

2012 Stanford Track & Field Invitational Schedule of Events

* "G" Girls High School * "M" Men's College

Friday, April 6, 2012 **FINAL**

* "B" Boys High School

Friday Running Events

* "W" Women's College

Time	Events	Section/Advancement Procedure		
10:00am	W-Steeple	#3		
10:15am	M-Steeple	#3		
10:30am	W- 5000m	#5		
10:50am	W- 5000m	#4		
11:10am	M - 5000m	#4		
11:30am	W- 100mH Prelims	Prelims: 7 Races, Top 9 Times to Final		
11:52am	M- 110mH Prelims	Prelims: 4 Races, Top 9 Times to Final		
12:12pm	W- 100m Prelims	Prelims: 6 races, Top 9 Times to Final		
12:25pm	M- 100m Prelims	Prelims: 8 races, Top 9 Times to Final		
12:50pm	W- 1500m	3 races		
1:10pm	M- 1500m	3 races		
1:30pm	W-100m	FINAL		
1:33pm	M- 100m	FINAL		
1:38pm	G - 3000m	2 races		
2:04pm	B- 3000m	2 races		
2:30pm	G- 400mH	4 races		
2:43pm	W- 400mH	4 races		
2:56pm	B- 400mH	4 races		
3:11pm	M- 400mH	4 races		
3:26pm	G - Distance Medley Relay	2 races		
3:56pm	B - Distance Medley Relay	2 races		
4:25pm	W - 400M	6 races		
4:45pm	M - 400M	7 races		
5:05pm	W - 3000m Steeple	#2		
5:20pm	W - 3000m Steeple	#1		
5:35pm	M - 3000m Steeple	#2		
5:48pm	M - 3000m Steeple	#1		
6:05pm	W - 1500m Invitational	#4		
6:11pm	W - 1500m Invitational	#3		
6:17pm	W - 1500m Invitational	#2		
6:23pm	W - 1500m Invitational	#1		
6:30pm	M - 1500m Invitational	#4		
6:36pm	M - 1500m Invitational	#3		
6:42pm	M - 1500m Invitational	#2		
6:48pm	M - 1500m Invitational	#1		
7:00pm	W - 5000m	#3		
7:20pm	W - 5000m	#2		
7:40pm	M - 5000m	#3		
7:58pm	M - 5000m	#2		
8:16pm	W - 5000m	#1		
8:34pm	M - 5000m	#1		
8:52pm	W- 10000m	#1		
9:32pm	M- 10000m	#1		
10:06pm	W - 10000m	#2		
10:44pm	M - 10000m	#2		

Friday Field Events

Time	Event		Minimum Measurements	
9:00AM	M- Javelin Collegiate	1 Flight, 4 Throws	160'	
10:00AM	M- Hammer Collegiate	2 Flights, 4 Throws Each	150'	
10:30AM	M- Javelin Invitational	1 Flight, Top 9 to Final	180'	
10:30AM	W- Shot Put Invitational (Ring 1)	1 Flight, Top 9 to Final	42'	
10:30AM	W- Shot Put Collegiate (Ring 2)	1 Flight, 4 Throws Each	38"	
11:30AM	M- Long Jump Invitational	1 Flight, Top 9 to Final	21'6"	
11:30AM	W- Long Jump Invitational	1 Flight, Top 9 to Final	17'6"	
12:30PM	W - Javelin Invitational	1 Flight, Top 9 to Final	130'	
12:30PM	M- High Jump	2 Pits		
1:00PM	W - Pole Vault Collegiate	5 Alive		
2:15PM	M- Long Jump Collegiate	1 Flight, 4 Jumps Each	21'6"	
2:15PM	W- Long Jump Collegiate	1 Flight, 4 Jumps Each	17'6"	
2:30PM	W - Hammer Invitational	1 Flight, Top 9 to Final	150'	
2:30PM	W - Javelin Collegiate	1 Flight, 4 Throws Each	120'	
2:30PM	W- High Jump	2 Pits		
4:00PM	M - Discus Invitational	1 Flight, Top 9 to Final	150'	
4:30PM	B- Long Jump	2 Flights, 4 Jumps Each	20'6"	
4:30PM	G- Long Jump	2 Flights, 4 Jumps Each	16'6"	
5:30PM	B- Pole Vault Invitational	5 Alive		
5:30PM	G - Pole Vault Invitational	5 Alive		
6:00PM	M- Discus Collegiate	2 Flights, 4 Throws Each	140'	

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Saturday, April 7, 2012			FINAL	
Saturday Running Events			* "B" Boys High School	* "W" Women's College
Time	Events	Section		
9:00am	G- 4X100m Relay	5 races		
9:25am	B- 4X100m Relay	5 races		
9:50am	G- mile	3 races		
10:10am	B- mile	3 races		
10:30am	G- 100mH	Prelims: 4 races, Top 9 Times to Final		
10:45am	B- 110mH	Prelims: 4 races, Top 9 Times to Final		
11:00am	G - Middle School 100M	10 races		
11:10am	B - Middle School 100M	10 races		
11:20am	G - 100m	Prelims: 6 races, Top 9 to Final		
11:35am	B - 100m	Prelims: 6 races, Top 9 to Final		
11:50am	Lori Maynard Kids Half Lapper	10 races		
12:06pm	W - 4X100 Relay	2 races		
12:14pm	M - 4X100 Relay	3 races		
12:26pm	G - 4X100 Relay	FINAL		
12:30pm	B- 4X100 Relay	FINAL		
12:34pm	G- 4X800m Relay	2 races		
1:04pm	B- 4X800m Relay	2 races		
1:34pm	W- 800m	8 races; Fast to Slow		
1:59pm	M- 800m	5 races; Fast to Slow		
2:18pm	W- 200m	8 races		
2:36pm	M- 200m	6 races		
2:51pm	G - 400m	5 races		
3:06pm	B - 400m	4 races		
3:26pm	G- 100H	FINAL		
3:31pm	W- 100H	FINAL		
3:35pm	B- 110mH	FINAL		
3:38pm	M- 110mH	FINAL		
3:42pm	G - Middle School 100M	FINAL		
3:45pm	B - Middle School 100M	FINAL		
3:48pm	G- 100m	FINAL		
3:52pm	B- 100m	FINAL		
3:56pm	W- 4X400m Relay	2 races		
4:12pm	M- 4X400m Relay	2 races		
4:22pm	G- 4X400m Relay	5 races		
4:52pm	B- 4X400m Relay	6 races		

Saturday Field Events

Time	Event		Minimum Measurement	
9:00AM	B- Discus	2 Flights, 4 Throws Each	140'	
9:00AM	B- Triple Jump	2 Flights, 4 Jumps Each	39'6"	
9:00AM	G- High Jump Invitational	2 Pits		
9:00AM	G- Triple Jump	2 Flights, 4 Jumps Each	33'6"	
9:00AM	W- Hammer Collegiate	2 Flights, 4 Throws Each	140'	
9:00AM	G - Shot Put (Ring 1)	1 Flight, 4 Throws Each	34'	
9:00AM	G - Shot Put (Ring 2)	1 Flight, 4 Throws Each	34'	
11:00AM	M- Pole Vault	5 Alive		
11:15AM	G- Discus	2 Flights, Throws Each	100'	
12:00PM	B- High Jump Invitational	2 Pits		
12:00PM	M- Triple Jump Invitational	1 Flight, Top 9 to Final	44'	
12:00PM	W- Triple Jump Invitational	1 Flight, Top 9 to Final	36'6"	
1:00PM	B - Shot Put (Ring 1)	1 Flight, 4 Throws Each	45'	
1:00PM	B - Shot Put (Ring 2)	1 Flight, 4 Throws Each	45'	
1:30PM	W - Discus Collegiate	1 Flight, 4 Throws Each	140'	
1:30PM	M- Hammer Invitational	1 Flight, Top 9 to Final	180'	
2:30PM	W- Pole Vault	5 Alive		
2:30PM	M - Triple Jump Collegiate	1 Flight, 4 Jumps Each		
2:30PM	W - Triple Jump Collegiate	1 Flight, 4 Jumps Each		
3:00PM	M - Shot Put Collegiate (Ring 2)	1 Flight, 4 Throws Each	45'	
3:30PM	M - Shot Put Invitation (Ring 1)	1 Flight, Top 9 to Final	50'	
3:30PM	W- Discus Invitational	1 Flight, Top 9 to Final	140'	