

Clinical Appointments

650-725-6079

Gynecologic Specialties Clinic
Blake Wilbur Building
900 Blake Wilbur Drive
2nd Floor, W2080
Stanford, CA 94305

Articles and Videos

<http://womenshealth.stanford.edu/femalesexualhealth.html>

Faculty Profile

http://med.stanford.edu/profiles/Leah_Millheiser/

Physician Referrals

800-756-5000
referral@stanfordmed.org

Clinical Research Studies

<http://womenshealth.stanford.edu/research/trials/gyn>

Breast Cancer Patients Program

A female sexual medicine program specifically made for women with a breast cancer diagnosis is now available at Stanford. For current information, please visit:
<http://womenshealth.stanford.edu/femalesexualhealth.html>

Division of Gynecologic Specialties

Female Sexual Medicine



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Female Sexual Medicine



Leah Millheiser, MD, faculty physician and researcher in the Division of Gynecologic Specialties, Department of Obstetrics & Gynecology, is the founder and Director of the Female Sexual Medicine Program.

One of the country's leading authorities on female sexual health, Dr. Millheiser is a sought after speaker at medical conferences, patient education events and a frequent guest on television and radio programs.

Dr. Millheiser has been recognized by the National Institutes of Health by way of being named a Women's Reproductive Health Research Scholar, a special honor enjoyed by few American physician researchers.

She received her undergraduate degree from Columbia University, New York City; graduated from Northwestern University School of Medicine, Chicago; and did her residency in obstetrics & gynecology at Stanford University.

Dr. Millheiser looks forward to helping all women seeking confidential, compassionate, personalized assistance with any issues impacting their sexual health.

PROGRAM DESCRIPTION

Female sexual dysfunction (FSD) affects 43% of women, yet it continues to be one of the most underdiagnosed medical problems in the United States today. It is classified by four disorders, including: hypoactive sexual desire disorder, sexual arousal disorder, orgasmic disorder, and pain disorders (vaginismus and dyspareunia). The evaluation and treatment of FSD is a multidisciplinary process, integrating physiologic and psychological approaches. FSD not only affects a woman's quality of life, body image, and relationship, but may also serve as a marker of a serious underlying medical disease such as diabetes, peripheral vascular disease, or depression.

The Female Sexual Medicine Program, within the Division of Gynecologic Specialties at Stanford University Medical Center, specializes in the evaluation and care of sexual dysfunction. Patients benefit from novel treatments as well as the opportunity to participate in cutting-edge research studies. The program incorporates certified sex therapists, pelvic floor physical therapists, and mental health clinicians when creating comprehensive treatment plans for each patient.

A sexual complaint should never be ignored. The most challenging aspect of treatment is taking the first step to acknowledge the problem and seek help. The Female Sexual Medicine Program aims to take the anxiety out of this process through the efforts of a highly-experienced team.