

Stanford Gymnastics 2005



*2004 3rd place NCAA's
2004 Regional Champions
2004 Pac-10 Champions*



2005 STANFORD WOMEN'S GYMNASTICS

CARDINAL QUICK FACTS

University: Stanford
Location: Stanford, Calif.
Nickname: Cardinal
Colors: Cardinal and White
Founded: 1891
Enrollment: 13, 075 (6,556 undergraduates, 6,519 graduates)
Conference: Pacific-10 Conference
Arena (Capacity): Burnham Pavilion (1,500) and Maples Pavilion (7,400)
Gymnastics SID: William Kiss
Office Phone: (650) 723-4418
Home Phone: (415) 310-5913
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E-mail: wkiss@stanford.edu
Web Site: gostanford.com
2004 Record: 26-5-2
2004 PAC-10 Finish: 1st Place at Pac-10 Championship
2004 Final National Ranking: 3rd (tie)
Head Coach (alma mater): Kristen Smyth (1993, Cal)
Coach's Record at School: 44-11-2
Coach's Overall Record: 44-11-2
Assistant Coaches: Larissa Fontaine, Chris Swircek, Scott Green, Kendall Beck
Letterwinners Returning/Lost: 5/8
All-Americans Returning/Lost: 1/3

2005 CARDINAL ROSTER

NAME	YR	HOMETOWN
Brittany Billmaier	SO	Woodinville, WA
Lauren Elmore	FR	Bloomington, IN
Natalie Foley	JR	Englewood, CO
Stephanie Gentry	FR	Plano, TX
Jessica Louie	JR	Loomis, CA
Alex Pintchouk	FR	Mt. Laurel, NJ
Aimee Precourt	FR	Pasadena, TX
Stacy Sprando	SO	Portland, OR
Glyn Sweets	JR	Reston, VA
Elizabeth Tricase	FR	Itasca, IL
Tabitha Yim	FR	Irvine, CA

2005 CARDINAL SCHEDULE

DATE	EVENT/OPPONENT	LOCATION	TIME
Jan. 14	at Cal (Brown, UC Davis)	Berkeley, CA	7:30 pm
Jan. 21	at Washington	Seattle, WA	7:00 pm
Jan. 28	Oregon State	Stanford, CA	7:30 pm
Feb. 4	at Central Michigan	Mount Pleasant, MI	7:00 pm
Feb. 11	at Arizona	Tucson, AZ	7:30 pm
Feb. 18	UCLA	Stanford, CA	7:30 pm
Feb. 25	Arizona State	Stanford, CA	7:30 pm
Mar. 4	at Utah (Florida, Iowa State)	Salt Lake City, UT	7:00 pm
Mar. 6	Alabama	Stanford, CA	2:00 pm
Mar. 19	at San Jose State (Cal)	San Jose State, CA	7:00 pm
Mar. 26	at Pac-10 Championship	Berkeley, CA	6:00 pm
Apr. 9	at NCAA Reg. Championships	TBA	TBA
Apr. 20	at NCAA Championships	Auburn, AL	TBA

2004 STANFORD RESULTS

DATE	EVENT/OPPONENT	RESULT/SCORE
Jan. 9	Stanford Quadrangular	First (3-0) 196.200
Jan. 18	at Arizona State	L, 195.500-195.825
Jan. 23	Arizona	W, 197.300-194.625
Jan. 30	Washington	W, 197.400-195.475
Feb. 8	at UCLA	L, 196.425-197.975
Feb. 13	at Oklahoma	L, 196.175-196.275
Feb. 20	California	W, 198.875-195.750
Feb. 27	at Oregon State	W, 197.850-197.175
Mar. 6	at Maryland	W, 197.775-197.375
Mar. 20	Pac-10 Championships	(First, 6-0)
	Stanford	197.900
	UCLA	197.875
	Oregon State	197.075
	Arizona	196.775
	Arizona State	196.775
	Washington	196.425
	California	195.625
Apr. 3	North Central Region Championships	(First, 5-0)
	Stanford	196.575
	Iowa	195.725
	Denver	195.500
	Southern Utah	194.375
	Washington	194.225
	Minnesota	192.225
Apr. 17	NCAA Championships Session 2	(Third, 2-2-1)
	1. UCLA	198.125
	2. Georgia	197.200
	3. Stanford	197.125
	Alabama	197.125
	5. Florida	196.800
	6. Utah	195.775

2005 National Preseason Team Coaches Poll

#	TEAM	Pts. (1st)
1.	UCLA	608 (15)
2.	Georgia	565 (3)
3.	Stanford	554 (4)
4.	Alabama	531 (1)
5.	Utah	530 (2)
6.	Florida	510 (1)
7.	Michigan	479
8.	LSU	444
9.	Arizona State	387
10.	Nebraska	386
11.	Oklahoma	352
12.	Oregon State	280
13.	Arizona	264
14.	Iowa State	256
15.	North Carolina	240
16.	Auburn	221
17.	Iowa	196
18.	Brigham Young	178
19.	Penn State	173
20.	Denver	160
21.	Washington	117
22.	Missouri	105
23.	West Virginia	92
24.	Arkansas	90
25.	California	86

All-time perfect 10 performances

Vault

10.000	Natalie Foley	3/20/04
10.000	Kendall Beck	5/7/03

Uneven Bars

10.000	Amy Murakami(2X)	Last-3/26/99
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Balance Beam

10.000	Lise Léveillé	2/20/04
	Lindsay Wing(2X)	Last-1/30/04

Floor Exercise

10.000	Caroline Fluhrer	2/20/04
10.000	Lise Léveillé	2/20/04
10.000	Lindsay Wing	2/20/04
10.000	Larissa Fontaine	2/21/00
10.000	Amy Murakami(2X)	Last-3/26/99
10.000	Sarah Harding	3/26/99
10.000	Tracey Kohl	3/12/99

2005 STANFORD WOMEN'S GYMNASTICS OUTLOOK:

What do you do for an encore following the most successful season in program history, a season in which you placed third at the NCAA Super Six and claimed Pac-10 and Regional titles? If you're Kristen Smyth and the Stanford women's gymnastics program, you simply bring in one of the nation's top recruiting classes, add it to a strong returning group that includes one of the top all-around performers in collegiate gymnastics and continue your push towards the program's first-ever national championship.

The 2005 women's gymnastics team features 11 women that are poised to build on the recent success of the Cardinal squad, and take strides towards shaping Stanford into one of the elite programs in the nation.

"Every year we're trying to build, and improve our reputation on the national scene," said Smyth. "Only four teams have ever won a national championship, so for us to have finished third last year really sent a message that we are a program on the rise. I think that coming in on the heels of last year's performance gives this year's team great confidence."

Picking up where last year's squad left off appears to be a tall order for the 2005 squad. Five key performers graduated from last year's team, with four of them having received All-American honors during their respective careers.

"Kendall Beck, Caroline Fluhrer, Shelly Goldberg, Lise Leveille, and Lindsay Wing led an unbelievably talented group of girls and were unstoppable in terms of what they could accomplish by the end of last season," said Smyth. "The group chemistry was phenomenal and they gelled like no other team I've seen before."

The group formed the nucleus of a team that produced the most outstanding season in Cardinal gymnastics history. The 2004 Stanford squad captured the Pac-10 Conference and the West Regional titles, before hitting 54-of-54 routines at the NCAA National Championship and tying with Alabama for a best-ever third place finish.

"It was the type of season that you dream of having as a coach," added Smyth. "To have that type of performance in just my third year here at Stanford was pretty remarkable."

Despite losing their strong seniors, Smyth and the Cardinal coaching staff are excited about teaming a solid core of returning performers with six phenomenal talents in the incoming freshman class.

"Last season was incredible, but this team is a whole new group," said Smyth. "I am looking forward to seeing how this young team works together and I am anticipating them taking some time to get comfortable performing in a collegiate setting. We also have a couple of key players returning from injuries that should be full strength by March. The skill level that we'll have on the floor this year is higher than it has been in the past, and by championship season we should be stronger than ever."

With no seniors on this season's squad, the junior class will be looked to for leadership on the competition floor. Natalie Foley emerged as a one of the nation's top all-around performers last season, claiming First Team All-American honors in the vault, uneven bars, floor exercise, and the all-around, while notching Second Team recognition on the balance beam. Foley is the reigning Pac-10 all-around champion and has received All-American accolades eight times during her two seasons on The Farm. Glyn Sweets battled injuries throughout much of the 2004 season, but is expected to return to the form that made her an All-American on beam and vault as a freshman. Jessica Louie will share the team captain duties with Foley this season, and will set the tone for the Cardinal on the vault, uneven bars and floor exercise.

"Our three juniors will be the leaders of this team," stated Smyth. "They have competed in a Super Six, and know what it takes to compete at the top level in the country. They know what it takes to get a team to that next level."

2004 High Scores

TEAM HIGHS

Team Score

1. 198.875 - vs. Cal (2/20)
2. 197.900 - at Pac-10 Champ. (3/20)
3. 197.850 - at Oregon State (2/27)

Vault

1. 49.600 - vs. Cal (2/20)
2. 49.525 - at Maryland (3/6)
3. 49.400 - at Pac-10 Champ. (3/20)

Uneven Bars

1. 49.600 - vs. Cal (2/20)
2. 49.500 - at Maryland (3/6)
3. 49.475 - vs. Washington (1/30)
49.475 - at Pac-10 Champ. (3/20)

Balance Beam

1. 49.750 - vs. Cal (2/20)
2. 49.650 - at Pac-10 Champ. (3/20)
3. 49.625 - at Oregon State (2/27)

Floor Exercise

1. 49.925 - vs. Cal (2/20)
2. 49.475 - vs. Arizona (1/23)
49.475 - vs. Washington (1/30)
49.475 - at NCAA Tm. Prelim (4/16)

INDIVIDUAL HIGHS

All-Around

1. Natalie Foley - 39.825 (2/20)
Lindsay Wing - 39.825 (2/20)
3. Natalie Foley - 39.800 (3/20)
4. Natalie Foley - 39.725 (2/27, 4/3)
5. Caroline Fluhner - 39.700 (2/20)

Vault

1. Natalie Foley - 10.000 (3/20)
2. Jessica Louie - 9.975 (3/6)
3. Caroline Fluhner - 9.950 (3/6)
Lise Léveill  - 9.950 (2/20)

Uneven Bars

1. Natalie Foley - 9.975 (2/20)
2. Natalie Foley - 9.950 (2/27, 3/20)
Caroline Fluhner - 9.950 (2/8, 2/20)
Lindsay Wing - 9.950 (1/30, 2/20)

Balance Beam

1. Lise L veill  - 10.000 (2/20)
Lindsay Wing - 10.000 (1/30)
2. Natalie Foley - 9.975 (2/20)
Lindsay Wing - 9.975 (2/20)

Floor Exercise

1. Caroline Fluhner - 10.000 (2/20)
Lise L veill  - 10.000 (2/20)
Lindsay Wing - 10.000 (2/20)

Outlook (cont'd)...

Stacy Sprando and Brittany Billmaier make up the sophomore class and will contribute in several different areas. Sprando saw a large amount of action on beam and bars last year, and will look to add the floor exercise to her repertoire this season. Billmaier missed the 2004 campaign due to injury, but has emerged as a team leader and will contribute on the beam and floor for Coach Smyth.

"Stacy got a lot of experience last year and was a solid competitor for us," said Smyth.

"She's back in even better form and ready to contribute in more events this season.

Brittany is back from an injury and is looking strong. She has great enthusiasm and is an unbelievable leader."

The incoming freshman class has been touted as the top recruiting class in the nation, and each of the six gymnasts will see substantial action in 2005. The class is headlined by Liz Tricase and Tabitha Yim, both participants in the U.S. Olympic trials last summer. Tricase is incredibly explosive and dynamic and will jump right into the Cardinal lineup as an all-around performer, while Yim continues to rebound from injury and will hope to contribute her unique performance style on several events this season. Lauren Elmore, Stephanie Gentry, Alex Pintchouk and Aimee Precourt each bring unique qualities to the 2005 squad and round out this outstanding freshman class. Pintchouk adds outstanding ability as an all-around performer but is especially talented on the floor exercise and balance beam events, while Gentry brings strong artistic ability and a great range of motion to all four events. Precourt is especially strong on the beam and floor exercise, while Elmore is a solid and confident competitor on all four events and is expected to be a strong starter on beam for the Cardinal.

"The six women coming in make up the top recruiting class in the country," said Smyth.

"Each one of them offers something unique and special. This group brings a level of artistry, performance quality, and showmanship that has never been seen at Stanford."

The squad will be challenged throughout the spring, as the Cardinal will face an extremely tough schedule that includes four of last season's Super Six teams. Stanford gymnastics will begin the season on the road against California (January 14) and Washington (January 21), before returning to The Farm for the home opener against Oregon State (January 28). The Cardinal make visits to Central Michigan (February 4) and Arizona (February 11), and continues Pac-10 competition by hosting reigning NCAA Champion UCLA (February 18) at Maples Pavilion. Following a home meet against Arizona State (February 25), the team embarks on its most challenging weekend of the season when it heads to Utah to take on the Utes, Florida, and Iowa State (March 4), before returning home to face Alabama (March 6). The Cardinal travel to San Jose State (March 19) to wrap up the regular season and to prepare for the Pac-10 Championships (March 26) in Berkeley.

"It's the most competitive schedule we've ever had," surmised Smyth. "With our team being so young, the best way for them to get collegiate experience is to compete against the best teams possible. The level of gymnastics that we will see is very high, and the quality of gymnastics at all of our meets will be outstanding."

Stanford's home meets against Oregon State (January 28) and Arizona State (February 25) will be held in Burnham Pavilion, while the home meets against UCLA (February 18) and Alabama (March 6) will be hosted at the newly renovated Maples Pavilion.

"Our goal is to have each of our two meets in Maples draw 5,000 fans," said Smyth. "The student-athletes that we have competing and the level of our opponents make it well worth the price of admission. We've sold out many meets in Burnham Pavilion, and it will be great to continue that level of support for the ladies in Maples."

Vault:

The vault will be one of Stanford's top events in 2005, as the Cardinal return several outstanding performers and have great depth in the event. Coach Smyth's squad already

Cardinal Record Book

NCAA Championship Appearances

7 - Last Appearance: 2004

NCAA Super Six Appearances

2004 3rd place
2002 6th place

NCAA Champions

1998 Larissa Fontaine Vault

NCAA All-Americans

2004 Natalie Foley - AA, V, B, BB, F
Lise Léveill  - AA, V, B, BB, F
Caroline Fluhrer - B, F
Lindsay Wing - AA, B, BB
2003 Natalie Foley - AA, V, B
Caroline Fluhrer - B
Glyn Sweets - V, BB
Lindsay Wing - BB, B
2002 Kendall Beck - V
Lise L veill  - BB, F
Lindsay Wing - BB
2001 Lise L veill  - F
Lindsay Wing - AA, BB
2000 Jennifer Exaltacion - AA, BB
Katy Herbert - BB
1999 Larissa Fontaine - V
Sarah Harding - F
Kristin Jensen - B, F
Amy Murakami - B
1998 Larissa Fontaine - V
1997 Larissa Fontaine - V, B, F
1996 Amy Murakami - AA, BB, F
1992 Jene Elzie - AA
1982 Merilyn Chapman - BB

*AA-All-Around, BB-Balance Beam, B-Uneven Bars, V-Vault,
F-Floor exercise*

TEAM RECORDS

Team Score

1.	198.875	vs. California	2/20/04
2.	197.900	at Pac-10 Champ.	3/20/04
3.	197.850	at Pac-10 Champ.	3/24/01
	197.850	at Oregon State	2/27/04
5.	197.775	at Maryland	3/6/04

Vault

1.	49.600	vs. California	2/20/04
2.	49.525	at Maryland	3/6/04
3.	49.500	at San Jose St.	3/7/03
4.	49.475	at Arizona	2/28/03
5.	49.450	vs. Arizona St.	2/21/03

Uneven Bars

1.	49.725	vs. California	3/26/99
2.	49.600	vs. Oklahoma	3/22/03
	49.600	vs. California	2/20/04
4.	49.550	Twice, last vs. Denver	2/3/02
5.	49.525	vs. UCLA	2/7/03

Balance Beam

1.	49.750	vs. California	2/20/04
2.	49.650	at Pac-10 Champ.	3/20/04
3.	49.625	at Oregon State	2/27/04
4.	49.575	vs. Arizona St.	2/21/03
	49.575	at Pac-10 Champ.	3/24/01

Floor Exercise

1.	49.925	vs. California	2/20/04
2.	49.775	vs. California	3/26/99
3.	49.600	at Pac-10 Champ.	3/24/01
		vs. Oregon St.	3/2/01
5.	49.550	at Pac-10 Champ.	3/29/03

Outlook (cont'd)...

boasts one of the nation's top vaulters in junior Natalie Foley. Foley was tabbed for First Team All-American honors on the vault last season and scored a perfect 10.0 on vault at the Pac-10 Championships on her way to winning the vaulting title. Joining Foley on the vault is freshman Liz Tricase, who has won numerous championships in the event and has the capability of doing several different explosive vaults that start at a 10.0. Junior Glyn Sweets earned All-American honors on the vault following the 2003 season, and will be relied upon to return to the form that made her one of the nation's top vaulters two seasons ago. Junior Jessica Louie will also see time on vault, and freshmen Alex Pintchouk, Lauren Elmore, Stephanie Gentry, and Aimee Precourt will be key performers in the upcoming season's vault lineup.

"We tend to start out slowly on vault because of its physically demanding nature. We make improvements throughout the season and our goal is to peak in April," commented Smyth. "We expect big things from our returning performers, and our freshmen have the potential to be some of the top vaulters in the country."

Uneven Bars:

The uneven bars are expected to be Stanford's strongest event heading into the season. Natalie Foley received First Team All-American accolades in the event last season, and averaged a score of 9.844. Liz Tricase will also be featured on the uneven bars, with a routine that includes several major releases. Foley and Tricase perform two of the most difficult bar routines in collegiate gymnastics, and will be the closers for the Stanford lineup. Stacy Sprando and Jessica Louie were two key starters on the bars last season, and will once again be integral members of the bar team. Glyn Sweets is a top bar worker who saw action in the Super Six last season, and performs a routine with unique staldler work and explosive releases. Among the freshmen, Stephanie Gentry, Lauren Elmore, Alex Pintchouk, and Aimee Precourt will provide depth and should get a wealth of experience on the bars in 2005. Coach Smyth looks to add freshman Tabitha Yim and her outstanding skills to the uneven bars at some point this season, as she continues to rebound from an injury.

"The uneven bars are an event where I feel like we can separate ourselves," stated Smyth. "We have such outstanding athletes with unique qualities on our bar team. It's been a solid event for us in the past, and we expect this year's bar team to be among the best in the country."

Balance Beam:

This season's beam team will have a very different look than last year's squad, as Coach Smyth will have to replace four of the six beam routines from 2004. Natalie Foley will take on a new role as the anchor for the Cardinal on beam this season, building off her strong beam performances in 2004. A Second Team All-American on the beam last season, Foley is a mentally tough competitor that performs a difficult routine and will set the tone for the squad. Glyn Sweets has proven herself as a top beam worker, garnering Second Team All-American honors in the event in 2003 and will be a key member of the Stanford beam team. Stacy Sprando is another returning beam competitor who demonstrated outstanding consistency and saw considerable action as a freshman last season. Alex Pintchouk has the ability to step in and become one of the team's top beam workers immediately, while Liz Tricase has displayed excellent beam skills and features a big dismount in her routine. Lauren Elmore brings great intensity to the event and has shown promise as a potential starter on beam, and Aimee Precourt provides consistency and a solid routine to the beam team. Stephanie Gentry is an extremely elegant beam worker and will also compete for time on the beam along with sophomore Brittany Billmaier, who possesses outstanding skills and has displayed great showmanship on this event. Tabitha Yim is expected to be one of the top beam workers in the country despite being just a freshman. Yim is a 2001 World Championship medalist on beam and is often touted as one of the most beautiful and artistic beam performers in the world.

"We have great potential on beam, with a number of fantastic athletes making up our beam

Outlook (cont'd)...

team,” stated Smyth. “They have the skills and choreography, but it will take a few meets for them to gel together as a group and be the type of aggressive beam team that we’ve grown accustomed to at Stanford. We have been working on this and look to improve throughout the season. The reality in collegiate gymnastics is if you have a mentally tough beam team that hits routines, you win meets.”

Floor Exercise:

The Cardinal coaching staff is enthusiastic about the team’s potential on the floor exercise for the upcoming season. Natalie Foley was tabbed for First Team All-American honors in the floor exercise last season, and brings solid tumbling and performance quality to her routine. Liz Tricase has incredible ranges of motion, and will be a phenomenal talent on the floor. A tremendous dancer and performer, Tricase has the potential to make her mark as an NCAA champion in the floor exercise. Jessica Louie enjoyed an outstanding year on the floor last season and brings a new routine into the 2005 campaign, while Glyn Sweets is a great floor worker that is expected to contribute for the Cardinal. A number of freshmen will also compete for a spot on the floor team this season. Lauren Elmore is an exceptional tumbler, while Alex Pintchouk has displayed outstanding showmanship and Stephanie Gentry is a beautiful dancer that also has the ability to pull off big tumbling passes. Aimee Precourt is also a talented floor worker as is Stacy Sprando and Brittany Billmaier. These three will provide the squad with depth in the floor exercise, with each gymnast capable of standout performances. Coach Smyth hopes to add Tabitha Yim to the lineup by the end of season. Yim is a captivating performer with a unique floor routine and has displayed the talent to compete for an NCAA championship on this event.

“We’re anticipating great things from our floor team this season,” stated Smyth. “This event has the potential to be worth the price of admission on its own. These athletes are outstanding performers combined with explosive tumbling ability and are going to be extremely fun to watch.”

The 2005 Stanford women’s gymnastics season promises to be an exciting one. Cardinal gymnastics fans can look forward to the continued presence of Natalie Foley as one of the nation’s top all-around gymnasts, as well as the return of Glyn Sweets to full health this season. Fans can also look forward to the development of a highly touted freshman class that will be called upon immediately to contribute to the team’s success on the competition floor in 2005. Ultimately, coach Smyth and the Cardinal gymnastics squad will be looking to reach their second straight Super Six, and move a step closer to capturing the program’s first-ever national championship. Having finished in a tie for third place last season, Stanford women’s gymnastics is just a step away.

“This program has come so far in such a short period of time,” said Smyth. “Having broken into the top three last season, I really feel like we’ve turned the corner and are ready to make our mark as a national title contender. We knew we had to prove ourselves, and last year was a step in the right direction. I feel that a championship is no longer a hope or a dream, but a reality. We’re working hard to achieve that goal, and we really feel that we’re getting close.”

Head Coach Kristen Smyth:

Kristen Smyth returns for her fourth year as Stanford women’s gymnastics head coach, following an incredible 2004 campaign that saw her sweep the annual coaching awards, garnering Pac-10, West Region, and NACGC National Coach of the Year honors.

During her time at Stanford, Smyth has quickly turned the Cardinal program into one of the nation’s elite. Smyth came to The Farm in June of 2001 and in her first season, led Stanford to its first-ever NCAA Super Six appearance. She followed that up with another NCAA Championship appearance in 2003, marking the third straight year that the Cardinal advanced to the NCAA Championships. Last season she guided Stanford gymnastics to its fourth straight NCAA Championships, and capped the most successful season in program history by tying for third at the NCAA Super Six Championships.

The 2004 Stanford gymnastics squad put together an amazing campaign, capturing the Pac-10 title as well as a championship at the North Central Regional. The Cardinal garnered 15 All-American awards in 2004, eclipsing the previous season’s program-high of eight. The team also posted a national season-high score with a 198.875 against California on February 20, and set national event season-high scores on floor (49.925) and beam (49.750).

Smyth came to The Farm after previously serving as the associate head coach at Arizona State. Smyth came to Tempe as an assistant coach prior to the 1997 season, and was promoted to associate head coach in 2000. She was named the 1998 Regional Assistant Coach of the Year after helping the Sun Devils to a sixth-place finish at the NCAA Championships. During her tenure, Arizona State advanced to the NCAA Super Six in three of her five seasons.



2005 STANFORD WOMEN'S GYMNASTICS ROSTER

<u>NAME</u>	<u>YR.</u>	<u>HT.</u>	<u>HOMETOWN (HIGH SCHOOL)</u>	<u>CLUB</u>
Brittany Billmaier	So.	5-5	Woodinville, WA (Woodinville)	Gym. East Of Bellevue
Lauren Elmore	Fr.	5-2	Bloomington, IN (Bloomington North)	Wright's Gymnastics
Natalie Foley	Jr.	5-6	Englewood, CO (Cherry Creek)	Colorado Aerials
Stephanie Gentry	Fr.	5-2	Plano, TX (Alpha Omega Academy)	World Olympic Gym.
Jessica Louie	Jr.	5-4	Loomis, CA (Del Oro)	Byer's Gymnastics Center
Alex Pintchouk	Fr.	5-2	Mt. Laurel, NJ (Stuart Country Day)	Will-Moor Gymnastics
Aimee Precourt	Fr.	5-2	Pasadena, TX (Deer Park)	Champions Gymnastics
Stacy Sprando	So.	5-1	Portland, OR (St. Mary's Academy)	Metro Gymnastics
Glyn Sweets	Jr.	5-4	Reston, VA (Magruder)	Hill's Gymnastics
Liz Tricase	Fr.	5-0	Itasca, IL (Lake Park)	Illinois Gymnastics
Tabitha Yim	Fr.	5-2	Irvine, CA (Northwood)	Gliders Gymnastics

Head Coach: Kristen Smyth, (4rd Season)

Assistant Coach: Larissa Fontaine (4th Season) and Chris Swircek (2nd Season)

PRONUNCIATION GUIDE

Brittany Billmaier - Brittany Bill-**MEYER**

Alex Pintchouk - Alex **PIN-CHOOK**

Liz Tricase - Liz **TRIH-KAHS**

THE 2005 STANFORD CARDINAL



Brittany Billmaier
Sophomore, 5-5
Woodinville, WA

As a Freshman in 2004: Redshirted the 2004 season.

Club/High School: Four-time Junior Olympic Nationals competitor ... Earned seven regional gold medals ... Competing for Gymnastics East of Bellevue, she earned a gold medal on balance beam in international competition in Santiago, Chile, in 2002 ... A graduate of Woodinville High, Billmaier was named the 2003 Scholar-Athlete of the Year.

Personal: Born August 2, 1985 in San Jose, CA ... Daughter of Jim and Michelle Billmaier ... Brother Kris is currently an outfielder in the Detroit Tigers' minor league system ... hobbies include shopping and hanging out with friends.

Coach Smyth Says: "Brittany has a great enthusiasm and has emerged as a team leader. She rallies the group and it will be exciting to see her come back and contribute gymnastically."



Brittany Billmaier



Lauren Elmore
Freshman, 5-2
Bloomington, IN

Club/High School: Five-time Level-10 Junior Olympic Nationals competitor ... Junior Olympic National all-around champion in 2003, placing third in the floor exercise and fourth on the beam ... Named Region 5 Junior Olympic Athlete of the Year in 2003 ... Member of the 2003 Region 5 All-Star Team ... Competing for Wright's American Gymnastics, she placed 10th in the all-around at the 2000 Junior Olympic Nationals ... A graduate of Bloomington High School North.

Personal: Born November 1, 1985 in Bloomington, IN ... Daughter of D.G. and Virginia Elmore ... Is the second oldest of six siblings ... Hobbies include reading, hanging out with friends and family, and watching movies ... Undeclared major.

Coach Smyth Says: "Lauren has come in with such an aggressive approach to her gymnastics. She has a fiery and competitive attitude and she's going to be solid in competition for us because of it."



Natalie Foley, All-American
Junior, 5-6
Englewood, CO

As a Sophomore in 2004: Established herself as one of the best all-around performers in the country ... Earned First-Team All-America honors on the vault, bars, floor, and all-around, and Second-Team All-America recognition on the beam ... Scored a 39.400 in the all-around at the NCAA Super Six, including a 9.900 on the vault ... Earned All-Pac-10 in the all-around, uneven bars, and vault ... Tied for first on the vault at the North Central Regional with a 9.900 ... Finished the regular season ranked in the top 25 in the all-around (8th-39.800), bars (T14th-9.920), and the vault (T21st-9.920) ... Captured the all-around title at the Pac-10 Championship with a score of 39.800, becoming the first Stanford gymnast to earn top honors ... Finished in the top 10 in all four events, including tying for first on the vault and bars ... Earned her first career perfect 10 at the Pac-10 Championship to tie for first ... Was selected as a 2004 Pac-10 All-Academic honorable mention performer ... Finished first in the all-around at Stanford's dual meet at Oregon State with a score of 39.725 ... Earned her first career Pac-10 Gymnast of the Week honor for her performance at OSU ... Tied teammate Lindsay Wing for first in the all-around versus Cal with a career-high score of 39.825 ... Her score tied the program high mark in the all-round. Finished first on bars versus the Bears with a career-high tying score of 9.975 and set a new career-high on beam with a 9.975 ... Finished third in the all-around in a dual meet at UCLA with a score of 39.550 ... Finished first on the vault (9.900) and third in the all-around (39.425) in dual meet versus Washington ... Tied teammate Lise Léveillé for top honors in the all-around with a 39.650 in Stanford's dual meet versus Arizona ... Competed in the all-around at Arizona State, finishing second overall with a score of 39.475 ... Finished second in the all-around at the Stanford Quadrangular with a 39.375 ... Scored a 9.900 on the uneven bars, good for second best ... Finished in the top four in all four events at the Stanford Quad.

As a Freshman in 2003: Earned First-Team All-America honors as an all-rounder and earned Second-Team All-America honors on vault and bars ... Competed primarily as an all-rounder ... Earned seventh place in the all-around (39.375), tied for ninth place on vault (9.875), tied for 10th place on bars (9.85), placed in a tie for 14th on beam (9.85) and recorded a 9.80 on floor in the preliminary round of NCAA Championships ... Took second place in the all-around (39.350) tied for first on vault (9.90), placed fifth on beam (9.875), seventh on bars (9.825) and 13th on floor (9.835) at NCAA

Regional Championships ... Earned all-conference honors as an all-arounder ... Matched season-high marks at Pac-10 Championships, tying for fourth on beam (9.925) and fifth on floor (9.95) ... Placed fourth in the all-around with a 39.625 ... Set career-high marks on vault (9.925), floor (9.95) and in the all-around (39.725) at UCLA, placing third on vault, second on bars, fifth on beam, first on floor and first all-around ... Tallied three first-place finishes and two second-place finishes in the all-around, posting scores of 39.00 or better in seven-of-10 meets ... Recorded a 9.90 or better 22 times ... notched a season-high 9.975 on bars at Arizona en route to a first-place finish ... Recorded two first-place finishes on both vault and bars, taking both events at California ... Against Oklahoma, tied for second on vault (9.90) and floor (9.90), tied for third on beam (9.90), tied for fourth on bars (9.90) and won the all-around (39.60) ... Took first on floor (9.90) and placed second in the all-around (39.35) at Maui Invitational ... NACGC Academic All-American.



Natalie Foley

Club/High School: International Elite gymnast ... Earned a spot as an alternate on the bronze medal-winning U.S. World Championship Team ... Extended swing on bars among the best in the country ... 2001 U.S. Classic vault champion ... Member of the 2000 Level 10 national team.



Stephanie Gentry
Freshman, 5-2
Plano, TX

Personal: Born January 1, 1984 ... Daughter of Steve and Cindy Foley ... Father played football at Tulane and spent 12 years playing for the Denver Broncos where he holds the interception record ... Enjoys traveling and hanging out with friends.

Coach Smyth Says: "Natalie's a very physical athlete and her gymnastics is explosive and exciting. One of her main strengths is her work ethic and she is an excellent competitor on all four events."

Foley's 2004 Individual Scores

Meet	Vault	Bars	Beam	Floor	AA
Stanford Quad	9.800	9.900	9.825	9.850	39.375
at Arizona State	9.825	9.900	9.900	9.850	39.475
vs. Arizona	9.925	9.900	9.900	9.925	39.650
vs. Washington	9.900	9.875	9.775	9.875	39.425
at UCLA	9.925	9.875	9.850	9.900	39.550
at Oklahoma	9.850	9.400	9.825	9.100	38.175
vs. California	9.925	9.975	9.975	9.950	38.825
at Oregon State	9.925	9.950	9.900	9.950	39.725
at Maryland	--	9.900	9.900	9.900	--
at Pac-10 Champ.	10.000	9.950	9.925	9.925	39.800
at No. Central Reg.	9.900	9.700	9.300	9.825	38.725
at NCAA Prelims	9.900	9.900	9.750	9.925	39.525
at NCAA Sup. Six	9.900	9.750	9.875	9.875	39.400
Season Average	9.898	9.844	9.823	9.835	39.388

Club/High School: Two-time Junior Olympic Nationals competitor ... A member of the National Team from 2000-2001 ... Competed internationally in France, Ukraine, and Russia ... Finished fourth in the all-around at the 2004 National Podium Meet ... Placed 23rd at the 2003 National Championships ... Sixth in the all-around at the 2002 Golden Lilia Cup in Donetsk, Ukraine ... Placed eighth in the all-around at the 2002 Voronin Cup in Moscow, Russia ... Finished 10th in the all-around at the 2000 National Championships ... Member of first place team at the 2000 Friendship Cup in Saint Etienne, France ... Competed for the World Gymnastics Academy ... Coached by Evgeny Marchenko and Natasha Boyarska ... Attended high school at Spring Creek Academy and Alpha Omega Academy online.

Personal: Born June 23, 1987 in Houston, TX ... Daughter of Tim and Tammie Gentry ... The oldest of three siblings ... Lists competing in the 2002 Voronin Cup in Moscow as her most exciting experience in sports ... Hobbies include swimming, skiing, watching movies, and shopping ... Undeclared major.

Coach Smyth Says: "Stephanie is probably one of the most artistic athletes to have come to Stanford. She has straight lines, a gorgeous range of motion, and is a very unique athlete."



Jessica Louie
Junior, 5-4
Loomis, CA

As a Sophomore in 2004: Competed on the vault, bars, and floor at the NCAA Super Six ... Scored a 9.925 on the vault ... Tied for first on the vault at the North Central Regional with a score of 9.900 ... Finished fifth on bars and tied for eighth on floor at the regional ... Finished first on the vault at Maryland with a career-high 9.975

... Finished second on the vault at Oregon State with a 9.900 ... Set a career-high on floor with a 9.975, while scoring a 9.925 on vault in Stanford's dual meet versus Cal ... Earned a 9.875 on vault at Oklahoma to capture first in that event ... Competed on the vault and in the floor exercise in Stanford's dual meet at UCLA, earning a 9.900 on floor which tied her for the second best score on that event at the meet ... Competed on vault, bars and floor at Arizona State. Posted a 9.650 on bars, the second best score in her collegiate career ... Competed in the all-around for the first time in her collegiate career at the Stanford Quadrangular, placing fifth overall with a score of 38.850 ... Scored a career-high 9.775 on beam.

As a Freshman in 2003: Competed on vault and floor, making eight appearances ... Recorded a 9.775 on floor in the preliminary round of NCAA Championships ... Posted a career-high 9.875 on floor to tie for 17th place at Pac-10 Championships ... Recorded high scores of 9.85 on vault against UCLA and Arizona State, tying for seventh and sixth, respectively ... Tied for third on floor (9.85) and fifth on vault (9.825) at San Jose State ... Placed fifth on vault with a 9.825 against Arizona.

Club/High School: Level-10 gymnast ... Placed third on the vault, second on floor exercise and seventh in the all-around at the 2001 Level-10 Nationals ... An explosive vaulter and tumbler.

Personal: Born September 27, 1984 ... Daughter of Clifford and Mary Louie ... Father was a member of the Cal crew team ... Enjoys reading and talking with friends and family.

Coach Smyth Says: "Jessica is one of our captains this season and is one of the team leaders. She is an aggressive performer and knows how to rise up for competition. She'll emerge as a top performer this year."

Louie's 2004 Individual Scores

Meet	Vault	Bars	Beam	Floor	AA
Stanford Quad	9.625	9.650	9.775	9.800	38.850
at Arizona State	9.475	9.650	--	9.750	--
vs. Arizona	9.775	8.200	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	9.825	--	--	9.900	--
at Oklahoma	9.875	9.750	--	9.825	--
vs. California	9.925	9.825	--	9.975	--
at Oregon State	9.900	9.800	--	9.900	--
at Maryland	9.975	9.850	--	9.850	--
at Pac-10 Champ.	9.675	9.800	--	--	--
at No. Central Reg.	9.900	9.850	--	9.825	38.725
at NCAA Prelims	9.825	9.800	--	9.825	39.525
at NCAA Sup. Six	9.825	9.725	--	9.850	39.400
Season Average	9.808	9.627	9.775	9.850	38.850



Jessica Louie



Alex Pintchouk
Freshman, 5-4
Mt. Laurel, NJ

Club/High School: Two-time Level-10 New Jersey state champion (2003-2004) ... Finished first in the all-around, vault, beam, and floor at the 2003 New Jersey state championships and first in the all-around, floor, and beam in 2004 ... Level-10 Region 7 champion, finishing first in the all-around and beam ... A three-time Level-10 Nationals qualifier ... Established a New Jersey state floor record in 2004 and a state record on the beam in 2003 ... Competed for the Will-Moor School of Gymnastics.

Personal: Born on August 21, 1986 in Minsk, Belarus ... Daughter of Peter and Valentina Pintchouk ... Mother was a member of the Russian national gymnastics team ... Lists competing at the Parkette Invitational as her most exciting experience in sports ... Hobbies include shopping, hanging out with friends, going to the beach, and listening to music ... Undeclared major.

Coach Smyth Says: "Alex can really light it up. She loves to perform, and gets better as the crowds get bigger, which is what you're looking for at the college level. She will become a great all-arounder."



Aimee Precourt
Freshman, 5-2
Pasadena, TX

Club/High School: Two-time Junior Olympic Nationals competitor ... 2004 Level-10 Texas State all-around champion and co-champion on uneven bars ... Finished second in the all-around at the Region 3 championships in both 2003 and 2004 ... Competed for the Champion Gymnastics Academy ... Placed 13th in the all-around at the 2003 Nationals and 17th at the 2004 Nationals ... Finished fourth on the floor exercise

at the 2004 Nationals ... A graduate of Deer Park High School.

Personal: Born December 28, 1985 on Edwards Air Force Base, CA ... Daughter of Charles and Lynne Precourt ... Is the youngest of three sisters ... Hobbies include church activities, reading, and spending time with family and friends ... Father played ice hockey at the Air Force Academy ... Lists qualifying for Nationals for the first time as her most exciting experience in sports ... Considering a major in Human Biology and contemplating a career as an orthopedic surgeon following college.

Coach Smyth Says: "Aimee is going to improve here at Stanford and continue to get better. There are very nice qualities to her work, with floor and beam being her main strengths."



Stacy Sprando
Sophomore, 5-1
Portland, OR

As a Freshman in 2004: Significant contributor as a freshman ... Scored a 9.700 on beam at the NCAA Super Six ... Posted a score of 9.700 on the bars at the NCAA Team Preliminaries ... Earned a 9.700 on the balance beam at the North Central Regional ... Turned in a solid performance on the balance beam at the Pac-10 Championship with a 9.825, tying her second best career score ... Tied for second on the balance beam at Oregon State with a career-high 9.925 ... Earned a career-high 9.900 on bars in Stanford's dual meet versus Cal ... Scored a 9.825 on beam at Oklahoma ... In Stanford's dual meet versus Washington, she earned a 9.825 on beam, tying teammate Glyn Sweets for fifth place ... Posted solid scores of 9.750 and 9.775 on bars and beam versus Arizona ... Competed on bars and beam versus Arizona State, earning a 9.800 on bars in just her second collegiate meet ... Competed on bars and beam at the Stanford Quadrangular, tying for fifth place in both events with scores of 9.800 on bars and a 9.775 on beam.

Club/High School: A former National Elite competitor, Sprando finished first on bars at the 2003 National Championships, while finishing in fifth place in the all-around competition ... Placed second on the floor exercise and on uneven bars at the 2003 regionals ... Placed first on balance beam and in the all-around at the Regional Championships in consecutive years (2002, 2003) ... 2002 State All-Around champion ... Member of Junior National training squad (1999, 2000).

Personal: Daughter of Dave and Teri Sprando ... Majoring in Human Biology ... Hobbies include bike riding, listening to music, doing arts and crafts, watching movies and hanging out with friends.

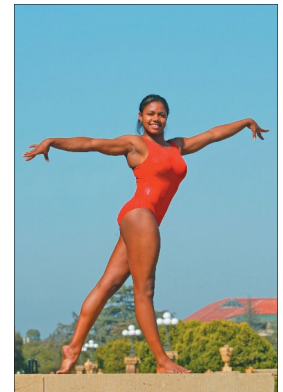
Coach Smyth Says: "Stacy got a lot of action last season and is ready to contribute on more events this year. She worked really hard over the summer and she's looking much improved."

Sprando's 2004 Individual Scores

Meet	Vault	Bars	Beam	Floor	AA
Stanford Quad	--	9.800	9.775	--	--
at Arizona State	--	9.800	9.650	--	--
vs. Arizona	--	9.750	9.775	--	--
vs. Washington	--	9.775	9.825	--	--
at UCLA	--	9.500	--	--	--
at Oklahoma	--	9.800	9.825	--	--
vs. California	--	9.900	9.800	--	--
at Oregon State	--	9.775	9.925	--	--
at Maryland	--	9.825	9.650	--	--
at Pac-10 Champ.	--	9.775	9.825	--	--
at No. Central Reg.	--	9.000	9.700	--	--
at NCAA Prelims	--	9.700	9.400	--	--
at NCAA Sup. Six	--	--	9.700	--	--
Season Average	--	9.700	9.738	--	--



Stacy Sprando



Glyn Sweets



Glyn Sweets, All-American
Sophomore, 5-4
Reston, VA

As a Sophomore in 2004: Battled injuries through much of 2004 season ... Scored a 9.775 on the bars at the NCAA Super Six ... Tied her second highest career score on the vault with a 9.925 in Stanford's dual meet at UCLA ... Participated in the all-around for the first time this season in Stanford's dual meet versus Washington, finishing second on bars (9.925) and tying teammate Stacy Sprando for fifth place on beam (9.825) ... Competed on the vault and beam versus Arizona, posting a season-high 9.825 on beam versus the Wildcats ... Made season debut at the dual meet with Arizona State, registering a 9.750 on vault and a 9.800 on balance beam.

As a Freshman in 2003: Earned Second-Team All-America honors on vault and beam ... Competed primarily on vault, bars and beam ... Competed on bars and tied for ninth place on vault (9.875) in the preliminary round of NCAA Championships ... Tied for third

place on vault (9.875), placed fourth on bars (9.85) and tenth on beam (9.85) at NCAA Regional Championships ... Tied for third with a 9.925 on vault, placed 13th on bars (9.875) and 25th on beam (9.80) at Pac-10 Championships ... Marked career-highs at San Jose State on bars (9.925), floor (9.75) and all-around (39.375) ... Placed second on vault (9.90), first on bars and in the all-around competition against the Spartans ... Placed third on bars (9.925) and second on vault against UCLA with a career-high 9.95 ... Tied for first on vault with a 9.90 against Arizona State ... Placed first on vault against Oklahoma (9.925) ... Won the vault at Maui Invitational with a 9.875 ... Recorded a 9.80 or better in eight-of-nine meets.

Club/High School: 2002 Level-10 Junior Olympic National Champion ... Member of the National Elite Team ... Took fourth place on the balance beam in the Senior International US Championships in 2001 ... Placed fourth in the All-Around at the 1999 Junior International US Championships.

Personal: Born July 12, 1985 ... Daughter of Fred Sweets and Denise Borders ... Hobbies include reading, writing, drawing, listening to music and watching movies.

Coach Smyth Says: "Glyn is one of the top gymnasts in the country, especially on bars, beam, and vault. We're very excited to add her back to the team at full strength after seeing limited action last year."

Sweets' 2004 Individual Scores

Meet	Vault	Bars	Beam	Floor	AA
Stanford Quad	--	--	--	--	--
at Arizona State	9.750	--	9.800	--	--
vs. Arizona	9.550	--	9.825	--	--
vs. Washington	9.800	9.925	9.825	--	--
at UCLA	9.925	9.800	9.275	--	--
at Oklahoma	9.825	9.825	9.850	--	--
vs. California	--	--	--	--	--
at Oregon State	--	--	--	--	--
at Maryland	--	--	--	--	--
at Pac-10 Champ.	--	--	--	--	--
at No. Central Reg.	--	--	--	--	--
at NCAA Prelims	--	--	--	--	--
at NCAA Sup. Six	--	9.775	--	--	--
Season Average	9.770	9.831	9.715	--	--

Personal: Born July 26, 1986 in Elmhurst, IL ... Daughter of Pino and Sheila Tricase ... Has a younger brother named Nick ... Enjoys shopping and watching movies in her free time ... Lists being named USAG Sportsperson of the Year by her peers as her most exciting experience in sports ... Considering a major in Human Biology and contemplating a career in the medical field.

Coach Smyth Says: "Liz has an unbelievable range of motion, and can jump higher than anyone I've ever seen. She is one of the most explosive and dynamic athletes that we've had at Stanford."



Tabitha Yim
Freshman, 5-2
Irvine, CA

Club/High School: Participated in the 2004 Olympic Trials ... Competed for the Charter Oak Gliders club ... Coached by Steve and Beth Rybacki ... Member of Bronze medal team at the 2001 World Championships ... A 2003 graduate of Northwood High School.

Personal: Born November 2, 1985 in Los Angeles, CA ... Daughter of Howard and Inja Yim ... Has an older brother named Jonathan ... Undeclared major.

Coach Smyth Says: "Tabitha is an absolutely stunning gymnast. She's rebounding from an injury, but she will light up the crowd once she's back. She is a world class performer and is very fun to watch."



Liz Tricase
Freshman, 5-0
Itasca, IL

Club/High School: A four-time United States National Team member ... Captured 10th place at the 2004 Olympic Trials and qualified to the Final Olympic Selection Camp ... The 2002 U.S. vault champion ... 2000 Level-10 Junior Olympics National all-around champion ... Three-time USAG Sportsperson of the Year (2002-2004) ... Competed for the Illinois Gymnastics Institute (IGI) ... Coached by Todd Gardiner and Cathy Pineda ... A graduate of Lake Park High School.

2004 STANFORD WOMEN'S GYMNASTICS STATS

(Overall: 26-5; Pac-10: 10-2)

STANFORD TEAM SCORES

Meet	Vault	Bars	Beam	Floor	Overall
Stanford Quad	48.700	49.300	49.050	49.150	196.200
at Arizona St.	48.575	49.075	49.075	48.775	195.500
vs. Arizona	49.225	49.175	49.425	49.475	197.300
vs. Washington	49.100	49.475	49.350	49.475	197.400
at UCLA	49.325	49.225	48.500	49.375	196.425
at Oklahoma	49.100	48.700	49.275	49.100	196.175
vs. California	49.600	49.600	49.750	49.925	198.875
at Oregon State	49.375	49.425	49.625	49.425	197.850
at Maryland	49.525	49.500	49.450	49.300	197.775
at Pac-10 Championship	49.400	49.475	49.650	49.375	197.900
at No. Central Region	49.150	49.150	49.150	49.125	196.575
at NCAA Team Prelims	49.050	49.350	48.975	49.475	196.850
at NCAA Super Six	49.350	49.200	49.250	49.325	197.125
Season Ave.	49.190	49.281	49.271	49.331	197.073

at Oregon State	9.850	9.925	9.925	9.925	39.625
at Maryland	9.950	9.900	9.825	9.925	39.600
at Pac-10 Championship	9.925	9.925	9.950	9.875	39.675
at No. Central Region	9.750	9.875	9.800	9.825	39.250
at NCAA Team Prelims	9.675	9.900	9.750	9.925	39.250
at NCAA Super Six	9.900	9.900	9.800	9.900	39.500
Season Average	9.775	9.865	9.788	9.850	39.311

NATALIE FOLEY, Sophomore

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	9.800	9.900	9.825	9.850	39.375
at Arizona State	9.825	9.900	9.900	9.850	39.475
vs. Arizona	9.925	9.900	9.900	9.925	39.650
vs. Washington	9.900	9.875	9.775	9.875	39.425
at UCLA	9.925	9.875	9.850	9.900	39.550
at Oklahoma	9.850	9.400	9.825	9.100	38.175
vs. California	9.925	9.975	9.975	9.950	39.825
at Oregon State	9.925	9.950	9.900	9.950	39.725
at Maryland	--	9.900	9.900	9.900	--
at Pac-10 Championship	10.000	9.950	9.925	9.925	39.800
at No. Central Region	9.900	9.700	9.300	9.825	39.725
at NCAA Team Prelims	9.900	9.900	9.750	9.925	39.525
at NCAA Super Six	9.900	9.750	9.875	9.875	39.400
Season Average	9.898	9.844	9.823	9.835	39.388

INDIVIDUAL SCORES

KENDALL BECK, Senior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	--	--	--	--
at Arizona State	--	--	--	--	--
vs. Arizona	--	--	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	--	--	9.525	--	--
at Oklahoma	--	--	--	--	--
vs. California	--	--	9.900	--	--
at Oregon State	--	--	9.925	--	--
at Maryland	--	--	9.925	--	--
at Pac-10 Championship	--	--	9.900	--	--
at No. Central Region	--	--	9.825	--	--
at NCAA Team Prelims	--	--	9.750	--	--
at NCAA Super Six	9.650	--	9.775	--	--
Season Average	9.650	--	9.816	--	--

ERIN GEARY, Freshman

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	--	--	--	--
at Arizona St.	--	--	--	--	--
vs. Arizona	--	--	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	--	--	--	--	--
at Oklahoma	--	--	--	--	--
vs. California	--	--	--	--	--
at Oregon State	--	--	--	--	--
at Maryland	--	--	--	--	--
at Pac-10 Championship	--	--	--	--	--
at No. Central Region	--	--	--	--	--
at NCAA Team Prelims	--	--	--	--	--
at NCAA Super Six	--	--	--	--	--
Season Average	--	--	--	--	--

BRITTANY BILLMAIER, Freshman

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	--	--	--	--
at Arizona St.	--	--	--	--	--
vs. Arizona	--	--	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	--	--	--	--	--
at Oklahoma	--	--	--	--	--
vs. California	--	--	--	--	--
at Oregon State	--	--	--	--	--
at Maryland	--	--	--	--	--
at Pac-10 Championship	--	--	--	--	--
at No. Central Region	--	--	--	--	--
at NCAA Team Prelims	--	--	--	--	--
at NCAA Super Six	--	--	--	--	--
Season Average	--	--	--	--	--

SHELLY GOLDBERG, Senior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	9.800	--	--	9.275	--
at Arizona State	9.650	--	--	9.650	--
vs. Arizona	9.775	--	--	9.775	--
vs. Washington	9.700	--	--	9.800	--
at UCLA	9.875	--	--	9.825	--
at Oklahoma	9.750	--	--	9.750	--
vs. California	9.900	--	--	9.950	--
at Oregon State	9.825	--	--	9.800	--
at Maryland	9.900	--	--	9.800	--
at Pac-10 Championship	9.900	--	--	9.850	--
at No. Central Region	9.750	--	--	9.725	--
at NCAA Team Prelims	9.725	--	--	9.850	--
at NCAA Super Six	9.700	--	--	9.800	--
Season Average	9.788	--	--	9.758	--

MANDY DELGADO, Junior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	--	--	--	--
at Arizona St.	--	--	--	--	--
vs. Arizona	--	--	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	--	--	--	--	--
at Oklahoma	--	--	--	--	--
vs. California	--	--	--	--	--
at Oregon State	--	--	--	--	--
at Maryland	--	--	--	--	--
at Pac-10 Championship	--	--	--	--	--
at No. Central Region	--	--	--	--	--
at NCAA Team Prelims	--	--	--	--	--
at NCAA Super Six	--	--	--	--	--
Season Average	--	--	--	--	--

LISE LÉVEILLÉ, Senior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	9.850	9.825	9.825	9.925	39.425
at Arizona State	9.825	8.600	9.775	9.925	38.125
vs. Arizona	9.900	9.875	9.925	9.950	39.650
vs. Washington	9.875	9.875	9.425	9.950	39.125
at UCLA	9.775	9.800	9.925	9.900	39.400
at Oklahoma	--	--	9.875	9.825	--
vs. California	9.950	9.475	10.000	10.000	39.425
at Oregon State	9.875	9.875	9.925	--	--
at Maryland	9.925	9.925	9.900	--	--
at Pac-10 Championship	9.900	9.925	9.925	9.875	39.625
at No. Central Region	9.850	9.825	9.900	9.850	39.425
at NCAA Team Prelims	9.875	9.875	9.825	9.900	39.475
at NCAA Super Six	9.925	9.875	9.875	9.900	39.475
Season Average	9.877	9.729	9.854	9.909	39.325

CAROLINE FLUHRER, Senior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	9.275	9.925	9.725	9.775	38.700
at Arizona State	--	9.925	9.750	9.375	--
vs. Arizona	--	9.825	9.825	9.950	--
vs. Washington	9.825	9.850	9.925	9.950	39.550
at UCLA	9.725	9.950	9.250	9.750	38.675
at Oklahoma	9.800	9.400	9.825	9.875	38.900
vs. California	9.850	9.950	9.900	10.000	39.700

JESSICA LOUIE, Sophomore

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	9.625	9.650	9.775	9.800	38.850

at Arizona State	9.475	9.650	--	9.750	--
vs. Arizona	9.775	8.200	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	9.825	--	--	9.900	--
at Oklahoma	9.875	9.750	--	9.825	--
vs. California	9.925	9.825	--	9.975	--
at Oregon State	9.900	9.800	--	9.900	--
at Maryland	9.975	9.850	--	9.850	--
at Pac-10 Championship	9.675	9.800	--	--	--
at No. Central Region	9.900	9.850	--	9.825	--
at NCAA Team Prelims	9.825	9.800	--	9.825	--
at NCAA Super Six	9.925	9.725	--	9.850	--
Season Average	9.808	9.627	9.775	9.850	38.850

MARLA RANIERI, Junior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	--	--	--	--
at Arizona St.	--	--	--	--	--
vs. Arizona	--	--	--	--	--
vs. Washington	--	--	--	--	--
at UCLA	--	--	--	--	--
at Oklahoma	--	--	--	--	--
vs. California	--	--	--	--	--
at Oregon State	--	--	--	--	--
at Maryland	--	--	--	--	--
at Pac-10 Championship	--	--	--	--	--
at No. Central Region	--	--	--	--	--
at NCAA Team Prelims	--	--	--	--	--
at NCAA Super Six	--	--	--	--	--
Season Average	--	--	--	--	--

STACY SPRANDO, Freshman

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	9.800	9.775	--	--
at Arizona State	--	9.800	9.650	--	--
vs. Arizona	--	9.750	9.775	--	--
vs. Washington	--	9.775	9.825	--	--
at UCLA	--	9.500	--	--	--
at Oklahoma	--	9.800	9.825	--	--
vs. California	--	9.900	9.800	--	--
at Oregon State	--	9.775	9.925	--	--
at Maryland	--	9.825	9.650	--	--
at Pac-10 Championship	--	9.775	9.825	--	--
at No. Central Region	--	9.000	9.700	--	--
at NCAA Team Prelims	--	9.700	9.400	--	--
at NCAA Super Six	--	--	9.700	--	--
Season Average	--	9.770	9.738	--	--

GLYN SWEETS, Sophomore

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	--	--	--	--	--
at Arizona State	9.750	--	9.800	--	--
vs. Arizona	9.550	--	9.825	--	--
vs. Washington	9.800	9.925	9.825	--	--
at UCLA	9.925	9.800	9.275	--	--
at Oklahoma	9.825	9.825	9.850	--	--
vs. California	--	--	--	--	--
at Oregon State	--	--	--	--	--
at Maryland	--	--	--	--	--
at Pac-10 Championship	--	--	--	--	--
at No. Central Region	--	--	--	--	--
at NCAA Team Prelims	--	--	--	--	--
at NCAA Super Six	--	9.775	--	--	--
Season Average	9.770	9.850	9.715	--	--

LINDSAY WING, Senior

Meet	Vault	Bars	Beam	Floor	All-Around
Stanford Quad	9.625	9.850	9.850	9.800	39.125
at Arizona State	9.525	9.800	9.850	9.600	38.775
vs. Arizona	9.850	9.825	9.950	9.875	39.500
vs. Washington	9.650	9.950	10.000	9.900	39.500
at UCLA	--	9.800	9.925	9.850	--
at Oklahoma	9.625	9.925	9.900	9.825	39.275
vs. California	9.900	9.950	9.975	10.000	39.825
at Oregon State	9.750	9.875	9.925	9.850	39.400
at Maryland	9.775	9.925	9.900	9.825	39.425
at Pac-10 Championship	9.550	9.875	9.950	9.850	39.225
at No. Central Region	9.725	9.900	9.925	9.800	39.350
at NCAA Team Prelims	9.725	9.875	9.850	9.875	39.325
at NCAA Super Six	--	9.900	9.925	9.750	--
Season Average	9.700	9.881	9.917	9.831	39.339

2005 STANFORD WOMEN'S GYMNASTICS OPPONENTS

California

Fri., Jan. 14 - 7:30 pm
at Berkeley, California

Location: Berkeley, Calif.
Home Arena: Haas Pavilion (12,172)
Enrollment: 33,000
Nickname: Golden Bears
Colors: Blue and Gold
Gymnastics SID: Chris Giovannetti (cgiovannetti@berkeley.edu)
Phone: (510) 643-5846
Fax: (510) 643-7778
Conference: Pacific-10
Head Coach (Record/Years): Cari DuBois (21-11/2)
Assistant Coaches: Steve Arkel, Sue Arkel
2004 Record: 9-6
2004 Conference Record/Finish: 2-4/7th (195.625)
2004 Regional Finish: 5th (195.175)
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 7/4
All-Americans Returning/Lost: 0/0



Fax: (541) 737-3072
Conference: Pacific-10
Head Coach (Record/Years): Tanya Chaplin (65-48-1/7)
Assistant Coaches: Dick Foxal, Michael Chaplin
2004 Record: 16-13
2004 Conference Record/Finish: 2-4/3rd (197.075)
2004 Regional Finish: 3rd (196.850)
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 9/4
All-Americans Returning/Lost: 0/1

Washington

Fri., Jan. 21 - 7:00 pm
at Seattle, Washington

Location: Seattle, Washington
Home Arena: Bank of America Arena (10,000)
Enrollment: 37,000
Nickname: Huskies
Colors: Purple and Gold
Gymnastics SID: Brian Tom (briantom@u.washington.edu)
Phone: (206) 897-1742
Fax: (206) 543-5000
Conference: Pacific-10
Head Coach (Record/Years): Bob Levesque (167-134-2/14)
Assistant Coaches: Heidi Coleman, Frank Lee
2004 Record: 12-10-1
2004 Conference Record/Finish: 3-2-1/6th (196.425)
2004 Regional Finish: 5th (194.225)
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 8/3
All-Americans Returning/Lost: 0/0



Central Michigan

Fri., Feb. 4 - 7:00 pm
at Mount Pleasant, Michigan

Location: Mount Pleasant, Michigan
Home Arena: Rose Arena (5,200)
Enrollment: 28,003
Nickname: Chippewas
Colors: Maroon and Gold
Gymnastics SID: Morgan Curtis (curti1mm@cmich.edu)
Phone: (989) 774-3277
Fax: (989) 774-7324
Conference: Mid-American
Head Coach (Record/Years): Jerry Reighard (266-146-2/20th)
Assistant Coach: Christine MacDonald
2004 Record: 15-3
2004 Conference Record/Finish: 6-0/1st (197.525)
2004 Regional Finish: N/A
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 8/1
All-Americans Returning/Lost: 0/0



Oregon State

Fri., Jan. 28 - 7:30 pm
at Stanford, California

Location: Corvallis, Oregon
Home Arena: Gill Coliseum (9,000)
Enrollment: 19,000
Nickname: Beavers
Colors: Black and Orange
Gymnastics SID: Jason Arnberg (jason.arnberg@orst.edu)
Phone: (541) 737-8588



Arizona

Fri., Feb. 11 - 7:30 pm
at Tucson, Arizona

Location: Tucson, Arizona
Home Arena: McKale Center (14,545)
Enrollment: 37,000
Nickname: Wildcats
Colors: Cardinal and Navy
Gymnastics SID: Blair Willis (bmw23@email.arizona.edu)
Phone: (520) 621-4163
Fax: (520) 621-2681
Conference: Pacific-10
Head Coach (Record/Years): Bill Ryden (69-92-3/6)
Assistant Coaches: John Court, Colleen Johnson
2004 Record: 13-10-2
2004 Conference Record/Finish: 2-3-1/4th (196.775)
2004 Regional Finish: 3rd (196.375)
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 12/3
All-Americans Returning/Lost: 1/1



2005 STANFORD WOMEN'S GYMNASTICS OPPONENTS

UCLA

Fri., Feb. 18 - 7:30 pm
at Stanford, California

Location: Los Angeles, California
Home Arena: Pauley Pavilion (10,000)
Enrollment: 36,890
Nickname: Bruins
Colors: Blue and Gold
Gymnastics SID: Liza David (ldavid@athletics.ucla.edu)
Phone: (310) 206-8140
Fax: (310) 825-8664
Conference: Pacific-10
Head Coach (Record/Years): Valarie Kondos Field
Assistant Coaches: Chris Waller, Marshall Nelson
2004 Record: 15-5
2004 Conference Record/Finish: 4-2/2nd (197.875)
2004 Regional Finish: 1st (197.675)
2004 NCAA Finish: 1st (198.125)
Letterwinners Returning/Lost: 12/6
All-Americans Returning/Lost: 2/3



Fax: (801) 581-4358
Conference: None
Head Coach (Record/Years): Greg Marsden (801-138-5/30)
Assistant Coaches: Megan Marsden, Aki Hummel
2004 Record: 13-1
2004 Conference Record/Finish: N/A
2004 Regional Finish: 1st (197.625)
2004 NCAA Finish: 6th (195.775)
Letterwinners Returning/Lost: 9/2
All-Americans Returning/Lost: 3/2

Florida

Fri., Mar. 4 - 7:00 pm
at Salt Lake City, Utah



Location: Gainesville, Florida
Home Arena: Stephen C. O'Connell Center (11,120)
Enrollment: 48,500
Nickname: Gators
Colors: Orange and Blue
Gymnastics SID: Mary Howard (maryh@gators.uua.ufl.edu)
Phone: (352) 375-4683 ext. 6100
Fax: (352) 375-4809
Conference: Southeastern
Head Coach (Record/Years): Rhonda Faehn (43-14/2)
Assistant Coaches: Randy Lane, Louis Robinson Jr.
2004 Record: 16-9
2004 Conference Record/Finish: 3-3/4th
2004 Regional Finish: 2nd (197.225)
2004 NCAA Finish: 5th (196.800)
Letterwinners Returning/Lost: 9/4
All-Americans Returning/Lost: 7/0

Arizona State

Fri., Feb. 25 - 7:30 pm
at Stanford, California

Location: Tempe, Arizona
Home Arena: Wells Fargo Arena (13,931)
Enrollment: 45,693
Nickname: Sun Devils
Colors: Maroon and Gold
Gymnastics SID: Mark Brand (mark.brand@asu.edu)
Phone: (480) 965-6592
Fax: (480) 965-5408
Conference: Pacific-10
Head Coach (Record/Years): John Spini (299-102-2/24)
Assistant Coaches: Shelly Eaton, Bruce McGehee
2004 Record: 10-6
2004 Conference Record/Finish: 3-3/4th (196.775)
2004 Regional Finish: 2nd (196.500)
2004 NCAA Finish: 9th (196.325)
Letterwinners Returning/Lost: 8/4
All-Americans Returning/Lost: 1/1



Iowa State

Fri., Mar. 4 - 7:00 pm
at Salt Lake City, Utah



Location: Ames, Iowa
Home Arena: Hilton Coliseum (14,092)
Enrollment: 25,282
Nickname: Cyclones
Colors: Cardinal and Gold
Gymnastics SID: Tiffany Hartkemeyer
(mediarelations@iastate.edu)

Phone: (515) 294-3372
Fax: (515) 294-0558
Conference: Big-12
Head Coach (Record/Years): K.J. Kindler (43-26-1/4)
Assistant Coach: Krissy Hoferlin
2004 Record: 9-1-1
2004 Conference Record/Finish: 3-0-1/2nd (196.925)
2004 Regional Finish: 3rd (196.150)
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 13/2
All-Americans Returning/Lost: 0/0

Utah

Fri., Mar. 4 - 7:00 pm
at Salt Lake City, Utah

Location: Salt Lake City, Utah
Home Arena: Huntsman Center (15,000)
Enrollment: 28,437
Nickname: Utes
Colors: Crimson and White
Gymnastics SID: Liz Abel (label@huntsman.utah.edu)
Phone: (801) 581-3511



2005 STANFORD WOMEN'S GYMNASTICS OPPONENTS

Alabama

Sun., Mar. 6 - 2:00 pm
at Stanford, California



Location: Tuscaloosa, Alabama
Home Arena: Coleman Coliseum (15,043)
Enrollment: 20,000
Nickname: Crimson Tide
Colors: Crimson and White
Gymnastics SID: Roots Woodruff (roots@ia.ua.edu)
Phone: (205) 348-2088
Fax: (205) 348-8841
Conference: Southeastern
Head Coach (Record/Years): Sarah Patterson (333-73-4/26)
Assistant Coaches: David Patterson, Bryan Rashilla
2004 Record: 12-1-0
2004 Conference Record/Finish: 5-1/2nd (197.950)
2004 Regional Finish: 2nd (196.900)
2004 NCAA Finish: Tied for 3rd (197.125)
Letterwinners Returning/Lost: 11/5
All-Americans Returning/Lost: 4/2

Brown

Fri., Jan. 14 - 7:30 pm
at Berkeley, California



Location: Providence, Rhode Island
Home Arena: Pizzitola Sports Center (2,500)
Enrollment: 5,722
Nickname: Bears
Colors: Seal Brown, Red and White
Gymnastics SID: TBA
Phone: (401) 863-7014
Fax: (401) 863-1436
Conference: Eastern College Athletic
Head Coach (Record/Years): Sara Carver-Milne (23-18/2)
Assistant Coach: Tim O'Leary
2004 Record: 15-9
2004 Conference Record/Finish: 1-2/3rd (191.222)
2004 Regional Finish: N/A
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 12/4
All-Americans Returning/Lost: 0/0

San Jose State

Sat., Mar. 19 - 7:00 pm
at San Jose, California



Location: San Jose, California
Home Arena: Spartan Gym (1,000)
Enrollment: 30,067
Nickname: Spartans
Colors: Gold, White, and Blue
Gymnastics SID: TBA
Phone: (408) 924-1216
Fax: (408) 924-1291
Conference: Mountain Pacific Sports Federation
Head Coach (Record/Years): Wayne Wright (35-25/3)
Assistant Coaches: Shella Martinez, Rod Radunzel
2004 Record: 10-9
2004 Conference Record/Finish: 5-2/1st (195.925)
2004 Regional Finish: N/A
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 10/3
All-Americans Returning/Lost: 0/0

UC Davis

Fri., Jan. 14 - 7:30 pm
at Berkeley, California



Location: Davis, California
Home Arena: The Pavilion (7,600)
Enrollment: 30,170
Nickname: Aggies
Colors: Yale Blue and Gold
Gymnastics SID: Mark Honbo (mwhonbo@ucdavis.edu)
Phone: (530) 752-8050
Fax: (530) 752-5674
Conference: Mountain Pacific Sports Federation
Head Coach (Record/Years): Ray Goldbar (129-158/15)
Assistant Coaches: Ron Manara, Hillary Oliver
2004 Record: 8-13
2004 Conference Record/Finish: 5-9/3rd (194.350)
2004 Regional Finish: N/A
2004 NCAA Finish: N/A
Letterwinners Returning/Lost: 13/3
All-Americans Returning/Lost: 3/0 (USAG All-Americans)

