

## CHAIRMEN'S MESSAGE

Stanford's commitment to collaborative multidisciplinary research among our faculty and our strong clinical partnerships with referring physicians—regionally, nationally and internationally—foster world-class patient care and exceptional outcomes. This Neuro-Innovation issue highlights our novel collaborative model and defines the future of neuroscience at Stanford.

Our clinical and research programs combine the strengths of Stanford Hospital & Clinics and Lucille Packard Children's Hospital (LPCH) to deliver world-class patient care. Over 130 full-time School of Medicine neurology and neurosurgery faculty and affiliated hospital-based faculty provide comprehensive neuroscience clinical services. Propelled by Northern California's burgeoning population, Silicon Valley technology, and extraordinary School of Medicine and Hospital leadership, major expansion is underway of both Stanford Hospital & Clinics and LPCH that will transform patient care in the 21st century ([www.sumcrenewal.org](http://www.sumcrenewal.org)).

This issue features our unique partnership between Stanford and local affiliates, exemplifying our focus on collaboration as we mobilize experts in acute and chronic **traumatic brain injury**, including specialists in rehabilitation and epidemiology, to improve care and outcomes for polytrauma patients.

We also showcase our pioneering multigenerational model for patients with complex diseases of the peripheral nerves and muscles. Specialists at **Stanford Hospital & Clinics** and **LPCH** work together to treat patients over their lifespan in a newly renovated state-of-the-art outpatient Neuromuscular clinic for adult patients.

In October 2012, **Stanford Stroke Center** received the nation's first Comprehensive Stroke Center certification by the Joint Commission. Our neurologists, neurosurgeons, neuroradiologists, nurse specialists, basic scientists and clinical researchers, led by our original founders, provide the most advanced complex stroke care possible. We are proud of our multidisciplinary team that achieved this tremendous milestone.

Underscoring our dedication to excellence from bench to bedside, Stanford scientists continue to demonstrate exciting results, such as small-molecule therapeutics and naturally occurring brain proteins that reduce the effects of stroke and stimulate functional recovery in animal models. These discoveries have translational potential as future stroke therapeutics. Over 70 international basic and clinical neuroscientists and rehabilitation specialists joined us at our inaugural 2012 **Spinal Cord Injury Symposium** to advance the field of regenerative medicine in spinal cord injury. The new **Jill and John Freidenrich Center for Translational research** is a state-of-the-art hub for the multiple clinical trials we have underway and include in this issue of Neuro-Innovation.

We are committed to our partnerships with referring physicians and look forward to your inquiries at 1.800.800.1551. We welcome opportunities to collaborate with you on basic research, clinical trials and patient care as we strive to make a positive difference in every patient's life.

We invite you to join us November 1–2 for the 2013 Breakthroughs in Neurologic Therapies CME course in San Francisco, California, for our latest clinical and research updates.



Frank M. Longo, MD, PhD  
*George E. and Lucy Becker Professor  
Chairman, Department of Neurology  
and Neurological Sciences*

Gary K. Steinberg, MD, PhD  
*Bernard and Ronni Lacroute-William  
Randolph Hearst Professor of  
Neurosurgery and the Neurosciences  
Chairman, Department of Neurosurgery*

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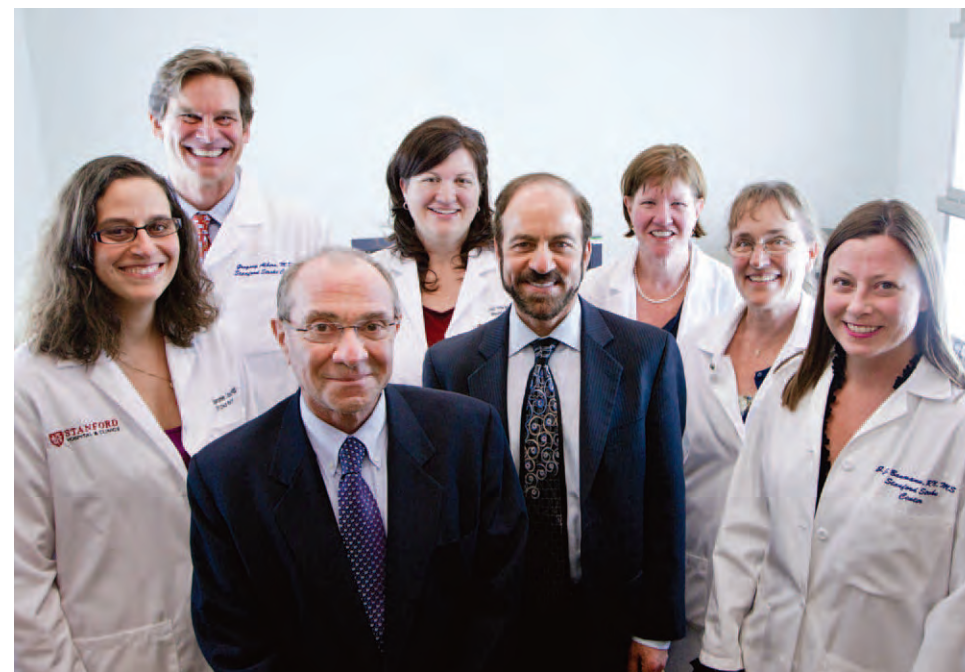
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## STROKE CENTER



## Nation's First Comprehensive Stroke Center Certification

The Stanford Stroke Center, established in 1992 as one of the first multidisciplinary centers of its kind, was the nation's first recipient of the Comprehensive Stroke Center Certification in 2012, awarded by The Joint Commission. The multidisciplinary team of complex stroke care specialists is honored to be recognized with the highest level of center certification.



Stroke Center team (left to right). Front Row: Stephanie Casal, RN, MS, CNS; interventional neuroradiologist Michael Marks, MD; neurosurgeon Gary Steinberg, MD, PhD; JJ Baumann RN, MS, CNS. Back row: neurologist Greg Albers, MD; Joli Vavao MSN, ACNP, CNRN; Teresa Bell-Stephens, CNRN; Mary Marcellus, RN.

As a global leader in stroke research and treatment, the Center has received a number of awards for clinical excellence and has provided care for more than 25,000 patients with cerebrovascular disorders. In addition, consistently ranking as one of the most prolific research groups in the nation, Stanford has developed major advances in medical therapies, neurosurgical techniques and interventional neuroradiology procedures.

The Neurocritical Care Program has made key advances in the diagnosis of intracerebral hemorrhage and prognosis of coma. Stanford neuroscientists have helped clarify the basic mechanisms of stroke-induced brain injury and have pioneered several new imaging techniques.

The three visionary founders of the Center are still actively innovating and leading cutting edge complex stroke care. "The Stanford Stroke Center's foundational philosophy is key to its success," says Center director Greg Albers, MD. "To partner neurosurgery, neurology and interventional neuroradiology seemed sensible," he adds, "but it was a unique concept then. We were confident that this approach would be fruitful, and the administrators at Stanford Hospital and the University supported us."

Over 50 hospitals initially applied for the certification, involving a rigorous review process requiring extensive documentation to set a center apart from what the Joint Commission

currently requires for the 1,000 hospitals in the nation designated as primary stroke centers. In addition to treating stroke, comprehensive centers must demonstrate their ability to deal with the most challenging neurosurgical and neuroradiological cases, including expertise in arteriovenous malformation procedures, complex aneurysm clipping and endovascular coiling techniques. These facilities must have interdisciplinary teams of neurointerventionalists, neuroradiologists, neurosurgeons, and endovascular technicians equipped with the latest high-tech surgical tools and sophisticated brain imaging capabilities.

One of the Center's essential elements, particularly commended by The Joint Commission surveyors, is the monthly meeting of the Stroke

## Breakthrough in Hunt for Stroke Therapeutics

### $\alpha$ B-crystallin breaks tPA's treatment window barrier

In a recent study led by Gary Steinberg, MD, PhD, and Lawrence Steinman, MD, the George A. Zimmermann Professor of Neurology and Neurological Sciences and of Pediatrics, mice treated with  $\alpha$ B-crystallin—a naturally occurring anti-inflammatory found by Dr. Steinman to reduce brain inflammation in animal models of multiple sclerosis—demonstrated reduced infarct sizes even when administered up to 12 hours after stroke. This is well beyond the 4.5 hour treatment window of the only approved drug for stroke, tissue plasminogen activator (tPA).

This groundbreaking work, published in *PNAS*<sup>1</sup> has important implications as tPA can only dissolve blood clots, whereas  $\alpha$ B-crystallin interferes with the post-stroke inflammatory processes that contribute to brain damage and thus may offer a therapeutic role. Co-first authors Ahmet Arac, MD, and Sara Brownell, PhD, found that mice engineered to lack  $\alpha$ B-crystallin experienced worse infarcts and more brain inflammation, and that re-introduction of  $\alpha$ B-crystallin into these deficient mice significantly reduced lesion sizes.  $\alpha$ B-crystallin treatment in wild-type animals also decreased the ability of certain immune cells to secrete deleterious molecules in the post-stroke brain. Of note, plasma levels of  $\alpha$ B-crystallin were elevated in mice after stroke and in human stroke patients—especially in younger patients, whose recovery from stroke is often accelerated, though not in patients older than 80 years, whose strokes are often more catastrophic. Future studies aim to confirm these results and test extended time-windows as well as optimal dosaging.

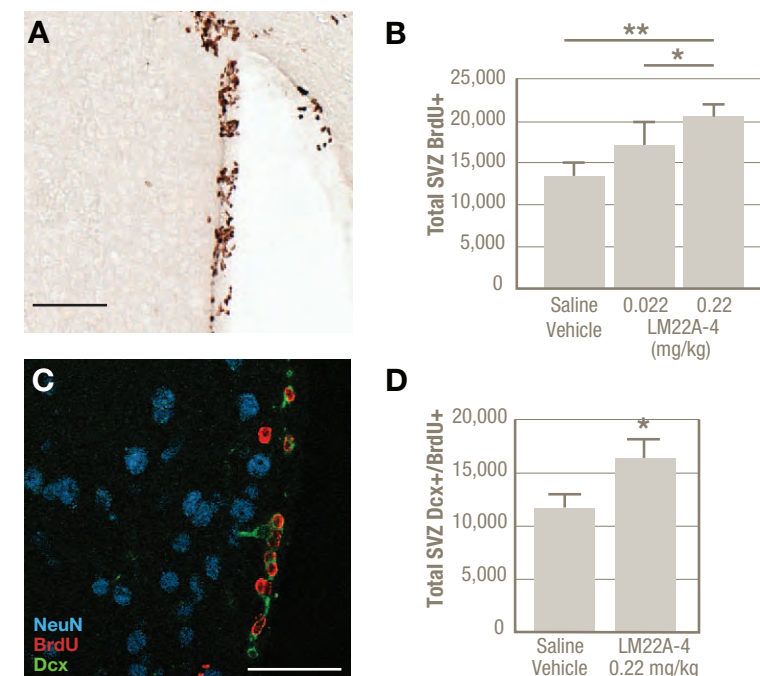
### Small molecule enhances post-stroke recovery

Stanford researchers, led by senior author Marion Buckwalter, MD, PhD, assistant professor of neurology and neurological sciences, and neurosurgery, are applying small molecule therapeutics to post-stroke recovery. Their promising results, recently published in *Stroke*,<sup>2</sup> show that a small molecule designed to target one of two receptors on neurons for brain-derived neurotrophic factor (BDNF) can stimulate the birth of new neurons from the brain's resident stem cells and improve

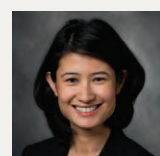
Interdisciplinary Team. This collaboration encourages networking and discussions that are valuable because of their frankness.

Stroke is the fourth leading cause of death and the most common cause of adult disability. More than 795,000 strokes occur in the United States each year; as the population ages, it is estimated that the number of strokes will increase substantially over the next decade. During the Center's third decade, even more dramatic breakthroughs are anticipated in stroke research. Stanford's clinical, educational, and research programs continue to innovate and the tremendous support the Center has received from the community is greatly appreciated. ■

functional recovery in adult mice after ischemic stroke. This molecule, called LM22A-4, showed efficacy even when administration didn't start until 3 days after stroke onset. This means that the compound, rather than limiting stroke's initial damage, enhanced recovery. The experimental mice, trained in maneuvers before undergoing stroke, were administered daily doses of LM22A-4 for 10 weeks starting at post-stroke day 3 and had their motor skills tested. All showed significant functional improvement over their non-treated counterparts. Importantly, LM22A-4 administration also doubled the numbers of new mature and immature neurons adjacent to the stroke-damaged area of the brain. ■



LM22A-4 given intranasally for 7 days increased subventricular zone (SVZ) neurogenesis in uninjured adult mice. **A:** Immunohistochemistry for BrdU+ in the SVZ. Bar, 100 $\mu$ m. **B:** Total BrdU+ cells. \*\* $P < 0.01$ . **C:** Immunostaining for BrdU, Dcx, and NeuN. Bar, 50 $\mu$ m. **D:** Total new neuroblasts in the SVZ (BrdU+/Dcx+ cells). \* $P < 0.05$ . BrdU, bromodeoxyuridine; Dcx, doublecortin; NeuN, neuronal nuclei.



Rosalind Chuang, MD, clinical director of Stanford's multidisciplinary Huntington's Disease/Genetic Ataxia clinic was honored May 10, 2013, by the Huntington's Disease Society of America at their Dinner of Hope event. Each year, the Society recognizes outstanding leaders in Northern California for their significant contributions to business, medicine and philanthropy. This honor reflects Dr. Chuang's clinical leadership and commitment to providing world-class compassionate care for patients and families affected by Huntington's Disease.

## Excellence Spans the Continuum of Polytrauma Care

Odette Harris, MD, MPH, treats acute traumatic brain injured patients as well as subacute and chronic patients in her role as associate chief of staff, polytrauma, and director of Defense Veterans Brain Injury Center at the Veterans Affairs Palo Alto Health Care System Polytrauma System of Care (VAPAHCS PSC). This gives her a unique opportunity to think upstream and downstream in terms of enhanced outcomes for her polytrauma patients.



Most trauma departments are compartmentalized. “Traditionally we briefly see the patients and their rehab specialists after surgery,” she says, “but in this new model we can see how effective our methods are across a continuum of care and communicate with our embedded neuropsychology and physical medicine and rehabilitation colleagues.”

A unique partnership between the VAPAHCS, Stanford and Santa Clara Valley Medical Center (SCVMC) brings data together from experts treating a wide range of civilian, veteran and active duty patients with a lifetime of follow-up care. At the forefront of clinical standards, with a world-class trauma team supported by a network of subspecialties in rehabilitation and epidemiology, these Stanford partnerships inform the field by contributing to guidelines in severe traumatic brain injury (TBI) across the entire disease matrix.

Dr. Harris has expertise in epidemiology, which she applies to her fellowship with the Clayman Institute of Gender Studies at Stanford<sup>1</sup> in a unique qualitative and quantitative study analyzing the outcome metrics for polytrauma on women. In her latest research, she has proposed a retrospective cohort study to evaluate differences between

women and men who have suffered from TBI and are receiving care at VAPAHCS PSC. From this unique patient population, baseline information such as injury mechanism, health status, psychiatric assessments and quality of life indicators will be collected. With over 1,000 patients in this population, and at least 60 female participants expected, her research group will track them over time and evaluate utilization of services, quality of life, and psychological status. These data will provide a unique window into key morbidities and how they translate into predictive models and inform forward thinking cost containment strategies. The qualitative portion of the project features digital storytelling. Women tell their own stories, supported by therapists experienced in the field of women and associated trauma.

Dr. Harris, associate professor of neurosurgery and director of brain injury, is also involved with the ProTECT III clinical trial examining the therapeutic potential of progesterone in TBI.<sup>2</sup> Dr. Harris points to her colleague Greg Goodrich, PhD, whose research with collaborators led to a national directive mandating vision screening for all TBI patients.<sup>3</sup> The TBI research forum on March 15 created a unique networking experience across all levels of expertise.<sup>4</sup>

Stanford’s innovative atmosphere continues to attract world-class experts with essential qualities of authenticity, ethics, passion and hard work who then partner to develop trust and ask each other “How are you changing the world?” ■

## Neurospine and Orthopaedics Forge Collaboration

At Stanford neurosurgeons and orthopaedic surgeons share their highly specialized skills.



John Ratliff, MD

John Ratliff, MD, associate professor of neurosurgery and co-director of Stanford Neurosurgery Spine Program, and the neurosurgery team hold monthly case review meetings with orthopaedic colleagues to strategize, reduce complications and improve patient outcomes. This provides Stanford teams an innovative multidisciplinary

platform from which to launch prospective studies over the entire spectrum of care in trauma surgery. Working with Eugene Carragee, MD, Ivan Cheng, MD, and other orthopaedic colleagues on an ambitious prospective data accrual study, Dr. Ratliff aims to maximize the quality of patient outcomes by leveraging the robust capabilities of Stanford’s medical informatics and clinical services. Dr. Ratliff and Dr. Cheng, along with Richard Olshen, PhD, and Ray Balise, PhD,

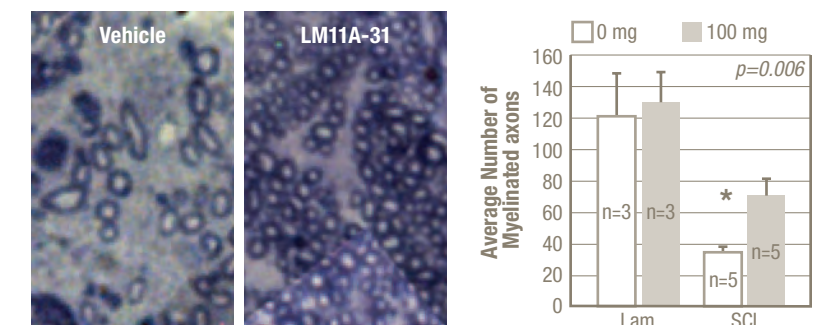
from the Biostatistics and Health Research and Policy departments, have recently been awarded a prestigious grant from the Orthopaedic Research and Education Foundation,<sup>5</sup> one of only five in the nation, titled “Developing a patient-centered clinical tool for assessment of risk of perioperative complications in spine surgery procedures.”

Dr. Ratliff highlights the partnership that Graham Creasey, MD, professor of neurosurgery and the Paralyzed Veterans of America Professor of Spinal Cord Injury Medicine, spearheaded between Stanford, SCVMC, the VAPAHCS and other regional institutions to provide the commercial infrastructure and unparalleled research environment necessary for spinal cord injury clinical trials. It is difficult to pull all the required components together for a complex clinical trial site as was the case for the Geron stem cell trial. Stanford’s dedicated infrastructure accelerates the pace of research, fosters innovation and advances therapeutic development. With open dialogue between world-class surgeons and a wide spectrum of interdisciplinary researchers, the future is bright for NeuroSpine at Stanford. ■

## Potential First in Class Treatment for Spinal Cord Injury

In a major breakthrough, LM11A-31 promotes functional recovery in a mouse model of spinal contusion injury. This non-peptide small molecule demonstrated the ability to cross the blood brain barrier following oral administration, as well as the blood spinal cord barrier, without toxic effects. The study, a collaboration between Frank Longo, MD, PhD, professor and chair of neurology and neurological sciences, and colleagues from The Ohio State University, University of California at San Francisco and Stanford University, was recently published in *The Journal of Neuroscience*.<sup>6</sup> Administered beginning 4 hours after injury, and twice daily thereafter, CNS/plasma levels were exceptionally favorable. Improved motor behavior, especially gait and overall coordination, was observed. Spinal cord injury leads to death of oligodendrocytes and loss of myelin. LM11A-31 administration led to a twofold increase in the number of spared oligodendrocytes and an accompanying increase in myelinated axons (see figure), an effect similar to that seen following cell transplantation after spinal cord injury. This novel, noninvasive, mechanism-based therapeutic blocks proNGF binding to the low-affinity p75 NGF receptor, thereby inhibiting

degenerative signaling and loss of oligodendrocytes and myelin. The potential clinical dose is modest, 600 mg for a 70 kg human, and shows great translational promise. Additional studies will assess further efficacy by extending the treatment duration across the established degeneration period of greater than 450 days after the initial injury, as this study accounted for only approximately 10% of that potential therapeutic window. ■



Following spinal cord injury there is a loss of myelinated axons (left). Treatment with LM11A-31 leads to sparing of myelinated axons (right).

## MARK YOUR CALENDAR!

Join the Stanford Neurosciences faculty in beautiful San Francisco for this dynamic conference.

November 1-2, 2013  
Location: JW Marriott, Union Square, San Francisco, CA

For more information visit: [cme.stanfordhospital.org](http://cme.stanfordhospital.org)



## Regeneration Reporter Mouse

In both the clinic and laboratory, Thomas Rando, MD, PhD, professor of neurology and neurological sciences, has devoted his career to the study of muscle diseases, in particular the muscular dystrophies caused by mutations in the dystrophin gene (Duchenne muscular dystrophy), the caveolin-3 gene (limb-girdle muscular dystrophy 1C) and the dysferlin gene (limb-girdle muscular dystrophy 1B). Dr. Rando studies skeletal musculature to understand the biology and genetic mechanisms involved in homeostasis and disease states while building models toward novel therapeutics.



There is still no cure or effective therapy for muscular dystrophies, only temporizing interventions such as corticosteroid use, surgical tendon release and assisted ventilation. While these interventions may improve the quality and length of life in some patients, Dr. Rando believes the discoveries necessary to advance

truly beneficial therapies for patients depend on animal models that reflect human disease progression.

An exciting recent study from Dr. Rando's laboratory is reported in *Journal of Clinical Investigation*.<sup>1</sup> Lead author Katie Maguire, PhD, and colleagues created a successful mouse model of limb girdle Muscular Dystrophy 2B that safely and *non-invasively* tracks dystrophic disease progression over time. They call it the "regeneration reporter" mouse.

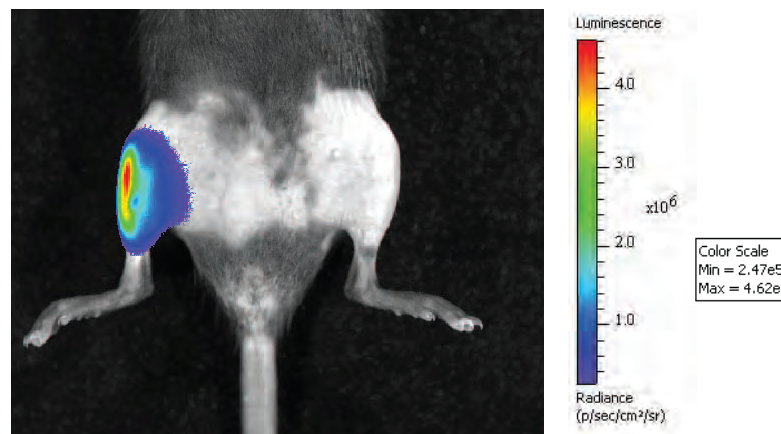
This mouse model vastly improves on standard histological analysis of individual mouse tissue slices—a labor- and time-intensive strategy that provides mostly qualitative information at one time point, on only one area of muscle. The reporter model allows real-time *quantitative* monitoring of disease progression *in a living animal over time* with bioluminescent signaling of muscle stem cells, specifically, that express the luciferase gene. When the stem cells proliferate in response to muscle degeneration caused by the disease, luciferase expression increases.

The regeneration reporter mouse in this study was monitored over 18 months. Dr. Rando and his group found that clinical disease progression strongly correlates with increases in bioluminescent signals in this dystrophic model. Moreover, onset of disease can be detected before it is histologically evident. This technology is also applicable to all murine models of muscular dystrophy. The future of

regenerative medicine and preclinical evidence of disease rests on outcomes such as these.

Dr. Rando sees this model, to be shared with researchers around the globe, as an extremely effective noninvasive tool to test potential therapeutics. He believes that sharing data with other researchers leverages Stanford's expertise and accelerates the clinical translation of laboratory discoveries.

"Stanford is such a rich environment for collaboration," Dr. Rando says, "there is an exceptional colleague around every corner and the opportunity to apply state-of-the-art technology to translate basic laboratory research into clinically relevant advances." With regard to these kinds of studies, Dr. Rando points to the value of facilities such as the Richard M. Lucas Center for Imaging, which is devoted to research in magnetic resonance imaging (MRI), spectroscopy (MRS) and computed tomography (CT) imaging and a collaborative model by design, that offers state-of-the-art imaging technologies for studies ranging from basic biology to clinical therapeutics. ■



Control "Regeneration Reporter" mouse showing significant and quantifiable bioluminescent illumination of muscle stem cells activated in the right hindlimb muscle in response to muscle injury.

## Comprehensive Clinic for Neuromuscular Disorders

John W. Day, MD, PhD, has expanded upon the transitional care model often used in diseases like cystic fibrosis to a visionary modality he calls family-based treatment.



John Day, MD

As director of the Neuromuscular Division and Clinics, Dr. Day has advanced clinical research, clinical trials and the concept of multigenerational patient care in order to organize a comprehensive effort to combat and conquer diseases of the peripheral nerves and muscles. These include the muscular dystrophies (myotonic, Duchenne, limb girdle, facioscapulohumeral and

congenital muscular dystrophies), motor neuron disorders, neuromuscular junction disease and peripheral neuropathies. With patients and families foremost in mind, Dr. Day's research seeks to define and understand genetic causes, to clarify the molecular and cellular consequences of genetic change, to determine the multisystemic features that are an underappreciated but clinically significant consequence of these diseases, and to develop and improve methods to manage and treat them.

Dr. Day, professor of neurology and neurological sciences, and pediatrics, describes the unique Stanford Hospital and Lucille Packard Children's Hospital (LPCH) partnership as a commitment to deploying the resources necessary to meet the needs of families with these complex and ultimately fatal diseases. Improved outcomes are a result of dedicated resources that provide advanced diagnostic and patient/disease management, as well as access to neurologists, neuropathologists, advanced care providers, social workers, genetic counselors, physical therapists, and occupational therapists who are all experienced with the unique features of neuromuscular disease.

As a Muscular Dystrophy Association (MDA) designated hospital, Stanford Hospital & Clinics has an on-site coordinator to help patients access services. Stanford's MDA/ALS Clinic is staffed by clinicians experienced in coordinating care with experts in pulmonary medicine, physical and occupational therapy, social work, and augmentative communication.

Dr. Day is passionate about educating patients, families, trainees and clinicians, and regularly participates in outreach programs. Speaking with trainees and practicing physicians he commonly emphasizes the importance of identifying cryptic neuromuscular disorders (for example, elevated transaminases, often assumed to imply liver disease, can instead result from muscle damage that is easily revealed by checking

One family exemplifies the importance of this new approach. The youngest member of the family was born with severe generalized weakness that resulted in inadequate breathing, requiring a tracheostomy and fulltime mechanical ventilation for the first 9 months of life. Further complicating her development, her weakness interfered with her ability to speak or use sign language. Even though these severely weak patients are often deemed hopeless, and support is withdrawn, with awareness of recent evidence that this patient's strength would improve, both she and her mother (several family members having been shown to be affected) received optimal, aggressive, multidisciplinary support (initially with Dr. Day and other providers outside California, but now at LPCH and Stanford Hospital Neuromuscular Clinics); the patient, now 6 years old, is ambulatory, breathing without tracheostomy or ventilator support, and mainstreamed in school, where she is doing extremely well. Clearly family-based support and up-to-date information on disease prognosis and management can significantly affect outcome.

serum CK). He also stresses that neuromuscular disorders frequently have effects beyond those on nerves and muscles, with the underlying genetic abnormalities directly altering cardiac and gastrointestinal function, and frequently affecting cognitive function and behavior. Neuromuscular disorders aren't rare, affecting hundreds of thousand Californians, so diagnosing them correctly and understanding their complex effects can begin to finally reduce the mortality and morbidity of these devastating conditions. ■



Stanford Neuromuscular team (left to right). Back row: Safwan Jaradeh, MD; Les Dorfman, MD. Third row: Carly Siskind, MS, LCGC; Karolina Watson, RN-CANP; Judy Henderson, MA, CCC-SLP; S. Charles Cho, MD. Second row: Julie Mello, DPT; Jennifer Fisher; Kristina Zekos-Ortiz, RRT, AE-C; Hannes Vogel, MD. Front row: Roma Patel, PA-C; Michileen Oberst, LCSW; Shirley Paulose, MS; Angelica Martinez; John W. Day, MD, PhD; Neelam Goyal, MD; Yuen So, MD, PhD.





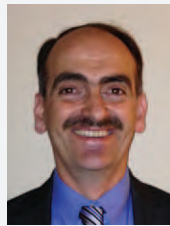
## NEUROSURGERY



### Jun Ding, PhD

*Assistant Professor of Neurosurgery*

Dr. Ding studies functional organization of motor circuits in the brain, particularly cortico-thalamo-basal ganglia networks, using electrophysiology, 2-photon microscopy, optogenetics and genetics. He aims to construct functional circuit diagrams and establish causal relationships between activity in specific groups of neurons, circuit function, animal motor behavior and motor learning, as well as help construct psychomotor disorder circuit diagrams for disorders such as Parkinson's disease.



### Mehrdad Shamloo, PhD

*Associate Professor (Research) of Neurosurgery and Comparative Medicine and by courtesy of Neurology*

Dr. Shamloo studies the pathology underlying nervous system injury and neurologic disorders, such as stroke, Alzheimer's disease and autism, focusing on mechanisms that lead to functional and behavioral malfunction. He uses experimental and transgenic rodent models, in conjunction with experimental therapeutic approaches, such as small molecule therapeutics, to accelerate discoveries into novel treatments. Major focuses are the beta 1-adrenergic receptor and signaling cascade and Npas4, a transcription factor.



### Suzanne Tharin, MD, PhD

*Assistant Professor, Neurosurgery*

Dr. Tharin is a neurosurgeon-scientist with clinical interests in complex spine surgery and in correction of cervical deformity. The long-term goal of her laboratory research is the repair of damaged corticospinal circuitry. She is investigating microRNA controls over the development of corticospinal motor neurons, as well as over their response to spinal cord injury, with a view to enhancement of cortical regeneration.



### Fahd R. Khan, MD, MSE

*Clinical Assistant Professor of Neurosurgery*

Dr. Khan practices neurosurgery at the Stanford Neurosurgery Clinic in Los Gatos. His specialty interests include pain management, degenerative spine conditions and movement disorders. He brings extensive training in deep brain stimulation, epilepsy surgery, interventional pain management as well as stereotactic and functional neurosurgery.

### *Pediatric Neurosurgery*



### Gerald A. Grant, MD

*Acting Associate Professor of Neurosurgery*

Dr. Grant is a neurosurgeon-scientist at Lucile Packard Children's Hospital with clinical interests in pediatric brain tumors, pediatric epilepsy surgery, Chiari malformations, minimally invasive endoscopy, and endoscopic craniofacial surgery. Dr. Grant runs a translational brain tumor laboratory focusing on the blood-brain barrier and is investigating novel ways to improve drug delivery into the brain. He also is an Air Force veteran and has a longstanding interest in traumatic brain injury.

## NEUROLOGY

### *Epilepsy and Intraoperative Monitoring*



### Scheherezade Le, MD

*Clinical Assistant Professor of Neurology and Neurological Sciences*

Dr. Le is an adult general neurologist with specialty training in epilepsy, electroencephalography and intraoperative monitoring. Her clinical and research interests include tuberous sclerosis and waveform analysis of transcranial motor evoked potentials.

### *Headache*



### Sheena K. Aurora, MD

*Clinical Associate Professor of Neurology and Neurological Sciences*

Dr. Aurora specializes in headache disorders and novel treatments for migraines. She is active on several committees and boards and is a national leader in headache research. As lead investigator for the PREEMPT1 trial Dr. Aurora oversaw approval of BOTOX for chronic migraines. Her current clinical research efforts involve transcranial magnetic brain stimulation for the treatment of headaches.

### *Movement Disorders*



### Camilla Kilbane, MD

*Clinical Assistant Professor of Neurology and Neurological Sciences*

Dr. Kilbane specializes in the evaluation and treatment of movement disorders. She provides comprehensive care for patients, such as patient assessment for unconfirmed diagnoses, second opinions, medication management, neurostimulator adjustments for patients after DBS and botox treatment.

### *Neurocritical Care*

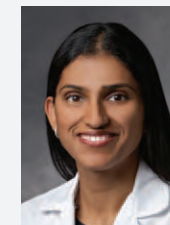


### Karen G. Hirsch, MD

*Assistant Professor of Neurology and Neurological Sciences and by courtesy of Neurosurgery*

Dr. Hirsch cares for critically ill patients with neurological disorders in the intensive care unit. Her research focuses on novel imaging techniques such as functional brain imaging in patients with cardiac arrest and traumatic brain injury. She also studies methods of non-invasive measurement of cerebral blood flow, oxygenation, and cerebrovascular autoregulation and how these parameters can be targeted to improve outcome in patients with neurologic injury.

### *Neuromuscular Disorders*

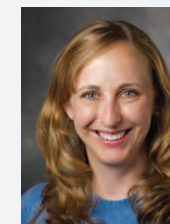


### Neelam Goyal, MD

*Clinical Assistant Professor of Neurology and Neurological Sciences*

Dr. Goyal specializes in the diagnosis, management and electrophysiological testing of neuromuscular diseases. Her research interests include ALS and sleep, hereditary neuropathies and neuromuscular junction disorders.

### *Pediatric Neurology*



### Katherine Mackenzie, MD

*Clinical Assistant Professor of Neurology and Neurological Sciences*

Dr. Mackenzie directs Lucile Packard Children's Hospital movement disorders clinic, focusing on disorders such as dystonia, chorea, tremor, ataxia, tics and Tourette's Syndrome.



### Cynthia J. Campen, MD, MS

*Clinical Assistant Professor of Neurology and Neurological Sciences*

Dr. Campen practices at Lucile Packard Children's Hospital in child neurology and pediatric neuro-oncology, and is the assistant residency director for Child Neurology. Dr. Campen's research interests include epidemiology of childhood brain tumors, late effects of brain tumor treatments and intracranial vasculopathy.



### Christopher Lee-Messer, MD, PhD

*Clinical Assistant Professor of Neurology and Neurological Sciences*

Dr. Lee-Messer practices at Lucile Packard Children's Hospital in child neurology. His research interests are on the role of neuronal microcircuits in information processing and development as well as optogenetics.



### Courtney Wusthoff, MD

*Assistant Professor of Neurology and Neurological Sciences*

Dr. Wusthoff is a neonatal neurologist and co-director of the new Lucile Packard Children's Hospital Neuro Neonatal Intensive Care Unit. Her research focuses on the use of EEG monitoring in critically ill neonates, to identify those at neurologic risk and guide treatment.

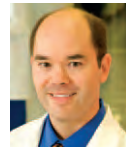


### Brenda Porter, MD, PhD

*Associate Professor of Neurology and Neurological Sciences*

Dr. Porter is a pediatric neurologist with specialty training in epilepsy. She uses medications, brain stimulation devices, ketogenic diet and surgical approaches to treat a child's seizures and improve their overall brain health. Her research focuses on improving epilepsy surgery outcomes, novel molecular approaches to prevent epilepsy and understanding the cause of sudden unexplained death in epilepsy.

## Innovative Neurogenetics Program Exemplifies Partnership



Dr. Steven Chang had a vision: a clinic with the interdisciplinary complexity to match the needs of patients with neurogenetic disorders who often spend a lifetime navigating medical specialties with various doctors who may have little communication with each other.



Neurogenetics team (left to right). Back row: Iris Gibbs, MD; Carlos Casas-Reyes, MD; Mirna Godoy; Jocelyn Malott, NP; Luz Tovar; Vee Vo. Front row: Steven Chang, MD; Evalina Salas; Margi Knupfer; Joy Sabig, NP; Maria Ronquillo; Lynn Adler, RN.

Improved outcomes and quality of life for these patients are now a reality at Stanford's Clinical Neurogenetics Oncology Program, the first program of its kind in Northern California.

Along with his four days a week in clinic, Dr. Chang has an innovative partnership model that is just as likely to see him making outreach visits, with referral forms preprinted in Vietnamese, to a community neurologist's office as it is to see him leverage Stanford's electronic medical record technology to send notes to a referring physician as a patient is wheeled to the recovery room. He believes that soon, through the efforts of the Stanford Neuromolecular Innovation Program (SNIP) research group, these patients will have access to less expensive, minimally invasive testing to screen for neurogenetic biomarkers.

Through the support and commitment of Stanford to the bench-to-bedside approach of personalized medicine, Dr. Chang, professor of neurosurgery and the Robert C. and Jeannette Powell Neurosciences Professor, is able to provide multigenerational care to families with incredibly complex needs. The dedicated multidisciplinary team includes specialists in neurosurgery, neurology, neuro-ophthalmology, neuroradiology, neurooncology, neurointerventional radiology, dermatology and genetics who use a patient-centered approach with state-of-the-art services. Personalized treatment plans may include

CyberKnife radiosurgery, neurointerventional radiology procedures and neurosurgical interventions.

Coordinated care allows a patient to schedule all appointments with a wide range of specialists in a span of one or two days, thereby ensuring that disease monitoring and management take place with the least difficulty for the family. Communication is essential, so the team actively monitors and makes improvements to this process. A patient can either call or email the clinical care coordinator with symptoms and often be seen the next day. Preprinted forms are available to speed the referral process and the feedback loop is a priority, as Dr. Chang believes that the best partnership is an equal one between Stanford and referring physicians. He is often on the phone with referring physicians for updates on their patients, and feels this goes a long way to honoring the relationship already established before the referral.

"We are here to act as a backstop, providing support and filling in the gaps with our specialty expertise," he says, "and we absolutely respect the trust a patient has developed with their referring doctor." The Clinical Neurogenetic team has extensive expertise in handling the most complicated cases. These include autosomal recessive diseases, such as hereditary hemorrhagic telangiectasia, and autosomal dominant diseases, such as neurofibromatosis (NF) Type 1 & Type 2,

schwannomatosis, Von Hippel-Lindau (VHL) disease, tuberous sclerosis and Sturge-Weber syndrome.

Stanford has the longest institutional experience with CyberKnife and VHL<sup>1</sup> and has been named a Clinical Care Center of Excellence by the VHL Family Alliance.<sup>2</sup>

Partnerships with other national support groups include the National Acoustic Neuroma Association<sup>3</sup> and the Neurofibromatosis Network.<sup>4</sup> Many of these patient support networks hold their regular meetings at Stanford.

Data collected from lifetime monitoring are essential to the research in the SNIP laboratory, and to Lori Shoemaker, PhD, who was recruited



Lori Shoemaker, PhD

by Dr. Chang and Dr. Steinberg to lead this basic science research effort at Stanford.

The laboratory currently focuses on two rare cerebrovascular diseases—brain arteriovenous malformations (AVMs) and Moyamoya disease (MMD).

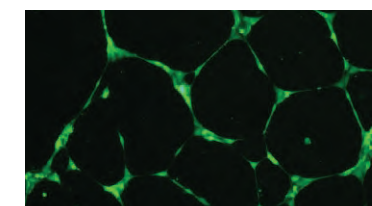
Research in this field is challenging as there are currently no suitable

animal models for these two diseases, so Dr. Shoemaker's research is based entirely on human samples, including blood and tissue obtained during surgery.

The support of patients and their families in this effort is crucial to advancing knowledge of these diseases, understanding what causes them and learning how to better diagnose and treat patients with AVMs and MMD.

Using existing human cell lines in culture is also an important research tool for testing hypotheses, as is shown in the image of human endothelial cells forming vessel-like tubes in culture. Dr. Shoemaker recently discovered that human brain AVMs acquire abnormal expression of proteins that are usually associated with lymphatic vasculature. As the brain does not normally have a lymphatic system, this may have the potential to change the way the underlying basic disease biology is understood.

The research and clinical groups are currently working together to develop translational approaches to understand what these basic research advances mean to patients and their treatment and outcomes, including their risk of hemorrhage. ■



Human endothelial cells forming vessel-like tubes in culture

To refer adult patients to any Neuroscience service at Stanford please call **650.723.6469**.

### MD Help Line

1.866.742.4811

### Transfer Center/LifeFlight

1.800.800.1551

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Fusion of muscle cells to generate "Differentiated myotubes" in a model of mature muscle cells.

*Image provided by Thomas Rando, MD, PhD, Stanford professor of neurology and neurological sciences.*

SPRING 2013: ISSUE 3

# NEURO-INNOVATION

News from the Stanford Neurology & Neurosurgery Departments



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