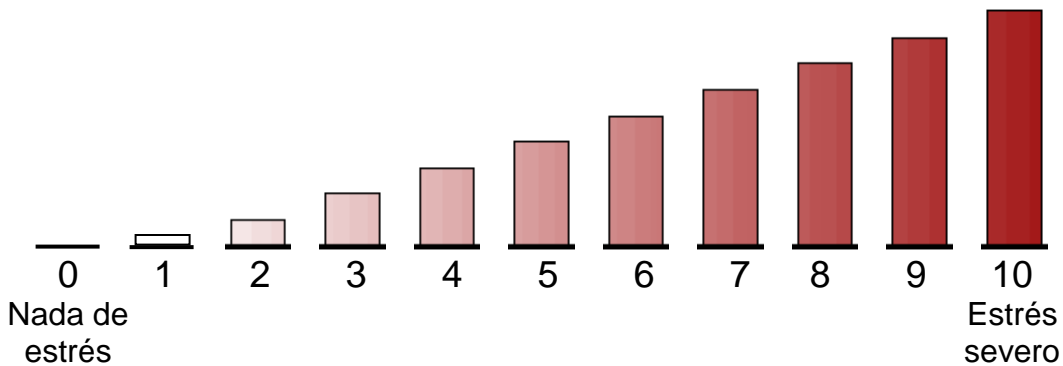




## Spanish Stress Visual Numeric

Nosotros estamos interesados en saber si Usted ha sido afectado(a) por el **estrés**. Por favor **marque** el número que mejor describa su **estrés la semana pasada**:



### Scoring

The score is the number circled or histogram marked (radio buttons below the numbers are used on the Internet version). Scores range from 0 to 10, with the higher score indicating more stress. If two consecutive numbers are circled, score the higher (more stress) number, if two non-consecutive numbers are circled, do not score.

### Characteristics

Tested on 213 Spanish-speaking subjects with chronic conditions.

No. of items	Observed Range	Mean	Standard Deviation	Internal Consistency Reliability	Test-Retest Reliability
1	0-10	3.68	3.17	—	NA

### Source of Psychometric Data

Spanish-speaking participants in the U.S. National Chronic Disease Self-Management Study. Study described in Ory MG, Ahn S, Jiang L, et al. National study of chronic disease self-management: six month outcome findings. Journal of Aging and Health. 2013 [in press].

## **Comments**

This scale is a modified version of the visual analog scale. We found that this scale is easier for subjects to use, resulting in less missing and unclear responses. Available in English.

## **References**

Unpublished at this time.

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