

STANFORD

The background is a deep red color. At the top, the word "STANFORD" is written in a large, white, serif font. Below the text, three male gymnasts are shown in various poses on the rings. The gymnast at the top is Bryant Hadden, wearing a dark blue singlet and black pants, performing a horizontal hold. The gymnast on the left is Sho Nakamori, wearing a dark blue singlet with a red "S" and maroon pants, performing a seated hold with one leg extended. The gymnast on the right is Greg Ter-Zakharants, wearing a dark blue singlet with a white "S" and grey pants, performing a dynamic move. The background features faint, stylized images of Stanford University buildings and palm trees.

BRYANT
HADDEN

SHO
NAKAMORI

GREG
TER-ZAKHARIANTS

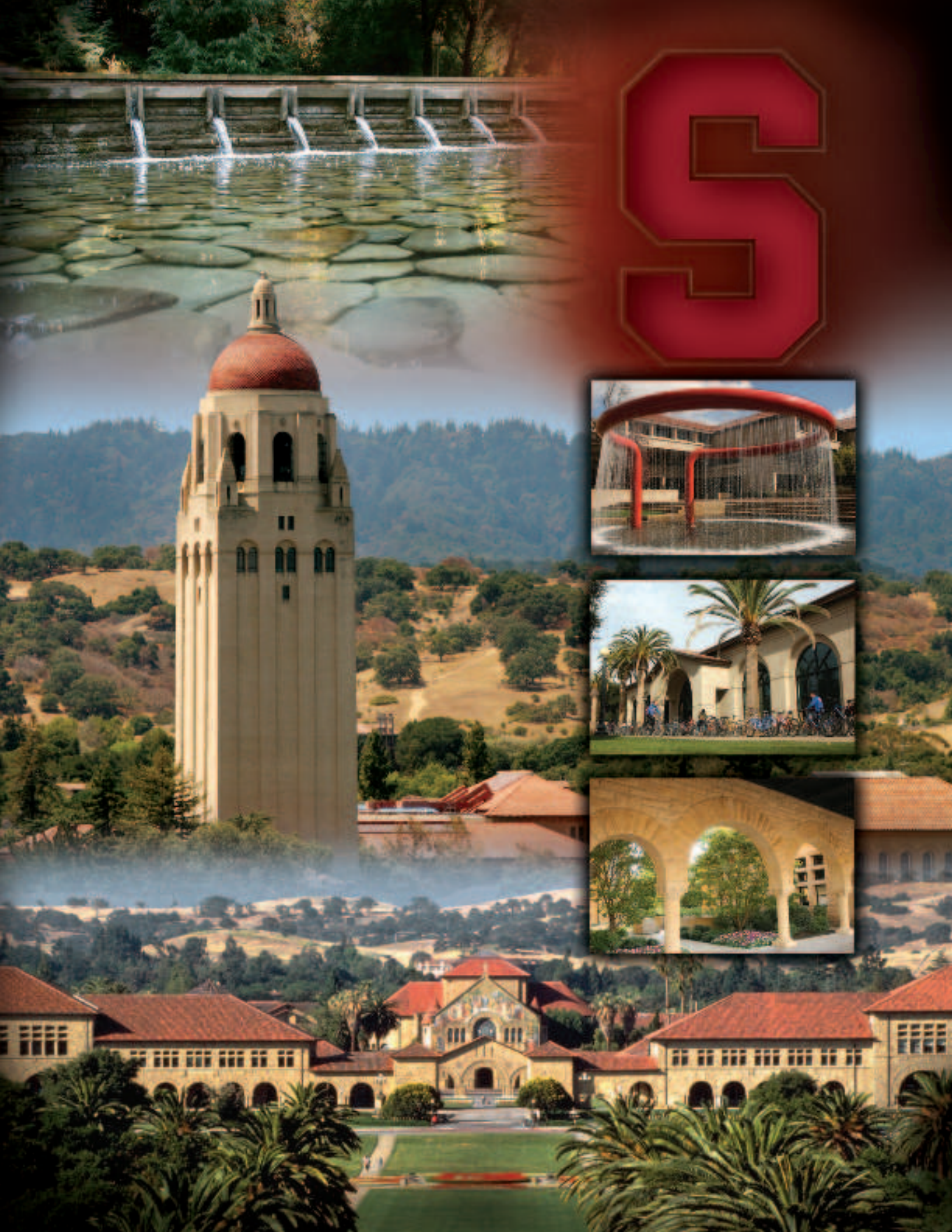
2009 MEN'S GYMNASTICS GUIDE

STANFORD ATHLETICS

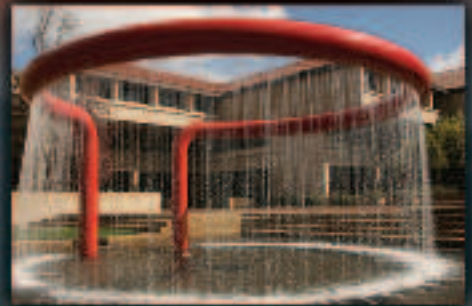
A Tradition of Excellence

- 116** NCAA Postgraduate Scholarship award winners, including 10 in 2007-08.
- 109** National Championships won by Stanford teams since 1926.
- 95** Stanford student-athletes who earned All-America status in 2007-08.
- 78** NCAA Championships won by Stanford teams since 1980.
- 49** Stanford-affiliated athletes and coaches who represented the United States and seven other countries in the Summer Olympics held in Beijing, including 12 current student-athletes.
- 32** Consecutive years Stanford teams have won at least one national championship.
- 31** Stanford teams that advanced to postseason play in 2007-08.
- 19** Different Stanford teams that have won at least one national championship.
- 18** Stanford teams that finished ranked in the Top 10 in their respective sports in 2007-08.
- 14** Consecutive U.S. Sports Academy Directors' Cups.
- 14** Stanford student-athletes who earned Academic All-America recognition in 2007-08.
- 9** Stanford student-athletes who earned conference athlete of the year honors in 2007-08.
- 8** Regular season conference championships won by Stanford teams in 2007-08.
- 6** Pacific-10 Conference Scholar Athletes of the Year Awards in 2007-08.
- 5** Stanford teams that earned perfect scores of 1,000 in the NCAA's Academic Progress Report Rate in 2007-08.
- 3** National Freshmen of the Year in 2007-08.
- 3** National Coach of the Year honors in 2007-08.
- 2** National Players of the Year in 2007-08.
- 2** National Championships won by Stanford teams in 2007-08 (women's cross country, synchronized swimming).
- 1** Walter Byers Award Winner in 2007-08.





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2009 STANFORD MEN'S GYMNASTICS SCHEDULE

DATE	OPPONENT	Site	TIME
Jan. 16	at California	Berkeley, Calif.	7 p.m.
Jan. 24	Stanford Open	Stanford, Calif.	All Day
Feb. 5	Winter Cup Challenge	Las Vegas, Nev.	All Day
Feb. 7	Winter Cup Challenge	Las Vegas, Nev.	7:15 p.m.
Feb. 14	Gold Country Invitational	San Francisco, Calif.	7 p.m.
Feb. 21	Pacific Coast Classic	Oakland, Calif.	7:30 p.m.
Feb. 27	Japanese Collegiate All-Star Team	Stanford, Calif.	7 p.m.
March 7	Minnesota, Oklahoma	Minneapolis, Minn.	7 p.m.
March 28	vs. Illinois-Chicago	Stanford, Calif.	7 p.m.
April 4	MPSF Championships	Stanford, Calif. (Maples Pavilion)	TBA
April 16-18	NCAA Championships	Minneapolis, Minn.	TBA

All Time Local To Site; Home meets at Burnham Pavilion unless otherwise noted



JASON SHEN

JOSH DIXON

TIM GENTRY

2008-09 Stanford Men's Gymnastics Quick Facts

General Information

Location: Stanford, Calif. 94305
Founded: 1891
Conference: Mountain Pacific Sports Federation (MPSF)
Enrollment: 13,198 (6,584 Undergraduates)
Nickname: Cardinal
Colors: Cardinal and White
Home Facility: Ford Center and Burnham Pavilion
President: Dr. John L. Hennessy
Athletic Director: Bob Bowlsby
Associate Athletic Director - Gymnastics: Darrin Nelson
Faculty Athletic Rep.: Ellen Markman
Athletics Website: www.gostanford.com

Team Information

Head Coach: Thom Glielmi (So. Illinois '88)
Office Phone: (650) 723-9591
Email: glielmi@stanford.edu
Assistant Coach: JD Reive
Office Phone: (650) 723-2001
Assistant Coach: David Durante
Office Phone: (650) 723-2001
Email: ddurante@stanford.edu
Volunteer Assistant Coach: David Sender
Gymnastics Fax: (650) 725-4471
2008 Record: 16-1
2008 MPSF Finish: 2nd of 5
2008 NCAA Finish: 2nd of 12
Letterwinners Returning/Lost: 14/4
All-Americans Returning/Lost: 6/2
Newcomers: 4

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Sho Nakamori

Stanford Sets Sights on NCAA Championship

Cardinal Returns Six All-Americans in 2009

In April 2008, the Stanford men's gymnastics team was just forty-five hundredths of a point short of taking the program's fourth NCAA title in front of a home crowd at Maples Pavilion. The 2009 squad wants to make sure that doesn't happen again. Although the venue will be different for the 2009 NCAA Championships, as the Minnesota Golden Gophers will play host in Minneapolis, the goal is still the same: bring home the hardware.

Tabbed the nation's top team in the GymInfo preseason poll for the second year in a row, the Cardinal definitely has plenty of experience, depth, and talent to get the job done. Returning are six of Stanford's eight All-Americans from last season, who combined to bring home a school-record 15 All-American awards, which was just one shy of an all-time NCAA single-season record set by Nebraska in 1982. Fourteen letterwinners will return for the 2009 season and head coach Thom Glielmi welcomes four new freshmen to the mix. Glielmi also added Cardinal alumnus David Durante, a U.S. Men's Senior National Team member and Olympic alternate at the 2008 Beijing Games, and recent graduate David Sender, a 10-time NCAA All-American and 2008 Visa U.S. Championships all-around champion to the Cardinal staff. The new coaching additions will bring a wealth of knowledge and experience to the gym.

The loss of four seniors who occupied the top spots in their respective events creates the chance for those returning to step into new roles and Glielmi has made sure they are prepared to do just that. By helping add new skills to his athletes' repertoires, increasing the difficulty of their routines and raising start values, Glielmi is encouraging his team to push itself to the next level. Glielmi also believes that his team is well-rounded and not lacking strength in any event.

"I don't really believe we have a weak event. We have guys that can post excellent scores across the board. We are only allowed to have 12 gymnasts compete for the team and it will be a daily competition at practice amongst the team to see who those 12 will be."

Floor Exercise

Redshirt junior Greg Ter-Zakhariants and sophomore Josh Dixon headline floor exercise this year for Stanford. Ter-Zakhariants earned the team's best score in the event last season with a 15.85 and both he and Dixon were All-Americans at the NCAA Individual Event Finals; Dixon hit a 15.7 for his season-best in the NCAA Team Finals. Sophomore Alex Buscaglia can also post solid scores, as he showed in his rookie campaign when he notched a 15.55 against California in January 2008, and consistently recorded scores in the 15s in the last half of the season. Redshirt senior Sho Nakamori, senior Bryant Hadden, and sophomore Ryan Lieberman will also vie for a spot in the floor exercise lineup, while junior Eric Hergenrader, sophomore Tim Gentry, redshirt freshman Abhinav Ramani, and freshmen Cameron Foreman can also step in for the Cardinal.

Pommel Horse

The graduation of pommel horse specialist Chris Harper, Stanford's top performer in the event throughout his career, leaves a void that 2008 All-Americans Nakamori, Ter-Zakhariants, and sophomore Kyle Oi should have no problem filling. In an event that generally posts lower point totals than other events, the Cardinal will also need Lieberman, Hadden, and freshman John Martin to step up to the challenge. Hadden notched the team's next best score in the event last season, posting a 15.05, while Martin excelled in pommel horse at the junior level. Also available to compete are Dixon, Hergenrader, Nolff, Ramani, sophomore Tim Gentry, redshirt senior Jason Shen, redshirt sophomores Lucas Hughes and Andrew McIntyre, as well as freshman Gabriel Alvarado.

Still Rings

Hadden is the only returner boasting All-American status from last year on still rings, posting his season-best of 15.85 at the NCAA Team Finals, but Stanford has many talented gymnasts set to compete in this event. Gentry, Lieberman, and Nakamori are all capable of providing big numbers, and all three recorded season bests of 15 or better last season. Buscaglia and redshirt sophomore Nicholas Noone will also see action in the rings lineup. Dixon, Oi, and Ter-Zakhariants will also be able to compete, as well as newcomers Jordan Nolff, Foreman, and Alvarado.

Vault

Vault is an exceptionally strong and deep event for the Cardinal. Even with the loss of former two-time NCAA vault champion Sender to graduation, Stanford is able to field exceptional athletes in all six spots. Gentry and Dixon both broke 16 in their freshman campaigns last year, while Ter-Zakhariants, Buscaglia, and Lieberman all posted high 15s. Nakamori can also contribute, as he had a season-high of 15.4 last year. Ramani, who returns healthy this year, may also add some high-flying action, along with Hadden, Hergenrader, Foreman, and Nolff having the possibility of performing in this event.

Parallel Bars

Nakamori, a 2008 All-American on parallel bars, touted the team-high of 15.6 last season, while Lieberman and Hadden round out the top-three Stanford gymnasts in this event. Lieberman scored a 15.5 against Michigan and Hadden thrice broke 15 over the year. Dixon, Gentry, Noone, and Shen will also compete for appearances, while Buscaglia, Foreman, Hughes, Martin, McIntyre, Nolff, Oi, and Ramani are also capable.

Horizontal Bar

Horizontal bar is another event in which the Cardinal loses a former event national champion to graduation, but remains a formidable force. Buscaglia and Dixon were All-Americans last season, and Lieberman and Nakamori are proven contenders. Dixon and Lieberman both hit 15 and Nakamori and Buscaglia nearly did with scores of 14.95 and 14.9, respectively. Gentry and Hadden also bring an array of skills to the lineup, and several others are able to answer the call should the time arise.

All-Around

The Cardinal has an abundance of gymnasts capable of producing quality scores in all six events, but Nakamori leads the way as the team's only remaining All-American in all-around from last season. As a U.S. Men's Senior National Team gymnast for several years, Nakamori brings the most all-around experience and talent to the squad. Nakamori broke 90 points both at the NCAA Team Qualifiers and Finals, finishing third overall. Hadden is a strong competitor and did well enough at the Winter Cup Challenge competing against other collegians and senior national team members to finish 12th with a two-day combined score of 167.7. Hadden also posted his best all-around tally of 87.25 against California in March. Three freshmen were outstanding in their rookie campaigns, as Lieberman had a strong showing at the Winter Cup as well, taking 14th, while Dixon finished 19th and Gentry followed closely behind him in 20th place, a promising statement for the future of Stanford gymnastics. Buscaglia and Ter-Zakhariants can also compete on all six apparatuses, good news for Glielmi should anyone suffer an injury. Freshmen Foreman and Nolff can substitute as well.



THOM GLIELMI

HEAD COACH

Southern Illinois '88
Seventh Season



Thom Glielmi enters his seventh season as head coach of the Stanford men's gymnastics team. A two-time NCAA West Region Head Coach of the Year from 2006-07, Glielmi has coached ten NCAA Champions and 46 All-Americans.

Last season Glielmi lead the Cardinal to its third consecutive top-three finish at the NCAA Championships, taking second just .45 points behind champion Oklahoma, and produced a single-season school record of 15 All-Americans. Prior to taking over the men's team at Stanford, Glielmi spent three seasons as an assistant coach at the University of Minnesota and guided the team to a No. 7 finish during his last season in Minnesota. While with the Golden Gophers, Glielmi was named the 2000-01 NCAA Assistant Coach of the Year after coaching the 2001 NCAA pommel horse and floor exercise champion. Glielmi has produced NCAA national champions on vault, rings, pommel horse, floor exercise and horizontal bar.

Glielmi is involved on many levels of the sport from the grass roots level to the international elite. He is an FIG Brevet judge, an Executive Board Member to USA-Gymnastics (the governing body of gymnastics), and is also on the NCAA Rules Committee for the men's program.

A USA Senior National Team Coach for ten years, Glielmi was a member of the 2006 and 2007 USA World Championships Team Coaching Staff. As head coach of the 2003 USA Pan American team he lead them to a bronze medal-winning competition. Additionally, he was part of the 2000 USA Olympic Team coaching staff.

Prior to coaching at Minnesota, he was the owner and head men's gymnastics coach at the International Sports Center in Matthews, N.C. A 1988 graduate of Southern Illinois University at Carbondale, Glielmi holds a bachelor of arts degree in communications.

Glielmi Year-By-Year At Stanford

Year	Record	MPSF Finish	NCAA Finish
2003	10-9	3rd	7th (4th in qualifier)
2004	13-10	3rd	7th (4th in qualifier)
2005	12-10	3rd	7th (4th in qualifier)
2006	27-5	2nd	3rd
2007	22-5	2nd	3rd
2008	28-3	2nd	2nd
Total	112-42 (.727)	-	-



JD REIVE

ASSISNTANT COACH

Nebraska '00
Fifth Season



JD Reive enters his fifth year as assistant coach for the Stanford men's gymnastics team.

Last season in 2008, Reive assisted the Cardinal to a second place finish at the NCAA Championships, with eight gymnasts earning eight All-American honors (15 total awards, the most in a single season in school history).

In 2007, Reive helped guide the team to its second-straight third place finish at the NCAA Championships, where five Stanford gymnasts were named All-Americans and two were crowned national champions.

In 2006, Reive was named the NCAA West Regional Assistant Coach of the Year, and aided the Cardinal to a third-place finish at the NCAA Championships with eleven gymnasts earning All-American honors.

Reive began his competitive gymnastics career at age 5, and earned a spot on the Junior National Team by age 10. He began competing internationally at age 11, winning the 1988 Junior Pan American games. At age 15 he was invited to move to the Olympic Training Center in Colorado Springs, and a year later finished second at the 1993 Winter Cup, earning a spot on the U.S. Men's Senior National Team. Throughout his career, he remained on the US National Team for nearly a decade. He has been involved with gymnastics as both an athlete and a coach for nearly 25 years and along with coaching the varsity squad at Stanford, is the founder and head coach of the JDR Gymnastics Club. A 2000 graduate of the University of Nebraska, JD holds a bachelor of journalism and mass communications. He and his wife, Doni, reside in Menlo Park and have one son, Dante.



DAVID DURANTE

ASSISANT COACH
Stanford '02
First Season



Former Stanford All-American David Durante enters his first season on the Cardinal coaching staff.

Durante brings a wealth of knowledge and experience to the Stanford men's gymnastics squad, and has had much success in the gym in recent years. He was the alternate for the U.S. at the 2008 Beijing Olympic Games and he took home the 2007 Visa U.S. National Championships all-around crown. Also in 2007, he was selected to the World Championship Team for the second year in a row, and captained the fourth-place-finishing American team. Prior to that, he recorded strong performances at the prestigious Winter Cup Challenge in Las Vegas, Nev., twice winning the all-around title in 2006 and 2005, and adding a parallel bars title (2006) and second place finish (2005).

Durante graduated from Stanford in 2002 with a bachelor of arts in human biology and a minor in psychology. He capped off his stellar career with the Cardinal, taking fifth place on horizontal bar at the 2002 NCAA Championships and earning All-American status for his performance. During his senior year, Durante was selected to the U.S. Senior Men's National Team and has been a staple on the squad for the past six years.



DAVID SENDER

VOLUNTEER ASSISANT COACH
Stanford '08
First Season



David Sender, a recent alumnus who completed his senior season in 2008, will serve as a volunteer assistant coach for the 2009 season.

Sender is one of the most accomplished gymnasts in Stanford history, and earned 10 All-American awards over his four-year career. He was a two-time NCAA champion on vault in 2006 and 2007, and has been a U.S. Senior Men's National Team member for the last five years, along with being a member of the World Championships team in 2006. Sender was the 2008 Visa U.S. Championships all-around winner and just missed making the cut for the U.S. 2008 Beijing Olympics squad.

Sender resides at Stanford and is working to finish his bachelor of science in biology.





***Top row (l to r):** Volunteer Assistant Coach David Sender, Athletic Trainer Americ Alvarado, Gabriel Alvarado, John Martin, Eric Hergenrader, Jason Shen, Andrew McIntyre, Head Coach Thom Glielmi, Assistant Coach J.D. Reive. **Middle Row:** Ryan Lieberman, Abhinav Ramani, Josh Dixon, Cameron Foreman, Alex Buscaglia, Nick Noone, Lucas Hughes. **Bottom Row:** Bryant Hadden, Jordan Nolf, Greg Ter-Zakhariants, Sho Nakamori, Kyle Oi, Tim Gentry.*

2009 Stanford Men's Gymnastics Roster

Name	Yr.	Ht.	Hometown (Last School)
Gabriel Alvarado	Fr.	6-0	Pinecrest, Fla. (Gulliver Prep)
Alex Buscaglia	So.	5-8	Oak Brook, Ill. (Cary-Grove HS)
Josh Dixon	So.	5-9	San Jose, Calif. (Willow Glen HS)
Cameron Foreman	Fr.	5-8	Iowa City, Iowa (City HS)
Tim Gentry	So.	5-3	Plano, Texas (Canyon Creek Christian Academy)
Bryant Hadden	Sr.	5-7	Cypress, Texas (Cy-fair HS)
Eric Hergenrader	Jr.	5-11	Plano, Texas (Plano Senior HS)
Lucas Hughes	RS So.	5-6	Golden, Colo. (Golden High School)
Ryan Lieberman	So.	5-10	Lake Forest, Ill. (Lake Forest HS)
John Martin	Fr.	6-0	Gainesville, Fla. (Trilogy School)
Andrew McIntyre	RS So.	5-10	Hamilton, Mass. (Hamilton-Wenham Regional HS)
Sho Nakamori	RS Sr.	5-6	Albany, Calif. (Albany HS)
Jordan Nolf	Fr.	5-5	Milburn, N.J. (Milburn HS)
Nicholas Noone	RS So.	5-6	Danbury, Conn. (Danbury HS)
Kyle Oi	So.	5-5	Coto de Caza, Calif. (Tesoro HS)
Abhinav Ramani	RS Fr.	5-10	Herndon, Va. (Westfield HS)
Jason Shen	RS Sr.	5-9	Newton, Mass. (Newton North HS)
Greg Ter-Zakhariants	RS Jr.	5-6	Campbell, Calif. (Westmont HS)



Coaching Staff

Head Coach: Thom Glielmi (Southern Illinois '88), seventh year

Assistant Coach: J.D. Reive (Nebraska '00), fifth year; David Durante (Stanford '02), first year

Volunteer Assistant Coach: David Sender (Stanford '08), first year

Athletic Trainer: Americ Alvarado



GABRIEL ALVARADO

Class: Freshman
 Events: PH, SR
 Height: 6'0"
 Hometown: Pincrest, Fla.
 High School: Gulliver Prep



High School: A three-time first-team USA Gymnastics Academic All-American (2005-08) ... a Junior Olympic (JO) Nationals qualifier from 2004-08 ... qualified for pommel horse and all-around finals at the JO Nationals from 2005-07 ... a member of the Florida state team that took first place in the Region VIII Championships in 2006 and 2008 ... took second place with a 13.4 on pommel horse and third in all-around with a 79.4 at the 2008 Florida State Championships ... trained at the South Miami Gymnastics Center from 2002-07 with coaches Norlan Perez and Antonio Juan, and also at the Florida Gymnastics Training Center with Perez ... valedictorian of the Gulliver Prep class of '08 ... earned the Headmaster's award for Outstanding Academic Achievement all four years, the Gulliver's Scholar for Excellence in Algebra II and Trigonometry, Biology, AP Calculus AB, AP Calculus BC, Physics, and AP Government and Politics ... an AP Scholar with Distinction ... a National Merit Commended Student ... a National Hispanic Scholar finalist.

Personal: Parents are Nelson and Lillian Alvarado ... majoring in economics.

GETTING TO KNOW GABRIEL ALVARADO

Getting To Know

Nickname: Gabe

The best thing about Stanford is: Palm trees remind me of home

My favorite place on campus is: My room

Ten years from now I hope to be: Benefiting from my Stanford education

Something people would be surprised to know about me: I am originally from Peru

The place I would most like to visit: Greece

My favorite pre-meet rituals are: Clear my mind, relax, and just hang out

Stanford Men's Gymnastics will be fun to watch this year because: We will win

The athlete I admire most: Dwayne Wade

The current or former Stanford athlete I most enjoying watching perform: Sho Nakamori

Since coming to Stanford, I have learned: To write a lot of papers

Best book I have ever read: Lord of the Flies

Favorite food: Lomo Saltado

Least favorite food: Fetal duck eggs

If I had to cook all of my meals, I'd probably survive on: Steak

Favorite movie: The Departed

Favorite TV show: Entourage

Favorite actor: Morgan Freeman

Favorite actress: Charlize Theron

My favorite musical group: Red Hot Chili Peppers

The best advice I ever received was: Take risks don't be afraid to mess up

If I could invite three people to dinner in history, they would be: Leonardo da Vinci, Anotni Gaudi, Ferdinand Porsche



ALEX BUSCAGLIA

Class: Sophomore
 Events: AA
 Height: 5'8"
 Hometown: Cary, Ill.
 High School: Cary-Grove HS



As a Freshman in 2008: An All-American on horizontal bar ... competed in all 10 meets and on five apparatuses ... achieved three season bests at California (1/18), hitting a 15.55 on floor exercise, a 13.2 on parallel bars, and a 14.9 on horizontal bar (all first-place finishes at the event) ... earned his season best on vault (15.85) on three occasions, including the Stanford Open where he shared the event title with teammate David Sender ... scored a 14.7 (another season-best) to win still rings at Michigan (3/2).

High School: Qualified for the Junior Olympic (JO) National Championships in 2005 and 2006 and was an all-around finalist in 2006, finishing 29th ... also a JO vault finalist in 2006, finishing second.

Personal: Parents are Vince and Vera Buscaglia ... has two older siblings, Ashley and Nicholas ... majoring in biochemical engineering ... enjoys playing volleyball and ping pong.

GETTING TO KNOW ALEX BUSCAGLIA

Nickname: Buscags...and the list goes on

The best thing about Stanford is: The campus (even though biking isn't fun)

My favorite place on campus is: Right in front of MemChu at night

Ten years from now I hope to be: Living easy

My favorite class at Stanford: Spanish

Something people would be surprised to know about me: I talk to my sister everyday

The place I would most like to visit: Germany

My favorite pre-meet rituals are: Taking a really long shower

Stanford Men's Gymnastics will be fun to watch this year because: There are some pretty awesome "crowd-pleasing" skills that our team does

My greatest athletic moment was: Being an All-American on high bar last year

The current or former Stanford athlete I most enjoying watching perform: Last and current year's women's volleyball team as a whole

Since coming to Stanford, I have learned: That B's are acceptable

Best book I have ever read: 1st to Die (James Patterson)

Favorite food: Mexican

Least favorite food: Tomatoes

If I had to cook all of my meals, I'd probably survive on: Ramen and eggs

Favorite movie: The Dark Knight

Favorite TV show: The Cosby Show (come here...come here)

Favorite actor: Heath Ledger

Favorite actress: Hayden Panettiere

My ultimate SportsCenter highlight would be: Shall not be known so as to not jinx my goal...

My favorite musical group: Postal Service



JOSH DIXON

Class: Sophomore
 Events: AA
 Height: 5'9"
 Hometown: San Jose, Calif.
 High School: Willow Glen HS



As a Freshman in 2008: A three-time All-American on floor exercise, vault, and horizontal bar ... participated in all 10 meets ... advanced to the Winter Cup Finals and took 19th in all-around and recorded his season-high on still rings (13.3) and all-around (83.75) ... achieved season-bests on parallel bars (14.9) and horizontal bar (15.00) against Nebraska (2/16) ... captured the pommel horse title at Michigan (3/2) with a season high 13.35 ... took the No. 2 spot on horizontal bar and was third on floor, along with earning his best score of the year on pommel horse (14.9) at the MPSF Championship (4/5) ... shared first place with teammate David Sender on floor exercise (15.65) at the NCAA Qualifying Meet (4/17) ... posted two season-highs at the NCAA Team Finals (4/18), hitting season-bests on floor exercise (15.7) and vault (16.05) ... competed at the 2008 Visa U.S. Championships.

High School: A four-time member of the USA Junior National Team ... competed in the Level 10 division at the 2006 Visa U.S. Championships and placed second in all-around, first on floor exercise and vault, second on horizontal bar, and third on pommel horse.

Personal: Parents are Michael and Kathy Dixon ... major is undeclared.

GETTING TO KNOW JOSH DIXON

The best thing about Stanford is: Its location, the people you are surrounded by, and the opportunities presented to you

Ten years from now I hope to be: A successful businessman or doctor

My favorite class at Stanford: Rhetoric of Display

Something people would be surprised

to know about me: I enjoy cooking

The place I would most like to visit: Dubai

My favorite pre-meet rituals are: Routine Visualization

Stanford Men's Gymnastics will be fun to watch this year because: Our team is very dynamic

My greatest athletic moment was: Earning three All-American honors at NCAA's my freshman year

The athlete I admire most: Li Xiaopeng or Zhang JinJing

The current or former Stanford athlete I most enjoying watching perform: Stanford women's volleyball

Since coming to Stanford, I have learned: To do more and sleep often

Best book I have ever read: Angels and Demons

Favorite food: Japanese; **Least favorite food:** Spam

If I had to cook all of my meals, I'd probably survive on: Udon and tofu

Favorite movie: Miracle or Crash

Favorite TV show: 24

Favorite actor: Denzel Washington

Favorite actress: Jane Fonda, Wanda Sykes, Jessica Alba

My ultimate SportsCenter highlight would be: Seeing a U.S. men's gymnastics team win the Olympics



CAMERON FOREMAN

Class: Freshman
 Events: AA
 Height: 5'8"
 Hometown: Iowa City, Iowa
 High School: City HS



High School: A five-time Junior Olympic (JO) National qualifier ... the 2007 Region IV all-around champion and a JO Nationals all-around finalist ... qualified for the 2007 Visa U.S. Championships ... the 2008 Iowa state champion in all-around, and took second place in the Region IV all-around championship ... a two-time member of the JO Regional Team in 2007 and 2008 ... trained with the Iowa Gym-Nest club with coach Brad Virkler ... twice named the Iowa Gymnast of the Year (2007, 2008) ... at Iowa City High School, was a member of the National Honor Society and the National Science Honor Society ... a member of Iowa Scholars.

Personal: Parents are Blair and Daphne Foreman ... majoring in psychology.

GETTING TO KNOW CAMERON FOREMAN

Nickname: Cam

The best thing about Stanford is: The opportunities

My favorite place on campus is: The grass field outside my dorm

Ten years from now I hope to be: Celebrating the 10-year anniversary of being asked this question

My favorite class at Stanford: Perception

Something people would be surprised to know about me: I didn't get all "A's" in high school

The place I would most like to visit: China

My favorite pre-meet rituals are: Visualization

Stanford Men's Gymnastics will be fun to watch this year because: Outstanding Freshman class

My greatest athletic moment was: Qualifying for USA Championships

The athlete I admire most: Sean Townsend

The current or former Stanford athlete I most enjoying watching perform: David Durante

Since coming to Stanford, I have learned: To appreciate free time

Best book I have ever read: Harry Potter

Favorite food: Mashed Potatoes

Least favorite food: Olives

If I had to cook all of my meals, I'd probably survive on: Frozen Pizza and Salad

Favorite movie: Shawshank Redemption/American History X/The Matrix

Favorite TV show: Scrubs/Smallville

Favorite actor: Edward Norton

Favorite actress: Helena Bonham Carter/Natalie Portman/Emma Watson

My ultimate SportsCenter highlight would be: Contributing to a Stanford NCAA Championships Victory freshman year

My favorite musical group: Atmosphere

The best advice I ever received was: Find your center



TIM GENTRY

Class: Sophomore
 Events: AA
 Height: 5'3"
 Hometown: Plano, Texas
 High School: Canyon Creek Christian Academy



As a Freshman in 2008: Participated in all 10 meets ... tied for first on still rings with a 14.9 at California (1/18) ... advanced to the finals of the Winter Cup (2/9), posting a two-day combined score of 163.7 to finish 20th ... won floor exercise with his season-best of 14.65 and horizontal bar with a 14.65 against Michigan (3/2) ... took first on rings again against Cal with a 15.15 (3/8) ... helped the team to a second place finish at the MPSF Championship (4/5), achieving season-bests on rings (15.5) and parallel bars (14.6) ... launched to his best score on the vault (16.1) at the NCAA Qualifier (4/17) ... competed at the 2008 Visa U.S. Championships.

High School: A three-time national all-around champion ... a member of the U.S. Junior National Team from 2000-2006 ... finished fourth in all-around at the 2006 Pan American Junior Championships in Canada, as well as second in all-around at the 2006 Pacific Alliance Games in Hawaii.

Personal: Parents are Tim and Tammie Gentry ... majoring in aeronautics and astronautics engineering.

GETTING TO KNOW TIM GENTRY

The best thing about Stanford is: The amazing opportunities

My favorite place on campus is: The Co-Ho

My favorite class at Stanford: AA-100

Something people would be surprised to know about me: I play guitar

The place I would most like to visit: Australia

My favorite pre-meet rituals are: Listening to music

Stanford Men's Gymnastics will be fun to watch this year because: We have a very strong team with a lot of potential

My greatest athletic moment was: Hitting my ring routine at the 2008 NCAA championships

The current or former Stanford athlete I most enjoying watching perform: Sho Nakamori

Since coming to Stanford, I have learned: Procrastination does not work

Favorite food: My mother's chili; **Least favorite food:** Cheese

If I had to cook all of my meals, I'd probably survive on: Peanut butter and jelly

Favorite movie: Gladiator/Top Gun; **Favorite TV show:** The Office

Favorite actor: Tom Cruise; **Favorite actress:** Keira Knightley

My ultimate SportsCenter highlight would be: A stuck dismount to clench the NCAA team title

My favorite musical group: Jimi Hendrix

The best advice I ever received was: Follow your heart and believe in the power of your dreams

If I could invite three people to dinner in history, they would be: Chuck Norris and the Wright Brothers



BRYANT HADDEN

Class: Senior
 Events: AA
 Height: 5'7"
 Hometown: Cypress, Texas
 High School: Cypress-Fairbanks HS



As a Junior in 2008: An All-American in still rings ... a first-team College Gymnastics Association (CGA) All-American Scholar Athlete ... participated in all 10 meets ... finished 12th overall at the Winter Cup Challenge (2/9) ... the team's top performer against Nebraska (2/16), taking first on parallel bars (15.2), tying for first on still rings (14.9), and second place with two season-highs on both pommel horse (15.05) and horizontal bar (14.7) ... earned his best all-around score of 87.25 against California (3/8) ... took second on rings (15.7) and posted the best Cardinal performance of the meet, also his season-high, on parallel bars (15.4) at the MPSF Championship (4/5) ... notched season-bests on floor exercise (15.0) at the NCAA Qualifier (4/18) and still rings (15.85) at the NCAA Finals (4/19) ... finished fourth on rings at the NCAA Individual Event Finals ... took 14th in all-around at the 2008 Visa U.S. Championships and had his strongest showing on still rings, in which he tied for seventh place with a combined score of 30.3 (15+15.3).

As a Sophomore in 2007: Posted three scores above 9.0 on floor exercise (9.2), still rings (9.45), and parallel bars (9.1) at the MPSF Championships, helping the Cardinal earn a second-place finish ... recorded a season-best score of 9.7 on still rings at the NCAA Qualifier ... earned a season-best 9.5 on floor exercise at the NCAA Championship, helping Stanford to third place ... posted a season-best of 9.25 on parallel bars and a 9.35 on horizontal bar at the Pacific Coast Classic.

As a Freshman in 2006: Competed on pommel horse, still rings, parallel bars and horizontal bar in his first season ... qualified for the NCAA Individual Event Finals on still rings ... tied for fifth on still rings at the NCAA Qualifier with a score of 9.2 ... helped the Cardinal to a runner-up finish at the MPSF Championships by tying for fifth on still rings with a score of 9.45 and placing seventh on parallel bars with a career-best 9.1 ... posted a career-best 9.65 on still rings against Michigan to finish second ... also earned a season-best 8.55 on the pommel horse against California to open the season.



High School: The 2005 Region III all-around champion ... the 2004 Texas State all-around champion ... a Visa U.S. Championships Qualifier in 2004 ... the 2003 Oklahoma State all-around champion while attending Westmoore HS in Oklahoma City ... finished 10th in the all-around at the Junior Olympic (JO) National Championships, also notching two third-place finishes on pommel horse and still rings ... helped his club team to a runner-up finish at the JO National Championships ... coached by Tom Meadows, Colby Van Cleave, and Mike Dutka.

Personal: Parents are Terry and Gayle Hadden ... majoring in product design.

GETTING TO KNOW BRYANT HADDEN

Nickname: B-Had

The best thing about Stanford is: The people

My favorite place on campus is: My bed

Ten years from now I hope to be: Out of school

My favorite class at Stanford: ME 203

Something people would be surprised to know about me: I don't have six fingers on my right hand, but my hands are the size of a six foot four basketball player.

The place I would most like to visit: My parents lake house

Stanford Men's Gymnastics will be fun to watch this year because: Redemption

My greatest athletic moment was: Competing at USA Championships

The current or former Stanford athlete I most enjoying watching perform: Rico

Since coming to Stanford, I have learned: Way too much to write in this small place, but one is that there are much more important things in life than school and gymnastics

Best book I have ever read: The Bible

Favorite food: My mother's lasagna

Least favorite food: Onions!!!

If I had to cook all of my meals, I'd probably survive on: Frozen pizza

Favorite movie: Anything really

Favorite TV show: Don't really ever watch this thing anymore

The best advice

I ever received

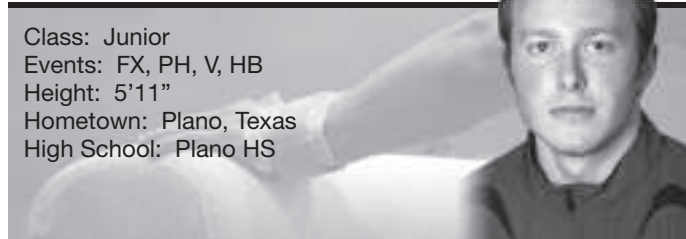
was: "Follow your heart, and believe in the power of your dreams" -Philip

I'd like to switch places for a day with: Nobody really

If I could bring anything from my hometown to Stanford it would be: Thunderstorms



ERIC HERGENRADER



Class: Junior
Events: FX, PH, V, HB
Height: 5'11"
Hometown: Plano, Texas
High School: Plano HS

As a Sophomore in 2008: A second-team College Gymnastics Association (CGA) All-American Scholar Athlete ... competed in three meets and on three apparatuses ... posted his season-high on pommel horse (14.2) against Nebraska (2/16) ... competed on floor exercise, pommel horse, and vault at the Pacific Coast Classic (2/23).

As a Freshman in 2007: Competed on pommel horse and vault in his first season ... posted a career-high score of 8.0 on pommel horse and an 8.25 on vault at the Pacific Coast Classic.

High School: The 2006 Texas State all-around champion ... a four-time Junior Olympic (JO) Nationals all-around finalist ... also a four-time Region III team member ... a four-time USA Gymnastics Academic All-American.

Personal: Parents are Scott and Susan Hergenrader ... majoring in economics.

GETTING TO KNOW ERIC HERGENRADER

Nickname: Herg

The best thing about

Stanford is: The

education

My favorite place

on campus is:

Bookstore Café

Ten years from now

I hope to be: Making

more money than

Hughes

My favorite class

at Stanford:

Introduction to

Financial Economics

Something people

would be surprised to know about me: I can see and hear underwater (but everything is a little hazy)

The place I would most like to visit: London

My favorite pre-meet rituals are: Eating breakfast, lunch, dinner, or just a snack (depending on the time of the meet and how hungry I am)

Stanford Men's Gymnastics will be fun to watch this year because: Goldman isn't in the vault line-up

My greatest athletic moment was: Safely completing a full Magyar

The athlete I admire most: Cesc Fabregas

The current or former Stanford athlete I most enjoying watching perform: Theodore Levitt

Since coming to Stanford, I have learned: Way too much

Best book I have ever read: Outlines of Pyrrhonism

Favorite food: Bacon; **Least favorite food:** Mushrooms

If I had to cook all of my meals, I'd probably survive on: Couscous

Favorite movie: Eternal Sunshine of the Spotless Mind

Favorite TV show: The Office

Favorite actor: Gael Garcia Bernal; **Favorite actress:** Audrey Tatou

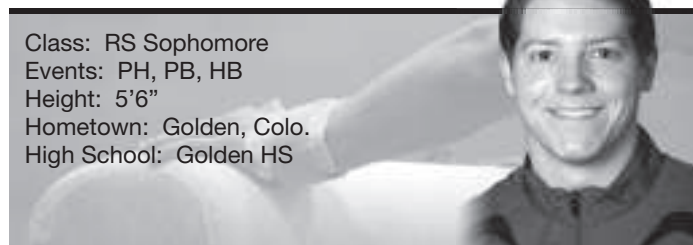
My ultimate SportsCenter highlight would be: Our team winning NAAs.

My favorite musical group: The Strokes / The Flaming Lips

The best advice I ever received was: Treat others with respect.



LUCAS HUGHES



Class: RS Sophomore
 Events: PH, PB, HB
 Height: 5'6"
 Hometown: Golden, Colo.
 High School: Golden HS

As a Sophomore in 2008: Redshirted the season.

As a Freshman in 2007: Competed on the pommel horse, parallel bars and horizontal bar in his first season ... helped the Cardinal to second place at the MPSF Championship with an 8.55 on horizontal bar, an 8.2 on parallel bars, and a 7.85 on pommel horse ... recorded a career high of 8.75 on horizontal bar and an 8.7 on parallel bars at the NCAA Championship.

High School: Finished ninth in all-around in the Level 10 division at the 2005 Visa U.S. Championships, and also finished third on parallel bars, seventh on pommel horse and eighth on floor exercise ... a 2002 Junior National Team member ... trained at 5280 Gymnastics in Denver under Vladimir Artemev.

Personal: Parents are Cliff and Janet Hughes ... majoring in management sciences and engineering.

GETTING TO KNOW LUCAS HUGHES

The best thing about Stanford is: It is beautiful

My favorite place on campus is: The Quad

Ten years from now I hope to be: Alive, successful at what ever I choose to do, and having fun

My favorite class at Stanford: Building the Future with Engineering Materials

Something people would be surprised to know about me: I can juggle and ride a unicycle

The place I would most like to visit: Ireland

My favorite pre-meet rituals are: Mushroom Clap

Stanford Men's Gymnastics will be fun to watch this year because: It's gymnastics

My greatest athletic moment was: Finishing NCAA Finals with two very solid routines

The athlete I admire most: Roger Federer

The current or former Stanford athlete I most enjoying watching perform: Too many greats to choose just one.

Since coming to Stanford, I have learned: That I can stay awake and be productive all night if I drink a Red Bull at 2:00 AM and 6:00 AM

Best book I have ever read: Catch-22

Favorite food: Sushi; **Least favorite food:** Asparagus

If I had to cook all of my meals, I'd probably survive on: Rice, cheese, chicken, milk, tortillas, garlic

Favorite movie: The Royal Tenenbaums

Favorite TV show: Scrubs

Favorite actor: Edward Norton; **Favorite actress:** Helena Bonham Carter

My ultimate SportsCenter highlight would be: Sticking a double-double off high bar

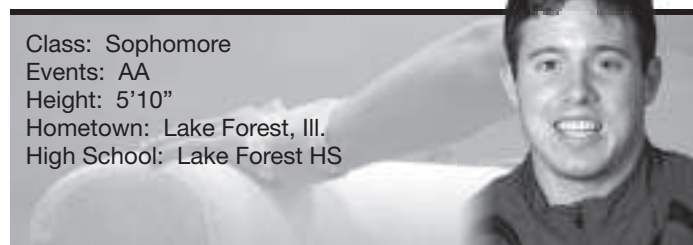
My favorite musical group: Flogging Molly and The Beatles

The best advice I ever received was: Focus on what I am doing at that very moment and don't worry so much about what is to come

If I could invite three people to dinner in history, they would be: Wes Anderson, Richard Branson, Bill Murray



RYAN LIEBERMAN



Class: Sophomore
 Events: AA
 Height: 5'10"
 Hometown: Lake Forest, Ill.
 High School: Lake Forest HS

As a Freshman in 2008: A second-team College Gymnastics Association (CGA) All-American Scholar Athlete ... competed in all 10 meets ... named the MPSF Gymnast of the Week for recording a season best 15.5 in parallel bars to take the event title and boost Stanford over the Michigan (3/2)... also posted his best still rings score the season (15.0) at Michigan ... took first on parallel bars (15.15) against California (1/18) ... finished 14th in all-around at the Winter Classic (2/9) ... earned a season-high on floor exercise (15.0) in his best all-around performance of the year (87.05) against Nebraska (2/16) ... set two season-bests, 13.9 on pommel horse and 15.65 on vault, at the Pacific Coast Classic (2/23) ... finished 17th in all-around at the 2008 Visa U.S. Championships.

High School: Finished fourth in all-around at the 2007 Winter Cup ... earned a sixth-place all-around finish at the 2007 Visa U.S. Championships (Level 10) ... captured the all-around title at the 2006 Pan American Junior Championships, as well as medals on the pommel horse, parallel bar and horizontal bar ... a three-time member of the U.S. Junior National Team ... a three-time USA Gymnastics first-team Academic All-American ... earned a bronze medal on the parallel bars at the 2006 Pacific Alliance Games ... was first at the 2005 USA-Germany Dual Meet ... graduated from Lake Forest High School cum laude and received the Business Education Award.

Personal: Parents are Al and Mary Lieberman ... has two sisters, Katie and Kristen ... majoring in economics ... enjoys making music and playing the drums.

GETTING TO KNOW RYAN LIEBERMAN

Nickname: Bubba

Ten years from now I hope to be: In the business aspect of the music industry

My favorite class at Stanford: Introduction to Accounting

Something people would be surprised to know about me: I love magic.

The place I would most like to visit: Egypt

My favorite pre-meet rituals are: Listening to rap/hip-hop music

Stanford Men's Gymnastics will be fun to watch this year because: Every gymnast has a unique style of gymnastics

My greatest athletic moment was: 1st place all-around at the Junior Pan American Games

The current or former Stanford athlete I most enjoying watching perform: Women's Volleyball

Since coming to Stanford, I have learned: That I don't like cold weather and snow

Best book I have ever read: The Client by John Grisham

Favorite food: Chinese; **Least favorite food:** Mushroom

If I had to cook all of my meals, I'd probably survive on: Eggs

Favorite movie: Rush Hour

Favorite TV show: That 70's Show

Favorite actor: Shia Labeouf; **Favorite actress:** Kristen Bell



JOHN MARTIN

Class: Freshman
 Events: PH, PB, HB
 Height: 6'0"
 Hometown: Gainesville, Fla.
 High School: Trilogy School



High School: Qualified for the Junior Olympic (JO) Nationals seven years in a row, twice making the Regional Team and advancing to the pommel horse finals once ... a four-time USA Gymnastics Academic All-American ... trained with the Sun Country Gymnastics Club with coach Mark Nelson.

Personal: Parents are Tom and Sally Martin ... majoring in biomechanical engineering.

GETTING TO KNOW JOHN MARTIN

Nickname: J the G

The best thing about Stanford is: The cultural diversity

My favorite place on campus is: My dorm (Roble)

Ten years from now I hope to be: Living in Costa Rica and fishing everyday

My favorite class at Stanford: Chemistry

Something people would be surprised to know about me: I

am a licensed alligator trapper

The place I would most like to visit: Tanzania

My favorite pre-meet rituals are: Listening to hard rock

Stanford Men's Gymnastics will be fun to watch this year because: We will dominate

The athlete I admire most: Jason Shen

The current or former Stanford athlete I most enjoying watching perform: Josh Dixon

Since coming to Stanford, I have learned: You can always push yourself harder

Best book I have ever read: Wizard's First Rule

Favorite food: Kung Pao Chicken; **Least favorite food:** Okra

If I had to cook all of my meals, I'd probably survive on: Cereal and Eggo Waffles

Favorite movie: Boondock Saints

Favorite TV show: How I Met Your Mother

Favorite actor: Pierce Brosnan

My favorite musical group: Dierks Bentley

The best advice I ever received was: In twenty years you will be more disappointed with the things you didn't do than the things you did.

If I could invite three people to dinner in history, they would be: Brad Paisley, John McCain, Will Ferrell

I'd like to switch places for a day with: Jordan Jovchev

If I could bring anything from my hometown to Stanford it would be: The Itchnatucky River

If I had one CD to listen to it would be: Modern Day Drifter, Dierks Bentley



ANDREW McINTYRE

Class: RS Sophomore
 Events: PH, PB, HB
 Height: 5'10"
 Hometown: South Hamilton, Mass.
 High School: Hamilton-Wenham HS



As a Sophomore in 2008: Redshirted the season.

As a Freshman in 2007: Competed on pommel horse and horizontal bar ... helped the Cardinal to a second-place MPSF finish with an 8.7 on horizontal bar ... posted an 8.3 on horizontal bar and a 7.6 on pommel horse at the NCAA Championship team final ... earned a career-best score of 8.1 on pommel horse against Nebraska ... also recorded a career high score of 9.1 on horizontal bar against Michigan.

High School: A four-time USA Gymnastics Academic All-American ... a six-time Junior Olympic (JO) Nationals competitor ... named to the Regional Team in 2005 and 2006 ... crowned the 2006 regional horizontal bar champion.

Personal: Parents are Angus and Carol McIntyre ... majoring in product design.

GETTING TO KNOW ANDREW McINTYRE

Nickname: Mac

My favorite place on campus is: My bed

Ten years from now I hope to be: Real cool

My favorite class at Stanford: Mechanical Engineering 203

Something people would be surprised to know about me: I'm an identical twin

The place I would most like to visit: Jeff Hatch's head

My favorite pre-meet rituals are: I have none

Stanford Men's Gymnastics will be fun to watch this year because: We're so good looking

The current or former Stanford athlete I most enjoying watching perform: Sho Nakamori

Since coming to Stanford, I have learned: How to do my homework while I sleep

Best book I have ever read: On The Road by Kerouac

Favorite food: Ben and Jerry's; **Least favorite food:** Tuna

If I had to cook all of my meals, I'd probably survive on: Dry oats

Favorite movie: Woman in the Dunes

Favorite actor: Jim Carrey; **Favorite actress:** Laura Dern

My favorite musical group: The Knife

The best advice I ever received was: Listen

If I could invite three people to dinner in history, they would be: Miles Davis, Federico Fellini, and Prince

I'd like to switch places for a day with: President Obama

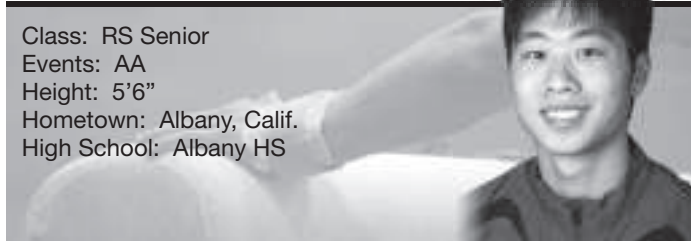
If I could bring anything from my hometown to Stanford it would be: My dog Welly

If I had one CD to listen to it would be: Dirty Mind by Prince



SHO NAKAMORI

Class: RS Senior
 Events: AA
 Height: 5'6"
 Hometown: Albany, Calif.
 High School: Albany HS



As a RS Junior in 2008: An All-American in all-around, pommel horse, and parallel bars ... named to the USA Senior Men's National Team ... a second-team College Gymnastics Association (CGA) All-American Scholar Athlete ... an Academic All-MPSF selection ... competed in six meets ... earned two season-bests at the Stanford Open (1/26) on parallel bars (15.6) and horizontal bar (14.95) ... finished 21st at the Winter Classic (2/9) ... hit two more season-highs at the Pacific Coast Classic (2/23) on floor exercise (15.35) and still rings (15.35) ... turned in his best all-around (90.35) and pommel horse (14.85) performances of the year at the NCAA Qualifier, where he took first in all-around and parallel bars (15.05) ...took third in all-around (90.15) and hit 15.4 on both the still rings and vault for season-bests in the NCAA Final ... took fifth place on parallel bars with a 15.25 at a World Cup event in Slovenia as the only USA Gymnastics representative in the competition ... took 12th place with an 87.6 and tied for seventh on floor with a 15.05 at the 2008 Visa U.S. Championships.

As a Junior in 2007: Redshirted the collegiate season ... selected to the USA Senior National Team after finishing third in the all-around at the 2007 Visa U.S. National Championships ... a member of the 2007 USA World Championship Team.

As a Sophomore in 2006: A two-time All-American ... an MPSF Academic All-Conference selection ... finished second on floor exercise at the NCAA Individual Event Finals with a score of 9.5, as well as seventh in all-around with a total of 53.3 ... helped Stanford to a third-place finish at the NCAA Team Final by finishing fourth on floor exercise (9.45) and posting season-bests of 9.125 on parallel bars for 16th place and 9.4 on horizontal bar for 12th place ... finished first on floor exercise (9.5), pommel horse (9.3) and in all-around (54.025) at the NCAA Qualifier, with season bests on floor and pommel ... posted a season-best 9.2 on still rings at the MPSF Championships to finish ninth, also tying for seventh on floor exercise (9.1) ... earned a season-high 9.1 on vault at the Pacific Coast Classic.

As a Freshman in 2005: Competed at the 2005 Visa U.S. Championships, finishing eighth with a two-day all-around total of 102.325 ... advanced to the NCAA Individual Qualifier in floor exercise and vault ... tallied a 51.9 in all-around during the NCAA Team Qualifying round ... notched a 9.65 on horizontal bar during the first meet of the season versus California ... at Michigan, earned season-bests of 9.55 on parallel bars and 9.3 on vault ...recorded a season-best 9.45 on pommel horse versus Cal en route to a personal best all-around score of 56.05 ... took second place at the MPSF Championships in



floor exercise with a 9.5 ... posted a season-best 9.6 in floor exercise and a 9.45 on horizontal bar during team competition at the MPSF Championships.

High School: A five-time competitor at the Junior Olympic (JO) Nationals (1998-2001, 2003) ... won the JO National all-around title in 2000 and 2001 ... captured seven individual event titles at the JO Nationals from 1999-2001 ... also a four-time competitor at the Visa U.S. Championships, winning the all-around title in 2002 and placing second in 2003 ... also won the vault title in the 2001 Visa U.S. Championships ... experienced in international competition, helping the U.S. to a team title in the 2000 Pan American Junior Championships in Brazil and a third-place finish at the 2003 Pan American Games in the Dominican Republic.

Personal: Parents are Kazuki and Tamae Nakamori ... father Kazuki was also an accomplished gymnast ... has one sister, Arisa ... majoring in international relations and Japanese.

GETTING TO KNOW SHO NAKAMORI

Nickname: Sho-Nuff

The best thing about Stanford is: It's in California

My favorite place on campus is: The Gym

Ten years from now I hope to be: Happy

My favorite class at Stanford: Sleep and Dreams

Stanford Men's Gymnastics will be fun to watch this year because: We are going to do exciting gymnastics

Favorite food: Japanese Food

If I had to cook all of my meals, I'd probably survive on: I'm a pretty good cook, so a lot of things

Favorite movie: Too many to list

My favorite musical group: Too many to list

The best advice I ever received was: It's not over until it's over

If I could bring anything from my hometown to Stanford it would be: Food



JORDAN NOLFF

Class: Freshman
 Events: AA
 Height: 5'5"
 Hometown: Milburn, N.J.
 High School: Milburn HS



High School: A four-time USA Gymnastics first-team Academic All-American ... took fifth in all-around and first on still rings at the 2008 New Jersey State Championships and Regional VII Championships, also taking fourth on pommel horse at Regionals ... at the 2008 Junior Olympic (JO) Nationals, finished 25th in all-around and 12th on rings ... placed third in all-around at the 2007 New Jersey State Championships, 11th in all-around and fourth on pommel horse at Region VII Championships, and took 49th in all-around and was a semifinalist on rings and vault at the JO Nationals ... a Region VII Team member in 2006 and 2008 ... trained with Surgent's Elite Gymnastics Club with coaches Matt Stevenson and Rich Pulsfort ... graduated with honors from Millburn High School ... an AP Scholar ... also competed in track and field, earning three varsity letters as a pole vaulter.

Personal: Parents are Greg and Ellen Nolf ... major is undeclared.

GETTING TO KNOW JORDAN NOLFF

The best thing about

Stanford is: The countless opportunities available to you

My favorite place on campus is: My room

Ten years from now I hope to be: Successful at whatever job I have, and most importantly, happy

My favorite class at Stanford: Econ 1A

The place I would most like to visit: Australia

My favorite pre-meet rituals are: Relaxing and listening to music

Stanford Men's Gymnastics will be fun to watch this year because: The depth and talent we have on the team will make us tough to beat

My greatest athletic moment was: Competing at the 2007 US National Qualifier

The athlete I admire most: Dave Durante

The current or former Stanford athlete I most enjoying watching perform: Sho Nakamori

Since coming to Stanford, I have learned: Three things: procrastinating is not a good idea, sleep is fantastic, and never pass up a free meal

Best book I have ever read: The Great Gatsby

Favorite food: Baby back ribs; **Least favorite food:** Asparagus

If I had to cook all of my meals, I'd probably survive on: Peanut butter sandwich

Favorite movie: Dead Poets Society

Favorite TV show: Scrubs

My ultimate SportsCenter highlight would be: A montage of Stanford Gymnastics winning the next four NCAA championships

My favorite musical group: Foo Fighters

The best advice I ever received was: Hard work will eventually beat out natural talent

If I could invite three people to dinner in history, they would be: Ben Franklin, Steve Jobs, my dad

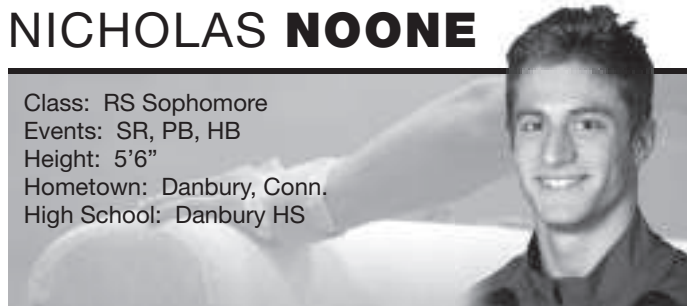
I'd like to switch places for a day with: Hugh Hefner

If I could bring anything from my hometown to Stanford it would be: My family



NICHOLAS NOONE

Class: RS Sophomore
 Events: SR, PB, HB
 Height: 5'6"
 Hometown: Danbury, Conn.
 High School: Danbury HS



As a RS Freshman in 2008: Competed in five meets on still rings and parallel bars ... hit season-highs of 14.7 in both events, achieving the score on still rings against Michigan (3/2) and on parallel bars against Nebraska (2/16).

As a Freshman in 2007: Redshirted the season.

High School: Competed at the 2005 Visa U.S. Championships ... A five-time Connecticut state all-around champion ... captured the 2005 New England all-around championship and finished second all-around in 2006 ... also finished second on the parallel bars at the 2005 Junior Olympic (JO) National Championships, as well as 14th all-around ... captain of his squads during the 2004-05 and 2005-06 seasons ... coached by Vasi Cioana and Robin Artz.

Personal: Parents are John and Barbara Noone ... major is economics, considering studying human biology.

GETTING TO KNOW NICHOLAS NOONE

Nickname: Nick

The best thing about Stanford is: The experience

My favorite place on campus is: 557 Mayfield

Ten years from now I hope to be: Still possessing hair on my head

My favorite class at Stanford: Human Behavioral Biology

Something people would be surprised to know about me: I've never eaten a shrimp

The place I would most like to visit: New Zealand, or the canopy of a tropical rainforest, or perhaps London.

My favorite pre-meet rituals are: Mental visualization, and doing something that makes me laugh

Stanford Men's Gymnastics will be fun to watch this year because: We have tons of unique skills that we're competing

My greatest athletic moment was: National championships my junior year in high school

The current or former Stanford athlete I most enjoying watching perform: Tiger Woods and John McEnroe

Since coming to Stanford, I have learned: Quite a bit

Best book I have ever read: Ender's Game

Favorite food: Stuffed grape leaves

Least favorite food: Green olives

If I had to cook all of my meals, I'd probably survive on: Triple green drink

Favorite TV show: Legends of the Hidden Temple

My favorite musical group: The Shins, Eric Clapton, and a Billy Joel / Elton John duet

The best advice I ever received was: Dream big, and never settle

I'd like to switch places for a day with: Roger Federer at the finals of Wimbledon (I'd need his skills, though).

If I could bring anything from my hometown to Stanford it would be: My sister

If I had one CD to listen to it would be: A really eclectic mix



KYLE OI

Class: Sophomore
 Events: PH, SR, PB
 Height: 5'5"
 Hometown: Coto de Caza, Calif.
 High School: Tesoro HS

As a Freshman in 2008: An All-American on pommel horse ... a second-team College Gymnastics Association (CGA) All-American Scholar Athlete ... competed nine times, primarily on pommel horse and appeared on still rings ... achieved his season best on pommel horse (14.65) at Michigan (3/2) ... finished fourth at the NCAA Individual Event Finals on pommel horse with a 14.6 (4/19).

High School: The 2006 Junior Olympic (JO) national champion on pommel horse ... also finished third on parallel bars, second on pommel horse, and eighth in all-around at the 2006 Visa U.S. National Championships (Level 10) ... a 2005 Visa U.S. Championships qualifier ... selected to the Region I All-Star Team in 2005-2006 ... a JO National Championships qualifier in 2004-2006 ... invited to the 2006 Ricky Deci Honor Training Camp at the U.S. Olympic Training Center in Colorado Springs ... selected to the Superintendent's Honor Roll at Tesoro HS from 2003-2006 ... a CSF Member in 2005-2006 ... earned an AP Scholar with Distinction Award.

Personal: Parents are Seijo and Theresa Escalante-Oi ... has one brother, Dale, and two sisters, Madeline and Allison ... majoring in biology ... enjoys working on computers, playing video games and watching movies.

GETTING TO KNOW KYLE OI

The best thing about Stanford is: The people

Ten years from now I hope to be: Somewhere interesting

My favorite class at Stanford: Latin

My favorite pre-meet rituals are: Eating at Subway... the spicy Italian is amazing

Stanford Men's Gymnastics will be fun to watch this year because: We've got such great talent, diligence, and determination

My greatest athletic moment was: Hitting my first college routine.

The athlete I admire most: Shun Fujimoto

The current or former Stanford athlete I most enjoying watching perform: David Sender

Since coming to Stanford, I have learned: That there is more to life than what we plan.

Best book I have ever read: I'm working on that...

Favorite food: Steak; **Least favorite food:** Strictly vegetarian entrees

If I had to cook all of my meals, I'd probably survive on: Granola bars

My ultimate SportsCenter highlight would be: Stanford dominating at NCAA Championships in 2009

My favorite musical group: The Strokes

The best advice I ever received was: Just do it

If I could invite three people to dinner in history, they would be: G.K. Chesterton, Clarence Thomas, and Augustine of Hippo (after his conversion by Ambrose of Milan)



ABHINAV RAMANI

Class: RS Freshman
 Events: FX, PH, V, PB, HB
 Height: 5'10"
 Hometown: Herndon, Va.
 High School: Westfield HS

As a Freshman in 2008: Redshirted the season.

High School: Took third in all-around, second on vault, second on parallel bars, and third on horizontal bar in Level 10 competition of the 2005 Visa U.S. National Championships ... graduated Summa Cum Laude from Westfield High School.

Personal: Parents are Ramani and Jayashree ... has one sister, Nithya ... majoring in mechanical engineering ... enjoys reading, playing the piano and 3D design.

GETTING TO KNOW ABHINAV RAMANI

Nickname: Abhi

The best thing about Stanford is: The diversity

My favorite place on campus is: Lake Lag on clear night

Ten years from now I hope to be: A Bioengineer

My favorite class at Stanford: Medical Device Innovation

Something people would be surprised to know about me: I have one sibling, 16 years younger!

The place I would most like to visit: Australia

My favorite pre-meet rituals are: Sleep

Stanford Men's Gymnastics will be fun to watch this year because: We have a lot of depth within the team and that is going to make us tough to beat!

My greatest athletic moment was: The athlete I admire most: Hiroyuki Tomita

The current or former Stanford athlete I most enjoying watching perform: Dan Gill

Since coming to Stanford, I have learned:

Best book I have ever read: Deception Point

Favorite food: Any

Least favorite food: Okra

If I had to cook all of my meals, I'd probably survive on: Bagels and Milk

Favorite movie: Rush Hour 2

Favorite TV show: Scrubs/Burn Notice

My ultimate SportsCenter highlight would be: Watching us win NCAAs

My favorite musical group: Dave Mathews / Death Cab

The best advice I ever received was: Nothing is impossible

If I could invite three people to dinner in history, they would be:

I'd like to switch places for a day with: Larry Page and Sergey Brin

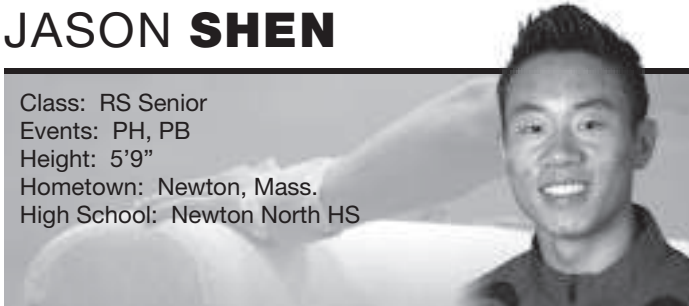
If I could bring anything from my hometown to Stanford it would be: My family

If I had one CD to listen to it would be: "Morning View" by Incubus



JASON SHEN

Class: RS Senior
 Events: PH, PB
 Height: 5'9"
 Hometown: Newton, Mass.
 High School: Newton North HS



As a RS Junior in 2008: A first-team College Gymnastics Association (CGA) All-American Scholar Athlete ... an Academic All-MPSF selection ... competed in six meets on pommel horse, still rings, and parallel bars ... hit his season-best of 14.65 on parallel bars at Michigan (3/2).

As a Junior in 2007: Redshirted the season.

As a Sophomore in 2006: A 2006 MPSF Academic All-Conference selection ... competed on all six apparatuses for the Cardinal ... helped Stanford to a third-place finish at the NCAA Team Final by tying for 19th on horizontal bar with a mark of 9.275 and 12th on the parallel bars with a score of 9.2 ... posted a season high 8.75 on floor exercise at the MPSF Championship, and also finished fifth on the parallel bars with a score of 9.15 ... earned season-highs of 52.3 in all-around as well as a career-high 9.15 on horizontal bar at Michigan ... nabbed a career-best 9.25 on parallel bars at the Pacific Coast Classic ... performed career-bests of 9.25 on vault and 8.8 on still rings at Penn State.

As a Freshman in 2005: Advanced to the NCAA Individual Event Final on pommel horse, earning a score of 9.175 for 18th place ... tallied an all-around score of 52.2 during the NCAA Team Qualifier, including a 9.1 on pommel horse to tie for eighth ... recorded season bests in still rings (8.5), parallel bars (9.025) and horizontal bar (8.9) at the Cardinal Invite ... notched a 9.0 in floor exercise at the Peter Vidmar Invitational ... earned a season-best 9.25 on vault to help the Cardinal beat California at home ... posted a season-best 52.85 in all-around at the MPSF Championships, including 8.95 on floor exercise and pommel horse, as well as 9.1 on vault.

High School: A seven-time Junior Olympic (JO) National competitor and finished fourth in all-around in 2004 ... a three-time competitor in the Junior Visa U.S. Championships (2002-2004), placing ninth in all-around in 2003 and 12th in 2004 ... a three-time Boston Globe Gymnast of the Year (2002-04) ... also earned JO National Academic All-American Honorable Mention accolades ... valedictorian of his class at Newton North High School.

Personal: Parents are Anping Shen and Shixin Mao ... majoring in biological sciences.

GETTING TO KNOW JASON SHEN

Nickname: Shen

The best thing about Stanford is: The opportunities to work with talented people on projects in huge variety of areas

My favorite place on campus is: The new Old Union

Ten years from now I hope to be: Leading an organization that is tackling global challenges with innovative and effective solutions

My favorite class at Stanford: Human Behavioral Biology – learning how neurons and neural networks affect aggression, sexuality and religion in human beings

The place I would most like to visit: Hong Kong and Sub-Saharan Africa



GREG TER-ZAKHARIANTS

Class: RS Junior
 Events: AA
 Height: 5'6"
 Hometown: Campbell, Calif.
 High School: Westmont HS



As a RS Sophomore in 2008: An All-American in floor exercise and pommel horse ... competed in eight meets ... finished first in floor exercise on four occasions, with a 15.65 at the Stanford Open (1/26), a 15.75 against Nebraska (2/16), a 15.5 at Michigan (3/2), and a 15.85 against California (3/8) ... floor exercise score against California (3/8) was a personal and team season-best ... also achieved a personal season-best of 15.95 on vault against Cal ... took third on floor at the NCAA Qualifier (4/17).

As a RS Freshman in 2007: Recorded a season-best score of 9.4 on floor exercise at both the NCAA Qualifier and Final ... also earned a 8.95 on vault at the NCAA Team Finals ... helped Stanford to a second place MPSF finish with a 9.35 on floor exercise and an 8.85 on the vault ... scored a season high 9.0 on vault against Michigan ... posted a season-best 8.65 on the horizontal bar at the Pacific Coast Classic.

As a Freshman in 2006: Redshirted the season.

High School: The 2005 Northern California club champion in all-around ... finished fourth in all-around at the 2005 Junior Olympic (JO) Nationals ... took fourth at the 2004 Visa U.S. Championships (14-15 age division) ... a four-time JO Academic All-American ... trained at the West Coast Gymnastics Academy.

Personal: Parents are Andrey and Tatiana Ter-Zakhariants ... majoring in economics with a minor in international relations.

GETTING TO KNOW GREG TER-ZAKHARIANTS

The best thing about Stanford is: Stanford really is a bubble, from which you can't escape, but in which you can find help with your problems (both school and life), professors that write the textbooks and are the leaders in their fields, and a truly caring community

My favorite place on campus is: The Cactus Garden

Ten years from now I hope to be: A billionaire

My favorite class at Stanford: Political Science 140C

Something people would be surprised to know about me: I'm finally a U.S. citizen

The place I would most like to visit: Timbuktu

My favorite pre-meet rituals are: Eating sugar-covered fat snacks for breakfast

Stanford Men's Gymnastics will be fun to watch this year because: We comprise a (racially) diverse group of nerds with a common goal

My greatest athletic moment was: Earning the All-American status on the pommel horse and floor exercise while not actually being an American

The athlete I admire most: Vitali Scherbo



2008 Team Results

(Record: 28-3)

NCAA Finish: 2nd

MPSF Finish: 2nd

All-American Honors: 15

Schedule and Results

Jan. 12	Windy City Invitational	1st of 7, 354.450 (6-0)
Jan. 18	at California	L, 347.250 - 346.750 (6-1)
Jan. 26	Stanford Open	1st of 3, 361.650 (8-1)
Feb. 7, 9	Winter Cup Challenge	No Team Result
Feb. 16	vs. Nebraska	W, 357.600 - 341.150 (9-1)
Feb. 23	Pacific Coast Classic	1st of 6, 361.650 (14-1)
March 2	at Michigan	W, 361.300 - 361.150 (15-1)
March 8	vs. California	W, 356.150 - 355.650 (16-1)
March 29	Alumni Meet*	360.700*
April 5	MPSF Championship	2nd of 5, 357.200 (19-2)
April 17	NCAA Qualifiers	1st of 6, 363.850 (24-2)
April 18	NCAA Finals	2nd of 6, 362.750 (28-3)
April 19	NCAA Individuals	No Team Result



Meet Scores

Opponent	FX	PH	SR	V	PB	HB	Total
Windy City Invitational (1/12)	60.500	56.700	58.850	63.050	57.700	57.650	354.450
at California (1/18)	58.550	55.250	56.150	61.500	56.400	58.900	346.750
Stanford Open (1/26)	61.350	56.650	59.350	62.900	60.450	60.650	361.350
Winter Cup Challenge (2/7, 9)	--	--	--	--	--	--	--
vs. Nebraska (2/16)	60.650	58.150	58.100	62.250	59.700	58.750	357.600
Pacific Coast Classic (2/23)	61.000	58.350	62.500	62.400	59.100	58.300	361.650
at Michigan (3/2)	61.300	58.000	60.250	63.000	59.350	59.400	361.300
vs. California (3/8)	62.300	56.600	57.050	63.850	58.100	58.250	356.150
Alumni Meet* (3/29)	60.300	58.300	60.850	63.100	58.800	59.400	360.700
MPSF Championship (4/5)	61.900	54.400	60.600	63.400	60.100	56.800	357.200
NCAA Qualifiers (4/17)	61.900	57.350	61.950	64.050	58.950	59.650	363.850
NCAA Finals (4/18)	61.850	57.350	62.050	63.750	58.550	59.200	362.750
NCAA Individuals (4/19)	--	--	--	--	--	--	--

Bold indicates season high score; *denotes competitions not counting towards record

Individual 2008 Season Highs

Floor Exercise: Gregory Ter-Zakhariants – 15.850 (vs. California, March 8)

Pommel Horse: Chris Harper – 15.400 (Pacific Coast Classic)

Still Rings: David Sender – 16.350 (Pacific Coast Classic)

Vault: David Sender – 16.400 (MPSF Championship/Alumni Meet)

Parallel Bars: Sho Nakamori – 15.600 (Stanford Open)

High Bar: David Sender – 15.500 (Stanford Open)

All-Around: David Sender – 90.950 (Stanford Open)

2008 All-Americans

Alex Buscaglia (Horizontal Bar, t-8th)

Dylan Carney (Horizontal Bar, t-6th)

Josh Dixon (Floor Exercise, 7th; Vault, 7th; Horizontal Bar, 3rd)

Bryant Hadden (Still Rings, 4th)

Sho Nakamori (Pommel Horse, 3rd; Parallel Bars, 6th; All-Around, 2nd)

Kyle Oi (Pommel Horse, 4th)

David Sender (Still Rings, 2nd; Vault, 2nd; All-Around, 3rd)

Greg Ter-Zakhariants (Floor Exercise, 4th; Pommel Horse, 8th)



Alex Buscaglia



Bryant Hadden





Year In Review

2008 was an impressive year for the Stanford men's gymnastics team as a squad and as individuals, as well as in and out of the classroom. The Cardinal, which began the season as the nation's top-ranked team, never fell below a No. 3 ranking the entire year, and only suffered one regular-season loss on its way to a second-place finish at the NCAA Finals.

Two members of the squad, David Sender and Sho Nakamori, were named to the U.S. Men's Senior National Team following the 2008 Winter Cup, in which seven Stanford gymnasts advanced to the finals. The Cardinal captured 15 All-American awards, a new school single-season record which was just one shy of an NCAA Record 16 set by Nebraska in 1982. Also, Sender captured his 10th individual All-American honor, putting him second on the all-time list for most individual All-American awards by a Stanford men's gymnast behind Steve Hug's 11.

The Cardinal also persevered in the classroom, led by senior Dylan Carney who was awarded the 2008 Walter-Byers Postgraduate Scholarship, the NCAA's highest postgraduate scholarship award, and was named one of the 2009 NCAA Today's Top VIII, which honors the nation's top eight student-athletes for their athletics success, academic achievement and community service. Carney was also named an ESPN The Magazine/CoSIDA Academic All-American. In addition to Carney's achievements, three athletes were named College Gymnastics Association first-team All-American Scholar Athletes and six were selected to the second team, while six were selected as Academic All-MPSF athletes.

Stanford dispatched 10 teams, some on more than two occasions, during the regular season to rack up 16 wins and three tournament victories; the Windy City Invitational, the Stanford Open, and the Pacific Coast Classic. At the MPSF Championships, the Cardinal took second behind Oklahoma, who it had previously defeated at the Pacific Coast Classic.

Following MPSFs, Stanford had an impressive showing at the NCAA Qualifying meet in which it won the second of two qualifying sessions and recorded its best team score of the year, 363.85. It seemed as if the Cardinal was peaking at the right time heading into the

NCAA Team Finals, but Stanford's bid for the program's fourth national title was dashed as Oklahoma edged the Cardinal by forty-five hundredths of a point in the final rotation to steal the victory.

In the NCAA Individual Event finals, all eight Stanford gymnasts competing finished in the top eight on at least one apparatus, earning All-American awards. Nakamori, Sender, and Josh Dixon each earned three awards, while Carney, Alex Buscaglia, Bryant Hadden, Kyle Oi, and Greg Ter-Zakhariants each achieved one.



David Sender

Eli Alcaraz

Senior * Hacienda Heights, Calif.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	14.300	-	-	15.150	-	-	-
Cal (Jan. 18)	13.550	-	-	15.050	-	-	-
Stanford Open	14.800	-	-	14.950	-	-	-
Winter Cup Prelims	10.900	-	-	15.200	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	14.900	-	-	15.800	-	-	-
Pacific Coast Classic	15.400	-	-	13.700	-	-	-
Michigan	14.600	-	-	15.600	-	-	-
Cal (Mar. 8)	14.300	-	-	15.550	-	-	-
Alumni Meet*	13.400	-	-	-	-	-	-
MPSF	14.900	-	-	15.600	-	-	-
NCAA Qualifiers	-	-	-	-	-	-	-
NCAA Finals	-	-	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

Alex Buscaglia

Freshman * Oak Brook, Ill.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	14.500	-	13.650	15.200	-	14.000	-
Cal (Jan. 18)	15.550	-	12.850	15.750	13.200	14.900	-
Stanford Open	13.900	-	13.800	15.850	-	13.950	-
Winter Cup Prelims	12.350	-	13.200	15.100	12.900	13.850	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	-	14.250	-	-	14.450	-
Pacific Coast Classic	14.800	-	13.150	15.150	-	14.700	-
Michigan	15.300	-	14.700	15.850	-	14.650	-
Cal (Mar. 8)	15.400	-	13.900	15.850	-	14.300	-
Alumni Meet*	-	-	14.200	14.450	-	14.700	-
MPSF	15.100	-	13.750	15.750	-	14.200	-
NCAA Qualifiers	15.050	-	14.300	15.750	-	14.750	-
NCAA Finals	15.300	-	13.150	14.700	-	14.700	-
NCAA Individuals	-	-	-	-	-	14.650	-

Dylan Carney

RS Senior * Dartmouth, Mass.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	14.900	-	-	15.600	-	13.850	-
Cal (Jan. 18)	14.400	-	-	-	-	14.650	-
Stanford Open	--	-	-	-	-	15.450	--
Winter Cup Prelims	14.400	-	-	14.550	-	13.950	-
Winter Cup Finals	14.300	-	-	15.150	-	14.300	-
Nebraska	15.000	-	-	14.300	-	13.650	-
Pacific Coast Classic	15.150	-	-	15.550	-	14.800	-
Michigan	15.350	-	-	15.450	-	15.400	-
Cal (Mar. 8)	15.500	-	-	16.050	-	15.000	-
Alumni Meet*	-	-	-	-	-	-	-
MPSF	-	-	-	-	-	-	-
NCAA Qualifiers	-	-	-	-	-	15.100	-
NCAA Finals	-	-	-	-	-	14.950	-
NCAA Individuals	-	-	-	-	-	14.700	-

Josh Dixon

Freshman * San Jose, Calif.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	15.100	-	-	15.750	13.450	13.450	-
Cal (Jan. 18)	-	-	-	14.300	-	14.800	-
Stanford Open	-	-	-	15.700	14.550	13.450	-
Winter Cup Prelims	14.650	11.750	12.100	15.950	12.600	12.950	80.000
Winter Cup Finals	15.000	12.250	13.300	15.500	14.050	13.650	83.750
Nebraska	14.900	-	-	15.350	14.900	15.000	-
Pacific Coast Classic	15.600	-	-	15.650	13.650	14.450	-
Michigan	15.150	13.350	-	15.850	14.600	14.500	-
Cal (Mar. 8)	15.550	-	-	16.000	14.700	14.200	-
Alumni Meet*	15.350	-	-	15.850	14.700	14.900	-
MPSF	15.600	-	-	15.650	14.900	14.450	-
NCAA Qualifiers	15.650	-	-	16.000	14.050	13.300	-
NCAA Finals	15.700	-	-	16.050	13.150	14.850	-
NCAA Individuals	15.300	-	-	15.675	-	14.800	-

Tim Gentry

Freshman * Plano, Texas

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	14.500	-	13.900	-	-
Cal (Jan. 18)	-	13.000	14.900	15.100	13.500	14.550	-
Stanford Open	-	-	14.700	-	14.300	-	-
Winter Cup Prelims	13.650	11.400	14.850	15.050	13.500	13.900	82.350
Winter Cup Finals	13.050	11.950	15.100	14.800	13.450	13.000	81.350
Nebraska	-	-	14.750	14.600	13.150	14.600	-
Pacific Coast Classic	-	-	15.500	15.300	-	-	-
Michigan	14.650	-	15.350	-	-	14.650	-
Cal (Mar. 8)	-	-	15.150	15.750	-	13.500	-
Alumni Meet*	12.950	-	15.500	15.150	14.550	14.700	-
MPSF	-	-	15.550	15.450	14.600	12.000	-
NCAA Qualifiers	-	-	15.450	16.100	-	-	-
NCAA Finals	-	-	15.300	15.750	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

Bryant Hadden

Junior * Cypress, Texas

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	14.550	14.700	-	14.750	14.200	-
Cal (Jan. 18)	14.550	13.500	14.400	-	13.950	14.400	--
Stanford Open	14.200	14.650	14.500	-	15.050	-	-
Winter Cup Prelims	14.100	13.300	14.150	14.350	14.300	12.600	82.800
Winter Cup Finals	13.300	14.100	14.400	14.300	14.600	14.200	84.900
Nebraska	14.850	15.050	14.900	-	15.200	14.700	-
Pacific Coast Classic	14.600	14.800	15.300	-	14.900	12.250	-
Michigan	-	14.700	15.200	-	14.250	13.950	-
Cal (Mar. 8)	14.700	14.100	14.550	14.250	15.050	14.600	87.250
Alumni Meet*	14.900	14.350	15.100	-	14.550	13.400	--
MPSF	14.900	12.350	15.700	-	15.400	13.750	--
NCAA Qualifiers	15.000	14.100	15.450	-	14.700	13.700	-
NCAA Finals	14.950	13.950	15.850	-	14.700	13.100	-
NCAA Individuals	-	-	15.775	-	-	-	-



Bryant Hadden



Chris Harper

Senior * Plano, Texas

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	-	13.700	-	-	-	-	-
Stanford Open	-	14.300	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	15.150	-	-	14.550	-	-
Pacific Coast Classic	-	15.400	-	-	-	-	-
Michigan	-	15.150	-	-	14.600	-	-
Cal (Mar. 8)	-	15.000	-	-	14.350	-	-
Alumni Meet*	-	14.700	-	-	14.900	-	-
MPSF	-	13.950	-	-	-	-	--
NCAA Qualifiers	-	13.150	-	-	-	-	-
NCAA Finals	-	13.750	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

Eric Hergenrader

Sophomore* Plano, Texas

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	12.950	-	-	-	-	-
Cal (Jan. 18)	-	-	-	-	-	-	-
Stanford Open	-	-	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	14.200	-	-	-	-	-
Pacific Coast Classic	13.850	13.600	-	14.200	-	-	--
Michigan	-	-	-	-	-	-	-
Cal (Mar. 8)	-	-	-	-	-	-	--
Alumni Meet*	14.100	14.000	-	-	-	-	-
MPSF	-	-	-	-	-	-	--
NCAA Qualifiers	-	-	-	-	-	-	-
NCAA Finals	-	-	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-



Eric Hergenrader

Lucas Hughes

Sophomore* Golden, Colo.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	-	-	-	-	-	-	-
Stanford Open	-	-	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	-	-	-	-	-	-
Pacific Coast Classic	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	--
Cal (Mar. 8)	-	-	-	-	-	-	--
Alumni Meet*	-	-	-	-	-	-	--
MPSF	-	-	-	-	-	-	--
NCAA Qualifiers	-	-	-	-	-	-	-
NCAA Finals	-	-	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

Ryan Lieberman

Freshman* Lake Forest, Ill.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	13.500	13.400	15.350	14.300	-	-
Cal (Jan. 18)	14.050	12.850	13.200	14.800	15.150	12.400	82.450
Stanford Open	-	12.700	14.350	-	14.600	14.750	-
Winter Cup Prelims	12.900	11.550	14.200	15.200	14.650	13.550	82.050
Winter Cup Finals	14.300	13.400	13.400	14.950	14.900	12.900	83.850
Nebraska	15.000	13.700	14.200	15.600	14.900	13.650	87.050
Pacific Coast Classic	-	13.900	14.550	15.650	14.550	-	-
Michigan	-	12.150	15.000	15.600	15.500	14.700	-
Cal (Mar. 8)	-	13.500	13.450	-	13.550	14.350	-
Alumni Meet*	-	13.300	14.600	15.450	13.300	15.000	-
MPSF	-	-	14.450	-	13.450	13.400	--
NCAA Qualifiers	-	-	14.800	-	14.350	-	-
NCAA Finals	-	-	14.750	-	13.850	-	-
NCAA Individuals	-	-	-	-	-	-	-

Andrew McIntyre

Sophomore * Hamilton, Mass.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	-	-	-	-	-	-	-
Stanford Open	-	-	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	-	-	-	-	-	-
Pacific Coast Classic	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	--
Cal (Mar. 8)	-	-	-	-	-	-	--
Alumni Meet*	-	-	-	-	-	-	-
MPSF	-	-	-	-	-	-	--
NCAA Qualifiers	-	-	-	-	-	-	-
NCAA Finals	-	-	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

Sho Nakamori

RS Junior *Albany, Calif.

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	15.050	14.200	14.300	-	14.750	14.500	-
Cal (Jan. 18)	-	-	-	-	-	-	-
Stanford Open	15.250	14.350	14.700	14.550	15.600	14.950	89.400
Winter Cup Prelims	-	13.750	14.300	13.050	14.350	13.250	-
Winter Cup Finals	14.900	14.400	14.800	14.950	14.750	13.900	87.700
Nebraska	-	-	-	-	-	-	-
Pacific Coast Classic	15.350	14.250	15.350	-	14.900	14.350	-
Michigan	-	-	-	-	-	-	--
Cal (Mar. 8)	-	-	-	-	-	-	--
Alumni Meet*	-	14.650	15.100	-	-	-	-
MPSF	-	13.000	-	-	-	-	--
NCAA Qualifiers	14.950	14.850	15.350	15.250	15.050	14.900	90.350
NCAA Finals	14.950	14.600	15.400	15.400	15.150	14.650	90.150
NCAA Individuals	-	14.700	-	-	14.625	-	-



Nicholas Noone

*RS Freshman *Danbury, Conn.*

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	-	-	13.600	-	13.800	-	-
Stanford Open	-	-	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	-	14.000	-	14.700	-	-
Pacific Coast Classic	-	-	-	-	13.700	-	-
Michigan	-	-	14.700	-	14.600	-	--
Cal (Mar. 8)	-	-	13.050	-	14.000	-	-
Alumni Meet*	-	-	13.850	-	-	-	-
MPSF	-	-	-	-	-	-	-
NCAA Qualifiers	-	-	-	-	-	-	-
NCAA Finals	-	-	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

Kyle Oi

*Freshman *Coto de Caza, Calif.*

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	14.350	-	-	-	-	-
Cal (Jan. 18)	-	14.200	-	-	-	-	-
Stanford Open	-	13.350	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	13.750	12.950	-	-	-	-
Pacific Coast Classic	-	13.600	-	-	-	-	-
Michigan	-	14.650	13.700	-	-	-	-
Cal (Mar. 8)	-	12.250	12.700	-	-	-	-
Alumni Meet*	-	13.350	13.800	-	-	-	--
MPSF	-	14.050	-	-	-	-	--
NCAA Qualifiers	-	13.950	-	-	-	-	-
NCAA Finals	-	14.450	-	-	-	-	-
NCAA Individuals	-	14.600	-	-	-	-	-

Abhinav Ramani

*Freshman *Herndon, Va.*

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	-	-	-	-	-	-	-
Stanford Open	-	-	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	-	-	-	-	-	-
Pacific Coast Classic	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	--
Cal (Mar. 8)	-	-	-	-	-	-	--
Alumni Meet*	-	-	-	-	-	-	-
MPSF	-	-	-	-	-	-	-
NCAA Qualifiers	-	-	-	-	-	-	-
NCAA Finals	-	-	-	-	-	-	-
NCAA Individuals	-	-	-	-	-	-	-

David Sender

*Senior *Arlington Heights, Ill.*

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	15.450	13.600	15.350	16.350	13.900	14.950	89.600
Cal (Jan. 18)	-	-	-	-	-	-	-
Stanford Open	15.650	13.300	15.450	15.850	15.200	15.500	90.950
Winter Cup Prelims	15.450	13.100	14.500	15.550	14.950	14.250	87.800
Winter Cup Finals	15.500	13.500	14.950	16.100	14.150	13.200	87.400
Nebraska	-	-	-	-	-	-	-
Pacific Coast Classic	-	-	16.350	-	14.750	12.500	-
Michigan	-	-	-	-	-	-	--
Cal (Mar. 8)	-	-	-	-	-	-	--
Alumni Meet*	14.850	13.600	15.150	16.400	13.900	14.800	88.700
MPSF	15.800	12.850	14.900	16.400	15.200	14.400	89.550
NCAA Qualifiers	15.650	12.500	15.700	16.200	14.650	14.900	89.600
NCAA Finals	15.200	12.600	15.500	16.250	14.850	14.700	89.100
NCAA Individuals	-	-	15.775	16.350	-	13.175	-

Jason Shen

*RS Junior *Newton, Mass.*

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	-	13.850	13.250	-	-	-	-
Stanford Open	-	-	-	-	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	-	-	-	-	-	-	--
Pacific Coast Classic	-	9.700	-	-	14.350	-	--
Michigan	-	-	-	-	14.650	-	-
Cal (Mar. 8)	-	13.250	-	-	13.600	-	-
Alumni Meet*	-	13.900	-	-	14.650	-	-
MPSF	-	-	-	-	14.500	-	-
NCAA Qualifiers	-	-	-	-	14.550	-	-
NCAA Finals	-	-	-	-	13.350	-	-
NCAA Individuals	-	-	-	-	-	-	-

Gregory Ter-Zakhariants

*RS Sophomore *Campbell, Calif.*

Opp.	FX	PH	SR	V	PB	HB	AA
Windy City Invit.	-	-	-	-	-	-	-
Cal (Jan. 18)	11.600	-	-	15.600	-	-	-
Stanford Open	15.650	-	-	15.500	-	-	-
Winter Cup Prelims	-	-	-	-	-	-	-
Winter Cup Finals	-	-	-	-	-	-	-
Nebraska	15.750	12.450	-	15.500	-	-	-
Pacific Coast Classic	14.900	12.950	-	15.550	-	-	-
Michigan	15.500	13.500	-	15.700	-	-	-
Cal (Mar. 8)	15.850	14.000	-	15.950	-	-	-
Alumni Meet*	15.150	14.600	-	15.400	-	-	-
MPSF	15.400	13.400	-	15.500	-	-	--
NCAA Qualifiers	15.550	14.450	-	15.500	-	-	-
NCAA Finals	15.650	14.350	-	15.700	-	-	-
NCAA Individuals	15.450	14.325	-	-	-	-	-

*Alumni Meet scores do not count towards GymInfo results and rankings



Gregory Ter-Zakhariants



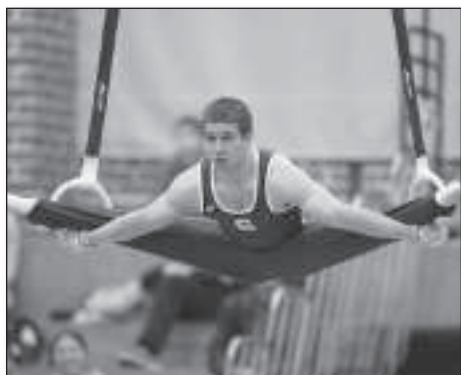
NCAA Championship Seasons (3)

1992
1993
1995

NCAA Individual Champions

(12 individuals, 21 total)

1972 Steve Hug (AA)
1973 Steve Hug (AA, PB)
1974 Steve Hug (AA, PB), Ted Marcy (PH)
1975 Ted Marcy (PH)
1976 Ted Marcy (PH)
1986 Jon Louis (AA)
1992 Jair Lynch (HB)
1993 Jair Lynch (PB)
1994 Mark Booth (FX)
1995 Ian Bachrach (V)
1996 Ian Bachrach (FX), Jamie Ellis (PB)
2002 Marshall Erwin (SR), Dan Gill (V)
2006 David Sender (V), Dylan Carney (HB)
2007 Alex Schorsch (SR), David Sender (V)



2007 still rings NCAA Champion Alex Schorsch

NCAA Championship Top Team Finishes

1st 1992, 1993, 1995
2nd 1994, 2008
3rd 1986, 1996, 2006, 2007
4th 1989
5th 1991
6th 1999, 2002

Conference Championships (4)

1990 (Pac-10)
1992 (Pac-10)
1993 (MPSF)
1995 (MPSF)



Ian Bachrach

NCAA Records

Individual Repeat Championships, τ -2nd
(3 AA from 1972-74 by Steve Hug and 3 PH from 1974-76 by Ted Marcy)

Career Individual Titles, τ -3rd (5 by Steve Hug)

NCAA Championships, τ -7th (3)

NCAA Individual Championships, 10th (21)

NCAA Championships appearances, τ -11th
(20 - 1955-64-84-85-86-87-88-89-91-92-93-94-95-96-97-99-2002-06-07-08)



1970 All-American Steve Rochell

NCAA All-Americans

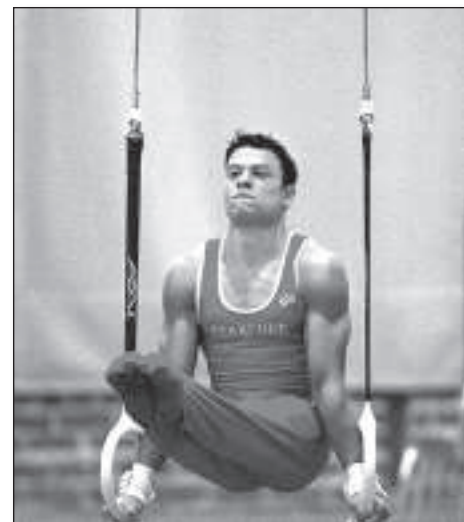
(39 individuals, 122 total)

1964 Al Miyamoto (PH)
1970 Steve Rochell (SR)
1972 Howard Bessen (SR)
Steve Hug (AA, PH, PB, HB)
1973 Steve Hug (AA, V, PB, HB)
Ted Marcy (PH)
1974 Howard Bessen (SR)
Steve Hug** (AA, PB, HB)
Ted Marcy (PH)
1975 Ted Marcy (PH)
1976 Ted Marcy (PH)
1984 Jon Louis (SR)
1985 Jon Louis (AA, PB)
1986 Randy Besosa (HB)
Jon Louis (AA, HB)
1988 Randy Besosa (AA)
Mike Matzek (SR)
Conrad Voorsanger (PB)
1989 Tim Ryan (AA, PB)
Scott Schaeffer (PB)
Conrad Voorsanger (AA, PB)
1990 Jair Lynch (HB)
Conrad Voorsanger (PB)
Charles Loop (HB)
1991 Jair Lynch (AA, PB)
1992 Jair Lynch (AA, FX, PH, PB, HB)
Tim Ryan (AA, PH, SR)
1993 Jair Lynch (FX, PB)
Josh Stein (FX)
Jing Wei Liang (PH)

1994 Ian Bachrach (FX)
Mark Booth (AA, FX, PH)
Josh Stein (AA, PH, V)
Keith Wiley (V)
1995 Ian Bachrach (V)
Jamie Ellis (PB)
Andrew Manson (SR)
Josh Stein (AA, FX, PH, SR)
Keith Wiley (V)
1996 Ian Bachrach (FX, V, HB)
Jamie Ellis (PB)
Jeremy Herman (PH)
Clarence Miao (V)
Keith Wiley (AA)
1997 Scott Finkelstein (PH)
1999 Jason Katsampes (AA, PB)
2001 Marshall Erwin (SR)
Dan Gill (V)
2002 David Durante (HB)
Marshall Erwin (SR)
Dan Gill (V)
2003 Marshall Erwin (SR)
Dan Gill (AA, V)
2004 Peter Derman (SR)
Dan Gill (AA, FX, PH, V, HB)
2006 Dylan Carney (V, HB)
Peter Derman (SR)
Nate Downs (HB)
Sho Nakamori (AA, FX)
Alex Schorsch (SR)
David Sender (AA, SR, V, PB)
2007 Dylan Carney (HB)
Peter Derman (SR)
Chris Harper (PH)
Alex Schorsch
David Sender (AA, SR, V)
2008* Alex Buscaglia (HB)
Dylan Carney (HB)
Josh Dixon (FX, V, HB)
Bryant Hadden (SR)
Sho Nakamori (AA, PH, PB)
Kyle Oi (PH)
David Sender (AA, SR, V)
Greg Ter-Zakharants (FX, PH)

*Denotes team's highest number of All-Americans in one season (8 individuals with 15 awards)

** Steve Hug holds school career record of 11 All-American awards



2002 All-American David Durante





Dan Gill won the Nissen-Emery Award in 2004.

Nissen-Emery Award Winners (3)

- 1974 Steve Hug
- 1995 Josh Stein
- 2004 Dan Gill

Nissen-Emery Award Nominees (16)

- 1974 Steve Hug
- 1976 Ted Marcy
- 1986 Jon Louis
- 1992 Tim Ryan
- 1993 Jair Lynch
- 1994 Mark Booth
- 1995 Josh Stein
- 1996 Peter Braxton Hegi
- 1997 Ian Bachrach, Keith Wiley
- 2000 Jason Katsampes
- 2003 Marshall Erwin
- 2004 Dan Gill
- 2006 Nate Downs
- 2007 Peter Derman
- 2008 David Sender

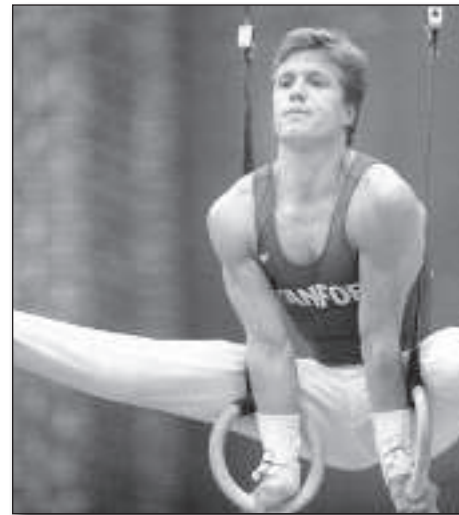


Nate Downs was a Nissen-Emery Award Nominee in 2006.

U.S. National Team Members (15)

- Randy Besosa
- Mark Booth
- Dave Durante
- Jamie Ellis
- Dan Gill
- Steve Hug
- Ryan Lieberman
- Jon Louis
- Jair Lynch
- Sho Nakamori
- Tim Ryan
- David Sender
- Josh Stein
- Conrad Voorsanger
- Keith Wylie

World Team Members (8)



Conrad Voorsanger was a 1989 World Team member.

- 1971 Steve Hug
- 1975 Steve Hug
- 1989 Tim Ryan
- 1989 Conrad Voorsanger
- 1995 Jair Lynch
- 1995 Josh Stein
- 2006 David Sender
- 2006 Dave Durante
- 2007 Dave Durante
- 2007 Sho Nakamori

United States Olympic Team Members (4)

- 1972 Steve Hug
- 1976 Steve Hug
- 1992 Jair Lynch
- 1996 Jair Lynch
- 1996 Josh Stein
- 2008 David Durante (alternate)



Sadao Hamada was named the National Coach of the Year three times.

College Gymnastics Association Honor Coach Award (1)

- 2002 Sadao Hamada

College Gymnastics Association National Coach of the Year (1)

- 1992 Sadao Hamada
- 1993 Sadao Hamada
- 1995 Sadao Hamada

College Gymnastics Association Regional Coach of the Year (2)

- 1986 Sadao Hamada
- 1992 Sadao Hamada
- 1994 Sadao Hamada
- 2006 Thom Glielmi
- 2007 Thom Glielmi

College Gymnastics Association Regional Assistant Coach of the Year (1)

- 2006 J.D. Reive



Head Coach Thom Glielmi was named the Regional Coach of the Year twice.





Bob BOWLSBY

THE JAQUISH & KENNINGER DIRECTOR OF ATHLETICS

One of the most respected and admired athletic administrators in the nation, Bob Bowsby enters his third full year as the Jaquish & Kenninger Director of Athletics at Stanford University, a position he was appointed to on April 25, 2006 after spending 15 years at the helm of the University of Iowa's athletic program. In his initial two years in the position, Stanford has continued its well-earned reputation of fielding the most successful and wide-ranging Division I-A athletic programs in the nation.

As Stanford's sixth athletic director, Bowsby succeeds Ted Leland (1991-2005), Andy Geiger (1979-90), Joe Ruetz (1972-78), Chuck Taylor (1963-71) and Al Masters (1925-63). Bowsby directs a department that includes 35 intercollegiate varsity teams – 15 men's, 19 women's and one coed – plus the physical education department, intramurals, club sports, open recreation and the Stanford Golf Course. The department has an annual budget of approximately \$75 million and a staff of over 225.

"Bob Bowsby represents the best professional and personal values when it comes to student-athletes," said Stanford University Provost John Etchemendy. "He understands that the success of an athletics program is not simply measured in wins and losses, but in the academic achievements and character of the young women and men who work so hard on the field and in the classroom."

Under his administrative guidance, Stanford claimed its unprecedented 14th straight U.S. Sports Academy Directors' Cup last year, emblematic of the top overall program in the country. Sixteen Stanford teams boasted Top 10 finishes, winning national championships in women's cross country and synchronized swimming. In addition, the women's volleyball, women's basketball and men's golf teams enjoyed runner-up NCAA Tournament finishes in their respective sports, while the men's basketball team advanced to the Sweet 16 of the NCAA Tournament. Eight Stanford teams claimed conference championships.

Stanford's student-athletes were also highly-decorated last season. Two players – Foluke Akinradewo (women's volleyball) and Candice Wiggins (women's basketball) – earned national player of the year honors while nine student-athletes earned conference player of the year marks. In addition, three student-athletes – Hilary Barte (women's tennis), Alex Clayton (men's tennis) and Alix Klineman (women's volleyball) – earned national freshmen of the year accolades.

Stanford student-athletes continue to excel in the classroom, as 14 Cardinal student-athletes earned academic All-America status during the 2007-08 season. Six Stanford student-athletes – Neftalem Araia (cross country), Russell Brown (track and field), Rachel Buehler (women's soccer), Tanner Gardner (wrestling), Rob Grube (men's golf) and Arianna Lambie (women's cross country) – were named Pac-10 Scholar Athletes of the Year.

Ten Stanford student-athletes – Araia, Buehler, Dylan Carney (men's gymnastics), Michael Garcia (men's track and field), Gardner, Sandy Hohener (men's water polo), Graeme Hoste (men's track and field), Josh Hustedt (track and field), Lambie and Laura Shane (lacrosse) – were named NCAA Postgraduate Scholars. In addition, Carney was the recipient of the Walter Byers Postgraduate Scholarship, the highest academic honor in intercollegiate athletics.

Bowsby continues to leave his mark in Stanford's coaching circles. Under first-year head coach Jim Harbaugh, the Stanford football team was on of the most improved squads in the Pac-10 Conference last season, as evident of wins over top-ranked (*USA Today*) USC and defending Pac-10 Conference co-champion Cal. Last spring, Bowsby ushered in a new era of Stanford basketball with the hiring of head coach Johnny Dawkins.

Throughout his career, Bowsby has emerged as a national leader in intercollegiate and amateur athletics. He was named in February, 2007, to the United States Olympic Committee Board of Directors.

He has previously served as President of the NCAA Division I-A Athletic Directors' Association (2002-03), Chair of the NCAA Division I Men's Basketball Committee for two years (2003-05) and a committee member for five years, Chair of the Big Ten Administrator's Council (2002-04) and Chair of the NCAA Management Council.

Bowsby was appointed by President George Bush as a member of the Commission on Opportunities in Athletics in 2002-03. The committee was led by U.S. Secretary of Education Rod Paige.

Bowsby was elected chair of the NCAA Olympic Sports Liaison Committee and represented the NCAA as one of two voting members on the United States Olympic Committee Board of Directors. He served as a member of the NCAA/U.S. Olympic Committee Task Force chaired by Cedric Dempsey and George Steinbrenner.

In addition, Bowsby served as chair of the NCAA Wrestling Committee and has served on NCAA committees on Financial Aid and Amateurism, the Special Committee to Review Amateurism Issues and the Special Committee to Review Financial Conditions in Athletics.

Bowsby has also served as an Executive Committee member with both the National Association of Collegiate Directors of Athletics and the Division I-A Athletic Directors Association and served as President of the I-A organization for two years.

The National Association of Collegiate Directors of Athletics (NACDA) named Bowsby in 2001-02 as Central Region Athletic Director of the Year and *Sports Business Journal* selected him from the four regional award winners as the National Athletics Director of the Year. The award highlights the efforts of the athletic directors for their commitment and positive contributions to campuses and their surrounding communities.

As the chief administrator for Iowa's athletic department from 1991-2006, Bowsby earned a reputation as one of the most admired, energetic and ambitious athletic administrators in the nation. Bowsby guided and supervised the merger of the Hawkeye's women's and men's athletics departments while enabling Iowa to maintain its standing as one of the most visible and successful Division I athletic programs.

Under his leadership, Iowa enjoyed unprecedented success and growth in the area of fund raising and facilities. Bowsby and the UI Development staff put in place \$25 million in endowments to help support Hawkeye student-athlete scholarship aid. In addition, he managed the planning and construction of \$120 million in facility projects on campus, including an \$87 million renovation to Kinnick Stadium.

A native of Waterloo, Iowa, Bowsby became Iowa's 10th Athletic Director in June, 1991, after serving in the same role at the University of Northern Iowa since 1984. Bowsby earned his bachelor's degree from Moorhead State University (Minnesota) in 1975 and his master's degree from the University of Iowa in 1978. He and his wife, Candice, have four children: Lisa, Matt, Rachel and Kyle.

Stanford Athletic Directors

Al Masters	1925-63
Chuck Taylor	1963-71
Joe Ruetz	1972-78
Andy Geiger	1979-90
Ted Leland	1991-2005
Bob Bowsby	2006-Present





Stanford University at a Glance

On October 1, 1891, the 465 new students who were on hand for opening day ceremonies at Leland Stanford Junior University greeted Leland and Jane Stanford enthusiastically, with a chant they had made up and rehearsed only that morning. Wah-hoo! Wah-hoo! L-S-J-U! Stanford! Its wild and spirited tone symbolized the excitement of this bold adventure. As a pioneer faculty member recalled, "Hope was in every heart, and the presiding spirit of freedom prompted us to dare greatly."



For the Stanford's on that day, the university was the realization of a dream and a fitting tribute to the memory of their only son, who had died of typhoid fever weeks before his sixteenth birthday. Far from the nation's center of culture and unencumbered by tradition or ivy, the new university drew students from all over the country: many from California; some who followed professors hired from other colleges and universities; and some simply seeking adventure in the West. Though there were many difficulties during the first months – housing was inadequate, microscopes and books were late in arriving from the East – the first year foretold of greatness. As Jane Stanford wrote in the summer of 1892, "Even our fondest hopes have been realized."

Ideas of "Practical Education"

Governor and Mrs. Stanford had come from families of modest means and had built their way up through a life of hard work. So it was natural that their first thoughts were to establish an institution where young men and women could "grapple successfully with the practicalities of life." As their thoughts matured, these ideas of "practical education" enlarged to the concept of producing cultured and useful citizens who were well-prepared for professional success.

Nearly 116 years later, the university still enjoys the original 8,180 acres (almost 13 square miles) of grassy fields, eucalyptus groves, and rolling hills that were the Stanford's generous legacy, as well as the Quadrangle of "long corridors with their stately pillars" at the center of campus. It is still true, as the philosopher William James said, during his stint as a visiting professor, that the climate is "so friendly ... that every morning wakes one fresh for new amounts of work."

Current Perspectives

In other ways, the university has changed tremendously on its way to recognition as one of the world's great universities. At the hub of a vital and diverse Bay Area, Stanford is less than hour's drive south of San Francisco and just a few minutes north of the Silicon Valley, an area dotted with computer and high technology firms largely spawned by the university's faculty and graduates. On campus, students and faculty enjoy new libraries, modern laboratories, tremendous sports and recreation facilities, and comfortable residences. Contemporary sculpture, as well as pieces from the Stanford Museum's extensive collection of sculpture by Auguste Rodin, is placed throughout the campus, providing unexpected pleasures at many turns. At the Stanford Medical Center, world-renowned for its research, teaching, and patient care, scientists and physicians are searching for answers to fundamental questions about health and disease. Ninety miles down the coast, at Stanford's



Hopkins Marine Station on the Monterey Bay, scientists are working to better understand the mechanisms of evolution, human development, and ecological systems.

The university is organized into seven schools: Earth Sciences, Education, Engineering, the Graduate School of Business, Humanities and Sciences, Law and Medicine. In addition, there are more than 30 interdisciplinary centers, programs, and research laboratories – including the Hoover Institution on War, Revolution and Peace; the Institute for International Studies; the Stanford Linear Accelerator Center; and the Stanford Center for the Study of Families, Children and Youth – where faculty from a wide range of fields bring different perspectives to bear on issues and problems. Stanford's Overseas Studies Program offers students in all fields remarkable opportunities for study abroad, with campuses in Australia, Beijing, Berlin, Cape Town, Florence, Kyoto, Madrid, Moscow, Oxford, Paris, and Santiago.

Stanford People



By any measure, Stanford's faculty – which numbers just over 1,800 – is one of the most distinguished in the nation. As of the June of 2007, the faculty included 18 Nobel Laureates, four Pulitzer Prize winners, 24 MacArthur Fellows, 21 recipients of the National Medal of Science, three National Medley of Technology recipients, 228 members of the National Academy of Arts and Sciences, 135 members of the National Academy of Sciences, 83 National Academy of Engineering members, 29 members of the National Academy of Education, seven Wolf Foundation Prize winners, seven winners of the Koret Foundation Prize and three Presidential Medal of Freedom winners. Yet beyond their array of honors, what truly distinguishes Stanford faculty is their commitment to sharing knowledge with their students. The great majority of professors teach undergraduates both in introductory lecture classes and in small advanced seminars.

Currently 14881 students, of which 6689 are undergraduates, live and study on campus. A little more than 40 percent come from California, but all 50 states and approximately 68 countries are represented as well. Among undergraduates, approximately 55 percent are African American, Asian American, International, Mexican American, Native American, Native Hawaiian or Other Hispanic in ethnicity. Like the faculty, the Stanford student body is distinguished. Approximately 10 students apply to Stanford for every place in the freshman class with 89% of



those admitted finishing in the top 10% of their high school class. Ninety-four Stanford students have been named Rhodes Scholars, 74 have been selected Marshall Award winners, and 49 have been chosen Truman Scholars. Nearly 90 percent of graduating seniors plan to attend graduate or professional schools. Stanford students also shine in a tremendous array of activities outside the classroom – from student government to music, theater, and journalism. Through the Haas Center for Public Service, students participate in many community service activities, such as tutoring programs for children in nearby East Palo Alto, the Hunger Project, and the Arbor Free Clinic.

In the athletic arena, Stanford students have enjoyed tremendous success as well. Stanford fields teams in 36 Division I varsity sports (15 men, 20 women, 1 co-ed). Of Stanford's 95 NCAA titles (107 national), 55 have been captured since 1990, by far the most in the nation. Thirty-eight of Stanford's athletes and coaches participated in the 1992 Olympics in Barcelona, 49 competed in Atlanta at the 1996 Games, 34 represented Stanford at the 2000 Games in Sydney, and 43 Stanford



U.S. News and World Report 2008 Top 10 Rankings of National Universities

1. Princeton
2. Harvard
3. Yale
4. **STANFORD**
5. Pennsylvania
Cal Tech
7. Massachusetts Institute of Technology
8. Duke
9. Columbia
Chicago

associates competed at the 2004 Games in Athens. Intramural and club sports are also popular; over 1,000 students take part in the club sports program, while participation in the intramural program has reached 9,000, with many students active in more than one sport.

Looking Ahead

In her address to the Board of Trustees, in 1904, Jane Stanford said, “. . . Let us not be afraid to outgrow old thoughts and ways, and dare to think on new lines as to the future of the work under our care.”

Her thoughts echo in the words of former Stanford President Gerhard Casper, who has said, “The true university must reinvent itself every day. . . At Stanford, these are days of such reconsideration and fresh support for our fundamental tasks – teaching, learning, and research.”



STANFORD'S CHAMPIONS

NCAA championships are commonplace at Stanford University, as Cardinal teams have won national titles at an unprecedented rate, including a national-best 79 since 1980 and 56 since 1990. Stanford has won at least one NCAA championship for 32 consecutive years and has won four national titles in a single season nine times.

Nine different Stanford teams have won at least five national titles, including men's tennis (18), women's tennis (16), men's water polo (11), women's swimming and diving (9), men's swimming and diving (8), men's golf (8), women's volleyball (6), synchronized swimming (6) and women's cross country (5). A total of 19 Stanford teams have won at least one national championship.

Stanford teams have won a total of 109 national championships. In NCAA competition, Cardinal teams have won 95 team titles, including 58 men's championships and an NCAA-best 37 women's titles.

Stanford Championship Facts

Total National Championships:	109
Total NCAA Championships:	95
Men's:	58
Women's:	37
Other National Championships:	14

* Thru 7/1/08

Titles By Sport

* AIAW + Helms ^ ICYRA ! Rissman
• Unofficial title # U.S. Collegiate
Note: NCAA titles unless otherwise noted

Baseball 2

1987 Mark Marquess
1988 Mark Marquess

Men's Basketball 3

1937 John W. Bunn+
1938 John W. Bunn+
1942 Everett Dean

Women's Basketball 2

1990 Tara VanDerveer
1992 Tara VanDerveer

Men's Cross Country 4

1996 Vin Lananna
1997 Vin Lananna
2002 Vin Lananna
2003 Andy Gerard

Women's Cross Country 5

1996 Vin Lananna
2003 Dena Evans
2005 Peter Tegen
2006 Peter Tegen
2007 Peter Tegen

Football 1

1926 Glenn "Pop" Warner!

Men's Golf 8

1938 Eddie Twigg
1939 Eddie Twigg
1941 Eddie Twigg
1942 Eddie Twigg
1946 Eddie Twigg
1953 Eddie Twigg
1994 Wally Goodwin
2007 Conrad Ray

Men's Gymnastics 3

1992 Sadao Hamada
1993 Sadao Hamada
1995 Sadao Hamada

Co-ed Sailing 1

1997^ Steve Bourdow

Men's Swimming & Diving ... 8

1967 Jim Gaughran
1985 Skip Kenney
1986 Skip Kenney
1987 Skip Kenney
1992 Skip Kenney
1993 Skip Kenney
1994 Skip Kenney
1998 Skip Kenney

Synchronized Swimming 6

1998# Vickey Weir
1999# Gail Emory
2005# Heather Olson
2006# Heather Olson
2007# Heather Olson
2008# Heather Olson

Women's Swimming & Diving 9

1980* Claudia Kolb Thomas
1983 George Haines
1989 Richard Quick
1992 Richard Quick
1993 Richard Quick
1994 Richard Quick
1995 Richard Quick
1996 Richard Quick
1998 Richard Quick

Men's Tennis 18

1942• John Lamb
1973 Dick Gould
1974 Dick Gould
1977 Dick Gould
1978 Dick Gould
1980 Dick Gould
1981 Dick Gould
1983 Dick Gould
1986 Dick Gould
1988 Dick Gould
1989 Dick Gould
1990 Dick Gould
1992 Dick Gould
1995 Dick Gould
1996 Dick Gould
1997 Dick Gould
1998 Dick Gould
2000 Dick Gould



Stanford captured the 2007 NCAA men's golf championship.



Stanford's women's tennis program has won five of the last eight NCAA championships.

Women's Tennis 16

1978* Anne Gould
1982 Frank Brennan
1984 Frank Brennan
1986 Frank Brennan
1987 Frank Brennan
1988 Frank Brennan
1989 Frank Brennan
1990 Frank Brennan
1991 Frank Brennan
1997 Frank Brennan
1999 Frank Brennan
2001 Lele Forood
2002 Lele Forood
2004 Lele Forood
2005 Lele Forood
2006 Lele Forood

Men's Track & Field 4

1925 Dink Templeton
1928 Dink Templeton
1934 Dink Templeton
2000 Vin Lananna

Men's Volleyball 1

1997 Ruben Nieves

Women's Volleyball 6

1992 Don Shaw
1994 Don Shaw
1996 Don Shaw
1997 Don Shaw
2001 John Dunning
2004 John Dunning

Men's Water Polo 11

1963• Jim Gaughran
1976 Art Lambert
1978 Dante Dettamanti
1980 Dante Dettamanti
1981 Dante Dettamanti
1985 Dante Dettamanti
1986 Dante Dettamanti
1994 Dante Dettamanti
1995 Dante Dettamanti
2001 Dante Dettamanti
2002 John Vargas

Women's Water Polo 1

2002 John Tanner





U.S. Sports Academy Directors' Cup 2007-08 Final Standings

1. STANFORD	1461.00	14. North Carolina	978.50
2. UCLA	1182.00	15. Florida State	971.50
3. Michigan	1154.50	16. Tennessee	953.75
4. Arizona State	1148.00	17. Virginia	869.00
5. Texas	1129.50	18. Wisconsin	830.50
6. Florida	1126.75	19. Duke	821.00
7. California	1120.00	20. Auburn	761.50
8. Louisiana State	1085.00	21. Notre Dame	760.50
9. Penn State	1041.00	22. Washington	745.25
10. Georgia	1040.00	23. Oklahoma	714.00
11. Ohio State	1034.75	24. Arkansas	697.00
12. Texas A&M	1031.00	25. Alabama	683.00
13. USC	1011.25		

Stanford captured its unprecedented 14th consecutive U.S. Sports Academy Directors' Cup last year, finishing with a total of 1461 points after placing in 21 postseason championships and earning points in the maximum 10 women's sports and nine men's sports. Stanford boasted an impressive 12 top-five finishes, winning a national championship in women's cross country, placing second in women's volleyball, women's basketball, men's gymnastics and men's golf, third in men's and women's swimming, women's gymnastics, women's water polo and fifth in women's indoor track and field and women's tennis. Stanford also finished seventh in men's indoor track, eighth in fencing, ninth in women's soccer, softball and men's basketball, 17th in men's tennis and 19th in men's cross country and wrestling.



Spring

Stanford teams followed up their strong winter performances with an impressive spring, netting 468.00 points. The Stanford women's water polo team placed third at the NCAA Championships while the men's golf team and women's tennis team finished second and fifth, respectively, at their NCAA Championship events. Stanford also placed ninth in women's track and field, 17th in men's tennis and 25th in women's golf.



Winter

Stanford took control of the Directors' Cup standings with a strong showing in the winter, as 10 Cardinal teams accounted for 767 points. Stanford women's basketball team advanced to the championship game of the NCAA Tournament while the Cardinal men's and women's gymnastics team finished second and third, respectively, at the NCAA Championships. Stanford finished third in men's and women's swimming, fifth in women's indoor track and field, seventh in men's indoor track and field, eighth in fencing, ninth in men's basketball and 19th in wrestling.



Fall

Stanford finished fall competition with 315 points, good for third place in the Division I Sports Academy Directors' Cup standings behind California (370) and USC (343). The Cardinal scored points in five of nine fall sports, led by a strong showing by the women's cross country team, which captured its third straight NCAA championship. The women's volleyball team made another appearance in the NCAA title match, while the women's field hockey (9th), women's soccer (NCAA third round) and men's cross country teams (19th NAAs) all enjoyed strong fall showings.

Directors' Cup Overview

The Sports Academy Directors' Cup was developed as a joint effort between the National Collegiate Association of Collegiate Directors of Athletics (NACDA) and the *USA Today* in 1993-94 in an effort to honor universities that strive for success in all of their sports programs. The program was expanded in 1995-96 to include Division II, III and the NAIA. Each institution is awarded points based on an institutions finish in 20 sports – 10 each for men and women.



We Will Teach

- By encouraging our student-athletes to capture all the joy, power and extraordinary personal growth that comes to those who compete and support athletic excellence.
- By hiring and retaining the best coaches and staff members available and arming them with the tools to achieve at the highest level.
- By fostering and nurturing a coaching, physical education and recreation staff that is committed to teaching with integrity & ambition and that performs in a manner which is consistent with the academic priorities of Stanford University.
- By recognizing the need to work as a team while valuing each individual's unique characteristics and abilities.
- By committing ourselves to the personal development and well being of our student-athletes and staff. Those who participate at all levels will learn the benefits of teamwork, discipline, goal setting, physical fitness, healthy lifestyles, character development, self confidence, sportsmanship, and an appreciation for lifelong learning.

We Will Lead

- By being the model of success, of universal opportunity, and of unwavering commitment to the ideal of the scholar-athlete.
- By operating with integrity as we follow the spirit and the letter of each rule. Integrity will be displayed in our policies, performances and programs.
- By continuing our long history of conference and national prominence through a commitment to cutting edge involvement in athletic issues.

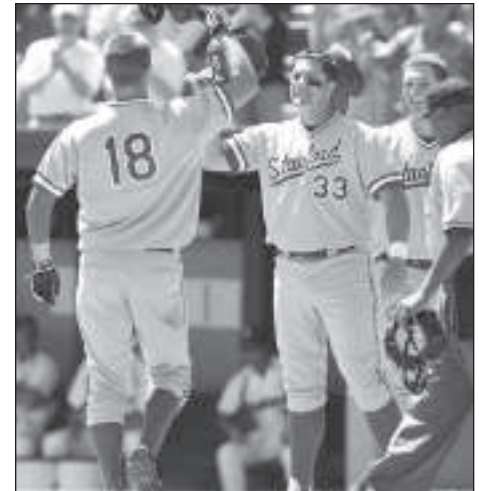


We Will Win

- By maximizing our effort in every competition, on every team and in every setting where skill, determination and hard work combine to achieve singularly successful results.
- By having an uncompromising commitment to Conference and National championships and by providing each student-athlete with the tools necessary to be successful at the highest levels of both academic and athletic performance.
- By creating a commitment to a university-wide wellness culture that will allow Stanford students, faculty and staff to maximize their health and fitness opportunities throughout their lives.

We Will Serve

- By respecting, honoring and responding to the needs of our student-athletes, coaches, colleagues, advocates and members of our larger community.
- By encouraging innovation and creativity. We will harness technology to extend our reach and to interface with our various internal and external constituencies.
- Through fiscal responsibility in all elements of departmental operations.
- By advancing outreach as a fundamental component of the department, we will strive to enhance the overall mission of the University through competitive excellence, effective outreach and an on-going commitment to customer service.
- By utilizing the department resources and physical facilities to serve the campus community, our alumni and our supporters throughout the world.
- By valuing our heritage, and in doing so we commit ourselves to championship caliber athletic achievement and the on-going enhancement of the traditions of Stanford Athletics, including leadership, individual and team achievement & intense pride and loyalty.



Department of Athletics, Physical Education, and Recreation

MISSION STATEMENT

From its founding in 1891, Stanford University's leaders have believed that physical activity is valuable for its own sake and that vigorous exercise is complementary to the educational purposes of the university. Within this context for human development, it is the mission of Stanford's Department of Athletics, Physical Education and Recreation to offer a wide range of high quality programs which will encourage and facilitate all participants to realize opportunities for championship athletic participation, physical fitness, health and well being.

