



## Spanish Communication with Physicians

**Cuándo tiene consulta con su médico, ¿con qué frecuencia Ud. hace lo siguiente? (Por favor marque un número para cada frase):**

	Nunca	Casi nunca	Algunas veces	Con alguna frecuencia	Muy frecuente	Siempre
1. Prepara una lista de preguntas para su médico .....	0	1	2	3	4	5
2. Hace preguntas acerca de las cosas que quiere saber y de las cosas que no entiende acerca de su tratamiento.....	0	1	2	3	4	5
3. Habla sobre algún problema personal que puede estar relacionado con su enfermedad .....	0	1	2	3	4	5

### Scoring

Score each item as the number circled. If more than one consecutive number is circled, code the lower number (less communication). If the numbers are not consecutive, do not score the item. The score is the mean of the three items. If more than one is missing, set the value of the score for the scale to missing. Range is 0-5; a higher score indicates better communication with physicians.

### Characteristics

Tested on 550 Spanish-speaking subjects with chronic disease.

No. of items	Observed Range	Mean	Standard Deviation	Internal Consistency Reliability	Test-Retest Reliability
3	0-5	1.64	1.43	.732	NA

### Source of Psychometric Data

Stanford Spanish Chronic Disease Self-Management Study (Tomando Control de su Salud). Psychometrics reported in: Lorig KR, Ritter PL, & González VM, Hispanic chronic disease self-management: A randomized community-based outcome trial. *Nursing Review*, in press.

## **Comments**

This scale was developed to see if the key behaviors we teach concerning communicating with health care providers have changed.

## **References**

Lorig KR, Ritter PL, & González VM, Hispanic chronic disease self-management: A randomized community-based outcome trial. *Nursing Review*, in press.

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