



Hypoglycemia

In the past week, did you ever have...

- | | | | |
|---|-----------------------------|------------------------------|-------------------------------------|
| 1. Morning headaches | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |
| 2. Nightmares?..... | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |
| 3. Night sweats? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |
| 4. Lightheadedness? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |
| 5. Shakiness or weakness? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |
| 6. Intense hunger? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |
| 7. times when you passed out, fainted, or lost consciousness, even for a short time?..... | <input type="checkbox"/> No | <input type="checkbox"/> Yes | <input type="checkbox"/> Don't know |

Scoring

Score items as follows: No="0", Yes="1", Don't know=blank. Score is the sum of the seven items, with higher score indicating more hypoglycemia symptoms.

Characteristics

We have not tested this scale in English.

Source of Psychometric Data

We have not tested this scale in English.

Comments

This is an English translation of the Spanish hypoglycemia scale developed by John Piette. This scale has not been validated against clinical disease. It should be considered a scale of symptoms. Reprinted with permission. This scale available in Spanish.

References

Piette J, A study of English- and Spanish-speakers with diabetes. *American Journal of Preventive Medicine*, 1999, 17(2): pp. 138-141.

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