

Resources for Support

Updated 1/20/16

Confidential

- **CAPS services through Vaden**
650-723-3785
<https://vaden.stanford.edu/caps/about-us>
- **Confidential Sexual Assault Counseling (CSAC)**
650-736-6933
<http://vaden.stanford.edu/sexual-assault>
- **Office of Religious Life**
650-723-1762
<http://web.stanford.edu/group/religiouslife/cgi-bin/wordpress/>
- **University Ombuds**
650-723-3682
<http://web.stanford.edu/dept/ombuds/>

24 Hour

- **CAPS on-call clinician**
650-723-3785
- **Domestic Violence Support Network**
800-572-2782
- **Stanford Sexual Assault Hotline**
650-725-9955
<https://notalone.stanford.edu/>
- **Suicide Prevention Lifeline**
1-800-784-2433
<http://www.suicide.org/>
- **Veterans Crisis Line**
1-800-273-8255, press 1
Chat at VeteransCrisisLine.net
Text to 838255
- **YWCA Rape Crisis Hotline**
650-493-7273 or 408-287-3000
<http://ywca-sv.org/programs/SN/>

Anonymous

- **The Bridge Peer Counseling Center**
650-723-3392

Private but not Confidential

- **Graduate Life Office (GLO) Deans**
(650-736-7078); <https://glo.stanford.edu/>
- **Area Community Associates (CA's)**
- **Your academic department's student services**

24 Hour

- **GLO pager**
650-723-8222 enter ID # 25085
<https://glo.stanford.edu/>

Support Communities

- **Asian American Community Center**
<https://a3c.stanford.edu/>
- **Bechtel International Center**
<http://icenter.stanford.edu/>
- **Black Community Services Center**
<https://bcsc.stanford.edu/>
- **Diversity and First Gen Office**
<https://diversityandfirstgen.stanford.edu/>
- **El Centro Chicano y Latino**
<https://elcentro.stanford.edu/>
- **LGBT Community Resources Center**
<https://lgbt.stanford.edu/>
- **The Markaz: Resource Center for Engagement with the Cultures and Peoples of the Muslim World**
<https://markaz.stanford.edu/>
- **Native American Cultural Center**
<https://nacc.stanford.edu/>
- **Office of Accessible Education**
<https://oae.stanford.edu/>
- **Office for Military-Affiliated Communities**
<https://military.stanford.edu/>
- **Women's Community Center**
<https://wcc.stanford.edu/>

More resources on the Stanford Wellness Network: <https://wellness.stanford.edu>