



STANFORD PATIENT EDUCATION RESEARCH CENTER

Glucose Testing

1. Do you have a machine to measure your blood sugar (glucose) level? Yes No

2. On how many days in the last week did you test your blood sugar level?
(If you were sick in the last week, think of the most recent 7 days when you were NOT sick) _____ days

Scoring

These are single items. Score as No="0", Yes="1"; number of days as entered.

Characteristics

Tested on 62 subjects with diabetes.

Item	No. of items	Observed Range	Mean	Standard Deviation	Internal Consistency Reliability	Test-Retest Reliability
Have machine	1	0-1	0.871	0.338	—	NA
Days tested	1	1-7	4.85	2.57	—	NA

Source of Psychometric Data

English-speaking subjects with diabetes in the Stanford/El Paso Border Diabetes Project. Study reported in Lorig KR, Ritter PL, Jacquez A. Outcomes of Border Health Spanish/English Chronic Disease Self-management Programs. *The Diabetes Educator* 2005; 31(3):401-409.

Comments

This is a scale to determine if people have a glucometer and how many days they have tested in the past week. These items available in Spanish.

References

Unpublished at this time.

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