

Comprehensive Eating Disorders Program



ADMISSION CRITERIA

Adolescents with eating disorders who meet any of these admission criteria may be candidates for inpatient treatment:

- **Hypothermia** ($T < 36.3^{\circ}\text{C} / 97.3^{\circ}\text{F}$)
- **Hypotension** BP $< 90 / 45$
- **Orthostasis**
 - Pulse increase of more than 35
 - Systolic BP decrease of more than 10
 - Diastolic BP decrease of more than 10
- **Bradycardia**
(Pulse < 50 day, < 45 night)
- **Weight** $< 75\%$ ideal body weight
- **EKG abnormalities** e.g. prolonged QTc > 0.45
- **Hypokalemia** Potassium 3.0 or less
- **Hypophosphatemia** Phosphorous 3.0 or less
- **Other acute medical events**
(e.g. syncope, GI bleeding, severe dehydration, etc.)
- **Acute food refusal**
(severe and/or prolonged) may be grounds for medical admission

CONTACT INFORMATION

During regular business hours, please call our intake coordinator at:
(650) 498-4468

Evenings and weekends, contact the adolescent medicine attending physician on call through the page operator:
(650) 723-6661

LUCILE PACKARD CHILDREN'S HOSPITAL COMPREHENSIVE CARE PROGRAM

INPATIENT UNIT

El Camino Hospital
2500 Grant Road – 4th Floor
Mountain View, CA 94040

OUTPATIENT CLINIC

Adolescent Medicine
1174 Castro Street, Suite 250
Mountain View, CA 94040

Child Psychiatry

401 Quarry Road
Palo Alto, CA 94304

For more information about the Comprehensive Eating Disorders Program at Packard Children's visit:

<http://eatingdisorders.lpch.org>

The people depicted in this brochure are models and are being used for illustrative purposes only.



Lucile Packard
Children's Hospital
at Stanford