



Division of General
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Newsletter

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Sang-ick Chang Appointed Director of Primary Care at Stanford



Recognizing how the medical landscape is changing in response to health care reform, Stanford School of Medicine has appointed Sang-ick Chang, MD, MPH, a family physician, to the new posts of Director of Primary Care/Assistant Dean of Primary Care. Chang is known for his expertise in developing and managing regional primary-care systems in the San Francisco Bay Area. He will be the driving force behind the revitalization of primary care at Stanford Hospital and Clinics and the School of Medicine. "The broad field of primary care will play an increasingly important role in the future of medicine and will benefit our community and the patients we serve, as well as the students we help educate and train," said Philip Pizzo, MD, dean of the medical school. "We are excited about the prospect for developing a wide range of clinical care services at Stanford, and I am also excited that Dr. Chang will lead this effort. He has incredible experience, great vision and incredible commitment that will have a transformative impact on the care we provide to our patients and the opportunities that we offer to our students and trainees." Chang envisions a system that focuses on a combination of outcomes important to the whole system. In

addition to improving patient experience scores, better outcomes of chronic disease patients must be achieved. "Currently, we do very little of that kind of measurement. The future of health care in the US has to focus not on volume of visits and procedures, but whether those visits and procedures are producing the results we want," said Chang. "The new model will reward physicians based on their performance and include efficiency measures such as teamwork and practice support to ensure the best possible outcomes for every patient who walks through the door."

Prior to joining Stanford, Chang was CMO of the Alameda County Medical Center, Oakland, CA., where he developed an incentive program for California public hospitals to help radically redesign health care systems for lower cost, with better quality and patient experience, and oversaw the development and implementation of a primary care redesign plan focusing on access, efficiency, and chronic disease management. Previously, he was CEO of San Mateo Medical Center, San Mateo, CA. In that position he launched initiatives to transform the organization into a patient- and family-centered institution and helped lead a community-wide health system redesign process to improve commitment and coordination of care across public and provider health systems.

Stanford Coordinated Care



Lindsay (left) & Glaseroff

Stanford recently opened a new innovative clinic for care of complex patients. [Stanford Coordinated Care \(SCC\)](#) is a team of medical professionals and care coordinators who help people with chronic illnesses lead a healthy life and smoothly navigate their health care experiences. The program is directed by [Ann Lindsay, MD](#), and [Alan Glaseroff, MD](#), Clinical Professors of Family Medicine. This new clinic helps patients manage chronic illnesses, coordinates their medical care no matter how many specialists they see, and provides each patient with quality primary care at the clinic or work with their primary care provider outside of the clinic to manage their healthcare. Prior to coming to Stanford, Lindsay and Glaseroff practiced Family Medicine in Humboldt County, CA, where they developed a nationally recognized delivery system that impacted the health of the entire county, achieving a dramatic reduction in mortality rates in patients with diabetes.

Gene Marker Predicts Smoking Behavior in African Americans

The largest-ever analysis of African Americans' genetics and smoking behaviors has revealed a gene variant correlated with how many cigarettes a day someone smokes. The gene has previously been found to be significant in predicting smoking behavior in individuals of European descent, but the particular marker of importance within the gene varies in those of different ethnicities. [Sean David, MD, DPhil](#), Clinical Associate Professor of Family Medicine, is the lead author of the study, which drew on data from more than 32,000 African Americans and 50 institutions around the country, including participants in Stanford's portion of the Women's Health Initiative. "Because of the genetic architecture of certain regions of the genome, we have to look at different ethnic groups separately," said David, who is also a research physician and director of the translational medicine program at SRI International's Center for Health Sciences in Menlo Park, Calif. "Unfortunately, most clinical trials and large cross-sectional studies to date had included only participants of European descent. "Genetic markers correlated with



can also predict how well different smoking-cessation programs or drugs work, making it important to understand these markers in different populations," he said. And discovering new genes important in mediating nicotine addiction can also help researchers develop new drugs and targeted treatments. David teamed up with scientists in charge of 13 previous studies around the country to create the Study of Tobacco in Minority Populations, or STOMP, Genetics Consortium and gather a large population. ([Full article](#))

\$19 million grant for new approach to chronic illness

The U.S. Department of Health and Human Services has awarded \$19 million for an innovative program that aims to improve care and lower medical costs for 23,000 California Medicare patients living with multiple chronic conditions. Announced on June 15, the grant goes to the Pacific Business Group on Health, a consortium of large, self-insured, private-sector employers, which is launching the new program under the clinical direction of [Alan Glaseroff, MD](#), Clinical Professor of Family Medicine at Stanford. A number of California health-care providers, in addition to Stanford, are participating in the initiative. The Intensive Outpatient Care Program will bring in specially trained care managers and place them in newly established Ambulatory Intensive Care Units, or A-ICUs, where they will build close relationships with patients with medically complex conditions. By promoting more consistent, personalized communication and care for these targeted patients, PBGH and its partners hope to prevent emergency room visits, reduce avoidable hospitalizations, and mitigate or eliminate complications. ([more](#))

Sam LeBaron Retires from Stanford



For many patients, students and colleagues, [Sam LeBaron, PhD, MD](#), Professor of Family Medicine, has for two decades epitomized the caring, personal physician who integrates the social interface of the patient into their care. Sam is someone "interested in listening to people and being with patients, in a very supportive and healing way". He joined Stanford's faculty in 1992 and was recruited by then Co-Chief Dr. William Fowkes, MD. At the time he was a proactive Chief Resident of the Family Medicine Residency at O'Connor Hospital and came to Stanford to create a core rotation in family medicine. He went on to develop one of the most acclaimed medical student clerkships and not only at Stanford but around the world. Dr. LeBaron has created family medicine programs and exchange programs in India, Mexico, Egypt, Iran and China to name a few. This success was sustained for years and translated into many teaching awards from students and peers, including the Kaiser Award for Excellence in

Clinical teaching and the Lance Armstrong Foundation Compassion in Medicine Award. He also led a medical student

hurricane Katrina relief effort in 2005. As described by one of his medical students, "He is a physician that encompasses medical knowledge with care, humanism and warmth. He is incredibly special. Amazing. I felt myself blossom under his tutelage." Although retiring from Stanford, Sam will continue his career as a medical educator. He has been appointed the Department Chair for Preclinical Studies at The American University of Antigua. There Sam will be responsible for supervising all curriculum development for medical students to better prepare them for clinical clerkships.

Steven Lin Recognized by AAFP for Excellence in Medical Education

Steven Lin, MD, Stanford School of Medicine graduate in 2010, and now a senior resident at the Stanford-affiliated [O'Connor Hospital Family Medicine Residency Program](#), has won the American Academy of Family Physicians' 2012 Award for Excellence in Graduate Medical Education. The award, considered one of the highest honors in family medicine, was bestowed on 12 residents nationally chosen for their demonstrated leadership abilities, civic and social involvement, exemplary patient care skills, and commitment to the ideals of family medicine. Dr. Lin was selected from 3200 of the top family medicine residents in the country. He will be receiving his award at a special ceremony at this year's AAFP Scientific Assembly in Philadelphia. He will donate 100% of his award to support the O'Connor-Stanford Leaders in Residency (OSLER) Program, a program he started in 2011 to improve primary care education at Stanford by training family medicine residents to become teachers and role models.



Family Medicine Now on Facebook!

*We imagine that many of you are already on facebook, but the good news is that with these pages you **don't have to be a facebook user** and you don't have to log in. Just click on the links below and once on the page click on "LIKE" to be able to post notices, chat with others and generally contribute to our growing community! The Family Medicine page is <http://www.facebook.com/StanfordFamilyMedicine>*

Schillinger and Jernick Honored for Teaching Excellence



Schillinger

The Franklin G. Ebaugh Jr. Award for Advising Medical Students was recently given to [Erika Schillinger, MD](#), Clinical Associate Professor of Family Medicine, in recognition of her dedication to service. She was chosen by medical students and full-time faculty members. The award honors the late Ebaugh, longtime associate dean for veteran affairs and chief of staff at the VA hospital. The Kaiser Award for Excellence in Clinical Teaching was given to [Jay Jernick, MD](#), Clinical Associate Professor of Family Medicine. This is given each year for excellence in medical education and in clinical and preclinical teaching. Schillinger & Jernick have been repeatedly recognized as outstanding educators.



Jernick

O'Connor FM Residency & Sports Medicine Fellowship Grads – 2012



Above: Resident (future practice locations) left to right: Josephine Agbowo M.D. (Sutter Oakland); Jamie Busch M.D.(Palo Alto Medical Foundation - PAMF), Santa Cruz); Linh Dang M.D. (North East Medical Services, San Jose); Jaclyn Gadbaw M.D. (PAMF); Melissa Huck Nguyen M.D. (PAMF); Judith Galaro M.D. (OB Fellowship SCVMC); Laura Reis M.D. (TBD); Alicia Lee M.D.(TBD). Right: Fellows (future practice location): Young Yoon M.D. (Kaiser); Mike Henehan D.O., Fellowship Director; Daniel Parker M.D. (Santa Rosa FQHC). More on the [residency](#) and [fellowship](#).



Recent Research Publications

Crump C, Sundquist K, Sieh W, Winkleby MA, Sundquist J. Perinatal and family risk factors for Hodgkin lymphoma in childhood through young adulthood. *Am. J. Epidemiol.* 2012 [In press].

Crump C, Sundquist K, Sieh W, Winkleby MA, Sundquist J. Perinatal and family risk factors for non-Hodgkin lymphoma: a Swedish national cohort study. *J. Natl. Cancer Inst.* 2012;104(12):923-30.

David SP, et. al. Genome-wide meta-analyses of smoking behaviors in African Americans. *Transl Psychiatry.* 2012 May 22;2:e119.

Mackillop J, Amlung MT, Wier LM, **David SP**, Ray LA, Bickel WK, Sweet LH. The neuroeconomics of nicotine dependence: A preliminary functional magnetic resonance imaging study of delay discounting of monetary and cigarette rewards in smokers. *Psychiatry Res.* 2012 Apr 30;202(1):20-9.

Lesko S, Griswold KS, **David SP**, et. al. Communities of solution: the Folsom Report revisited. *Ann Fam Med.* 2012 May-Jun;10(3):250-60.

McDonagh EM, Wassenaar C, **David SP**, Tyndale RF, Altman RB, Whirl-Carrillo M, Klein TE. PharmGKB summary: very important pharmacogene information for cytochrome P-450, family 2, subfamily A, polypeptide 6. *Pharmacogenet Genomics.* 2012 Apr 26. [Epub ahead of print]

McClure JB, Swan GE, St. John J, Fauver R, Javitz HS, Bergen AW, Nishita D, Niaura R, Munafò MR, **David SP**. Pharmacogenetic smoking cessation intervention in a health care setting: A Pilot Feasibility Study. *Nicotine Tob Res.* (2012) *Nicotine Tob Res.* (manuscript in press).

Dewey FE, **David SP**, et. al. *PLoS Genet.* 2011 Sep;7(9):e1002280. Epub 2011 Sep 15.

Evert J, Huish R, Heit G, **Jones E**, Loeliger S, Schmidbauer S. Chapter 49 Global Health Ethics. In: Illes J, Sahakian BJ, editors. *Oxford Handbook of Neuroethics.* UK; Oxford University Press; 2011. p. 835-855.

Tell Us About Yourself

Family Medicine has touched the careers of many students and residents through the years. We would love to hear about your own careers and suggestions you may have for our programs. Send information to: joeh@stanford.edu

Prior issues of this newsletter can be found at:

http://gmd.stanford.edu/news_events/fm_newsletters.html
