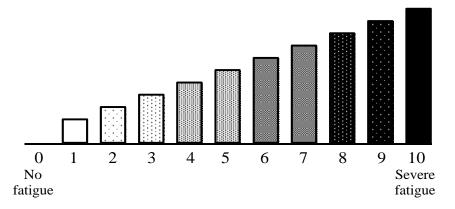


# **Fatigue Visual Numeric**

We are interested in learning whether or not you are affected by FATIGUE. Please circle the number below that describes your fatigue in the past 2 weeks:



#### Scoring

The score is the number circled or histogram marked. Scores range from 0 to 10, with the higher score indicating more fatigue. If two consecutive numbers are circled, score the higher (more fatigue) number, if two non-consecutive numbers are circled, do not score.

## **Characteristics**

Tested on 122 subjects.

No. of	Observed	Mean	Standard	Internal Consistency	Test-Retest
items	Range		Deviation	Reliability	Reliability
1	0-10	4.89	2.71	_	NA

## Source of Psychometric Data

English-language participants in the Stanford/El Paso Border Diabetes Project. Study reported in Lorig KR, Ritter PL, Jacquez A. Outcomes of Border Health Spanish/English Chronic Disease Selfmanagement Programs. The Diabetes Educator 2005; 31(3):401-409.

## Comments

This scale is a modified version of the visual analog scale. We found that this scale is easier for subjects to use, resulting in less missing and unclear responses. The VNS was originally developed in Spanish.

#### References

Unpublished at this time.

This scale is free to use without permission

Stanford Patient Education Research Center

1000 Welch Road, Suite 204 Palo Alto CA 94304 (650) 723-7935 (650) 725-9422 Fax self-management@stanford.edu http://patienteducation.stanford.edu

Funded by the National Institute of Nursing Research (NINR)