

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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Top 8 Times Will Advance to 8-Person Final

Final @ 1:00 p.m.

Dempsey: ! 7.15 1/17/2015 Jasmine Todd, Oregon

Meet: M 7.20 1/18/2014 Jasmine Todd, Oregon

Name	Year	School	Prelims	H#
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**Preliminaries**

1	337	Todd, Jasmine	Oregon	7.31q	4
2	230	Davis, Jessica	Evo Track Club	7.33q	3
3	118	Reese, Brittney	Chula Vista Otc	7.35q	3
4	78	Freeman, Octavious	Adidas	7.37q	4 7.364
5	319	Cunliffe, Hannah	Oregon	7.37q	1 7.363
6	6	Bouyer, Kennadi	Washington	7.37q	4 7.369
7	748	Faulknor, Alexis	Usc	7.40q	2
8	751	Hill, Deanna	Usc	7.41q	2
9	744	Brown, Destinee	Usc	7.43	3
10	340	Washington, Ariana	Oregon	7.49	1
11	334	Rowlee, Alisha	Oregon	7.49	2
12	688	Gaither, Tynia	Unattached	7.51	1
13	950	Rowe, Whitney	Seattle Speed	7.57	2
14	700	Romero, Shapri	Unattached	7.59	1
15	323	Horsley, Ashante	Oregon	7.63	3
16	202	Tarbert, Rebecca	Eastern Washington	7.66	1
17	409	Settle, Genna	Portland State	7.75	4
18	679	crockrell, tierra	Unattached	7.77	3
19	531	Kabia, Valda	Simon Fraser	7.77	4
20	810	Stavig, Sarah	Washington St.	7.82	2
21	691	Harewood, Maya	Unattached	7.85	3
--	36	Peterson, Sierra	Washington	FS	4

**Women 60 Meter Dash Qualificatio**

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Heat Winner + 7 to Next Round

Dempsey: ! 7.15 1/17/2015 Jasmine Todd, Oregon

Meet: M 7.15 1/17/2015 Jasmine Todd, Oregon

Name	Year	School	Prelims	H#
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1	6	Bouyer, Kennadi	Washington	7.42Q	3
2	340	Washington, Ariana	Oregon	7.54Q	5
3	744	Brown, Destinee	Usc	7.54Q	2
4	36	Peterson, Sierra	Washington	7.54Q	6
5	334	Rowlee, Alisha	Oregon	7.57Q	8
6	950	Rowe, Whitney	Seattle Speed	7.62Q	7
7	679	crockrell, tierra	Unattached	7.69Q	1
8	323	Horsley, Ashante	Oregon	7.72Q	4
9	202	Tarbert, Rebecca	Eastern Washington	7.63q	8
10	409	Settle, Genna	Portland State	7.69q	1
11	531	Kabia, Valda	Simon Fraser	7.72q	2
12	700	Romero, Shapri	Unattached	7.73q	3
13	231	santos, Kathrine	Evo Track Club	7.73q	3
14	810	Stavig, Sarah	Washington St.	7.75q	1
15	689	Geubelle, Andrea	Unattached	7.75q	2
16	691	Harewood, Maya	Unattached	7.78q	2
17	795	Darden, Danielle	Washington St.	7.79	7
18	705	Wilson, Aliya	Unattached	7.84	8

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Dash Qualificatio**

19	268	Morrison, LeAnna	Hawaii	7.87	7
20	753	Jones, Margaux	Usc	7.88	6
21	451	Houk, Becca	Seattle Pacific	7.92	3
22	43	Wade, Necy	Washington	7.96	7
23	275	Bryant, Tara	Heritage Elite	7.96	5
24	445	Brannan, Kyra	Seattle Pacific	8.00	6
25	35	Person, Danica	Washington	8.01	1
26	198	Raines, Samantha	Eastern Washington	8.03	1
27	428	Bandayrel, Janelle	San Francisco St.	8.04	3
28	497	Lichter, Madison	Seattle U.	8.05	5
29	884	Ivancic, Veronica	Western Washington	8.06	4
30	850	Patrick, Laura	Western Oregon	8.09	1
31	7	Budinich, Ericka	Washington	8.11	4
32	10	Coker, Alanna	Washington	8.13	4
33	413	White, Adia	Portland State	8.14	8
34	883	Ivancic, Rachel	Western Washington	8.21	2
35	264	Horan, Kendall	Hawaii	8.24	2
36	414	Williams, Brandi	Portland State	8.25	6
37	261	Black, Raion	Hawaii	8.25	3
38	177	Day, Jannessa	Eastern Washington	8.28	8
39	882	Hunt, Mckenna	Western Washington	8.49	8
40	378	Souders, Hannah	Portland	8.49	7
41	28	Li, Angela	Washington	8.50	6
42	365	Chen-Johnson, Skye	Portland	8.61	6

**Women 60 Meter Dash**

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 Top 8 Times Will Advance to 8-Person Final

Final @ 1:00 p.m.

Dempsey: ! 7.15 1/17/2015 Jasmine Todd, Oregon

Meet: M 7.20 1/18/2014 Jasmine Todd, Oregon

Name	Year	School	Finals	H#
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**Finals**

1	337	Todd, Jasmine	Oregon	7.24	2
2	78	Freeman, Octavious	Adidas	7.27	2
3	319	Cunliffe, Hannah	Oregon	7.31	1
4	6	Bouyer, Kennadi	Washington	7.35	1
5	230	Davis, Jessica	Evo Track Club	7.37	2
6	118	Reese, Brittney	Chula Vista Otc	7.40	1
7	751	Hill, Deanna	Usc	7.41	1
8	748	Faulknor, Alexis	Usc	7.45	2

**Women 200 Meter Dash**

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 Dempsey: ! 23.44 2/27/2009 Charonda Williams, Arizona St

Meet: M 23.62 1/17/2015 Tynia Gaither, USC

Name	Year	School	Finals	H#
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1	745	Cantrell, Gabriell	Usc	24.13	11
2	700	Romero, Shapri	Unattached	24.22	11
3	325	Johnson, Alaysha	Oregon	24.28	2
4	593	Williams, Kristyn	Stanford	24.47	9
5	6	Bouyer, Kennadi	Washington	24.55	9
6	339	Wallace, Sasha	Oregon	24.77	5

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women 200 Meter Dash**

7	804 Keel, Dominique	Washington St.	24.78	10
8	323 Horsley, Ashante	Oregon	24.85	11
9	691 Harewood, Maya	Unattached	24.99	8
10	578 Crunkleton-Wilson,	Stanford	25.09	10
11	592 Williams, Kaitlyn	Stanford	25.19	7
12	686 Ford, Lauryn	Unattached	25.36	9
13	799 Ekelem, Christiana	Washington St.	25.38	2
14	202 Tarbert, Rebecca	Eastern Washington	25.39	5
15	405 Diggs, Whitney	Portland State	25.42	8
16	409 Settle, Genna	Portland State	25.43	9
17	679 crockrell, tierra	Unattached	25.55	7
18	795 Darden, Danielle	Washington St.	25.66	11
19	82 Cross, Mary Kathle	Alaska Anchorage	25.75	3
20	412 Vinjamuri, Rachel	Portland State	25.75	8
21	801 Gaffney, Regyn	Washington St.	25.77	4
22	370 Leek, Madison	Portland	25.79	3
23	753 Jones, Margaux	Usc	25.88	8
24	580 Gayles, Daryth	Stanford	25.92	6
25	192 Monson, Brooke	Eastern Washington	26.12	7
26	275 Bryant, Tara	Heritage Elite	26.19	8
27	183 Hamm, Kendra	Eastern Washington	26.19	4
28	585 McGee, Brittany	Stanford	26.33	6
29	189 Lombardo, Erika	Eastern Washington	26.38	10
30	705 Wilson, Aliya	Unattached	26.62	5
31	431 Buckley, NyErin	San Francisco St.	26.64	3
32	196 Pizzillo, Sofia	Eastern Washington	26.85	3
33	884 Ivancic, Veronica	Western Washington	26.89	1
34	542 West, Bryce	Simon Fraser	26.90	2
35	146 Safley, Caitlyn	Concordia (Ore.)	26.91	4
36	850 Patrick, Laura	Western Oregon	26.92	2
37	455 Luquin, Maliea	Seattle Pacific	26.94	1
38	35 Person, Danica	Washington	27.01	7
39	264 Horan, Kendall	Hawaii	27.18	10
40	441 Tyler, Jazmine	San Francisco St.	27.32	2
41	28 Li, Angela	Washington	27.39	6
42	428 Bandayrel, Janelle	San Francisco St.	27.47	1
43	261 Black, Raion	Hawaii	27.64	6
--	492 Gonzales, Alessand	Seattle U.	DQ	4 Ran inside corner

**Women 400 Meter Dash**

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 Dempsey: ! 52.03 2/23/2013 Phyllis Francis, Oregon

Meet: M 53.39 1/18/2014 Kristyn Williams, Stanford

Name	Year	School	Finals	H#
1	760 Stepter, Jaide	Usc	53.18M	10
2	746 Ellis, Kendall	Usc	53.54	10
3	298 Theisen-Eaton, Bri	Nike	53.87	10
4	232 Wilson, Katie	Evo Track Club	55.09	10
5	781 Smith, Jessica	Valley Royals	56.08	8
6	804 Keel, Dominique	Washington St.	56.39	8
7	444 Ambus, Jahzelle	Seattle Pacific	56.57	8
8	703 Stephens, Nicole	Unattached	56.61	10
9	528 Desch, Chantel	Simon Fraser	57.17	8
10	412 Vinjamuri, Rachel	Portland State	57.36	7

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women 400 Meter Dash**

11	799 Ekelem, Christiana	Washington St.	57.83	9
12	405 Diggs, Whitney	Portland State	57.88	9
13	534 Lisek, Monique	Simon Fraser	58.34	6
14	106 Jackson, Maya	Auburn Elite	58.56	4
15	461 Tims, Jalen	Seattle Pacific	58.91	4
16	678 Bowles, Sophie	Unattached	58.97	7
17	410 Toliver, Dejuanae	Portland State	58.99	7
18	540 Townsend, Addy	Simon Fraser	59.12	4
19	82 Cross, Mary Kathle	Alaska Anchorage	59.17	6
20	450 Hong, Cheryl	Seattle Pacific	59.35	5
21	230 Davis, Jessica	Evo Track Club	59.46	8
22	784 D'Agnolo, Lauren	Victoria Spe	59.67	6
23	801 Gaffney, Regyn	Washington St.	59.79	6
24	896 Smith, Savannah	Western Washington	59.89	2
25	146 Safley, Caitlyn	Concordia (Ore.)	1:00.14	4
26	508 Wachter, Abby	Seattle U.	1:00.15	1
27	887 Konrad, Cheyenne	Western Washington	1:00.16	5
28	367 Francisco, Christi	Portland	1:00.35	2
29	897 Svastisalee, Deja	Western Washington	1:00.42	3
30	262 Brown, Robyn	Hawaii	1:00.65	5
31	893 Paige, Raigan	Western Washington	1:00.74	3
32	79 Bezanson, Hayley	Alaska Anchorage	1:00.91	4
33	542 West, Bryce	Simon Fraser	1:01.16	3
34	453 Lambert, Emma	Seattle Pacific	1:01.18	3
35	264 Horan, Kendall	Hawaii	1:01.28	5
36	855 Woods, Olivia	Western Oregon	1:01.40	5
37	449 Fine, Kiana	Seattle Pacific	1:01.94	7
38	441 Tyler, Jazmine	San Francisco St.	1:02.15	1
39	434 Francis, Alesia	San Francisco St.	1:02.20	2
40	130 Carssow, Mikeala	Concordia (Ore.)	1:03.07	2
41	132 Curtis, Kathryn	Concordia (Ore.)	1:03.58	1
42	128 Boulanger, Samantha	Concordia (Ore.)	1:04.19	2

**Women 600 Meter Run**

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Dempsey: ! 1:27.38 1/15/2011 Phyllis Francis, Oregon

Meet: M 1:27.38 1/15/2011 Phyllis Francis, Oregon

Name	Year	School	Finals	H#	
1	333	Rogers, Raevyn	Oregon	1:26.34!	5
2	321	Feldmeier, Brooke	Oregon	1:28.21	5
3	576	Baker, Olivia	Stanford	1:29.08	5
4	312	Jackson, Dominique	Oiselle	1:31.73	4
5	12	Derby, Hannah	Washington	1:33.12	4
6	780	Butterworth, Linds	Valley Royals	1:34.00	5
7	756	Pettigrew, Cameron	Usc	1:34.80	4
8	569	landen, shanie	Smd Crew	1:35.70	4
9	794	Cho, Stephanie	Washington St.	1:38.32	1
10	38	Potter, Carson	Washington	1:38.46	2
11	407	Miller, Roazena	Portland State	1:38.62	2
12	791	Bradley, Adreonia	Washington St.	1:38.93	2
13	501	Poplawski, Alisa	Seattle U.	1:39.34	3
14	851	Rose, Megan	Western Oregon	1:39.46	2
15	853	Van De Grift, Suzi	Western Oregon	1:39.60	1
16	201	Sherman, Johanna	Eastern Washington	1:39.64	1

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17	841	Beeson, Bailey	Western Oregon	1:39.88	4
18	379	Theriau, Andrea	Portland	1:40.00	3
19	706	Woodruff, Gianna	Unattached	1:40.02	2
20	661	Harrell, Caroline	U. of Victoria	1:40.95	3
21	21	Harris, Nicole	Washington	1:41.07	2
22	787	Ackerley, Natalie	Washington St.	1:41.44	1
23	238	Fraher, Claren	Gonzaga	1:41.45	3
24	627	Shuttleworth, Rach	Trinity Western	1:41.70	3
25	241	Stroosma, Molly	Gonzaga	1:42.56	1
26	378	Souders, Hannah	Portland	1:43.17	2
27	237	Anderson, Emily	Gonzaga	1:43.21	1
28	808	Schauble, Lindsey	Washington St.	1:43.43	1
29	273	Stack, Emily	Hawaii	1:44.59	1
30	843	Covey, Felicia	Western Oregon	1:45.02	1
31	624	Piercy, Jordyn	Trinity Western	1:45.08	3
--	581	Gayles, Gabrielle	Stanford	DNF	5
--	115	Fricker, McKayla	Brooks	DNF	5

**Women 800 Meter Run**

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Dempsey: ! 2:02.56 3/5/2011 Geena Gall, Oregon Track Club

Meet: M 2:03.05 1/18/2003 Diane Cummins, Pacific Athleti

Name Year School Finals H#

1	591	Waschmann, Malika	Stanford	2:08.96	3
2	693	Leufroy, Ena	Unattached	2:09.94	3
3	696	Morrison, Nevada	Unattached	2:10.00	3
4	749	Glynn, Rachel	Usc	2:13.65	3
5	448	Decker, Lynelle	Seattle Pacific	2:15.03	3
6	699	Rodriguez, Angelic	Unattached	2:15.42	1
7	459	Phan, Chynna	Seattle Pacific	2:15.52	1
8	310	Barnard, Jess	Oiselle	2:15.86	2
9	535	Mussatto, Alana	Simon Fraser	2:16.67	2
10	269	Mulvey, Louise	Hawaii	2:17.39	2
11	573	Sydnor, Lindsey	Speed Unlimited	2:17.82	1
12	117	Vaughn, Kyrh	Cal St. Stanislaus	2:17.93	3
13	747	Ent, Rebekah	Usc	2:18.33	2
14	86	Perez, Tamara	Alaska Anchorage	2:18.63	2
15	811	Victor, Grace	Washington St.	2:19.23	2
16	852	Stuckey, Stephanie	Western Oregon	2:19.44	1
17	932	Dodd, Sophie	Simon Fraser	2:19.91	1
18	403	Beng, Nyalual	Portland State	2:20.19	1
19	171	Asper, Leanne	Eastern Washington	2:20.49	2
20	759	Seamans, Taylor	Usc	2:22.39	1
21	411	Tollefson, Kris	Portland State	2:22.72	2
22	272	Setzer, Tristan	Hawaii	2:24.02	1

**Women 1000 Meter Run**

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Dempsey: ! 2:40.25 1/17/2015 Shannon Rowbury, Nike Oregon

Meet: M 2:40.25 1/17/2015 Shannon Rowbery, Nike Oregon P

Name Year School Finals H#

1	587	Mehra, Rebecca	Stanford	2:45.28	2
2	326	Leblanc, Annie	Oregon	2:45.40	2

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women 1000 Meter Run**

3	692	kelly, mariah	Unattached	2:46.09	2
4	780	Butterworth, Linds	Valley Royals	2:46.57	2
5	781	Smith, Jessica	Valley Royals	2:46.58	2
6	32	Mires, Baylee	Washington	2:46.83	2
7	29	Maxwell, Anna	Washington	2:47.13	2
8	590	Saunders, Claudia	Stanford	2:47.27	2
9	17	Fulton, Eleanor	Washington	2:47.30	2
10	324	Hull, Jessica	Oregon	2:47.81	2
11	694	MacPherson, Sarah	Unattached	2:48.92	1
12	312	Jackson, Dominique	Oiselle	2:51.17	1
13	331	Nerud, Brianna	Oregon	2:51.27	1
14	569	landen, shanie	Smd Crew	2:52.90	2
15	572	Cantine, Sophie	Speed Unlimited	2:52.97	1
16	332	O'Neill, Kelly	Oregon	2:54.03	1
17	567	Edwards, Hannah	Sldc/Smd Crew	2:56.72	1
18	570	Charles, Ericka	Speed Factor	2:58.73	1
19	663	Robinson, Andrea	U. of Victoria	3:00.53	1
20	5	Bosserman, Josephi	Washington	3:00.72	1
21	655	Baraskewich, Jessi	U. Calgary	3:01.07	1
22	617	Harradine, Meg	Trinity Western	3:01.74	1
23	933	Ditzhazy, Amanda	Western Oregon	3:07.21	1
--	591	Waschmann, Malika	Stanford	DNF	2

**Women 1 Mile Run**

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Dempsey: ! 4:27.86 1/17/2015 Shannon Rowbury, Nike Oregon

Meet: M 4:27.86 1/17/2015 Shannon Rowbery, Nike Oregon P

Name	Year	School	Finals	H#
1	114	Eccleston, Amanda	Brooks	4:36.13 4
2	318	Cash, Alli	Oregon	4:37.26 4
3	631	Yee, Regan	Trinity Western	4:39.74 4
4	105	Staker, Ellie	Athletics Northwest	4:39.86 4
5	103	Wodak, Natasha	Asics Canada	4:42.24 4
6	330	Neer, Waverly	Oregon	4:43.56 4
7	25	Knight, Katie	Washington	4:44.95 4
8	102	Cliff, Rachel	Asics Canada	4:45.85 4
9	322	Grabill, Molly	Oregon	4:48.40 4
10	660	Francois, Rachel	U. of Victoria	4:48.85 4
11	371	Luijten, Anne	Portland	4:49.78 3
12	577	Berkson, Maddy	Stanford	4:50.44 3
13	335	Schmaedick, Maggie	Oregon	4:51.64 3
14	276	Blood, Nicole	High Perform	4:52.49 3
15	619	Martens, Mirelle	Trinity Western	4:54.99 3
16	310	Barnard, Jess	Oiselle	4:55.51 3
17	656	Cook-Clarke, Emma	U. Calgary	4:55.77 3
18	805	Linton, CharLee	Washington St.	4:57.61 3
19	589	Pagano, Catherine	Stanford	5:01.42 3
20	743	Berdousi, Katerina	Usc	5:01.71 2
21	123	O'Connor, Haley	Club Northwest	5:02.18 4
22	790	Bortfeld, Devon	Washington St.	5:02.57 1
23	366	Farello, Anna	Portland	5:05.24 2
24	448	Decker, Lynelle	Seattle Pacific	5:05.95 2
25	540	Townsend, Addy	Simon Fraser	5:06.50 3
26	500	O'Connor Lenth, Mo	Seattle U.	5:07.47 2

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27	524 Bassett, Miryam	Simon Fraser	5:09.80	1
28	798 Dwyer, Emily	Washington St.	5:10.22	1
29	502 Rice, Lila	Seattle U.	5:10.43	1
30	84 Kurgat, Caroline	Alaska Anchorage	5:10.87	2
31	849 Maurmann, Nicole	Western Oregon	5:11.62	2
32	485 Danforth, Kyla	Seattle U.	5:11.72	2
33	899 Troupe, Shawna	Western Washington	5:11.77	2
34	948 Ryan, Hannah	Trinity Western	5:12.22	2
35	886 Klotz-Brooks, Kali	Western Washington	5:12.48	2
36	85 Pahkala, Jessica	Alaska Anchorage	5:12.71	3
37	380 Tompkins, Lindsay	Portland	5:15.05	2
38	529 Dobie, Reta	Simon Fraser	5:17.02	1
39	654 Banister, Sydney	U. Calgary	5:17.15	2
40	797 Dittmann, Katherin	Washington St.	5:17.16	1
41	630 Williams, Joanna	Trinity Western	5:17.85	2
42	488 Erickson, Johanna	Seattle U.	5:18.15	1
43	80 Burroughs, Mariah	Alaska Anchorage	5:18.35	1
44	846 Kangas, Lauren	Western Oregon	5:19.40	1
45	530 Howley, Julia	Simon Fraser	5:19.57	1
46	460 Rawlins, Jessica	Seattle Pacific	5:23.57	2
47	260 Beaumont, Haley	Hawaii	5:23.82	1
48	938 Garcia, Alexys	Washington St.	5:25.47	2
49	628 Smart, Mikaela	Trinity Western	5:32.52	1
50	541 Townsend, Dana	Simon Fraser	5:38.08	1

**Women 3000 Meter Run**

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Heat 1 - 9:00 a.m.; Heats 2 & 3 - 4:05 p.m.

Dempsey: ! 8:47.91 1/28/2012 Sally Kipyego, OTC

Meet: M 8:53.14 1/15/2011 Lisa Koll, Nike

Name	Year	School	Finals	H#	
1	293	Conley, Kim	New Balance	9:01.31	3
2	443	Sifuentes, Nicole	Saucony	9:05.01	3
3	295	Cridebring, Alycia	New Balance NorCal	9:09.81	3
4	114	Eccleston, Amanda	Brooks	9:10.95	3
5	103	Wodak, Natasha	Asics Canada	9:12.82	3
6	684	Farber, Lianne	New Balance	9:14.04	3
7	294	Bell, Rolanda	New Balance NorCal	9:18.48	3
8	313	Rolland, Megan	Oiselle	9:18.63	3
9	102	Cliff, Rachel	Asics Canada	9:23.31	3
10	296	Mitchell, Rachel	New Balance NorCal	9:29.34	3
11	81	Chelimo, Joyce	Alaska Anchorage	9:34.28	3
12	314	Wallace, Lauren	Oiselle	9:34.60	3
13	240	Mills, Shelby	Gonzaga	9:36.38	3
14	662	McInnis, Shauna	U. of Victoria	9:36.74	3
15	199	Reiter, Sarah	Eastern Washington	9:39.19	3
16	525	Bassett, Rebecca	Simon Fraser	9:40.31	3
17	657	Jones, Melissa	U. Calgary	9:41.01	2
18	740	Lepage, Karissa	University o	9:42.32	2
19	113	Webb, Julia	Bowerman Tc/Hpw	9:42.64	2
20	191	Mahoney, Katie	Eastern Washington	9:43.75	2
21	22	Harris, Sydney	Washington	9:46.88	2
22	107	McAlister, Catrina	Big Bear Tc/	9:49.74	3
23	181	Gil-Echevarria, Pa	Eastern Washington	9:54.40	3

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24	458 Patti, Anna	Seattle Pacific	9:58.84	2
25	674 Pyke, Bridget	Ucac	10:01.86	2
26	659 Bibault, Emma	U. of Victoria	10:02.79	2
27	813 Willson, Morgan	Washington St.	10:03.71	2
28	456 Macdonald, Sarah	Seattle Pacific	10:04.41	2
29	739 Lawley, Morgan	University o	10:04.55	2
30	761 Tong, Jenna	Usc	10:05.08	2
31	806 Pavey, Steffie	Washington St.	10:09.76	2
32	263 Cross, Alli	Hawaii	10:14.73	2
33	879 Guenther, Taylor	Western Washington	10:14.80	1
34	134 Fristoe, Megan	Concordia (Ore.)	10:17.57	1
35	877 Grant, Brittany	Western Washington	10:18.42	1
36	571 Citireag, Ioana	Speed Factor	10:18.44	2
37	504 Smith, Elena	Seattle U.	10:19.72	1
38	793 Brown, Josie	Washington St.	10:20.15	1
39	507 Stein, Olivia	Seattle U.	10:20.23	1
40	446 Calvert, Hannah	Seattle Pacific	10:21.27	1
41	890 Melville, Tracy	Western Washington	10:30.39	1
42	848 Knapp, Grace	Western Oregon	10:36.84	1
43	496 Lassere, Rebecca	Seattle U.	10:37.46	1
44	885 Jalbert, Maddy	Western Washington	10:45.77	1
45	135 Fristoe, Sara	Concordia (Ore.)	10:46.89	1
46	495 Hedberg, Emily	Seattle U.	10:48.55	1
47	898 Taferre, Sara	Western Washington	10:52.39	1
48	490 Frederick, Lindsay	Seattle U.	10:53.73	1
49	487 de Laveaga, Taylor	Seattle U.	11:00.48	1
50	484 Bliesner, Sarah	Seattle U.	11:01.97	1
51	150 Worobel, Zoe	Concordia (Ore.)	11:23.99	1
52	527 Cho, Erina	Simon Fraser	11:33.10	1

**Women 60 Meter Hurdles**

=====  
 Top 8 Times Will Advance to 8-Person Final

Final @ 12:45 p.m.

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, adidas

Name	Year	School	Prelims	H#
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**Preliminaries**

1	297 Ali, Nia	Nike	8.17q	3
2	339 Wallace, Sasha	Oregon	8.23q	2
3	325 Johnson, Alaysha	Oregon	8.35q	1
4	750 Graham, Jasmyne	Usc	8.61q	1
5	268 Morrison, LeAnna	Hawaii	8.71q	3
6	23 Hill, Morganne	Washington	8.76q	2
7	802 Harper, Liz	Washington St.	8.82q	2
8	41 Sophusson Smith, N	Washington	8.85q	1
9	625 Ross, Hazel	Trinity Western	8.90	3
10	585 McGee, Brittany	Stanford	8.95	4
11	455 Luquin, Maliea	Seattle Pacific	9.03	4
12	271 Santiago, Zhane	Hawaii	9.05	4
13	789 Anderson, Jordan	Washington St.	9.19	1
14	807 Quinn, ShaRaya	Washington St.	9.29	2
15	429 Brown, Devanique	San Francisco St.	9.31	3
16	31 Mills, Darhian	Washington	9.32	3



**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles**

17	808 Schauble, Lindsey	Washington St.	9.37	4
18	882 Hunt, Mckenna	Western Washington	9.45	2

**Women 60 Meter Hurdles Qualificatio**

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Heat Winner + 3 Times to Next Round

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, adidas

Name	Year	School	Prelims	H#
1	268	Morrison, LeAnna	Hawaii	8.75Q 3
2	23	Hill, Morganne	Washington	8.88Q 4
3	41	Sophusson Smith, N	Washington	9.03Q 1
4	455	Luquin, Maliea	Seattle Pacific	9.07Q 6
5	31	Mills, Darhian	Washington	9.22Q 5
6	807	Quinn, ShaRaya	Washington St.	9.22Q 2
7	585	McGee, Brittany	Stanford	9.10q 3
8	789	Anderson, Jordan	Washington St.	9.20q 1
9	429	Brown, Devanique	San Francisco St.	9.28q 1
10	882	Hunt, Mckenna	Western Washington	9.35q 6
11	618	Li, Emma	Trinity Western	9.41q 3
12	808	Schauble, Lindsey	Washington St.	9.47q 6
13	498	Maddux, Mandie	Seattle U.	9.52 5
14	195	Musgrove, Loryn	Eastern Washington	9.64 2
15	40	Smith, C.J.	Washington	9.66 5
16	186	Kimes, Jozie	Eastern Washington	9.70 4
17	754	Lopes, Lyndsey	Usc	9.75 6
18	87	Scott, Alexandra	Alaska Anchorage	9.90 5
19	274	Vazquez, Feliciann	Hawaii	9.94 4
20	137	Hampton, Elana	Concordia (Ore.)	10.02 1
21	878	Greninger, Kaylie	Western Washington	10.11 2
22	4	Baron, Ciana	Washington	10.42 4
23	493	Gotro, Jamie	Seattle U.	10.74 3
24	623	Pauls, Sophie	Trinity Western	10.77 3

**Women 60 Meter Hurdles**

=====  
Top 8 Times Will Advance to 8-Person Final

Final @ 12:45 p.m.

Dempsey: ! 7.93 3/4/2006 Virginia Powell, USC

Meet: M 8.13 1/14/2006 Jenny Adams, adidas

Name	Year	School	Finals	H#
1	297	Ali, Nia	Nike	8.12M 2
2	339	Wallace, Sasha	Oregon	8.19 2
3	750	Graham, Jasmyne	Usc	8.31 1
4	325	Johnson, Alaysha	Oregon	8.35 1
5	268	Morrison, LeAnna	Hawaii	8.57 2
6	23	Hill, Morganne	Washington	8.75 1
7	802	Harper, Liz	Washington St.	8.76 2
8	41	Sophusson Smith, N	Washington	9.39 1

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****Women 4x400 Meter Relay**

=====			
Dempsey: !	3:33.58	2/28/2015	USC, USC
			Ellis, Iuel, Jones, Stepter
Meet: M	3:41.02	1/15/2011	Oregon, Oregon
			Okodogbe, Francis, Gardner, Roesler
School		Finals	H#
=====			
1 Stanford 'A'		3:40.38M	3
1) 581 Gayles, Gabrielle	2) 593 Williams, Kristyn		
3) 592 Williams, Kaitlyn	4) 576 Baker, Olivia		
2 Washington 'C'		3:50.93	2
1) 12 Derby, Hannah	2) 29 Maxwell, Anna		
3) 17 Fulton, Eleanor	4) 32 Mires, Baylee		
3 Stanford 'B'		3:51.41	2
1) 578 Crunkleton-Wilson, Michaela	2) 590 Saunders, Claudia		
3) 577 Berkson, Maddy	4) 591 Waschmann, Malika		
4 Washington 'A'		3:51.56	3
1) 3 Armstead, Krista	2) 23 Hill, Morganne		
3) 36 Peterson, Sierra	4) 15 Ford, Alexis		
5 Washington 'B'		3:56.11	3
1) 21 Harris, Nicole	2) 27 Lester, Carly		
3) 43 Wade, Necy	4) 31 Mills, Darhian		
6 Seattle Pacific 'A'		3:56.85	3
1) 444 Ambus, Jahzelle	2) 451 Houk, Becca		
3) 461 Tims, Jalen	4) 448 Decker, Lynelle		
7 Eastern Washington 'A'		3:57.16	2
1) 184 Hammock, Paige	2) 189 Lombardo, Erika		
3) 192 Monson, Brooke	4) 171 Asper, Leanne		
8 Seattle Pacific 'B'		4:02.24	2
1) 450 Hong, Cheryl	2) 445 Brannan, Kyra		
3) 453 Lambert, Emma	4) 449 Fine, Kiana		
9 Western Oregon 'A'		4:03.86	1
1) 853 Van De Grift, Suzie	2) 851 Rose, Megan		
3) 841 Beeson, Bailey	4) 855 Woods, Olivia		
10 Washington 'D'		4:04.11	1
1) 25 Knight, Katie	2) 5 Bosserman, Josephine		
3) 1 Ackerley, Mikelle	4) 38 Potter, Carson		
11 Portland 'A'		4:04.33	1
1) Castillo, Dani	2) 376 Rawlings, Taryn		
3) 369 Hutson, Madeleine	4) 367 Francisco, Christina		
12 Seattle U. 'A'		4:04.89	1
1) 489 Fleming, Kathryn (Katie)	2) 505 Smith, Fiona		
3) 506 Sparkman, Maia	4) 503 Rusch, Amanda (Mandy)		
13 Trinity Western 'A'		4:11.43	2
1) 623 Pauls, Sophie	2) 624 Piercy, Jordyn		
3) 620 Maryschuk, Katie	4) 627 Shuttleworth, Rachel		
14 Concordia (Ore.) 'A'		4:12.62	1
1) 128 Boulanger, Samantha	2) 130 Carssow, Mikeala		
3) 127 Alvarez, Geneva	4) 132 Curtis, Kathryn		

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****Women 4x800 Meter Relay**

Dempsey: ! 8:52.76 1/17/2015 Trinity Western, Trinity We  
F Benson, M Harradine, S Inglis, R Yee

Meet: M 8:40.09

School Finals

1	Washington 'A'	9:01.58
	1) 20 Hamlin, Emily	2) 33 Neale, Amy-Eloise
	3) 30 Meyers, Maddie	4) 1 Ackerley, Mikelle
2	Portland 'A'	9:26.26
	1) 376 Rawlings, Taryn	2) 371 Luijten, Anne
	3) 379 Theriau, Andrea	4) 375 Peterson, Emily
3	Hawaii 'A'	9:48.94
	1) 269 Mulvey, Louise	2) 260 Beaumont, Haley
	3) 272 Setzer, Tristan	4) 273 Stack, Emily
4	Portland 'B'	9:55.41
	1) 382 Zellerhoff, Tori	2) 368 Hite, Dylan
	3) 380 Tompkins, Lindsay	4) 377 Root, Natalie
5	Trinity Western 'A'	10:07.51
	1) 617 Harradine, Meg	2) 628 Smart, Mikaela
	3) 630 Williams, Joanna	4) 948 Ryan, Hannah

**Women High Jump**

Dempsey: ! 6-04 2/25/2012 Brigetta Barrett, Arizona

Meet: M 6-01.50 1/16/2010 Amber Kaufman, Hawaii

Name Year School Finals

1	802 Harper, Liz	Washington St.	1.75m	5-08.75
	1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.79			
	PPP PPP PPP O O O O XO XXX			
2	796 Davis, Kiana	Washington St.	J1.75m	5-08.75
	1.50 1.55 1.60 1.65 1.70 1.75 1.79			
	PPP PPP O O O XO XX			
3	702 Schnellli, Lauren	Unattached	1.70m	5-07.00
	1.50 1.55 1.60 1.65 1.70 1.75			
	PPP PPP O O O XXX			
4	454 Lehnert, Geneva	Seattle Pacific	J1.70m	5-07.00
	1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75			
	PPP PPP PPP O O XO XO XXX			
5	803 Holmes, Lateah	Washington St.	1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP PPP O O XXX			
5	786 Wood, Alison	VoQ Racing	1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP O O O XXX			
7	308 Porpaczy, Alexa	Ocean Athletics	J1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP XO O O XXX			
8	462 Ward, Naphtali	Seattle Pacific	J1.65m	5-05.00
	1.50 1.55 1.60 1.65 1.70			
	PPP O O XO XXX			
9	900 Wright, Katelyn	Western Washington	1.60m	5-03.00
	1.50 1.55 1.60 1.65			
	PPP O O XXX			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women High Jump**

10	892 Osadchey, Miranda	Western Washington	J1.60m	5-03.00
	1.50 1.55 1.60 1.65			
	PPP XO O XXX			
11	498 Maddux, Mandie	Seattle U.	J1.60m	5-03.00
	1.50 1.55 1.60 1.65			
	PPP O XO XXX			
12	763 Winters, Jordan	Usc	J1.60m	5-03.00
	1.40 1.45 1.50 1.55 1.60 1.65			
	PPP PPP PPP O XXO XXX			
13	39 Quick, Elizabeth	Washington	1.55m	5-01.00
	1.50 1.55 1.60			
	PPP O XXX			
13	676 Aquilini, Gabriell	Unattached	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP O O XO XXX			
13	539 Stewart, Mackenzie	Simon Fraser	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP O O O XXX			
13	14 Douglass, Mayson	Washington	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP O O O XXX			
13	620 Maryschuk, Katie	Trinity Western	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP XO O XXO XXX			
13	182 Grunst, Kaitlyn	Eastern Washington	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP XXO O XO XXX			
13	406 Garrity, Hannah	Portland State	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	O XO O XO XXX			
13	139 Johnson, Tori	Concordia (Ore.)	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP O O O XXX			
13	447 Crawford, Jade	Seattle Pacific	1.55m	5-01.00
	1.40 1.45 1.50 1.55 1.60			
	PPP XO XO XO XXX			
22	623 Pauls, Sophie	Trinity Western	1.50m	4-11.00
	1.50 1.55			
	XO XXX			
22	536 Neville-Rutherford	Simon Fraser	1.50m	4-11.00
	1.50			
	XXO			
22	186 Kimes, Jozie	Eastern Washington	1.50m	4-11.00
	1.50 1.55			
	O XXX			
22	538 Petz, Amy	Simon Fraser	1.50m	4-11.00
	1.40 1.45 1.50 1.55			
	PPP O XO XXX			
26	847 Kirkpatrick, Cheri	Western Oregon	1.45m	4-09.00
	1.40 1.45 1.50			
	XO O XXX			
26	203 Weeks, Michelle	Eastern Washington	1.45m	4-09.00
	1.40 1.45 1.50			
	PPP O XXX			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women High Jump**

26	878	Greninger, Kaylie	Western Washington	1.45m	4-09.00
	1.40	1.45	1.50		
	O	XXO	XXX		
26	188	Koon, Selina	Eastern Washington	1.45m	4-09.00
	1.40	1.45	1.50		
	O	O	XXX		
26	4	Baron, Ciana	Washington	1.45m	4-09.00
	1.40	1.45	1.50		
	XO	XO	XXX		
26	172	Bellomy, Brooklyn	Eastern Washington	1.45m	4-09.00
	1.40	1.45	1.50		
	PPP	O	XXX		
26	136	Fukumoto, Gabby	Concordia (Ore.)	1.45m	4-09.00
	1.40	1.45	1.50		
	OPP	O	XXX		
33	493	Gotro, Jamie	Seattle U.	1.40m	4-07.00
	1.40	1.45			
	XXO	XXX			
--	205	White, Tierra	Eastern Washington	NH	
	1.50	1.55	1.60		
	PPP	PPP	XXX		

**Women Pole Vault**

Flight 1 - 9:00 a.m.; Flight 2 - 1:00 p.m.

Dempsey: ! 14-09.50 2/11/2006 Mary Sauer, Unattached

Meet: M 14-05.50 1/15/2011 Katerina Stefanidi, Stanford

Name	Year	School	Finals	
1	34	Owsinski, Kristina	Washington	4.32m 14-02.00
	3.52	3.67	3.82	3.97 4.12 4.27 4.32 4.42
	PPP	PPP	PPP	O O XO XXO XXX
2	37	Planell Cruz, Diam	Washington	4.12m 13-06.25
	3.52	3.67	3.82	3.97 4.12 4.27
	PPP	PPP	PPP	O XO XXX
3	39	Quick, Elizabeth	Washington	3.97m 13-00.25
	3.52	3.67	3.82	3.97 4.12
	PPP	PPP	O	O XXX
4	588	Merritt, Kaitlyn	Stanford	3.82m 12-06.25
	3.52	3.67	3.82	3.97
	PPP	O	XO	XXX
4	16	Franzen, Tori	Washington	3.82m 12-06.25
	2.92	3.07	3.22	3.37 3.52 3.67 3.82 3.97
	PPP	PPP	PPP	O O O XO XXX
6	174	Clark, Anandae	Eastern Washington	J3.82m 12-06.25
	3.52	3.67	3.82	3.97
	O	O	XXO	XXX
7	44	Zinsli, Kaitlin	Washington	3.67m 12-00.50
	3.52	3.67	3.82	
	O	O	XXX	
7	18	Goodkin, Jessica	Washington	3.67m 12-00.50
	2.92	3.07	3.22	3.37 3.52 3.67 3.82
	PPP	PPP	PPP	O O O XXX

## 2016 UW Indoor Preview - 1/16/2016

## Dempsey Indoor, Seattle WA

## Results

## ....Women Pole Vault

9	198	Raines, Samantha	Eastern Washington	J3.67m	12-00.50
		3.52 3.67 3.82			
		XO O XXX			
10	586	McNulty, Jackie	Stanford	J3.67m	12-00.50
		3.52 3.67 3.82			
		PPP XO XXX			
11	616	Evans, Maddy	Trinity Western	3.52m	11-06.50
		2.92 3.07 3.22 3.37 3.52 3.67			
		PPP PPP O O O XXX			
12	695	Markow, Ginger	Unattached	J3.52m	11-06.50
		3.52 3.67			
		XO XXX			
12	681	Dayton, Annika	Unattached	J3.52m	11-06.50
		2.92 3.07 3.22 3.37 3.52 3.67			
		PPP PPP O O XO XXX			
14	735	Bertuccelli, Leah	Unattached	J3.52m	11-06.50
		2.92 3.07 3.22 3.37 3.52 3.67			
		PPP XXO XO O XO XXX			
15	175	Clark, Erin	Eastern Washington	3.37m	11-00.75
		2.92 3.07 3.22 3.37 3.52			
		PPP PPP XO XO XXX			
15	187	Kintz, Brita	Eastern Washington	3.37m	11-00.75
		2.92 3.07 3.22 3.37 3.52			
		PPP PPP O XO XXX			
15	452	Kahns, Michaela	Seattle Pacific	3.37m	11-00.75
		2.92 3.07 3.22 3.37 3.52			
		PPP O O O XXX			
15	618	Li, Emma	Trinity Western	3.37m	11-00.75
		2.92 3.07 3.22 3.37 3.52			
		PPP PPP XO XO XXX			
15	800	Frost, Katelyn	Washington St.	3.37m	11-00.75
		2.92 3.07 3.22 3.37 3.52			
		PPP PPP XO XO XXX			
20	26	Krussow, Madi	Washington	3.22m	10-06.75
		2.92 3.07 3.22 3.37			
		PPP XO O XXX			
20	195	Musgrove, Loryn	Eastern Washington	3.22m	10-06.75
		2.92 3.07 3.22 3.37			
		PPP O XO XXX			
20	24	Ho, Candace	Washington	3.22m	10-06.75
		2.92 3.07 3.22 3.37			
		PPP PPP XO XXX			
23	204	Weitz, Macey	Eastern Washington	3.07m	10-00.75
		2.92 3.07 3.22			
		PPP O XXX			
23	453	Lambert, Emma	Seattle Pacific	3.07m	10-00.75
		2.92 3.07 3.22			
		XO XXO XXX			
25	463	Webster, Madi	Seattle Pacific	2.92m	9-07.00
		2.92 3.07			
		XXO XXX			
25	894	Paradee, Anna	Western Washington	2.92m	9-07.00
		2.92 3.07			
		XO XXX			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

--	685 Felix, Kristine	Unattached	NH
	3.52 3.67 3.82		
	PPP PPP XXX		
--	881 Huey, Leah	Western Washington	NH
	2.92		
	XXX		
--	629 Webber, Kirsten	Trinity Western	NH
	3.52		
	XXX		
--	876 Annable, Morgan	Western Washington	NH
	2.92		
	XXX		
--	197 Prouty, Elizabeth	Eastern Washington	NH
	3.52		
	XXX		

**Women Long Jump**

Dempsey: ! 21-06 2/19/2013 Grace Upshaw, Brittney Reese, Nike

Meet: M 21-00 1/17/2009 Akiba McKinney, Unattached

Name	Year	School	Finals
1	689	Geubelle, Andrea	Unattached 6.43m 21-01.25 M
			6.27m 6.09m 6.43m 6.26m 6.32m 6.12m
2	231	santos, Kathrine	Evo Track Club 6.03m 19-09.50
			6.00m 6.03m 5.76m 5.73m FOUL 5.66m
3	297	Ali, Nia	Nike 5.82m 19-01.25
			5.82m 5.72m 5.67m FOUL FOUL FOUL
4	585	McGee, Brittany	Stanford 5.77m 18-11.25
			FOUL 5.77m FOUL 5.77m 5.67m 5.68m
5	753	Jones, Margaux	Usc 5.75m 18-10.50
			FOUL FOUL 5.75m FOUL 5.72m 5.54m
6	583	Kwiatkowski, Maris	Stanford 5.74m 18-10.00
			5.53m 5.64m 5.67m 5.51m 5.74m 5.70m
7	785	Jerome, Rachel	Victoria Spe 5.66m 18-07.00
			FOUL FOUL 5.55m FOUL 5.66m 5.39m
8	579	Forbes, Carla	Stanford 5.57m 18-03.25
			5.57m FOUL 5.43m 5.44m 5.42m 5.34m
9	580	Gayles, Daryth	Stanford 5.56m 18-03.00
			5.52m 5.28m 5.43m 5.56m FOUL 5.14m
10	686	Ford, Lauryn	Unattached 5.47m 17-11.50
			5.47m 5.13m 5.17m
10	2	Adler, Kate	Washington 5.47m 17-11.50
			5.43m 5.46m 5.47m
12	445	Brannan, Kyra	Seattle Pacific 5.45m 17-10.75
			FOUL 5.45m FOUL
12	752	Iuel, Amalie	Usc 5.45m 17-10.75
			5.45m 5.34m 5.42m
14	305	Voloshin, Diana	NorWesters 5.41m 17-09.00
			5.12m 5.24m 5.41m
15	625	Ross, Hazel	Trinity Western 5.40m 17-08.75
			FOUL FOUL 5.40m
16	414	Williams, Brandi	Portland State 5.39m 17-08.25
			5.30m 5.39m 5.39m

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

17	455 Luquin, Maliea	Seattle Pacific	5.36m	17-07.00
	5.14m 5.36m 4.99m			
18	271 Santiago, Zhane	Hawaii	5.34m	17-06.25
	FOUL FOUL 5.34m			
19	408 Richey, Ta'Mara	Portland State	5.33m	17-06.00
	5.23m 5.04m 5.33m			
20	40 Smith, C.J.	Washington	5.30m	17-04.75
	5.30m 5.21m 5.19m			
21	701 Schiller, Noelle	Unattached	5.27m	17-03.50
	5.21m 5.27m FOUL			
22	183 Hamm, Kendra	Eastern Washington	5.24m	17-02.25
	5.12m 5.06m 5.24m			
23	754 Lopes, Lyndsey	Usc	5.21m	17-01.25
	FOUL 5.08m 5.21m			
24	889 McMullin, Jasmine	Western Washington	5.19m	17-00.50
	5.19m FOUL FOUL			
24	534 Lisek, Monique	Simon Fraser	5.19m	17-00.50
	5.08m 5.01m 5.19m			
24	808 Schauble, Lindsey	Washington St.	5.19m	17-00.50
	5.11m 5.02m 5.19m			
27	7 Budinich, Ericka	Washington	5.14m	16-10.50
	FOUL 5.14m FOUL			
28	409 Settle, Genna	Portland State	5.13m	16-10.00
	FOUL 4.95m 5.13m			
29	300 Perez, Michelle	Northwest U.	5.00m	16-05.00
	4.97m 4.76m 5.00m			
29	433 Duclayan, Kayla	San Francisco St.	5.00m	16-05.00
	5.00m FOUL 4.41m			
31	436 Guerrero, Jordan	San Francisco St.	4.99m	16-04.50
	4.90m 4.99m 4.84m			
32	532 Lazecki, Natasha	Simon Fraser	4.96m	16-03.25
	4.96m 4.70m 4.94m			
33	437 Hill, Angel	San Francisco St.	4.94m	16-02.50
	FOUL 4.65m 4.94m			
34	274 Vazquez, Feliciann	Hawaii	4.88m	16-00.25
	4.88m 4.88m 4.54m			
35	186 Kimes, Jozie	Eastern Washington	4.85m	15-11.00
	FOUL FOUL 4.85m			
36	138 Hill, Emma	Concordia (Ore.)	4.84m	15-10.50
	4.70m 4.84m 4.78m			
37	303 Rastad, Emma	NorWesters	4.77m	15-07.75
	FOUL FOUL 4.77m			
38	486 Dasalla-Good, Cass	Seattle U.	4.62m	15-02.00
	FOUL 4.62m FOUL			
39	506 Sparkman, Maia	Seattle U.	4.59m	15-00.75
	4.59m 4.55m FOUL			
40	440 Phillips, Kayla	San Francisco St.	4.48m	14-08.50
	FOUL FOUL 4.48m			
41	147 Siltman, Rachel	Concordia (Ore.)	4.42m	14-06.00
	FOUL 4.42m FOUL			
42	499 Montenegro, Emi	Seattle U.	4.41m	14-05.75
	FOUL FOUL 4.41m			
--	338 Varela, Madelayne	Oregon	FOUL	
	FOUL FOUL FOUL			



**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

-- 10 Coker, Alanna Washington FOUL  
FOUL PASS PASS

**Women Triple Jump**

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=====
Dempsey: ! 45-07.25 2/26/2005 Erica McLain, Stanford
Meet: M 43-08 1/14/2012 Erica McLain, Unattached
Name Year School Finals
=====
1 704 Ufodiama, Blessing Unattached 13.23m 43-05.00
12.86m 13.23m FOUL PASS PASS PASS
2 788 Alsop, Greer Washington St. 12.50m 41-00.25
FOUL 12.23m FOUL 12.50m FOUL FOUL
3 583 Kwiatkowski, Maris Stanford 12.37m 40-07.00
12.37m 12.00m 12.16m 12.13m 12.13m 12.19m
4 579 Forbes, Carla Stanford 12.21m 40-00.75
11.72m 11.76m 12.21m 11.93m 11.80m 11.87m
5 796 Davis, Kiana Washington St. 12.00m 39-04.50
11.75m 11.98m 11.68m 11.52m 12.00m 11.98m
6 812 Warren, Kayla Washington St. 11.99m 39-04.00
10.58m 11.88m 11.34m 11.58m 11.99m 11.98m
7 675 Alvarez, Candice Unattached 11.96m 39-03.00
11.96m FOUL 11.79m 11.60m FOUL FOUL
8 268 Morrison, LeAnna Hawaii 11.74m 38-06.25
11.74m FOUL 11.45m FOUL FOUL FOUL
9 381 Vacek, Courtney Portland 11.70m 38-04.75
11.60m 11.70m 11.60m PASS PASS PASS
10 8 Burr, Savannah Washington 11.57m 37-11.50
FOUL 11.57m 11.09m
10 889 McMullin, Jasmine Western Washington 11.57m 37-11.50
11.25m 11.57m 11.53m
12 304 Schulz, Kristen NorWesters 11.43m 37-06.00
11.43m 11.35m FOUL
13 489 Fleming, Kathryn ( Seattle U. 11.33m 37-02.25
FOUL 11.33m 10.98m
14 440 Phillips, Kayla San Francisco St. 11.30m 37-01.00
11.30m 11.07m FOUL
15 404 Cook, Chaquinn Portland State 11.27m 36-11.75
FOUL FOUL 11.27m
16 526 Brown, Ella Simon Fraser 11.07m 36-04.00
FOUL 10.84m 11.07m
17 491 Gibbs, Mariah Seattle U. 10.97m 36-00.00
10.97m 10.72m PASS
18 437 Hill, Angel San Francisco St. 10.75m 35-03.25
9.48m 10.75m 10.65m
19 436 Guerrero, Jordan San Francisco St. 10.66m 34-11.75
10.18m 10.42m 10.66m
20 200 Schlosser, Jenna Eastern Washington 10.64m 34-11.00
FOUL 10.64m FOUL
21 486 Dasalla-Good, Cass Seattle U. 10.57m 34-08.25
10.57m FOUL FOUL
22 147 Siltman, Rachel Concordia (Ore.) 10.54m 34-07.00
10.50m 10.49m 10.54m
23 701 Schiller, Noelle Unattached 10.53m 34-06.75
9.60m 10.53m 10.14m
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**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women Triple Jump**

24	180 Furth, Emma	Eastern Washington	10.50m	34-05.50
	10.15m 9.80m 10.50m			
25	194 Murphy, Megan	Eastern Washington	10.48m	34-04.75
	FOUL 10.48m FOUL			
26	433 Duclayan, Kayla	San Francisco St.	9.97m	32-08.50
	FOUL 9.97m 9.54m			
27	494 Harris, Chloe	Seattle U.	9.39m	30-09.75
	9.39m 9.38m 9.33m			
--	173 Butler, Dominique	Eastern Washington	FOUL	
	FOUL FOUL FOUL			
--	408 Richey, Ta'Mara	Portland State	FOUL	
	FOUL FOUL FOUL			
--	680 Cronic, Kelly	Unattached	FOUL	
	FOUL FOUL FOUL			

**Women Shot Put**

=====				
	Dempsey: ! 60-08.75	2/1/2014	Tia Brooks, Nike	
	Meet: M 55-01	1/14/2006	Kristin Heaston, Nike	
	Name	Year School	Finals	
=====				
1	316 Aikhionbare, Itoha	Oregon	16.82m	55-02.25
	16.23m FOUL 16.20m 16.53m		16.82m	FOUL
2	149 Warren, McKenzie	Concordia (Ore.)	16.25m	53-03.75
	15.76m 15.84m FOUL 16.25m		15.54m	14.25m
3	582 Giger, Lena	Stanford	15.06m	49-05.00
	13.80m 14.73m 15.06m 13.94m		13.65m	14.80m
4	270 Porlier-Langlois,	Hawaii	14.98m	49-01.75
	14.94m FOUL FOUL FOUL 14.60m		14.98m	
5	755 Novy, Tera	Usc	14.89m	48-10.25
	14.13m 14.09m 14.04m 14.63m		14.89m	14.71m
6	758 Sapa, Tanya	Usc	14.37m	47-01.75
	13.54m 14.31m 13.67m 14.37m		FOUL	FOUL
7	176 Coleman, Kaytlyn	Eastern Washington	13.96m	45-09.75
	13.74m 13.96m 13.88m FOUL		FOUL	13.87m
8	698 Rabing, Maddie	Unattached	13.60m	44-07.50
	12.56m FOUL 13.60m FOUL		12.38m	13.16m
9	265 Ioane, Charlinda	Hawaii	13.46m	44-02.00
	13.46m 13.21m FOUL FOUL		FOUL	FOUL
10	267 Mendoza, Sabrina	Hawaii	13.07m	42-10.75
	13.07m 12.54m 12.87m			
11	687 Gabri, Dolly	Unattached	12.95m	42-06.00
	12.17m 12.95m 12.82m			
12	142 MacDonald, Christi	Concordia (Ore.)	12.85m	42-02.00
	11.99m 12.85m 12.41m			
13	143 Mattos, Jessica	Concordia (Ore.)	12.79m	41-11.50
	10.90m FOUL 12.79m			
14	842 Collier, Emmi	Western Oregon	12.69m	41-07.75
	12.69m 12.16m 11.41m			
15	42 Toeaina, Alyx	Washington	12.57m	41-03.00
	12.51m 12.34m 12.57m			
16	141 Linenko, Katrina	Concordia (Ore.)	12.45m	40-10.25
	12.45m 12.10m FOUL			
17	442 Uikilifi, Nicole	San Francisco St.	12.43m	40-09.50
	11.18m 12.43m 11.83m			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

18	891 Mortensen, Megan	Western Washington	12.23m	40-01.50
	11.39m 12.23m 11.74m			
19	498 Maddux, Mandie	Seattle U.	11.75m	38-06.75
	10.98m 11.75m FOUL			
20	178 Flenoy, Paris	Eastern Washington	11.61m	38-01.25
	11.61m 10.42m FOUL			
21	845 Huffman, Rachael	Western Oregon	11.37m	37-03.75
	10.73m 11.37m FOUL			
22	266 Kamau, Mary	Hawaii	11.19m	36-08.50
	10.73m 11.19m 9.59m			
23	432 Cardenas, Marisela	San Francisco St.	11.12m	36-05.75
	10.73m 11.12m FOUL			
24	457 Markham, Sammi	Seattle Pacific	11.03m	36-02.25
	10.34m 10.76m 11.03m			
25	140 Jones, Saidee	Concordia (Ore.)	11.02m	36-02.00
	FOUL FOUL 11.02m			
26	438 Jones, Brittnee	San Francisco St.	10.59m	34-09.00
	10.12m 10.59m 10.26m			
27	40 Smith, C.J.	Washington	9.87m	32-04.75
	9.20m 9.87m 9.41m			
28	752 Iuel, Amalie	Usc	9.67m	31-08.75
	9.67m 9.54m 9.56m			
29	754 Lopes, Lyndsey	Usc	9.54m	31-03.75
	9.28m 9.54m 8.66m			
--	179 Forcier, Kelsie	Eastern Washington	FOUL	
	FOUL FOUL FOUL			
--	133 Darden, Taylor	Concordia (Ore.)	FOUL	
	FOUL FOUL FOUL			
--	327 Mann, Brittany	Oregon	FOUL	
	FOUL FOUL FOUL			

**Women Weight Throw**

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	Dempsey: !	73-06	2/27/2015	Ida Storm, NYAC	
	Meet: M	62-10.75	1/19/2008	Caressa Sims, Portland State	
Name	Year	School	Finals		
=====					
1	176 Coleman, Kaytlyn	Eastern Washington	19.11m	62-08.50	
	18.41m FOUL 19.01m	19.11m FOUL 18.67m			
2	327 Mann, Brittany	Oregon	18.90m	62-00.25	
	18.90m 18.09m 18.17m	17.59m PASS PASS			
3	690 Gricus, Amanda	Unattached	17.57m	57-07.75	
	17.13m 16.60m FOUL FOUL	17.05m 17.57m			
4	329 Middlebrooks, Made	Oregon	17.28m	56-08.50	
	15.95m 17.28m FOUL FOUL	FOUL 17.14m			
5	9 Chibuogwu, Onyie	Washington	16.89m	55-05.00	
	15.75m 16.32m 15.16m	15.11m 16.89m 16.65m			
6	143 Mattos, Jessica	Concordia (Ore.)	16.59m	54-05.25	
	16.57m 15.91m 16.59m	16.45m 15.14m 15.39m			
7	116 Mckee, Lindsay	Cal St. Stanislaus	16.51m	54-02.00	
	FOUL 16.27m 16.51m FOUL	16.26m FOUL			
8	698 Rabing, Maddie	Unattached	16.45m	53-11.75	
	FOUL 16.10m 16.45m	14.92m 16.23m 15.00m			
9	842 Collier, Emmi	Western Oregon	16.32m	53-06.50	
	16.01m 16.30m 16.32m FOUL	15.37m 15.63m			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

10	442 Uikilifi, Nicole 15.90m FOUL 16.30m	San Francisco St.	16.30m	53-05.75
11	582 Giger, Lena FOUL 15.38m 16.19m	Stanford	16.19m	53-01.50
12	270 Porlier-Langlois, 15.76m FOUL 14.79m	Hawaii	15.76m	51-08.50
13	149 Warren, McKenzie 15.34m 14.53m 14.88m	Concordia (Ore.)	15.34m	50-04.00
14	179 Forcier, Kelsie 15.30m FOUL FOUL	Eastern Washington	15.30m	50-02.50
15	42 Toeaina, Alyx 14.42m 13.41m 15.13m	Washington	15.13m	49-07.75
16	19 Gravelle, Carolyn 15.10m 14.79m 14.80m	Washington	15.10m	49-06.50
17	11 Coleman, Bev 14.81m 13.44m 13.84m	Washington	14.81m	48-07.25
18	178 Flenoy, Paris FOUL 14.33m 13.82m	Eastern Washington	14.33m	47-00.25
19	265 Ioane, Charlinda 14.07m FOUL 14.22m	Hawaii	14.22m	46-08.00
20	185 Keefe, Marissa 13.23m 12.52m 12.11m	Eastern Washington	13.23m	43-05.00
21	854 Wetherell, Emily FOUL 13.05m FOUL	Western Oregon	13.05m	42-09.75
22	190 Loop, Kayla FOUL FOUL 12.83m	Eastern Washington	12.83m	42-01.25
23	432 Cardenas, Marisela FOUL FOUL 12.70m	San Francisco St.	12.70m	41-08.00
24	439 Pahulu, Moreen 12.41m FOUL 12.66m	San Francisco St.	12.66m	41-06.50
25	267 Mendoza, Sabrina FOUL 12.54m FOUL	Hawaii	12.54m	41-01.75
26	142 MacDonald, Christi FOUL 12.43m 12.02m	Concordia (Ore.)	12.43m	40-09.50
27	266 Kamau, Mary 9.96m FOUL 12.42m	Hawaii	12.42m	40-09.00
28	435 Gonzalez, Jayme 12.36m FOUL 11.26m	San Francisco St.	12.36m	40-06.75
29	438 Jones, Brittnee FOUL 12.19m FOUL	San Francisco St.	12.19m	40-00.00
30	844 Dean, Sylvia 11.83m FOUL 12.00m	Western Oregon	12.00m	39-04.50
31	144 McKinnes, Rachel FOUL FOUL 11.87m	Concordia (Ore.)	11.87m	38-11.50

**Men 60 Meter Dash Qualificatio**

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Heat Winner + 9 to Next Round

Dempsey: ! 6.50 2/14/2015 Ryan Bailey, Nike

Meet: M 6.55 1/17/2015 Joe Morris, Ultimate Speed

Name	Year	School	Prelims	H#
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**Preliminaries**

1	225 VanAssche, Jeremy	Eastern Washington	6.84Q	6
2	480 Andrade, Jordin	Seattle Speed	6.95Q	2

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash Qualificatio**

3	721	Johnson, Richard	Unattached	6.96Q	4	
4	767	Davis, Dominic	Usc	6.97Q	3	
5	874	Warner, Cody	Western Oregon	6.99Q	1	
6	213	Mathews, Jonah	Eastern Washington	7.04Q	5	
7	362	White, Travonn	Oregon	6.99q	3	
8	835	Smith, Zach	Washington St.	7.00q	1	
9	483	Wells Jr., Emmanue	Seattle Speed	7.02q	4	
10	647	Linde, James	Trinity Western	7.03q	2	
11	69	Spano, Jacopo	Washington	7.03q	2	
12	420	Schmidt, Spenser	Portland State	7.04q	2	
13	162	Ortiz, Carlos	Concordia (Ore.)	7.05q	4	
14	71	Strong, Lucas	Washington	7.05q	1	
15	47	Brown, Andrew	Washington	7.07q	3	
16	90	Gray, Darrion	Alaska Anchorage	7.08q	6	7.073
17	211	Fort, Tyree	Eastern Washington	7.08	5	7.077
18	482	Scheve, Bret	Seattle Speed	7.08	5	7.080
19	558	Shokoya, Saeed	Simon Fraser	7.09	2	
20	56	Jensen, Cole	Washington	7.12	2	
21	632	Ayin, Nicholas	Trinity Western	7.13	4	
22	59	Lucas, Jordan	Washington	7.14	6	
23	91	Jones, Eric	Alaska Anchorage	7.18	6	
24	216	Nnadi, Obinna	Eastern Washington	7.19	3	
25	857	Contreras, Jacob	Western Oregon	7.21	3	
26	155	Felix, Glen	Concordia (Ore.)	7.22	1	
27	50	Croson, Ryan	Washington	7.23	6	
28	923	Powe, Tre'Von	Western Washington	7.23	1	
29	651	Sinclair, Jamie	Trinity Western	7.26	6	
30	643	Humphrey, Stephen	Trinity Western	7.27	5	
31	550	He, Jerry	Simon Fraser	7.28	4	
32	57	Kozel, Andrew	Washington	7.31	3	
33	469	Harris, Peyton	Seattle Pacific	7.42	1	

**Men 60 Meter Dash**

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Top 8 Times Will Advance to 8-Person Final

Final @ 1:07 p.m.

Dempsey: ! 6.55 1/17/2015 Joe Morris, Ultimate Speed A

Meet: M 6.58 1/15/2011 Josh Norman, Unattached

Name	Year	School	Prelims	H#
1	481	Collins, Daveon	Seattle Speed	6.72q 4
2	778	Thymes, Just'N	Usc	6.77q 4
3	344	Brooks-James, Tony	Oregon	6.79q 3
4	716	Donigan, Alex	Unattached	6.83q 1
5	769	Jackson, Adoree	Usc	6.85q 3
6	362	White, Travonn	Oregon	6.87q 3
7	483	Wells Jr., Emmanue	Seattle Speed	6.90q 4
8	767	Davis, Dominic	Usc	6.93q 1
9	480	Andrade, Jordin	Seattle Speed	6.95 2
10	721	Johnson, Richard	Unattached	6.96 3
11	61	Marshall, Travis	Washington	6.96 4
12	835	Smith, Zach	Washington St.	7.01 2
13	647	Linde, James	Trinity Western	7.02 2
14	162	Ortiz, Carlos	Concordia (Ore.)	7.02 1
15	69	Spano, Jacopo	Washington	7.03 4

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

16	213 Mathews, Jonah	Eastern Washington	7.05	3
17	874 Warner, Cody	Western Oregon	7.05	1
18	122 Stewart, Tyron	Chula Vista Otc	7.05	2
19	420 Schmidt, Spenser	Portland State	7.08	1
20	71 Strong, Lucas	Washington	7.08	3
21	47 Brown, Andrew	Washington	7.10	2
22	90 Gray, Darrion	Alaska Anchorage	7.16	4
23	120 McBride, Bryan	Chula Vista Otc	7.17	1

**Men 60 Meter Dash**

=====

Top 8 Times Will Advance to 8-Person Final

Final @ 1:07 p.m.

Dempsey: ! 6.55 1/17/2015 Joe Morris, Ultimate Speed A

Meet: M 6.58 1/15/2011 Josh Norman, Unattached

Name	Year	School	Finals	H#
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**Finals**

1	481 Collins, Daveon	Seattle Speed	6.71	2
2	344 Brooks-James, Tony	Oregon	6.79	1
3	769 Jackson, Adoree	Usc	6.84	2
4	767 Davis, Dominic	Usc	6.92	1
5	362 White, Travonn	Oregon	6.93	1
6	483 Wells Jr., Emmanue	Seattle Speed	6.96	2

**Men 200 Meter Dash**

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Dempsey: ! 20.84 2/13/2010 Ryan Bailey, Nike

Meet: M 20.88 1/18/2014 Aaron Brown, USC

Name	Year	School	Finals	H#
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1	647 Linde, James	Trinity Western	21.93	9
2	480 Andrade, Jordin	Seattle Speed	21.93	7
3	710 Body, Julian	Unattached	21.93	8
4	816 Chambers, Terrance	Washington St.	22.14	9
5	359 Thiel, Ben	Oregon	22.20	8
6	417 Prince, Sheldon	Portland State	22.27	7
7	564 Webster, Joel	Simon Fraser	22.35	7
8	162 Ortiz, Carlos	Concordia (Ore.)	22.47	6
9	514 Melu, Shaddy	Seattle U.	22.57	5
10	821 Green, Jonnie	Washington St.	22.66	7
11	835 Smith, Zach	Washington St.	22.68	6
12	212 Jackson, Chez	Eastern Washington	22.73	5
13	420 Schmidt, Spenser	Portland State	22.74	2
14	826 Littles, Ray	Washington St.	22.78	2
15	211 Fort, Tyree	Eastern Washington	22.85	2
16	632 Ayin, Nicholas	Trinity Western	22.86	5
17	94 Lindsay, Liam	Alaska Anchorage	22.86	4
18	910 Jones, Daniel	Western Washington	22.86	4
19	416 Gable, Mitchell	Portland State	22.87	3
20	722 Knox, Stedman	Unattached	22.87	4
21	90 Gray, Darrion	Alaska Anchorage	23.01	9
22	91 Jones, Eric	Alaska Anchorage	23.07	3
23	100 Taylor, Nicholas	Alaska Anchorage	23.09	5
24	89 Commandeur, Adam	Alaska Anchorage	23.10	3

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

25	155 Felix, Glen	Concordia (Ore.)	23.30	6
26	921 Moran, Matt	Western Washington	23.31	3
27	857 Contreras, Jacob	Western Oregon	23.33	4
28	636 DeGroot, Andrew	Trinity Western	23.37	1
29	820 Grant, Christopher	Washington St.	23.42	1
30	164 Powers, Tyler	Concordia (Ore.)	23.58	1
31	218 Ross, Cameron	Eastern Washington	23.68	1
32	216 Nnadi, Obinna	Eastern Washington	24.10	2
--	558 Shokoya, Saeed	Simon Fraser	DNF	3
--	726 McIntosh, Max	Unattached	DQ	6 4 steps on line

**Men 400 Meter Dash**

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Dempsey: ! 46.03 3/1/2013 Mike Berry, Oregon

Meet: M 46.39 1/18/2003 Ja'Warren Hooker, Asics

Name	Year	School	Finals	H#
1	765	Clemes, Zyaire	Usc	47.46 8
2	607	Shumway, Jackson	Stanford	47.71 8
3	710	Body, Julian	Unattached	48.12 7
4	235	Medwood, Kenneth	Evo Track Club	48.43 7
5	417	Prince, Sheldon	Portland State	48.84 7
6	817	Charles, Jamaun	Washington St.	49.16 7
7	564	Webster, Joel	Simon Fraser	49.26 7
8	100	Taylor, Nicholas	Alaska Anchorage	49.43 5
9	94	Lindsay, Liam	Alaska Anchorage	49.51 6
10	918	McArthur, Ryan	Western Washington	49.64 6
11	416	Gable, Mitchell	Portland State	49.65 5
12	400	Welch, Jack	Portland	49.70 4
13	594	Brady, Daniel	Stanford	49.81 5
14	947	Everhart, Craig	Unattached	50.06 5
15	731	Taylor, Bennett	Unattached	50.16 6
16	89	Commandeur, Adam	Alaska Anchorage	50.17 8
17	826	Littles, Ray	Washington St.	50.41 3
18	821	Green, Jonnie	Washington St.	50.60 5
19	914	Lovercamp, Reid	Western Washington	50.64 4
20	863	Holmberg, AJ	Western Oregon	50.99 3
21	98	Remington, Daniel	Alaska Anchorage	51.02 3
22	224	Upmeyer, Austin	Eastern Washington	51.15 6
23	636	DeGroot, Andrew	Trinity Western	51.28 3
24	475	Ramsey, Justin	Seattle Pacific	51.42 1
25	544	Ahdemar, Joshua	Simon Fraser	51.47 2
26	816	Chambers, Terrance	Washington St.	51.50 6
27	164	Powers, Tyler	Concordia (Ore.)	51.76 1
28	873	Vettrus, James	Western Oregon	52.26 2
29	206	Anthony, Nick	Eastern Washington	52.31 2
30	633	Boyd, David	Trinity Western	52.53 1
31	207	Auna, Ammon	Eastern Washington	52.75 2
32	734	woods, Devonte	Unattached	53.26 3
33	551	Jobson, Zane	Simon Fraser	53.52 1
34	987	Karamanian, Jacob	Simon Fraser	53.69 1

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****Men 600 Meter Run**

=====				
Dempsey: ! 1:17.74 1/12/2013 Maurice McNeal, Washington				
Meet: M 1:17.74 1/12/2013 Maurice McNeal, Washington				
Name	Year	School	Finals	H#
=====				
1	347	Franzmair, Niki	Oregon	1:18.37 4
2	772	Morgan, Ricky	Usc	1:18.55 4
3	814	Allen, CJ	Washington St.	1:18.78 5
4	949	Swanson, Matthew	Unattached	1:18.96 4
5	708	Anderson, Jeshua	Unattached	1:19.01 5
6	109	Lumax, Selasi	Big Bear Tc/	1:19.67 5
7	670	Restall, Brendon	U. of Victoria	1:19.94 4
8	872	Sultessa, Badane	Western Oregon	1:19.95 5
9	427	Barbosa, nectaly	S.E.T.A.	1:20.00 5
10	65	Prentice, Andrew	Washington	1:20.31 4
11	348	Grosvenor, Grant	Oregon	1:20.35 3
12	62	Morello, Connor	Washington	1:20.96 4
13	234	Beauvais, Alie	Evo Track Club	1:21.33 4
14	395	Mazelli, Trent	Portland	1:21.54 1
15	665	Korol, Ryan	U. of Victoria	1:21.55 2
16	640	George, Nathan	Trinity Western	1:21.60 3
17	51	Fletcher, Mason	Washington	1:21.82 3
18	875	Whitaker, Aaron	Western Oregon	1:22.04 2
19	713	Cantle, John	Unattached	1:22.14 2
20	830	Redman, Hironmoy	Washington St.	1:22.70 2
21	73	Tipton, Kaid	Washington	1:22.72 2
22	397	Ramos, Martin	Portland	1:23.29 3
23	424	Wood, Christian	Portland State	1:25.56 1
24	547	Conrad, Ben	Simon Fraser	1:27.33 1
25	671	Serviss, Max	U. of Victoria	1:27.59 3
26	543	Abebe, Yonathan	Simon Fraser	1:27.62 1
27	471	Lindsey, Ka'eo	Seattle Pacific	1:28.80 1

**Men 800 Meter Run**

=====				
Dempsey: ! 1:46.36 2/13/2010 Andrew Wheating, Oregon				
Meet: M 1:49.10 1/19/2008 Raphael Asafo-Agyei, Trafford				
Name	Year	School	Finals	H#
=====				
1	768	Ford, Robert	Usc	1:50.86 5
2	124	Buck, Owen	Club Northwest	1:53.42 2
3	93	Kipchumba, Nathan	Alaska Anchorage	1:53.55 5
4	254	Smith, Kinsly	Gonzaga	1:54.14 2
5	828	Muller, Reid	Washington St.	1:54.23 3
6	575	Mallory, Anthony	Sra Elite	1:54.53 3
7	419	Russell, Spencer	Portland State	1:54.70 2
8	418	Richardson, Ben	Portland State	1:54.73 2
9	561	Vargas, Carlos	Simon Fraser	1:55.44 2
10	168	Speidel, Paris	Concordia (Ore.)	1:55.77 5
11	832	Ryan, Paul	Washington St.	1:55.98 4
12	779	Wallin, Jordon	Usc	1:56.47 1
13	220	Stahl, Logan	Eastern Washington	1:56.77 4
14	861	Hanna, Josh	Western Oregon	1:57.00 4
15	838	Wadhwani, Nathan	Washington St.	1:57.09 1
16	152	Collins, Austin	Concordia (Ore.)	1:57.21 4
17	859	Dempsey, Josh	Western Oregon	1:57.54 4



**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 800 Meter Run**

18	919 McCranie, Cody	Western Washington	1:57.69	2
19	474 Moreton, Chris	Seattle Pacific	1:57.81	1
20	549 Freinhofer, Dylan	Simon Fraser	1:58.24	3
21	927 Spiller, Keaton	Western Washington	1:58.38	2
22	256 Truax, Sammy	Gonzaga	1:58.50	1
23	818 Finney, Jake	Washington St.	1:59.61	1
24	559 Smith, Lorenzo	Simon Fraser	1:59.92	1
25	568 Castanon, Taylor	Sldc/Smd Crew	2:01.39	1
26	228 Jones, Les	Evergreen St.	2:05.09	3

**Men 1000 Meter Run**

=====

Dempsey: ! 2:19.53 1/17/2015 Matthew Centrowitz, Nike Orego

Meet: M 2:19.53 1/17/2015 Matthew Centrowitz, Nike Orego

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Name	Year	School	Finals	H#
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=====

1	77 Yorks, Izaic	Washington	2:24.68	3
2	53 Gilbert, Colby	Washington	2:25.20	3
3	598 Coyle, Thomas	Stanford	2:25.36	3
4	595 Brinkley, Justin	Stanford	2:25.55	3
5	606 Perrier, Patrick	Stanford	2:25.93	3
6	108 Andrews, Myles	Big Bear Tc/	2:26.22	3
7	669 Penner, Isaac	U. of Victoria	2:26.49	3
8	64 Nelson, Blake	Washington	2:27.40	2
9	70 Stevens, Johnathan	Washington	2:27.82	2
10	384 Chavez-Killinger,	Portland	2:28.17	2
11	648 Marshall, Adam	Trinity Western	2:28.51	2
12	52 Gardner, Andrew	Washington	2:28.71	2
13	870 Ribich, David	Western Oregon	2:28.83	1
14	668 Oxland, Thomas	U. of Victoria	2:28.97	2
15	869 Naffziger, Sam	Western Oregon	2:29.33	1
16	612 Bertolotti, Marco	Strava Track	2:29.41	3
17	646 Lam, James	Trinity Western	2:29.80	1
18	720 Hoff, Brendan	Unattached	2:30.01	1
19	597 Buttinger, Scott	Stanford	2:30.88	3
20	302 Ferguson, Jonathan	Northwest U.	2:31.26	2
21	666 Longley, Tim	U. of Victoria	2:31.35	1
22	228 Jones, Les	Evergreen St.	2:31.90	2
23	281 Young, Stephen Jay	Jacuzzi Boys AC	2:32.28	2
24	637 DeJong, Tyler	Trinity Western	2:32.67	1
25	301 Cole, Kyle	Northwest U.	2:39.44	1
26	465 Busald, Jacob	Seattle Pacific	2:39.59	1
27	641 Gin, Jordan	Trinity Western	2:39.85	1
28	543 Abebe, Yonathan	Simon Fraser	2:40.80	1
29	473 McLeod, David	Seattle Pacific	2:41.89	1
30	476 Sterling, Clark	Seattle Pacific	2:43.06	1

**Men 1 Mile Run**

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Dempsey: ! 3:54.52 2/12/2011 Chris Solinsky, Nike

Meet: M 3:56.72 1/13/2007 Nick Symmonds, OTC

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Name	Year	School	Finals	H#
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1	299 Dunbar, Trevor	Nike	4:01.41	4
2	112 Solis, Dusty	Big Bear Tc/	4:01.48	4

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

3	278	Herrera, Daniel	High Perform	4:02.12	4
4	604	Leibold, Collin	Stanford	4:02.65	4
5	126	Kent, Justin	CoastalTC	4:02.67	4
6	104	Bruchet, Luc	Asics Canada	4:03.17	4
7	111	Shelley, Jake	Big Bear Tc/	4:04.31	4
8	258	Gorman, Daniel	Halifast Athletics	4:05.98	4
9	343	Brewer, Chris	Oregon	4:07.61	4
10	110	Peterson, Patrick	Big Bear Tc/	4:08.53	4
11	717	Giannino, Matt	Unattached	4:09.22	4
12	613	Misenti, Forrest	Team Run Fla	4:09.81	3
13	839	Whelan, John	Washington St.	4:10.57	2
14	252	McCandless, Conor	Gonzaga	4:11.03	2
15	246	Goodwin, Sumner	Gonzaga	4:12.93	3
16	742	McDonald, Kieran	University o	4:13.48	3
17	715	Corbit, John	Unattached	4:13.67	3
18	727	Polson, Trevor	Unattached	4:14.35	3
19	833	Shaffer, Forrest	Washington St.	4:14.36	2
20	638	DeSchiffart, Joel	Trinity Western	4:14.69	3
21	245	Goldizen, Ian	Gonzaga	4:14.75	3
22	387	Doan, Nick	Portland	4:16.01	3
23	738	Snyder, Andy	Unattached	4:16.06	2
24	257	Villarma, Mason	Gonzaga	4:16.42	2
25	95	Mendenhall, Michae	Alaska Anchorage	4:16.64	2
26	634	Clifford, Deon	Trinity Western	4:17.05	3
27	919	McCranie, Cody	Western Washington	4:17.32	2
28	736	Dieher, Julius	Unattached	4:17.74	2
29	161	Livermore, Ethan	Concordia (Ore.)	4:18.43	1
30	935	Doherty, Rowan	Simon Fraser	4:19.08	1
31	858	Cornish, David	Western Oregon	4:19.41	2
32	519	Rodrigues, Louis	Seattle U.	4:21.28	1
33	729	Stanovsek, Mick	Unattached	4:21.31	3
34	825	Little, Kyler	Washington St.	4:21.53	1
35	862	Holloway, Zach	Western Oregon	4:21.56	1
36	575	Mallory, Anthony	Sra Elite	4:22.11	3
37	389	Guermali, Said	Portland	4:22.79	1
38	904	Cossette, Liam	Western Washington	4:22.81	1
39	901	Brown, Dylan	Western Washington	4:23.12	2
40	915	Lutz, Matthew	Western Washington	4:24.04	1
41	737	Mahony, Ben	Unattached	4:24.13	2
42	783	Lee, Kieran	Vamipact	4:24.77	3
43	658	Justinen, Roman	U. Calgary	4:26.21	3
44	568	Castanon, Taylor	Sldc/Smd Crew	4:27.66	1
45	468	Halladay, Ben	Seattle Pacific	4:28.37	1
46	939	Simpson, Alex	Washington St.	4:29.52	2
47	667	Oxland, Peter	U. of Victoria	4:30.54	1
48	764	Cameron, Mitchell	Usc	4:30.81	1
49	864	Jones, Tyler	Western Oregon	4:31.31	1
50	464	Avischious, Adam	Seattle Pacific	4:34.42	1
51	517	Overbay, Collin	Seattle U.	4:36.82	2
52	871	Soik, Joe	Western Oregon	4:38.95	1
--	108	Andrews, Myles	Big Bear Tc/	DNF	4

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****Men 3000 Meter Run**

Heat 1 - 9:12 a.m.; Heats 2 &amp; 3 - 4:30 p.m.

Dempsey: ! 7:43.08 2/11/2012 Ryan Hill, NC State

Meet: M 7:54.57 1/18/2014 Luc Bruchet, British Columbia

Name	Year	School	Finals	H#
1	299	Dunbar, Trevor	Nike	8:00.68 3
2	243	Fraley, Troy	Gonzaga	8:04.37 3
3	104	Bruchet, Luc	Asics Canada	8:04.70 3
4	126	Kent, Justin	CoastalTC	8:09.40 3
5	719	Hardy, Mike	Unattached	8:11.14 3
6	557	Rouleau, Marc-Anto	Simon Fraser	8:11.17 3
7	723	Levermore, Kyle	Unattached	8:14.36 3
8	399	Thies, Jeff	Portland	8:14.57 3
9	390	Hauger, Nick	Portland	8:14.92 3
10	242	Crichlow, Matthew	Gonzaga	8:18.80 3
11	425	Lizier-Zmudzinski,	Puget Sound	8:20.11 3
12	249	Kopczynski, Scott	Gonzaga	8:22.90 2
13	386	Dillard, Alex	Portland	8:25.11 3
14	88	Cheseto, Henry	Alaska Anchorage	8:25.61 3
15	97	Ramirez, Michel	Alaska Anchorage	8:26.02 3
16	247	Hamilton, Vince	Gonzaga	8:26.69 3
17	509	Arroyo, Gus	Seattle U.	8:26.96 2
18	906	Derline, Isaac	Western Washington	8:27.34 2
19	388	Forsee, Ben	Portland	8:27.63 2
20	253	Quintana, Dillon	Gonzaga	8:29.10 2
21	426	Shipley, Tyler	Puget Sound	8:31.40 2
22	840	Williams, Michael	Washington St.	8:31.45 3
23	673	Weir, Ben	U. of Victoria	8:32.14 2
24	930	Wise, Andrew	Western Washington	8:32.19 2
25	522	Weaver, Chay	Seattle U.	8:34.80 1
26	520	Seidel, Matt	Seattle U.	8:34.80 1
27	396	Orndorf, Logan	Portland	8:35.33 1
28	391	Haughey, Gabriel	Portland	8:35.42 1
29	255	Tarbath, Forest	Gonzaga	8:35.55 2
30	251	Manley, Kellen	Gonzaga	8:36.63 2
31	392	Horen, Joseph	Portland	8:39.12 1
32	383	Bowns, Alex	Portland	8:39.89 2
33	401	Wingfield, Erik	Portland	8:40.10 1
34	741	Madsen, William	University o	8:40.29 2
35	729	Stanovsek, Mick	Unattached	8:41.62 2
36	644	Johnston, Blair	Trinity Western	8:41.87 2
37	554	Miller, Sean	Simon Fraser	8:42.86 1
38	548	de Dalmases, Mateo	Simon Fraser	8:42.91 1
39	546	Charlton, Braeden	Simon Fraser	8:43.57 2
40	478	Wiley, Turner	Seattle Pacific	8:44.04 1
41	775	Rule, Trent	Usc	8:45.08 2
42	565	Wong, Brendan	Simon Fraser	8:45.67 2
43	664	Ginther, Sterling	U. of Victoria	8:48.19 2
44	99	Samoei, Victor	Alaska Anchorage	8:48.30 2
45	92	Kangogo, Edwin	Alaska Anchorage	8:48.37 2
46	76	Williams, Keith	Washington	8:48.73 3
47	511	Charbonneau, Joe	Seattle U.	8:48.92 2
48	394	Lomax, Sam	Portland	8:49.87 1
49	770	Jakowec, Nicolaus	Usc	8:53.19 1
50	248	Kaderabek, Max	Gonzaga	8:53.22 2

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

51	250 Lunder, Danny	Gonzaga	8:54.54	1
52	510 Boudouris, Eli	Seattle U.	9:00.82	1
53	512 Hebert, Jacques	Seattle U.	9:01.71	1
54	516 Olson, Collin	Seattle U.	9:04.24	1
55	937 Davidson-Turner, C	Seattle U.	9:07.23	1
56	925 Ripley, Noah	Western Washington	9:08.60	1
57	158 Kirkov, Roman	Concordia (Ore.)	9:12.97	1
58	515 Monk, Ben	Seattle U.	9:28.05	1
59	466 Comer, Brian	Seattle Pacific	9:31.65	1
60	477 Walker, Joseph	Seattle Pacific	9:35.53	1

**Men 60 Meter Hurdles Qualificatio**

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Heat Winner + 6 Times to Next Round

Dempsey: ! 7.61 2/1/2014 Ashton Eaton, Nike

Meet: M 7.77 1/18/2014 Johnathan Cabral, Oregon

Name	Year	School	Prelims	H#
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**Preliminaries**

1	356 Modin, Mitch	Oregon	8.36Q	4
2	523 Pendergrass Anders	Silky Smooth	8.39Q	2
3	860 Dobson, Kaleb	Western Oregon	8.43Q	3
4	346 Fellows, Alec	Oregon	8.48Q	1
5	827 Markham, Ian	Washington St.	8.53Q	2
6	67 Simpson, Eric	Washington	8.57Q	1
7	726 McIntosh, Max	Unattached	8.73Q	3
8	923 Powe, Tre'Von	Western Washington	8.76Q	4
9	820 Grant, Christopher	Washington St.	8.58q	2
10	929 Wilson, Jade	Western Washington	8.59q	2
11	217 Pullin, Aaron	Eastern Washington	8.73q	1
12	345 Delgado, Joe	Oregon	8.78q	4
13	353 Kemp, Blake	Oregon	8.85	3
14	349 Henshaw, Liam	Oregon	8.86	1
15	642 Hernandez, Cale	Trinity Western	9.14	4
16	208 Craig, Kipton	Eastern Washington	11.00	1

**Men 60 Meter Hurdles**

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Top 8 Times Will Advance to 8-Person Final

Final @ 12:52 p.m.

Dempsey: ! 7.61 2/1/2014 Ashton Eaton, Nike

Meet: M 7.77 1/18/2014 Johnathan Cabral, Oregon

Name	Year	School	Prelims	H#
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1	236 Thingalaya, Siddha	Evo Track Club	7.90q	3
2	75 Williams, Chris	Washington	8.01q	2
3	773 Morris, Marquis	Usc	8.14q	1
4	920 Milbrandt, Travis	Western Washington	8.17q	3
5	814 Allen, CJ	Washington St.	8.22q	2
6	523 Pendergrass Anders	Silky Smooth	8.25q	4
7	356 Modin, Mitch	Oregon	8.34q	4
8	610 Williams, Harrison	Stanford	8.39q	1
9	346 Fellows, Alec	Oregon	8.49	1
10	820 Grant, Christopher	Washington St.	8.50	1
11	827 Markham, Ian	Washington St.	8.50	3

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Hurdles**

12	67 Simpson, Eric	Washington	8.54	3
13	929 Wilson, Jade	Western Washington	8.68	2
14	860 Dobson, Kaleb	Western Oregon	8.70	2
15	923 Powe, Tre'Von	Western Washington	8.71	2
16	345 Delgado, Joe	Oregon	8.75	1
17	353 Kemp, Blake	Oregon	8.83	4

**Men 60 Meter Hurdles**

=====  
 Top 8 Times Will Advance to 8-Person Final

Final @ 12:52 p.m.

Dempsey: ! 7.61 2/1/2014 Ashton Eaton, Nike

Meet: M 7.77 1/18/2014 Johnathan Cabral, Oregon

Name	Year	School	Finals	H#
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**Finals**

1	236 Thingalaya, Siddha	Evo Track Club	7.86	2
2	75 Williams, Chris	Washington	7.92	2
3	773 Morris, Marquis	Usc	8.09	1
4	814 Allen, CJ	Washington St.	8.16	2
5	920 Milbrandt, Travis	Western Washington	8.28	1
6	610 Williams, Harrison	Stanford	8.29	1
7	356 Modin, Mitch	Oregon	8.56	2

**Men 4x400 Meter Relay**

=====  
 Dempsey: ! 3:06.98 2/26/2005 Oregon, Oregon

Anderson, Inico, Ikwuakor, Scherer

Meet: M 3:11.37 1/17/2004 Oregon, Oregon

Anderson, Lamb, Holliday, Scherer

School	Finals	H#
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1	Washington 'A'	3:14.20	3
	1) 66 Satterwhite, Quadelle		
	2) 47 Brown, Andrew		
	3) 69 Spano, Jacopo		
	4) 50 Croson, Ryan		
2	Western Oregon 'A'	3:21.55	2
	1) 875 Whitaker, Aaron		
	2) 872 Sultessa, Badane		
	3) 863 Holmberg, AJ		
	4) 861 Hanna, Josh		
3	Western Washington 'A'	3:22.62	2
	1) 929 Wilson, Jade		
	2) 918 McArthur, Ryan		
	3) 914 Lovercamp, Reid		
	4) 910 Jones, Daniel		
4	Washington 'C'	3:23.51	1
	1) 73 Tipton, Kaid		
	2) 65 Prentice, Andrew		
	3) 51 Fletcher, Mason		
	4) 64 Nelson, Blake		
5	Eastern Washington 'A'	3:24.93	3
	1) 206 Anthony, Nick		
	2) 211 Fort, Tyree		
	3) 212 Jackson, Chez		
	4) 224 Upmeyer, Austin		
6	Trinity Western 'A'	3:27.06	2
	1) 651 Sinclair, Jamie		
	2) 633 Boyd, David		
	3) 636 DeGroot, Andrew		
	4) 640 George, Nathan		
7	Washington 'B'	3:27.27	3
	1) 71 Strong, Lucas		
	2) 59 Lucas, Jordan		
	3) 61 Marshall, Travis		
	4) 67 Simpson, Eric		
8	Simon Fraser 'A'	3:28.20	3
	1) 551 Jobson, Zane		
	2) 544 Ahdemar, Joshua		

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men 4x400 Meter Relay**

3) 549 Freinhofer, Dylan	4) 987 Karamanian, Jacob		
9 Seattle Pacific 'A'		3:30.40	1
1) 474 Moreton, Chris	2) 475 Ramsey, Justin		
3) 469 Harris, Peyton	4) 471 Lindsey, Ka'eo		
10 Concordia (Ore.) 'A'		3:30.89	1
1) 156 Gillespie, Eric	2) 166 Seifert, Peter		
3) 152 Collins, Austin	4) 155 Felix, Glen		
-- Evo Track Club 'A'		DNF	2
1) 233 Adalbert, Alexandre	2) 234 Beauvais, Alie		
3) 236 Thingalaya, Siddhanth	4) 235 Medwood, Kenneth		
-- Stanford 'A'		DNF	3
1) 607 Shumway, Jackson	2) 594 Brady, Daniel		
3) 597 Buttinger, Scott	4) 595 Brinkley, Justin		

**Men 4x800 Meter Relay**

=====  
 Dempsey: ! 7:40.17 1/17/2015 Stanford, Stanford  
 M Bertolotti, T Coyle, T Dinger, W Drinkwater

Meet: M 7:35.14

School Finals

1 U. of Victoria 'A'		7:43.30	
1) 667 Oxland, Peter	2) 668 Oxland, Thomas		
3) 666 Longley, Tim	4) 669 Penner, Isaac		
2 Gonzaga 'A'		7:44.69	
1) 246 Goodwin, Sumner	2) 252 McCandless, Conor		
3) 245 Goldizen, Ian	4) 257 Villarma, Mason		
3 Portland 'A'		7:49.53	
1) 393 Knutzen, Brent	2) 398 Roux, Malcolm		
3) 384 Chavez-Killinger, Cobie	4) 395 Mazelli, Trent		
4 Trinity Western 'A'		7:54.97	
1) 637 DeJong, Tyler	2) 638 DeSchiffart, Joel		
3) 641 Gin, Jordan	4) 644 Johnston, Blair		
5 Oregon 'B'		8:08.13	
1) 345 Delgado, Joe	2) 346 Fellows, Alec		
3) 349 Henshaw, Liam	4) 356 Modin, Mitch		
6 Oregon 'A'		8:09.77	
1) 343 Brewer, Chris	2) 347 Franzmair, Niki		
3) 348 Grosvenor, Grant	4) 351 Hornsby, Russell		
7 Western Washington 'A'		8:12.45	
1) 909 Irvine, Justin	2) 904 Cossette, Liam		
3) 925 Ripley, Noah	4) 905 Crowell, Ben		
8 Seattle Pacific 'A'		8:16.66	
1) 464 Avischious, Adam	2) 468 Halladay, Ben		
3) 473 McLeod, David	4) 465 Busald, Jacob		

**Men High Jump**

=====  
 Dempsey: ! 7-07 2/13/2010 Jesse Williams, Nike  
 Meet: M 7-06.50 1/19/2008 Michael Mason, British Columbia

Name Year School Finals

1	724 Lovett, Django	Unattached	2.18m	7-01.75
	1.95 2.00 2.05 2.10 2.15 2.18 2.21			
	PPP PPP O O XO O XXX			

## 2016 UW Indoor Preview - 1/16/2016

## Dempsey Indoor, Seattle WA

## Results

## ....Men High Jump

1	782	Mason, Michael	Valley Royals	2.18m	7-01.75		
	1.95	2.00	2.05	2.10	2.15	2.18	2.21
	PPP	PPP	PPP	O	O	XXO	XXX
3	611	Willis, Dartis	Stanford	2.15m	7-00.50		
	1.95	2.00	2.05	2.10	2.15	2.18	
	PPP	PPP	O	XO	O	XXX	
4	714	Carbin, Darius	Unattached	2.10m	6-10.75		
	1.95	2.00	2.05	2.10	2.15		
	PPP	O	XO	XO	XXX		
4	829	Pierson, Thane	Washington St.	2.10m	6-10.75		
	1.95	2.00	2.05	2.10	2.15		
	O	O	O	XO	XXX		
4	766	Cunningham, Randal	Usc	2.10m	6-10.75		
	1.95	2.00	2.05	2.10	2.15		
	PPP	PPP	O	O	XXX		
7	309	Della Siega, Joel	Ocean Athletics	2.05m	6-08.75		
	1.95	2.00	2.05	2.10			
	XO	XO	XXO	XXX			
7	63	Murray, Carson	Washington	2.05m	6-08.75		
	1.95	2.00	2.05	2.10			
	XO	XXO	XXO	XXX			
7	514	Melu, Shaddye	Seattle U.	2.05m	6-08.75		
	1.95	2.00	2.05	2.10			
	PPP	XO	O	XXX			
7	355	Milligan, Ben	Oregon	2.05m	6-08.75		
	1.95	2.00	2.05	2.10			
	O	XO	XXO	XXX			
7	354	Laubacher, Bradley	Oregon	2.05m	6-08.75		
	1.95	2.00	2.05	2.10			
	O	O	XO	XXX			
12	834	Smith, Cole	Washington St.	2.00m	6-06.75		
	1.80	1.85	1.90	1.95	2.00	2.05	
	PPP	PPP	PPP	O	O	XXX	
12	56	Jensen, Cole	Washington	2.00m	6-06.75		
	1.80	1.85	1.90	1.95	2.00	2.05	
	PPP	XO	O	O	XXO	PPP	
12	819	Fredrickson, Peyto	Washington St.	2.00m	6-06.75		
	1.80	1.85	1.90	1.95	2.00	2.05	
	PPP	PPP	O	O	XXO	XXX	
12	423	Tufty, Rockwell	Portland State	2.00m	6-06.75		
	1.95	2.00	2.05				
	O	O	XXX				
16	707	Alderks, Derek	Unattached	1.95m	6-04.75		
	1.95	2.00					
	XXO	XXX					
16	215	Morgan, Andrew	Eastern Washington	1.95m	6-04.75		
	1.80	1.85	1.90	1.95	2.00		
	PPP	PPP	O	XXO	XXX		
18	931	Yates, Kevin	Western Washington	1.90m	6-02.75		
	1.80	1.85	1.90	1.95			
	PPP	O	O	XXX			
18	822	Halligan, Keelan	Washington St.	1.90m	6-02.75		
	1.80	1.85	1.90	1.95			
	O	O	XO	XXX			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men High Jump**

18	54	Gordon, Josh	Washington	1.90m	6-02.75
		1.80 1.85 1.90 1.95			
		XO O XO XXX			
18	815	Anderson, Grayson	Washington St.	1.90m	6-02.75
		1.80 1.85 1.90 1.95			
		O XO XXO XXX			
18	226	Wallace, Forrest	Eastern Washington	1.90m	6-02.75
		1.80 1.85 1.90 1.95			
		XO XO XXO XXX			
18	831	Rexus, Brendan	Washington St.	1.90m	6-02.75
		1.80 1.85 1.90 1.95			
		PPP XXO O XXX			
24	154	Faust, Louis	Concordia (Ore.)	1.85m	6-00.75
		1.80 1.85 1.90			
		O O XXX			
24	643	Humprey, Stephen	Trinity Western	1.85m	6-00.75
		1.80 1.85 1.90			
		PPP XXO XXX			
26	518	Peters, Cam	Seattle U.	1.80m	5-10.75
		1.80 1.85			
		XXO XXX			
--	227	Johnson, Anthony	Evergreen St.	NH	
		1.95 2.00 2.05 2.10 2.15			
		PPP PPP PPP PPP XXX			
--	642	Hernandez, Cale	Trinity Western	NH	
		1.80			
		XXX			

**Men Pole Vault**

=====

Flight 1 - 9:00 a.m.; Flight 2 - 1:00 p.m.

Dempsey: ! 19-00.75 1/31/2004 Tony Stevenson, Unattached

Meet: M 18-08.25 1/13/2007 Brad Walker, Unattached

Name Year School Finals

1	600	Duvio, Dylan	Stanford	5.26m	17-03.00
		4.66 4.81 4.96 5.11 5.26 5.41			
		PPP PPP O O O XXX			
2	608	Starkey, Garrett	Stanford	J5.26m	17-03.00
		4.66 4.81 4.96 5.11 5.26 5.41			
		PPP O O XXO O XXX			
3	610	Williams, Harrison	Stanford	J5.26m	17-03.00
		4.66 4.81 4.96 5.11 5.26 5.41			
		O O XXO XXO XO XXX			
4	72	Thoirs, Jax	Washington	5.11m	16-09.25
		4.66 4.81 4.96 5.11 5.26			
		PPP PPP O O XXX			
5	360	Walsh, Cole	Oregon	J5.11m	16-09.25
		4.66 4.81 4.96 5.11 5.26			
		PPP PPP XXO XXO XXX			
6	60	Marcus, Lev	Washington	4.96m	16-03.25
		4.66 4.81 4.96 5.11			
		PPP PPP O XXX			



## 2016 UW Indoor Preview - 1/16/2016

## Dempsey Indoor, Seattle WA

## Results

## ....Men Pole Vault

7	836 Sodorff, Austin	Washington St.	4.81m	15-09.25
	4.66 4.81 4.96			
	PPP XO XXX			
8	601 Emery, Daniel	Stanford	J4.81m	15-09.25
	4.66 4.81 4.96			
	XO XO XP			
8	45 Black, Blaise	Washington	J4.81m	15-09.25
	4.66 4.81 4.96			
	XO XO XXX			
10	599 Duvio, Dalton	Stanford	J4.81m	15-09.25
	4.66 4.81 4.96			
	XXO XO XXX			
11	222 Still, Larry	Eastern Washington	J4.81m	15-09.25
	4.21 4.36 4.51 4.66 4.81 4.96			
	PPP PPP PPP O XXO XXX			
12	350 Hidalgo, Matt	Oregon	J4.81m	15-09.25
	4.66 4.81 4.96			
	XOP XXO XXX			
13	356 Modin, Mitch	Oregon	4.66m	15-03.50
	4.21 4.36 4.51 4.66 4.81			
	PPP O O O XXX			
13	68 Smith, Chase	Washington	4.66m	15-03.50
	4.66 4.81			
	XO XXX			
13	718 Halik, Kevin	Unattached	4.66m	15-03.50
	4.21 4.36 4.51 4.66 4.81			
	O O O XO XXX			
13	353 Kemp, Blake	Oregon	4.66m	15-03.50
	4.21 4.36 4.51 4.66 4.81			
	PPP XO XXO XXO XXX			
17	639 Dunford, Nathan	Trinity Western	4.51m	14-09.50
	4.21 4.36 4.51 4.66			
	PPP XXO O XXX			
17	911 Konrad, J. T.	Western Washington	4.51m	14-09.50
	4.21 4.36 4.51 4.66			
	XO O XXO XXX			
19	345 Delgado, Joe	Oregon	4.36m	14-03.50
	4.21 4.36 4.51			
	OPP XXO XXX			
19	912 Kordas, Gordon	Western Washington	4.36m	14-03.50
	4.21 4.36 4.51			
	XO O XXX			
19	346 Fellows, Alec	Oregon	4.36m	14-03.50
	4.21 4.36 4.51			
	O XO XXX			
22	908 Hino, Jacob	Western Washington	4.21m	13-09.75
	4.21 4.36			
	XO XXX			
--	221 Stearns, Nick	Eastern Washington	NH	
	4.66			
	XXX			
--	349 Henshaw, Liam	Oregon	NH	
	4.21			
	XXX			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men Pole Vault**

--	824 Lewis, Anden	Washington St.	NH
	4.21 4.36 4.51		
	PPP PPP XXX		
--	652 Weiss, Chris	Trinity Western	NH
	4.21		
	XXX		
--	75 Williams, Chris	Washington	NH
	4.66 4.81		
	PPP XXX		
--	903 Coelho, Matt	Western Washington	NH
	4.21		
	XXX		
--	125 Keller, Levi	Club Northwest	NH
	4.66 4.81 4.96 5.11 5.26		
	PPP PPP PPP PPP XXX		

**Men Long Jump**

=====						
	Dempsey: !	26-07.75	2/29/2008	Norris Frederick,	Washington	
	Meet: M	26-03	1/14/2012	Norris Frederick,	Nike	
	Name	Year	School	Finals		
=====						
1	101 Frederick, Norris		Asics	7.58m	24-10.50	
	FOUL 7.58m	7.47m	FOUL 7.52m	7.55m		
2	776 Sloan, Eric		Usc	7.45m	24-05.50	
	7.45m	FOUL 7.33m	PASS PASS PASS			
3	54 Gordon, Josh		Washington	7.19m	23-07.25	
	6.20m	7.04m 6.94m	FOUL FOUL 7.19m			
4	560 Tsygankov, Vladisl		Simon Fraser	7.16m	23-06.00	
	7.16m	7.04m 7.11m	6.95m 6.82m	FOUL		
5	227 Johnson, Anthony		Evergreen St.	7.07m	23-02.50	
	FOUL 7.05m	FOUL 6.92m	7.07m 6.60m			
6	725 McGee, Keshun		Unattached	7.02m	23-00.50	
	6.87m	FOUL 7.02m	FOUL 6.63m 6.96m			
7	928 van Tuinen, Nathan		Western Washington	6.96m	22-10.00	
	5.45m	6.96m 6.70m	6.78m 6.76m 6.95m			
8	420 Schmidt, Spenser		Portland State	6.89m	22-07.25	
	6.86m	6.80m	FOUL 6.88m 6.89m	FOUL		
9	777 Smallwood, Dominic		Usc	6.80m	22-03.75	
	FOUL 6.78m	6.80m	PASS PASS PASS			
10	917 Mataya, Rudy		Western Washington	6.71m	22-00.25	
	6.71m	5.88m 6.34m				
11	931 Yates, Kevin		Western Washington	6.69m	21-11.50	
	6.56m	5.49m 6.69m				
12	550 He, Jerry		Simon Fraser	6.63m	21-09.00	
	FOUL 6.05m	6.63m				
13	819 Fredrickson, Peyto		Washington St.	6.59m	21-07.50	
	FOUL 6.40m	6.59m				
13	610 Williams, Harrison		Stanford	6.59m	21-07.50	
	6.27m	6.14m 6.59m				
15	307 Holmes, Isaiah		Oakmont High School	6.55m	21-06.00	
	FOUL 6.55m	FOUL				
16	469 Harris, Peyton		Seattle Pacific	6.47m	21-02.75	
	FOUL 6.47m	FOUL				

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men Long Jump**

17	924 Ringold, Jacob	Western Washington	6.43m	21-01.25
	6.11m 6.13m 6.43m			
18	385 DeVaughn, Nathan	Portland	6.41m	21-00.50
	6.41m FOUL 6.37m			
19	902 Chhim, Somit	Western Washington	6.34m	20-09.75
	FOUL FOUL 6.34m			
20	916 Makrakakis, Nick	Western Washington	6.33m	20-09.25
	6.33m 5.92m 6.05m			
21	235 Medwood, Kenneth	Evo Track Club	6.31m	20-08.50
	6.31m 5.06m 6.05m			
22	566 Wu, Alex	Simon Fraser	6.30m	20-08.00
	5.77m 6.10m 6.30m			
22	63 Murray, Carson	Washington	6.30m	20-08.00
	FOUL FOUL 6.30m			
24	642 Hernandez, Cale	Trinity Western	6.20m	20-04.25
	6.20m 5.96m FOUL			
25	170 Wheeler, Jimmy	Concordia (Ore.)	6.02m	19-09.00
	6.02m 5.90m FOUL			
26	650 Santos, Joel	Trinity Western	5.90m	19-04.25
	5.90m 5.25m FOUL			
27	217 Pullin, Aaron	Eastern Washington	5.77m	18-11.25
	5.68m 5.77m FOUL			
--	647 Linde, James	Trinity Western	FOUL	
	FOUL FOUL FOUL			

**Men Triple Jump**

=====						
	Dempsey: !	54-06.50	2/1/2003	Julien Kapek, USC		
	Meet: M	51-03	1/15/2011	Kyle Jenkins, Unattached		
	Name		Year	School		Finals
=====						
1	776 Sloan, Eric			Usc		16.43m 53-11.00
	16.43m	FOUL	FOUL	PASS	PASS	PASS
2	596 Brooks, Darian			Stanford		16.08m 52-09.25
	15.53m	14.13m	15.71m	13.56m	15.29m	16.08m
3	609 Uudmae, Jaak			Stanford		15.69m 51-05.75
	15.16m	14.28m	14.20m	14.67m	15.69m	15.37m
4	725 McGee, Keshun			Unattached		14.60m 47-11.00
	13.86m	13.79m	14.18m	14.12m	FOUL	14.60m
5	306 Moldavanov, Vladis			NorWesters		14.38m 47-02.25
	FOUL	FOUL	14.27m	FOUL	FOUL	14.38m
6	926 Seely, Mark			Western Washington		14.28m 46-10.25
	FOUL	12.31m	13.82m	FOUL	FOUL	14.28m
7	777 Smallwood, Dominic			Usc		14.25m 46-09.00
	14.23m	14.25m	14.19m	FOUL	PASS	PASS
8	307 Holmes, Isaiah			Oakmont High School		14.01m 45-11.75
	13.84m	13.68m	13.82m	14.01m	13.80m	13.37m
9	523 Pendergrass Anders			Silky Smooth		13.90m 45-07.25
	13.01m	13.90m	13.74m	13.11m	13.19m	FOUL
10	170 Wheeler, Jimmy			Concordia (Ore.)		13.62m 44-08.25
	13.28m	13.62m	13.49m			
11	154 Faust, Louis			Concordia (Ore.)		13.43m 44-00.75
	FOUL	FOUL	13.43m			
12	652 Weiss, Chris			Trinity Western		13.05m 42-09.75
	12.79m	12.37m	13.05m			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men Triple Jump**

13	902 Chhim, Somit	Western Washington	12.84m	42-01.50
	FOUL FOUL 12.84m			
13	916 Makrakis, Nick	Western Washington	12.84m	42-01.50
	12.84m 12.58m 12.36m			

**Men Shot Put**

=====				
	Dempsey: ! 70-05.25	3/1/2008	Ryan Whiting,	Arizona St
	Meet: M 61-06.75	1/17/2015	Darien Moore,	Champ Nutrition
Name	Year	School	Finals	
=====				
1	774 Ponzio, Nicholas	Usc	19.43m	63-09.00
	19.08m 18.86m FOUL	18.63m FOUL	19.43m	
2	771 Katnik, Matthew	Usc	18.34m	60-02.00
	17.87m 18.34m FOUL	17.85m FOUL FOUL		
3	279 Pless, David	IronWood TC	18.18m	59-07.75
	17.78m FOUL 18.18m	FOUL FOUL FOUL		
4	49 Catelli, Frank	Washington	17.75m	58-03.00
	17.29m 16.22m 17.75m	16.36m FOUL FOUL		
5	352 Hunter-Simms, Ryan	Oregon	17.69m	58-00.50
	17.69m 17.52m 17.40m	17.59m FOUL FOUL		
6	159 Koch, Josh	Concordia (Ore.)	16.95m	55-07.50
	16.20m 15.82m 16.21m	FOUL 16.10m 16.95m		
7	58 Lembcke, Jack	Washington	16.87m	55-04.25
	FOUL 16.87m 16.59m	16.59m FOUL FOUL		
8	605 Newman, Tristen	Stanford	16.55m	54-03.75
	16.13m 16.19m 16.53m	FOUL 15.95m 16.55m		
9	55 Hutchison, Brian	Washington	15.84m	51-11.75
	FOUL FOUL 15.84m	FOUL FOUL FOUL		
10	209 Cunningham, Aaron	Eastern Washington	15.65m	51-04.25
	15.59m 15.27m 15.65m			
11	361 White, Austin	Oregon	15.61m	51-02.75
	15.31m FOUL 15.61m			
12	342 Brennan, Drake	Oregon	15.55m	51-00.25
	15.18m 15.55m 15.07m			
13	868 Moore, Jeremy	Western Oregon	14.87m	48-09.50
	14.59m 14.87m 14.62m			
13	922 Pless, Brandon	Western Washington	14.87m	48-09.50
	14.87m 14.65m FOUL			
15	48 Campbell, Carey	Washington	14.82m	48-07.50
	14.82m 14.22m FOUL			
16	153 Duffy, Trevor	Concordia (Ore.)	14.49m	47-06.50
	14.31m 14.49m FOUL			
17	169 Watson, Robert	Concordia (Ore.)	14.45m	47-05.00
	13.99m FOUL 14.45m			
18	46 Boyden, Dan	Washington	14.27m	46-10.00
	13.35m 14.27m FOUL			
19	214 Miller, Scott	Eastern Washington	14.11m	46-03.50
	FOUL 13.70m 14.11m			
20	167 Shipp, Morgan	Concordia (Ore.)	14.05m	46-01.25
	13.55m 14.05m 13.63m			
21	866 Klippel, Kenny	Western Oregon	13.48m	44-02.75
	12.97m 12.86m 13.48m			
22	913 Lee, Bryan	Western Washington	12.67m	41-07.00
	12.24m 12.34m 12.67m			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****....Men Shot Put**

23	56 Jensen, Cole	Washington	12.18m	39-11.50
	12.18m 11.70m 11.14m			
24	63 Murray, Carson	Washington	11.60m	38-00.75
	11.40m 11.60m 11.32m			
25	54 Gordon, Josh	Washington	10.14m	33-03.25
	FOUL 10.14m FOUL			

**Men Weight Throw**

=====				
Dempsey: ! 77-05.25 2/27/2015 Conor McCullough, Team XO				
Meet: M 75-04.75 1/15/2011 Michael Mai, U.S. Army				
Name	Year	School	Finals	
=====				
1	358 Skipper, Greg	Oregon	21.58m	70-09.75
	21.46m 21.43m 20.70m 21.58m 21.21m 21.53m			
2	160 Lamott, Tyler	Concordia (Ore.)	17.92m	58-09.50
	17.12m 17.92m FOUL 17.54m FOUL FOUL			
3	357 Prena, Cullen	Oregon	17.86m	58-07.25
	17.86m 16.78m FOUL 17.14m FOUL FOUL			
4	48 Campbell, Carey	Washington	16.49m	54-01.25
	16.49m FOUL 16.28m 16.01m FOUL 15.54m			
5	913 Lee, Bryan	Western Washington	16.28m	53-05.00
	15.57m 16.28m 15.67m FOUL 15.83m FOUL			
6	605 Newman, Tristen	Stanford	15.95m	52-04.00
	15.95m 15.80m FOUL 15.59m FOUL 15.88m			
7	159 Koch, Josh	Concordia (Ore.)	15.86m	52-00.50
	14.63m 15.47m 15.86m 15.42m FOUL 15.42m			
8	922 Pless, Brandon	Western Washington	15.64m	51-03.75
	15.08m 15.62m 15.42m 15.64m FOUL FOUL			
9	74 White, Kyle	Washington	15.29m	50-02.00
	15.29m 15.17m 15.19m 14.75m 14.99m 14.98m			
10	223 Tofanelli, Steven	Eastern Washington	15.12m	49-07.25
	15.12m 14.43m 14.56m			
11	521 Walker, Devon	Seattle U.	14.61m	47-11.25
	14.61m FOUL FOUL			
12	555 Molinari, Luca	Simon Fraser	14.52m	47-07.75
	13.61m 13.27m 14.52m			
13	209 Cunningham, Aaron	Eastern Washington	14.29m	46-10.75
	14.29m FOUL FOUL			
14	868 Moore, Jeremy	Western Oregon	14.13m	46-04.25
	13.94m 14.13m FOUL			
15	153 Duffy, Trevor	Concordia (Ore.)	13.68m	44-10.75
	FOUL 13.68m 13.13m			
16	856 Allen, Kegan	Western Oregon	13.64m	44-09.00
	FOUL 13.45m 13.64m			
17	866 Klippel, Kenny	Western Oregon	13.58m	44-06.75
	12.44m 13.58m FOUL			
18	415 Dent, Tyler	Portland State	12.87m	42-02.75
	12.87m FOUL FOUL			
19	169 Watson, Robert	Concordia (Ore.)	11.67m	38-03.50
	11.67m FOUL FOUL			
20	167 Shipp, Morgan	Concordia (Ore.)	11.58m	38-00.00
	11.16m 11.58m 11.22m			

**2016 UW Indoor Preview - 1/16/2016****Dempsey Indoor, Seattle WA****Results****Mixed 60 Meter Dash**

=====					
	Name	Year	School	Finals	H#
=====					
1	284 Dixon, Tom	M	Masters	8.00	1
2	292 Waller, Michael	M	Masters	8.13	1
3	288 Onell, Todd	M	Masters	8.15	1
4	289 Ortman, David	M	Masters	8.25	1
5	283 Brocato, Charles	M	Masters	8.82	1
6	285 Hundley, Clyde	M	Masters	8.99	1
7	286 Jones, Allen	M	Masters	9.01	2
8	291 Turock, Art	M	Masters	9.27	2
9	287 Leslie, Will	M	Masters	9.37	2
10	282 Kuhnly, Gail	W	Masters	10.29	2