





# Stanford Women's Volleyball 2010 Roster

No.	Name	Pos.	Ht.	Yr.	Hometown (High School)
1	Lydia Bai	OH	6-2	FR	Tustin, Calif. (Arnold O. Beckman)
2	Carly Wopat	MB	6-2	FR	Goleta, Calif. (Dos Pueblos)
4	Hannah Benjamin	L/DS	5-10	SO	San Diego, Calif. (Francis Parker)
5	Sam Wopat	OH	6-1	FR	Goleta, Calif. (Dos Pueblos)
6	Rachel Williams	OH	6-0	FR	San Jose, Calif. (Archbishop Mitty)
7	Jessica Walker	MB	6-1	SO	Houston, Texas (Booker T. Washington)
8	Cassidy Lichtman	OH/S	6-1	SR	Poway, Calif. (Francis Parker)
9	Gabi Ailes	L/DS	5-7	SR	Bellevue, Neb. (Bellevue West)
10	Alix Klineman	OH	6-4	SR	Manhattan Beach, Calif. (Mira Costa)
11	Charlotte Brown	MB	6-5	RS-FR	Walnut Creek, Calif. (Las Lomas)
12	Stephanie Browne	MB/OH	6-4	JR	Danville, Calif. (Monte Vista)
15	Karissa Cook	S	5-11	SO	Santa Cruz, Calif. (Harbor)
20	Mary Ellen Luck	DS/OH	5-10	FR	Houston, Texas (Stratford)
21	Hayley Spelman	OH	6-6	SO	Las Vegas, Nev. (Durango)

**Head Coach:** John Dunning, 10th Season (San Diego State '73)

**Associate Head Coach:** Denise Corlett, 22nd Season (UCLA '81)

**Assistant Coach:** Jason Mansfield, Ninth Season (Ashworth '07)

**Volunteer Assistant Coach:** Matt Hoffman, First Season

## Pronunciation Guide

Gabi Ailes - Ails

Lydia Bai - Bye

Cassidy Lichtman - LICKT-man

Carly Wopat - WHOA-pat

Sam Wopat - WHOA-pat



# Stanford Women's Volleyball 2010 Schedule

<b>DATE</b>	<b>OPPONENT</b>	<b>SITE</b>	<b>TIME</b>
<i>New Mexico Invitational   Johnson Center   Albuquerque, N.M.</i>			
Aug. 27	Tulane	Albuquerque, N.M.	5 p.m.
Aug. 28	Pepperdine	Albuquerque, N.M.	11:30 a.m.
Aug. 29	New Mexico	Albuquerque, N.M.	2 p.m.
<i>Stanford Invitational   Maples Pavilion   Stanford, Calif.</i>			
<b>Sept. 2</b>	<b>UC Irvine</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
<b>Sept. 3</b>	<b>Marquette vs. UC Irvine</b>	<b>Stanford, Calif.</b>	<b>6 p.m.</b>
<b>Sept. 4</b>	<b>Marquette</b>	<b>Stanford, Calif.</b>	<b>2 p.m.</b>
<i>Nike Volleyball Big Four Classic   Stephen C. O'Connell Center   Gainesville, Fla.</i>			
Sept. 10	Florida/Texas/Penn State	Gainesville, Fla.	TBA
Sept. 11	Championship/Consolation	Gainesville, Fla.	TBA
Sept. 17	Saint Mary's	Moraga, Calif.	7 p.m.
Sept. 18	San Francisco	San Francisco, Calif.	7 p.m.
Sept. 24	Arizona State	Tempe, Ariz.	7 p.m.
Sept. 26	Arizona	Tucson, Ariz.	1 p.m.
<b>Oct. 1</b>	<b>Oregon State</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
<b>Oct. 2</b>	<b>Oregon</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
Oct. 8	USC	Los Angeles, Calif.	7 p.m.
Oct. 9	UCLA	Los Angeles, Calif.	7 p.m.
<b>Oct. 15</b>	<b>Washington</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
<b>Oct. 16</b>	<b>Washington State</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
<b>Oct. 22</b>	<b>California</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
Oct. 29	Oregon	Eugene, Ore.	7 p.m.
Oct. 31	Oregon State	Corvallis, Ore.	1 p.m.
<b>Nov. 5</b>	<b>UCLA</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
<b>Nov. 7</b>	<b>USC</b>	<b>Stanford, Calif.</b>	<b>1 p.m.</b>
Nov. 12	Washington State	Pullman, Wash.	7 p.m.
Nov. 13	Washington	Seattle, Wash.	7 p.m.
Nov. 19	California	Berkeley, Calif.	7 p.m.
<b>Nov. 24</b>	<b>Arizona</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
<b>Nov. 26</b>	<b>Arizona State</b>	<b>Stanford, Calif.</b>	<b>7 p.m.</b>
Dec. 2-5	NCAA First & Second Rounds	TBA	
Dec. 9-12	NCAA Regional	(Penn State, Washington, Texas Dayton)	
Dec. 16 & 18	NCAA Final Four	Kansas City, Mo.	

*Home matches in Bold, played at Maples Pavilion.*

**2009 Stanford Volleyball**  
**Stanford Combined Team Statistics (as of Jun 23, 2010)**  
**All matches**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
ALL GAMES	23-8	12-2	6-5	5-1
CONFERENCE	14-4	8-1	6-3	0-0
NON-CONFERENCE	9-4	4-1	0-2	5-1

#	Player	sp	Attack				Set		Serve			Dig			Blocking					points		
			k	k/s	e	ta	pct	a	a/s	sa	se	sa/s	re	dig	dig/s	bs	ba	total	blk/s		be	bhe
10	Klineman, Alix	115	489	4.25	125	1305	.279	21	0.18	22	43	0.19	29	255	2.22	26	34	60	0.52	7	0	554.0
8	Lichtman, Cassidy	118	373	3.16	120	1017	.249	384	3.25	18	23	0.15	20	328	2.78	10	36	46	0.39	12	5	419.0
2	Okogbaa, Janet	118	332	2.81	64	692	.387	2	0.02	2	7	0.02	0	19	0.16	26	123	149	1.26	7	0	421.5
12	Browne, Stephanie	109	185	1.70	76	448	.243	2	0.02	1	8	0.01	0	43	0.39	8	81	89	0.82	12	0	234.5
21	Spelman, Hayley	62	85	1.37	39	249	.185	2	0.03	3	13	0.05	0	19	0.31	1	30	31	0.50	3	1	104.0
7	Walker, Jessica	103	83	0.81	48	209	.167	11	0.11	24	29	0.23	1	58	0.56	14	90	104	1.01	30	1	166.0
5	Fisher, Alex	92	58	0.63	26	176	.182	2	0.02	0	1	0.00	0	28	0.30	2	33	35	0.38	2	0	76.5
15	Cook, Karissa	93	24	0.26	13	73	.151	776	8.34	13	18	0.14	0	203	2.18	2	17	19	0.20	5	5	47.5
3	Evans, Joanna	41	3	0.07	1	4	.500	207	5.05	6	10	0.15	0	49	1.20	0	0	0	0.00	0	1	9.0
9	Ailes, Gabi	118	2	0.02	0	12	.167	117	0.99	28	33	0.24	27	617	5.23	0	0	0	0.00	0	2	30.0
6	Knox, Katherine	2	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0	0.0
14	Sebastian, Katherine	54	0	0.00	0	0	.000	2	0.04	7	10	0.13	0	15	0.28	0	0	0	0.00	0	0	7.0
4	Benjamin, Hannah	111	0	0.00	0	1	.000	11	0.10	12	21	0.11	23	164	1.48	0	0	0	0.00	0	0	12.0
	TEAM	-	-	-	-	-	-	-	-	-	-	-	4	-	-	-	-	-	-	-	-	-
	STANFORD	118	1634	13.85	512	4186	.268	1537	13.03	136	216	1.15	104	1798	15.24	89	444	311.0	2.64	78	15	2081.0
	Opponents	118	1579	13.38	668	4330	.210	1476	12.51	104	237	0.88	136	1778	15.07	51	368	235.0	1.99	42	22	1918.0

Team Statistics	STAN	OPP
ATTACK		
Kills	1634	1579
Errors	512	668
Total Attacks	4186	4330
Attack Pct	.268	.210
Kills/Set	11.0	10.6
SET		
Assists	1537	1476
Assists/Set	10.3	9.9
SERVE		
Aces	136	104
Errors	216	237
Attempts	2705	2476
Serve Pct	.920	.904
Aces/Set	0.9	0.7
SERVE RECEPTIONS		
Errors	104	136
Errors/Set	0.7	0.9
DEFENSE		
Digs	1798	1778
Digs/Set	12.1	11.9
BLOCKING		
Block Solo	89	51
Block Assist	444	368
Total Blocks	311.0	235.0
Blocks Per Game	2.1	1.6
Block Errors	78	42
Ball handling errors	15	22
ATTENDANCE		
Total	35552	30131
Dates/Avg Per Date	14/2539	11/2739
Neutral site #/Avg	6/2722	
Current win streak	0	-
Home win streak	0	-

Date	Opponent	Score	Score by set	Att.
Aug 28	vs LSU	W	3-2 22-25,27-25,22-25,21-15,12-12	1504
Aug 29	at Notre Dame	L	0-3 22-25,20-25,21-25	1843
Aug 30	vs Denver	W	3-0 25-22,25-23,25-20	776
Sep 04	vs Florida	L	2-3 20-25,25-15,25-16,25-27,9-15	1948
Sep 05	vs San Jose State	W	3-0 25-12,25-20,25-17	1761
Sep 10	vs UT-San Antonio	W	3-0 25-17,25-11,25-9	5085
Sep 11	vs Weber State	W	3-0 25-16,25-20,25-16	5260
Sep 12	at Hawai'i	L	0-3 25-27,21-25,22-25	7801
Sep 18	SAN FRANCISCO	W	3-1 25-18,22-25,25-23,25-22	2635
Sep 19	SAINT MARY'S	W	3-1 25-13,25-14,12-25,25-19	1535
*Sep 25	at California	L	2-3 25-19,20-25,25-20,19-25,12-15	4189
*Oct 02	at UCLA	W	3-1 20-25,25-20,25-21,25-20	1875
*Oct 03	at USC	W	3-0 25-23,35-33,25-18	1576
*Oct 09	WASHINGTON STATE	W	3-1 25-23,20-25,25-22,25-22	2540
*Oct 10	WASHINGTON	W	3-2 19-25,25-15,23-25,25-23,15-12	2921
*Oct 16	at Oregon State	W	3-1 22-25,25-21,25-23,25-19	2928
*Oct 17	at OREGON	L	2-3 23-25,25-22,32-30,22-25,11-15	1717
*Oct 24	ARIZONA STATE	W	3-0 33-31,25-21,25-20	2470
*Oct 25	ARIZONA	W	3-0 25-22,25-21,25-23	2131
*Oct 30	USC	W	3-1 21-25,25-18,25-13,25-23	2706
*Oct 31	UCLA	L	2-3 18-25,32-34,25-19,25-21,11-15	1934
*Nov 06	at Washington	L	0-3 21-25,23-25,19-25	4557
*Nov 07	at Washington State	W	3-0 25-17,25-20,25-22	1231
*Nov 13	OREGON	W	3-0 25-23,25-16,25-23	2712
*Nov 14	OREGON STATE	W	3-0 25-18,25-18,25-19	2101
*Nov 20	at Arizona	W	3-2 25-18,24-26,21-25,25-21,15-7	1498
*Nov 21	at Arizona State	W	3-0 25-21,25-15,25-20	916
*Nov 27	CALIFORNIA	W	3-2 23-25,18-25,25-23,25-20,15-4	5125
Dec 04	LONG ISLAND	W	3-0 25-11,25-15,25-10	1696
Dec. 5	SAINT MARY'S	W	3-2 21-25,25-21,25-22,24-26,15-13	1701
Dec 11	MICHIGAN	L	1-3 18-25,25-23,22-25,11-25	3345

Record in 3-set matches: 12-3  
Record in 4-set matches: 6-1  
Record in 5-set matches: 5-4