

Curriculum Vitae
Lars Osterberg, MD, MPH

Present Academic Rank and Positions

Clinical Assistant Professor, Stanford University School of Medicine
Chief of General Internal Medicine, VA Hospital Palo Alto
Medical Director, Arbor Free Clinic, Stanford University School of Medicine

Education

Bioengineering Certificate	May 1983	University of Lund, Sweden
B.S. Bioengineering	June 1985	U.C. Berkeley, CA
M.D.	June 1991	U.C. Davis, CA
M.P.H.	May 2005	U.C. Berkeley, CA

Postdoctoral Training

Resident in Medicine 1991-94 Stanford University Hospital

Board Certification

National Board of Medical Examiners: Part I June 1989, Part II September 1990,
and Part III March 1992
Board Certification in Internal Medicine, September 1994

Medical License

California #G076147

Honors and Awards

Alpha Omega Alpha	1990-present	U.C. Davis Medical Center
Paulson Award	1988, 1990	U.C. Davis Medical Center
Ernest M. Gold Award, Excellence in Internal Medicine	1991	U.C. Davis Medical Center
Golden Goblet Award	1991	U.C. Davis Medical Center
David A. Rytand Award	2000	Stanford University School of Medicine
Arthur L. Bloomfield Award	2000	Stanford University School of Medicine
Clinician Teacher Award	2000-2001	Society of General Internal Medicine
Annual Teaching Award	2000, 2001	Stanford, General Internal Medicine
Kaiser Award, Clinical Teaching	2001	Stanford University School of Medicine
Lance Armstrong Compassion in Medicine Award	2004	Stanford University School of Medicine

Previous Professional Positions

Research in Human Monoclonal Antibody Production; Chiron Corporation, Emeryville, CA
1984-1987
Research in Characterization of Protein Histidine Kinase, U.C. Davis Department of Biochemistry,
Summer 1988
Staff Physician, VA Palo Alto Health Care System 1994-present

Education-Teaching

1988, 1989	U.C. Davis AIDS Education Project <i>I developed an education program for high school students educating them about prevention of HIV transmission</i>
1989, 1990	Anatomy Teacher, U.C. Davis

Taught Human Anatomy to Undergraduates while in attending Medical School

1994- Present Introduction to Clinical Medicine (PCM-B, C), Stanford Medical School
Serve as a preceptor 4 hours per week for medical students in preparation for clinical medicine

1994-Present Stanford Medical Resident Preclinic Teaching Modules
Annually I have prepared teaching modules used for teaching residents about common outpatient topics: Alcohol, Obesity, Thromboembolism, Ophthalmology for the Internist, Traveler's Diarrhea, Depression, Post Traumatic Stress Disorder. These have been published on the web on MD Skolar

Winter, Spring 1998 Course Facilitator Med 202 and 203
I served as a weekly preceptor for medical students preparing them for interviewing patients and providing guidance in medical write-ups

1999-2001 Stanford University School of Medicine Course Director Med 309B
I ran a weekly continuity clinic for medical students and developed a course syllabus with common problems in primary care that should be mastered as a student intending to pursue a career in primary care

2000-Present Stanford University School of Medicine Course Director Med 308
I run the Arbor Free Clinic Course where medical students and undergraduates participate in service learning while working at a weekly free medical clinic. I have also volunteered at this clinic and carried out health screening exams since 1997.

2001-Present Stanford University School of Medicine Course Director Med 364A
I developed a series of web based teaching cases in clinical pharmacology in collaboration with a group of physicians at Karolinska Institutet in Sweden. These cases form the basis of a 2 week elective that has been offered at the Stanford Medical School since 2001.

2001-2004 Stanford University School of Medicine Site Director Med 300A, 330
I directed the core medicine clerkship and subinternship for medical students coming to the VA Palo Alto Health Care System for their rotation

1997-Present Stanford Medical Resident General Medicine Clinic
I precept four Stanford Internal Medicine residents every week in clinic providing them guidance in the management of their outpatient panel of patients

Administrative Responsibilities

1994-1996 General Medicine Consultant, VA Hospital Palo Alto,
1997- 1999 Member of Low Molecular Weight Heparin Use Subcommittee and P&T Committee
1997-1998 Chairman, Medication Use Subcommittee, Palo Alto VA Hospital
1998-1999 Pharmacy Process Action Team, Palo Alto VA Hospital
1997-1999 Member of Pharmacy and Therapeutics Committee, VA Palo Alto Health Care System
1997-present Protime Clinic Director, VA Hospital Palo Alto
1998- present VA Resident GMC Clinic Director:
1999 Reducing Adverse Events to Warfarin with the Institute for Hospital Improvement
2001-present Director, HTN Clinic, VA Hospital Palo Alto
2002-present Reviewer for Journal of General Internal Medicine

Professional Societies

Alpha Omega Alpha

American College of Physicians
Society of General Internal Medicine
Physicians for a National Health Program

Presentations

January 1989 Poster Presentation- Characterization of a Protein Histidine Kinase at the American Society of Cell Biology Meeting,
April 1997 Medical Grand Rounds- Constrictive Pericarditis, Stanford University
1997, 1998, 1999 Internal Medicine Housestaff Noon Lecture Series- Alcoholism
March 1998 Primary Care Grand Rounds- Controversies in Perioperative Anticoagulation
2001-2002 Internal Medicine Housestaff Noon Lecture Series- Perioperative Anticoagulation
May 2003 Society of General Internal Medicine National Meeting. Poster Presentation: Reducing Polypharmacy in a General Medicine Clinic
May 2003 Society of General Internal Medicine National Meeting. Poster Presentation: A Web-based Course in Clinical Pharmacology

Research/Professional Interests

access to medical care and vulnerable patient populations; innovations in medical practice; medication adherence; medical education

Bibliography

Lopez CS, **Osterberg L** Rotavirus Diarrhea in a Health Center and a Hospital of Managua, Nicaragua Rev Cubana Med Trop. 1992;44(1):7-11. Spanish
Y-F Wei, **Osterberg LG**, H.R. Matthews. Protein Histidine Kinase from *Sacromyces Cervesae*, Journal of Cell Biology, vol. 107, 1988
Ip M, **Osterberg LG**, Chau PY, Raffin TA. Melioidosis. Chest, November 1995; 108:1420-24
Osterberg LG, Atwood JE, Vagelos R. Case and Review of Constrictive Pericarditis, Western Journal of Medicine October 1998; 169:232-239
Osterberg LG. Chest Pen, Hospital Practice March 15, 1999; v 34:3 p. 37
Atwood JE, **Osterberg LG**. Constrictive Pericarditis-Images in Medicine, NEJM 7/2000
Rogers C, Crothers K, **Osterberg LG** Atheroembolic Renal Failure, VHSJ July 2000
Osterberg LG Upper Extremity Thrombosis, MDVista. Editor Saul Rosenberg. February 2001
Lipinski M, Do D, Froelicher VF, **Osterberg LG**, Atwood JE, Franklin B, West J. Comparison of exercise test scores and physician estimation in determining disease probability. Arch Intern Med. 2001 Oct 8;161(18):2239-44.
Lipinski M, Froelicher VF, Atwood JE, Tseitlin A, Franklin B **Osterberg LG** , Do D, Meyers, J Comparison of Treadmill scores with physician estimates of diagnosis and prognosis in patients with coronary artery disease. American Heart Journal 2002; 143:1-9.
Osterberg LG, Stiller C-O, Tornqvist E, Ayers M, Youngblood P, Bastholm P, Gardner P, Gustafsson LG, A Web Based Course in Clinical Pharmacology. Academic Exchange Quarterly Spring 2003 Volume 7, Issue 1: 29-33.
Soller MA, **Osterberg LG** Missed Opportunities for Patient Education and Social Work Consultation in a Free Clinic. Journal of Health Care for Poor and Underserved. 15(2004): 538-546.
Osterberg LG, Blaschke TF, Adherence to Medication. NEJM 2005; 353: 487-97.

Book Chapters

Osterberg LG, Swan-Ganz Catheter Monitoring. Saunders Medical Manual of Clinical Practice 2nd Ed. C. 2000. editor Robert Rakel p. 333-337.
Rudd PL, **Osterberg LG** Hypertension. Cardiovascular Medicine. 3rd Ed. C. 2001 editor Eric Topol.
Osterberg LG, Rudd PL Hypertension and Adherence to Therapy. Hypertension. Editor Oparil c. 2005

Abstracts

Osterberg LG, Stiller C-O, Ayers M, Tornqvist E, Gustafsson LL. Pharmapac; A WEB-BASED COURSE IN CLINICAL PHARMACOLOGY. JGIM, April 2003; 18(supplement 1):119

Osterberg LG, MK Goldstein, BB Hoffman. Reducing Polypharmacy in a General Medicine Clinic. JGIM, April 2003; 18(supplement 1):135.

Work In Progress

Site Principal Investigator for VA Palo Alto Health Care System Site in VA Cooperative Trial (CSP#481): The Home INR Study (THINRS)

7/1/03 Funded \$200,000

Site Principal Investigator for VA Palo Alto Health Care System Site in VA Cooperative Trial Enhancing The Quality of Informed Consent (EQUIC)

11/1/03 Funded \$5000

Needs Assessment of the Homeless in Palo Alto (completed, manuscript in preparation)