

The Terminally Ill Grief or Depression Scale (TIGDS)

ROG	1	I hope to die peacefully.	T	F
D	2	I am a total failure.	T	F
ROG	3	I am thankful for all the care and concern I am getting.	T	F
LOG	4	I am more concerned for my loved ones than for myself	T	F
D	5	The world would be a better place without me.	T	F
D	6	Nothing gives me pleasure	T	F
ROG	7	I pray for a miracle that will cure me.	T	F
D	8	I am a loser.	T	F
D	9	I do not know why anyone bothers with me.	T	F
LOG	10	I regret not being able to live as long as I'd like to.	T	F
D	11	Everything seems gray and colorless.	T	F
LOG	12	I do not want to leave my loved ones.	T	F
ROG	13	I will not let this situation get me down.	T	F
LOG	14	I was totally devastated when I first found out about my illness.	T	F
ROG	15	There is a reason and purpose to my life.	T	F
D	16	I am empty of all feelings.	T	F
LOG	17	I feel very sad whenever I think about my diagnosis.	T	F
ROG	18	I now see a new meaning in my life.	T	F
ROG	19	I feel that I am better off than many others in a similar situation.	T	F
ROG	20	I hope to feel better.	T	F
LOG	21	I would not feel so down if I felt better physically.	T	F
LOG	22	I have felt numb ever since I was told about my diagnosis.	T	F
LOG	23	I wish I had the strength to do my favorite activities.	T	F

LOG	24	I cannot stand the thought of being separated from my loved ones.	T	F
ROG	25	I am at peace with the world.	T	F
LOG	26	The thought of death fills me with immense sorrow.	T	F
ROG	27	I am coping better now than I did earlier.	T	F
ROG	28	My situation has helped me grow and enhance myself.	T	F
LOG	29	I have difficulty accepting that I have this illness.	T	F
LOG	30	I am very angry over what is happening to me.	T	F
D	31	I do not look forward to anything.	T	F
ROG	32	I plan to make the most of the time I have left.	T	F
ROG	33	My suffering has made me a better person.	T	F
D	34	Nothing can make me happy even for a few minutes.	T	F
D	35	I do not seem to care what happens to me.	T	F
ROG	36	Though my body is weak, my spirit is strong.	T	F
ROG	37	My faith/spirituality is helping me cope with my illness.	T	F
D	38	I cannot seem to shake off the blues.	T	F
LOG	39	I am often very sad (grieving) but I am not depressed.	T	F
D	40	I am an unnecessary burden to others.	T	F
ROG	41	I do not want to die; I have a lot to live for.	T	F
ROG	42	Nothing can disturb my inner peace.	T	F

ROG = Restoration oriented grief

LOG = Loss oriented grief

D = Depression

In order to preserve the psychometric properties the scale items should be used exactly as they appear.