



2016 STANFORD WOMEN'S GYMNASTICS

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2016 SCHEDULE/RESULTS

January

10	NorCal Classic*	Davis, Calif.	2nd, 194.800
18	Georgia	Athens, Ga.	W, 195.875
24	San Jose State, California*	Burnham	1st, 196.675
30	Metroplex Challenge*	Fort Worth, Texas	4th, 196.075

February

8	Arizona State*	Burnham	W, 195.750-194.325
13	Arizona*^	Tucson, Ariz.	W, 196.650-196.150
20	Utah*^	Maples Pavilion	L, 197.150-195.875
29	Oregon State*^	Corvallis, Ore.	L, 196.325-196.250

March

6	UCLA, Georgia*^	Los Angeles	1st, 197.400
19	Pac-12 Championships*^	Seattle	5th, 196.125

April

2	NCAA Regionals	Ann Arbor, Michigan	3 p.m.
15	NCAA Semifinals	Fort Worth, Texas	TBD
16	NCAA Super Six	Fort Worth, Texas	TBD

Bold indicates home meet
* Pac-12 Opponent
^ Pac-12 Networks broadcast

STANFORD PURSUES NCAA CHAMPIONSHIPS BERTH

The Cardinal has qualified in eight of the past nine seasons

NCAA Ann Arbor Regional

Sat., April 2 • 3 p.m. (PT)

Crisler Center • Ann Arbor, Mich.

Live Stream | Live Statistics • Available via GoStanford.com

No. 18 Stanford (14-10, 7-8 Pac-12) | **No. 6 Auburn** (12-8, 8-7 SEC)

No. 7 Michigan (20-6, 15-3 Big Ten) | **No. 24 Eastern Michigan** (15-3-1, 5-1 MAC)

No. 25 Penn State (11-7, 12-6 Big Ten) | **New Hampshire** (16-10, 5-5 EAGL)

STANFORD, Calif. – No. 18 Stanford will pursue a spot at the NCAA Championships this Saturday at 3 p.m. (PT) when it competes at the NCAA Ann Arbor Regional.

The Cardinal (14-10, 7-8 Pac-12) will look to earn its sixth regional title and qualify to the NCAA Championships for the ninth time in the past 10 years. Stanford has competed at the Ann Arbor Regional twice before, placing fourth in 2011 and second in 2001.

The Cardinal has qualified to the NCAA regional competition in 33 consecutive years and 36 overall.

Joining Stanford in Ann Arbor will be top-seeded Auburn, and (in order of seeding) Michigan, Eastern Michigan, Penn State and New Hampshire. The top two teams in the regional competition will receive a berth to the NCAA Championships in Fort Worth, Texas.

Stanford's NCAA Regional History

- Stanford has qualified in 33 consecutive seasons and 36 overall.
- Finished in the top two to advance to the NCAA's in eight of the past nine seasons.
- Under head coach Kristen Smyth, Stanford has won four regional titles, were runners-up seven times, and have a third- and two fourth-place finishes.
- The Cardinal has had 27 gymnasts combine for 45 individual titles, including 40 since 1998.
- Stanford is seeking its sixth NCAA regional title, all since 1999.

Individual Cardinal Experience at NCAA Regional

- The following are current Stanford gymnasts (11) who competed as part of past regional lineups:
Three: Taylor Rice (2013, 2014, 2015), Ivana Hong (2012, 2013, 2015)
Two: Nicolette McNair (2014, 2015), Danielle McNair (2014, 2015), Jenna Frowein (2014, 2015)
One: Melissa Chuang (2014), Rachel Daum (2014), Elizabeth Price (2015), Haley Spector (2015)

2016 ROSTER

Name	Events	Ht.	Yr.	Major	Hometown (High School/Club)
Melissa Chuang	V, BB, FX	5-1	Sr.	International Relations	Cupertino, Calif. (Monta Vista/Airborne Gymnastics)
Rachel Daum	V, BB, FX	5-2	Jr.	Human Biology	Katy, Texas (National Connections Academy/Stars Houston)
Taryn Fitzgerald	AA	5-3	Fr.	Undeclared	Houston, Texas (James E. Taylor/Champion Gymnastics Academy)
Jenna Frowein	UB, FX	5-6	Sr.	Architecture	Kaneohe, Hawaii (Punahou School/Hawaii Island Twisters)
Hailee Hoffman	AA	5-1	Fr.	Undeclared	Salt Lake City, Utah (Skyline/Olympus School of Gymnastics)
Nicole Hoffman	AA	5-2	Fr.	Undeclared	Bedford, N.Y. (Byram Hills/Galaxy Gymnastics)
Ivana Hong	AA	5-2	RSr.	Human Biology	Laguna Hills, Calif. (Lovejoy/World Olympic Gymnastics Academy)
Dare Maxwell	UB, BB, FX	5-4	Fr.	Undeclared	Oklahoma City, Okla. (San Francisco University/Dynamo Gymnastics)
Danielle McNair	V, UB	4-11	Jr.	Human Biology	Trabuco Canyon, Calif. (Tesoro/Gym Max Gymnastics)
Nicolette McNair	AA	5-1	Jr.	Human Biology	Trabuco Canyon, Calif. (Tesoro/Gym Max Gymnastics)
Elizabeth Price	AA	5-3	So.	Undeclared	Coopersburg, Pa. (Bridgeway Academy/Parquettes)
Taylor Rice	AA	5-0	Sr.	International Relations	Las Vegas, Nev. (Pine Creek/Gymcats)
Haley Spector	BB, FX	5-3	Jr.	Human Biology	Reno, Nev. (Bishop Manogue Catholic/Deltchev Gymnastics Academy)

Head Coach: Kristen Smyth (California, '93), 15th Season
Associate Head Coach: Chris Swircek (San Jose State, '93), 13th Season
Assistant Coach: Neal Gallant, 1st Season

Pronunciation Guide

Melissa Chuang (sch-WONG)	Dare Maxwell (like truth or dare)
Rachel Daum (DOM)	Kristen Smyth (Smith)
Jenna Frowein (FROW-en)	Chris Swircek (SWAR-zek)
Ivana Hong (EE-vah-nuh)	

NATIONAL RANKINGS (MARCH 21)

Rank	Team	RQS
1.	Oklahoma	197.920
2.	Florida	197.795
3.	LSU	197.695
4.	Alabama	197.400
5.	Utah	197.205
6.	Auburn	197.150
7.	Michigan	197.130
8.	UCLA	197.055
9.	Georgia	197.010
10.	California	196.770
11.	Denver	196.725
12.	Nebraska	196.635
13.	Oregon State	196.575
	Arkansas	196.575
15.	Boise State	196.570
16.	Minnesota	196.495
17.	Washington	196.360
18.	Stanford	196.355
19.	Iowa	196.330
20.	Missouri	196.235
21.	Kentucky	196.205
22.	Arizona	196.155
23.	Southern Utah	196.050
24.	Eastern Michigan	196.040
25.	Penn State	195.960

STANFORD IN THE RANKINGS

• Team Top-25 Rankings (RQS)

Vault: T-12th, 49.120

Bars: 13th, 49.230

Beam: T-14th, 49.195

• Individual Top-25 Rankings (RQS)

All-Around

Elizabeth Price, T-5th, 39.570

Vault

Elizabeth Price, 6th, 9.920

Bars

Elizabeth Price, T-4th, 9.940

Beam

Melissa Chuang, T-17th, 9.895

Floor

Elizabeth Price, T-24th, 9.905

HEAD COACH KRISTEN SMYTH

Team Accomplishments

Career Record (regular season): 232-78-2 (.747)

Overall Record: 325-142-6 (.693)

Four NCAA top-four finishes

Seven Super Six appearances

11 NCAA Championships berths

Four regional championships

Three Pac-10/12 titles

Coaching Awards

2004 National Coach of the Year

Two-time Regional Coach of the Year

Four-time Pac-10 Coach of the Year

Super Six Experience

• Stanford has six gymnasts who were part of the lineups that competed in the 2015 NCAA Super Six finals in Fort Worth, Texas, on the Cardinal's fifth-place team. They are: Ivana Hong, Danielle McNair, Nicolette McNair, Elizabeth Price, Taylor Rice and Haley Spector.

• Hong also competed at the 2012 NCAA Championships in Duluth, Georgia, helping Stanford place fourth.

Consistently One of the Best in the Country

• Stanford is one of seven teams in the nation to make at least seven Super Six appearances in the past 14 years (2002-15). (Alabama-13, Utah-11, Georgia-10, UCLA-9, Florida-9, Stanford-7, Nebraska-7)

• Stanford returned to the NCAA Championships for the 12th time in the past 15 years in 2015, six gymnasts combined for nine All-America honors and the Cardinal finished fifth at the NCAA Championships with a 197.250 – the team's second-highest score ever at an NCAA Championships competition.

• A misconception about the Cardinal is that it starts slow and comes out of nowhere during championship season. However, it should not be a surprise and is not a fluke, as evidenced by the team consistently finishing among the top in the nation.

• The Cardinal coaching staff enters each season with a carefully calculated outline of goals for different points during the season. A major focus for the beginning of the season is on consistency, building depth in lineups and health. As the season continues, the Cardinal adds difficulty and unique elements to routines to ensure it peaks during postseason competition.

Four Named All-Pac-12

• The Cardinal was well-represented on the All-Pac-12 team with Elizabeth Price (all-around) and Melissa Chuang (beam) named to the first team, and Taylor Rice (all-around) and Ivana Hong (beam) earning second team honors.

• It is the fourth all-conference honor for Hong, second for Rice and Price, and the first for Chuang.

Strong Individual Showings at Pac-12 Championships

• Stanford won Session I of the Pac-12 Championships with a 196.125 and placed fifth overall at the meet.

• Elizabeth Price tied for the Pac-12 title on bars (9.900), tied for second on vault (9.900), and tied for seventh on floor (9.875). She placed fourth in the all-around with a 39.475. She finished first in Session I of the Pac-12 Championships.

• Melissa Chuang tied for fifth on beam with a 9.925, Taylor Rice tied for fourth on bars with a 9.875 and Ivana Hong tied for ninth on bars with a 9.850.

Ending the Regular Season on a High Note

• Stanford tied or set season bests in each event to earn a season-best 197.400 and the victory against No. 7 UCLA and No. 10 Georgia in its regular-season finale in Los Angeles (March 6).

• The Cardinal went 49.250 or higher in each event and registered meet-best scores on bars (49.525) and beam (49.375). Seven Stanford gymnasts combined for nine top-five finishes.

• It was Stanford's second victory of the season against Georgia, marking the first time in program history the Cardinal beat the Bulldogs twice in one season - let alone both times away from home. It was Stanford's first victory against UCLA in Los Angeles since Jan. 9, 2011, at the Pac-12 Showcase (196.625-195.925).

Price Continues to Dominate

• Elizabeth Price became the second Cardinal gymnast to earn Pac-12 Gymnast of the Year honors in program history this season. She also claimed Regular Season All-America recognition in the all-around, vault and bars. She has accumulated four honors through her first two years after earning first-team honors on vault as a freshman in 2015.

• Price won the all-around in seven of the nine meets she has competed in the event this season, including a season-best 39.675 at UCLA and Georgia (March 6). She is tied for fifth in the nation in the all-around with an RQS of 39.570.

• Price has scored 9.825 or higher in 32-of-35 performances this season and 9.900 or higher in 39-of-60 performances during her collegiate career. She has won 56 percent of the events she's competed in this season (27 individual event victories in 48 possible events).

• Price was named the Pac-12 Gymnast of the Week each of the first three weeks of the season and picked up her fourth honor after the UCLA and Georgia meet. She became the fifth gymnast in Pac-12 history to earn four Gymnast of the Week honors in one season (Kirsten Maloney, UCLA, 2005; Vanessa Zamarripa, UCLA, 2013; Makayla Stambaugh, Oregon State, 2013; Georgia Dabritz, Utah, 2015; Elizabeth Price, Stanford, 2016).

Consistency from McNair

• Nicolette McNair has been one of Stanford's most consistent gymnasts this season. She has scored 9.800 or higher in 26-of-30 routines this season and has hit 99-of-107 routines (93 percent) on vault, bars and beam in her career.

STANFORD RANKINGS BY WEEK

Preseason	8th
Jan. 11.....	22nd
Jan. 18.....	17th
Jan. 25.....	12th
Feb. 1.....	12th
Feb. 8.....	13th
Feb. 15.....	12th
Feb. 22.....	12th
Feb. 29.....	16th
March 7	13th
March 14	19th
March 21	18th
March 28	-
April 6.....	-

Hong Provides Leadership

- Ivana Hong has been a leader in and out of the gym throughout her career and has continued her role in her final season. She was named one of six finalists for the AAI Award – presented to the nation’s most outstanding senior women’s gymnast

- Hong has continued to deliver as a redshirt senior and recorded five individual event victories during the 2016 regular season – three on beam and two on bars. She tied for ninth on bars with a 9.850, and contributed scores of 9.875 on beam and 9.750 on vault at the Pac-12 Championships.

- Hong was named the Pac-12 Specialist of the Week on Feb. 2 for her standout performances on bars (9.900) and beam (9.925) at the Metroplex Challenge.

A Welcome Return

- Melissa Chuang missed the 2015 season due to injury but has made immediate contributions in 2016. She scored 9.925 on beam at the Pac-12 Championships to tie for fifth. It was her fourth score of 9.900 or higher on beam this year, and third 9.925 in the past four meets. Chuang has hit all 10 of her beam routines this season and scored 9.825 in seven-of-10 performances.

- At Georgia (Jan. 18), Chuang provided the decisive performance on beam with a 9.900 to earn the victory for the Cardinal. She also contributed scores on vault and floor.

Spector Providing Power on Floor

- Haley Spector has provided big scores on floors the past five competitions, going 9.925 at Arizona, 9.900 against No. 5 Utah, 9.800 at No. 20 Oregon State, 9.875 against No. 7 UCLA and No. 10 Georgia, and 9.775 at the Pac-12 Championships. She tied for first place at Arizona and tied for second against the Utes. Spector’s contributions on floor are crucial and help bolster the Cardinal’s lineup in the event.

Consistency Counts

- Danielle McNair continues to contribute scores on a weekly basis. She is 9-for-10 on vault, 8-for-9 on bars and 1-for-2 on beam in hit routines this season.

- McNair performed the first beam routine of her collegiate career against Arizona State (Feb. 8) and earned a 9.700. McNair has scored 9.700 or higher in 15-of-19 performances this season.

Daum Returns

- Junior Rachel Daum missed the first three meets of the season as she recovered from a minor injury. She has contributed scores on beam and floor in each of the past five weeks. She went 9.825 on floor and 9.750 on beam at the Pac-12 Championships.

Doing It All

- Taylor Rice was Stanford’s primary all-around competitor a year ago and continues to be a key contributor in each event. The 2015 Pac-12 First Team and 2016 Pac-12 Second Team selection in the all-around earned her first victory of the season in the event with a 39.075 against Arizona State. She went 39.100 in the all-around at Arizona, falling .100 shy of her season best.

- Rice has competed in the all-around in 18 of the past 24 meets, dating back to the 2015 season opener. She has competed in 154 events throughout her career – the most of any current Stanford gymnast.

A Fresh Start

- Freshman Taryn Fitzgerald has been a solid addition to Stanford’s lineup on vault, beam and floor but was injured in practice the week after taking on No. 5 Utah and is out for the season.

- Fitzgerald competed in three events at Georgia and made significant contributions. She produced a 9.725 on floor and contributed a 9.775 on beam to help spark a strong finish by the Cardinal in the event.

Rotation Schedule

- Here is the rotation order for the NCAA Ann Arbor Regional.

Auburn: bye, bars, beam, bye, floor, vault

Michigan: beam, bye, floor, vault, bye, bars

Stanford: floor, vault, bye, bars, beam, bye

Eastern Michigan: bye, floor, vault, bye, bars, beam

Penn State: bars, beam, bye, floor, vault, bye

New Hampshire: vault, bye, bars, beam, bye, floor

#NerdNation

Melissa Chuang

- Majoring in international relations with a focus in world economics and social development
- Plans on pursuing a career in international development through education-technology
- Works with Project Dosti, a Stanford student group, in order to bring student-teachers to rural India to teach English during the summer
- Full-time marketing and communications intern at a global health-tech startup, HealthTap. Worked with medical experts to create marketing content, company branding, and research reports
- Member of the inaugural cohort for a three-week all-day program for Stanford students interested in public service. Worked on a team partnering with the John Gardener Research Center to address issues of education and gentrification
- 2014 Pac-12 All-Academic honorable mention

Rachel Daum

- Serves as a student-athlete liaison for the Student-Athlete Leadership Team for the Pac-12 (2015)
- Volunteers each week at the veteran's hospital in Palo Alto
- Began conducting research with a professor in the psychiatry department in 2015
- Chair on the Cardinal Council executive committee for the student-athlete wellness group
- 2015 Pac-12 All-Academic honorable mention

Taryn Fitzgerald

- Member of the National Charity League from 2009-15, volunteering for the Susan G. Komen Foundation, Meals on Wheels, ARC, Texas Children's Hospital and various other groups
- Volunteered at the 2015 Lucile Packard Children's Hospital holiday party
- Cooked and served dinner at the Ronald McDonald House in Palo Alto in 2015
- Member of the National Honor Society and Spanish National Honor Society

Jenna Frowein

- Majoring in architecture with a minor in art practice
- Pursuing coterminal master's degree in sustainable design and construction (structural engineering)
- Two-time Pac-12 All-Academic first team (2014, 2015)
- Two-time NACGC/W Scholastic All-American (2013, 2014)
- Member of the Tau Beta Pi Engineering Honor's Society (top eighth percentile of engineering class at Stanford)
- Guardian Integrators team member for PANGAEON, focusing on sustainable design of island communities
- Architectural intern at Wimberly, Allison, Tong and Goo (WATG)
- Studied abroad in Palau researching coral reef ecology

Hailee Hoffmann

- National Honor Society member
- Special Needs Gymnastics class coach for four years

Nicole Hoffman

- Graduated high school with cum laude honors
- Bryant University Book Award for Entrepreneurship
- Member of the Spanish and Italian Honor Society
- Member of Mu Alpha Theta Math Honor Society

Ivana Hong

- Interned at the Stanford Sports Medicine Clinic in 2015
- Fulfilling a research position with NBC during her senior year (2015-16)
- Created a gymnastics physical education curriculum to be implemented in local schools in 2015
- 2015 Pac-12 All-Academic honorable mention

Dare Maxwell

- National Honor Society member (2012-15)
- Oklahoma City Ballet member and Nutcracker cast. Studied on pointe.
- Attended the summer ballet intensive at the Joffrey Ballet School in New York City
- Real name is Mary Adair Hall Maxwell, but started going by the nickname "Dare" in preschool when a teacher misspelled her name "A'Dare"

Danielle McNair

- Majoring in human biology and considering a possible career as a doctor
- Interned at a nutritionist and alternative medicine private practice during the summer of 2015

Nicolette McNair

- Interned at an alternative medicine and nutritionist private practice during the summer of 2015
- Volunteers at the Veterans Hospital in Palo Alto
- Shadowed staff in the emergency department at Stanford Hospital during 2015
- Considering a major in human biology and a minor in psychology and pursuing a career in medicine as a doctor, physical therapist or surgeon

Elizabeth Price

- Considering a major in biomedical engineering
- Arrived to Stanford early before her freshman year to participate in the Stanford Summer Engineering Academy to get a head start on classes

Taylor Rice

- Two-time Pac-12 All-Academic honorable mention

Haley Spector

- Majoring in human biology and plans on pursuing a profession in medicine
- 2015 Pac-12 All-Academic honorable mention
- Was the 2013 Manogue High salutatorian
- Member of the National Honor Society and a National Merit Scholar in high school

MELISSA CHUANG • RS JUNIOR • CUPERTINO, CALIF.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	9.500	-	9.775	-	-
at Georgia	9.625	-	9.900	9.750	-
San Jose State, California	9.625	-	9.875	9.825	-
at Metroplex Challenge	9.650	-	9.825	9.075	-
Arizona State	9.400	-	9.850	9.775	-
at Arizona	9.700	-	9.675	9.750	-
Utah	9.750	-	9.925	9.525	-
at Oregon State	9.775	-	9.725	9.825	-
at UCLA, Georgia	9.775	-	9.925	9.800	-
at Pac-12 Championships	9.500	-	9.925	9.800	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.775	-	9.925	9.825	-
Career Best	9.900	-	9.925	9.900	-

JENNA FROWEIN • SENIOR • KANEHOE, HAWAII

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	-	-	9.600	-
at Georgia	-	-	-	9.700	-
San Jose State, California	-	-	-	9.800	-
at Metroplex Challenge	-	-	-	9.625	-
Arizona State	-	-	-	9.675	-
at Arizona	-	-	-	9.775	-
Utah	-	-	-	9.675	-
at Oregon State	-	-	-	8.850	-
at UCLA, Georgia	-	-	-	9.750	-
at Pac-12 Championships	-	-	-	9.700	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	-	-	-	9.800	-
Career Best	-	-	-	9.850	-

RACHEL DAUM • JUNIOR • KATY, TEXAS

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	-	-	-	-
at Georgia	-	-	-	-	-
San Jose State, California	-	-	-	-	-
at Metroplex Challenge	-	-	9.800	9.650	-
Arizona State	-	-	-	-	-
at Arizona	-	-	9.675	9.800	-
Utah	-	-	9.675	9.700	-
at Oregon State	-	-	9.850	9.775	-
at UCLA, Georgia	-	-	9.925	9.825	-
at Pac-12 Championships	-	-	9.750	9.825	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	-	-	9.925	9.825	-
Career Best	9.900	-	9.925	9.900	-

HAILEE HOFFMAN • FRESHMAN • SALT LAKE CITY, UTAH

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	-	-	-	-
at Georgia	-	-	-	-	-
San Jose State, California	-	-	-	-	-
at Metroplex Challenge	-	-	-	-	-
Arizona State	-	-	-	-	-
at Arizona	-	-	-	-	-
Utah	-	-	-	-	-
at Oregon State	-	-	-	-	-
at UCLA, Georgia	-	-	-	-	-
at Pac-12 Championships	-	-	-	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	-	-	-	-	-
Career Best	-	-	-	-	-

TARYN FITZGERALD • FRESHMAN • HOUSTON, TEXAS

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	9.750	-	-	9.650	-
at Georgia	9.525	-	9.775	9.725	-
San Jose State, California	9.800	-	9.800	9.725	-
at Metroplex Challenge	9.725	-	9.150	9.650	-
Arizona State	9.750	-	9.725	9.700	-
at Arizona	9.850	-	-	-	-
Utah	9.850	-	-	-	-
at Oregon State	-	-	-	-	-
at UCLA, Georgia	-	-	-	-	-
at Pac-12 Championships	-	-	-	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.850	-	9.800	9.725	-
Career Best	9.850	-	9.800	9.725	-

NICOLE HOFFMAN • FRESHMAN • NEW YORK

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	-	-	9.425	-
at Georgia	-	-	-	-	-
San Jose State, California	-	-	-	-	-
at Metroplex Challenge	-	-	-	-	-
Arizona State	-	-	-	-	-
at Arizona	-	-	-	-	-
Utah	-	-	-	-	-
at Oregon State	-	-	-	-	-
at UCLA, Georgia	-	-	-	-	-
at Pac-12 Championships	-	-	-	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	-	-	-	9.425	-
Career Best	-	-	-	9.425	-

IVANA HONG • RS SENIOR • LAGUNA HILLS, CALIF.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	9.850	9.300	-	-
at Georgia	-	9.775	9.900	-	-
San Jose State, California	-	9.800	9.925	-	-
at Metroplex Challenge	-	9.900	9.925	-	-
Arizona State	-	9.850	9.250	-	-
at Arizona	-	9.875	9.750	-	-
Utah	-	9.875	9.825	-	-
at Oregon State	-	9.850	9.375	-	-
at UCLA, Georgia	9.850	9.925	9.850	-	-
at Pac-12 Championships	9.750	9.850	9.875	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.850	9.925	9.925	-	-
Career Best	9.975	9.975	9.975	9.875	39.575

NICOLETTE MCNAIR • JUNIOR • TRABUCO CANYON, CALIF.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	9.800	9.875	9.800	-	-
at Georgia	9.800	9.800	9.725	-	-
San Jose State, California	9.800	9.875	9.825	-	-
at Metroplex Challenge	9.800	9.875	9.850	-	-
Arizona State	9.825	9.850	9.825	-	-
at Arizona	9.850	9.875	9.825	-	-
Utah	9.825	9.850	9.850	-	-
at Oregon State	9.875	9.800	9.850	-	-
at UCLA, Georgia	9.850	9.850	9.850	-	-
at Pac-12 Championships	9.775	9.375	8.800	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.875	9.875	9.850	-	-
Career Best	9.925	9.950	9.900	9.650	39.300

DARE MAXWELL • FRESHMAN • OKLAHOMA CITY, OKLA.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	9.675	-	-	-
at Georgia	-	9.000	-	-	-
San Jose State, California	-	9.825	-	-	-
at Metroplex Challenge	-	9.775	-	-	-
Arizona State	-	9.725	-	-	-
at Arizona	-	9.775	-	-	-
Utah	-	9.725	-	-	-
at Oregon State	-	9.800	-	-	-
at UCLA, Georgia	-	9.875	-	-	-
at Pac-12 Championships	-	9.800	-	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	-	9.875	-	-	-
Career Best	-	9.875	-	-	-

ELIZABETH PRICE • SOPHOMORE • COOPERSBURG, PA.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	9.850	9.900	9.850	9.900	39.500
at Georgia	9.875	9.900	9.775	9.875	39.425
San Jose State, California	9.925	9.925	9.825	9.875	39.550
at Metroplex Challenge	9.875	9.950	9.900	9.875	39.600
Arizona State	9.950	9.650	-	9.925	-
at Arizona	9.875	9.975	9.875	9.925	39.650
Utah	9.925	9.375	9.850	9.925	39.075
at Oregon State	9.900	9.950	9.850	9.850	39.550
at UCLA, Georgia	9.975	9.975	9.825	9.900	39.675
at Pac-12 Championships	9.900	9.900	9.800	9.875	39.475
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.975	9.975	9.900	9.925	39.675
Career Best	10.00	9.975	9.900	9.975	39.675

DANIELLE MCNAIR • JUNIOR • TRABUCO CANYON, CALIF.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	9.700	-	-	-	-
at Georgia	9.775	9.725	-	-	-
San Jose State, California	9.800	9.775	-	-	-
at Metroplex Challenge	9.725	9.800	-	-	-
Arizona State	9.800	9.725	9.700	-	-
at Arizona	9.825	9.800	-	-	-
Utah	9.775	8.300	-	-	-
at Oregon State	9.750	9.650	-	-	-
at UCLA, Georgia	9.275	9.875	9.100	-	-
at Pac-12 Championships	9.750	9.775	-	-	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.825	9.875	9.700	-	-
Career Best	9.900	9.875	9.700	-	-

TAYLOR RICE • SENIOR • LAS VEGAS, NEV.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	9.575	9.850	9.775	9.150	38.350
at Georgia	9.775	9.825	9.850	9.750	39.200
San Jose State, California	9.850	9.225	8.600	9.700	37.375
at Metroplex Challenge	9.775	9.775	-	-	-
Arizona State	9.775	9.625	9.850	9.825	39.075
at Arizona	9.800	9.700	9.775	9.825	39.100
Utah	9.775	9.825	8.975	9.750	38.325
at Oregon State	9.675	9.750	9.825	9.775	39.025
at UCLA, Georgia	9.800	9.875	-	9.850	-
at Pac-12 Championships	9.675	9.875	9.750	9.150	38.450
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	9.850	9.875	9.850	9.850	39.200
Career Best	9.950	9.900	9.925	9.925	39.500

HALEY SPECTOR • JUNIOR • RENO, NEV.

Competition	Vault	Bars	Beam	Floor	AA
at NorCal Classic	-	-	9.375	9.825	-
at Georgia	-	-	-	9.150	-
San Jose State, California	-	-	-	9.825	-
at Metroplex Challenge	-	-	-	9.775	-
Arizona State	-	-	-	9.125	-
at Arizona	-	-	-	9.925	-
Utah	-	-	-	9.925	-
at Oregon State	-	-	-	9.800	-
at UCLA, Georgia	-	-	-	9.875	-
at Pac-12 Championships	-	-	-	9.775	-
at NCAA Regionals	-	-	-	-	-
at NCAA Team Semifinals	-	-	-	-	-
at NCAA Super Six	-	-	-	-	-
at NCAA Individual Event	-	-	-	-	-
Season Best	-	-	9.375	9.925	-
Career Best	-	-	9.700	9.925	-

STANFORD ALL-TIME RECORDS**Individual Records****All-Around**

Score	Name	Date
39.825	Larissa Fontaine	2/21/00
	Natalie Foley	2/20/04
	Lindsay Wing	2/20/04

Vault

Score	Name	Date
10.000	Kendall Beck	3/7/03
	Natalie Foley	3/20/04
	Elizabeth Price	1/26/15

Uneven Bars

Score	Name	Date
10.000	Amy Murakami	3/26/99
	Liz Tricase	1/19/07

Balance Beam

Score	Name	Date
10.000	Lindsay Wing	3/22/03
	Lise Leveille	2/20/04

Floor Exercise

Score	Name	Date
10.000	Tracey Kohl	3/12/99
	Amy Murakami	3/26/99
	Sarah Harding	3/26/99
	Larissa Fontaine	2/21/00
	Caroline Fluhrer	2/20/04
	Lise Leveille	2/20/04
	Lindsay Wing	2/20/04

Team Records**Overall**

Score	Opponent	Date
198.875	California	2/20/04
197.900	Pac-10 Champs	3/20/04
197.850	Pac-10 Champs	3/24/01

Vault

Score	Opponent	Date
49.600	California	2/20/04
49.550	NCAA Super Six	4/21/12

Uneven Bars

Score	Opponent	Date
49.725	California	3/26/99
49.600	Oklahoma	3/22/03
49.575	at NCAA Super Six	4/18/15
49.575	at NCAA Semifinals	4/17/15

Balance Beam

Score	Opponent	Date
49.750	California	2/20/04
49.650	Pac-10 Champs	3/20/04

Floor Exercise

Score	Opponent	Date
49.925	California	2/20/04
49.775	California	3/26/99

**2016 STANFORD WOMEN'S GYMNASTICS
TEAM SCHEDULE AND RESULTS
(14-10 REGULAR SEASON, 7-8 PAC-12, 14-10 OVERALL)**

Date	Teams	Vault	Bars	Beam	Floor	Overall	Time (PT)/Result
Jan. 10	NorCal Classic at San Jose St.						3-1
	California	49.000	48.800	48.675	49.100	195.575	
	STANFORD	48.675	49.150	48.575	48.400	194.800	
	Sacramento State	48.675	48.150	48.525	48.975	194.325	
	UC Davis	48.475	47.450	48.275	48.500	192.700	
	San Jose State	47.775	47.675	47.400	48.950	191.800	
Jan. 18	Dual meet at Georgia						1-0
	STANFORD	48.850	49.025	49.200	48.800	195.875	
	Georgia	49.500	49.350	47.600	49.300	195.750	
Jan. 24	Tri-meet vs. San Jose State, California (Burnham Pavilion)						2-0
	STANFORD	49.175	49.200	49.250	49.050	196.675	
	California	49.125	48.525	48.825	49.175	195.650	
	San Jose State	48.700	48.825	48.650	48.700	194.875	
Jan. 30	Metroplex Challenge						1-3
	Oklahoma	49.325	49.525	49.200	49.500	197.550	
	LSU	49.450	49.325	48.600	49.375	196.750	
	Washington	48.800	49.150	49.250	48.975	196.175	
	STANFORD	48.900	49.300	49.300	48.575	196.075	
	Missouri	49.025	49.150	48.575	49.075	195.825	
Feb. 8	Dual meet vs. Arizona State (Burnham Pavilion)						1-0
	STANFORD	49.100	48.800	48.950	48.900	195.750	
	Arizona State	48.450	48.375	48.525	48.975	194.325	
Feb. 13	Dual meet at Arizona						1-0
	STANFORD	49.200	49.300	48.900	49.250	196.650	
	Arizona	49.050	48.950	49.125	49.025	196.150	
Feb. 20	Dual Meet vs. Utah (Maples Pavilion)						0-1
	Utah	49.275	49.150	49.300	49.425	197.150	
	STANFORD	49.150	48.650	49.125	48.950	195.875	
Feb. 29	Dual meet at Oregon State						0-1
	Oregon State	48.725	49.250	48.950	49.400	196.325	
	STANFORD	48.975	49.150	49.100	49.025	196.250	
March 6	Tri-meet at UCLA, Georgia						2-0
	STANFORD	49.250	49.525	49.375	49.250	197.400	
	Georgia	49.525	49.150	49.175	49.175	197.025	
	UCLA	49.375	49.025	48.950	49.475	196.825	
March 19	Pac-12 Championships						3-4
	UCLA	49.125	49.300	49.575	49.250	197.250	
	Utah	49.400	49.275	48.775	49.475	196.925	
	Oregon State	49.100	49.150	49.525	49.150	196.925	
	California	49.100	49.000	49.250	49.375	196.725	
	STANFORD	48.850	49.200	49.100	48.975	196.125	
	Arizona	48.900	49.100	48.500	49.025	195.525	
	Washington	49.025	49.025	48.250	49.000	195.300	
	Arizona State	48.475	48.225	47.350	47.675	191.725	
April 2	NCAA Regionals						TBD
April 15	NCAA Championships Semifinals						TBD
April 16	NCAA Championships Super Six						TBD

INDIVIDUAL SEASON HIGHS (TOP 10)

Name	Score	Meet	Date
Vault			
Elizabeth Price	9.975	at UCLA, Georgia	March 6
Elizabeth Price	9.950	Arizona State	Feb. 8
Elizabeth Price	9.925	Utah	Feb. 20
Elizabeth Price	9.925	California, San Jose State	Jan. 24
Elizabeth Price	9.900	at Oregon State	Feb. 29
Elizabeth Price	9.900	at Pac-12 Championships	March 19
Nicolette McNair	9.875	at Oregon State	Feb. 29
Elizabeth Price	9.875	at Arizona	Feb. 13
Elizabeth Price	9.875	at Metroplex Challenge	Jan. 30
Elizabeth Price	9.875	at Georgia	Jan. 18
Uneven Bars			
Elizabeth Price	9.975	at UCLA, Georgia	March 6
Elizabeth Price	9.975	at Arizona	Feb. 13
Elizabeth Price	9.950	at Oregon State	Feb. 29
Elizabeth Price	9.950	at Metroplex Challenge	Jan. 30
Ivana Hong	9.925	at UCLA, Georgia	March 6
Elizabeth Price	9.925	California, San Jose State	Jan. 24
Elizabeth Price	9.900	at Pac-12 Championships	March 19
Ivana Hong	9.900	at Metroplex Challenge	Jan. 30
Elizabeth Price	9.900	at Georgia	Jan. 18
Elizabeth Price	9.900	at NorCal Classic	Jan. 10
Balance Beam			
Melissa Chuang	9.925	at Pac-12 Championships	March 19
Melissa Chuang	9.925	at UCLA, Georgia	March 6
Rachel Daum	9.925	at UCLA, Georgia	March 6
Melissa Chuang	9.925	Utah	Feb. 20
Ivana Hong	9.925	at Metroplex Challenge	Jan. 30
Ivana Hong	9.925	California, San Jose State	Jan. 24
Elizabeth Price	9.900	at Metroplex Challenge	Jan. 30
Melissa Chuang	9.900	at Georgia	Jan. 18
Ivana Hong	9.900	at Georgia	Jan. 18
Ivana Hong	9.875	at Pac-12 Championships	March 19
Elizabeth Price	9.875	at Arizona	Feb. 13
Melissa Chuang	9.875	California, San Jose State	Jan. 24
Floor Exercise			
Elizabeth Price	9.925	Utah	Feb. 20
Elizabeth Price	9.925	at Arizona	Feb. 13
Haley Spector	9.925	at Arizona	Feb. 13
Elizabeth Price	9.925	Arizona State	Feb. 8
Elizabeth Price	9.900	at UCLA, Georgia	March 6
Haley Spector	9.900	Utah	Feb. 20
Elizabeth Price	9.900	at NorCal Classic	Jan. 10
Elizabeth Price	9.875	at Pac-12 Championships	March 19
Haley Spector	9.875	at UCLA, Georgia	March 6
Elizabeth Price	9.875	at Metroplex Challenge	Jan. 30
Elizabeth Price	9.875	California, San Jose State	Jan. 24
Elizabeth Price	9.875	at Georgia	Jan. 18
All-Around			
Elizabeth Price	39.675	at UCLA, Georgia	March 6
Elizabeth Price	39.650	at Arizona	Feb. 13
Elizabeth Price	39.600	at Metroplex Challenge	Jan. 30
Elizabeth Price	39.550	at Oregon State	Feb. 29
Elizabeth Price	39.550	California, San Jose State	Jan. 24
Elizabeth Price	39.500	at NorCal Classic	Jan. 10
Elizabeth Price	39.475	at Pac-12 Championships	March 19
Elizabeth Price	39.425	at Georgia	Jan. 18
Taylor Rice	39.200	at Georgia	Jan. 18
Taylor Rice	39.100	at Arizona	Feb. 13

TEAM SEASON HIGHS (ALL)

Score	Meet	Date
Vault		
49.250	at UCLA, Georgia	March 6
49.200	at Arizona	Feb. 13
49.175	California, San Jose State	Jan. 24
49.150	Utah	Feb. 20
49.100	Arizona State	Feb. 8
48.975	at Oregon State	Feb. 29
48.900	at Metroplex Challenge	Jan. 30
48.850	at Pac-12 Championships	March 19
48.850	at Georgia	Jan. 18
48.675	at NorCal Classic	Jan. 10
Uneven Bars		
49.525	at UCLA, Georgia	March 6
49.300	at Arizona	Feb. 13
49.300	at Metroplex Challenge	Jan. 30
49.200	at Pac-12 Championships	March 19
49.200	California, San Jose State	Jan. 24
49.150	at Oregon State	Feb. 29
49.150	at NorCal Classic	Jan. 10
49.025	at Georgia	Jan. 18
48.800	Arizona State	Feb. 8
48.650	Utah	Feb. 20
Balance Beam		
49.375	at UCLA, Georgia	March 6
49.300	at Metroplex Challenge	Jan. 30
49.250	California, San Jose State	Jan. 24
49.200	at Georgia	Jan. 18
49.125	Utah	Feb. 20
49.100	at Pac-12 Championships	March 19
49.100	at Oregon State	Feb. 29
48.950	Arizona State	Feb. 8
48.900	at Arizona	Feb. 13
48.575	at NorCal Classic	Jan. 10
Floor Exercise		
49.250	at UCLA, Georgia	March 6
49.250	at Arizona	Feb. 13
49.050	California, San Jose State	Jan. 24
49.025	at Oregon State	Feb. 29
48.975	at Pac-12 Championships	March 19
48.950	Utah	Feb. 20
48.900	Arizona State	Feb. 8
48.800	at Georgia	Jan. 18
48.575	at Metroplex Challenge	Jan. 30
48.400	at NorCal Classic	Jan. 10
Team Score		
197.400	at UCLA, Georgia	March 6
196.675	California, San Jose State	Jan. 24
196.650	at Arizona	Feb. 13
196.250	at Oregon State	Feb. 29
196.125	at Pac-12 Championships	March 19
196.075	at Metroplex Challenge	Jan. 30
195.875	Utah	Feb. 20
195.875	at Georgia	Jan. 18
195.750	Arizona State	Feb. 8
194.800	at NorCal Classic	Jan. 10

STANFORD'S INDIVIDUAL FIRST-PLACE FINISHES

Date	Opponent	Name	Event	Score
Jan. 10	at NorCal Classic	Elizabeth Price	Vault	9.850
			Bars	9.900
			Beam	9.850
			Floor	9.900
			All-Around	39.500
Jan. 18	at Georgia	Melissa Chuang Ivana Hong Elizabeth Price	Beam	9.900
			Beam	9.900
			All-Around	39.425
Jan. 24	San Jose State, Georgia	Ivana Hong Elizabeth Price	Beam	9.925
			Vault	9.925
			Bars	9.925
			All-Around	39.550
Jan. 30	at Metroplex Challenge	Ivana Hong Elizabeth Price	Beam	9.925
			Bars	9.950
			All-Around	39.600
Feb. 8	Arizona State	Melissa Chuang Ivana Hong Nicolette McNair Elizabeth Price	Beam	9.850
			Bars	9.850
			Bars	9.850
			Vault	9.950
			Floor	9.925
		Taylor Rice	Beam	9.850
			All-Around	39.075
Feb. 13	at Arizona	Elizabeth Price	Vault	9.875
			Bars	9.975
			Beam	9.875
			Floor	9.925
			All-Around	39.650
Feb. 20	Utah	Ivana Hong Elizabeth Price	Bars	9.875
			Vault	9.925
			Floor	9.925
Feb. 29	at Oregon State	Rachel Daum Nicolette McNair Elizabeth Price	Beam	9.850
			Beam	9.850
			Vault	9.900
			Bars	9.950
			Beam	9.850
			All-Around	39.550
March 6	at UCLA, Georgia	Elizabeth Price	Bars	9.975
			All-Around	39.675
March 19	at Pac-12 Championships	Elizabeth Price	Bars	9.900
April 2	at NCAA Regionals			
April 15	at NCAA Semifinals			
April 16	at NCAA Super Six			

STANFORD'S INDIVIDUAL AWARDS

(2016)

Melissa Chuang (international relations)

All-Pac-12 First Team (bars)

Ivana Hong (human biology and sociology)

One of six AAI Award Semifinalists

All-Pac-12 Second team (beam)

Pac-12 Specialist of the Week (Feb. 2)

Elizabeth Price

Pac-12 Gymnast of the Year

All-Pac-12 First Team (all-around)

NACGC/W Regular Season All-America First Team (all-around, vault, bars)

Four-time Pac-12 Gymnast of the Week (Jan. 12, Jan. 19, Jan. 26, March 8)

Taylor Rice (international relations)

All-Pac-12 Second Team (all-around)

(2015)

Rachel Daum

Pac-12 All-Academic honorable mention

Jenna Frowein (architecture)

Pac-12 All-Academic first team

Pauline Hanset (environmental engineering)

Pac-12 All-Academic honorable mention

Stanford Award of Excellence

Ivana Hong (human biology)

All-America first team on beam and second team on bars

First team All-Pac-12 on bars

Pac-12 All-Academic honorable mention

NCAA Morgantown Regional title on beam (9.950)

Stanford Award of Excellence

Pac-12 Specialist of the Week (Jan. 20)

Nicolette McNair

Second team All-American on bars

Elizabeth Price

NCAA vault champion

Two-time first-team All-American (vault, bars)

2015 Pac-12 Specialist of the Year

First team All-Pac-12 on vault

Tied for Pac-12 title on bars with a 9.950

Pac-12 Specialist of the Week (March 10)

Pac-12 Freshman/Newcomer of the Week (Jan. 12)

Taylor Rice (international relations)

First team All-American on floor and second team in the all-around

First team All-Pac-12 in the all-around

Pac-12 All-Academic honorable mention

Pac-12 Specialist of the Week (Feb. 16)

Samantha Shapiro (engineering)

Second team All-American on bars

Second team All-Pac-12 on bars

Pac-12 All-Academic second team

Haley Spector

Pac-12 All-Academic honorable mention

Kristina Vaculik (human biology)

Pac-12 All-Academic honorable mention

NCAA Postgraduate Scholarship

Rebecca Wing (product design)

Second team All-American on beam

Pac-12 All-Academic first team

Stanford Award of Excellence