

UCLA Head Coach Steve Alford

On the Game

"They played really well and made a lot of shots. At Cal, our offense was kind of the struggle, and tonight our defense was the struggle. We were focused on three individuals -- Humphrey, Pickens and Rosco -- and we thought if we could take two of those three out, we'd have a tremendous opportunity of winning. We didn't take any of the three out. All three had terrific games, especially Humphrey. He really hurt our bigs inside.

"The backboard was no issue, the free-throw line was no issue. Again, we have a low-turnover game (11); we just could not string together any kind of defensive stops, especially in the second half."

On Michael Humphrey

"He was a beast. He did a great job, our bigs couldn't keep him in front. He got around our bigs a lot, and then he faced up, and our bigs were too far off. We told them "17-foot range," and from 17 feet in he hurt us. He hurt us with catch and shoot, he hurt us with catch and drive.

On UCLA's play overall

"I thought we got great shots tonight. The offense did a really good job. We took care of the ball, we got to the free-throw line adequately enough, we knocked down wide-open threes that we had. We got Isaac [Hamilton] and Bryce [Alford] going from the perimeter, which is always big for us. Offensively, we scored enough points, we made enough shots. But when you go on the road, you've got to guard. You give up 45 points in a half, that's not going to get it."

UCLA Guard Bryce Alford

On The Game

"Same old stuff. We have to figure out what we have to do. As a team, we're kind of a lost cause right now. We're trying to stay together -- that's the hardest part. You can really tank a season and see teams go separate ways and really go individual. We have to know where we're at; we're at UCLA for a reason. We just have to have confidence, not only in ourselves but in our teammates.

"We're a bunch of really good guys; that's something that I love about this team and these coaches. Sometimes we're just too nice out there. Some guys have to learn. You can't be nice in the game of basketball, not at this level. You have to go out and be nasty on both ends of the court and give it everything you've got. If you don't do that, you're not going to win any games.

"The frustration level is very high. Being in this position [bottom half of the Pac-12] is hard, especially knowing that I'm supposed to be one of the leaders, if not the leader, of this team. Some of the guys just aren't fully there, not fully following what we have to do. It's hard on me and this team. We have to figure it out and stay together.

"I'm not pointing anybody out. Some guys are just in different areas. You have to understand what we have to do at this level. For young guys, it's hard to understand. People who haven't played a lot of minutes and guys in new roles -- it's hard to understand what they have to do to win games. We have to be clicking on all cylinders in the game."