



# Writing Your Cancer Journey: An Expressive Writing Workshop

---

Writing allows us to unearth, express, and make meaning out of our cancer journeys. Through the process of writing about our experiences, we can find healing as we explore the impacts of cancer on our lives. Join us in this safe, supportive community to generate and share writing through cancer.

Beginning and experienced writers are welcome. All you need is pen and paper, or if you prefer, a laptop. Between monthly sessions, the facilitator will provide optional writing prompts and supportive feedback to those who wish to participate in this way.

---

- Dates:** Second and fourth Wednesdays of the Month:  
August 12, 26; September 9, 23; October 14, 28; November 11,  
25; December 9, 23
- Time:** 1:15 pm – 3:15 pm
- Location:** Stanford Cancer Center South Bay  
2589 Samaritan Drive  
3<sup>rd</sup> Floor  
San Jose, CA 95124
- Questions:** Please email [cancersupportivecare@stanfordhealthcare.org](mailto:cancersupportivecare@stanfordhealthcare.org)  
or call **650.725.9456**.