 (42.92m)
3. Kara Bennett	2007	137-10 (42.02m)
4. Lindsay Hopkins	1999	128-7 (39.19m)
5. Liz Minoofar	2008	128-2 (39.07m)

Heptathlon

1. Whitney Liehr	2008	5,186
2. Lauren Stewart	2006	5,141
3. Tracye Lawyer	1996	5,108
4. Denise Gaztambide	1983	4,938
5. Joy Goff	1997	4,931



Larry Questad

100-yard Dash

9.3	Larry Questad	1963, 1965 (Hand Time)
9.4	Clyde Jeffrey	1939 (Hand Time)
9.4	Ken Curl	1972 (Hand Time)
9.5	Eric Frische	1963 (Hand Time)
9.5	Rick Tipton	1969 (Hand Time)
9.5	Chuck Francis	1971 (Hand Time)

100-meter Dash

10.2	Larry Questad	1964 (Hand Time)
10.3	James Lofton	1978 (Hand Time)
10.3	Darrin Nelson	1979 (Hand Time)
10.39	Wopamo Osaisai	2005
10.40	Gordon Banks	1977
10.46	Jimmie Johnson	1997
10.47	Stanley Wilson	2001
10.48	Marvin Holmes	1977
10.61	Leroy Sims	2000
10.61	Milton Little	2003

220-yard Dash

20.6	Larry Questad	1963 (Hand Time)
20.7	Jack Weiershauser	1937 (Hand Time)
20.8	Clyde Jeffrey	1939 (straight) (Hand Time)
21.0	Ken Curl	1973 (Hand Time)
21.0	James Lofton	1977 (Hand Time)
21.1	Eric Frische	1963 (Hand Time)
21.1	Gordon Banks	1977 (Hand Time)

200-meter Dash

20.5	Larry Questad	1963 (Hand Time)
20.5	James Lofton	1977 (Hand Time)
20.84	Clyde Jeffrey	1939
20.95	Jimmy Johnson	1997
21.10	Damon Dunn	1996
21.24	Gordon Banks	1977
21.31	Milton Little	2003
21.31	Andrew Dargie	2008
21.34	Darrin Nelson	1980
21.35	James Cramton	1991

440-yard Dash

46.4	Ben Eastman	1932 (Hand Time)
46.6	Ray Malott	1938 (Hand Time)
46.9	Jim Ward	1966 (Hand Time)
47.3	Bud Spencer	1928 (Hand Time)
47.4	Charles Shaw	1940 (Hand Time)
47.4	Craig Williamson	1940 (Hand Time)
47.4	Don Chesarek	1958 (Hand Time)
47.4	Ken Fraser	1965 (Hand Time)

400-meter Dash

45.85	Rene Rodriguez	1994
46.08	Alan Sheats	1977
46.17	Jimmie Johnson	1996
46.40	Ben Eastman	1932
46.40	James Lofton	1977
46.53	Andrew Dargie	2008
46.71	James Cramton	1991
46.86	Evan Kehy	2002
46.99	Nick Sebes	2003
47.0	Bud Spencer	1928 (Hand Time)

880-yard Run

1:47.3	Ernie Cunliffe	1960 (Hand Time)
1:49.2	Norm Lloyd	1958 (Hand Time)
1:49.4	Pete Fairchild	1969 (Hand Time)
1:49.9	Rich Klier	1962 (Hand Time)
1:50.2	Tim Nicholson	1971 (Hand Time)
1:50.3	Bill Pratt	1964 (Hand Time)
1:50.4	Bob Miltz	1963 (Hand Time)
1:50.9	Ben Eastman	1932 (Hand Time)

800-meter Run

1:46.20	Michael Stember	2000
1:46.6	Ernie Cunliffe	1960 (Hand Time)
1:46.83	Gabe Jennings	2001
1:46.90	David Strang	1990
1:47.92	Christian Skoog	1986
1:47.96	Grant Robison	2003
1:47.96	Russell Brown	2007
1:47.97	John Schaeer	1979
1:48.20	Bill Crowley	1990
1:48.42	Ryan Carroll	2001

Mile Run

3:55.16	Jeff Atkinson	1986
3:59.11	Michael Stember	1998
3:59.32	Gabe Jennings	1998
3:59.6	Duncan Macdonald	1970 (Hand Time)
3:59.69	Jonathon Riley	2002
4:00.1	Brian Mittelstaedt	1973 (Hand Time)
4:00.4	Ernie Cunliffe	1960 (Hand Time)
4:01.5	Harry McCalla	1963 (Hand Time)
4:02.3	Paul Schlicke	1964 (Hand Time)
4:03.15	Grant Robison	2002

1500-meter Run

3:35.11	Michael Stember	2000
3:35.21	Gabe Jennings	2000
3:35.75	Grant Robison	2003
3:37.56	Russell Brown	2007
3:38.90	Jonathon Riley	2000
3:39.26	Marc Olesen	1988
3:39.27	Donald Sage	2001
3:39.96	Garrett Heath	2008
3:40.65	Andrew Powell	2000
3:41.30	Mark Mastalir	1991

2-mile Run

8:37.8	Don Kardong	1971 (Hand Time)
8:45.2	Greg Brock	1970 (Hand Time)
8:47.4	Tony Sandoval	1976 (Hand Time)
8:49.4	Arvid Kretz	1971 (Hand Time)
8:50.2	Brian Mittelstaedt	1973 (Hand Time)

3000-meter Steeplechase

8:32.09	Ian Dobson	2004
8:35.83	Jesse Thomas	2002
8:38.19	David Frank	1984
8:40.72	Jonathon Pierce	2006
8:43.07	David Vidal	2005
8:45.92	Fred Carter	1992
8:48.52	Steve Miller	1989
8:50.82	Mark Fadil	1996
8:52.6	Bill Graham	1982 (Hand Time)
8:53.6	Bill Gail	1979 (Hand Time)

3-mile Run

13:20.8	Don Kardong	1971 (Hand Time)
13:25.8	Tony Sandoval	1976 (Hand Time)
13:31.9	Arvid Kretz	1971 (Hand Time)
13:36.4	Greg Brock	1970 (Hand Time)
13:47.0	Mark McConnell	1974 (Hand Time)
13:49.0	Jeff Parietti	1976 (Hand Time)

5000-meter Run

13:15.33	Ian Dobson	2005
13:16.03	Ryan Hall	2005
13:25.19	Louis Luchini	2004
13:27.31	Brad Hauser	2000
13:29.15	Jonathon Riley	2002
13:39.75	Brent Hauser	1997
13:40.30	Grant Robison	2002
13:44.60	Gabe Jennings	2000
13:44.78	Neftalem Araia	2005
13:44.87	Jason Balkman	1999

6-mile Run

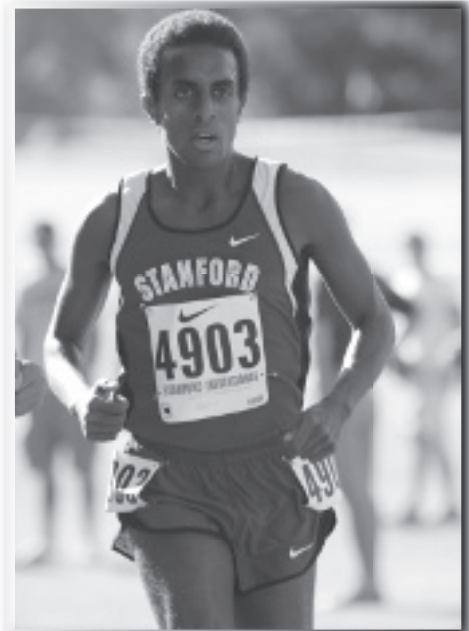
28:00.6	Don Kardong	1971 (Hand Time)
28:03.8	Tony Sandoval	1976 (Hand Time)
29:02.6	Greg Brock	1970 (Hand Time)
29:10.6	Jack Bellah	1974 (Hand Time)

10,000-meter Run

27:59.72	Ian Dobson	2005
28:08.12	Brad Hauser	1999
28:23.37	Brent Hauser	2000
28:23.67	Adam Tenforde	2003
28:27.43	Neftalem Araia	2006
28:32.21	Jason Balkman	1999
28:32.62	Nathan Nutter	1998
28:33.71	Jonathon Riley	2001
28:40.12	Donald Sage	2002
28:41.13	Louis Luchini	2003

120-yard High Hurdles

13.7	Rick Tipton	1971 (Hand Time)
13.8	Steve Cortright	1963 (Hand Time)
13.9	Chuck Cobb	1958 (Hand Time)
13.9	John Foster	1975 (Hand Time)
14.0	Dave Bagshaw	1973 (Hand Time)



Neftalem Araia



Brad Hauser

110-meter High Hurdles*

13.78	Myles Bradley	2008
13.94	John Foster	1976
14.04	Bob Mathias	1953
14.10	Chuck Cobb	1958
14.10	Justin Williams	2003
14.14	Rick Tipton	1969
14.15	Peter Kolotoutos	1989
14.19	Michael Harte	1999
14.22	Jay Thorson	1986
14.25	Josh Husted	2007

* In 1960, Chuck Cobb ran 13.7 in the U.S. Armed Services Championship while stationed at the Stanford Navy ROTC unit and training under Payton Jordan

440-yard Intermediate Hurdles

50.7	Randy White	1971 (Hand Time)
51.3	Matt Hogsett	1974 (Hand Time)
52.1	Tom Long	1972 (Hand Time)
52.2	Dave Bagshaw	1974 (Hand Time)
52.4	Steve Cortright	1963 (Hand Time)
52.3	Bud Walsh	1967 (Hand Time)
52.4	Jim Luttrell	1955 (Hand Time)

400-meter Hurdles

50.4	Randy White	1971 (Hand Time)
50.98	Jeff Allen	1998
51.2	Tom Shellworth	1977 (Hand Time)
51.3	Matt Hogsett	1974 (Hand Time)
51.71	Garry Shumway	1981
51.73	Shanghn Ryan	1986
52.0	Garry Shumway	1980 (Hand Time)
52.15	Tim Collins	1988
52.63	Gerren Crochet	2003
52.85	Kraig Sanders	1986

440-yard Relay

39.7	Frische, Rubin, McIntyre, Questad	1965 (Hand Time)
40.5	Cox, Forbes, Ward, Questad	1966 (Hand Time)
40.7	Sears, Forbes, Walsh, Cox	1967 (Hand Time)
40.8	Frische, Rubin, Forbes, Questad	1965 (Hand Time)
40.8	Sears, Guglielmetti, Walsh, Forbes	1967 (Hand Time)
40.8	Holmes, Lofton, Sheats, Wingo	1975 (Hand Time)

400-meter Relay

39.71	Rushing, Sebes, Goehring, Wilson	2004
39.84	Nelson, Sheats, Banks, Lofton	1978
40.15	Little, Crochet, Sebes, Rushing	2003
40.24	Little, Crochet, Rushing, Sebes	2003
40.24	Belch, Dargie, McGraw, Osaisai	2008
40.26	Goehring, Sebes, Kely, Wilson	2002
40.39	Goehring, Sebes, Kely, Wilson	2003
40.51	Bookman, Davis, Webb, Johnson	1995
40.59	Belch, Mueller, Chandy, Osaisai	2008
40.61	Goehring, Little, Sebes, Crochet	2003

Mile Relay

3:08.5	Sheats, Shellworth, Banks, Lofton	1977 (Hand Time)
3:10.5	Shaw, Williamson, Clark, Jeffrey	1940 (Hand Time)
3:10.5	Frederickson, Rubin, McIntyre, Fraser	1965 (Hand Time)
3:10.8	Wingo, Sheats, Hogsett, Lofton	1976 (Hand Time)
3:11.2	Shellworth, Gerfen, Sheats, Lofton	1977 (Hand Time)
3:11.4	Lassen, Cunliffe, Lloyd, Chesarek	1958 (Hand Time)
3:11.6	Kauffman, Fairchild, Anderson, White	1971 (Hand Time)

1600-meter Relay

3:06.6	McCarthy, Banks, Sheats, Lofton	1978 (Hand Time)
3:07.23	Little, Crochet, Goehring, Sebes	2003
3:07.4	Sheats, Shellworth, Banks, Lofton	1977 (Hand Time)
3:07.53	Goehring, Sebes, Wilson, Rushing	2004
3:07.77	Little, Crochet, Rushing, Sebes	2003
3:09.17	Goehring, Crochet, Little, Sebes	2003
3:09.36	Heath, Allen, Pigg, Johnson	1996
3:09.50	Coleman, Chandy, Garcia, Dargie	2008
3:09.65	Cramton, Skoog, Strang, Armstrong	1988
3:09.96	Little, Kely, Goehring, Sebes	2002

Discus

210-01	Michael Robertson	2007
198-7	Omer Inan	2002
196-1	Glenn Schneider	1988
193-2	Dave Weill	1963
190-3	Dave Thomson	1981
189-1	Bob Stoecker	1966
187-2	Mark Ganek	1999
185-3	Daniel Schaerer	2006
182-6	Steve Davis	1969
182-1	Pete Swanson	1996

Shot Put

70-7	Terry Albritton	1977
64-10 3/4	Garin Veris	1982
60-7 1/4	Pete Swanson	1995
60-1	Brian Boggess	1989
59-11 3/4	Jerry Winters	1960
58-8 1/2	Andy Papatthanassiou	1989
58-5 1/2	T. C. Jones	1969
58-1 1/4	Michael Macellari	2008
57-4 3/8	Otis Chandler	1950
57-0 1/4	Chris Sprague	2000

2002 Javelin (old implement at 1980)

265-8	Tom Colby	1969
243-6	Gary Bruner	1980
241-10	Art Batchelder	1962
239-7	Bob Kimball	1953
235-9 3/4	Leo Long	1954
235-3	Gary Bruner	1979
233-4 1/2	Bud Held	1950
231-11	George Porter	1965
230-5	Steve Hopkins	1974
229-8 1/2	John Bugge	1955

Javelin (1986 new implement)

234-0	Chad Wassink	2001
233-11	Dave Pickett	1988
218-8	Jason Goff	2004
201-3	Keith Avila	2006
198-5	James Kostohyryz	1991
191-7	John Roldan	1995
191-2	Bryan Kelley	2005
189-5	Nick Rosen	1988
185-3	Daniel Haddock	2008
187-3	Justin Strand	1997

Long Jump

26-11 3/4	James Lofton	1978
26-0 3/4	Marcus Hickerson	1990
25-11	Milton Little	2003
25-9 1/2	Dan Moore	1962
25-7 1/2	Darrin Nelson	1978
25-4 3/4	Gay Bryan	1949
25-3	Frank Herrmann	1957
25-2	Bud Walsh	1967
25-1	Tom Anderson	1971
24-11 1/2	Craig Vaughan	1967

Triple Jump

52-3	Allen Meredith	1970
51-9	Solomon Welch	2005
51-8 1/2	Ian Arnold	1968
51-4 1/2	Feranmi Okanlami	2006
51-1 1/2	Tom Massey	1969
51-0	Jami Webb	1994
50-7	Brian Manning	1994
50-4	Rod Utley	1973
50-0	Phil Cannon	1986
50-0	Henry Green	1989
50-0	Richard Sherman	2007

High Jump

7-5 3/4	Brian Marshall	1988
7-4 1/2	Michael Ponikvar	1999
7-3	Peter Boyce	1968
7-3	Travis Clark	1993
7-1	John Hopkins	1989
7- 1/4	Todd Beyerlein	1998
6-10	Ed Hanks	1965
6-10	Skip Grodahl	1972
6-10	Chris Patrick	1981
6-9 3/4	Ray Bergstrom	2002

Pole Vault

18-9 1/4	Toby Stevenson	2000
18-1	Graeme Hoste	2006
17-8 1/2	John Gash	1987
17- 3/4	Jamie Marek	1993
16-11 3/4	Jim Eshelman	1967
16-10 3/4	Josh Hustedt	2008
16-9 1/4	Chris Buddin	1995
16-8 3/4	Adam Fusco	1998
16-7	Casey Carrigan	1971
16-7 1/4	Donell Hill	2006

Hammer Throw

240-10	Dave Popejoy	1995
237-3	Adam Connelly	1999
233-5	Justin Strand	1997
229-10	Brian Masterson	1985
225-1	Shaun Pickering	1984
222-5	Rick Buzz	1980
221-1	Nick Wolthozkly	2003
213-2	Dave Thonison	1981
211-0	Toby Norwood	1995
208-5	Mark Ganck	1999

Decathlon

7,887	Bob Mathias	1952
7,529	Jay Thorson	1986
7,465	Josh Hustedt	2008
7,428	Jason Goff	2001
7,287	Travis Clark	1995
7,228	Michael Heise	1982
7,084	D. D. Harris	1989
7,016	Timi Wusu	2003
7,013	Josh Gleason	1996
6,832	Nicholas Taylor	2002

STANFORD WORLD RECORD HOLDERS



Bob Mathias



Terry Albritton



Ernie Cunliffe

Year	Name	Event	Time/Mark
1904	Norman Dole	pole vault	12-1 8/25
1910	Leland Scott	pole vault	12-10 7/8
1912	George Horine	high jump	6-7
1921	Morris Kirksey	100-yard dash	9.6
1925	Glen Hartranft	discus	157-1 5/8
1928	Bud Spencer	400-meter dash	47.0
	member of the U.S. 1,600-meter relay team		3:14.2
	member of the U.S. mile relay team		3:13.4
1930	Harlow Rothert	shot put	52-1 5/8
	Eric Krenz	discus	167-5 3/8
1931	Mile relay team of Maynor Shove, Abe Hables, Ike Hables, Ben Eastman		3:12.6
1932	Ben Eastman	440-yards	46.4
	Bill Miller	pole vault	14-1 7/8
	Hector Dyer	member of U.S. 400-meter relay team	40.0
1933	Gus Meier	120 high hurdles	14.2
1934	John Lyman	shot put	54-1
	Ben Eastman	880-yards	1:49.8
1935	Sam Klopstock	high hurdles	14.1
1937	880-yard relay team of Jim Kneubuhl, Ray Malott, Stan Hiserman, Jack Weierhauser		1:25.0
1940	Clyde Jeffrey	100-yard dash	9.4
	Paul Moore	1,320-yard run	2:58.7
	Mile relay team of Charles Shaw, Ernie Clark, Craig Williamson, Clyde Jeffrey		3:10.5
1950	Bob Mathias	decathlon	8,042 points
1952	Bob Mathias	decathlon (old scoring system)	7,887 points
1953	Bud Held	javelin	263-10
1955	Bud Held	javelin	266-2 1/2
1956	Bud Held	javelin (made after leaving Stanford)	270-0
1960	Ernie Cunliffe	member of the U.S. two-mile relay team	7:19.4
1961	Ernie Cunliffe	1,000-yard run (indoor)	2:07.9
1965	440-yard relay team of Eric Frische, Dale Rubin, Bob McIntyre, Larry Questad		39.7
1973	880-yard relay (indoor) team of Ken Curl, John Kessel, Matt Hogsett, John Anderson		1:27.4
1974	Mile int. hurdle relay team of Matt Hogsett, Dave Bagshaw, Reggie Mason, Kenny Kring		3:37.8
1976	Terry Albritton	shot put	71-8 1/2
2000	Distance Medley Relay team (indoors) of Gabriel Jennings, Evan Kelty, Michael Stember, Jonathon Riley		9:28.83



Bud Held





U.S. Sports Academy Directors' Cup 2007-08 Final Standings

1. STANFORD	1461.00	14. North Carolina	978.50
2. UCLA	1182.00	15. Florida State	971.50
3. Michigan	1154.50	16. Tennessee	953.75
4. Arizona State	1148.00	17. Virginia	869.00
5. Texas	1129.50	18. Wisconsin	830.50
6. Florida	1126.75	19. Duke	821.00
7. California	1120.00	20. Auburn	761.50
8. Louisiana State	1085.00	21. Notre Dame	760.50
9. Penn State	1041.00	22. Washington	745.25
10. Georgia	1040.00	23. Oklahoma	714.00
11. Ohio State	1034.75	24. Arkansas	697.00
12. Texas A&M	1031.00	25. Alabama	683.00
13. USC	1011.25		

Stanford captured its unprecedented 14th consecutive U.S. Sports Academy Directors' Cup last year, finishing with a total of 1461 points after placing in 21 postseason championships and earning points in the maximum 10 women's sports and nine men's sports. Stanford boasted an impressive 12 top-five finishes, winning a national championship in women's cross country, placing second in women's volleyball, women's basketball, men's gymnastics and men's golf, third in men's and women's swimming, women's gymnastics, women's water polo and fifth in women's indoor track and field and women's tennis. Stanford also finished seventh in men's indoor track, eighth in fencing, ninth in women's soccer, softball and men's basketball, 17th in men's tennis and 19th in men's cross country and wrestling.



Fall

Stanford finished fall competition with 315 points, good for third place in the Division I Sports Academy Directors' Cup standings behind California (370) and USC (343). The Cardinal scored points in five of nine fall sports, led by a strong showing by the women's cross country team, which captured its third straight NCAA championship. The women's volleyball team made another appearance in the NCAA title match, while the women's field hockey (9th), women's soccer (NCAA third round) and men's cross country teams (19th NAAs) all enjoyed strong fall showings.



Winter

Stanford took control of the Directors' Cup standings with a strong showing in the winter, as 10 Cardinal teams accounted for 767 points. Stanford women's basketball team advanced to the championship game of the NCAA Tournament while the Cardinal men's and women's gymnastics team finished second and third, respectively, at the NCAA Championships. Stanford finished third in men's and women's swimming, fifth in women's indoor track and field, seventh in men's indoor track and field, eighth in fencing, ninth in men's basketball and 19th in wrestling.



Spring

Stanford teams followed up their strong winter performances with an impressive spring, netting 468.00 points. The Stanford women's water polo team placed third at the NCAA Championships while the men's golf team and women's tennis team finished second and fifth, respectively, at their NCAA Championship events. Stanford also placed ninth in women's track and field, 17th in men's tennis and 25th in women's golf.



Directors' Cup Overview

The Sports Academy Directors' Cup was developed as a joint effort between the National Collegiate Association of Collegiate Directors of Athletics (NACDA) and the *USA Today* in 1993-94 in an effort to honor universities that strive for success in all of their sports programs. The program was expanded in 1995-96 to include Division II, III and the NAIA. Each institution is awarded points based on an institutions finish in 20 sports – 10 each for men and women.



Stanford University at a Glance

On October 1, 1891, the 465 new students who were on hand for opening day ceremonies at Leland Stanford Junior University greeted Leland and Jane Stanford enthusiastically, with a chant they had made up and rehearsed only that morning. Wah-hoo! Wah-hoo! L-S-J-U! Stanford! Its wild and spirited tone symbolized the excitement of this bold adventure. As a pioneer faculty member recalled, "Hope was in every heart, and the presiding spirit of freedom prompted us to dare greatly."



For the Stanford's on that day, the university was the realization of a dream and a fitting tribute to the memory of their only son, who had died of typhoid fever weeks before his sixteenth birthday. Far from the nation's center of culture and unencumbered by tradition or ivy, the new university drew students from all over the country: many from California; some who followed professors hired from other colleges and universities; and some simply seeking adventure in the West. Though there were many difficulties during the first months – housing was inadequate, microscopes and books were late in arriving from the East – the first year foretold of greatness. As Jane Stanford wrote in the summer of 1892, "Even our fondest hopes have been realized."

Ideas of "Practical Education"

Governor and Mrs. Stanford had come from families of modest means and had built their way up through a life of hard work. So it was natural that their first thoughts were to establish an institution where young men and women could "grapple successfully with the practicalities of life." As their thoughts matured, these ideas of "practical education" enlarged to the concept of producing cultured and useful citizens who were well-prepared for professional success.

Nearly 116 years later, the university still enjoys the original 8,180 acres (almost 13 square miles) of grassy fields, eucalyptus groves, and rolling hills that were the Stanford's generous legacy, as well as the Quadrangle of "long corridors with their stately pillars" at the center of campus. It is still true, as the philosopher William James said, during his stint as a visiting professor, that the climate is "so friendly ... that every morning wakes one fresh for new amounts of work."

Current Perspectives

In other ways, the university has changed tremendously on its way to recognition as one of the world's great universities. At the hub of a vital and diverse Bay Area, Stanford is less than hour's drive south of San Francisco and just a few minutes north of the Silicon Valley, an area dotted with computer and high technology firms largely spawned by the university's faculty and graduates. On campus, students and faculty enjoy new libraries, modern laboratories, tremendous sports and recreation facilities, and comfortable residences. Contemporary sculpture, as well as pieces from the Stanford Museum's extensive collection of sculpture by Auguste Rodin, is placed throughout the campus, providing unexpected pleasures at many turns. At the Stanford Medical Center, world-renowned for its research, teaching, and patient care, scientists and physicians are searching for answers to fundamental questions about health and disease. Ninety miles down the coast, at Stanford's Hopkins Marine



Station on the Monterey Bay, scientists are working to better understand the mechanisms of evolution, human development, and ecological systems.

The university is organized into seven schools: Earth Sciences, Education, Engineering, the Graduate School of Business, Humanities and Sciences, Law and Medicine. In addition, there are more than 30 interdisciplinary centers, programs, and research laboratories – including the Hoover Institution on War, Revolution and Peace; the Institute for International Studies; the Stanford Linear Accelerator Center; and the Stanford Center for the Study of Families, Children and Youth – where faculty from a wide range of fields bring different perspectives to bear on issues and problems. Stanford's Overseas Studies Program offers students in all fields remarkable opportunities for study abroad, with campuses in Australia, Beijing, Berlin, Cape Town, Florence, Kyoto, Madrid, Moscow, Oxford, Paris, and Santiago.

Stanford People



By any measure, Stanford's faculty – which numbers just over 1,800 – is one of the most distinguished in the nation. As of the June of 2007, the faculty included 18 Nobel Laureates, four Pulitzer Prize winners, 24 MacArthur Fellows, 21 recipients of the National Medal of Science, three National Medley of Technology recipients, 228 members of the National Academy of Arts and Sciences, 135 members of the National Academy of Sciences, 83 National Academy of Engineering members, 29 members of the National Academy of Education, seven Wolf Foundation Prize winners, seven winners of the Koret Foundation Prize and three Presidential Medal of Freedom winners. Yet beyond their array of honors, what truly distinguishes Stanford faculty is their commitment to sharing knowledge with their students. The great majority of professors teach undergraduates both in introductory lecture classes and in small advanced seminars.

Currently 14881 students, of which 6689 are undergraduates, live and study on campus. A little more than 40 percent come from California, but all 50 states and approximately 68 countries are represented as well. Among undergraduates, approximately 55 percent are African American, Asian American, International, Mexican American, Native American, Native Hawaiian or Other Hispanic in ethnicity. Like the faculty, the Stanford student body is distinguished. Approximately 10 students apply to Stanford for every place in the freshman class with 89% of those admitted finishing in



the top 10% of their high school class. Ninety-four Stanford students have been named Rhodes Scholars, 74 have been selected Marshall Award winners, and 49 have been chosen Truman Scholars. Nearly 90 percent of graduating seniors plan to attend graduate or professional schools. Stanford students also shine in a tremendous array of activities outside the classroom – from student government to music, theater, and journalism. Through the Haas Center for Public Service, students participate in many community service activities, such as tutoring programs for children in nearby East Palo Alto, the Hunger Project, and the Arbor Free Clinic.

In the athletic arena, Stanford students have enjoyed tremendous success as well. Stanford fields teams in 36 Division I varsity sports (15 men, 20 women, 1 co-ed). Of Stanford's 95 NCAA titles (107 national), 55 have been captured since 1990, by far the most in the nation. Thirty-eight of Stanford's athletes and coaches participated in the 1992 Olympics in Barcelona, 49 competed in Atlanta at the 1996 Games, 34 represented Stanford at the 2000 Games in Sydney, and 43 Stanford associates competed at the 2004 Games in Athens. Intramural and



U.S. News and World Report 2008 Top 10 Rankings of National Universities

1. Princeton
2. Harvard
3. Yale
4. **STANFORD**
5. Pennsylvania
Cal Tech
7. Massachusetts Institute of Technology
8. Duke
9. Columbia
Chicago

club sports are also popular; over 1,000 students take part in the club sports program, while participation in the intramural program has reached 9,000, with many students active in more than one sport.

Looking Ahead

In her address to the Board of Trustees, in 1904, Jane Stanford said, “. . . Let us not be afraid to outgrow old thoughts and ways, and dare to think on new lines as to the future of the work under our care.”

Her thoughts echo in the words of former Stanford President Gerhard Casper, who has said, “The true university must reinvent itself every day . . . At Stanford, these are days of such reconsideration and fresh support for our fundamental tasks – teaching, learning, and research.”





Bob BOWLSBY

THE JAQUISH & KENNINGER DIRECTOR OF ATHLETICS

One of the most respected and admired athletic administrators in the nation, Bob Bowsby enters his third full year as the Jaquish & Kenninger Director of Athletics at Stanford University, a position he was appointed to on April 25, 2006 after spending 15 years at the helm of the University of Iowa's athletic program. In his initial two years in the position, Stanford has continued its well-earned reputation of fielding the most successful and wide-ranging Division I-A athletic programs in the nation.

As Stanford's sixth athletic director, Bowsby succeeds Ted Leland (1991-2005), Andy Geiger (1979-90), Joe Ruetz (1972-78), Chuck Taylor (1963-71) and Al Masters (1925-63). Bowsby directs a department that includes 35 intercollegiate varsity teams – 15 men's, 19 women's and one coed – plus the physical education department, intramurals, club sports, open recreation and the Stanford Golf Course. The department has an annual budget of approximately \$75 million and a staff of over 225.

"Bob Bowsby represents the best professional and personal values when it comes to student-athletes," said Stanford University Provost John Etchemendy. "He understands that the success of an athletics program is not simply measured in wins and losses, but in the academic achievements and character of the young women and men who work so hard on the field and in the classroom."

Under his administrative guidance, Stanford claimed its unprecedented 14th straight U.S. Sports Academy Directors' Cup last year, emblematic of the top overall program in the country. Sixteen Stanford teams boasted Top 10 finishes, winning national championships in women's cross country and synchronized swimming. In addition, the women's volleyball, women's basketball and men's golf teams enjoyed runner-up NCAA Tournament finishes in their respective sports, while the men's basketball team advanced to the Sweet 16 of the NCAA Tournament. Eight Stanford teams claimed conference championships.

Stanford's student-athletes were also highly-decorated last season. Two players – Foluke Akinradewo (women's volleyball) and Candice Wiggins (women's basketball) – earned national player of the year honors while nine student-athletes earned conference player of the year marks. In addition, three student-athletes – Hilary Barte (women's tennis), Alex Clayton (men's tennis) and Alix Klineman (women's volleyball) – earned national freshmen of the year accolades.

Stanford Athletic Directors

Al Masters	1925-63
Chuck Taylor	1963-71
Joe Ruetz	1972-78
Andy Geiger	1979-90
Ted Leland	1991-2005
Bob Bowsby	2006-Present

Stanford student-athletes continue to excel in the classroom, as 14 Cardinal student-athletes earned academic All-America status during the 2007-08 season. Six Stanford student-athletes – Neftalem Araia (cross country), Russell Brown (track and field), Rachel Buehler (women's soccer), Tanner Gardner (wrestling), Rob Grube (men's golf) and Arianna Lambie (women's cross country) – were named Pac-10 Scholar Athletes of the Year.

Ten Stanford student-athletes – Araia, Buehler, Dylan Carney (men's gymnastics), Michael Garcia (men's track and field), Gardner, Sandy Hohener (men's water polo), Graeme Hoste (men's track and field), Josh Hustedt (track and field), Lambie and Laura Shane (lacrosse) – were named NCAA Postgraduate Scholars. In addition, Carney was the recipient of the Walter Byers Postgraduate Scholarship, the highest academic honor in intercollegiate athletics.

Bowsby continues to leave his mark in Stanford's coaching circles. Under first-year head coach Jim Harbaugh, the Stanford football team was on of the most improved squads in the Pac-10 Conference last season, as evident of wins over top-ranked (*USA Today*) USC and defending Pac-10 Conference co-champion Cal. Last spring, Bowsby ushered in a new era of Stanford basketball with the hiring of head coach Johnny Dawkins.

Throughout his career, Bowsby has emerged as a national leader in intercollegiate and amateur athletics. He was named in February, 2007, to the United States Olympic Committee Board of Directors.

He has previously served as President of the NCAA Division I-A Athletic Directors' Association (2002-03), Chair of the NCAA Division I Men's Basketball Committee for two years (2003-05) and a committee member for five years, Chair of the Big Ten Administrator's Council (2002-04) and Chair of the NCAA Management Council.

Bowsby was appointed by President George Bush as a member of the Commission on Opportunities in Athletics in 2002-03. The committee was led by U.S. Secretary of Education Rod Paige.

Bowsby was elected chair of the NCAA Olympic Sports Liaison Committee and represented the NCAA as one of two voting members on the United States Olympic Committee Board of Directors. He served as a member of the NCAA/U.S. Olympic Committee Task Force chaired by Cedric Dempsey and George Steinbrenner.

In addition, Bowsby served as chair of the NCAA Wrestling Committee and has served on NCAA committees on Financial Aid and Amateurism, the Special Committee to Review Amateurism Issues and the Special Committee to Review Financial Conditions in Athletics.

Bowsby has also served as an Executive Committee member with both the National Association of Collegiate Directors of Athletics and the Division I-A Athletic Directors Association and served as President of the I-A organization for two years.

The National Association of Collegiate Directors of Athletics (NACDA) named Bowsby in 2001-02 as Central Region Athletic Director of the Year and *Sports Business Journal* selected him from the four regional award winners as the National Athletics Director of the Year. The award highlights the efforts of the athletic directors for their commitment and positive contributions to campuses and their surrounding communities.

As the chief administrator for Iowa's athletic department from 1991-2006, Bowsby earned a reputation as one of the most admired, energetic and ambitious athletic administrators in the nation. Bowsby guided and supervised the merger of the Hawkeye's women's and men's athletics departments while enabling Iowa to maintain its standing as one of the most visible and successful Division I athletic programs.

Under his leadership, Iowa enjoyed unprecedented success and growth in the area of fund raising and facilities. Bowsby and the UI Development staff put in place \$25 million in endowments to help support Hawkeye student-athlete scholarship aid. In addition, he managed the planning and construction of \$120 million in facility projects on campus, including an \$87 million renovation to Kinnick Stadium.

A native of Waterloo, Iowa, Bowsby became Iowa's 10th Athletic Director in June, 1991, after serving in the same role at the University of Northern Iowa since 1984. Bowsby earned his bachelor's degree from Moorhead State University (Minnesota) in 1975 and his master's degree from the University of Iowa in 1978. He and his wife, Candice, have four children: Lisa, Matt, Rachel and Kyle.

