## **MAYO ES MES DE LA SALUD MENTAL 2016** FREE — OPEN TO THE PUBLIC

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- Mesa de Recursos de ECCAC
- Actividades y Juegos Para Toda la Familia
- Comida Gratuita
- Música y Entretenimiento
- Sorteos

Date Viernes, Mayo 13, 2016

**Time** 5:00 PM. – 9:00 PM.

- Location 325 Santa Clara Ave., Gilroy, CA 95020
- **Contact** Leticia Medina, 1 408 792 3921 Liliana Carrisoza, 1 408 792 3903

Presentedo by the Behavioral Health Services Department www.sccmhd.org

In collaboration with the English Learner Advisory Committee (E.L.A.C.) at Rucker Elementary





SANTA CLARA COUNTY Behavioral Health Services







or over 65 years, **Mental Health America** (MHA) has led the observance of May is Mental Health Month to raise awareness about mental health and mental illness. This year's May is Mental Health Month Campaign theme is Life with a Mental Illness—and will call on individuals to share what life with a mental illness is like for them in words, pictures and video by submitting to MHA anonymously or tagging their social media posts with #mentalillnessfeelslike.

Sharing is the key to breaking down the discrimination and stigma surrounding mental illnesses, and to show others that they are not

## **MAY IS MENTAL HEALTH MONTH 2016** FREE — OPEN TO THE PUBLIC

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- **ECCAC Resource Table**
- ECCAC Wellness Activities and Games
- Cultural Food
- Cultural Performances & Entertainment
- Giveaways
- Date Friday, May 13, 2016
- **Time** 5:00 PM. 9:00 PM.
- Location 325 Santa Clara Ave, Gilroy, CA 95020
- **Contact** Leticia Medina, 1 408 792 3921 Liliana Carrisoza, 1 408 792 3903

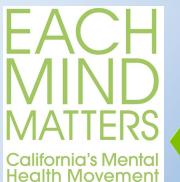
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