



STANFORD MEDIA RELATIONS

Arrillaga Family Sports Center • Stanford, California 94305-6150
Telephone (650) 723-4418 • FAX (650) 725-2957 • www.gostanford.com

2007 Stanford Men's Track & Field Best Times & Marks (as of July 11, 2007)

100 Meter Dash (+10.50 NCAA; # School Record)		Times/Marks
1. Wopamo Osaisai	Pac-10 Championships (5/12/07)	+10.47
2. Daniel Belch	Big Meet (4/7/07)	10.79
3. Myles Bradley	Big Meet (4/7/07)	10.96
4. Josh Hustedt	Cal Multis (3/28/07)	10.99
5. Ryan Fisticaro	Cal Collegiate Challenge (4/27/07)	11.09
110 Meter Hurdles (+14.30 NCAA; # School Record)		
1. Myles Bradley	Big Meet (4/7/07)	14.09
2. Josh Hustedt	Pac-10 Championships (5/12/07)	14.25
3. Joseph Jackson	Cal Collegiate Challenge (4/27/07))	14.50
4. Richard Sherman	Quad Meet (3/3/07)	14.55
200 Meter Dash (+21.19 NCAA; # School Record)		
1. Daniel Belch	Big Meet (4/7/07)	22.30
2. Josh Hustedt	PJCI (4/29/07)	22.42
3. Ryan Fisticaro	Triton Invite (4/21/07)	22.66
4. Durell Coleman	Stanford Invite (3/30/07)	22.69
5. Ben Dickens	PJCI (4/29/07)	23.47
400 Meter Dash (+47.20 NCAA; # School Record)		
1. Durell Coleman	Big Meet (4/7/07)	48.35
2. Michael Garcia	Stanford Invite (3/31/07)	48.81
3. Elliot Luscombe	Big Meet (4/7/07)	49.30
4. Josh Hustedt	Pac-10 Multis (5/5/07)	50.00
5. Chris Hadley	Stanford Invite (3/31/07)	52.15
400 Meter Hurdles (+52.51 NCAA; # School Record)		
1. Joseph Jackson	Big Meet (4/7/07)	55.32
2. Chris Hadley	Cal Collegiate Challenge (4/27/07)	57.76
800 Meter Run (+1:50.40 NCAA; # School Record)		
1. Michael Garcia	PJCI (4/29/07)	+1:49.22
2. Russell Brown	Triton Invite (4/21/07)	1:50.51
3. Garrett Heath	Triton Invite (4/21/07)	1:50.61
4. Lauren Jespersen	Triton Invite (4/21/07)	1:51.42
5. Jacob Evans	Stanford Invite (3/30/07)	1:52.07

1500 Meter Run (+3:47.80 NCAA; # School Record)

1. Russell Brown	NCAA Championships (6/9/07)	+3:37.56
2. Garrett Heath	NCAA Championships (6/9/07)	+3:40.14
3. Brett Gotcher	Triton Invite (4/21/07)	+3:44.54
4. Lauren Jespersen	Stanford Invite (3/31/07)	+3:46.86
5. Jacob Gomez	Triton Invite (4/21/07)	+3:46.88
6. Rolf Steier	NCAA West Regional (5/26/07)	+3:47.09

5000 Meter Run (+14:12.00 NCAA; # School Record)

1. Jacob Gomez	PJCI (4/29/07)	+13:55.09
2. Hari Mix	NCCA Championships (6/6/07)	+14:00.01
3. Brett Gotcher	Stanford Invite (3/31/07)	+14:08.45
4. Nef Araia	PJCI (4/29/07)	14:19.14
5. Garrett Heath	Pac-10 Championships (5/13/07)	14:22.33

10,000 Meter Run (+28:45.00 NCAA; # School Record)

1. Brett Gotcher	PJCI (4/29/07)	28:51.65
2. Hari Mix	Pac-10 Championships (5/12/07)	29:25.47

3000 Meter Steeplechase (+9:07.00 NCAA; # School Record)

1. Chris Mocko	PJCI (4/29/07)	+8:59.85
2. Kevin Bickham	Big Meet (4/7/07)	9:59.77

4x100 Meter Relay (+40.66 NCAA; # School Record)

1. Stanford "A" Daniel Belch, Josh Hustedt, Ryan Fisicaro, Wopamo Osaisai	Big Meet (4/7/07)	41.35
2. Stanford "A" Daniel Belch, Durell Coleman, Richard Cairns, J.J. Jackson	Quad Meet (3/3/07)	43.03

4x400 Meter Relay (+3:10.00 NCAA; # School Record)

1. Stanford "A" Josh Hustedt, Elliot Luscombe, Durell Coleman, Michael Garcia	Pac-10 Championships (5/13/07)	3:12.97
2. Stanford "A" Chris Hadley, Elliot Luscombe, Durell Coleman, Justin Reed	Quad Meet (3/3/07)	3:16.50
3. Stanford "B"	Stanford Invite (3/31/07)	3:21.12

High Jump (+2.10m NCAA; # School Record)

1. Josh Hustedt	Cal Multis (3/28/07)	6-09 (2.06m)
2. Durell Coleman	Quad Meet (3/3/07)	6-07 (2.01m)

Pole Vault (+5.05m NCAA; # School Record)

1. Graeme Hoste	Pac-10 Championships (5/12/07)	+17-06 1/2 (5.35m)
2. Josh Hustedt	Triton Invite (4/21/07)	+16-06 3/4 (5.05m)
3. Ben Dickens	Quad Meet (3/3/07)	15-09 (4.80m)
4. Ben Sheehan	Cal Coll. Challenge (4/27/07)	15-01 (4.60m)

Long Jump (+7.34m NCAA; # School Record)

1. Josh Hustedt	Pac-10 Multis (5/5/07)	+24 -04 1/2 (7.43m)
2. Adrian Munabi	Big Meet (4/7/07)	24-00 1/4 (7.32m)
3. Richard Sherman	Pac-10 Championships (5/12/07)	22-11 1/4 (6.99m)

4. Feranmi Okanlami Big Meet (4/7/07) 22-00 1/4 (6.71m)

Triple Jump (+15.00m NCAA; # School Record)

1. Feranmi Okanlami NCAA West Regional (5/26/07) +50-07 1/4 (15.42m)
2. Richard Sherman Big Meet (4/7/07) +50-00 (15.24m)
3. Adrian Munabi Big Meet (4/7/07) +49-05 3/4 (15.08m)

Shot Put (+16.80m NCAA; # School Record)

1. Michael Macellari Cal Coll. Challenge (4/27/07) +57-00 3/4 (17.39m)
2. Michael Robertson Big Meet (4/7/07) +55-01 1/2 (16.80m)
3. Mark Shughart PJC I (4/29/07) 49-08 1/2 (15.15m)
4. Josh Hustedt Cal Multis (3/29/07) 37-11 1/4 (11.56m)

Discus Throw (+51.70m NCAA; # School Record)

1. Michael Robertson Pac-10 Championships (5/12/07) +205-09 (62.71m)
2. Daniel Shcaerer Mt. Sac Relays (4/15/07) +196-06 (59.89m)
3. Michael Macellari Pac-10 Championships (5/12/07) 168-10 (51.47m)
4. Mark Shughart Stanford Invite (3/30/07) 161-10 (49.32m)
5. Josh Hustedt PJC I (4/29/07) 116-10 (35.62m)

Hammer Throw (+55.60m NCAA; # School Record)

1. Kyle Davis-Hammerquist Big Meet (4/7/07) +190-06 (58.02m)
2. Mark Kogan Stanford Invite (3/30/07) 157-04 (47.97m)

Javelin (+61.60m NCAA; # School Record)

1. Daniel Haddock Big Meet (4/7/07) 182-08 (55.69m)
2. Josh Hustedt Cal Multis (3/29/07) 150-8 (45.95m)

Decathlon (+7,500 points NCAA Automatic; = NCAA Provisional; # School Record)

1. Josh Hustedt Cal Multis (3/29/07) =7,286 points