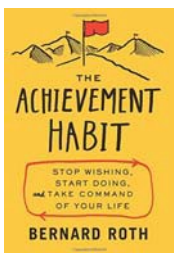


# Women's Leadership Development Program

## Presents: Booked for Lunch!

**Booked for Lunch!** is a program of the Women's Leadership Development Program dedicated to developing and advancing women leaders through personal and professional development. We meet the second Tuesday of the month for lunch at AFDC to explore topics discovered in a diverse reading list and share stories about our experiences as we work to integrate some of these ideas into our personal and professional lives.

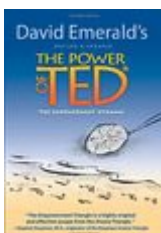
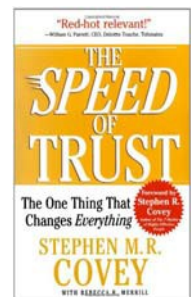


The Achievement Habit, by Bernard Roth: Based on a legendary course Roth has taught at Stanford University for several decades, *The Achievement Habit* employs the remarkable insights that stem from design thinking to help us realize the power we all have within to change our lives for the better. By ridding ourselves of issues that stand in the way of reaching our full potential, we gain the confidence finally to do things we've always wanted to do.

**Self Development: February 9 and March 8, 12:45 PM, AFDC**

The Speed of Trust, by Stephen Covey: Did you know that TRUST is the most significant factor in creating business success? Covey examines the effect it has on our personal and professional lives, explains how credibility can be built or destroyed, covers 13 behaviors of authentic leaders, and details practical examples on how to use trust to improve productivity and drive down costs.

**People Development: April 12, May 10, and June 14, 12:45 PM, AFDC**

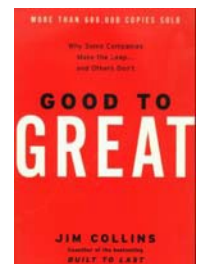


The Power of TED (The Empowerment Dynamic), by David Emerald: *The Power of TED\** (\*The Empowerment Dynamic) is a simple, engaging story with life-changing insights. TED\* offers you inspiration and practical tools to improve relationships at work and home.

**Self Development: July 12, August 9, and September 13, 12:45 PM, AFDC**

Good to Great, by Jim Collins: What does it take to make a great company, and what traits will young businesspeople need to lead them? Jim Collins introduced new rigor to the evaluation of business leadership in his instant classic *Good to Great*, with a research team reviewing "6,000 articles and generating 2,000 pages of interview transcripts." The result is a systematic treatise on making a company great, with particularly interesting findings around what Collins calls "Level 5 Leadership" that have changed the face of modern business.

**Business Development: October 11, and November 8 12:45 PM, AFDC**



Encouraging women leaders through personal and professional development.