

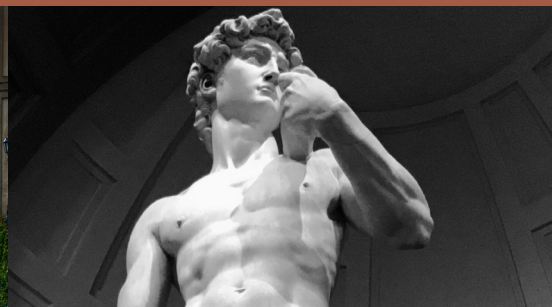
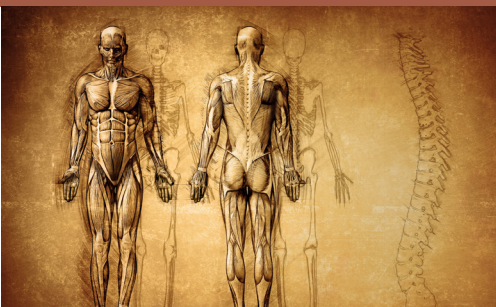


Art and Anatomy: Florence

An Exclusive Program for
Stanford School of Medicine Alumni
Stanford University

SEPTEMBER 7 TO 15, 2019

FIFTY YEARS OF EXTRAORDINARY  Stanford TRAVEL/STUDY



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To be an artist during the Italian Renaissance was, in many cases, to be an anatomist. As European artists turned towards more lifelike depictions of the human body in their paintings and sculptures, they required a deeper understanding of how the structures of the body worked together. Artists and anatomists joined forces to investigate the body through dissection and produced images of the human form that combined medical knowledge with artistic vision and creativity.

On this inaugural Stanford Travel/Study program designed exclusively for the Stanford Medicine community, we'll explore the incredible history and relics of this unique relationship between art and science in the cradle of the Renaissance: Florence. Get an in-depth look at the special collections of some of the city's most unique museums, hear from

renowned experts on the history of anatomy and art in the Renaissance, try your hand at anatomical and figure drawing both in studio and on location, and enjoy an exclusive private viewing of Michelangelo's *David* at the Galleria dell'Accademia. We will also visit nearby Bologna to see 18th-century anatomical treasures and the site of the oldest medical school in Europe.

This will be a trip full of memories for a lifetime!

A handwritten signature in black ink that reads "Jennifer C. Cauble".

Jennifer C. Cauble
Executive Director
Stanford Medicine Alumni Association

Itinerary



Please note that the following itinerary is an approximation of our planned tours, lectures and activities. The actual sequence of events and the guest speakers specified may change to accommodate individual schedules or to take advantage of new opportunities.

SATURDAY, SEPTEMBER 7

DEPART HOME / FLORENCE, ITALY

Fly from your home airport on independently booked flights to Italy.

SUNDAY, SEPTEMBER 8

FLORENCE

Upon arrival in Florence, airport transfers will be provided to the Gallery Hotel Art, ideally located just steps away from **Ponte Vecchio**. This evening gather with fellow travelers for a welcome reception at **Stanford's Breyer Center for Overseas Studies in Florence**, housed in the 15th-century **Palazzo Capponi alle Rovinate** on the banks of the Arno. Dinner this evening is on your own; we will provide a list of recommended restaurants. (R)

MONDAY, SEPTEMBER 9

FLORENCE

After breakfast at the hotel, embark on a walking tour of the **historic center of Florence** with

Italian art expert **Bruce Edelstein**. Our tour will focus on the significance of the figure in public art during the Renaissance and show us examples in several key sites and buildings. The tour concludes at the **Stanford Center**, where we'll enjoy a light lunch, followed by a presentation by **Claudia Corti** and **Fausto Barbagli** on the famed La Specola Anatomical Collection (the collection will unfortunately be closed for renovations during our visit). Then receive our first introduction to medical illustration and composition with **Semay Johnston**, medical illustrator at Stanford University. Afterward, walk to the nearby **Boboli Gardens** for a chance to practice your skills en plein air or just stroll among the centuries-old trees, sculptures and fountains. This evening enjoy a welcome dinner with the group at a classic Florentine restaurant near our hotel. (B,L,D)

TUESDAY, SEPTEMBER 10

FLORENCE

This morning visit the **Florence Academy of Art** for a special tour and lecture on artistic anatomy with **Richard Greathouse**, the Academy's director of anatomy. Founded in 1991, the Florence Academy of Art provides high-level instruction in classical modes of drawing, painting and sculpture using

methods similar to those employed by artists during the Renaissance. After lunch at the Academy's café, return to the city center for an exclusive guided tour of the **Medici Chapels** with renowned art historian [Timothy Verdon](#), director of the Museo dell'Opera del Duomo and canon of the Florence Cathedral. Monsignor Verdon will illuminate the stories behind this grand family mausoleum, designed and decorated by Michelangelo. Afterward, there will be an option to visit the **Pharmacy at Santa Maria Novella**, known as the oldest still-operating pharmacy in Europe and housed in its original 13th-century building. This evening, enjoy an excursion to **St. Mark's Church** for an Italian opera recital. (B,L)

WEDNESDAY, SEPTEMBER 11
FLORENCE

Our tour this morning begins with a visit to the **Palazzo del Bargello National Museum** with art historian [Cristina Acidini](#), former chief of the State Art Museum in Florence. View works by Ghiberti, Brunelleschi, Donatello and Michelangelo and discuss the importance of the human figure in Renaissance art. Continue with Professor Acidini to **Casa Buonarroti**, housed in a 17th-century palace that was once owned by Michelangelo and which holds two of his sculptural masterpieces: the Madonna della Scala and the Battle of the Centaurs. Back at the Stanford Center, enjoy an optional figure drawing session with [Semay Johnston](#), followed by a light lunch. Later this afternoon, visit the **Galileo and History of Science Museums** with director [Paolo Galluzzi](#), a science historian who will illuminate items from the museum's treasured collection that includes scientific and anatomical devices and historic sketches. Then travel into the Tuscan countryside for

an exclusive wine tasting and farm-to-table dinner at the **Castello di Verrazzano**. (B,L,D)

THURSDAY, SEPTEMBER 12
BOLOGNA / FLORENCE

Board the high-speed train out of Florence and discover Bologna, the lively and historic capital of the Emilia-Romagna region. Famed for its towers, churches and lengthy porticoes, the city is also home to the oldest university in continuous operation: the **University of Bologna**. Its school of medicine was formed in approximately 1200 C.E., one of several in Europe known for practicing human dissection starting as early as the 13th century. We'll get a behind-the-scenes look at some of the school's medical treasures, including the historical wax collection at the **Institute of Anatomia Umana Normale**, the **Anatomical Chambers of the Palazzo Poggi**, and the **Anatomical (Surgical) Theater of the Archiginnasio**. After lunch at a hearty Bolognese restaurant, experience a guided walking tour of the historic city center and a visit to the **Biblioteca Umberto**, which houses one of the rarest collections of ancient orthopedic books and manuscripts. Return to Florence by train and have dinner on your own. (B,L)

FRIDAY, SEPTEMBER 13
FLORENCE

Discover the **Museums of Human Anatomy and Pathological Anatomy at Careggi Hospital** with [Sandra Zecchi](#), professor of anatomy at the University of Florence, which oversees the museums. Examine their impressive collection of anatomical wax models dating back to the early 1800s and learn how these models were used in illustrating and teaching about diseases without the need for dissection. Back at



the Stanford Center, after a light lunch, continue our educational program with lectures by **Paul Brown**, adjunct professor of clinical anatomy at Stanford, and **Marc Levoy**, former professor of computer science and electrical engineering at Stanford who pioneered the three-dimensional laser scanning of Michelangelo's statues, including the *David*. End the day with a lecture by **Semay Johnston** on the current state of medical illustration. Dinner this evening is on your own. (B,I)

SATURDAY, SEPTEMBER 14

FLORENCE

This morning, explore the **Museo dell'Opera del Duomo** on a private tour with **Timothy Verdon**, the museum's director. Dedicated to preserving the monuments of the Cathedral of Santa Maria del Fiore, the museum also encompasses **Brunelleschi's Dome**. Enjoy the afternoon for lunch on your own, independent sightseeing or last-minute shopping. This evening, step inside the **Galleria dell'Accademia** for a once-in-a-lifetime opportunity to experience Michelangelo's *David* in a private viewing after the museum closes to the public. Then celebrate the end of our remarkable week of art and science at a farewell dinner with the group in an elegant local restaurant. (B,D)

SUNDAY, SEPTEMBER 15

DEPART

Following breakfast at the hotel, transfers will be provided throughout the day to the airport for flights home. (B)

STANFORD STUDY LEADERS

W. Paul Brown, DDS, FICD, FACD, is an adjunct professor in the Division of Clinical Anatomy at Stanford University's School of Medicine. From 1973 to 2010, he served as a clinical associate professor at the University of the Pacific and as a clinical assistant professor at UCSF's School of Dentistry. Prior to that, he was in private practice of clinical endodontics in Palo Alto, California for 27 years, and served as the endodontist for the San Francisco Zoo and Marine World/Africa USA from 1982 to 2002. Professor Brown has been the principal investigator on 11 NIH grants involved with medical imaging, virtual reality and medical/dental surgical simulations and curriculum authoring. He lectures extensively throughout the world on the use of anatomical virtual reality models for research and education.

Semay Johnston is a certified medical illustrator specializing in the visual communication of scientific and medical information through a variety of media. She believes that creative visualization provides a rare power to engage learners, simplify complexity and inspire research. Semay leads content development for the Stanford Center for Health Education's global health education initiative, Digital MEdIC. Previously, she supported faculty and staff in the Stanford School of Medicine, Division of Clinical Anatomy, worked at Macmillan Learning developing HTML5 interactive science modules and created surgical and anatomical illustrations at Body Scientific International. She holds an MS in biomedical visualization from the University of Illinois at Chicago.

Biographies of all our study leaders and guest speakers will be provided with the final trip materials.



Accommodations

GALLERY HOTEL ART

This contemporary four-star boutique hotel in the heart of Florence is the perfect base for our week of art and discovery. Designed by Florentine architect Michele Bönan, this refined property is ideally located in a quiet courtyard just steps away from the Ponte Vecchio and within walking distance of the Palazzo Capponi, home of the Stanford in Florence program, where we will gather for lectures and special programming. Amenities include an Asian-fusion restaurant, rotating contemporary art exhibitions, a spa and an intimate library. Guest rooms feature a simple, modern design with Florentine linens and leather accents and come with complimentary WiFi.



Trip Information

DATES

September 7 to 15, 2019 (9 days)

SIZE

34 participants (single accommodations limited; please call for availability)

COST

\$7,995 per person in double accommodations

\$9,195 per person in single accommodations

INCLUDED

7 nights' hotel accommodations • 7 breakfasts, 5 lunches, 3 dinners, and a welcome reception • Tours, excursions, entrance fees and transportation as described in the itinerary • Gratuities to guides, drivers and waiters for all group activities and meals • Transfers and baggage handling between the airport in Florence and our group hotel on arrival and departure days • Minimal medical, accident and evacuation insurance • Educational program with lecture series, special tours and pre-departure materials, including recommended reading list, selected books, digital resources, map and travel information • Services of our professional tour manager to assist you throughout the program

NOT INCLUDED

International and U.S. domestic airfare • Passport and visa fees • Immunization costs • Meals and beverages other than those specified as included • Independent sightseeing • Trip-cancellation/interruption and baggage insurance • Excess-baggage charges • Personal items such as phone calls, laundry and gratuities for nongroup services • Additional arrangements or extended stays

AIR ARRANGEMENTS

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you information with your confirmation materials on when to arrive and depart.

WHAT TO EXPECT

This program is designed for those who are looking for a unique and intellectual travel experience. Throughout our week in Florence, we will enjoy specially arranged tours, lectures and art classes structured around the theme of art, anatomy and medicine in the Italian Renaissance. We consider this program to be a moderately strenuous one that is at times physically demanding. All participants must be active, fit and in good health. Most of our touring in Florence will be on foot, as large vehicles are not allowed in the historic city center. Daily excursions require the ability to walk from one to three miles, sometimes on uneven surfaces or on slippery cobblestoned streets, and to stand for significant lengths of time in museums and galleries. Significant walking and climbing of stairs, sometimes without handrails, will also be required at historic buildings, churches, palazzos and academic structures. We welcome travelers ages 15 and older on this program.

REGISTER ONLINE:

alumni.stanford.edu/trip?medicineflorence2019

OR BY PHONE: (650) 724-7668

Terms & Conditions

ELIGIBILITY

This program is open to members of the Stanford School of Medicine Alumni Association and supporters of the Stanford Medicine and the Muse program, and their immediate family members. Individuals who do not meet the criteria who would like to join this program will be placed on a waitlist and space will be offered once priority has been given to SMAA members and their families.



Stanford Medicine Alumni Association serves to foster lifelong connections between the School of Medicine and all its graduates. From degreed graduates (MD, PhD, MS, BS) to residents, fellows and postdocs, the Association provides programs and activities to promote and celebrate Stanford's excellence, diversity, collegiality and alumni involvement, and to provide goodwill and support to all of Stanford Medicine. For more information, visit www.med.stanford.edu/alumni.



Stanford Medicine and the Muse program is the home for arts and humanities at the School of Medicine. It offers programs that integrate the arts and humanities into medical education, scholarly endeavors, and the practice of medicine. For more information visit www.med.stanford.edu/medicineandthemuse

DEPOSIT AND FINAL PAYMENT

A \$1,000-per-person deposit is required to reserve space on this program. Sign up online at alumni.stanford.edu/trip?medicinesflorence2019 or call (650) 724-7668. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

CANCELLATIONS AND REFUNDS

Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a \$1,000-per-person cancellation fee will apply.

INSURANCE

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information offering such insurance will be provided to travelers with their welcome materials. The product offered includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

RESPONSIBILITY

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not onboard their plane or conveyance. Neither the Stanford Alumni Association, Stanford University nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a non-refundable ticket connected with the tour. Program price is based on rates in effect in October 2018 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.