



STANFORD MEDIA RELATIONS

Arrillaga Family Sports Center • Stanford, California 94305-6150
Telephone (650) 723-4418 • FAX (650) 725-2957 • www.gostanford.com

2007 Stanford Women's Indoor Track & Field Best Times & Marks (as of March 10, 2007)

		Time/Mark
60 Meters (+7.27 NCAA; =7.44 NCAA Provisional; #School Record)		
1. Jakki Bailey	MPSF Championships (2/23/07)	7.48
2. Janice Davis	Hampton Inn Classic (1/20/07)	7.49
3. Griffin Matthew	MPSF Championships (2/24/07)	7.53
60 Meter Hurdles (+8.15 NCAA; =8.43 NCAA Provisional; #School Record)		
1. Lauren Stewart	UW Invitational (1/26/07)	8.85
2. Idara Otu	Hampton Inn Classic (1/20/07)	9.45
200 Meters (+23.30 NCAA; =23.90 NCAA Provisional; #School Record)		
1. Jakki Bailey	MPSF Championships (2/23/07)	24.52
400 Meters (+52.40 NCAA; =54.40 NCAA Provisional; #School Record)		
1. Ashley Freeman	Tyson Invitational (2/9/07)	57.04
2. Laura Mottaz	Tyson Invitational (2/9/07)	57.04
3. Idara Otu	MPSF Championships (2/24/07)	57.54
800 Meters (+2:05.20 NCAA; =2:09.00 NCAA Provisional; #School Record)		
1. Ashley Freeman	MPSF Championships (2/24/07)	=2:08.59
2. Laura Mottaz	UW Invitational (1/27/07)	2:12.32
3. Kaylin Pennington	MPSF Championships (2/24/07)	2:13.46
4. Claire Comier	Husky Classic (2/10/07)	2:16.36
5. Lauren Stewart	UW Invitational (1/26/07)	2:25.89
Mile (+4:40.00 NCAA; =4:48.00 NCAA Provisional; #School Record)		
1. Arianna Lambie	Husky Classic (2/10/07)	+4:38.90
2. Alicia Follmar	Husky Classic (2/10/07)	=4:45.90
3. Mary Liz McCurdy	MPSF Championships (2/24/07)	4:51.84
4. Maddie O'Meara	Husky Classic (2/10/07)	5:06.90
5. Kelsey Walker	UW Invitational (1/27/07)	5:07.49
3,000 Meters (+9:15.00 NCAA; =9:34.00 NCAA Provisional; #School Record)		
1. Arianna Lambie	UW Invitational (1/27/07)	+9:00.60
2. Teresa McWalters	MPSF Championships (2/24/07)	=9:22.97
3. Amanda Trotter	UW Invitational (1/27/07)	9:35.25
4. Kate Niehaus	Husky Classic (2/10/07)	9:41.83
5. Kelsey Walker	Husky Classic (2/10/07)	10:21.34
5,000 Meters (+16:08.00 NCAA; =16:42.00 NCAA Provisional; #School Record)		
1. Arianna Lambie	NCAA Championships (3/10/07)	+15:37.97
2. Kate Niehaus	MPSF Championships (2/23/07)	16:56.73
4 x 400 Meter Relay (+3:33.00 NCAA; =3:40.00 NCAA Provisional; #School Record)		
Distance Medley Relay (+11:09.00 NCAA; =11:30.00 NCAA Provisional; #School Record)		
1. Stanford	UW Indoor Preview (1/13/07)	11:44.32
Madeleine O'Meara, Alicia Follmar, Kate Niehaus, Arianna Lambie		
2. Stanford	UW Indoor Preview (1/13/07)	12:05.87
Amanda Trotter, Mary Liz McCurdy, Kelsey Walker, Kaylin Pennington		
High Jump (+1.84m NCAA; =1.78m NCAA Provisional; #School Record)		
1. Lauren Stewart	Hampton Inn Classic (1/20/07)	5-8 (1.73m)
2. Lindsey Gannaway	UW Indoor Preview (1/13/07)	5-6 (1.68m)
3. Maura Burk	Husky Classic (2/10/07)	5-4 1/2 (1.64m)

4. Tessa Flippin	Hampton Inn Classic (1/20/07)	5-4 1/4 (1.63m)
4. Kara Bennett	Hampton Inn Classic (1/20/07)	5-4 1/4 (1.63m)

Long Jump (+6.40m NCAA; =6.10m NCAA Provisional; #School Record)

1. Griffin Matthew	MPSF Championships (2/23/07)	=20-06 1/2 (6.26m)
2. Erica McLain	MPSF Championships (2/23/07)	=20-04 1/2 (6.21m)
3. Lauren Stewart	UW Invitational (1/26/07)	17-11 (5.46m)
4. Caitlin Hewitt	Hampton Inn Classic (1/20/07)	17-5 1/4 (5.31m)

Pole Vault (+4.20m NCAA; =3.95m NCAA Provisional; #School Record)

1. Caitlin Hewitt	UW Invitational (1/27/07)	12-6 (3.81m)
-------------------	---------------------------	--------------

Shot Put (+16.90m NCAA; =15.20m NCAA Provisional; #School Record)

1. Melissa Yunghans	Husky Classic (2/10/07)	48-3 1/4 (14.71m)
2. Michaela Wallerstedt	UW Invitational (1/27/07)	46-11 1/2 (14.31m)
3. Erin Delaney	Hampton Inn Classic (1/20/07)	43-6 1/2 (13.27m)
4. Lauren Stewart	UW Invitational (1/26/07)	34-6 1/4 (10.52m)

Triple Jump (+13.30m NCAA; =12.65m NCAA Provisional; #School Record)

1. Erica McLain	NCAA Championships (3/10/07)	+45-07 3/4 (13.91m)
2. Lauren Stewart	UW Invitational (1/27/07)	41-3 (12.57m)
3. Laura Thom	Hampton Inn Classic (1/20/07)	37-6 (11.43m)

Weight Throw (+21.00m NCAA; =19.00m NCAA Provisional; #School Record)

1. Melissa Yunghans	MPSF Championships (2/23/07)	51-07 (15.72m)
2. Jaynie Goodbody	Hampton Inn Classic (1/20/07)	37-10 (11.53m)

Pentathlon (+4,050 NCAA; =3,700 NCAA Provisional; #School Record)

1. Lauren Stewart	UW Invitational (1/26/07)	=3,780 points
-------------------	---------------------------	---------------

The 2007 Stanford Indoor Track & Field Season

Jakki Bailey

60 Meters

7.50 - Hampton Inn Classic (1/20/07)
7.50 - UW Invitational (1/27/07)
7.50 - UW Invitational (1/27/07)
7.62 - Hampton Inn Classic (1/20/07)
7.58 - Tyson Invitational (2/9/07)
7.48 - MPSF Championships (2/23/07)
7.49 - MPSF Championships (2/24/07)

200 Meters

24.64 - UW Invitational (1/27/07)
25.89 - Hampton Inn Classic (1/20/07)
24.72 - Tyson Invitational (2/10/07)
24.52 - MPSF Championships (2/23/07)

Kara Bennett

High Jump

5-4 1/4 (1.63m) - Hampton Inn Classic (1/20/07)
5-2 1/4 (1.58m) - UW Invitational (1/27/07)
5-2 1/4 (1.58m) - UW Indoor Preview (1/13/07)
5-3 3/4 (1.62m) - MPSF Championships (2/24/07)

Maura Burk

High Jump

5-4 1/4 (1.63m) - Hampton Inn Classic (1/20/07)

Claire Cormier

800 Meters

2:16.36 - Husky Classic (2/10/07)

Janice Davis

60 Meters

7.49 - Hampton Inn Classic (1/20/07)
7.52 - Hampton Inn Classic (1/20/07)

Erin Delaney

Shot Put

43-6 1/2 (13.27m) - Hampton Inn Classic (1/20/07)
37-1 (11.53m) - Husky Classic (2/10/07)

Tessa Flippin

High Jump

5-4 1/4 (1.63m) - Hampton Inn Classic (1/20/07)
5-2 1/4 (1.58m) - UW Indoor Preview (1/13/07)

Alicia Follmar

Mile

4:46.00 - UW Invitational (1/27/07)
4:454.90 - Husky Classic (2/10/07)
4:50.55 - MPSF Championships (2/24/07)

Ashley Freeman

400 Meters

58.41 - Hampton Inn Classic (1/20/07)
57.04 - Tyson Invitational (2/9/07)

800 Meters

2:10.43 - Tyson Invitational (2/10/07)
2:08.59 - MPSF Championships (2/24/07)

Lindsey Gannaway

High Jump

5-6 (1.68m) - UW Indoor Preview (1/13/07)
5-4 1/4 (1.63m) - Hampton Inn Classic (1/20/07)
5-3 3/4 (1.62m) - MPSF Championships (2/24/07)

Jaynie Goodbody

Weight Throw

37-10 (11.53m) - Hampton Inn Classic (1/20/07)

Caitlin Hewitt

Long Jump

17-5 1/4 (5.31m) - Hampton Inn Classic (1/20/07)
17-2 3/4 (5.25m) - UW Indoor Preview (1/13/07)

Pole Vault

12-6 (3.81m) - UW Invitational (1/27/07)
11-11 3/4 (3.65m) - Hampton Inn Classic (1/20/07)

Arianna Lambie

Mile

4:38.9 - Husky Classic (2/10/07)

3000 Meters

9:00.60 - UW Invitational (1/27/07)

5000 Meters

15:50.65 - MPSF Championships (2/23/07)

Griffin Matthew

60 Meters

7.63 - UW Invitational (1/27/07)
7.66 - Hampton Inn Classic (1/20/07)
7.68 - UW Invitational (1/27/07)
7.69 - Hampton Inn Classic (1/20/07)
7.66 - Tyson Invitational (2/9/07)
7.58 - MPSF Championships (2/23/07)
7.53 - MPSF Championships (2/24/07)

Long Jumps

19-8 (5.99m) - Hampton Inn Classic (1/20/07)
19-7 1/2 (5.98m) - UW Invitational (1/27/07)
18-8 1/2 (5.70m) - Tyson Invitational (2/9/07)
20-06 1/2 (6.26m) - MPSF Championships (2/23/07)

Mary Liz McCurdy

Mile

5:02.01 - UW Invitational (1/27/07)
4:58.92 - Husky Classic (2/10/07)
4:51.84 - MPSF Championships (2/24/07)

Erica McLain

Long Jump

20-2 1/4 (6.15m) - Hampton Inn Classic (1/20/07)
20-04 1/2 (6.21m) - MPSF Championships (2/23/07)

Triple Jump

44-4 (13.51m) - MPSF Championships (2/24/07)

Teresa McWalters

3000 Meters

9:27.12 - UW Invitational (1/27/07)
9:22.97 - MPSF Championships (2/24/07)

Laura Mottaz

400 Meters

58.91 - Hampton Inn Classic (1/20/07)
57.04 - Tyson Invitational (2/9/07)

800 Meters

2:12.32 - UW Invitational (1/27/07)

Kate Niehaus

3000 Meters

9:41.83 - Husky Classic (2/10/07)

The 2007 Stanford Indoor Track & Field Season

5000 Meters

17:05.96 - UW Invitational (1/26/07)
16:56.73 - MPSF Championships (2/23/07)

Maddie O'Meara

Mile

5:10.84 - UW Invitational (1/27/07)
5:06.90 - Husky Classic (2/10/07)

Idara Otu

60 Meter Hurdles

9.45 - Hampton Inn Classic (1/20/07)

400 Meters

1:00.11 - Hampton Inn Classic (1/20/07)
57.54 - MPSF Championships (2/24/07)

Kaylin Pennington

800 Meters

2:14.87 - UW Invitational (1/27/07)
2:14.71 - Husky Classic (2/10/07)
2:13.46 - MPSF Championships (2/24/07)

Lauren Stewart

Pentathlon

3,780 points - UW Invitational (1/26/07)
3,776 points - MPSF Championships (2/23/07)

60 Meter Hurdles

8.85 - UW Invitational (1/26/07)
8.96 - Hampton Inn Classic (1/20/07)
8.99 - Hampton Inn Classic (1/20/07)
8.82 - MPSF Championships (2/23/07)

800 Meters

2:25.89 - UW Invitational (1/26/07)
2:25.97 - MPSF Championships (2/23/07)

High Jump

5-8 (1.73m) - Hampton Inn Classic (1/20/07)
5-6 1/2 (1.65m) - UW Invitational (1/26/07)
5-05 1/4 (1.66m) - MPSF Championships (2/23/07)

Long Jump

17-11 (5.46m) - UW Invitational (1/26/07)
17-09 (5.41m) - MPSF Championships (2/23/07)

Shot Put

34-6 1/4 (10.52m) - UW Invitational (1/26/07)
36-06 1/4 (11.13m) - MPSF Championships (2/23/07)

Triple Jump

41-3 (12.57m) - UW Invitational (1/27/07)
39-8 (12.09m) - MPSF Championships (2/24/07)

Lauren Thom

Triple Jump

37-6 (11.43m) - Hampton Inn Classic (1/20/07)
37-2 1/2 (11.34m) - UW Indoor Preview (1/13/07)
37-2 1/2 (11.34m) - Husky Classic (2/10/07)

Amanda Trotter

3000 Meters

9:35.25 - UW Invitational (1/27/07)
9:44.49 - MPSF Championships (2/24/07)

Kelsey Walker

Mile

5:07.49 - UW Invitational (1/27/07)

3000 Meters

10:21.34 - Husky Classic (2/10/07)

Michaela Wallerstedt

Shot Put

46-11 1/2 (14.31m) - UW Invitational (1/27/07)
46-6 (14.17m) - Hampton Inn Classic (1/20/07)
45-8 (13.92m) - Husky Classic (2/10/07)
46-9 (14.25m) - MPSF Championships (2/24/07)

Melissa Yunghans

Shot Put

48-1 1/4 (14.66m) - Hampton Inn Classic (1/20/07)
48-0 3/4 (14.65m) - UW Invitational (1/27/07)
47-11 (14.60m) - UW Indoor Preview (1/13/07)
48-3 1/4 (14.71m) - Husky Classic (2/10/07)
48-1 1/4 (14.66m) - MPSF Championships (2/24/07)

Weight Throw

49-6 1/4 (15.09m) - Hampton Inn Classic (1/20/07)
48-10 (14.88m) - UW Indoor Preview (1/13/07)
39-4 1/2 (12.00m) - UW Invitational (1/27/07)
46-1 3/4 (14.29m) - Husky Classic (2/10/07)
51-07 (15.72m) - MPSF Championships (2/23/07)

The 2007 Stanford Indoor Track & Field Season



The 2007 Stanford Indoor Track & Field Season



The 2007 Stanford Indoor Track & Field Season



The 2007 Stanford Indoor Track & Field Season



The 2007 Stanford Indoor Track & Field Season



The 2007 Stanford Indoor Track & Field Season

