

NEWSLETTER

November 10, 2015

BECHTEL INTERNATIONAL CENTER PROGRAM FOR STANFORD SPOUSES, PARTNERS AND FAMILIES

Upcoming events and important dates:

CCIS SPOUSE EDUCATION FUND (SEF) – Applications will be accepted until midnight on Thursday, November 12, 2015!

International spouses are invited to consider applying for a Spouse Education Fund (SEF) grant. This grant can offer the opportunity to take a class for professional and/or personal development. For details about eligibility and deadlines for applications please check the SEF website.

RESOURCE CENTER FOR INTERNATIONAL FAMILIES

Be sure to stop by
the Resource Center, located along
the hallway that leads to the back
lounge! Our advisers offer basic
information for new arrivals, including
the spouse handbook. We also have
information on driver licenses,
shopping, classes, schools,
employment volunteering, and
recreation. Whether you have just
arrived at Stanford, or have been
here for a while, we look forward to
seeing you!

The Resource Center is located on the first floor of the I-Center and is open from 10:00 am - 12:00 pm on Wednesdays, Thursdays and Fridays.



This Friday we will celebrate DIWALI during Friday Morning Coffee, with Indian food, Mango Lassi, Henna painting, dance & singing, and many more. Join us for this special Morning Coffee, and learn more about DIWALI, the Indian Festival of lights.

Monday, Nov 9	Tuesday, Nov 10	Wednesday, Nov 11	Thursday, Nov 12	Friday, Nov 13
Baby and Toddler Group OFF SITE [140 Comstock Circle] 10:30 AM - 12:00 PM	MANDALA - praetice & theory Back Lourige ED	All-levels German Class Back Lounge 10:00 AM - 11:30 AM	Spanish Language Class Back Lounge 10:30 AM - 12:00 PM	Professional Liaison Program Class for International Spouses Back Lounge 9:45 AM - 11:00 AM
Do it Yourself Craft Workshop Back Lounge 11:00 AM - 12:30 PM	A Sumptuous Fare (II): Taste of North India Kitchen 10:30 AM - 1:30 PM	Vinyasa Flow Yoga Assembly Room 10:15 AM - 11:45 AM	Cancer - A Common and Complex Disease Conference Room 11:00 AM - 12:00 PM	Friday Morning Coffee With DIWALI celebration Assembly Room 10:00 AM - 12:00 PM
Knitting Group Post Room 12:00 PM - 2:00 PM	Job Search Networking Group Classroom 12:00 PM - 1:30 PM	Yoga Prenatal and Postnatal Yoga with Babies Assembly Room 12:00 PM - 1:00 PM	Italian Conversation advanced level Back Lounge 1:00 PM - 2:30 PM	Circle Time - Singing with babies Back Lounge 11:00 AM - 11:30 AM
	French Language Class Back Lounge 12:15 PM - 1:45 PM	Japanese Conversation & Culture for Intermediate Back Lounge 1:00 PM - 2:00 PM	Italian for beginner/ intermediate students Back Lounge 3:00 PM - 4:30 PM	Vegetarian Indian Cooking Class Kitchen 1:30 PM - 3:30 PM
	Needlepoint Class Back Lounge 2:00 PM - 4:00 PM	Popular Asian Noodles – quick & easy way Kitchen 2:00 PM - 4:30 PM		Practicing French by Singing Back Lounge 1:30 PM - 3:00 PM
	[CANCELLED] Polish Language & Culture Conference Room 4:30 PM - 5:30 PM	Japanese Conversation & Culture for Beginners Back Lounge 2:00 PM - 3:00 PM		Chinese Language Class Back Lounge 3:00 PM - 4:30 PM
	Dance Exercise Assembly Room 5:30 PM - 6:30 PM	Fun arts and crafts for kids Back Lounge 4:30 PM - 5:30 PM		Indonesian Language & Culture Post Room 4:00 PM - 5:00 PM
Book Club Living Room 7:00 PM - 9:00 PM		Choir Living Room (I) 5:30 PM - 6:30 PM		
Career & Arts & Crafts Lectures	Language For Children Class	Cooking Exercise Class	Event	

OUR PROGRAM THIS WEEK:

Job Search Networking Group (Conference Room) 12:00 PM - 1:30 PM, Nov 10, 2015

This week we will continue to work on resumes - please bring a couple of copies to get feedback from other members of the group. We will also go over the basics of online networking and profiles, such as LinkedIn.

Dance Exercise (Assembly Room) 5:30 PM - 6:30 PM, Nov 10, 2015 This week it will be a Zumba routine.

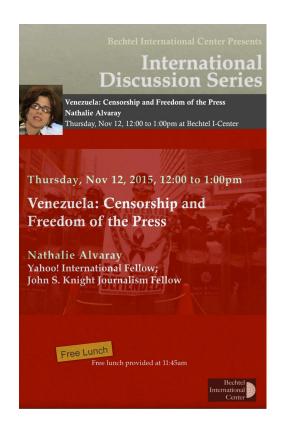
Cancer - A Common and Complex Disease – (Conference Room) 11:00 AM - 12:00 PM, Nov 12, 2015 We will learn how a new drug goes from discovery to clinical studies to eventual approval, and we discuss moral issues related to cancer research such as animal experiments, expensive drugs limiting access to treatment, and clinical studies in children.

DIWALI - Friday Morning Coffee 10:00 AM - 12:00 PM, Nov 13, 2015: This Friday we will celebrate DIWALI during Friday Morning Coffee, with Indian food, Mango Lassi, Henna painting, dance & singing, and many more. Join us for this special Morning Coffee, and learn more about DIWALI, the Indian Festival of lights.

Professional Liaison Program Class for International Spouses – (Back Lounge) 9:45 AM - 11:00 AM, Nov 13, Don't miss Henry's Professional Liaison Class this Friday! This week's topic will be body language/behavioral differences between U. S. and other countries. The Professional Liaison Program provides opportunity for international spouses who cannot work in the U. S. with an opportunity to talk with local professionals in their career field. Also learn about other careers and interact with other professionals. Enhance your English communication skills through presentations, discussion of idioms commonly found in newspapers, and discussion of articles of current interest.

UPCOMING EVENTS/WORKSHOPS IN OUR PROGRAM:

Planning Meeting Winter Quarter (Conference Room) 9:30 – 10:30 am, Monday Nov 16, 2015 Would you like to teach a class at the I-Center in the Winter Quarter? Maybe you would like to teach a language? Or a cooking class? Maybe you have a hobby you would like to share? Then come and join us! Together we will plan classes and programs for the Winter Quarter. ALL ideas and suggestions are welcome. Everybody is invited! For further questions please contact Ragna: ragnak@stanford.edu



MORE EVENTS AT THE I-CENTER THIS WEEK:

International Discussion Series

Thursday, Nov 12, 12:00 to 1:00pm

at Bechtel I-Center

Venezuela: Censorship and Freedom of the Press

Nathalie Alvaray

Lunch will be served at 11:45

BECHTEL FILM SERIES Windows On The West - 'Donner Party' (Assembly Room) 6:00 PM - 9:30 PM Nov 13, 2015

This film series is designed to help first year foreign students understand us Americans. For many it is difficult, confusing & frustrating. Who are we? How do we relate to one another? How do we convey respect or not? We send mixed messages. You are traveling through a minefield. So is everyone else in their first experience in America. My hope is that through this film series, you can laugh at us & with us in our inconsistencies & poorly conveyed social signals. I want you to be able to understand us as I want to be able to understand you as a person and as a people that you represent. I also chose these films because I find them enormously entertaining. Please join us for an evening to "chill."