

A few important words about

Your Urinary Catheter

Urinary catheters are put in only when necessary and should be removed as soon as possible.

How can I take every precaution to prevent catheter-associated urinary tract infections?

- **Ask** your healthcare provider each day if you still need a catheter
- **Ask** your healthcare provider to make sure your catheter tubing is secured to your leg or abdomen if possible.
- **Ask** all hospital staff to wash or sanitize their hands before and after touching your catheter
- **Do not** tug, pull or twist the catheter tubing
- **Do not** disconnect the catheter from the drain tube
- **Always** keep your urine bag below the level of your bladder or hips, especially if you are walking
- **Always** keep your urine drain bag off of the floor

